

A Package Mailed Free on Request of
MUNYON'S
PAW-PAW PILLS

The best Stomach and Liver Pills known and a positive and speedy cure for Constipation, Indigestion, Jaundice, Biliousness, Sour Stomach, Headache, and all ailments arising from a disordered stomach or sluggish liver. They contain in concentrated form all the virtues and values of Munyon's Paw-Paw Pills and are made from the juice of the Paw-Paw fruit. I unhesitatingly recommend these pills as being the best laxative and cathartic ever compounded. Send us postal or letter, requesting a free package of Munyon's Celebrated Paw-Paw Laxative Pills, and we will mail same free of charge. MUNYON'S HOMOEPATHIC HOME REMEDY CO., 53d and Jefferson Sts., Philadelphia, Pa.

If you but knew what harsh cathartics do, you'd always use Cascarets. Candy tablets, vegetable and mild. Yet just as effective as salts and calomel. Take one when you need it. Stop the trouble promptly. Never wait till night.

Visit-packer box, 10 cents—at drug stores. Each tablet of the genuine is marked C.C.C.

Plain To Be Seen.

A Denver man who visited the museum at City Park recently, tells of a farmer he saw there. The ruralist stepped in front of a portrait which showed a man sitting in a high-backed chair. There was a small white card on the picture reading:

"A portrait of E. H. Smith, by himself."

The farmer read the card and then chuckled to himself.

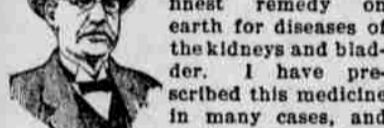
"Regular fools, these city fellows are," he said. "Anybody who looks at that picture 'ud know Smith's by hisself." They ain't no one in the picture with him."—Denver Post.

A PRACTICING PHYSICIAN

Gives Valuable Advice to Kidney Sufferers.

Dr. R. Frasher, M. D., of Fort Gay, W. Va., has used Doan's Kidney Pills personally and prescribes them in his practice. Says he: "I consider Doan's Kidney Pills the finest remedy on earth for diseases of the kidneys and bladder. I have prescribed this medicine in many cases, and at the present time several of my patients are using it with excellent results. I have taken Doan's Kidney Pills personally with entire satisfaction."

Remember the name—Doan's. For sale by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.



The Worth Of Fat.

Fat people will yearn with satisfaction that they have a champion in a Georgia physician, who says that surplus flesh is a natural armor against colds and sudden falls, lending the body "warmth and security, and the mind peace and good cheer."

The psychic effect of being fat, according to his doctor, manifests itself in its influence over the temperament and disposition, from the earliest childhood, or from the moment when, under the subtle urging of certain food and tonics, the body begins to grow in bulk of fatty tissue.

It is acquired the mind that rules and is ruled by matter acquires a rose-colored outlook, a sunny geniality and a patience with the small irritations of life.

Nervous, thin people who actually suffer because of lack of flesh should remember that sleep is one of the greatest fat producers. Obesity is not desirable, but the individual who is plump is often stronger physically than his thin neighbor and has more endurance. The fat man is usually good-natured, has strong resistance to disease and is a good citizen, as is generally proved by his large circle of friends.—Boston Globe.

Much Better.

The following was told of the patient of a well-known physician:

The patient, an elderly gentleman, became quite ill while the doctor was absent upon a holiday. The indisposition being the result of frequent potations. A female nurse was at once engaged to care for him in his hotel.

A lady residing in the same hotel became aware of his illness and interested herself to the extent of one morning inquiring concerning his condition of the chambermaid.

"Shure, ma'am," replied Maggie, "an' I think he do be gettin' along very well. The nurse was sitting on his lap this mornin'!"—Western Druggist.

A Happy Day

Follows a breakfast that is pleasing and healthful.

Post Toasties

Are pleasing and healthful, and bring smiles of satisfaction to the whole family.

"The Memory Lingers"

Popular Pkg. 10c.

Postum Cereal Co., Ltd., Battle Creek, Mich.

COMMERCIAL

Weekly Review of Trade and Market Reports.

Bradstreet's says:

"Trade advices are irregular, varying somewhat with the sections of lines reporting, but with quietness, the prevailing feature. In the Northern half of the country unseasonably cool weather is a bar to expansion in retail trade, which at many cities is classed as disappointing. At these centres reorder business is light, and jobbers' operations are consequently restricted. Probably the best reports as to trade come from the Northwest and the Pacific Coast, while the Atlantic Coast reports are of current retail trade being unsatisfactory. As the week advanced action by the Government against higher railroad freight rates resulted in rumors of suspensions of improvement work by railroads, some of which were, however, denied. These reports injected an additional element of uncertainty into the industrial situation.

"Business failures for the week ended with June 2 in the United States were 160, against 200 last week, 191 in the like week of 1909, 225 in 1908, 155 in 1907 and 182 in 1906.

Wholesale Markets.

New York.—Wheat—Spot week: No. 2 red, \$1.04 nominal c. 1. f.; No. 1 Northern, 109 3/4 nominal f. o. b.

Corn—Spot firm; No. 2, 66 1/2 nominal elevator, domestic basis; exports No. 2, 64 nominal f. o. b.

Oats—Spot quiet; mixed, 26 @ 32 lbs., nominal; natural white, 26 @ 32 lbs., 43 @ 45c; clipped white, 34 @ 42 lbs., 43 @ 47 1/2.

Poultry—Alive firm; Western broilers, 30c; fowls, 20; turkeys, 19 @ 24; old roasters, 13 @ 14; Western broilers, 25 @ 32c; do, fowls, 14 @ 19; do, turkeys, 15 @ 18.

Philadelphia.—Wheat firm; contract grade, June, 101 @ 104c. Corn firm, 1c higher; No. 2 yellow for local trade, 66 1/2 @ 67c. Oats firm, 1/2c higher; No. 2 white natural, 45 @ 45 1/2c.

Butter firm; prints, 1c higher; extra Western creamy, 30c; do, nearby prints, 31.

Eggs firm; Pennsylvania and other nearby firsts, free cases, 21 1/2c at mark; do, current receipts, in return-able cases, 20 1/2c at mark; Western firsts, free cases, 21 1/2c at mark; do, current receipts, free cases, 20 1/2c at mark.

Cheese firm; New York full creams, choice, 15 1/2 @ 15 3/4c; do, fair to good, 14 1/2 @ 15.

Live poultry firm; fowls, 19 @ 20c; old roasters, 13 1/2 @ 14; broiling chickens, 28 @ 34; ducks, 14 @ 15; geese, 12 @ 13.

Dressed poultry firm; fresh-killed fowls, nearby 19 @ 19 1/2c; do, Western, 19 @ 19 1/2c; old roasters, 15 to quality, 25 @ 30; do, Western, 24 @ 25; broiling ducks, 20 @ 22.

Baltimore.—Wheat—No. 2 red Western 99 1/2c; No. 2 red, 99; steamer No. 2 red, 90 1/2.

Corn—Contract, 62 1/2c. Spot 62 1/2c nominal; July 63 1/2c bid.

Oats—White, as to weight—No. 2, 45 @ 46c; No. 3, 43 1/2 @ 44 1/2; No. 4, 42 @ 43. Mixed—No. 2, 44 nominal; No. 3, 42 1/2 @ 43.

Hay—Timothy—No. 1, \$20.50; No. 2, \$19 @ 19.50; No. 3, \$15.50 @ 17. Clover Mixed—Choice, \$16.50; No. 1, \$17.50 @ 18; No. 2, \$14 @ 16. Meadow grass and packing hay, \$12 @ 13.

Butter—Creamery, fancy, 30c; Creamery, choice, 29 @ 29 1/2; Creamery, good, 25 @ 27; Creamery, imitation, 21 @ 23; Creamery, prints, 30 @ 31.

Cheese—We quote, jobbing prices, per lb., 15 1/2 @ 16.

Eggs—We quote, per doz., loss off: Maryland, Pennsylvania and nearby firsts, 20 1/2c; Western firsts, 20 1/2c; West Virginia firsts, 20 1/2c; Southern firsts, 19 1/2c; guinea eggs, 10 @ 11.

Live Poultry—We quote, per lb.: Chickens, 14 @ 15c; do, small to medium, 19; old roasters, 11; spring, 1 1/2 lbs., 28; do, 1 lb., 30 @ 32; do, 1 1/2 lbs., 28; do, 1 lb., and under 25. Ducks, large, 13 @ 14; do, small 12; do, muscovy and mongrel, 12 @ 13; do, spring, 3 lbs. and over, 20 @ 22.

Live Stock.

Chicago.—Cattle—Market 10c higher. Steers, \$6.25 @ \$6.50; cows, \$4.50 @ \$6.50; heifers, \$4.25 @ \$6.75; bulls, \$4.50 @ \$6.50; calves, \$7.50 @ \$8.50; stockers and feeders, \$4.75 @ \$6.50.

Hogs—Market 15c lower. Choice heavy, \$9.45 @ 9.55; butchers, \$9.45 @ 9.65; light mixed, \$9.35 @ 9.45; choice light, \$9.45 @ 9.55; packing, \$9.40 @ 9.45; pigs, \$9.25 @ 9.50; bulk of sales, \$9.40 @ 9.45.

Sheep—Market 10 @ 15c lower. Sheep, \$5.25 @ 5.40; yearlings, \$6 @ 6.75; lambs, \$7 @ 8.40; spring lambs, \$8 @ 9.

Kansas City.—Cattle—Market steady to strong; guaranteed cattle 25 @ 40c higher than Monday. Choice dressed beef and export steers, \$7 @ 8.25; fair to good, \$6 @ 7; Western steers, \$5.50 @ 7.50; stockers and feeders, \$5.70 @ 6.25; Southern steers, \$4 @ 5.50; Southern cows, \$3 @ 5.50; native heifers, \$4.40 @ 7.35; bulls, \$4 @ 5.85; calves, \$4.85 @ 8.

Hogs—Market 15 to 25c lower. Top, \$9.50; bulk of sales, \$9.30 @ 9.40; heavy, \$9.35 @ 9.45; packers and butchers, \$9.35 @ 9.40; light, \$9.20 @ 9.50; pigs, \$8.75 @ 9.10.

Sheep—Market steady to strong. Lambs, \$7.25 @ 9; yearlings, \$5 @ 5.25; wethers, \$4 @ 5.50; ewes, \$4 @ 5; stockers and feeders, \$2.75 @ 4.

Pittsburg.—Cattle—Choice, \$6 @ 8.25; prime, \$7.75 @ 8.5.

Sheep—Prime, \$4.75 @ 5; choice, \$4.50 @ 5.50; native, \$4.25 @ 5.25; lambs, \$4 @ 5; veal calves, \$3.50 @ 4.

Hogs—Prime hives, \$9.75; medium, heavy Yorkers, \$9.80; light Yorkers, \$9.90; roughs, \$9 @ 8.75.

The Touring Club of France has spent \$4,000,000 on public roads.

SYRUP OF FIGS
AND
ELIXIR OF SENNA

CLEANSSES THE SYSTEM EFFECTUALLY; DISPELS COLDS, AND HEADACHES DUE TO CONSTIPATION.

BEST FOR MEN, WOMEN AND CHILDREN—YOUNG AND OLD.

TO GET ITS BENEFICIAL EFFECTS—ALWAYS BUY THE GENUINE.

MANUFACTURED BY THE CALIFORNIA FIG SYRUP CO.

SOLD BY ALL LEADING DRUGGISTS ONE SIZE ONLY. REGULAR PRICE 50¢ A BOTTLE.

A man in North Carolina was fined \$100 for driving cattle through counties quarantined on account of Texas fever into a county outside quarantined area.

FOR HEADACHE—HICKS' CAPSULES

Whether from Colds, Head, Stomach or Nervous Prostration, Capsules will relieve you. It is liquid-pleasant to take—acts immediately. Try 1c, 5c, and 25c at drug stores.

Laying Good Foundations.

A man of mediocre capacity and equipment can stand only so much and no more in the struggle for existence. He may be able to go on steadily with his work, mingling in the same old ruts, accomplishing the same results and doing just precisely the quality and quantity of work that he has always done, but let a little new blood be infused into his tank, a few new ideas be introduced into his management, and he will probably find it such uphill work to keep pace with modern methods that he will be far outstripped and left behind to his narrow, roped-in, unprogressive existence. An article in the current number of Success Magazine compares men in such a condition to buildings which have either fallen down or been taken down because their owner "tried to build one or more stories on the top of an old building which did not have sufficient foundation to carry the new structure. Men who have but insecure foundations upon which to build will find their houses toppling about their ears when the tests of strength and endurance comes, and that tremendous test is made in these days of increasing power and unceasing advancement is not to be questioned.—Charleston News and Courier.

Living On Nerve.

An enterprising individual in New York has filed a petition in bankruptcy and the schedule shows that he has liabilities of \$24,000 and assets of \$25. The list of creditors shows that the bankrupt was a good liver and enjoyed a goodly portion of the luxuries of life, although he had no visible means of support.

A man must be a genius at bliking to be able to travel so far in debt with no capital except cold nerve. There is a considerable number of such men in the world and to their fellows who labor arduously and regularly they are a source of constant wonder. How can they do it? To the mind of the man who believes in personal effort and in honorable dealings with the rest of mankind, it is simply incomprehensible. It may be that swindlers, like poets, are born, not made. Undoubtedly it must require no small degree of capability to buy food and clothing and jewelry, to buy cars and books and automobiles and stationery and golf outfits and paintings and hundreds of other articles, as this man did, on mere assurance and with no prospect or expectation of paying for them in the future. It is time he must have had dodging bill collectors.—Louisville Courier-Journal.

A Description.

"What kind of a man is Witherington?"

"One of these fellows who depend upon their whiskers to lend them distinction."—Chicago Record-Herald.

MOTHERS WHO HAVE DAUGHTERS

Find Help in Lydia E. Pinkham's Vegetable Compound

Hudson, Ohio.—"If mothers realized the good your remedies would do delicate girls I believe there would be fewer weak and ailing women. Irregular and painful periods and such troubles would be relieved at once in many cases. Lydia E. Pinkham's Vegetable Compound is fine for ailing girls and run-down women. Their delicate organs need a tonic and the Compound gives new ambition and life from the first dose."—Mrs. GEORGE STRICKLER, Hudson, Ohio, R. No. 5, Box 32.

Hundreds of such letters from mothers expressing their gratitude for what Lydia E. Pinkham's Vegetable Compound has accomplished for their daughters have been received by the Lydia E. Pinkham Medicine Company, Lynn, Mass.

Young Girls, Read This.

Girls who are troubled with painful or irregular periods, backaches, headaches, dragging-down sensations, fainting spells or indigestion, should take immediate action to ward off the serious consequences and be restored to health by Lydia E. Pinkham's Vegetable Compound. Thousands have been restored to health by its use.

If you would like special advice about your troubles, write to the Lydia E. Pinkham Medicine Company, Lynn, Mass. Her advice is free, and always helpful.

OIL DISTRIBUTION

AN EXACT SCIENCE

Fully a Million Dollars a Week in Foreign Gold Comes to This Country to Pay for Standard's Products That is Paid to the Doctor of Nut and Palace, According to the Rockefeller Plan of International Barter.

This Rockefeller Foundation, to make a story of it, is in reality just this—the dream of a poor boy come true. It is the happy ending of an American novel of real life. It is the climax of one of the most dramatic and impressive dramas that this country, or any other, has ever known.

The dream—or the novel or drama, whichever you like—began more than half a century ago. It began in a shabby little boarding house in Cleveland, and the boy who was of eighteen who was clerking for a shipping and real estate company. There were at that time about a million other American boys of the same age, and not many of them had received fewer privileges than this one. He had been educated partly in the public schools, but mainly at home, by his mother and father. His day, at this time, was sixty cents a day. His hours of labor were from breakfast until bedtime. For his week-end and meals he was paying \$1 a week, so that his net income—the basis of his dream of fortune and philanthropy—was not more than \$135 a year.

Even at this time, and with this income, he built a tiny little foundation of his own. Out of the sixty cents a day, he set aside a few pennies for the church, or for some hungry family, or to drop into some hat that was passed around in the office.

The notebook in which these little philanthropic entries were made is still in existence. It is known by the name of "Ledger A" in the Rockefeller family. It is a completely worn out little notebook, with broken cover and tattered pages of faded writing, but it is one of the most precious treasures in the Rockefeller vaults. It has more than a personal interest now, for it suddenly becomes historic because it records the origin of "the most comprehensive scheme of benevolence in the whole history of humanity."

The managerial instinct was so strong in this boy that he was not satisfied with merely paying his share into the contribution boxes. By the time he was nineteen he had ripened into an organizer of benevolence. He was a member of a mission church, which was fast, breaking down under the weight of a \$2000 mortgage. This sixty-cent-a-day youth undertook to collect the money, and he did it.

"That was a proud day," he said in later years, "when the last dollar was collected."

Little as he knew it, the boy was then at work upon the fulfillment of his dream to become perhaps the greatest getter, and the greatest giver, of his generation.

Later, when he became a prosperous man of business and large affairs, he had the habit of organizing his giving as the habit of the Rockefeller family. He had a list of beneficiaries, and he was to organize his family into a sort of foundation. At the breakfast table he would distribute the various appeals for help among his children, requesting them to investigate each case and make a report to him on the following day. In this way his children, and especially his son and namesake, who is destined to distribute the revenue of the Rockefeller fortune, received a Spartan training in the difficult art of giving.

The whole bent of the Rockefeller mind seems to have been inclined from the first toward the working out of this problem of distribution. The business of the Standard Oil Company is much more a matter of distribution than of production. It was unquestionably the first company that undertook to sell its product directly to the users on a world-wide scale. For the most part, it delivers its oil, not to wholesalers and middlemen, but to the family that burns it, whether it be in the United States or in the uttermost parts of the earth. It has, for instance, no fewer than 3000 tank wagons traveling from door to door in the twenty countries of Europe, selling kerosene and gas.

It is a boy who once applied at his office for work.

"Now my son," I said, "if you come to work for me, you will occasionally have to write telegrams and take down telephone messages. Hence a petty good degree of schooling is essential. Are you fairly well educated?"

The boy smiled confidently. "I be," he said.—Harper's Magazine.

A DOCTOR'S EXPERIENCE

Medicine Not Needed in This Case.

It is hard to convince some people that coffee does them an injury! They lay their bad feelings to almost every cause but the true and unsuspected one.

But the doctor knows. His wide experience has proven to him that, to some systems, coffee is an insidious poison that endangers the health.

Ask the doctor if coffee is the cause of constipation, stomach and nervous troubles.

"I have been a coffee drinker all my life. I am now 42 years old and when taken sick two years ago with nervous prostration, the doctor said that my nervous system was broken down and that I would have to give up coffee.

"I got so weak and shaky I could not work, and reading your advertisement of Postum, I asked my grocer if he had any of it. He said, 'Yes, and that he used it in his family and it was all it claimed to be.

"So I quit coffee and commenced to use Postum steadily and found in about two weeks' time I could sleep soundly at night and get up in the morning feeling fresh. In about two months I began to gain flesh. I weighed only 145 pounds when I commenced on Postum and now I weigh 167 and feel better than I did at 20 years of age.

"I am working every day and sleep well at night. My two children were great coffee drinkers, but they have not drunk any since Postum came into the house, and are far more healthy than they were before."

Read "The Road to Wellville," found in pkgs. "There's a Reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

Giving It Away.

"A woman just can't keep a secret," he declared, opposing a statement.

"Oh, I don't know," contradicted the Sutterly lady. "I've kept my age a secret ever since I was twenty-four."

"Yes," he replied, "but one of these days you will give it away to tell me."

"Well," she replied with confidence, "I think that when a woman has kept a secret for twenty years she knows pretty near knowing how to keep it." Public.

For COLDS and GRIP.

Hick's CAPSULES is the best remedy—relieves the aches and feverishness—cures the cold and restores normal conditions. Its liquid effects immediately. 10c, 25c and 50c at drug stores.

Charley No Shirt is the name of the chief of the Walla Walla Indians in the Umatilla reservation.

For Red, Itching Eyelids, Cysts, Styes, Falling Eyelashes and All Eyes That Need Care, Try Murine Eye Salve. Aseptic Tubes, Trial Size, 25c. Ask Your Druggist or Write Murine Eye Remedy Co., Chicago.

"Walk slowly! Eat less," are Dr. Osler's directions for middle-aged persons who want to live long.

Buy "BATTLE AXE" SHOES.

The average annual death rate of the armies of the world in time of peace is less than one per hundred.

Perry Davis' Pinkettes, the best remedy for cramps, colic, diarrhea, as well as for wounds, sprains. 25c, 50c, 100c.

Japan's postal service is the cheapest in the world. Letters travel for 2 sen—about seven-tenths of a penny.

Dr. Pierce's Pellets, small, sugar-coated, easy to take, regulate and invigorate stomach, liver and bowels. Do not gripe.

There are about 275,000 automobiles owned by individuals in the United States, or one for every 400 population.

Saved Old Lady's Hair.

"My mother used to have a very bad humor on her head which the doctors called an eczema, and for it I had two different doctors. Her head was very sore and her hair nearly all fell out in spite of what they both did. One day her niece came in and they were speaking of how her hair was falling out and the doctors did it no good. She says, 'Aunt, why don't you try Cuticura Soap and Cuticura Ointment?' Mother did, and they helped her. In six months' time the itching, burning and scalding of her head was over and her hair began growing. To-day she feels much in debt to Cuticura Soap and Ointment for the fine head of hair she has for an old lady of seventy-four."

"My own case was an eczema in my feet. As soon as the cold weather came my feet would itch and burn and then they would crack open and bleed. Then I thought I would see to my mother's friends, Cuticura Soap and Cuticura Ointment. I did for four or five winters, and now my feet are as smooth as any one's. Ellsworth Dunham, Hiram, Me., Sept. 30, 1909."

Porcelain was discovered by an alchemist, who was seeking a mixture of earths that would make the most durable crucibles.

Buy "BATTLE AXE" SHOES.

Calendars And Poetic Fire.

From time to time, a man who writes for the current prints—especially the weekly magazines which make a specialty of comment and criticism on literary matters—thinks it is his duty to discover something which may show that he is very modern—quite the opposite to an antiquarian fossil.

Such a man in such a mood was he who lately in the Literary Digest stated that all art, to prove enduring must be based on the contemporary life of any land in which it sees the light; that poetry, for instance, cannot gain "respect and admiration" if it lack such a national and present-day basis.

Surely, this statement must have been written for some other purpose than mere truth or art; because, unless the writer be the versatile tyro, he is sure to know that it is quite untenable. Is Goethe's "Faust" of any age or land? Is Shakespeare's "Hamlet" grounded on "contemporary national life"? Is our own poet's lyric masterpiece, "Annabel Lee," a poem "of the present"? No, indeed! And yet the three have gained beyond a doubt—and held for many years—the true "respect and admiration" of all reading folk.

The Literary Digest writer's phase seems too absurd for contradiction. But the very contrary of what he says may be laid down with justice as a rule.—Chicago Inter Ocean.

He Were.

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