Theme: Giants.

Brooklyn, N. Y .- Sunday evening, in the Church of the Atonement, the Rev. Waldo Adams Amos, associate rector of the Church of the Holy Trinity, preached on "Giants." The text was from Genesis 6:4: "There were giants in the earth in those days." Mr. Amos said:

There is a story by William Allen White, a charming, picturesque story of a young Ohio farmer and his bride, who nathered together all their substance and fared forth into the great West, seeking a new home and a targer life in the land of the setting and here they establish their little homestead, and through long years of toll and hardship they struggle on finding their joy and consolation in those stalwart boys and girls that Providence has sent to bless their But through all these years the memory of the old home in the East never fades. When the day's work is done and they alt around the great, crackling log fire, then the farmer and his wife wander back in fair State where they had lived long years ago. The farmer's face lights up as he tells the boys and girls of the rich, luxelous fruit that grew in the orchard, of the myriad ears of corn that were gathered from one acre, and waxes eloquent as he tells of the vast fields of waving grain; and then of the house of his boyhead, with its great, spacious rooms and its far-reaching halls, with all its com-forts and luxuries. "Truly, 'twas a wonderful country, that land where we lived when we were young." As the years go on they prosper, and when the boys and girls are full grown, the farmer and his wife deelde to go back and visit once again the fair land of their youth. But, ah, what a change time has wrought? The old homestead seems small and dingy and cramped. The vast orchard of days gone by has become a wretched dooryard and the fruit is poor and The fields of waving grain have become a market garden, and before a week has passed the farmer and his wife hasten back to the great where they can breathe full and deep and free.

I tell this story because it illustrates a common mental attitude. There is an instinct in us humans which prompts us to idealize the past. We look back on the days gone by, and our memory casts a halo about them. We remember how, in our boyhood years, the snow was often ten feet deep and how it lay upon the ground from November un-til late in March. We remember how life in those days was replete with interest, how it was rich and deep and full, and when we hark back to those halcyon days of our youth, how dull and commonplace becomes the present day. The days of long ago become to our fancy a golden age. There were glants in the earth in

This is a universal human tendency. The person who first conceived the Garden of Eden story was simply giv ing expression to this human inclination to idealize the past, to look back to the Jawn of human history and regard it as a golden age. Milton represents Adam as sitting in a leafy bower making pretty speeches to his first man was probably a shaggy savage, living in a den and giving expression to his wishes by means of a few elementary and inarticulate

The same common impulse of humankind to weave a tale about the past prompts the writer of the early chapters of Genesis to conclude that there were giants in those days, it is particularly in the field things religious, in the realm of things spiritual, that we meet with this tendency to idealize the past and togical accompaniment, the ten dency to disparage the prezent. hear people talking about the good old times and then they go on to be wast the degeneracy of these days. heard an address recently in while the speaker contrasted this benighted age with the days of his youth told of the waning influence of the Sunday-school, of the secular school which was every day becoming more detached from things religious, of church doctrines and the catechiam. which had been relegated to the limbo of obscurity, and altogether things were in a sorry plight. and our nation were drifting toward the trancherous shouls of modernism and unless we revived the spirit of "ye olden time" we were doomed to certain destruction. The speaker wa fine, scholarly man and, so far an he went, he read the signs of the times aright, but he did not go far enough. Church doctrines and catechisms have been relegated to the limbo of obscurity, and that is where most of them belong. The secular school is ceasing to give any religious instruction, and, considering the great diversity of religious views represented by the pupils, that is as it should be. But the trouble is that the speaker who was deploring the decline of religion and the lack of idealism in our day was incapable of perceiving any religion or any idealism gave that which manifested itself in same old way to which he had always been accustomed. If the giants of to-day do not dress in exactly the marne way that giants used to dress in the days of his youth, he is disposed to deny that they are giants. If we believe in a living God, and if we believe that His eternal purpose cannot fall, then our faith is too supreme for us to admit that the world of to-day is less religious than the world of our forefathers. Pure re and undefiled is this, to visit the fatherless and the widows, to go out into the world and cry aloud at social injustice and oppression, to do all in our power to stamp out prosti-tution and the economic causes thereof, to work for the uplift and better-ment of humankind. Pure religion ment of humankind. Pure religion and undefiled is an attitude of the heart toward all God's children here on earth, and if the twin giants called human love and human service dwell. in the midst of our society, I do not

personally feel disposed to lament the

demins of these frim, gaunt giants named "coeffine" and "extechism." The giant called "doctrine" has al-

ways been a sort of serio-comic giant,

anyway. In a lecture the other even-

hurch and the Latin Church was th

percia and the Latin Church was the certine of the procession of the Holy point. The Greek Church contended int the Holy Spirit proceeded only om the Father, whereas, the Latins aintained that the procession was om the Father and the Son, and, for quarreling about it for several indied years, each church anatic.

mentioned that the primary of the split between the Greek

ematized the other and fived unhap plly ever after. This was one aspect of the giant called "doctrine," and naturally the world has lost interest in such a foolish giant. The thing to do is to congratulate the world and commend it for its growing wisdom, instead of condemning it.

It is all right to weave a halo about the past, to regard it as a golden age; but, if our inclination to idealize the past is going to make us blind to the fine things of the present, then this inclination is all wrong. It's wicked. it is all right to wax enthusistic over the pictures of Tintoretto or Raphael, if our admiration for them pres our recognizing the merits of pro ent-day artists, then our admirahave a creed coming down out of the past, but, if that creed obscures vision of the Christ in the world at the present day, then that creed is mistake. We have spent altogether too much time in the world worshiping the God of our fathers, and now it's time to worship the God of ourelves and the God of our sons. have spent altogether too much time talking about the miracles and the spiritual experiences of remote ages and remote lands, and now it's time to discard the notion that our day is bald and commonplace and to talk about the mighty works and the spirtual experiences of this year of grace. We have spent too much time looking for the Christ in the inspired epistles of St. Peter, and now it's time to look for the Christ in the inspired writings

of our contemporaries. Maybe there were glants in the earth in those days, but, even if there were, they are dead, and our concern now is with the giants that are in the earth in our day. And there are giants in the earth in our day. It has been my good fortune to be nersonally acquainted with several of them. When you just looked at them casually their stature seemed like that of other men, but when you looked more closely, when you looked with the eye of the spirit, you began to realize that they towered up into the heavens, you began to realize that they were tall men, sun-crowned, living above the fog in public duty and in private thinking. You began to realize that the spirits of those men could be contained in the compass of no ordinary body, and you confessed to yourself that here were giants in

the earth in our day.
And then in addition to these individual giants of to-day there are corporate giants, which are more commonly called movements. One deals with the prevention and cure of disease, another restricts the hours of labor for working women, and yet another protects the children of the poor from exploitation and abuse, There is a whole family of these giants, and they are a religious family, religious in the deepest sense of that noble word. They occupy the quarters in our life that were formerly tenanted by doctrines, catechisms and kindred giants. All these movements that I mention, all these agencies working for the uplift and betterment of the race, are so many mani-festations of the religion and idealism of our day. Revere the good old times, my friends, but revere also the fine, splendid spirit of your own day. Honor the religion of days gone by, but honor also its fair offspring, the religion of to-day.

There are giants in the earth in our day and you have it in you to be numbered among them. You may be small of stature and slight of frame, but in the realm of things spiritual one is not accounted a giant because of stature or physical strength, If your heart beats strong and true with a desire for the onward march f righteousness, if from the very epths of your being the cry goes forth, "Thy kingdom come, Thy will be done;" if with all your heart, and all your mind, and all your soul and all your strength you love the Lord your God and your neighbor as yourself, then God accounts you among the giants of His kingdom; then you are among the giants that are in the

My friends, if in the deep and quiet of your lives you listen closely, you will hear a voice that bids you go forth and take part in the giant move ments for the uplift and betterment of the world. You will hear a voice that bids you go forth and be giants, towering in spiritual stature far above self-seeking and petty individual interests. Hearken with the ears of your heart and you will hear a voice that blds you go forth and prove by the mighty stature of your life that there are giants in the earth of our

BOY INVENTORS' PROFITS.

Wireless telegraph and the conquest of the air have taken a firm hold on the youths of America, the hundreds of inds of tender years, but advanced ideas devoting their talents to the invention or construction of machines in both these lines.

While these devices are largely for pleasure, young America has proved his ability to turn inventive genius into utilitarian channels. One of the most remarkable inventions made by a boy is a device for signaling on elevated roads. It is in use on part of the Brooklyn "L" system, and is the work of Morris Schaeffer, fifteen years old, a public school boy. Morris was offered \$18,000 for his patent, but on the advice of friends, refused it. The boy expects to be able to get \$50,000 for the idea from the rail-

road company, Of quite a different calibre is the machine invented by Donald H. Miller, a student at Columbia University. This, by the mere touching of keys, similar to those on a typewriter, translates Chinese into English. It can also be used to translate any other language. The contrivance resembles an adding machine.

From darkest India comes the record of the achievement of Claude Moore, the son of a poor coal miner. Young Moore, who is twenty years old, was reduced to the sum of two cents when he received word from the Patent Office that it had issued a patent on a corn husker. Thereupon Claude, who is a thrifty youth, old his patent to the Harvester Trust

for considerable real money. A most ambitious piece of work has just been successfully finished by Francis Lee Herreshoff, the young nephew of the famous yacht designer. This is the construction of a highpower racing automobile, with which has been developed the tremendous

speed of eighty miles an hour Herreshoff has also patented a device for subduing the glare of acetylege lamps. The mechanism does away with the necessity for extinguishing the lamps, for it softens the glare, making it hardly more noticeable than an oil lamp.-Van Norden

The Sunday = School

INTERNATIONAL LESSON COM-MENTS FOR APRIL 10.

Subject: The Mission of the Twelve, Matt. 9:35; 10:15, 40, 42-Commit Verses 9:37, 38,

GOLDEN TEXT.—"Freely ye have received, freely give." Matt. 10:8. TIME .- Spring, A. D. 29.

PLACE,-Galilee. EXPOSITION.—I. Jesus Sending Forth Those Who Have Learned of Him to Minister to the Spiritual and Physical Needs of the Masses, 10:1-8. Jesus made choice of these twelve men after a night spent in prayer (Lu. 6:12, 13). There was great diversity among them in temperament, previous history and native ability. They are an impressive illustration of the different types of men Jesus can use for His work. Matthew is the only evangelist who in his list of apostles records the fact that he be-The other three cover this fact Matthew humbly writes the fact, and thus magnifies the grace of God in calling him. In each of the lists idas Iscarlot is mentioned last, and his disgrace as "the traitor" is noted in each. The apostles are grouped in twos in the lists. The method followed in the grouping is worthy of study. The most difficult question that arises in regard to the choosing and sending of the twelve, is why Jesus chose and sent out Judas Iscariot. It seems hardly sufficient to answer that it had been predicted in the O. T. that one of His immediate circle would betray Him (Ps. 41:9; 55:12-14), and that, therefore, Jesus chose Judas, whom He knew to be a devil (John 6:70, 71), in order to fulfill this prophecy. The simplest and most natural explanation seems to be, that Judas had qualities that would have admirably fitted him for a place in the apostolic company and the leadership of the early church, if they had been sanctified. Grace gave the great opportunity, but he hardened his heart and brought upon imself the greater condemnation and nfamy. The twelve were prepared for the work by the Lord's imparting to them power to do it (cf. Acts 14: The commission was at this time to Israel alone. The middle wall of partition was not yet broken down (Eph. 2:13-17). After the cross the commission widens (Acts 1:8). The apostles had a five-fold commission-preach, heal the sick, cleanse lepers, raise the dead, cast out demons. This is substantially the business of the missionary of Christ at home and abroad to-day. Our mission is to soul and body, but Christ puts the spiritual need first. But the church has a manifest mission to the sick, etc., but it is moral "lepers" that it is our first duty to cleanse, and those "dead in trespasses and sins" that it is our most important mission to raise. is to be noted that this work of heal-ing was to be "free." Any "divine healer" or "Christian Scientist" who charges a fee for his services, thereby shows the cloven foot. And how about the preacher who will declare the glorious gospel only on condition of being paid so much? Jesus must have been divine if He could bestow such powers upon others (v. 1). It is evident that demoniacal possession is something more than a mere form of disease; for Jesus carefully distinguishes between casting out demons and "all manner of diseases" and "all manner of sickness." Every kind of disease and sickness was to yield to the power of the Apostles. T These twelve Apostles (Luke 10:9-19; Mark 16:17, 18; 1 Cor. 12:9; Jas. 5:15). We do not hear much of most of these

How the Twelve Were to Coaduct Their Ministry, 9-15. Thetwelve were to make no provision for the neessities of their journey. laboring for God, and the laborer is worthy of his food, and the One for Whom they were laboring would see that they got it. They were to go light weighted; many an ambassador for Christ to-day is impaired in efficiency by the amount of baggage he carries (2 Tim. 2:4). The exact letter of these instructions is not bindng upon ambassadors of Christ at all times (cf. Luke 22:35, 36), but the Though they carried so little with them God never suffered them to lack nor go hungry (Luke 22:35). The obedient, faithful ser vant of Christ will always be provided for. They were to seek out dili-gently worthy persons (not rich persons) with whom to stop, and there they were to abide. They must not squander time in going from house to house to eat. The fare might be plain, but they must not look for fine fare. They need not feel like beg-, gars, for they were worthy of their hire (cf. Luke 10:7). Their first thought on entering the home should be for the good of the home, and not for the comfort of self (v. 12; cf. Luke 10:5, 6). Their benediction would be full of power; if the house was worthy, their peace would come upon it. If the house was not worthy the benediction would not be lost, for would come back again and bless them. True prayers are never lost. It was their own peace that the twelve were to impart (v. 13). When they were not received in any city. they were to go out into the streets in the most public, expressive and impressive way show their utter separation from it and its impending doom. They were not even to let its dust stick to their feet. Thus were they to testify to it of God's utter abhorrence of its deeds (cf. Luke 9:5). Responsibility, guilt and punishment are measured by the amount of light that one sins against (v. 15).

men after Christ's death,

the seventy (Luke 10:9).

does not at all prove that their work was insignificant. Most of these men

were called from the lowliest posi-

tions in society. The substance of

their teaching was to be "the king-dom of heaven is at hand." John and

Jesus had begun their ministry with

And Jesus gave the same message to

same message (ch. 3:2; 4:17).

THE SMARTEST CAT. I want to write and tell you abou my cat. His name is Smut and he is the amartest cat I ever saw. I can dress him up in my cast-off baby clothes and put him in the baby carriage and wheel him all around, and then I can lay him down on a sofa cushion and go away and leave on it, and he will not get off the cushion till I come back. He will also play hide and seek with me.-Bethel Bailey, in the New York Tribune.

OUR TEMPERANCE COLUMN.

REPORTS OF PROGRESS OF THE BATTLE AGAINST RUM.

"Am I My Brother's Keeper?" Answer thou, who spreadst the sparkling

of richly gilded pain;
Alluring poor, weak mortals from the right—
ART THOU CAIN?

And thou, who holdst it to thy neighbor's hips.

Maddening his brain;
And stealing strength and manhood as he

ART THOU CAIN? And thou, who brewst the evil sin-filled

draught,
For greed of gain;
Hearing unmoved the demon's fearful laugh—
ART THOU CAIN? And thou, official, with the power invest To bless or bane; Dost wash thy hands like Pilate, and con-

ART THOU CAIN? And you, who coldly pass the other side, With proud disdain For him, so lost to virtue and to pride-ART THOU CAIN?

And thou, O Christian, lifting holy hands Above the stain of aiding those, fast bound in Satan's

ART THOU CAIN? And thou, O man of God, a watchman set who see at the accuraed train And speak'st no word of warning or re-

ART THOU CAIN?
-Written for the National Advocate by
E. E. C. Lane, New York.

Beer, Overweight and Ill Health. It is well known that the continued use of beer is often accompanied by a noticeable increase in the avoir-dupois of the drinker. This increase not only frequently becomes burden-some, but it may be a menace to

Dr. Brandreth Symonds, M. A., Chief Medical Director of the Mutual Life Insurance Company, New York, has an article in the Medical Review, in which he shows the disadvantages overweight and underweight, in

health and longevity.

A case is considered overweight when it exceeds by twenty per cent. the standard adopted by the leading life insurance companies

Dr. Symonds finds that after thirty years of age mortality rises rapidly with the age and with the weight. Increasing abdominal girth is very serious addition to overweight, and when this exceeds the expanded chest, the mortality is markedly increased. According to the records on which this report was based, no overweight man or woman died of old age or reached eighty years.

"Cirrhosis of the liver" (hob-nailed liver), says Dr. Symonds, "is three and one-half times as prevalent among overweights as in our general experience. This undoubtedly points to alcoholism, for statisticians generally consider that liver cirrhosis is a very accurate index of the alcoholic habits of a class."

Dr. Symonds expresses himself as convinced that a given percentage of overweight in persons over twentyfive years of age is a more serious matter than if it were underweight. "The excessive weight, whether it be fat or muscle, is not a storehouse of reserve strength, but a burden which has to be nourished if muscle, and which markedly interferes with nutrition and function if fat."

Alcohol and Tuberculosis.

It is already well known that aloholism creates a state of receptivity particularly favorable to the development of tuberculosis, says a writer in the Revue Scientifique (Paris, June 12th). Mr. Jacques Bertillon has presented these rela-tions somewhat strikingly in a set of maps embodying the latest French statistics. Says the writer cited above: 'On the map of France it may

be seen that the northern depart-ments drink, per inhabitant, more brandy than the central and southern departments. The line of separation is represented exactly by the limit of culture of the vine. In the winedrinking countries the consumption of brandy is comparatively small; it is considerable in the cider and beer regions. The dwellers in the east of France drink some brandy and much absinthe. The second map presented by Mr. Bertillon shows that the frequency of tuberculosis is much greater, with some exceptions, in the regions where most alcohol is consumed. The phthisis map may be superposed on the alcoholism map. On the other hand, phthisis is more frequent among saloon-keepers than with other merchants (579 deaths annually, in 100,000 persons, as compared with 245). It is probably cohol also that makes phthisis twice as frequent, in Paris, among men than among women.—Translation Made For The Literary Digest.

The Custer Massacre.

D. D. Thompson. editor of the Northwestern Christian Advocate, gives the true explanation of the death of General Custer in the Battle of Little Big Horn River, in 1876. He says that Major Reno was coward, as many believe. His career in the army and his promotion for gallant and meritorious services pre-clude that idea. But Major Reno himself told the late Rev. Dr. Arthur Edwards, then editor of the North western Christian Advocate, that his strange actions were due to the fact that he was drunk. Drink ultimately caused his downfall and expulsion from the army in disgrace.

Liquor Drinking Inconsistent With Good Work.

Alcohol is certainly inconsistent with what might be called fine work. It inconsistent with a surgeon's work, and with anything that re-quires a quick, accurate and alert judgment. Many professional men have discontinued the use of stimu-lants in the middle of the day. Why? For no other reason, probably in ninety-nine cases out of a hundred, than that they find they can work better without it.

Spent \$30,000,000 For Beer. Five hundred and ninety-two miltion litres of the national beverage were consumed in Germany last year. Bavaria, where most of the beer is brewed, heads the list of the various States with 152,000,000 litres.

States with 152,000,000 litres.

Wurtemburg is next with 32,000,000 litres. Baden has 28,000,000 to
its credit, while Akace-Lorraine is
put down for 1,256,000.

It is calculated that the amount of
beer consumed in Germany could
easily float a modern Dreadnought.
At an average price of six cents a
litre, \$30,000,000 was spent for beer.

RELIGIOUS READING FOR THE QUIET HOUR.

THE NATIONS' PRAYER.

Peace, O Father, give us peace!
Lo, the nations bend the knee;
Bid the surge of discord cease,
All resolved in harmony.
Save us from the deep of hate,
O thou Love that gave us birth!
Teach us only they are great
Who defend Thy peace on earth.

Breathe Thy Spirit through our life,
Spirit of good will to men;
Still the storm waves of strife,
That we wage no war again.
Banished be the cannon's roar,
Blare of bugle, beat of drum;
Peace be with us evermore.
And with peace Thy kingdom come.
—A. Irvine Innes, in Christian Register.

"The Unlit Lamp and the Ungirt Loin."

Jesus very plainly taught and very pointedly illustrated the truth that in order to participate in the life which is life indeed, the fullness of life, we must be prepared for the opportunities of service which come to us. We are not saved on account of any works which we have done, it is true, but we are saved by grace into a kingdom or realm of living where service is in such demand and in such relation to life, that partici-pation in the one involves faithfulness in the other.

To fall of having part in the marriage festival when once the bride-groom had entered into the house and shut to the door was to the Virgins just the same as to miss the joy of life—the joy for which they had been waiting and looking forward. But to have part in the festival depended upon the faithful performance of the simple task which had been appointed them, and which was reasonably expected of themthe task of carrying a lighted lamp, or torch, in the procession of the bridegroom as it swept along in the darkness of midnight. Their exclu-sion from the marriage-feast was not an arbitrary and harsh act on the part of the bridegroom. He had not seen them in the procession, and he did not know them as members of

his company.
Thus does Jesus teach the intimacy and superlative importance of the re-lation of service to the realization of life. It is not so much a mechanical or formal matter of the relation of service to its appropriate reward, but of the relation of the work of the kingdom of fellowship of Jesus Christ to the life of that fellowship. There is work there to be done because it is a kingdom, a brotherhood, and we are saved face to face with the op-portunities of that work which is bound up with the life we fain would enjoy.-Pittsburg Christian Advo-

As the Heart Looks.

If we are on the hunt of nettles we will certainly find them, but it is doubtful whether the find is worth the search. There are scores of bright flowers in the field for every bunch of nettles. There are a thou-sand trees in the woods for every thorn bush, and each one is more pleasing to the eye and more companionable to our moods than their prickly neighbor in the fence row. The bee on the head of clover and the butterfly waving its painted wings over some random flower speak to our hearts of sweetness and beauty. and remind us that on every path of life there is something better than the spines of the thistle or the sting of the nettle. He who carries a muckrake will always want to use it. He who lives in the marshes will have the croak of frogs in his voice and will have much to say of reptiles and water rats. Our speech will partake of the character of our life and life will be a bane or blessing as we have sought the evil and the good. On the path of life we will find what we ck; and we fashion our destiny as we go along. If we care to build into our character muck and punk and the deleterious things by the If we care to fill it with dragons and doleful creatures, these will always be found available. But if we go through the world, walking on the sunny side of the road, with a smile for every one, admiring the beautiful things which God has made to grow there, we will live a more contented life, there will be a blessing in our fellowship, a recommendation of the goodness of God and an example which those who follow may speak of with respect and honor .- United

Eight-Story Christianity.

The Word of God has power to build up. In Acts 20:32 we read: "I commend you to God, and to the word of His grace, which is able to build you up." We hear a great deal in these days about character-building. The Word of God is that by which we must carry it on if it is to be done right.

In 2 Peter 1:5-7 we have a picture of a seven-story-and-basement Chris-The great trouble to-day is we have so many one-story Christian, and the reason is neglect of the Word. In 1 Peter 2:2 we have a sim-ilar thought expressed under a dif-"As new-born babes ferent figure. that ye may grow thereby.'

we are to grow, we must have wholesome, nutritious food and pler ty of it. The only spiritual food that contains all the elements necessary for symmetrical Christian growth is the Word of God. A Christian can no more grow as he ought without feeding frequently, regularly, and largely upon the Word of God, than a baby can grow as he ought without proper nutriment .- R. A. Torrey.

Solution of Life. However wide life may be in Its reach, or however narrow, it is still ever true that the solution is within the individual heart.

The soul is a unit, and when we think or feel or act it is the whole personality that is thinking or feeling or acting.

The Law of Service. The law service is the touchstone of human endeavor.

CUSTOMS OF THE RICH.

"They used to lay down a tun of wine when an heir was born. When he became of age, he opened it." "Well?"

"Now they put a few dozen eggs in cold storage."—Louisville Courier-Journal.

Sherlock Holmes,

The Policeman (Iriah)-"This is ore sayrious than Oi thought. The window is broken on both sides, an' it's lucky for yez that ye have the brick as evidence."—London Sketch.

EPWORTH LEAGUE LESSONS

SUNDAY, APRIL 10

The Christian's Sacrifice - Praise-

Heb. 13: 16; Hos. 14: 1-3. We are told that the opening words of Hos. 14 are really predictive—that they mean "the time will come when thou shalt return," and that they refer to the small minority of the Hebrew nation. The great majority were, of couse, hopelessly lost, for they would not repent. In Exod. 23: 14-17, in which the three great annual feats of the Jews were appointed, we read, "And none shall appear before me empty." The admonition is repeated in Exod. 34: 20. In this chapter in Hosea words are suggested to take the place of sacrifices and burnt offerings-not the words of God, nor of the prophet, but the sincere words of a penitent people. The meaning of Hosea here seems to be identical with that of the psalmist in Psa. 51: 17: The sacrifices of God are a broken spirit; a broken and contrite heart, O

God, thou wilt not despise."

The author of the letter to the Hebrews was discussing the relation of the work of Jesus on our behalf to that of the high priest and had just compared the burning, without the blood had been brought into whose the holy place, with the suffering of Jesus on the cross. His exhortation, therefore, "Let us offer up a sacrifice of praise," has in it the thought of bearing the reproach of Christ."

The Meaning of the Theme.
We are in the habit of contrasting words with deeds in the religious life to the disparagement of the former. The saying, "Actions speak louder than words," is a fair statement of the attitude of the average person on this theme. But, fundamentally, there is no difference between deeds and words as expressions of the religious life. If the words are sincere, they are acceptable unto God, and not even deeds are acceptable that are not sincere. In this matter of sacrifices, for instance, the multitude of them had no weight with God unless they were expressions of genuine devotion. Isalah even represents God as being displeased with them (Isa. 1: 13): "Bring no more vain oblations; in-cense is a nabomination to me."

CHRISTIAN ENDEAVOR NOTES

APRIL TENTH

Topic-God is Here. Psalm 139: 1-12. "In Him we live." Acts 17: 22-31. All-present Spirit, John 4: 21-24. God in the desert. Gen. 28: 10-17. With us in Christ, Matt. 1: 22, 23. God in the heart. John 14: 17-23. God always. Matt. 18: 20; 28: 20. God knows whence my ways come from and whither they go, and I know

only where they are (v. 3).

I am beset by God behind and be fore; not, however, as by a hostile army, but as by a protecting wall (v.

We cannot understand how God can possibly know and be as much as He knows and is, but the more we think about Him, the nearer we approach to that understanding (v. 6).
We run away from God's leading,

and flee from His protecting, and reject with scorn His Blessedness. Is there greater folly than this? (v. 10.) Suggestions.

Spend some time, before you pray to God, realizing His presence with

you there. Before you pray to Christ, think of Him as He was at some time on earth, healing Bartimaeus, for example, or talking in the Bethany home, or walking on the sea; then remember that, just such as He was then, He is now

Christ departed from earth and the Holy Spirit came so that we could think of God not as merely in Pales tine but as also in London and New York and Chicago

Only one thing shuts out God from any place; He cannot be where sin is except, indeed, as a judge.

Illustrations.

We can go wherever there is air but there is only a thin layer of air around the world. God is to our spirits what air is to our bodies, and can go everywhere throughout all uni verses, because He is everywhere. Gravity increases as the square of the distance a body falls; but a loving heart carries its own distances, and

are everywhere equally near to

WISE WORDS.

God if we love Him.

Infatuation flies highest, affection longest .- New York Press.

Quarrels would not last long if the fault was only on one side.-La Rochefoucauld.

It is not so much what we do as what we are that tells in this world. -La Rochefoucauld.

When Death, the great reconciler, has come, it is never our tenderness that we repent of, but our severity .--George Ellot.

The date of a woman's birth has nothing to do with her age!-Woman's Life.

We should not quarrel rashly with adversitles not yet understood, nor overlook the mercies often bound up in them.—Sir Thomas Browne. What is that which is able to con-

duct man? One thing and only onephilosophy.-Marcus Aurelius. I wasted time, and now time doth

waste me .- Shakespeare. How dull it is to pause, to make an end, to rest unburnished, not to

shine in use-as though to breathe were life!-Seneca. The man who talks you to death certainly doesn't take life easily .-

Cleveland Leader. Duty is a kind and sympathetic mother, ever ready to shelter us from the cares and anxieties of this world

and to guide us in the paths of peace. -Sir John Lubbock. In the crowded street or in the formal garden flowers always seem to

me at least as if they were pining for the freedom of the woods and ds where they can live and grow as they please.—Ruskin. Lots of fellows always want to have

a finger in the pie, but the average waiter seems satisfied to have his thumb in the soup.—Philadelphia

THE & & **EPICURE'S** CORNER &

Tea Room Omelet.

For omelet jardiniere as it is served in an uptown tea room, have ready a tablespoonful each of minced chives, an onion and half as much minced green tops of celery. Turn the mixture into six eggs, beat until the yolks are well broken and make like and ordinary omelet. Garnish with sprig of parsley and white tips of celery -New York Sun.

West Indian Omelet.

Drain the pulp from a can of tomatoes, straining off as much of the liquor as possible. Shred three or four Spanish sweet peppers from a season with salt and papriks and heat over the fire until the mixture bubbles. Make a plain omelet turn it on to to a hot omelet platter and turn the tomato at each side .-New York Sun.

Raspberry Cream.

Soak a half box gelatine in cold water to cover for half an hour. Then stand over boiling water until dissolved. Add a half cup sugar and a pint of raspberry juice, strain, set in a pan of cracked ice and stir until thickened. Add a pint whipped cream, and mix thoroughly. Pour is a mould and set in a mixture of ice and salt to harden .- New York Tele-

Vassar Cakes.

These little bites, which, of course, are named after the great school, are cornmeal hoecakes, served hot and eaten with strained honey, brown sugar or New Orleans molasses. But the hoe has nothing to do with them. A batter is made of cornmeal and cold water, seasoned only with salt. The batter must be so thin that it literally pours from a tablespoon, one of which is put at a time on a hot iron griddle for the cake. The usual griddle holds three or four cakes, and as soon as these cook they are thinly coated with butter and served in hot plates, The sugar, honey or molasses is put on at the table.—Detroit News.

An Egg Dish.

A delicious egg dish comes from Hungary. Have ready a cupful of rice boiled and dried and a cupful of paprika sauce. Put the rice into the centre of a large, round chop plate, flatten the top of the mound, cover it with poached eggs and turn the sauce over it. For the sauce, cream together a rounding tablespoonful each of butter and flour and add a level teaspoonful of paprika. Stir in a cupful of hot water seasoned with beef extract or veal chicken stock if it is on hand, season with salt and cook until it thickens .- New York

Squash Fritters. One cupful flour, one-half cup sour milk, one egg, one-fourth cup sifted squash, one teaspoonful nutmeg, onehalf teaspoon salt, one teaspoon soda; beat the egg well, add the sour milk, in which the soda has been dissolved; then add the nutmeg, salt and squash and last of all the flour; drop by spoonfuls on to a well greased, hot dle and fry a go must not have quite as hot a fire as for the ordinary buckwheat griddle cakes, else they will be done on the outside and not in the middle, for it will take a longer time for them to cook through, the dough being of a little different consistency from the other kind .- Mrs. Clarence A. Noble, in the Boston Post.

ROUNDCABOUT

Brush pie crust with cream to insure a rich, brown color.

Whip cream in a pitcher. It whips more quickly than in an open bowl, with less spatter. Grass stains should be washed with

cold soft water before the garment

is put in the tub, and they will disappear. A woman from California thinks that half a dozen raisins dropped into the breakriast coffee pot are essen-

tial. A very good bed-warmer for the children on a cold night is a bottle filled with hot water. It will not

leak and will keep hot for hours. Always put a cauliflower in plain water, so as to draw out any insects. If salt is placed in the water it kills the insects and they are left in the

vegetable. Small side dishes, once so numerous, are now used for nothing save, perhaps, a thin apple or rhubarb sauce. Rarely more than two vegetables are served with the meal course.

Oysters for frying may be rolled in cornmeal and no egg is needed. When ters, take two at a time, slightly overlapping each other, with bread of crumbs, and fry in the usual way.

Cats, they say, need grass for their physical wellbeing. As catsnip alone does not suffice, it is well for anyone who has a pet cat to plant some oats in a flower pot. They grow chally and with very little care if kept in a warm place.

When the leaves of begonias turn brown and drop off, says the Delinestor, stir in well around the roots a teaspoonful of sulphur. It will restore them quickly to a luxuriant growth. Especially useful is this treatment in winter, when the plants

treatment in winter, when the plants have to be kept in the house.

Some of you have a white or cream lace and net waists of which you are getting tired. As they have the pronounced separate-waint-and-skirt appearance that is never dressy, but if you would have them dyed to exactly majoh some colored suit you have, it would give them a dressy look and they would seem like new to you.