Theme: The Divine Mobility.

Greenwich, Conn .- The Rev. Dr. C. Stiles, of Brooklyn, editor of the Homiletic Review, preached in the Second Congregational Church here Sunday. Dr. Stiles had as his subject. "The Divine Mobility." In the course of his sermon he said;

Our attention has often been called to the abiding quality of divine life and of the inner powers of the spirit, we are accustomed to set these realities over against the things that change and pass away. The Psalmist is re-schood by the Apostle Peter in the sentiment which expresses the frailty of the outward things-"the grass withereth, the flower thereof falleth away," and Jesus, referring to enduring quality of His Heaven and earth shall pass away." In all these apprehensions of the contrast involved, we have dwelt lightly upon the passing away of things and have usually fixed our thought upon that element of eternity that lies within them. But has it never occurred to us that there must be profound significance also in the other side of the truth, that when the beavens and earth pass away and the flower falleth and withereth, and the whole universe in like manner is seen to be a constant panorama of flux and change, there must be some divine significence to this phenomenal unlverse. When Paul comes to apply it to his own career, he speaks of that career as a continual forgetting of things that are behind and a constant reaching forth unto things that are before. It is as though he thought the soul could never stand still; and it is certain that there is nothing more nothing more completely filling all the consciousness of the life of the man than the mobility of the world we live in and of the lives we It is of this I am reminding you:

first, as a fact of universal experience. The heavens and earth do pass away; the flowers do fade; human life does move on; the old order changeth; every day is a new day; things have passed away. "Behold, all things have become new," might be written at any moment of our career. A fact of such wide significance is worth while to inquire about Doubtless we may complain with Auuntil they rest in God, but is there no significance in a restless heart, and do we, after all, really wish our hearts be at rest, in the last and best thought with which we contemplate the highest possibilities of the soul?

Is there meaning in the passing away of the heavens and the earth? That is a great fact, and one that must have some meaning or other for us. We do not look on the same stars—not precisely the same—as those that shone upon the Egyptians who built the pyramids, and who built the lines of their east and west faces by the pole star, from which these lines now have swerved enough to prove that the heavens have been when future inhabitants of this earth will no longer look upon the same constellations in the same places where now we see them

How much truer might such affir-mation be of this far more changeful We speak lightly of the ever-hills. When they built the fasting hills, great Eads Bridge at St. Louis, on the bores down something like 130 feet through the fine silt of the river bed before they struck the solid limestone below. That 130 feet of sand, spread with various thickness over areas of the valleys of the Mississippi and the Missouri, is nothing more than the remains of what men call the everlasting hills, washed down through milenniums of time to make the great fertile areas of the valleys. You who have lived by the sea know what constant changes are going on with the coast-upbuilding here and washing away yonder; on our Pacific coast great mountains lifted up. sometimes with great earthquake shocks that destroy cities; on other coasts sinking down to give way to the dominance of the sea.

beavens and earth are passing away. A fact, I have said, of such wide reach in human experience must have ome significance and must need some interpretation. I think, therefore, we may inquire, in the next place. whether the change and flux of or ward movement may not constitut universal law of the world and of al Is not this as It should be Do not things move on and disap-Do not the old facts and the new facts appear, because this is, in a way, the divine method for all of us, and for the universe in which we live, the providence of God accompanying us in our journey and educating us on the way? Surely, it we should come to such conclusion as this, it would dissolve some of the perplexing difficulties that besiege our minds and embarrass our lives. one thing, it would teach us that one of the great dominant arts of a human soul must be the art of letting go of things with which God is It is death or the beginning of death for a man in a living world to hold on to the things that no longer have life in them. The flower will face and the grass will wither but we may not make very much of storing the withered stock and the faded petal in the old scrapbooks of How many a man has come old and sour and useless holding on to the things which he should The only salvation in a moving world is to keep moving with the world, and to keep pace with the di-vine spirit that every morning makes all things new. Let the children, eager with curiosity for every new scene, teach us, for they shall have finer lessons for us than we can ever have for them. We speak of the "good old days," "the old Gospel," "the faith once delivered to the but there are no good old days, and for us there is no old Go. pel, and we do not want the falth that was delivered to the saints. Anything that was delivered yesterday for yesterday. We are to go into the larger place; we are to breathe the new airs of the new morning. here shall be perfume of sweeter owers for us above the graves of lose that faded for the man of yes

It often happens that daughters arry from the old home, and go out nto new life in some larger and more ctive community. As the years go and the children gather in home, the old folks from a come up to visit the child irm come up to visit the children ad the grandchildren. Have you not

up her hands in horror, and she solemaly assures the daughter that such liberty, such behavior, were never seen in her time, and the children must be going to ruin under such an education. There are new things in the house, and new ways of doing, and a new world around her. What is the secret of it all? She has been holding on and abiding in the things remained. They have been moving on in the larger life. We think we remained. would like to go back to the old vil-lage, to the old times, and the old ways, but in our reason we know how absolutely unsatisfying such an exper-

"Backward, roll backward, oh time in thy flight.

Make me a child again just for to-

ience would be. We sing:

night." But if we went back and if we met those whom we knew in the years gone by, how quickly conversation and communion would be exhausted, and especially if we have been moving on and they have been standing still. It would not be good to be a child again. Our march is onward and "the grave is not its goal." With all this wide universe of things we are sweeping away from the past every hour, every moment, and Paul expressed the right philosophy of human life and recognized the wide reach of this law of the universe when he resolved to forget the things that are behind and press toward the things which are before. Certainly, disaster must befall the man who stops. There is freedom and there is life only in moving on If you were to climb to the apex of Metropolitan tower, and should succeed in stopping, some thing fearful would befall you. The atmosphere of the earth, rushing on nineteen miles in a second, striking against you would instantly reduce you to a little patch of flame, and you would disappear. Something like that begins to happen when a man halts on a journey, refuses to hear the call of God, ceases to feel the tremendous mobility of the universe moving around him, and thinks he will sit down content in his place and be quiet. God will not have it so; God will not let you keep still. You must move or die. With all of the wide sweep of this moving universe around you, the only safety for man om absolute destruction of soul and life is to cast himself into the moving currents of God and trust himself to them to bear him on.

If now we have found this mobility of the world to be a great fact of experience, and if it has seemed to us to indicate that this is really a universal law of life and of the world, ought we not to think again? Surely these meanings of things reach higher than our little lives and deeper than the mere flood and flux of phenomenon before our eyes. Does not this great spectacle of a moving cosmos. this great consciousness of on-moving life tell us something as to what is nature of God Himself? we fixed Him sometimes in our theologies upon a static throne in the midst of angels and archangels? Not so was the picture of Him that Jesus So solicitous was He-our Father in Heaven-that the hairs of our heads were numbered, that not one sparrow could fall without His notice; and we may not find God at all unless somehow we find Him in this moving universe. Who paints the superb colors of the sunrise in the morning east, different each passing morning and beyond the painter's skill to imitate? Who is the vast weaver that threads the fabric of the petals of the flowers and weaves green carpets over the fields? Who is the spirit of the mist that lifts itself from the meadow-way under the touch of the morning sun? We should be tired by this time of that wooden fetish of under which men have bound this frail and mobile universe, and which men have worshiped in the place of God. No. God is not law: God is life, and life is motion, and God Himself is forever moving on. The final explanation of this mobile universe must be sought in the infinite mobil-God is not a static sovereign sented on His throne: He is the ife of all life, the light behind the light the glory that shines with the If the heavens and the earth are passing away, it is because nothing that has God's life in it can re-

main stationary.

If, then, we would harmonize ourselves and quiet our restless hearts, in a sense that Augustine perhaps did not mean, it shall not be by resting in some snug haven of God's preparation. It shall be by coming to that triumphant faith of the soul that to cast itself into the moving providence of God, and go on where God is going. And shall that he forever? Certainly I hope so. This shall be the transcendant joy of the life that is to come, that we are forever to pass on into the new and the wonderful and the unexpected regions and the unexplored glories Fear not, oh an infinite universe. soul, to launch thy bark and away; cut thy moorings behind thee; the old dead past go, and in the vast to-morrow look unward through e vistas of that path of the just shinging more and more unto the perfect day, on which no darkness shuts down, where no night ever falls which no barriers ever cut off, and whose goal has not been fixed for us because it is the endless path of the onward moving God.

The South Pole. Several causes combine to give an tarctic exploration an interest to Americans that it has not received formerly. The plan of the National Geographic Society and the Peary Arctic Club to fit out an expedition to race against Capt. Scott, of Eng land, for the discovery of the South Pole has been met with a display of good feeling from the other side of the Atlantic. There is apparently no disposition to regard the proposed American expedition as an intrasion upon a field of exploration that right fully belongs to the English, as som have maintained. It is recognized that the Americans, in approaching the Pole from the opposite direction going from Cape Horn over a rout that is to a large extent untried, would be at a disadvantage. If it could gain the coveted point in advance of the English expedition it would deserve the triumph that would mark such an achievement .- Springfield Union.

How a Town is Judged. The time has gone by when the publishers of any newspaper, even of the humblest country weekly, goes around asking support out of person al friendship. But the public ought to realize, just the same, that the pros perity and progress of its town judged by outsiders by the kind of newspaper product that is sent out to represent it .- Watertown Standard.

## The Sunday = School

INTERNATIONAL LESSON COM-MENTS FOR APRIL 3.

Subject: The Power of Faith, Matt. 9:18-34-Commit to Memory Verses 28, 29,

GOLDEN TEXT .- "All things are cossible to him that believeth."

TIME .- Autumn A. D. 28.

PLACE.-Capernaum. EXPOSITION.—I. Jesus Raising the Daughter of Jairus, 18-26. Sorrow brought the ruler to Jesus. It brings more people to Him to-day than almost anything else. He be-longed to a class that was largely hostile to Jesus. He was thoroughly in earnest and his pride was in the dust (cf. Mk, 5:22; Lu, 8:41). He wor-shiped Jesus. The fact that Jesus allowed him to do so is one of the many proofs of Jesus' deity (cf. Acts 10: 25, 26; Rev. 22:8, 9, R. V.; 5:8) The ruler's prayer was short, to the point, intense (cf. Mk. 5:23). Jesus arose and followed him. He is al-ways ready to enter the house of sickness or sorrow where He is invited (Rev. 3:20). Jesus went at once. He is just the same to-day (Heb. 12:8). The Jewish ruler's faith was not as perfect as that of the Roman centurion (cf. ch. 8:8 with Luke 8: 41, and note Mk. 5:36), but the faith was genuine and Jesus responded to it (cf. vs. 21, 22). The sick child was the only daughter (Lk. 8:4). are but three recorded instances where Jesus raised the dead an only daughter, an only son (Lu. 7:12) and an only brother (Jno. 11: There was work, too, for Jesus to do by the way (v. 20). The wom-an's case was desperate (v. 20; cf. Lev. 15:19, 20). The long continuance of her plague made her case apparently hopeless, but it was not hopeless when we take Jesus into the account (cf. Lu. 13:16: Jno. 5:5, 8, 9; Acts 4:22, 26). She had sought relief in many directions (Mk. 5:26; Lu. 8:43), but had received none Our Lord often heals those whom no human skill can help. She came to the Lord because there was no one else to whom she could go. She had heard the things concerning Jesus (Mk. 5:27), and this gave her faith that He could heal her. The woman's plan for getting the desired healing had much of superstitious erroneousness mingled with it (v. 31). But there was sincere faith, and that is all that is necessary. Heart faith, though mixed with error, that neverbrings one to Jesus, brings greater blessing than views that are but entirely a matter of the head. She received a hearty welcome and the complete healing that she sought. Jesus had been delayed on the way in ministering to the woman who had touched the hem of His gar-ment and was made whole, and meantime the little girl had died (cf. Mk. 5:35; Lu. 8:49). It seems as if Jesus was now too late. It often seems so (cf. Jno. 11:21), but He never is. us found the ruler's house filled with uproarlous, ostentatious parade of sorrow. In hearty disgust at it all, He drives the polsy mourners forth 5:39). Jesus is always displeased with undue lamentations over departed friends (1 Thess. 4:13). He gives a good reason why the lamenta-tion should cease at once. "The dam-"The damsel is not dead but sleeneth." reason holds for all our friends who have fallen asleep in Jezus; they are not dead, but simply sleep (1 Thess, 4:14; Acts 7:60). They may not awaken quite as soon as did Jairus' but wake they surely will, and it will not be long (1 Thess. 4: Jesus' statement was received with derisive laughter. There

ited, but communicate life gave way to the Prince of Life and II. Jesus Opening the Eyes of Two Blind Men, 27-31. Further awaits our mighty Lord. Two blind men require His help. They were very earnest, following and crying They had faith in Him as the Messiah, the Son of David, and in His ability and readiness to help. Old Testament had prophesied that Messiah would open the eyes of the blind (Isa. 29:18; 35:5, 42:6, 7). Jesus did not seem to pay any attention to them at first, but with persist ent faith they followed Him right into the house. Jesus put one ques-tion to them that went right to the poot of the matter (v. 28). the one condition that Jesus demands we would realize experimentally the fulfillment of His promise and th enjoyment of His power (Lu. 1:45; Jas. 1:5-7). If more of us could say "Yea Lord" to Jesus, "Believe ye that I am able?" we would know more of His power to help. Our faith is the measure of the blessing we enjo One touch of Jesus' hand and

The scorners had reason and common

sense on their side, but they were

ing but the word of the Son of God.

ers all gone, Jesus works. Note the

taking by the hand; it was the frequent practice of our Lord (cf. Mk.

31; 8:23; 9:27; Matt. 14:31). And

there was always power in that hand

was contamination in the touch of

the dead hand (Num. 19:11), but the

Prince of Life will not be contamin-

The scorners and the formal mourn

On the other side was noth-

To the Jewish mind there

the blind eyes were opened III. Jesus Casting Out a Demon. 32-34., Still another needs our Lord's help, a man possessed with a demon Recent investigation proves that demonical possession is a reality today. The demon in this case had rendered the man dumb. The best thing to do with any man possessed of a demon is to bring him to Jesus. Our Lord can make those who are dumb from any cause speak (Ex. 4: 11, 12). In giving this man the power of speech an Old Testament prophecy concerning the Messiah was fulfilled (Isa. 35:6). The multitudes marvelled and said it was never so seen in Israel, but the Pharisees were with a sinister explanation (cf. ch. 12:22-24; Mk. 3:22; Lu. 11:14, 15). Their explanation did not reveal their superior reasoning powers but the badness of their own hearts

(cf. Jno. 3:20). Thirty feet beneath the surface of newly built railroad in Spokane, Wash., a ginkgo leaf was found last spring, its age being estimated at 100,000 years. "It bears a message of more certainty than those carved in tablets of stone," writes Fred Niederhauser, in Harper's Weekly. discovery tends to substitute the theory that ti b coast section has been formed by successive upheavals of the earfh's crust, occurring since the appearance of the great sea dyke, which has now developed into the system of the Rocky Mountains."

BITTER WAR ON INTEMPERANCE

SOLDIERS FIGHTING THIS CURSE GREATLY CHEERED.

Rightly Classified.

When one was requested to briefly say why He classified things which he wanted to

the classified finings which he wanted to buy.

He gave in a moment this pointed reply:

"Bottles and rags!

Bottles and rags!

Where you find bottles, you always find page."

And when with discernment we calmly look round.
Where poverty, failure and sorrow abound, We quickly perceive that the logic is sound:

"Bottles and rags!
Bottles and rags!
Where you find bottles, you always find

For liquor so injures the nerves and the brain, weakens the ones whom its fetters enchain, soon to all minds the connection is

That soon to an plain:

Hottles and rags:
Bottles and rags:
Where you find bottles, you always find And wisdom most surely instructs us to

day
To banish the bar-room and liquor away:
Because where they flourish the people
must say,
"Bottles and rags!

Bottles and rags! Where you find bottles, you always find -T. Watson, Granthurst, Ont., 1909.

The Early Formation of the Drinking Habit.

The importance of the early education of children and youth to habits of sobriety was shown by a study of 275 alcoholic cases in Bellevue Hos-pital reported in the Bellevue Medi-Surgical Report by Dr. Alex-

ander Lambert. Of 259 instances where the age of beginning to drink was known, 4 began before 6 years of age: 13 between 6 and 12 years; 60 between 12 and 16; 102 between 16 and 21; 71 between 21 and 30; and 8 only after 30 years of age. Thus nearly 7 per cent. began before 12 years of age, or the seventh school year; 30 per cent, began before the age of 16, and over two-thirds-i. e., 68 per cent. began before 21 years of age. these statistics are representative general conditions, they indicate clearly that preventive temperance work to be effective must be begun at an early age and carried on thoroughly through childhood and youth

The reasons for acquiring the habit are significant in indicating lines along which preventive work should be done. False social ideas led to drinking for the sake of sociability in 53 per cent, of the cases; a desire to dull the sense of misery, as recommended by Professor Munster-berg, in 12 per cent.; the use of alcohol as medicine in 9 per cent.; parental example or influence in 5 per

Most of the alcoholics, Dr. Lambert finds, drink for the narcotic effect, either to obtain the feeling of well-being and indifference to their environment or to seek oblivion, and like all narcotics, alcohol begets a craving for more.

The training of children and youth to assist sobriety must, therefore, definitely teach the dangers in alcoholic drinks due to their nature must emphasize the value of abounding health based upon intelligent observance of hygienic laws, must stimulate courage and self-control in meeting temptation, and must fill life with resources so that youth will not be dependent upon low types of sociability for enjoyment. The complemental external conditions removal of temptations to drink from the way of young people, the securing of healthful homes and public enportunities for innocent recreation and fellowship.

One of the Saddest of Stories. The startling robbery of a High land Park bank recently, and the suicide of the youth to avoid capture, has revealed one of the saddest stories of the drink curse in recent story. . The young man was Lamar Harris, scion of one of the most prominent families of California, and rink had transformed him from one of the most brilliant and promising young men of the Pacific Coast into a reckless criminal and libertine. statement made to the Associated October 15th, his mother, Mrs. Will A. Harris, said:
"In face of all the evidence an

what are apparently positive proofs, the family is forced to relinquish all hopes that it is other than my unfor-Harris was a graduate of Chicago the University of Mississippi. turning here several years ago, became associated with the law firm of his father, Will A. Harris. young man built up a practice that yielded an income of \$15,000. I con-sider that Lamar died in reality long before he ran away from this city, and that which is dead in Chicago is a mere shell of my boy and what was once a brilliant, noble, manly Of the terrible victories that alcohol has won over mankind, this is perhaps the most pitiful and awful of them all."

Alcohol is Feared,

The oculist, the aurist, the throat and nose specialist, and the physician who treats mental and nervous cases inquire with great minuteness as t how far alcohol has been used by the The same facts are sought for, and studied by the obstetrician and the student of children's diseases.

Temperance Notes.

The medical side of the alcoholic problem becomes prominent in the studies of insanity and mental diseases. The most reliable authorities indi-

cate that insanity is the direct result of alcohol in from fifteen to forty per cent, of all cases. In pauperism and idlocy fulls fifty

per cent. are traceable to the degen-eration due to spirit drinking fa epilepsy thirty per cent. is asserted to be the lowest figure of the number of cases due directly to alcohol. It is a fact that fifty-five per cent, of the 149,000 persons confined in prisons in this country were com-

nitted for crimes perpetrated under the influence of spirits. Churches that have long discussed yea, even quarreled and divided over, the Communion wine, have now agreed to banish intoxicating wine

from the Lord's table, and replace it by unfermented wine. Ministers and church officers who, if not opposed to the temperanes cause, never did or said anything in advocacy of total abstinence, now urge their churches to sign the pledge a safe example to the new converte. ROYAL HELEPS bathered for the QUIET HOUR

JONATHAN.

The uncrowned prince in Israel Was ever David's royal peer; Might he have ruled his people well, And built a nation's capital?

Might he, their stainless knight, and true, Have lived to wear the sackcloth, too? - Bertha Cooper Fraser, in Sunday-School

"Taste and See."

We may prove a machine by try-g it. Will the watch keep time? the locomotive travel on the track by its own energy and draw a train of cars over the mountains? Will the telegraph deliver my mesa thousand miles away and bring me a reply in a few moments? These things are open to trial. One may prove them for himself.

We may prove a science. Take as-onomy. Will it do what it is intronomy. tended for? Try it. Make a calcu-lation of an eclipse to take place three years hence, according to the rules and tables of the book, and if the event verifies the prediction we know the astronomer is not a cheat One may prove a friend. He makes great professions of faithfulness, say-

'Call upon me at any time for any service I can render, and you will find me ready. Trust me." Is he a genuine friend? Try him. If he will stand by you through evil report as well as good you need no indorse-ment, no argument. He is worthy. Will God submit His love, His

truth. His grace to practical tests? This is one beauty of the religion of the Bible. The Lord of the whole earth has sent out His challenge, "Prove Me."

We may prove the existence of Let us not claim too much for our religion. We shall gain nothing by making statements which are not warranted. But we are safe in saying that anyone who will, may prove that there is a God. Some say there is no God. Others believe that the evidence for and against the exist-ence of such a Being are about equal, Others still insist that this is a subject about which no one knows and no one can know anything. Many tell us that the Bible assumes the existence of God without trying prove it, and we must do the same Is this true?

If you ask for a mathematical demonstration or a scientific demon-stration which will satisfy the intellect, we confess that it is impossible If you insist that this proposition must be proved by philosophical soning which will satisfy every think ing mind, we acknowledge that it cannot be done.

But there is in every soul a relgious feeling, or instinct, or capac-ty, or hunger, which reaches out after God as eagerly and peremptor ily as the hunger of the body mands bread. And as surely as the hunger of the body finds something without answering to this inner crav ing, so surely does the soul, find God and satisfaction. There is some-thing in us akin to God that demands communion with Him, and enjoys Him when He is found.

We are told of one who felt his seed of God, but did not believe in In the distress and hunger of his soul he fell on his knees and said, "O God, if there be a God, mani-fest Thyself to me." That feeble grasp of faith took hold on God, and was satisfied. That insatiable hunger cried out after God in the dark, and found Him.

Who has never felt this craving? Who that felt it ever tried to find God and falled? Who that has found God in this way has any doubt' We may prove the friendship of Cod. God. Many say they believe there is a God, but is He friendly? They friend, a powerful friend, a

doubt. Everyone feels the need of friend, a safe friend, who will not mock those who trust Him with flat tery nor crush them with criticism will never leave them nor for sake them. The Bible tells us that God is just such a friend.

But will He prove a friend indeed? He will, the very friend you need. Someone says, "If I could believe that I should be perfectly happy, for then I should trust and not be afraid." You may be certain of it.

fraid." You may be certain of it. ou may prove it. Trust Him. Give Him your burdens. Call upon Him in the day of trouble. We all have trouble, but we usually try every try the Lord. Try Him. If He should fall you, it would be the first case on record.

So you may prove His salvation You may prove that He will dwell in of a mortal. You may rove that He will answer prayer One's own experience is worth religion that ever were written. nust not ignore the testimony thers. We must not undervalue the and great religious books, them. They are full of light, Bible Read them. But above all, try your own religious experiments. Your personal experience will do more to confirm your all arguments. One taste of honey is a better proof that honey is good than the most accurate scientific analysis. "Oh, taste and see that the Lord is good." There is within everyone an appetite for the anasan spirit ual good of the Kingdom of God. Answering to this longing there is an invisible spiritual universe all about us waiting to afford us the blessing are peeding. Prove God and His kingdom.-Christian Advocate.

Love lasts, it endureth and never faileth. Prophecies fail in that they are fulfilled. Tongues cease, but the

words of love spoken never die, Purpose of Education. The design of education is to so turment the powers of the mind as make men and women wise, strong

The Fight of Faith. Fight the good fight of faith; there is nothing like it.

ind useful.

It has been supposed that the an-cients had some method of harden-ing bronze tools, the secret of which had been lost. Professor Gowland. of the British Institute of Metals, says that the ancient bronzes were very impure, so that their hardness could not have been due, as some-times issumed, to their exceptional purity. On the other hand, inasmuch as modern bronzes by careful ham-mering can be made as hard as the ancient ones, the legend of a lost art se hardening seems to be

## CHRISTIAN ENDEAVOR NOTES

APRIL THIRD

Topic-Christ Our Teacher. John 12: 44-50. (Consecration Meeting.) A lesson on the kingdom. Matt. 5:

On righteousness. Matt. 5: 20-30. On prayer, Matt. 6: 5-15. On fear-thought. Matt. 6: 25-34. On service. John 13: 1-17. On obedience. John 14: 15-24, We are to believe Christ because

what He says is true; but if we cannot understand how it is true, we are to believe it anyway, because He who is the Truth has said it (v. 44). Bellef in Christ gives understanding what He says, just as the opening

certain doors automatically turns

on the light in rooms otherwise dark (v. 46). Every word of Christ's is a judge on a bench, and that bench is the throne of the universe (v. 48). Christ's words are life because He who is the Life is also the Word.

we receive them, they become our life

Suggestions.

Christ is your teacher not if you en-ter His class merely, but if in your turn you become a teacher. In Christ's school no lesson is learn-

ed until it is lived. No other school is so practical. There is progressive scholarship in Christ's school, Every lesson is learned before the next can be learned, or

even is given out. The more we teach others of what

Christ teaches us, the more He can teach us. Illustrations. There are grades in Christ's school

as in other schools; only, each scholar is advanced by himself, and as fast as his progress warrants. commencement degree

Christ's school is His "Well done, thou good and faithful servant!" Scholars in other schools must graduate before they can get positions; the scholars in Christ's school must

go to work or they cannot graduate There are many examinations in the school of Christ-pain, loneliness, dif ficulty, failure, slander, neglect, pov-

## EPWORTH LEAGUE LESSONS

SUNDAY, APRIL 3

The Sabbath Rest and the Week-Day Toll-Mark 2: 23-28; Luke 23: 56.

Mark 2: 23-28. This act was ex-pressly permitted (Deut. 23: 25), but eyes of the critical Pharisees the disciples were guilty on two serious counts—they "plucked" the corn, which was "reaping," and they "rub-bed" it in their hands, which was 'grinding." This was work not permissible on the Sabbath day. Pharisees were strong on technicalities, but weak on spiritualites. They were anxious that man should save the Sabbath; Jesus would have Sabbath save the man. The Pharisees stood for the salvation of the law; Jesus stood for the salvation of life. He allowed nothing to hinder that pur-

Jesus is "Lord of the Sabbath." was made for man." He taught the keeping of the day in its true spirit as a day of personal privilege and beneficent usefulness. Jesus gave Sabbath a new skyline. He lifted it out of the legalism into liberty. The Pharisees missed the soul of the Sabbath rest and made it a shackle. Love

lifts life above law.
Luke 23: 56. The women had broken hearts and plenty of tears, but that hindered them not at all in their preparations to "keep the Sabbath." It is no amazing surprise that the next morn their eyes were opened to see the empty sepulcher and to behold the risen Christ. There are rich rewards for those who still live "according to the commandment." The fourth commandment is the first with a promise.

Jesus amplified the Sabbath. Whatever he touched grew larger. It was an institution in bondage men. He set it free. The Sabbath is to life. It is too big for a commandment. It has continental relations to our day. It means more since Jesus interpreted it. ,

Jesus emphasized the Sabbath. The Pharisees emasculated it. "The Sab-bath was made for man." Man needs the day of rest. It has been shown actual test that men who keep their rest day are able to do more and better work than those who violate commandment. charts show clearly that the usual night's rest is not quite enough to restore the body to normal efficiency, and that the rect day is needed to bring the physical body up to the nor mal condition.

CASTAWAYS IN FROZEN LAND. How the crew and passengers of the ship Farallon were saved is told by J. E. Thwaites, mail clerk of the wrecked steamer in a dispatch from Seward, Alaska. He says:

"We had one passenger to land at Iliamna Bay, where we arrived early on January 5. In a blinding snowstorm the steamer struck a reef mile off shore. The Farallon hit the reef at high water. When the tide receded she was caught amidships on the rocks.

"Down the ley sides of the ship we lowered ourselves to the small boats. They were tossed about by cakes of ice. The shore could be seen dimly through the snow. We could hear the roar of the surf and the reports, as of cannon, when ice cakes were hurled against the rocks. It seemed for a time that we should be unable to land because of the high surf. At last we discovered a small cove that offered some shelter, and landed safely. A more desolate region could not

have been imagined. "The sailors put the passenger supplies ashore, and then turned back to the Farallon, from which they took sails, tarpaulins, baggage, mails, provisions and mattresses. When night came the outlook was disheartening. The wind increased in bittern Fire was made from driftwood dug out of the ice and suow. We had no lights. We got water for the coffee by melting snow. We ate our meal of coffee, bacon and frozen bread in

gloomy silence.

"On subsequent days we made trips to the wreck and brought off material with which we constructed stoves and



Apple Meringue Pic.

Stew and sweeten juicy apples a ter paring and coring them, the mash smooth and season with lems nutmeg or cinnamon; cover a daple plate with puff paste, fill with a stewed apples and bake until dea then spread on a thick mering made by whipping to a stiff froth whites of three ages and a tables are whites of three eggs and a tablespoo ful of sugar and flavoring with lens extract. This is enough meringue two pies. Each pie should be cover to the depth of three-quarters of inch, and the meringue should be stiff that it will stand alone; set ; coated pie back in the oven for minute or two until the egg takes delicate brown tinting. Eat wh cold.—Mrs. F. B. Flinn, in the Ba

Friensse of Chicken.

Cut into joints a fine fat chicken season with sait and pepper mine Put in a deep iron saucepan a spoo of lard, and when boiling hot put is the chicken and fry to a light brown Remove chicken and add a sine heaping tablespoon of flour. So constantly, and when a light brow add an onion previously chopped ver fine. Brown carefully, and then at a tablespoon of minced parsley, on half clove of garlle minced, a crushe bay leaf. If tomato is used, add or chopped fine at this time. Retu the chicken, and let all stew togeth for ten minutes, adding a teaspo of butter if desired. Now add a pt and a half of hot water and let sh mer for an hour or until chicken tender. Serve with rice.-Washin ton Herald.

Cranberry Dumplings.

One cup cranberries, one-half cu sugar, one-half cup water. Coo quickly and mash until berries as broken. Prepare biscuit dough two cups flour, one spoonful of butte one teaspoonful baking powder rubbed together. Moisten with swee milk until like regular biscuit Shape with fingers or roll on boar to about one-half inch thickness. rolled, cut out with biscuit cutte Butter deep pudding dish, place the circles in, spreading the tops with butter. Put a spoonful of the ha cranberry sauce on each and anothe biscuit on top of that. Pour the res medium oven until done. Serve wil the following sauce:

One cup sugar, one tablespoonfu better creamed together, one egg you added. After thoroughly mixed, and one cup hot milk and pinch of mast white of egg, well beaten, stirred in last,-Boston Post.

Dried Sweet Corn. Campers and hunters are giving preference to dried corn over the canned, because it is so light and east ily carried. A Maine girl last year earned over \$200 by husking and dry ing unripe sweet corn from her fath er's field, and curing it for winter use, after the methods practiced b the early Dutch settlers. A party hunters from New York City found this corn so satisfactory in its saving of bulk and weight that other hunter this year are on the lookout for similar home-cured products. Corn for

this purpose should be sweet and tel der. Boil in the ear, then, with sharp knife, cut the kernels from the cob, removing as little of the husk a possible. Spread this shelled corn of platters or screens, protect with mos quito netting from the predatory fi and dry in either the sun or above th family cook stove, or in the over Stir often during the drying. When thoroughly dry, pack in stout paper bags and hang in a perfectly dry place. When ready to use soak a por-tion over night in cold water, the heat and season for the table.—Wash ington Star.



Dried beans of all kinds are mu better when they are cooked in double boiler. To give the house a pleasant ode take some live coals and sprinkle

ground cinnamon on them. The boy or girl who has a post complexion should cultivate a task for figs. prunes, greens, oranges, les-

ons and other fruits. If eggs are to be stuffed, they must be put into cold water as soon as the are taken from the stove. This wi

keep the white in better shape.

Food should never be put into the ice chamber of a refrigerator for a will become more or less tainted b coming in such close contact with the

Always wrap table or bed line or any other article of white goo which is to be stored away, in dark blue paper to keep it from turning yellow

A scald is one of the most painfainfuries. One of the most healist remedies is made by beating castor of and white of egg together until cream is formed.

Many women use banana skins in cleaning their tan shoes. Rub the is side of the skin on the leather; let dry, then polish with a piece

chamois or cheesecloth. After baking a cake, if it atleks the pan the easiest way to take it of without breaking it is to wet a ch cloth and wrap it around the pas It will come out all together.

For burns or scalds nothing more soothing than the white of egg, which may be poured over the wound. It is nofter as a varnish for a burn than collection.

Bread and butter plates are longer used on formal occasions, he are too convenient to be dispense win at family meals. They go to it and the glass of water to the right.