

PERUNA EDITORIAL NO. 2.

Dr. Hartman has claimed for many years that Peruna is an EXCELLENT CATARRH REMEDY.

Since the ingredients of Peruna are no longer a secret, what do the medical authorities say concerning the remedies of which Peruna is composed?

Take, for instance, the ingredient HYDRASTIS CANADENSIS, OR GOLDEN SEAL. The United States Dispensary says of this herbal remedy, that it is largely employed in the treatment of depraved mucous membranes.

Another ingredient of Peruna, COEYDALIS FORMOSA, is classed in the United States Dispensary as a tonic.

Our Peruna Tablet Is Peruna With Fluid Removed.

(catarrh of the mucous surfaces of the mouth), follicular pharyngitis (catarrh of the pharynx), chronic coryza (catarrh of the head).

BARTHOLOW REGARDS COPAIBA as an excellent remedy for chronic catarrh of the bladder, chronic bronchitis (catarrh of the bronchial tubes).

BARTHOLOW STATES THAT CUBEBA, an ingredient of Peruna, promotes the appetite and digestion, increases the circulation of the blood.

MILLSAUGH, MEDICAL PLANTS, one of the most authoritative works on medicinal herbs in the English language, in commenting upon COLLINSIONIA CANADENSIS, says that it acts on the pneumogastric and vaso motor nerves.

CHARLESTON LARGE TYPE WAKEFIELD EARLY JERSEY SUCCESSION WAKEFIELD The Earliest Flat Head Variety

I AM ON MY ANNUAL TOUR around the world with any of the best-known varieties of Open-Air Growth Cabbage Plants at the following prices, 1,000 to 4,000 at \$1.25 per thousand, 5,000 to 9,000, at \$1.00; 10,000 or more, at 90c.

Smoking tobacco is now dispensed from penny-in-the-slot machines in London.

Wire hairpins were first manufactured in England in 1545. Before that time, the hair was held in place by fine wooden skewers.

Greenleaf Tea—a simple and satisfactory laxative. Composed of Herbs, it regulates liver and bowels, overcomes constipation and brings Good Health.

Tennyson received for his poetry between \$25,000 and \$35,000 a year.

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There is Only One “Bromo Quinine” That is Laxative Bromo Quinine

Always remember the full name. Look for this signature on every box. 36c.

THE PULPIT.

A BRILLIANT SUNDAY SERMON BY THE REV. ROBERT COLLYER.

Subject: Toward the Sunset.

Brooklyn, N. Y.—The venerable but still vigorous Dr. Robert Collyer preached in the First Unitarian Church Sunday morning to a large congregation.

“Looking Toward Sunset,” and for his text he took the two passages of Scripture: Timothy 4:8: “The promise of the life that now is and of that which is to come.”

I think it is no wonder, as the years come and go, and we fare on toward the sunset of the life that now is, the heart in us should feel a touch of dismay now and then when we try to imagine ourselves out of the body, but the same man of woman, away from the world we live in, yet still in a home which will be homelike and welcome, and of a day when the seasons will be no more what they have been or the sun and stars, the streets on which we walk or the home in which we dwell.

OF HYDRASTIS, BARTHOLOW SAYS it is applicable to stomatitis of the mouth, follicular pharyngitis (catarrh of the pharynx), chronic coryza (catarrh of the head).

What Causes Headache. From October to May, Goldenrod is the most frequent cause of headache. Laxative Bromo Quinine cures cures. E. W. Grove on box 37.

1800 Reward. \$1000. The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all the stages, and that is Catarrh.

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THE SUNDAY SCHOOL.

INTERNATIONAL LESSON COMMENTS FOR MARCH 22.

Review of the First Quarter—Golden Text, John 1:4—What the Eleven Previous Lessons Proved—Commentary.

Golden Text—“In Him was Life; and the life was the light of men.” John 1:4.

The purpose of John's Gospel is given in John 20:31: “But these are written, that ye might believe that Jesus is the Christ, the Son of God; and that believing ye might have life through His name.”

In Lesson I, the central truth of this Gospel is brought out in many ways. We see the pre-existence of Jesus Christ as the eternal Word, “In the beginning with God,” and thus plainly declared that He was God.

In Lesson II, we have John's testimony received from God and certified by the visible descent of the Holy Spirit that Jesus was the Lamb of God, eternally pre-existent, the One who was baptized with the Holy Ghost, the Son of God.

In Lesson III, we have Andrew and Philip's discovery of Jesus as the Messiah, Him of whom Moses in the Law and prophets did write; and Nathaniel's discovery that Jesus was the Son of God, the King of Israel.

In Lesson IV, we have Jesus manifesting Himself as Son of God and Ruler of God's house by driving out from them those who were defiling it by making the Father's house a house of merchandise.

In Lesson V, we see Jesus declaring Himself to be the One who gives everlasting life, the One whom God the Father hath sealed, the One through belief in Whom eternal life is obtained, as the Bread of Life which cometh down from heaven, the One to whom coming we shall never hunger and upon Whom believing we shall never thirst.

In Lesson VI, we see Jesus manifesting His divine power by healing the man born blind and declaring Himself the Light of the world.

In Lesson VII, we see Jesus manifesting His divine power by healing the man born blind and declaring Himself the Light of the world.

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EPWORTH LEAGUE LESSONS.

SUNDAY, MARCH 22.

The Church for Worship and Service. (Mark 1: 21-28; Psa. 40.)

This theme reveals the Church of Jesus Christ as serving two great and necessary purposes: the purpose of worship and the purpose of service.

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Health and Hunger.

By H. HOLT-LOMAX.

Man is on the health path. Books every day advise him what to eat and drink, whether to take exercise or not, if work will help him or idleness contribute better to long life.

As to exercise, it is as difficult to know. Several living politicians still in their prime refuse of their accord to stir a yard.

Health discussions stress is laid upon longevity, whereas, to the majority of men, the daily sense of being well is what they want, not extra years.

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CHRISTIAN ENDEAVOR NOTES.

MARCH TWENTY-SECOND.

The Wise Use of Influence. Eccl. 4: 9, 10; Prov. 27: 6, 9, 10, 17, 19. Instructing others. Job 4: 1-4.

Saving others. Dan. 12: 1-3. The Spirit's anointing. I. John 2: 20-24.

Testifying. Ps. 119: 13, 41-46. Home influences. II. Tim. 1: 1-5. Paul's influence. Acts 28: 30-31.

Who to him that is alone, when he grieves as well as when he falls; we need counsel in prosperity as well as in adversity.

Judge your friendship by your courage to correct errors in your friend, and your gratitude when he does the same for you.

No electricity passes except over contacts. Get near to men! It is indeed a gift, to see one's self as others see us, and that is possible only when we have a friend.

Illustrations. Fire warns as fast as it can, and a wise life influences as far as it can. You influence not by what you do so much as by what you are. A violet cannot help being fragrant.

“See, I can handle coal,” said the girl, picking up a dead chicken, “and not get burned.” But her hands and her clothes were soiled.

Words go on forever in the air; so also in hearts. Whom can I influence that I do not? In whose power do I try to influence men?

What is the tendency of my influence? Among their treasures the late Ambassador and Lady Durand have a large quantity of Persian silk stuffs and a magnificent Sultanabad carpet of quiet design. Horne of fibres and the rest are evidence that Sir Mortimer is an excellent shrew. While at Tehran the late ambassador had hung in the billiard room a painting of Faith Ali Shah, who is reported to have had over 500 children.

This painting was created by order of the new Shah's grandfather for presentation to Queen Victoria. It never reached England, however, for very obvious reasons. Sir Mortimer Durand has spent practically the whole of his life among Asiatics, and is as well acquainted with their peculiarities as any man living. It was in 1873 that he joined the Indian Civil Service, and during the Afghan War he accompanied Lord Roberts as political secretary. His principal diplomatic service was a mission to the Amir of Afghanistan some years ago, whose vigorous personality greatly impressed our representative.