# PERUNA A TONIC OF GREAT USEFULNESS



#### HON. R. S. THARIN.

<text>

#### Pe-ru-na Tablets.

me people prefer to take tablets, er than to take medicine in a fluid 1. Such people can obtain Peruna ets, which represent the solid medicinal edients of Peruna. Each tablet is valent to one average dose of Peruna. ather

#### Strong-Minded Lover.

Nobody had ever accused Nathan Harlow of indulging in romance or sontiment. When it came to a question of young Jared Parker's marry-ing one of Mr. Harlowe's daughters, practical father was amazed to how little influence his wisdom

Git his mind all set on 'Phemie,' Mr. Harlowe remarked, in a dazed tone, to one of his neighbors, "and could utrn an injine! I put it to him plain and offered him induce-

ments, but 'twasn't a mite o' use. "'Marthy's the oldest, and ought to be married fust, by rights,' I said to him; 'and more'n that, she's a suitable height. You'd oughtn't to inke a little short piece like 'Phemie, fall as you are!' But I couldn't convince him.

'I'm agoing to have 'Phemie and that mahogany bureau she's told me about,' he says, laughing. "'Eakes alive, man!' I said to him.

"There's two bureaus goes with Mar-thy, and maybe three!" But he just laughed and shook \*his head. then I gave up contending with him once and for all. , There's no reason to him."-Youth's Companion.

#### Voice Energy.

Dr. Marage recently presented be-lore the Academy of Medicine, at Paris, the results of an investigation of the amount of work performed by prators and singers. It appears from his experiments that a bass voice, in order to produce the same impression upon the ears of hearers in a requires the performance of seventeen to eighteen times ball. more work than is required for a barytone or tenor voice. The bass The bass with regard to the amount of work it demands. Thus, Dr. Marage finds that whereas men are always more fatigued than women and children by an equal effort of the voice, men with bass voices suffer the most fa-tigue.-Youth's Companion.



-Week's cleverest cartoon by Brewerton, in the Atlanta Journal.

## DAY OF CHEAP MEAT IS OVER

According to Statistics, a Large Part of the Population Will Have to Do Without It--People Est Less and Less--Only 58.3 as Much Per Capita as in

1840 -- Many Causes Contribute to This Condition.

Washington, D. C.—That a time is rapidly coming when a large part of the population of this country must go without meat, just as many of the poor do in other countries, is the fact pointed to in a report on meat supply and surplus, which has recently been published by direction of Sec-retary Wilson, and which was written by George K. Holmes, chief of the division of foreign markets of the Department of Agriculture.

Mr. Holmes does not assert that the day is near when many Americans must go hungry for meat. The facts he has set forth, however, have at-tracted much notice among high officials of the Department of Agriculture. They admit that his statistics tend to show a growing meat scarcity with higher meat prices.

Nothing is more common in these days of prosperity than the remark that every one is eating more meat. This is not the case, according to Mr. Holmes. He has made a searching analysis of the census and other figures on meat supply, surplus and the like, and finds the stock of meat animals in the country diminishing relative to the population and the consumption per capita declining.

Instead of considering cattle, sheep and swine the principal food animais, separately, Mr. Holmes, for comparative purposes, has considered them as merged into a composite animal. He finds that there was 1.043 of a composite meat animal per capita of population in 1840. The ratio declined to .860 of a composite animal in 1860, to .838 in 1880, rose to .900 in 1890, but fell more decidedly to .709 of a composite animal per in-

300 in 1890, but fell more decidedly to .703 of a composite animal per individual of population in 1900. In other words, by the late enumeration there was in the country about .7 of a composite animal per capita and nearly 50 per cent. more than that in 1840.
But the consumption per capita is much below the stock per capita. It is shown that exports of meat and its products, especially since 1880, have increased enormously. With a lower supply of meat animals in the consumption per capita at home to grow less and less Taking 1840 for comparison and placing the ratio of the consumption of meat at home to grow less and less Taking 1840 for comparison and placing the ratio falls to 72.4 in 1880. followed by a rise to 79.4 in 1890, each individual in the country ls, on the average, eating about three-fifths as much meat.
From 1890 to 1900 the domestic consumption stock of meat animals declined almost exactly one-fourth per capita of the population. At the Department of Agriculture there is going on a good deal of study of Mr. Holmes' report, with a view to ascertaining how his facts bear on the present high prices of meat. One of the foremost officials of the department, who has been looking into the meat situation with care, said that the inevitable conclusion was that this country had seen the last of the the department. said that the inevitable conclusion was that this country had seen the last of low meat prices; that the tendency of the future would be for meat prices to rise even higher than they were now; that the amount of meat per capita in the country would keep growing lower as the population in-creased, and consequently that prices would tend upward, and that more and more the family of small means would have to go without meat, using it much more seldom than at present it much more seldom than at present.

This official also pointed out that the difficulty of getting furm help was constantly growing, but that the population of the cougtry was con-stantly enlarging. This means a less number of live stock relatively and more people to make a demand on the supply. In addition, high meat prices abroad are drawing an increasing export of meat and meat products away from the country. away from the country.

VETERAN OF THREE WARS.

A Pioneer of Colorado and Nebraska Matthias Campbell, vetoran of the Civil War and two Indian wars, and a ploneer of Colo-

Got What He Asked For. A distinguished professor of baceriology, wishing to study infected

Took Mule's Tail For Rone

down .- New York World.

pound of advice.

pretends to know.

an is totally good.

crop of sour grapes.

else ought to do things.

lover who loves only himself.

understood as widows are easy

a rule they soon begin to shrink.

veather, are often talked about.

WISE WORDS.

The more a man knows the less he

No man is totally bad and no wom-

Jealousy is a vine which produces

Everybody knows how everybody

This world has no love for the

Old bachelors are as hard to be

Some men are born great, but as

Even respectable people, like good

A woman never pretends to be

A girl may be as pretty as a pic-

young until she begins to feel old.

ture-but some pictures are fierce.

after marriage-but what's the use?

wife by putting his armor round her

A newly married man protects his

Be sure you get a round-trip ticket

when you take a trip on a merry-go-



pletely cured.

vant man.

want.

cook?

bat.

round.

first class."

"Why do watches get dirty?" said the jeweler. "You'll find the answer in your watch pocket. Turn it out." The patron turned out his watch pocket, sheepishly bringing forth a pinch of mud-colored dust, some lint and a small ball of black stuff. "There's the reason," said the jeweler. "Watches get dirty because the pockets (hey are carried in are rado, now living at 218 East Nebraska Jeweler. "Watches get dirty because the pockets they are carried in are never clean. A watch pocket, my dear sir, should be cleaned out regu-larly once a week. Observe that rule street, Blair, Neb., says: "I had such pains in my back for a long time that I could not turn in bed, and at times and your watch's works will not get clogged up again. there was an almost

"Another and a seasonable rule is never to lay your watch down on stone or marble. The cold deranges the delicate works. total stoppage of the urine. My wife and I have both used Doan's Kidney Pills for what doctors diagnosed as advanced kidney trou-"Never lay your watch down, in

bles, and both of us have been comfact, anywhere. Hang it up on a hook, vertically, in the same position Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y. it occupies when in your pocket. Watches are made to lie, or rather

stand, in that position only. "Wind your watch in the morn-ing, never at night."-N. Y. Press.

Watch The Watch Pocket.

#### **Gunpowder** And Matches.

meats, went into a butcher shop and asked the butcher if he had any Austin Miller, employed by the Illinois Steel Company, at South Chi-cago, was the victim of a peculiar accident the other day, when a quanmeasly pork. "No, no, sir!" answered the indig-"All our meats are fresh tity of gunpowder, which he carried in his coat pocket, exploded. Physi-"I'm sorry. Could-couldn't you in some way procure me some?" cians at the company's hospital said they did not believe he would recover. 'Why, yes; if that's the kind you Miller is employed in the blasting department, and before leaving for A few days later the professor work he filled his coat pocket with the powder.

A few days later the professor stepped into the shop. "I came in to see if you had secur-ed that measly pork for me." "Why, yes. sir. Didn't you get it? I had it sent up for your din-ner last night."--Lippincott's. As he was entering the plant he slipped and fell to the floor. The pocket in which the powder was kept also contained several matches. When the young man struck the floor the friction ignited the matches and set fire to the gunpowder. A deafen-ing explosion followed, and when the Mistaking the tail of a mule for an electric light pull rope in the darkest corner of his barn. John Mc-Carthy, of this city, gave the suppos-ed contact line a sharp jerk. The lamp did not light, but McCarthy saw smoke cleared Miller was found man-gled and bleeding fifteen feet from where he had fallen .--- Chicago Journal.

#### Strenuous Times, These!

stars as the mule responded to the pull with both hoofs. We are passing rapidly from strenuous to more strenuous times. A hundred years ago our forefathers As a result of the mistake McCar-thy was taken to the hospital with did not violate the Queen's English when they chanced to miss a sailing the marks of the mule's hoofs on his face and side. He barely escaped being stamped to death by rolling out of reach after he had been knocked vessel across the Atlantic and had to wait six months for the next. Fifty years ago our forefathers awore but little when perhaps they missed a stage-coach crossing the western prairies, and had to wait even in

Chicago for 30 days. Now a man swears victously if he What is home without a good misses a train-even when going to work-and has a brainstorm if he Better an ounce of example than misses a street car. But the limit was reached last

week when a man in a Broadway of-fice building had a nervous fit and broke a good pair of suspenders because he missed a compartment in a revolving door .-- Judge

### One Cartoonist's Record.

Cartoonist Davenport has the uniue record of electing more men to office than any other cartoonist in the country, and his method is unique in that he does it by apposing them. On the notable list of men he has helped to elect will be found the name of the late President McKinley, the late Senator Hanna, Mayor Mc-Clellan, of New York; Mayor Busse, of Chicago, and, lately, Mayor Busse, of Chicago, and, lately, Mayor John-son, of Cleveland. And the explana-tion is, possibly, that while many cartoonists show in a pleasant way the faults and foibles of the candi-dates they oneses they do it is dates they oppose, they do it in a kindly, humorous way, while Daven-If love would only remain blind | port's port's political drawings generally show bitterness. --- Marion (Ohio)

# Test Of Truth.

Giving him credit has started many A Scotchman went to London for a holiday. Walking along one of the streets, he noticed a bald-headed chemist standing at his shop door, a man on the road to the almshouse. A man isn't necessarily the head of the house because he wears a big and inquired if he had any hair re

men who h

Love is the greatest thing in the world-and, incidentally, the most expensive.

Attendance at church service is obligatory upon the part of soldiers at certain English posts, and amusing stories are told of the excuses that are sometimes resorted to in order to escape this requirement.

At one post where a number of recruits were temporarily stationed an old sergeant was ordered to ascertain to what religious sect each man belonged, and to see that he joined the party told of for that particular

form of worship. Some of the men had no"liking for church, and declared themseives to be atheists. But the sergeant was a Scotsman and a man of experience. "Ah, weel," said he, "then ye hae no need to kape holy the Sabbath, and the stable has na been claned oot lately."- And he ordered them to clean out the stables. This oc-cupied practically the whole day, and the men lost their usual Sunday afternoon's leave.

Next Sunday a broad smile crept over the face of the sergeant when he heard that the atheists had join ed the Church of England .- From Tit-Bits.

A fool is a person who goes through life always wondering what is going to happen next—who on his deathbed will probably wonder whether his fu-ture home will be heated by electricity or coal

A truly religious man can believ anything-provided always that it in incredible.

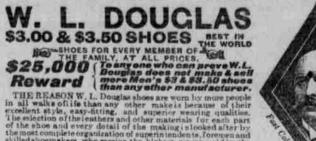
storer. "Yes, sir," said the chemist. "Step inside, please. There's an article 1 can highly recommend. Testimonials from great man who, here in the state of the state of



# a more potent remedy in the roots and herbs of the field than was ever produced from drugs. In the good old fashioned days of our grandmothers few drugs were used in medicines and Lydis E. Pinkham, of Lynn, Mass., in her study of roots and herbs and their power over disease discovered and gave to the women of the world a gave to the women of the world a gave to the women of the world a potent and efficacious than any combination of drugs. Lydia E. Pinkham's Vegetable Compound

is an honest, tried and true remedy of unquestionable therapeutic value. During its record of more than thirty years, its long list of actual curves of those serious ills peculiar to women, entitles Lydin E. Pinkham's Vegetable Compound to the respect and confidence of every fair minded person and every thinking woman. When women are troubled with irregular or painful functions, weakness, displacements, ulceration or inflammation, backacke, flatulency, general debility, Indigestion or nervous prostration, they should remember there is one tried and true remedy, Lydia E. Pink-ham's Vegetable Compound. ham's Vegetable Compound. No other remedy in the country has such a record of cures.

No other remedy in the country has such a record of cures of female ills, and thousands of women residing in every part of the United States bear willing testimony to the wonderful virtue of Lydin E. Pink-ham's Vegetable compound and what it has done for them. Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. For twenty-five years the has been advising sick women free of charge. She is the daughter-in-law of Lydia E. Pink-ham and as her consistant for years before her decease advised under her immediate discussion. Lydia E. Lynn. mmediate direction. Address, Lynn, Mass.



of the shoe and every detail of the making istocard after by the most complete organization of superintendents. Foreven and skilledshoemakers, who receive the highest wages poid in the shoe adustry, and whose workmanship cannot be excelled. If I could take you not not any large factories at Brockton. Mass, and show you how carefully W. L. Douglas shoes are made, you would then understand why they hold their shape, fit better,

NATURE PROVIDES

FOR SICK WOMEN

woal oper and are of greater value than any other make. As instants of the equalities of greater value that any other make. My 54.08 and 55.00 SiLT EDGE Shoese cannot be equalled at any price. CAUTION I The graning have W. I. Douglas name and price stamped on bottom. Take No Substitute. Ask your dealer for W. L. Douglas shoes. If he cannot supply you, send direct to factory. Shoesent everywhere by mail Catalog free. W. L. Douglas, Brockton, Mass

They Went To Church.

CALLS HIS CURE A MIRACLE.

Tortured by Terrible, Dry Eruptions -Too Disfigured to Leave House -Cuticura Cured Him.

"Ever since the time I grew into man-Ever since the time I grew into man-hood I have been suffering from a dry erup-tion which at times appeared very exten-sively, and at other times, but to a limited degree, on my body. I consulted a number of medical men without result, and last January I was affacted with a terrible contine an my hands walk and foor eruption on my hands, scalp, and face, which was so had that I could not even leave the house, so I finally resorted to the Cuticura Remedies. So far they represent an outlay of only a few dollars and I am completely exercised to their in I am completely restored to health, while for-merly I had spent dollars upon dollars en doctors, remedies and ointments without getting cured. The Cuticurs Remedies represent a perfect miracle. Henry E. Kamp-ing, 633 Eagle Ave., New York, N. Y., Feb. 16 and Mar. 15, 1906."

Self-denial is not a virtue; it is mere-ly the effect of prudence upon ra\*

Mrs. Winslow's Soothing Syrup for Children teething, softeus thegums, reduces inflamma-tion, allays pain, cures wind colic. 25ca bottle

A woman wears a vell for the sums ason that distance lends enchant-

Itch enred in 30 minutes by Woolford'a Sanitary Lotion. Never fails. At druggists.

Arguments are to be avoided. They are always vulgar and often convinc-

#### Ostrich Beat A Fast Horse.

"There is a man in my town," said Richard Sanders, of Los Ange-ies, at the Maxwell, "who attracts deal of attention by driving a beautiful ostrich to a small lightweight sulky. The great bird draws the vehicle in the finest kind of manner and can make some awfully fast time. Not long ago the bird raced time. against a fast horse and won the race by three good lengths. The ostrich can klek like a battering ram. That is his only means of defense. Winter tourists visiting Los Angeles go wild with delight at seeing the os-trich driven about the city."-Nashville Tennessean.

# SCHOOL TEACHERS

Also Have Things to Learn.

"For many years I have used coffee and refused to be convinced of its bad. effect upon the human system," writes a veteran school teacher.

Ten years ago I was obliged to give up my much loved work in the public schools after years of continu-ous labor. I had developed a well defined case of chronic coffee poison-

The troubles were constipation, nutterings of the heart, a thumping in the top of my head and various parts of my body, twitching of my limbs, shaking of my head and, at times after exertion, a general 'gone' feeling with a toper's desire for vary strong coffee. I was a nervous wreck for years.

"A short time ago friends came to visit us and they brought a package of Postum with them, and urged me to try it. I was prejudiced because some years ago I had drunk a cup of weak. mateless stuff called Postum, which I did not like at all.

"This time, however, my friend made the Postum according to direc-tions on the package, and it won me. Suddenly I found myself improving in a most decided fashion. "The odor of boling coffae no lun-ger tempts me." I am so greatly bene-fited by Postum that if I continue to improve an I am now. The hosts is

hisd by Postan that if I continue to improve as I am now. I'll begin to think I have found the Fountain of Perpetual Youth. This is no fancy, letter but stubborn facts, which I am-side to make known."

Name given by Postum Co., Battle' rock, Mich. Read the book, "The oad to Wellville," in pigs. "Ther's

WOMAN POSED AS MAN FOR 60 YEARS Once Lived as a Husband, and Only Revealed Secret Just Before Death -- Ranchmar

and Bank Clerk--Coming to America From France, She Found

She Could Get Work Best in Male Attire.

Trindad, Col. — Charles Vaubaugh, alias Katherine Vosbaugh, s woman who for sixty years passed as a married man, and was a bank clerk and sheep herder, died at San Rafael Hospital from old age. She was born in France eighty-three years ago, and came to America

She was born in France eighty-three years ago, and came to America when eighteen years of age, relying upon her own energies to make her living. She found that she was greatly handicapped because of her sex After wandering around the country for two years as a woman she adopted male garb and applied for a man's position. She obtained employment ir Joplin, Mo, and worked there as a bookkeeper for several years. All this time she kept her secret, and no one doubted that she was a man. She possessed an excellent education, and while she was in Joplin she was offefed a position in a St. Joseph (Mo.) banking house. She ac-cepted this, going to St. Joseph before she was thirty years of age. A few monthe later a young woman of that town was deserted by the man who had promised to marry her. Miss Vosbaugh sought her out, pro-posed marriage and was accepted. To this girl Miss Vosbaugh divulged her sex on a Bible pledge that she would never reveal the secret. After their marriage they came to Trinidad and opened a restaurant A year or two afterward the "wife" disappeared. The "husband" declared he had been deserted and refused to make any effort to find her. Miss Vosbaugh received more or less sympathy at the time, but the incident was

Vosbaugh received more or less sympathy at the time, but the incident was woon forgotten

Tiring of city life and always fearing her secret would be discovered. Miss Vosbaugh forty years ago sought employment at the Sam Brown ranch, near Trinchera. She asked for work as a sheep herder, and this was given to her. Later, when she knew that her sex could not be discovered except by the greatest of accidents, she accepted work as a camp cook. She remained at the Sam Brown ranch until two years ago, when she was brought to San Rafael Bospital here to spend her last days. Even here she protected her secret, refusing to take a bath until she was assured by the aisters at the hospital that she could do so without the presence of tendants

Some time later she contracted a mevere cold that threatened to de-velop into pneumonia. Dr. T. J. Forham said it would be necessary for "Mr. Voshaugh" to partially remove his clothing for an examination. Fearing she would die, Miss Voshaugh at last reluctantly consented, and then, with tears welling in her eyes and coursing down her wrinkled cheeks, she called for the sister in charge and parted with her secret for the second time in sixty years.

Will Be Brought to Washington

San Francisco .- Seventeen insane

Presidio General Hospital, will be

Prominent People.

Senator Gore, who comes from tb; new State of Okiahoma, is blind.

Lord Avebury, of England, says the United States needs a central

#### Insane Soldiers From Philippines Viceroy Lord Minto Says It is Impossible to Ignore India's Unrest.

Simia, India .- The Legislative Council adopted a bill designed to patients, belonging to the United prevent sedillous gatherings. It em- States Army, who were brought powers the provincial authorities to from the Philippine Islands to the rohibit public meetings.

taken to the Army Hospital for the Lord Minto, the Viceroy, in speech in support of the bill, said it was impossible to ignore the warn-ings of recent months--the rists; the insuits to Europeans, and the at-tempts to inflame racial feeling.

Far Eastern Notes Fine tobacco is being raised in In-dia on irrigated lands. Barbers at Windsor, Ont., have reeived an increase in wages. Manitoba flour is seriously cutting

Manitoba fiour is seriously cutting into Australian flour in the markets of China. Shantung Province, China, may yet be one of the great fruit gardens of the world. In the first five months of 1907 Calcutta exported 350,000 calf and sheep skins, 0,500,000 goat akins, 6,500,000 cowhides, a total of 11,-290,000.

harping about honesty being the best policy.

House painters and novelists are responsible for some highly-colored stories.

The average man is dissutisfied either with what he has or with what he hasn't.

A business woman should never propose to a man who can't cook or sew on buttons.

charitable when she lets her husband have his own way.

Doubtless the way of the transgressor may be hard, but the people who travel thereon have no time to get lonesome .- Chicago News.

**Riches of English Dialect.** There are in English dialect about 1550 words meaning to give a per son a thrashing, 1300 meaning a fool, 1050 meaning a slattern, and an al-most innumerable quantity meaning

dainty, innocent looking, gold stop-pered scent bottle. It contains ea-sence of Parma violets from Paris, which is heavily charged with ether. A woman always imagines she is When she is tired a yew whifts of this scent stimulate her flagging

energies and keep her bright and alert at dinner or supper party. Another favorite "nerve scent" consists of eau de Cologne mixed with chloroform and a dash of ammonia. Inhaled, this is a very powerful and

rom great

Star

dangerous pick me up. His Case.

Singleton-Do you really believe

that living expense: have increased 20 per cent, in the last five years? Marryat — What! Why, they've ncreased 100 per cent. at least. Singleton-Nonsense!

from great hair grow in 24 hours. "Aweel," said the Scot, "ye can gie the top o' your held a bit rub wi't, and i'll look back the morn and see if ye're tellin' the truth."—Wind-it is mainly because people spend less of their time in the open air. Dread-ing the chilly air, they remain in the set of the chilly air, they remain in ing the chilly air, they remain in doors, the health is proportionately

"Nerve scent" is the newest form of drugging for the smart woman. Her vanity bag is furnished with a How's This?

How's This? We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure. F. J. CHENEY & Co., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business tranactions and financially able to carry out any obligations made by his firm. WALDING, KINNAN & MARVIN, Whole sale Druggiets, Toledo, O. Hall's Catarrh Cure is taken internally, act-ing directly upon the blood and mucuons ar faces of the system. Testimonials sent free Price, 75c. per hottle. Sold by all Druggiets Take Hall's Family Pills for constipation

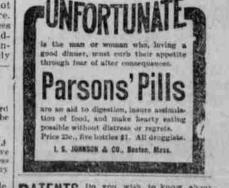
Quite Human.

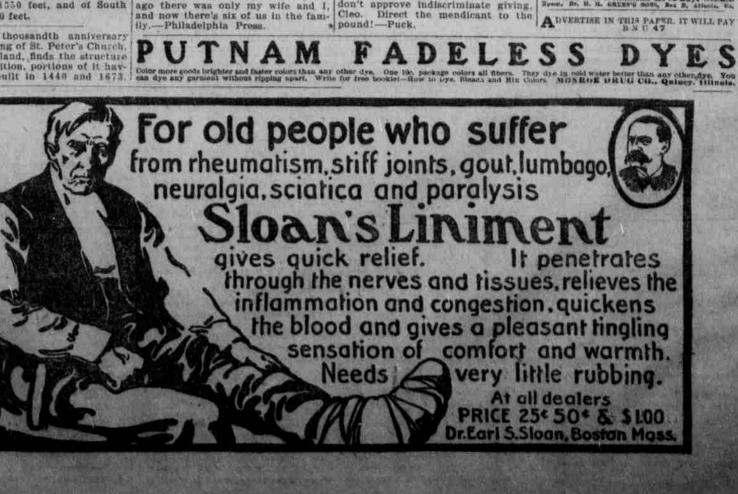
Mrs. Kiyi-Tony, there's a tramp dog at the door begging for an old

Marryat-Not at all. Five years ago there was only my wife and I, and now there's six of us in the fam-Cleo. Direct the mendicant to the

PATENTS he ren with to know about PATENTS' be run with to know about PATENTS' be run with to the borne about FENSIONS' Dy rou with to know about FENSIONS' Dy rou with to know about FAY and HOUNTY' these write to W. H. Wills. Attorney at law Nomer Public! Wills Huliding all indiana Av entia, Mashington D. C. 24 tears in Washing on, Uniou Soldiers and Ballers-was 1861-sentitled to sension on age after they reach id if the sension of age after they reach id the sension of the set of the sensities to he fills pendion. ha / his pension.

DROPSY NEW DISCOVERY ; canes. Book of indimenials and 10 Doxys' ireniants. Dr. H. H. Shullan's Solit, Sa Stinit, Vo.





to die and to get drunk .--- Country Life

The average elevation of North America is 1050 feet, and of South America 1200 feet.

The one thousandth anniversary of the founding of St. Peter's Church, Chester, England, finds the structure in good condition, portions of it hav ing been rebuilt in 1440 and 1673.