

ADVERTISING RATES. Per square of 12 lines 3 times..... \$1.50. Per square each subsequent insertion..... 50. An advertisement inserted for less than three months charged by the square.

One-fourth column..... \$15.00. One-half column..... 25.00. One column..... 40.00. Two columns..... 75.00.

With the Sages.

It is every man's duty to make himself profitable to mankind.—Seneca.

Wouldst thou excel? Let purpose run a thread of gold from sun to sun.—James Buckham.

Make such a habit of well doing in you, that you shall not know how to do evil.—Sir Philip Sidney.

As fruit and flowers draw their ripeness down from Heaven, so men themselves may crown.—Gerald Massey.

If we look down, then our shoulders stoop. If our thoughts look down, our character bends.—Alexander McKenzie.

I have seldom known anyone who deserted truth in trifles that could be trusted in matters of importance.—Palay.

In actual life, as a general rule, it is the common, not the uncommon, person who does noble things.—Lafcadio Hearn.

For as a ship without rudder is tossed to and fro with the waves, so the man that is negligent is many ways tempted.—Thomas a Kempis.

Opportunity is the flower of time, and as the stalk may remain when the flower is cut off, so time may remain with us when opportunity is gone.—Bond.

Aspire to be great, but only if allied to, and accompanied by goodness; so that if the greatness comes not, your mind is content with being good.—James Platt.

To be a strong hand in the dark to another in time of need, to be a cup of strength to a human soul in a crisis of weakness, is to know the glory of life.—Black.

The great question of life is the suffering we cause; and the utmost ingenuity of metaphysics cannot justify the man who has pierced the heart that loved him.—Benjamin Constant.

Rising From the Grave.

A prominent manufacturer, Wm. A. Fortwell, of Locama, N. C., relates a most remarkable experience. He says: "After taking less than three bottles of Electric Bitters, I feel like one rising from the grave. My trouble is Bright's disease, in the Diabetes stage. I fully believe Electric Bitters will cure me permanently, for it has already stopped the liver and bladder complications which have troubled me for years." Guaranteed at Trout's drug store. Price only 50c.

The "Near" and "Off" Horse.

Why do we speak of the "near" and "off" horse? Because in the days when the driver walked beside the horses his position was always at the left, with his right arm next the team, explains National Stockman and Farmer. Therefore in driving a pair the horse on the left was nearer than the one on the right. The "near" horse is always the one on the left.

Free Tuition.

Have you read about the California, Pa., State Normal for the last three weeks in the NEWS? It trains teachers, giving them free tuition while in school, and life certificates to teach after graduation. It also has fine music and commercial departments. Three large dormitories give its students a safe and pleasant home life. A faculty of thirty trained teachers, each a specialist in his or her department, is a guarantee of strong and effective school work. For catalogue, address "Normal," California, Pa.

Subscribe for the "News," only \$1.00 a year.

A Safe and Sure Cough Cure.

Kemp's Balsam

Does not contain Opium, Morphine, or any other narcotic or "habit-forming" drug. There is no Narcotic in Kemp's Balsam. Nothing of a poisonous or harmful character enters into its composition. This clean and pure cough cure cures coughs that cannot be cured by any other medicine. It has saved thousands from consumption. It has saved thousands of lives. A 25c. bottle contains 40 doses. At all druggists', 25c., 50c., and \$1. Don't accept anything else.

Facts About the Bible.

The middle book is Proverbs.

The middle verse is Acts xvii: 17.

The shortest verse is John xi, 35.

The middle book is 2 Thessalonians.

The shortest verse is 1 Chronicles i, 25.

The middle verse is the eighth of the 118th Psalm.

The twenty-first verse of Ezra vii, contains all the letters of the alphabet.

The middle chapter of the entire Bible is also the shortest—the 117th Psalm.

In the new testament there are 27 books, 260 chapters, 7,959 verses, 181,258 words and 833,350 letters.

In the old testament there are 39 books, 929 chapters, 23,214 verses, 590,439 words, and 2,728,109 letters.

The nineteenth chapter of the second Book of Kings and the 37th chapter of Isaiah are practically the same.

The middle chapter would be Romans xii, if there were a chapter more, and Romans xiv, if a chapter less.

The middle verse would be 2 Chronicles xx, 18, if there were a verse more, and verse 17, if there were a verse less.

A VALUABLE LESSON.

"Six years ago I learned a valuable lesson," writes John Pleasant, of Magnolia, Ind. "I then began taking Dr. King's New Life Pills, and the longer I take them the better I find them." They please everybody. Guaranteed at Trout's drug store. 25c.

William Findlay Hughes and wife of Philadelphia are spending a few weeks in this place for rest and recreation. Mr. Hughes was born in McConnellsburg, and was a teacher in the public schools of this county when Hiram Winters was county superintendent. He graduated in the class at the Shippensburg state normal with H. H. Woodal and Dr. Joseph Barton, and later graduated in Medicine at the University of Pennsylvania. Mr. Hughes has been a life long student, and during his vacation here, will make a special study of our local flora, and will be pleased to have any of our teachers, pupils, or others interested in the study of plant life, accompany him on his walks in the neighborhood. Of course, this will not cost the folks taking advantage of this opportunity to get instruction in botany, a single cent, and it will afford Mr. Hughes pleasure to be able to awaken an interest in this one of the most useful and fascinating lines of investigation.

I will mail you free, to prove merit, samples of my Dr. Shoop's Restorative, and my Book on either Dyspepsia, the Heart or the Kidneys. Troubles of the Stomach, Heart or Kidneys, are merely symptoms of deeper ailment. Don't make the common error of treating symptoms only. Symptom treatment is treating the result of your ailment, and not the cause. Weak Stomach nerves—the inside nerves—mean Stomach weakness, always. And the Heart, and Kidneys as well, have controlling or inside nerves. Weaken these nerves, and you inevitably have vital organs. Here is where Dr. Shoop's Restorative has made its fame. No other remedy ever claims to treat the "inside nerves". Also for brating, biliousness, bad breath or complexion, use Dr. Shoop's Restorative. Write me to day for samples and free Book. Dr. Shoop, Racine, Wis. The Restorative is sold by Dickson's drug store.

Mrs. L. C. Catchall spent a few days visiting friends in this County.

Mr. and Mrs. N. J. Puriff are happy over a new baby boy at their house.

Mr. and Mrs. Frank Hoekensmith of Johnstown is visiting Mrs. Hoekensmith's parents Mr. and Mrs. Thomas McClure.

Will Visit Groceries.

Inspectors of the State Agricultural Department are making an inspection of all the wholesale and retail groceries in the State and seeing that they conform with the new pure food laws which have recently been enacted and which require that all goods displayed for sale in bulk or packages shall bear a guarantee of their purity and a statement of their ingredients if they are manufactured from any substance foreign to the original article which they are supposed to present.

While the State Department has instruction to enforce the law to the letter, it is well understood that it will take some time for the grocers to dispose of the goods which they had on hand at the time the law went into effect and every assistance is given to get the law into operation as soon as possible so that there will be no undue activity to secure its enforcement.

As the terms of the law are very intricate and might be misunderstood easily by the novice, the inspectors have been given instructions to visit all grocers, and to thoroughly explain all the different provisions of the law so that any question to arise in the near future which might cause unwarranted delays in bringing its operation to the efficiency which is expected.

This is the season of the year when church congregations have to suffer in attendance on account of Sunday outing and picnic parties; old folks and babies from hot weather; the ice man from having to work overtime; the coal man from not much a doing, the printer from lugging his salary around, and the telephone girl from lack of business enough to keep her awake. In fact this is a kind of out of sorts time of year for all hands, so lets sympathize with one another, and not grow weary in well doing.

A horrible and distressing accident happened in the machine shops of the Frick works, in Waynesboro, one day last week. Ora L. Bohn, aged 19, son of J. E. Bohn, was drawn through a narrow space of the "boring" machine he was operating and terribly injured. He has since died.

Gold Discovered Here

Geological engineers who have probed every nook and examined every rock formation in this section are enthusiastic over the discovery of gold bearing quartz in the hillside opposite the old Bowles mill east of Hancock and in the old field adjoining. Specimens were first picked up just back of the old toll gate house and the geologists becoming interested got down to the creek bed and found a cliff of good quartz. The fringe of hillside where the quartz protrudes belongs to Mr. Preston Bowles, whereas the land under which the deposit no doubt lies is the property of John T. Mason. A little farther north a similar formation underlies the lands of J. T. Bridges and Preston Bowles. The location is ideal for mining. The Big Tonoloway creek winds its way at the foot of the hillside, several hundred feet high; making the opening of a mine or mines an easy task. The conditions resemble those of the Klondike. Plenty of water for washings and hydraulic mining. The old hill so long deemed barren and a waste may be the custodian of undreamed of wealth. We hope so.—Hancock Star.

Pro. James B. Jones, a graduate of the Shippensburg state normal, and a son of Sheriff Jones, of Franklin county has been elected principal of the schools at Orbiconia at a salary of \$90 a month.

Mr. and Mrs. William R. Ruthrauf, and son William of Green-castle, drove over to this place on Tuesday afternoon and on Wednesday morning they returned home taking with them their daughter Miss Jess.

Eye-Sight Specialist

At the Washington House McConnellsburg Pa., 2 Days Friday and Saturday August 16 and 17.



Overcoming Headache, our specialty. All lenses are guaranteed for two years. Prices from \$2 to \$8. We do not peddle. Please call at Hotel.

EXAMINATIONS FREE. DR. J. N. HELMAN. EXAMINATIONS FREE.

Dr. J. N. Helman, of the Mahaffey Optical Co., 339 Fifth Ave., Pittsburg, Pa., will be in McConnellsburg, at the Washington House, 2 days, Friday and Saturday, August 16th and 17th, for the purpose of testing the sight and the fitting of glasses. This firm is well known in the adjoining counties, and visit Bedford and Everett every 2 months. From now on, Dr. Helman will make regular trips to McConnellsburg. All lenses are guaranteed for 2 years, and any change or re-correction needed within that time is made free of charge. Examinations are free, and all are treated courteously whether an order is given or not. Our specialties are the overcoming of headaches, nervousness, and all cases of defective vision. The correcting of children's eye-sight, such as cross-eyes, myopia, or nearsight; hypermetropia, or far sight, and astigmatism, are given particular attention.

While this firm is almost unknown in Fulton county, we expect by the character of our work, to build up a practice as we have in Bedford county. Our system of examination does not require the use of drops or drugs. All lenses are ground according to the prescription. We do not give something near what you require, but exactly what the case calls for.

WHAT CAUSES HEADACHES?

Astigmatism is not a disease, but a defect in the shape of the eyeball such as irregularities in the curvature of the cornea and crystalline lens. Astigmatism necessitates an irregular strain upon the muscles in adjusting for different objects, thus causing an exhaust of nerve energy, consequently you may readily see why this abnormal condition produces nervousness.

Can you not see that the constant strain on your nerve supply weakens the entire nervous system, and they end in many cases in complete nervous prostration? In fact there is no defect in the eye which causes more discomfort and suffering than astigmatism, and yet a peculiar feature about astigmatism is, the people who have it seldom know that anything is wrong with their eyes. They attribute all their suffering to some other cause.

They believe they can see as well as anyone, and in a good many cases they can, but the work of your eyes just the same, and the exhaust supply thus affects the brain, and when you disturb the brain, you have pained the highest seat and center of the whole nervous system; consequently you have a daily headache, also pains extending down the back of your neck and shoulders which is thought to be neuralgia; a ringing and roaring in the head; blood-shot eye balls, a sickening or burning sensation, a feeling as though sand was in your eyes, a nauseating feeling of the stomach, producing vomiting spells, loss of appetite and irritability. Thereby money spent for prescriptions and medicine to cure your headache, neuralgia and nervousness, is simply money thrown away. What you want is a properly ground lens to overcome the muscular and nervous strains thus placing your eyes in a perfect focus, which produces a complete state of rest. Then you have removed the cause, and your headache ceases for good.

GUESS WORK CANNOT DO IT.

The eye is without doubt the most delicately adjusted part of the whole body, and the most wonderful one.

It is impossible for one not versed in the science of refraction (which other words means just how the light should enter the eye and in what proportion) to give the proper correction required for defective eyesight. A great many people do not understand what glasses are intended for. They think they are used merely to enlarge or magnify. That theory is entirely wrong, that is not their object; instead they are used to throw the light into the eye of the angle and depth that will make it artificially perfect and by so doing the vision is improved without any strain on the muscles except that which is necessary in a perfect eye. 92 per cent. of nervous and sick headaches come from defective eyesight, and glasses properly fitted will stop them entirely. The overcoming of headaches is one of our specialties, and in no case where we have prescribed glasses for this trouble have we had a failure.

We have just completed arrangements with The Harrisburg Patriot by which we can offer the

Fulton County News and the daily morning Harrisburg Patriot

for the astonishingly low price of \$2.50 Per Year

Cash in Advance

Regular Price of Both Papers is \$4

In this way you can get all of the news of your home town every week and the news of the State Capitol, telegraphic news of Pennsylvania and the world in general, every morning for only \$2.50 per year.

The Patriot is sent by the earliest mails and reaches all Towns and Rural Free Delivery Routes on the morning of issue.

This Offer is Open to Everybody

Send your \$2.50 to-day either to The Fulton County News or to The Patriot, Harrisburg, Pa. If you already get both papers, subscribe for some relative or friend.

Enclosed find \$2.50 for which please send The Fulton County News and The Harrisburg Patriot for one year.

Name..... Street..... R. F. D. No. Town..... County.....

Pens and Lettuce. The modern varieties of peas are far larger than the old round seeded kinds, but these have as well other excellent qualities to recommend them, remarks Gardening. Some of the newer varieties of Cos lettuce grow to an immense size, but if quickly grown on good soil are of excellent quality.

Good Value BEAUTY CORSETS AMERICAN Low Prices

BUY HERE.

Hot Weather Offerings.

Our showing of Mid-Summer Merchandise is very interesting in style, quality and price. Quality and quantity always here for selection. We never sacrifice Quality in order to give quantity. We endeavor to give good value at all times.

Table with 3 columns: Silks, Dress Goods, White Waistings, India Linens, Linen Suitings, Cotton Suitings, Fancy Larvins, Fancy Gingham, Plain Gingham, Figured Percales, Walking Skirts; Long Gloves, Ladies' Belts, Underwear, White Hosiery, Black Hosiery, Tan Hosiery, Back Combs, Side Combs, Ladies' Neckwear, Lace and insertion, All Over Lace; Millinery, Ribbons, Veiling, Fans, Lace Curtains, Curtain Swais, Drapery, Pillow Cases, Sheets, Toweling, Linen Towels.

Shoes, Oxford Ties, White Slippers, Men's Dress Shirts, Men's Neck-wear, Men's Under-wear, Matting, Rugs. JAMES G. TURNER & CO.,

Masonic Temple. Hancock, Md.

McClain's Store

I have two of the best brands of

Stock Food

for horses, cattle, sheep, swine and poultry, and I am going to give 5 per cent. off from now until August 15th. Now is the time that your horses need a little toning up. Don't overlook it.

E. R. McCLAIN.

West End of Boardwalk,

McConnellsburg, Pa.

Fulton County Bank.

(ORGANIZED IN 1887.)

3 Per Cent. Interest Paid on Time Deposits.

This old and well known Financial Institution is now permanently located in its new room in the A. U. Nace building. Large additions have been made to the

CAPITAL STOCK

and the number of Stockholders has been increased to FIFTY-SEVEN, which gives all depositors a security of upward of

Two Hundred Thousand Dollars.

The Fulton County Bank does a GENERAL BANKING BUSINESS and extends every favor to their patrons and friends, consistent with sound banking.

W. H. NELSON,

McConnellsburg, Pa. Cashier.

KILL THE COUGH AND CURE THE LUNGS WITH Dr. King's New Discovery FOR CONSUMPTION COUGHS and COLDS Price 50c & \$1.00 Free Trial. Surest and Quickest Cure for all THROAT and LUNG TROUBLES, or MONEY BACK.

Weak Women To weak and ailing women, there is at least one way to help. But with this way, two treatments, must be combined. One is local, one is constitutional, but both are important, both essential. Dr. Shoop's Night Cure is the Local. Dr. Shoop's Restorative, the Constitutional. The former—Dr. Shoop's Night Cure—is a topical mucous membrane suppository remedy, while Dr. Shoop's Restorative is wholly an internal treatment. The Restorative reaches throughout the entire system, seeking the repair of all nerves, all tissue, and all blood ailments. The "Night Cure", as its name implies, does its work while you sleep. It acts on sore and inflamed mucous surface, heals hot weakness and discharges, while the Restorative, cures nervous exhaustion, gives renewed vigor and amblyopia, builds up wasted tissues, bringing about renewed strength, vigor, and energy. Take Dr. Shoop's Restorative—Tablets or Liquid—a general tonic to the system. For positive local help, use as well Dr. Shoop's Night Cure. W. S. DICKSON.

FULTON COUNTY NEWS is the people's paper. \$1.00 a Year in Advance.