McCONNELLSBURG, PA.

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COOKING HINTS BY EXPERTS.

Two Famous Cooks Give Valuable Information About Corn Starch as a Cooking Help.

Comparatively few housewives corn starch as a help in cooking in a London restaurant, he was and baking. Alice Cary Water- immediately attended by an obman and Janet M. Hill, the fam- sequious waiter. ous culmary experts, have made cookery, with results that are not and one on the other." only interesting but surprising.

As is well known, quality in corn starch is an all-important consideration, and the two cooks found Kingsford's Oswego Corn Starch to be the best for every purpose. For example, the use minutes, and when he returned of this corn starch in bread re- his face was a study. sults in a fine grain and delicious flavor, with a crust unusually ten- horder, sir ?" der. The experts found also that it greatly improves the consist ency of soups, gravies, and sauc one on the other.' es, gives jellies a pleasing firmness for moulding, makes pastries more delicate, and so on through many helpful uses.

With a view to giving housewives everywhere the full benefit of this investigation, the National Starch Company, successors to der, sir? I cawn't think I 'ave it Our husthing sawmillers, Er. the old firm of T. Kingsford & Son, Oswego, N. Y., have embodwhich they are now distributing fried on one side and one on the time. gratuitously among applicants.

This book is unique in every respect, containing not only a great many original receipts, but sir. a carefully arranged list of helpdemand for the book is enormous, disheveled and his face scratched and will put in quite a number of for every woman interested in good cooking wants a copy.

I will mail you free, to prove me Dyspepsia, the Heart or the Kid- Journal. nevs. Troubles of the Stomach, Heart or Kidneys, are merely sym inside nerves. Weaken these per- drug store. ves, and you inevitably have vital organs. Hereis where Dr. Shoop's Restorative has made its fame No other remedy ever claims to treat the "inside nerves". Also for bleating, biliousness, bad breath or complexion, use Dr. Shoop's Restorative. Write me to day for samples and free Book. Dr. Shoop, Racine, Wis. The not knowing what to do, had be. afterwards took a college course Restorative is sold by Dickson's come frantic. The stranger of two years and then obtained a drug store.

CLEAR RIDGE.

Mrs. Joshua Gosnold is visit ing her daughter, Mrs H. T. flecter.

J. A. Henry made a business tor ?" trip to Hancock the first of the week.

Miss Nellie Kelso, of Pittsburg, | is visiting her sister, Mrs. Gilson Kerlin.

Miss Minnie Grove, who spent the past six weeks in Somerset Iron pots should always be county, the guest of her brother, boiled out first with wood ashes but a day or two in our midst all

Geo. Taylor and wife spent use. Skillets, griddles, iron gem Sunday with Mr. and Mrs. Eph- pans and waffie pans should be

ing for an entertainment on the Sheet iron pans for cake and

days last week with Mrs. Robert ing to cook in Locke at Maddensville.

burg's popular dentist, spent water will neutralize the grease Sunday with relatives in our and make it much easier to clean. FULTON COUNTY ROD AND GUN CLUB.

90000000000000000000000 When your Watch Stops



into proper condi-tion to do it. One cannot mend a delicate piece of mechanism by vio-

o machine made by man is as fine the human body

The use of pills, salts, easter-off and strong cathartic medicines is no violent method. The use of the violent method. The herb tonic laxative

Lane's Family Medicine

ent people, Headache, backache, indigestion, onstipation, skin diseases—all are onefited immediately by the use Druggists sell it at 25c, and 50c.

After Many Trials.

He was a sad faced American realize how great is the virtue of tourist, and as he seated himself

"I want two eggs," said the a special study of this phase of American, "one fried on one side

"Ow is that, sir?" asked the astounded waiter. "Two eggs, one fried on one

side and one on the other." "Very well, sir."

The waiter was gone several

Would you please repeat your

"I said very distinctly, two maville, eggs, one fried on one side and

dazed "Very well, si..." This time he was gone longer,

and when he returned, he said

sir, to 'ave you repeat your hor- wood Sunday. right, sir, y' know."

ful cooking hintsand suggestions. longer. When he returned his in three new phones; and the

"Would you mind tyking bolled rit, samples of my Dr. Shoop's Re heggs, sir? I've 'ad some words storative, and my. Book on either with the cook. '-Ladies Home

HOW TO CURE CHILBIAINS.

ptoms of a deeper ailment. Don't "To enjoy freedom from chii- contains no opiates. It drives make the common error of treat- blains," writes John Kemp. East the cold out of the system by gening symptoms only. Symptom Otisfield, Me., "I apply Bucklen's tly moving the bowels. Contains treatment is treating the result of Armaa Salve. Have also used it Honey and Tar, and tastes nearly your allaient, and not the cause. for salt rheum with excellent re as good as maple syrup. Chil-Weak Stomach nerves the naide sults." Guaranteed to cure fey. dren like it. Gold by Trout's in nerves- mean Stomach weakness, er sores, indolent ulcers, piles, drug store. always. And the Heart, and Kid-burns, wounds, frost bites and neys as well, have controlling or skin diseases. 25c. at Trout's

His Business.

ed by frightful screams coming here on the 8 o'clock train. Mr from a little house not far from Giddens when a mere lad was takthe road. Hurriedly tying his en into the Johnston family and horse, he ran to the house and was cared for until he reached found that a little boy had swal. manhood. He graduated from the lowed a quarter, and his mother, McConnellsburg High school and ter soon dropped to the floor.

ful mother, "you cert'n'y knowed abroad from which he has just rehow to get it out. Air you a doc- turned. His grandfather had died

stranger, "I'm a collecter of in- still living. He reports a very ternal revenue."-Philadelphia pleasant voyage both ways and en-Ledger.

Care of Kitchen Utensils.

Horace Grove and family, return and cold water, then thoroughly his old acquaintances, and new ed Friday delighted with her trip. washed, and they are ready for well greased and allowed to burn The young people are practic off once or twice before using.

in the home of Frank Madden at crocks should be filled with cold

F. K. Stevens, McConnells addition of a little soda to to the They are best cleaned when hot. BRUSH CREEK.

Harvest is here, and with it the hot wenther.

*Viola Hixson spent a few days recently with friends at Breeze

A. W. Davall and family spent Saturday and Sunday with friends in Bedford county

C. R Alogra, W. H. Williams, and S. E. Walters, made a business trip to Everett recently.

Bertha Sieling returned to Kearney, after spending a week with friends at this place.

Misses Grace and Blanche Felton spent Sunday last, very pleasantly, in the home of E D

Albert Spide was calling on friends at this place last Batur day night. "Come again," A!-

Rosie Williams, of Saxton, is spending some time with her parents at this place.

Misses Essie Williams and Viola Hixson spent a day visiting friends at Saxton. J. H. Hixson and sous are

busily engaged in saw milling. Alex McKibbin spent Sunday evening in the home of W. H. Williams.

Mrs. Lydia Clevenger spent last week visiting relatives and friends in the Valley.

Mahlon Barton and family were visiting at J. C. Barton's last

Misses Clara, Ivv. and Marcaret Hixson spent Sunday with their uncle W. C. Hanks at Em-

Mr. and Mrs. M. E. Barton and daughter's Cecelia and Gwen Oppressive silence, and then a doline, spent Sunday at J. M. Hixson's.

Howard Wink of Bedford county spent Sunday at John Pee's.

M. W. Hixson of Emmaville "Would it be awaking too much, was visiting friends at Breeze

nest Walters, Clarence Akers "Two eggs," said the Ameri- and Wilson Williams have susied the results in book form, can sadly and patiently, "one pended business for a short

From all appearances Brush & More oppressive silence and Creek will soon be well supplied another and fainter, "Very well, with telephones, as the Bedford-Fulton telephone company has re-This time he was gone still cently added to its lines, and put collar was unbuttoned, his hair Bell Company is building a line and bleeding. Leaning over the phones. So we will be well supwaiting patron, he asked beseech piled with telephones. All we Opposite Contraction need now is a railroad.

> Nearly all old fashioned Cough Syrups are constipating, especial ly those that contain opiates. They don't act just right. Ken nedy's Lazative Cough Syrup

Mr. J. K. Johnston of McConnellsburg came over Wednesday morning in his auto to meet Mr. Sidney Giddons of the Wilmindew A passing stranger was attract- Bank of Pittsburg, who arrived caught the little fellow by his position in the above named bank. heels and, holding him up, gave a Sometime ago Mf. Giddons refew shakes, whereupon the quar- ceived information that his grandfather was yet living in London. "Well, mister," said the grate- England, and arranged for a trip before he reached London but he "No, madam," replied the found several uncles and aunts joyed his two months trip exceedingly. At a glance it can be seen that Mr. Giddens is a business ones too, are glad to see him. Success to you, Mr. Giddens -- Mercersburg Journal.

Sheet iron pans for cake and bread are preferable to tin.

Miss Lib Henry is employed to the home of Frank Madden at laddensville.

Mrs. J. A. Henry spent a few ays last week with Mrs. Robert ag to cook in.

In washing greasy kettles the iddition of a little soda to to the vater will neutralize the grease and make it much easier to clean.

In washing greasy kettles the purpose of hunting, fishing, gathering nuts or berries, on in any other manner whatever contrary to acts of assembly in such cases made and provided as the law will be rigidly enforced.



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snowed and 188 pur cop-or prised v doug.

Old Sol is busy



The weather man has gotten his bearings, and the Over cont is no longer popular.

You are just as anxious to keep cool now as you were to keep warm; and while we cannot regulate Old Sol's hot rays, we can furnish you with good, cool, serviceable elothing at zero prices.

A nice light-weight Straw Hat looks cool and comfortable, and can be had at priess from 50c. to \$1.25 in dress hats for men.

Children's Sailor and Linen Hats, 25, 50, and 50c. each. Everyday hats at 5c. to 50c.

CHILDREN'S WASH SUITS.

Why do you roast that little fellow in a heavy suit, when you can buy him a wash suit for 50, 65, 75, \$1.00. and \$1,25 per suit?



Harry E. Huston. Saltillo, Pa.

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E. R. INICCLAIN.

West End of Boardwalk.

M cConnellsburg, Pa.

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ING BUSINESS and extends every favor to their patrons and friends, consistent with sound banking. W. H. NELSON, McConneilsburg, Pa.

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