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COOKING HINTS BY EXPERTS.

Two Famous Cooks Give Valuable Information About Corn Starch as a Cooking Help.

Comparatively few housewives realize how great is the virtue of corn starch as a help in cooking and baking.

As is well known, quality in corn starch is an all-important consideration, and the two cooks found Kingsford's Oswego Corn Starch to be the best for every purpose.

With a view to giving housewives everywhere the full benefit of this investigation, the National Starch Company, successors to the old firm of T. Kingsford & Son, Oswego, N. Y., have embodied the results in book form.

This book is unique in every respect, containing not only a great many original receipts, but a carefully arranged list of helpful cooking hints and suggestions.

I will mail you free, to prove merit, samples of my Dr. Shoop's Restorative, and my Book on either Dyspepsia, the Heart or the Kidneys.

HOW TO CURE CHILBLAINS. "To enjoy freedom from chilblains," writes John Kemp, East Otisfield, Me., "I apply Bucklen's Arnica Salve.

His Business. A passing stranger was attracted by frightful screams coming from a little house not far from the road.

CLAR RIDGE. Mrs. Joshua Gosnell is visiting her daughter, Mrs. H. T. Heeter.

Care of Kitchen Utensils. Iron pots should always be boiled out first with wood ashes and cold water, then thoroughly washed, and they are ready for use.

Trespass Notice. The undersigned hereby gives notice that the lands and premises of the Fulton County Rod and Gun Club, an organization duly incorporated by the laws of Pennsylvania, situated in the townships of Wells and Brush Creek, county of Fulton and state of Pennsylvania, are private property, and that all persons are warned not to trespass on said lands and premises for the purpose of hunting, fishing, gathering nuts or berries, on in any other manner whatever, contrary to acts of assembly in such cases made and provided as the law will be rigidly enforced.

When your Watch Stops. You cannot make it go by shaking it. When the bowels are constipated you can disturb them with cathartics but, like the watch, they will not be able to do their allotted work until they are put into proper condition to do it.

Lane's Family Medicine. is the method adopted by intelligent people. Headache, backache, indigestion, constipation, skin diseases—all are benefited immediately by the use of this medicine.

After Many Trials. He was a sat faced American tourist, and as he seated himself in a London restaurant, he was immediately attended by an obsequious waiter.

"I want two eggs," said the American, "one fried on one side and one on the other."

"Two eggs, one fried on one side and one on the other."

"Very well, sir." The waiter was gone several minutes, and when he returned his face was a study.

"Would you please repeat your order, sir?" "I said very distinctly, two eggs, one fried on one side and one on the other."

Oppressive silence, and then a dazed "Very well, sir."

"Would it be awfully too much, sir, to have you repeat your order, sir? I can't think I've it right, sir, y'know."

"Two eggs," said the American sadly and patiently, "one fried on one side and one on the other."

More oppressive silence and another and fainter, "Very well, sir."

This time he was gone still longer. When he returned his collar was unbuttoned, his hair disheveled and his face scratched and bleeding. Leaning over the waiting patron, he asked beseechingly:

"Would you mind trying boiled hogs, sir? I've had some words with the cook."—Ladies Home Journal.

Brush Creek. Harvest is here, and with it the hot weather.

Old Sol is busy. The weather man has gotten his bearings, and the Overcoat is no longer popular.

Harvest is here, and with it the hot weather. Viola Hixson spent a few days recently with friends at Breeze wood.

A. W. Devell and family spent Saturday and Sunday with friends in Bedford county.

Bertha Stieling returned to Kearney, after spending a week with friends at this place.

Misses Grace and Blanche Felton spent Sunday last, very pleasantly, in the home of E. D. Akers.

Mrs. Lydia Clevenger spent last week visiting relatives and friends in the Valley.

Mr. and Mrs. M. E. Barton and daughter's Cecelid and Gwen dohne, spent Sunday at J. M. Hixson's.

From all appearances Brush Creek will soon be well supplied with telephones, as the Bedford-Fulton telephone company has recently added to its lines, and put in three new phones; and the Bell Company is building a line and will put in quite a number of phones.

Nearly all old fashioned Cough Syrups are constipating, especially those that contain opiate. They don't act just right.

Mr. J. K. Johnston of McConnellsburg came over Wednesday morning in his auto to meet Mr. Sidney Giddons of the Wilmdew Bank of Pittsburg, who arrived here on the 8 o'clock train.

His grandfather had died before he reached London but he found several uncles and aunts still living. He reports a very pleasant voyage both ways and enjoyed his two months trip exceedingly.

At a glance it can be seen that Mr. Giddons is a business young man and while he can spend but a day or two in our midst all his old acquaintances, and new ones too, are glad to see him.

Enclosed find \$2.50 for which please send The Fulton County News and The Harrisburg Patriot for one year.

Name..... Street..... R. F. D. No..... Town..... County.....

Drop a postal to-day and get our famous "Original Recipes" and "Cooking Helps".

KINGSFORD'S OSWEGO CORN STARCH. Drop a postal to-day and get our famous "Original Recipes" and "Cooking Helps".

Old Sol is busy. STRAW HATS. CHILDREN'S WASH SUITS. Harry E. Huston, Saltillo, Pa.

BOOKKEEPING. PENMANSHIP. SHORTHAND. TYPEWRITING. The Tri-State Business College, Cumberland, Md.

Fulton County News and the daily morning Harrisburg Patriot for the astonishingly low price of \$2.50 Per Year Cash in Advance.

Good Value BEAUTY CORSETS AMERICAN Low Prices BUY HERE. Hot Weather Offerings. Our showing of Mid-Summer Merchandise is very interesting in style, quality and price.

McClain's Fourth of July Store. Everything nice to eat, drink, smoke and chew. FRUIT, CANDY, TOBACCO, and CIGARS.

Fulton County Bank. (ORGANIZED IN 1887.) 3 Per Cent. Interest Paid on Time Deposits. CAPITAL STOCK and the number of Stockholders has been increased to FIFTY-SEVEN.

NO ONE need suffer with Rheumatism, Dyspepsia, Liver Trouble, Kidney Disorders, Catarrh, Diabetes, Constipation, Eczema, or any ailment arising from impure blood. One tablet of Bliss Native Herbs.

KILL THE COUGH AND CURE THE LUNGS WITH Dr. King's New Discovery FOR CONSUMPTION, COUGHS and COLDS. Price 50c & \$1.00 Free Trial.

Weak Kidneys. Weak Kidneys, surely point to weak kidney Nerves. The Kidneys, like the Heart, and the Stomach, are the organs that control and guide and strengthen them.

Dr. Shoop's Restorative. W. S. DICKSON.

FULTON COUNTY NEWS is the people's paper. \$1.00 a Year in Advance.