

An Old Painter's Ideas.

The Autumn season is coming more and more to be recognized as a most suitable time for house-painting.

There is no frost deep in the wood to make trouble for even the best job of painting, and the general seasoning of the Summer has put the wood into good condition in every way.

All this is assuming, of course, that the paint used is the very best to be had—the purest of white lead and the purest of linseed oil, unadmixed with any cheapener.

Shampooing Children's Hair.

Once a month is considered often enough for shampooing a child's hair, and then it should be thoroughly done.

To Produce Sleep.

A sudden and startling awakening in the night, apparently due to no particular cause, often leaves the sufferer so wide awake that sleep afterward is almost impossible.

Her Costume.

The Toledo Blade tells this story: She was a plump figure and was dressed extremely despoletta as she sang at the concert that beautiful little song, "I'm Wearing Awa."

Notes on Headwear.

A wonderful use of buckles has been revived for hats—buckles plain or fancy, some of them even glowing with richly colored stones.

Feminine Authors "Best Sellers."

Merely as a matter of statistics, without attempts to draw any deductions, the Bookman has discovered that of the twenty-nine books which have appeared in its list of best-selling books during the year 1905, thirteen were written by men, eleven by women, three were collaborations in which husband and wife worked together, and one was a collaboration of three women.

A Chance For the Girls.

There are a great many women who are making a great success of poultry raising. The writer has in mind two ladies living near him who are in partnership in the poultry business, and by the way they live they must surely make in the neighborhood of \$1000 a year each.

Wise Girl.

Now, there was a certain girl, and she had three wooers. The first wooer said she was the whole world to him. But she frowned upon his suit.

WOMAN'S REALM

Household Matters.

Paper Napkins. A very exquisite housekeeper will put at each plate a damask napkin and a paper napkin.

To Whiten Steps. It is very often a difficulty to restore steps, which have become green, to their original whiteness.

Rose Jay That Will Last. Gather the rose petals in the morning; let them stand in a cool place for one hour to dry.

French Cooking Terms. Aspic—Savory jelly for cold dishes. Au gratin—Dishes prepared with sauce, cheese and crumbs and baked.

Give All Foods Hot. The temperature of the body in the old is lower than in the middle aged. This loss of heat is a symptom of lessened vitality.

The new mohairs are beautiful, and come in a variety of all colors. Square sofa pillows in dark green plush, perfectly plain, are very attractive decorations.

Black kid false uppers to use for long gloves, fastened at the bottom by one large button are useful.

Small grandfather's clock in plain, bright silver and small square ones in the same ware are pretty ornaments.

Dress suit cases with extension bellows sides, which, when not in use strap tightly into the case are convenient.

Not only laces but batiste and the batiste embroideries are dyed to match the frock material where one tone is desired.

A straw-collared hat in small round shape with little pink roses and pink satin ribbon bows at the back is a charming style for the blonde who looks pale in blue.

A necklaces of a number of gold chains in which at intervals were round gold rings with tiny gold roses, hanging from which were pendants of pearls is the latest fashion.

The white petticoats to be found in the shops this season are so elaborate and pretty that ladies are buying them quite as much for wear with dainty matings in their rooms as to wear beneath their dressy gowns.

When the skirt of light weight wool is finished with wide tucks, a satin ribbon a bit wider than the tuck sewed underneath and showing below adds to the decorative effect of the tuck causing it to set out somewhat and furnishing an effective border.

The very newest wrap to accompany the corselet skirt is a short cape trimmed with stitched bands and tucks agreeing with the skirt decoration. This style of cape, while it has no sleeves, is semi-fitted at the back and front, the figure being thus somewhat defined, and has a belt that holds the back in place.

Paris. At its worst, kills eight out of every 100 patients.

Popular Science

The sound of a bell which can be heard 45,000 feet through the water can be heard through the air only 456 feet.

The Chinese Government has ordered the immediate establishment of a department of mines in each of the seventeen provinces.

Paul J. Rainey, a wealthy New Yorker, is having a wireless system of telegraphy installed on his yacht, Anona, which will be the first American steam yacht thus equipped.

The pyromons has just recently been discovered. It was found off Avalan Bay. It is about a foot long, with an opening at the end. It emits a faint glow until touched or frightened, whereupon it blazes out in a vivid blaze of green light.

Butter with a fishy taste has aroused complaint in Australia, where investigation has shown that the flavor has no connection with fish, but is due to one or more of four micro-organisms.

The newly patented electric cooking stove of Professor Elhu Thompson is heavily jacketed outside by a layer of asbestos, fire-clay or mineral wool, and is provided with a lid of the same character.

Curious figures are obtained by Dr. W. J. Russell when sprinkled dust or other fine powder is magnified over a plate of glass, copper, chrome, cardboard or other material, the plate being about twelve degrees C. warmer than the air.

Is the earth made up of three concentric spheres? A physicist says that such is the case. The solid nucleus he supposes to be between 2000 and 7000 miles in diameter and this is surrounded by a liquid stratum, outside of which is the crust, variously estimated at seventy to 200 miles in thickness.

The Uses of Oil. Every person requires a certain amount of oil in his food in order to be healthy. Our ancestors lived to a large extent on olives, peanuts, chestnuts and other nuts containing oil.

Doctors will do well to instruct their patients to use pure olive oil in moderate doses, also as a dressing for various salads. Various kinds of nuts have a high dietetic value, because of the oil which they contain, and be used, to advantage.

Nature furnishes us many cures for the successful treatment of diseases, if we will but study her methods instead of following fads. The result will be greater progress in building up resistance and immunity to disease.

Kubelik, the noted violinist, was once playing by request before some inmates of an insane asylum, the superintendent of which believed that music was a fine medicine for unbalanced minds.

No Setting For Jewels. Pointing to her sons, Corneil had just exclaimed, "These are my jewels!"

"Then," replied the heartless janitor, "you'll have to keep them in the safe. As children they ain't allowed in this apartment house."

HERITAGE OF CIVIL WAR. Thousands of Soldiers Contracted Chronic Kidney Trouble.

The experience of Capt. John L. Ely, of Co. E, 17th Ohio, now living at 509 East Second street, Newton, Kansas, will interest the thousands of veterans who came back from the Civil War suffering from troubles with kidney complaint.

"I contracted kidney trouble during the Civil War, and the occasional attacks finally developed into a chronic case. At one time I had to use a crutch and came to get about. My back was lame and weak, and besides the aching, there was a distressing retention of the kidney secretions. I was in a bad way when I began using Doan's Kidney Pills in 1904, but the remedy cured me, and I have been well ever since."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

ETHER AS A FERTILIZER. A rage for experimentation that seems hardly scientific, since there is often no theory which the experimenter seeks to prove, is producing results all the more remarkable because unexpected.

THE PRIZE. "Ready for that stroll on the beach, Miss Summergirl?" asked the young man.

DOCTOR CURED OF ECZEMA. Maryland Physician Cures Himself—Dr. Fisher Says: "Cuticura Remedies Possess True Merit."

HONEST AUCTIONEER. Lawyer—My wife bought this rug in my office at an auction sale. Client—She paid a big price for it, too.

MR. WINSLOW'S SOOTHING SYRUP FOR CHILDREN. Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

60 Bushels Winter Wheat Per Acre. That's the yield of Sauer's Red Cross Hybrid Winter Wheat. Send 2c in stamps for free sample of same, also catalogue of Winter Wheat, Hay, Barley, Clover, Timothy, Grasses, nuts, trees, etc. for planting.

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all inflamed, ulcerated and catarrhal conditions of the mucous membrane such as nasal catarrh, uterine catarrh caused by feminine ills, sore throat, sore mouth or inflamed eyes by simply dosing the stomach.

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