## THREE FACTS

## or Sick Women To Consider

press.—That almost every operation our hospitals performed upon women comes necessary through neglect of a symptoms as backache, irregular d painful periods, displacements the female organs, pain in the side, raing sensation in the stomach, aring down pains, nervousness, diz-

SECOND.—The medicine that holds e record for the largest number of solute cures of female ills is Lydin Pinkham's Vegetable Compound. regulates, strengthens and cures hing else can.

For thirty years it has been helping omen to be strong, curing backache rrousness, kidney troubles, inflam of the female organs, weakation of the remaie organs, weak-iss and displacements, regotating e periods perfectly and overcoming elr pains. It has also proved itself valuable in preparing women for lidbirth and the change of life.

THERD.-The great volume of unsorans.—The great volume of unso-ited and grateful testimonials on file the Pinkham Laboratory at Lynn, ass, many of which are from time to me published by permission, give ab-lute evidence of the value of Lydia Pinkham's Vegetable Compound and . Pinkham's advice.

Mrs. Pinkham's Standing Invitation Women .-- Women suffering from any m of female weakness are invited to m of female weakness are invited to omptly communicate with Mrs. Pink-im, at Lynn, Mass. All letters are selved, opened, read and answered women only. From symptoms given, our trouble may be located and the pickest and surest way of recovery vised. Mrs. Pinkham is daughter-law of Lydia E. Pinkham and for enty-five years under her direction d since her decease she has been adsingsick women free of charge. Out of a vast volume of experience in treat-g female ills Mrs. Pinkham probably a the very knowledge that will help or case. Surely, any woman, rich or or, is very foolish if she does not take vantage of this generous offer of

## Don't Get Wet!

TOWER'S SLICKERS will keep you dry as nothing else will, because they are the product of the best materials and seventy years' experience in manufacturing. TOWERS A. J. TOWER CO.



Boston, U.S.A.



ESTABLISHED JULY 6 1876. CAPITAL \$2,5000 L. DOUGLAS MAKES & SELLS MORE EN'S \$3.50 SHOES THAN ANY OTHER NUFACTURER IN THE WORLD. \*\*NUFACTURER IN THE WORLD.
\$10,000 REWARD to anyone who can diagrove this statement.

I could take you into my three large factories brockton, Mass., and show you the infinite with which every pair of shoes is made, you ald realize why W. L. Douglas \$3.50 shoes more to make, why they hold their shape, better, wear longer, and are of greater finish value than any other \$3.50 shoes.

L. Douglas Strong Made Shoes for len, \$2.50, \$2.00. Boys School & Peas Shoes, \$2.50, \$2.51.75, \$7.50 AUTION,—Instat upon having W.L. Douglas Shoes, \$2.50, \$2.51.75, \$7.50 AUTION,—Instat upon having W.L. Douglas Shoes, \$2.50, \$2.51.75, \$7.50 in the property of the prope

W. L. DOUGLAS, Brockton, Mass. ENSIONFOR AGE, a new order will give sen sion for aga write me at once for blanks and instructions of charge. No Pension, No Pay, Address H. Will. S, Wills Building, 312 Indiana Ava, hington, B. C. Patenss and Trade-starks

LD-MINING STOCK FREE.—For a short time cant of stock free in the greatest weld-mining residen in the world's history. Many fortunes a to be made. This is your winden unperturbly the today Bon't delay. AEMO-O-CENTRA-BOO, Tract Seciety Brilding. New York.

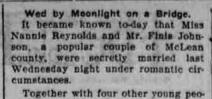
VERTISE IN THIS PAPER. IT WILL PAY

HEGREAT WHITE PLAGUE AND VACCINATION as the CAUSE. Send book. 10c. . to C. L. Seward, Liberty, Ind. Thompson's Eye Water

S a renovator of soil and as a food for stock, the cow pea unsurpassed. To get the largest possible yield of cow peas from any given soil, a plentiful application of Potash is necessary.

The best methods leading to certain success are fully explained in the 65-page illustrated book, which we send free to farmers who write for it. It tells of the remarkable results attained with cow peas nourished upon Potash.

Address, GERMAN KALI WORKS, 93 Nassau St., New York.



ran ahead to the church and got the

services of the preacher. The cere-

mony was performed on the bridge

and the minister read the license by

the light of the moon.-Owensboro

STOPS BELCHING.

Cures Bad Breath-Positive and Instant

Cure Free-No Drugs-Cures

A sweet breath is priceless.

Muli's Anti-Beich Waters will cure had breath and bad taste instantly. Belching and bad taste indicate offensive breath, which is due to stomach trouble.

Muli's Anti-Beich Wafers purify the stomach and stop belching, by absorbing foul gases that arise from undigested food, and by supplying the digestive organs with natural solvents for food.

They relieve sea or car sickness and nausea of any kind.

They quickly cure headache, correct the

They quickly cure headache, correct the ill effect of excessive eating or drinking. They will destroy a tobacco, whisky or onion breath instantly.

They stop fermentation in the stomach, acute indigestion, cramps, colic, gas in the stomach and intestines, distended abdomen, heartburn, bad complexion, dizzy spells or any other affliction arising from a diseased stomach.

We know Mull's Anti-Belch Wafers will do this, and we want you to know it. This offer may not appear again.

GOOD FOR 25c.

Send this coupon with your name and address and your druggist's name and 10c. in stamps or silver, and we

and loc. in stamps or silver, and we will supply you a sample free if you have never used Mul's Anti-Belch Wafers, and will also send you a certificate good for 25c. toward the purchase of more Belch Wafers. You will find them invaluable for stomach trouble; cures by absorption. Address MULL's GRAPE TONIC Co., 328 3d Ave., Rock Island, Iil.

Give Full Address and Write Plainly,

All druggists, 50c. per box, or by mail apon receipt of price. Stamps accepted.

A great deal of money is saved by not having

To Launder Lace Curtains.

To Launder Lace Curtains.

Shake the dust from the curtains, and soak over night in cold water. In the morning rinse through several cold waters before putting them into the suds. Then wash through hot Ivory Soap suds by sopping and squeezing. Use a second suds and leave for an hour in boiling water. Rinse, dr. and then starch. Stretch in frames or by pinning to sheets.—ELEANOR R. PARKER.

A nice thing about being a widow is her hair never gets gray.

\$100 Reward. \$100.

The readers of this paper will be pleased to learn that there is at least one dreaded dis-ease that science has been able to cure in all itestages, and that is Catarrh. Hall's Catarrh

Cure is the only positive cure now known to the medical fraternity. Catarrh being a con-

the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's CatarrhCure is taken internally, acting directly upon the blood and mucous surlaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faithin its curative powers that they offer One Hundred Dollars for any case that it falls to cure. Send for list of testimonials. Address

Send for list of testimonials. Address F. J. Chener & Co., Toledo, O.

Sold by Druggists, 75c. Take Hall's Family Pills for constipation.

Europe, in comparison with America,

as not one-fifth the railway milage per

10,000 of population, as against 25.9 miles in the United States. The mil-

age in Prussia per 10,000 of the popu-

FIT'S permanently cured. No fits or nervous-ness after first day's use of Dr. Kilne's Great Nerve Restorer, #2trl abottleandtrentisefres Dr. R. H. Kilne, Ltd., #81 Arch St., Phila, Pa.

Probably no famous bird has a smaller habitat than the bird of paradise.

Mrs. Winslow's Soo.hing Syrup for Children

trething, softens the gums, reduces inflamma-tion, allays pain, curs vind colle, 25c, a bottle

The public executioner of the Grand Duchy of Hesse has been fined \$20.

TERRIBLE SCALP HUMOR.

Head Covered With Humor Sores, With

Loss of Hair-Another Speedy Cure

"All my life I had been troubled more

or less with humor in my scalp, but about

a year ago it became worse, and my scalp was covered with little sores, which

tiched so it nearly made me crasy; my hair also began to get dry and fall out. I tried all kinds of hair restorers with no effect, and I was nearly discouraged, but

one day I was reading in a paper what the Cuticura Remedies had done for scalp

diseases, and decided to make a trial. I got a cake of Cuticura Soap, a box of Cuticura Ointment and Cuticura Resolvent Pills. I used them according to direc-

Pills. I used them according to direc-tions, and soon noticed a difference; the

tions, and soon hotteed a direction, the tiny sores on my scalp began to heal, the itching stopped, and my hair began to grow thick. I have used only the one cake of Cuticura Scap, one box of Cintment and one vial of Pills, and now I

have no humor on my scalp and now 1 is soft and silky. Miss Mayrie C. Atkins, Box 32, East Orleans, Mass., Mar. 19, 1905."

A man can give people a lot of pleasure by let-

by Cuticuan Remedies.

capita, the figures being 45 miles

ation is about 18.

4216

by Absorption.

correspondence Nashville Banner.

ple the couple started to prayer meet-A Wilkesbarre (Pa.) man has carried ing. When the iron bridge over Cyone-inch mail in his neck for twenty press Creek was reached Miss Reynolds announced that they had decided to be married at once. The Hereafter British members of Parbridegroom had secured the license the day previous and one of the party

liament will be able to get a twentyfive cent dinner in the House restaurant if they don't wish to pay more. Dainty little india-rubber boots are

Worth howing

BHINGS

now offered fer sale in London for the "feet" of toy terriers or other dogs that may be the pets of wealthy mistresses. These are tied round the logs with

The report of the proceedings of the House of Lords used to be considered a breach of privilege, but in 1831 gallaries were erected for the use of reporters, although it was not until 1835 that they were erected in the House of Commons.

Ballarat, Australia, Las just celebrated the golden jubilee of its muni-cipal existence. In the course of the jublice banquet it was stated that in the half century gold of the value of \$360,000,000 had been taken out within a radius of three miles around the Bal-Inrat city hall.

The extent of New Bedford's interest in the whaleships that are believed to be caught in the Arctic ice trap, between Baille Island and Point Barrow, can be measured by the fact that of the 440 men on the whalers about 100 live in New Bedford and neighbor-

At one time the London Zoo had a standing offer of \$5000 for a good adult male giraffe. Not only are the animals se ree in Africa, but the work of transporting them oversea is the despair of every wild beast importer. And even when after infinite solicitude and care they landed safely in New York, Hamburg or London, they are

It is a curious coincidence in connection with the re-election of Mr. Lloyd-George for the Carnarven District that when the returning officer ascertained the figures the illuminated clock outside the Town Hall, -here the counting took place, gave by its time the exact majority to the thousands of people who were waiting outside-viz., 12.24 p. m., the majority being 1224.

Sometimes it pays a man to keep his wife posted as to his business. "A Cetfeeville man," says the Journal of that Kansas town, "advertised in a local paper that he would like to buy a second-hand lawn mower. He received an answer which struck him favorably, and after corresponding some time found out that his wife was trying to sell him their old lawn mower to get money for Christmas presents."

#### A "Supermarine" Boat.

A novel form of high-speed boat has recently been devised by a French engineer, M. de Lambert, which involves a radical departure from all previous designs of hull. It is termed a "skating," or "supermarine," boat, for it is constructed to glide along the surface of the water rather than experience resistance by being immersed and pass ing through. This is accomplished by means of five inchned planes which are fixed on the the bottom of the hull. and which, when the boat is at rest. are a few inches in the water. When the engine is started the hull is raised. so that the boat runs with less resistance on the inclined planes, which then rest on a mixture of air and

With a twelve horse-power petroleum motor it is reported that a speed of from twenty-six to twenty-eight knots an hour can be made, a rate not always attained by motor-boats with eighty horse-power engines. The new boat is also capable of being handled with considerable facility and stopped read-

The attainment of high speed by motor-boats which run on the surface of the water, rather than through it, has attracted some attention lately, and an English high-speed boat was built where this idea was considered in designing the hull, but the use of the inclined planes to diminish the resistance as carried out is quite novel, and will doubtless be tried further .-- Harper's Weekly.

Bacteriological. Two Congressmen were talking about the late Jerry Simpson.

"He was a level-headed man," said the first. "He was a fee to fads. He had a shrewd humor.

"He and I and a clergyman one day lunched together. The clergyman was a faddist of a marked type. He carried a pocket microscope, wore health underwear, and so on and so forth. "This clergyman wouldn't drink any

water with his lunch. 'I wouldn't dare to do so,' he said solemnly. 'It is so full, you know of animalculae. I never drink water un-less it has been bolied."

"Congressman Simpson emptied his glass, and looked at the clergyman with

a quizzical smile. 'I drink my water raw,' he said.

I'd rather be an aquarlum than a rave." "-Detroit Free Press.

A large number of buttons now in use, purporting to be made out of born or bone or ivory, are in reality made out of the common potato, which, when treated with certain acids, becomes almost as hard as stone. This quality of the petate adapts it to button making, and a very good grade of button is now made from the well known tuber. The potato button cannot be distinguished from others save by a careful examination, and even then only by an expert, since they are colored to suit the goods on which they are to be used, and are every whit as good look-ing as a button of bone or ivory.

Paris automobile owners must make two declarations at the Prefecture of Police, one as to the type of vehicle and power of the motor, and the other for obtaining permission to drive after COMMERCIAL

R. G. Dun & Co.'s "Weekly Review

has just reached its destination. was written in the little island of Alsen by his parents to Able Seaman Opening of Spring trade is not precep-Hammer, who at that time was on a tibly retarded by the partial interruption vessel visiting American ports. It arto coal mining, except in the immedrived in New York just after Hammer iate vicinity of the anthracite mines. had sailed and followed his wander-High temperature not only broadens the ings until at length it was returned demand for seasonable merchandise, to the senders. Meanwhile Hammer had settled at Swartzkopf and his pabut stimulates agricultural operations, reopens northern navigation and starts many contemplated building operations. Were it not for a few labor controversies, rents have now succeeded in sending their long delayed letter direct to the commercial horizen would be cloud-less. Pht some manufacturing plants will Woodcock Carrying Its Young. be compelled to suspend if the fuel supply is cut off, and structural work is inter-

rupted by demands for higher wages in certain localities. That the year 1906 started out to eclipse all records is evidenced by bank exchange, 18 per cent, larger than in the first quarter of the previous prosperous year, while liabilities of commercial failures averaged only 81 cents to each 1000 f solvent payments through the clearing houses, which is the lowest commercial death rate for the first three months of

Progress in the iron and steel industry has not suffered as yet from the partial suspension of coal mining, and new business comes forward each week in great pronounced in the structural steel divis-

Wheat, including flour exports from the United States and Canada for the week, are 2,155.816 bushels, against 1,-542,852 last week; 886,017 bashels this week last year; 1.854,000 bushels in 1904, and 2.833,285 bushels in 1903. Corn exports for the week are 3,103,586 bushels, against 2,543,479 last week; 3,366,-347 a year ago; 1,028,007 bushels in 1904, and 2,654,732 in 1903.

#### WHOLESALE MARKETS.

Baltimore,-FLOUR-Firm and un-changed, Receipts, 3,783 barrels; ex-22,729 barrels, WHEAT-Firmer. 8314@8314; March, 8314@8314; April, 831/2@8314; May, 841/4@841/2; steamer No. 2 red, 811/4@811/2; Southern on

rade, 7614@8314. CORN—Firmer. CORN-Firmer. Spot, 48/4@48/4; March 48/4@48/4; April, 49/4@49/4; May, 50@5036; July, 51 asked; steamer mixed, 4734@4752. Receipts, 14,976 bushels; exports, 366,895. Southern bushels; exports, 366,895. Southern white corn, 4734@4934; Southern yellow corn, 4612@4834.

OATS—Firmer. No. 2 white, 37@

371/2; No. 3 white, 36@361/2; No. 2 mixed, 35@35½. Receipts, 10,340 bushels; exports, 40 bushels.

RYE—Firm. No. 2 Western, 65@5½ export; 68@70 domestic. Receipts,

986 bushels.
BUTTER—Steady and unchanged.
Fancy imitation, 20@21; fancy creamery, 28@29; fancy ladle, 17@18; store pack-

ed, 14@15. EGGS—Steady and unchanged, at 15. CHEESE—Firm and unchanged. Large, September, 1434; November, 14; medium, September, 141/4; November, 14; small, 14@14/4. UGAR-Steady and unchanged.

Coarse granulated, 5; fine, 5.
New York,—WHEAT—Receipts, 73. 000 bushels; exports, 148,211 bushels; sales, 4,800,000 bushels futures; spot firm; No. 2 red, 86 nominal elevator; No. 2 red, 89 nominal f. o. b. afloat; No. 1

red, 89 nominal f. o. b. afloat; No. 1
Northern Duluth, 89 f. o. b. afloat.
CORN—Receipts, 37,625 bushels; exports, 107,003 bushels; spot firm. No. 2
54 elevator, and 5134 f. o. b. afloat; No. 2
yellow, 5234; No. 2 white, 5234.

OATS—Receipts, 33,000 bushels; exports, 7,955 bushels; spot firm; mixed oats, 26@32 pounds, 3534; natural white, 30@33 pounds, 36@37; clipped white, 38
(40 pounds, 3734@3934.

FLOUR—Receipts, 13,818 barrels; ex-

FLOUR—Receipts, 13,818 barrels; exports, 23,792 barrels. Dull but firm.
POULTRY—Alive, firm; Western chickens, 11½; ic vls, 14½; turkeys, 16
@18. Dressed, irregular; Western chickens, 10,013; turkeys, 14,000; feels. ens, 10@13; turkeys, 14@19; fowls, 11

EGGS—Barely stendy. Receipts, 11,-571. Western firsts, 15½@15¾. LARD—Firm. Western steamed, 8.40 @8.50 nominal; refined, firm, COTTONSEED OIL—Firm. Prime

crude, f. o. b. mills, 261/2; do. yellow, 33@34. SUGAR—Raw, steady; fair refining, 31-16; centrifug: 1, 96 test, 39-16; molas-es sugar, 234; refined quiet.

### Live Stock

New York,-BEEVES-Receipts, 3, 479. Good, medium and light steers, steady; others slow, and 10@15c off; 4 cars unsold. Bulls, firm. Medium and common cows, steady; fat cows, strong. Steers, 4.95@5.671/2; oxen, 4.50; bulls, 3.25@4.60; cows, 2.10@4.20.

CALVES-Market steady, and prime heavy, firm. Common to prime veals, 400@9.00; few choice, 9.50. Dressed calves, strong; city dressed veal. 9@ 131/sc per pound; country dressed, 8

SHEEP AND LAMBS-Sheep, nominal; very little inquiry for lambs; 8 cars held over. Medium to good lambs, 7.00 @7.40; choice natives would sell at 7.50 upward, but none here, HOGS-Market steady; good State

hogs sold at 7.00. Chicago,—CATTLE,—Market steady;

common to prime steers, 3.85@6.40; cows, 3.65@4.40; heifers, 2.75@5.35; bulls, 2.60@4.25; calves, 3.00@7.00; stockers and feeders, 2.75@4.75. HOGS—Market 5c higher. Choice to prime heavy, 6.50@6.52½; medium to good heavy, 6.45@6.50; butcher weights,

6.45@6.521/2; good to choice heavy i ed. 6.45@6.471/2; packing, 6.10@6.45. SHEEP-Market, sheep steady; lambs, best, 10c higher; others steady.

Sheep, 4.50@6.25; yearlings, 5.75@6.40; lambs, 4.75@6.85.

### IN THE FIELD OF LABOR.

With all Russia's cruelties, she will not allow children under 12 years of age to work in a mill or factory. Dredge and tug men on the Great

Lakes are moving to have their hours out down from sixteen to eleven hours Chicago (Ill.) Cigarmakers' Local

Unions have taken steps to raise a union labor assassment to thwart the plans of the Illinois Manufacturers' Association to boycott all union labels. Secretary Hibbert has forwarded a charter of the United Textile Workers to the Textile Workers of Peacedale, R. I.

Ten new unions have been organized Montreal, Canada, during the past

two months. Ch'cago (Ill.) plasterers are contem-plating sending the employers a request for \$5.50 a day, a raise of \$1.00 a day. The Commercia, Telegraphers' convention will be held in Cincinnati, beginning May 7. Delegates will be present from all parts of the United States and Canada.

Plants That Throw Off Heat. letter malled eighteen years ago It appears that many plants throw

off heat. A remarkable instance is of fered by the Alpine Soldanella. Its flowers actually bore, or rather melt their way through the hard snow Sometimes, indeed, the flower opens before it reaches the surface, so that it actually blooms in a little hole in the snow. Usually, however, it reaches the surface and hangs out its pretty violet bells above the snow, looking as if stuck into it. Growing through the snow is due to the heat developed by the vegetative process.

Wedding Finery Hard to Find.

I was shooting snipe near Angola, N. Y., with Ralph West of that place, Some of the women of Norway, Me. recently participated in a wedding when the dog made a point in a bunch gown party. All present wore wedof popple in one corner of the snipe ding finery of some sort. A pair of ground. On our going up to him a gloves was all that one woman could woodcock flushed with a young bird muster of her one-time trousseau. Anabout the size of a sparrow between other had a pair of gownless sleeves, its legs and flew about thirty yards in while still another could only find the yoke of a walst of thirty years ago. On looking in ahead of the dog we One shrewd matron borrowed an outfit found a nest with another young one from a recent bride, thus meeting the in it .- Forest and Stream.

Alaska Journal of Public Opinion. A copy of the Alaska Forum, a little S by 12 weekly, published at Rampart, Alaska, in 1902, informs us that the Fourth of July celebration was unant mously conceded to be the most suc-cessful of any held in Rampart." Sports and transportation news seems to take up much of the four tiny pages. There are five saloon "ads."

The town has a turkish bath for ladies and a "Boston store," It is also noted that horses turned out the previous fall in the Chestochena country came out well in the spring.

Sues Bar Association. Mathew E. O'Brien of Bridgeport,

Conn., is making an effort to force the bar association of his county to admit him to practice, or show cause why he should not be allowed to do so. He has passed his examinations, but the bar association declined to admit him to membership. He proposes to force the issue through a bill in equity, laying stress on the fact that any other view of the matter transforms the association into a complete monopoly.

# Rise Liars,

## And Salute Your Queen Ho, All Ye Faithful Followers of Ananias GIVE EAR!

A Young Girl said to a Cooking School Teacher in New York: "If You make One Statement as False as That, All You have said about Foods is Absolutely Unraliable."

This burst of true American girl indignation was caused by the teacher saying that Grape-Nuts, the popular pre-digested food, was made of state bread shipped in and sweetened.

The teacher colored up and changed

There is quite an assortment of traveling and stay-at-home members of the tribe of Ananias who tell their falsehoods for a variety of reasons.

In the spring it is the custom on a cattle ranch to have a "round-up," and brand the cattle, so we are going to have a "round-up," and brand these cattle and place them in their proper

#### FIRST PASTURE.

Cooking school teachers-this indudes "teachers" who have applied to us for a weekly pay if they would say "something nice" about Grape-Nuts and Postum, and when we have declined to hire them to do this they get waspy and show their true colors. This also includes "demonstra-

tors" and "lecturers" sent out by a sertain Sanitarium to sell foods made there, and these people instructed by the small-be-whiskereddoctor-the head of the institution -to tell these prevarientions (you can speak the stronger word if you like). This same little doctor couducts a small magazine in which there is a department of "answers to correspondents," many of the mestions as well as the answers being written by the aforesaid doc-

In this column some time ago appeared the statement; "No, we can not recommend the use of Grape-Nuts, for it is nothing but bread with glucose poured over U." Right then he showed his badge as a member of the tribe of Ananias. He may have been a member for some time before, and so he has caused these "lecturers" to descend into the ways of the tribe wherever they

When the young lady in New York put the "iron on" to this "teacher" and branded her right we sent \$10.00 to the girl for her pluck

#### SECOND PASTURE. Editors of "Trade" papers known

ns grocers' papers. Remember, we don't put the brand

on all, by any means. Only those that require it. These members of the tribe have demanded that we carry advertising in their papers and when we do not consider it advisable they institute a campaign of vituperation and slander, printing from time to time manufactured slurs on Postum or Grape-Nuts. When they go far enough we set our legal force at work and hale them to the judge to answer. If the pace has been hot enough to throw some of these "cattle" over on their backs, feet tied and "bellowing," do you think we should be blamed? They gambol around with talls held high and jump stiff legged with a very "cocky" air while they have full range, but when the rope is thrown over them "it's different."

Should we untie them because they bleat soft and low? Or should we put the iron on, so that people will know the brand?

Let's keep them in this pasture. anyhow.

#### THIRD PASTURE. Now we come to a frisky lot, the

'Labor Union" editors. You know down in Texas a weed called "Loco" is sometimes eaten by a steer and produces a deraugement of the brain that makes the steer "batty" or crazy. Many of these editors are "Locoed" from hate of anyone who will not instantly obey the "demands" of a labor union, and it is the universal habit of such writers to go straight into a system of personal villification, manufacturing any sort of falsehood through which to vent their spleen. We assert that the common citizen has a right to live and breathe nir without asking permission of the labor trust, and this has brought down on us the hate of these editors. When they go far enough with their libels, is it barsh for us to get Judgment against them and have our lawyers watch for a chance to attach money due them from others? (For they are usually irresponsible). Keep your eye out for the "Lo-

coed" editor.

n the making of Grape-Nuts, we will carbohydrates (insoluble), 25.97

all times to visitors, and thousands tion of proteid, mineral matters, and pass through each month, inspecting soluble carbohydrates per cent. The every department and every process, mineral matter was rich in phosphoric

The work people, both men and wo-

Let us tell you exactly what you will see when you inspect the manufacture of Grape-Nuts. You will find tremenlous elevators containing the choicest wheat and barley possible to buy. These grains are carried through conveyers to grinding mills, and there converted into flour. Then the maquantities of this flour in the proper every success proportion and these parts are blended and London into a general flour which passes over to the big dough mixing machines, there water, salt and a little yeast are added and the dough kneaded the proper will back it with any amount of money will back it with any amount of money will back it with any amount of money and the control of the c

length of time.

Remember that previous to the barRemember that previous to the barWe propose to follow some of these
We propose to follow some of these ley having been ground it was passed through about one hundred hours of choice specimens of the tribe of Ana sonking in water, then placed on warm floors and slightly sprouted, developing Wi

form of sugar. into loaves about 18 inches long and 5 or 6 inches in diameter. It is put into this shape for convenience in second

These great loaves are sliced by matchinery and the slices placed on wire trays, these trays, in turn, placed on propose to clear the deck of these pregreat steel trucks, and rolled into the varicators and liars whenever and secondary ovens, each perhaps 75 or 80 wherever they can be found. feet long. There the food is subjected to a long, low heat and the starch which has not been heretofore transformed, is turned into a form of sugar und this sugar is not poured over or put on the food as these prevarientors ignorantly assert. On the contrary the sugar exudes from the interior of each little granule during the process of manufacture, and reminds one of the little white particles of sugar that come stand for a length of time.

This Post Sugar is the most digestible food known for human use. It is ble food known for human use. It is so perfect in its adaptability that moth-ers with very young infants will pour brands the whole discourse as absolutea little warm milk over two or three spoonfuls of Grape-Nuts, thus washing the sugar off from the granules and "mavericks" whenever you find them carrying it with the milk to the bottom running loose.

of the dish. Then this milk charged with Post Sugar is fed to the infants, producing the most satisfactory results, for the baby has food that it can digest quickly and will go off to sleep well fed nd contented. When baby gets two or three months old it is the custom of some mothers to allow the Grape-Nuts to soak in the

milk a little longer and become mushy. fed in addition to the milk containing the washed off sugar. It is by no means manufactured for a aby food, but these facts are stated as

an illustration of a perfectly digestible It furnishes the energy and strength for the great athletes. It is in common use by physicians in their own families and among their patients, and can be seen on the table of every first-class

ollege in the land. We quote from the London Lancet

analysis as follows: "The basis of nomenclature of this preparation is evidently an American pleasantry, since 'Grape-Nuts' is derived solely from cereals. The preparaory process undoubtedly converts the food constituents into a much more digestible condition than in the cereal. This is evident from the remarkable solubility of the preparation,

no less than one-half of it being soluble in cold water. The soluble part contains chiefly dextra and no starch. In Now let all these choice specimens appearance 'Grape-Nuts' fried bread-crumbs. The resembles The grains are ake notice:

We will deposit one thousand or not unlike slightly burnt mait. Accorda fike amount from them, or any one of them, and if there was ever one ounce of old bread or any other income. them, and it there was ever one office of old bread or any other ingredient of old bread or any other ingredient 15.00 per cent.; fat, 1.60 per cent.; proteids, 15.00 per cent.; soluble carbohydrates, barley with a little salt and yeast used Our pure food factories are open at this analysis are the excellent proporfactories are so clean that one acid. 'Grape-Nuts' is described as a with good relish, eat a meal brain and nerve food whatever that the floors.

shows that it is a nutritive of a high men, are of the highest grade in the State of Michigan, and according to the State of Michigan, and according to the State of Michigan, and according to the State labor reports, are the highest paid and rich proportion and in an easily as in the State for similar work.

An analysis made by the Canadian Government some time ago shows that Grape-Nuts contains nearly ten times the digestible elements contained in ordinary cereals, and foods, and nearly twice the amount contained in any other food analyzed. The analysis is familiar to practically

every successful physician in America We print this statement in order that

When you hear a cooking school the diastase in the barley, which teacher or any other person assert that

changes the starch in the grain into a either Postum or Grape-Nuts are made of any other ingredients than those Now after we have passed it into dough and it has been kneaded long enough, it is moulded by machinery and address, also name of two or three enough to get a judgment we will right that wrong quickly. Our business has always been con-

ducted on as high a grade of human in-Attention is again called to the gen-

eral and broad invitation to visitors to go through our works, where they will be shown the most minute process and device in order that they may undergenerally known as Post Sugar. It can be seen glistening on the granules of stand how pure and clean and whole-Grape-Nuts if held toward the light.

There is an old saying among busi-ness men that there is some chance to train a fool, but there is no room for a liar, for you never can tell where you are, and we hereby serve notice on all the members of this ancient tribe of little white particles of sugar that come out on the end of a hickory log after it has been sawed off and allowed to stand for a length of time.

Annulas that they may follow their calling in other lines, but when they put forth their lies about Grape-Nuts and Postum, we propose to give them an opportunity to answer to the proper authorities.

"There's a Reason" for

Grape-Nuts and Postum