

# THINK OF THIS

*This Pretty Matron Had Headache and Backache, and Her Condition Was Serious.*

## PER-UNA CURED.



MRS. M. BRICKNER.

99 Eleventh Street, Milwaukee, Wis.

"A short time ago I found my condition very serious. I had headaches, pains in the back, and frequent dizzy spells which grew worse every month. I tried two remedies before Per-una, and was discouraged when I took the first dose, but my courage soon returned. In less than two months my health was restored."—Mrs. M. Brickner.

The reason so many failures to cure cases similar to the above is the fact that diseases peculiar to the female sex are not commonly recognized as being caused by catarrh.

Catarrh of one organ is exactly the same as catarrh of any other organ. What will cure catarrh of the head will also cure catarrh of the pelvic organs. Per-una cures these cases simply because it cures the catarrh.

If you have catarrh write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis. Address: Dr. Hartman, President of The Hartman Sanitarium, Columbus, O.

The Sensation in Her Knees. Erma was riding with her father. They reached the railroad track just in time to cross before a freight train rumbled by. Little Erma was quite frightened to hear the train so close.

In talking about it she said: "My knees were just dizzy when we got over that track."—Little Chrouleau.

STATE OF OHIO, CITY OF TOLEDO, Lucas County.

FRANK J. CHENEY, Clerk of the Court, do hereby certify that he is the partner of the firm of F. J. CHENEY & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of CATARRH that cannot be cured by the use of HALL'S CATARRH CURE.

FRANK J. CHENEY, sworn to before me and subscribed in my presence, this 24th day of December, 1903.

HALL'S CATARRH CURE is a natural, safe, and effective remedy for all cases of Catarrh of the Head, Throat, Lungs, and Bladder. It is sold by all Druggists and Dealers.

Preparedness. Begin the morning by saying to thyself, I shall meet the busybody, the ungrateful, arrogant, deceitful, envious and unscrupulous, but I, who have seen the nature of the good, that it is beautiful, and that of the bad, that it is ugly, can be injured by none of them.—Marcus Aurelius.

Are the Packers Discovering Fair Play? When the Garfield report on the business methods of the packers appeared, after eight months' investigation, it was severely criticized and roundly denounced. After three months of publicity it is significant that those who attempted to discredit it have failed to controvert the figures contained in that exhaustive document.

The public is beginning to notice this omission, and the feeling is rapidly growing that the sensational charges out of which the "Beef Investigation" arose were without foundation. If the official statements of the report are susceptible of contradiction, a good many people are now asking why the facts and figures are not furnished to contradict them.

The truth seems to be that most of the charges contain unfounded sensational assertions. A flagrant example of this appeared in a recent article in an Eastern magazine, to the effect that "forty Iowa banks were forced to close their doors in 1903-4 by the Beef Trust's manipulation of cattle prices." Chief Clerk Cox, of the banking department of the Iowa State Auditor's office, has tabulated the list of banks given in the magazine article and has publicly denounced the statement as utterly untrue. He gives separately the reasons for each failure mentioned and officially states that they have been caused by unwise speculations and by reckless banking methods. It may be well to suspend judgment upon the packers until the charges against them are proved.

Didn't Mind. "I suppose, Jerry," said the eminent statesman, looking through his pocketbook for a new dollar bill, "like a lot of other folks nowadays, you would rather have clean money?" "Oh, that's all right, Senator," said the cabman, "I don't care how you made your money."

THE Island of Formosa produced 41,400,000 in gold last year.

Mrs. Winslow's Soothing Syrup for children's teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

Trinidad has the largest sugar estate in the British West Indies.

Flo's Cure is the best medicine we ever used for all affections of throat and lungs.—W. O. ROSS, Vanhook, Ind., Feb. 10, 1903.

Avoidance of luxury is a point of honor among Japanese fighters.

Cures Eczema, Itching Humors. Especially for old, chronic cases take Botanic Blood Balm. It gives a healthy blood supply to the affected parts, breaks all the scales, soothes the skin, stops the awful itching and burning of eczema, swellings, suppurating, watery sores. Druggists sell in large bottles, 3 bottles \$2.50, 6 bottles \$5.00, express prepaid. Sample free and prepaid by writing Blood Balm Co., Atlanta, Ga. Describe trouble and free medical advice sent in sealed letter.

The Swiss-Spanish commercial treaty expires August 31, 1905.

## PAPA'S JUDGMENT WAS OFF.

### His Boy Very Much Like Other Boys.

On the day The Boy was eleven years old he visited an artist friend who likes boys. The artist entertained him royally. He gave him a gun and cigarette coupons worth \$2.50. The Boy was proud of the gun, but he thought still more of the coupons.

"What are you going to get with them, son?" asked The Boy's mother. "I don't know," said The Boy.

His mother was about to offer a few suggestions but The Boy's father interfered.

"Just you let Bob alone, he said. 'Let him pick out his own prize. He knows what he wants as well as I do.' 'But he'll get something foolish,' argued the practical mother.

"No, he won't," said the father. "That boy's got the best judgment of any boy I ever saw. He won't throw his money away. He'll come home with something useful—something that he needs right on the spot. I wouldn't be afraid to bet on that."

So the mother finally gave in. On Saturday The Boy went down town to exchange his coupons for a prize. When he came home the family was gathered at the dinner table talking about him.

"Come, dear," said his mother, "show mama what her little boy got." They sat expectant while the boy unwrapped his prize. After a little they spoke. The mother said, "Oh, oh! oh!" and the father said, "Well, I'll be blessed!"

The boy had bought a razor.

# The Farm

A Few Useful Hints. Be careful that the harness fits the animal for which it is intended; this will prevent a great many of the well-known ills. If possible, padding should not be used in the collar, as it interferes with the free circulation of air, and becomes foul from the accumulation of dust.

Beware of rough, rusty or dirty bits, for they will surely give the horse the sore mouth.

See that the stable is well ventilated and has plenty of light. A deep manger is best, while the stall should be five feet wide.—Lina C. Alcott, in The Epitomist.

Some Dairy Hints. After scalding with hot water, a sunbath is the thing for all vessels used in the dairy industry.

Sterilization will destroy all germ life in milk, if it is heated and held above the boiling point a few minutes.

If milk is taken up to 156 F. in pasteurization and retained at that temperature for thirty minutes, the germs of tuberculosis, diphtheria and typhoid fever are destroyed.

The dairyman should always bear in mind that milk is one of the most delicate articles of food, and if he understands its physical and chemical nature it will be an aid to him in producing a sanitary milk.—Indiana Farmer.

Numbering Incubator Eggs. Many who use incubators for the first time find they are often in trouble in turning the eggs, not knowing just which have been turned if their attention is distracted from the work for a few minutes. While there are several plans for turning eggs and a number of appliances, there is one way which is absolutely sure. When placing the eggs in the incubator, number each one on four sides, 1, 2, 3, 4. Place them all with the figure one up; in turning, place all so that the same number, whichever it is, is on top, with all the eggs, and so on as each turning is done. In this way of doing things, there is little chance of missing any of the eggs.—Indianapolis News.

SKIM MILK AND PIGS. An old reader of the Farmer, near Decatur, Illinois, writes us that something over a year ago he was impressed by reading a letter from a correspondent of the Indiana Farmer, which we publish, to try the hand cream separator, as he then had ten cows. He soon found that he had been losing a good deal in the old way of setting, and that in feeding his sweet milk from the separator he was now growing the healthiest hogs he ever did, and has added twelve more cows to his dairy herd. He writes that since he began feeding skim sweet milk from separator to his hogs he has never had any swine disease, though his neighbors have suffered from swine plague all around him.

Several other correspondents have alluded to the fact of never having swine disease since they began feeding sweet skim milk. The fact is, pigs, like the human animal, are not susceptible to disease when in perfect physical condition. Feeding skim milk with corn or meal keeps them in this condition, and though disease germs may be present, in perfect condition they throw them off by good and perfect health and digestion.—Indiana Farmer.

The Farmer and Strawberries. Who has a better right to all the strawberries he can eat than the farmer? If he does not have them, whose fault is it? No family garden is complete without them; it is just as easy to grow strawberries as it is to grow anything else in the garden. They are the very first fruit to ripen, coming at a time when the wife is at her wits' end to know what to have, to help her prepare a complete meal. And there are many ways in which they can be prepared for winter use.

Let us figure it up and see how much it will cost the farmer to keep a big family well supplied with strawberries all the year. Four hundred plants will be ample, and they should be selected from the earliest to the latest varieties, so the table can be supplied with fresh, rich berries all through the season. The cost of this number of plants would not exceed \$2; they will occupy about ten square rods of ground, and one man can set them out in about two hours. After this, they require about the same amount of work as vegetables; the yield should be at least 50 quarts. Figure this up at ten cents per quart and you have grown \$50 worth of strawberries, and this same bed of plants will do fully as well for one more season. However, we should not figure them in money value, for the pleasure of contributing such good things to the family's happiness counts far more than money.

—Frank E. Baty, in Up-to-Date Farming.

Crops to Meet Conditions. When the prices for farm commodities fall materially, there is always a feeling on the part of the grower that he should change his crop to something that brings a higher market price; particularly does he feel so if the prices are low for two seasons in succession. In some localities potatoes are selling, at this writing, for quite a little less than they brought at harvest time. Goodness knows the consumer is not buying them proportionately less, but there is a trade combination lowering the prices, which the producer and the consumer cannot fight, so the potatoes have to go for what they will bring.

Within two weeks, not less than twenty potato growers have told the writer that they would not grow potatoes another year. Yet these men are, all of them, expert potato growers, and only ordinary growers of other farm crops. Under such conditions, it would seem sensible to consider the growing of potatoes and try to find some way of getting a better price for them, as, for example, selling them at harvest time, instead of storing them. True, the same season of low prices may again be repeated, but how much better off would the grower be if he changed his crops to something for which his soil was not

## THE MODERN FARMER.

### How He Lives as Compared With Fifty Years Ago.

THE farming life of to-day, as contrasted with that of fifty years ago, is a paradise of comfort and convenience. The lonely loghouse, remote from market and devoid of advantages that a half cycle of time has made possible, would scarcely appeal to the present day farmer.

The twentieth century soil tiller has practically all the modern comforts. His mail is delivered daily. He has telephonic connection with the buying and selling world, affording the best opportunities for marketing to advantage. His home is of recent architecture, constructed of wood, brick or stone, and well furnished. He has modern plumbing and modern heating, and with the advent of acetylene gas, he has modern lighting. At night his home is as attractively illuminated as that of his city brother, for it is a suggestive fact that "necessity is the mother of invention" has so appealed to the farmer that of the 80,000 users of acetylene gas in the United States the farmer is one of the largest of all classes. Ever seeking the best, he has not hesitated in availing himself of this new light.

The continued growth and progress of this great country, ever a cause of wonderment, has no greater exemplification than evolution on the farm. Already the farmer is becoming the most envied of men—the freest, the healthiest, the happiest!

Acid from Sweets. That was a very fair retort of a pretty girl annoyed by the impertinence of a conceited beau at a wedding party.

"Do you know what I was thinking of all the time during the ceremony?" he asked.

"No, sir; how should I?"

"Why, I was blessing my stars I was not the bridegroom."

"And I have no doubt the bride was doing the same thing," said the girl, and left him to think it over again.—Chicago Journal.

Just Discrimination in Railway Rates. All railroad men qualified to speak on the subject in a responsible way are likely to agree with President Samuel Spencer, of the Southern Railway, when he says: "There is no division of opinion as to the desirability of stopping all secret or unjust discriminatory devices and practices of whatsoever character."

Mr. Spencer, in speaking of "unjustly discriminatory" rates and devices, makes a distinction which is in one respect to common sense. There may be discrimination in freight rates which is just, reasonable and imperatively required by the complex commercial and geographical conditions with which expert rate makers have to deal. To abolish such open and honest discrimination might paralyze the industry of cities, States and whole sections of our nation's territory.

This distinction between just and unjust discrimination is clearly recognized in the conclusions of the International Railway Congress, published yesterday:

"Rates should be based on commercial principles, taking into account the special conditions which bear upon the commercial value of the services rendered. With the reservation that rates shall be charged without arbitrary discrimination to all shippers alike under like conditions, the making of rates should as far as possible have all the elasticity necessary to permit the development of the traffic and to produce the greatest results to the public and to the railroads themselves."

The present proposal is, as Mr. Walker D. Hines, of Louisville, showed in his remarkable testimony the other day before the Senate Committee at Washington, to crystallize flexible and justly discriminatory rates into fixed Government rates which cannot be changed except by the intervention of some Government tribunal, and by this very process to increase "the temptation to depart from the published rate and the lawful rate in order to meet some overpowering and urgent commercial condition."—New York Sun.

Has Seen Many Years' Service. A quaint old piece of baggage in the baggage room in Skowhegan, Me., this week was a half-covered trunk that had come in from Guilford. On the bottom of the trunk was the mark "BXP," which signified that at some period in its life it had gone by rail to Boston. In early days there were no checks, the destination of a piece of baggage being designated by a mark. This was forty-two years ago.

EVERY WALK IN LIFE. A. A. Boyce, a farmer living three and a half miles from Trenton, Mo., says: "A severe cold settled in my kidneys and developed so quickly that I was obliged to lay off work on account of the aching in my back and sides. For a time I was unable to walk at all, and every makeshift I tried and all the medicine I took had not the slightest effect. My back continued to grow weaker until I began taking Don's Kidney Pills, and I must say I was more than surprised and gratified to notice the backache disappearing gradually until it finally stopped."

Don's Kidney Pills sold by all dealers or by mail on receipt of price, 50 cents per box. Foster-Milburn Co., Buffalo, N. Y.

He Didn't Smoke. Several of the villagers were seated around the stove in the general store at Selkirk yesterday afternoon when Verener Ray dropped in on his way back from a call just below the village. The Coroner invited all hands to have a good cigar and only one of those present failed to respond.

"Don't you smoke?" queried the Coroner.

"I resent not," was the reply.

"Well, have something else," said the Coroner.

"Very well," said the tardy one, looking around, "give us two leaves of bread."—Albany Journal.

# Backache, "The Blues"

Both Symptoms of Organic Derangement in Women—Thousands of Sufferers Find Relief.



Mrs. J. G. Holmes and Emma Cotrely

How often do we hear women say: "It seems as though my back would break," or "Don't speak to me, I am all out of sorts." These significant remarks prove that the system requires attention.

Backache and "the blues" are direct symptoms of an inward trouble which will sooner or later declare itself. It may be caused by diseased kidneys or some uterine derangement. Nature reserves assistance and at once, and Lydia E. Pinkham's Vegetable Compound instantly asserts its curative powers in all those peculiar ailments of women. It has been the standby of intelligent American women for twenty years, and the ablest specialists agree that it is the most universal, successful remedy for woman's ills known to medicine.

The following letters from Mrs. Holmes and Mrs. Cotrely are among the many thousands which Mrs. Pinkham has received this year from those whom she has relieved.

Surely such testimony is convincing. Mrs. J. G. Holmes, of Larimore, North Dakota, writes:

Dear Mrs. Pinkham:— "I have suffered everything with backache and womb trouble—I felt the trouble run on until my system was in such a condition that I was unable to be about, and then it was I commenced to use Lydia E. Pinkham's Vegetable Compound, and in a few weeks' treatment made me well and strong. My backache and headaches are all gone and I suffer no pain at my menstrual periods, whereas before I took Lydia E. Pinkham's Vegetable Compound I suffered intense pain."

Mrs. Emma Cotrely, 169 East 12th Street, New York City, writes:

Ask Mrs. Pinkham's Advice—A Woman Best Understands a Woman's Ills.

Remember, every woman is cordially invited to write to Mrs. Pinkham if there is anything about her symptoms she does not understand. Mrs. Pinkham's address is Lynn, Mass. Her advice is free and cheerfully given to every ailing woman who asks for it. Her advice and medicine have restored to health more than one hundred thousand women.

FREE ADVICE TO WOMEN.

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