### ANOTHER LIFE SAVED.

W. Fooks, of Salisbury, Md.,



eating, and my limbs were badly swolien. One doctor told me it would finally turn to Bright's discase. I was laid up at one time for three weeks. I had not taken Doan's Kidney Pills more than three days when the distressing aching across my back disappeared, and I was soon entirely cured."

For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, N. Y.

Where Streets Are Steep. High in the mountains of northern Mexico there is a city of several thousand people where the sound of wheels is never heard in the streets. It is the rich mining town of Catorce, where millions of dollars worth of ore have been found, and all this ore is sent out into the great world beyond on the backs of patient little burros or donkeys. The streets rometimes hug deep precipices and are so narrow and steep that no wheeled vehicle can be used on them. It is several miles to the nearest railroad, and the only way to reach this thriving town in the clouds is over dangerous mountain trails. The Spaniards worked these mines centuries ago, but they are as rich as ever. The name Catorce is Spanish for "fourteen," and legend has it that the town is so called because fourteen robbers, driven to the mountains by the people, found the rich mines and stayed there to work them, finding mining to pay better than robbery.

### Women's War Organizations.

Eight organizations of women have grown out of the American civil war on the northern side, to say nothing of those that exist in the south. Besides the Woman's Relief Corps, which is the best known of them all and is auxiliary to the Grand Army of the Republic, there is the Association of Army Nurses, the Ladies' Aid Society, auxiliary to the Sons of Veterans; the Daughters of Veterans, composed of daughters and granddaughters of unions soldiers; the Woman's Veteran Relief Union, auxiliary to the Union Veterans' Union; the Woman's National Association, auxiliary to the Union ex-Prisoners of War, and the Ladies' National Association of Naval Veterans.

### French is Popular.

According to the report of the National Union of Teac ers, French is the most popular language among students. In other subjects bookkeeping comes first in favor, followed by shorthand, arithmetic and typewrit-

There is more Calacrh in this section of the There is more Calarch in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly fulling to cure with local treatment, pronounced it in-curable. Science has proven Catarch to be a constitutional disease and therefore requires constitutional disease and therefore requires constitutional itreatment. Hall's Catarch Outo, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a tenspoonful. It acts direct-ic act the block and nuccous surfaces of the



A Fad For Smart Girls. rupting the family exchequer. For The girls looked upon as leaders of furriers are as heartless as plumbers the younger contingent of the smart and almost as essential to happiness. set now greet and farewell en mill- Of course this season's furs diffet taire. Instead of recognizing a friend a good deal from last season's, but here by bowing in the old-time, conven-tional way they give a sharp, short military salute. It is the newest fad. brought back to town from the country Almost all furs are trimmed or made and the shore, and it is well to say up with other furs. Ermine is comright here that the awkward, self-bined with almost everything but conscious girl should not attempt it, seal, deer and baby calf skin; chinsays the Woman's Home Companion. chilla combines with seal nicely To be at all 'a success the military especially the Russian chinchilla salute must be done gracefully and in which has a brownish cast. It is also used with deer and mink, with Persian lamb and fine dog skin. Usually the an offhand, natural manner. A School For Mothers, light fur is the trimming; but squirrel, "The School for Mothers," originated

large centres in France on the same

system, and thinking people are ap-

plauding the measures taken to further

the interests of humanity. Hitherto,

and mothers .- New York Globe.

ble and git."

A Poetry Pariy.

beaver, tibet and mole skin are all by Mme. Moll-Weiss in Bordeaux, is being much discussed. There is a very smart trimmed with lamb or with monkey skin. question of starting similar educational When furs are not combined, any establishments in Paris and other one fur may be trimmed with suede

leather, or for dressy occasions with embroidery. This use of leather is new, and you have no idea what a smart touch it gives an old coat put

young girls were brought up to ignore over collar, cuffs or set in a double the very things they should be taught. breasted tailor vest. They had no notion of the elementary It comes in all the dull vegetable principles of hygiene, of the dressing dyes, in hunting green, golf red, of infants, of the management of mahogany, bluet blue, navy blue and household expenses, the price of food, every conceivable shade of brown, light etc. All this will be taught them, and and dark. Sometimes it is emprepare them for the position of wives broidered with outline work in gold

thread or silk. The embroideries most in vogue for fur trimmings are straps from old When the seawn makes it seem Chinese silk petticoats, to be found in any Chinese shop, bands from delightful to be again indoors, girls often like to have suggestions for methods of making their meetings at-

Persian towels, strips of Russian of Hungarian peasant work and all the tractive-something besides the usual rich Turkish, India and Japanese hand "talk and refreshments"-what some embroideries. The colors are selected eminent man of letters in a waggish to match the color scheme of fur and way described as "giggle, gabble, goblining as closely as possible. It would be very easy for a clever girl to imitate Russian or Japanese embroidery and make her own trimming just to match her coat.

There is one bit of good fortune in this season's furs, they are fashionable all lengths, and both loose and tight fitting. You are in the style whether your coat is a reefer, blouse or basque, and your sleeves may have fulness at the shoulder, or a triffe at the elbow. and the stole effect of last winter is quite gone out. Nearly all coats, plain as well as

fancy, have light linings this season, satin-brocade, damasse and broche silk and plain light twilled taffeta. As this was somewhat the vogue in 1903-4, many women will unpack their furs with a sense of dismay over the solled conditions of their pretty coat linings. But there is no need to worry, for a soiled lining that is still in good con-

dition otherwise can be made as good as new by the right sort of home clean-

were black pots and white, blue pots after the coat is quite finished and may be removed without any ripping

then cut without any seam allowance,

using a sharp pen knife. The seams

are overhanded with fine stitches. It

FRILLS

# COMMERCIAL REVIEW.

R. G. Dun & Co.'s weekly review of trade says:

Business improves steadily, and there is no evidence of anxiety regard. ing the future. Payments are more promptly met, tending to stimulate preparations for coming trade, and the disposition to limit purchases to immediate needs is gradually disappearing. Conservatism during the sum-mer and autumn had a beneficial effect, reducing stocks to a low point. As demand broadens this scarcity of supply produces pressure for quick delivery and prices are strengthened Aside from inflation caused by specu-lation there is no better sign of commercial progress than advancing com-modity markets.

All the leading branches of manufacture are in a better position, with noteworthy activity at iron furnaces, woolen mills and footwear factories. Fall River cotton mills are still idle. because of the wage controversy, but many other New England plants have resumed and the outlook for this industry is more favorable than at any time since it became demoralized by inflated raw material last year. Traffic reports are satisfactory, railway earn-ings in October exceeding last year's by 7.6 per cent. Foreign commerce returns at this port for the last week show a gain of \$789,276 in exports and a loss of \$297.752 in imports as compared with 1903. Commercial failures this week in the

United States are 229, against 233 last week, 215 the preceding week and 246 the corresponding week last year. Failures in Canada number 27, against 28 last week, 39 the preceding week and 22 last year.

# WHOLESALE MARKETS.

Baltimore-FLOUR-Oulet and un-

Baltimore—FLOUR—Quiet and un-changed; receipts, 8,371 barrels. WHEAT — Weak; spot, contract, 1.14¼@1.14½; spot, No. 2 red West-ern, 1.16¼@1.16½; October, 1.14¼@ 1.14½; November, 1.14¼@1.14¼; De-cember, 1.16¼@1.16½; May, 1.18¼; steamer No. 2 red, 1.08¼@1.08½; re-ceipts, 16,104 bushels; Southern on grade, 1.03@1.14½.

grade, 1.03@1.141/2. CORN-Dull; year, 511/2; January, 501/2; February, 501/2; receipts, 2.788 bushels; new Southern white corn, 46 @52; new Southern yellow corn, 58

OATS-Firm: No. 2 white, 34 sales; No. 2 mixed, 33@3334; receipts, 14. 762 bushels. RYE-Firm; No. 2 Western, up-

own, 90@91; receipts, 5,000 bushels. HAY-Steady and unchanged. GRAIN FREIGHTS-Quiet and unchanged. BUTTER - Firm and unchanged;

fancy imitation, 17@18; fancy cream-

tancy imitation, 17@10; tancy cream-ery, 221/2@23; fancy ladle, 15@16; store packed, 12@14. EGGS—Firm, 25. CHEESE—Steady and unchanged; large, 1034@11; medium, 11@111/2; small, 11@111/2. SUGAR — Firm, coarse granulated and firm from the

and fine, 5.40. New York. - BUTTER - Strong; receipts, 3,442; street price, extra creamery, 23½ @ 2334; official price, creamery, common to extra, 14½@

CHEESE-Firm, unchanged. EGGS-Firm; State, Pennsylvania, and near by fancy selected white ex-tra, 31@33; do. choice, 28@30; West-ern fancy selected, 26; do. average

best, 24@25; Southern, 18@22. POULTRY-Alive, quiet: Western chickens, 10; fowls, 101/2; turkeys, 12@ 14: dressed, irregular; Western spring chickens, 14@15; fowls, 12; turkeys,

FLOUR-Receipts, 34.210 barrels; exports, 1,885 barrels; sales, 3,800 packages; market steady, with fair inquiry, FEED-Irregular; spring bran

# WILL PRESERVE FOOD LONG.

## New Method That Promises to Give the Best Results. An ingenious method of preserving

food has recently been devised which is based on the fact that powdered gelatin, or thin sheets of the same material, not only do not spoil, but are capable of protecting incorporated substances from bacteria, moisture, and other agencies which bring about decomposition. Thus to make a concentrated beef extract, tea or coffee, extract, soup, etc., the liquid is mixed hot with 1 per cent of primary gelatin, which differs from the commercial article in not having the gluelike taste of the latter. After cooling a jelly is formed, and

this is cut into thin films and dried by a current of cold air until it becomes brittle. When this condition is reached the sheets are then reduced to a fine powder, which will keep indefinitely. While it will absorb moisture ft does not do so to a degree to occasion decomposition, and the moisture is subsequently given off in dry air. The powder, while likely to cake, forms a brittle cake, not interforing with its use, while it is too hard for insects. When placed in warm water it dissolves immediately, and is thus ready for use. If heated above the temperature of boiling water before packing all disease or other germs will be killed, and to secure the best results the powder should be packed airtight. Such a concentrated food possesses many advantages, and is susceptible of wide application, as upon explorations .- Harper's Weekly.



Somewhere, probably plodding away in a rural barnyard, unhonored and unsung-if, indeed, her labors have not been ended in the prosaic boiling pot-is a photographic hen who embellishes the interior of her eggs with landscape and motion reproductions.

That at teast she has done it once can be testified to by the family of W. H Herring, a weaver, who lives on 2921 North Third street.

Mr. Herring can, moreover, back up his testimony with an undisputable exhibit in the shape of the broken egg, with the picture inside. Herring cannot, however, indicate the identity of the hen who wrought the wonder for he got the egg in a lot from the store.

In its exterior appearance there was nothing remarkable about the hens work. It was just an egg of the common or garden variety. It was cooked with others for breakfast-boiled In the shell.

When Mr. Herring's little daughter, Anna broke the shell in half and poured the contents into her egg cup, her attention was arrested by a peculiar formation on the albumen lining of the lower shell.

"Why, it looks like a picture," she exclaimed.

The other members of the family studied it and they, too, agreed that the outlines of a photograph were clearly visible. An Inquirer reporter later inspected the curiosity inside the shell resolved themselves into a distinct picture.

It was a photograph showing two buildings, evidently stores or factories.

On the roof of one of them was a sign, several letters of which were distinct. On the street between the buildings was a wagon with two horses attached and the figures of several persons.

sunlight.

quirer.

How such a freak of nature could be wrought is beyond explanation. Albu-men, which forms the lining of eggs, Dointer for



Art Association, tells young women what to do to avoid pain and suffering caused by female troubles.

"DEAR MRS. PINKHAM :- I can conscientiously recommend Lydia E. Pinkham's Vegetable Compound to those of my sisters suffering with female weakness and the troubles which so often befall women. I suf-fered for months with general weakness, and felt so weary that I had hard work to keep up. I had shooting pains, and was utterly miserable. In my distress I was advised to use Lydia E. Pinkham's Vegetable Compound, and it was a red letter dny to me when I took the first dose, for at that time my restoration began. In six weeks I was a changed woman, perfectly well in every respect. I felt so elated and happy that I want all women who suffer to get well as I did."—Miss GUILA GANNOX, 359 Jones St., Detroit, Mich., Secretary Amateur Art Association.

It is clearly shown in this young lady's letter that Lydia E. Pinkham's Vegetable Compound will certainly cure the sufferings of women; and when one considers that Miss Gannon's letter is only one of the countless hundreds which we are continually publishing in the newspapers of this country, the great virtue of Mrs. Pinkham's medicine must be admitted by all; and for the absolute cure of all kinds of female ills no substitute can possibly take its place. Women should bear this important fact in mind when they go into a drug store, and be sure not to accept anything that is claimed to be "just as good" as Lydia E. Pink-ham's Vegetable Compound, for no other medicine for female ills has made so many actual cures

### How Another Sufferer Was Cured.

"DEAR MRS. PINKHAM : - I cannot praise your wonderful remedies enough, for they have done me more good than all the doctors I have had. For the last eight years and more I suffered with female troubles, was very weak, could not do my housework, also had nervous pros-tration. Some days I would remain unconscious for a whole day and "I feel very grateful to you and will recommend Lydia E. Pink-ham's Vegetable Compound to all. It has now been four years since

I had the last spell of nervous prostration. I only weighed ninety. eight pounds at that time ; now I weigh one hundred and twenty three. "I consider your Vegetable Compound the finest remedy made. Thanking you many times for the benefit I received from your medicine, I remain, Yours truly, Mas. J. H. FARMER, 2809 Elliott Ave., St. Louis, Mo."

Remember Mrs. Pinkham's advice is free and all sick women are foolish if they do not ask for it. She speaks from the widest experience, and has helped multitudes of women.

S5000 for feetimenials, which will prove their absolute gominaness. Lydia E. Pinkham Med. Co., Lynn, Mass.



Fred C. Witten, 16 Elm Bt., Newarz, N. J.

care

11.42

Best For

The Boweis

CANDY CATHARTIC

ILY WORK WHILE YOU

FMNUAL SALE, TEN MILLION DOXES

WET WEATHER COMFORT

"I have used your FISH BRAND

Slicker for five years and can truth

fully say that I never have had

Neasant, Palatable, Potent, Three Gree worn Nicken, Weaken or Gribe, Do. 1-id in buik. The generate tailed start, arranded to cure or your money have

Storling Remedy Co., Chi

continuing the use of the them to my friends. I feel morning Hope to have a Carcarete.

of Celia Thaxter, or of Jean Ingelow, if you do not mind going outside of our own land. - From Books and Authors, in St. Nicholas.

Unique Collection. A New York woman has made a unique collection of teapots. During residence in Japan she managed to accumulate more than a thousand examing. ples, of which no two are alike. There Linings for fur coats are fitted in

A series of little meetings, each in celebration of some poet's birthday or other anniversary, would be an excuse tor making some interesting additions to the usual program. Thus there would be no great difficulty in arranging a Shakespeare party or a Milton party, in which quotations from the works of either poet were used in invitations, dinner cards, bills of fare

and so no. Or an American poet might be chosen. Oliver Wendell Holmes would furnish lines of a cheering nature fit for mild festivities; or you might introduce your guests to some of the beautiful poems

from 10 drops to a teaspoonful. It acts direct-ly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it falls to cure. Send for circulars and testimonials. Address F. J. CHENEY & Co., Toledo, O.

Bold by Druggists, 75c. Take Hall's Family Pills for constipation.

### The Speaker to Retire.

Mr. Gully, who has entered his seventieth year, will probably retire from the Speakership of the House of Commons before another birthday comes around as a viscount and with a penalon of £2000 per annum.

FITS permanently cured. No fits or nervous-ness after first day's use of Dr. Kline's Great NerveRestorer, Sztrial bottleand treatles free NerveRestorer, 521 rist Botting St., Phila., Pa., Dr. B. H. KLINE, Lid., 961 Areh St., Phila., Pa.

The Jananese soldier receives forty-five

### Blanke Coffee Wins Everything.

Blacke Coffee Wins Everything. St. Louis, Nov. 14.-World's Fair gives C. F. Blacke Toa and Coffee Co. highest award, grand prize and gold medal on col-fee, also five additional highest awards on Grant Cabin Tea, Quaker Ceylon Tea. China Tea, Shidzuokaken Japan and For-mosan Teas, making greatest number grand prizes ever awarded one firm.

Morgan County, Colorado, has eleven

I do not pelievo Piso's Cure for Consump-tion has anequal for coughs and colds.--Jonn F.Bornn, Trinity Springs, Ind., Feb. 15, 1903.

The argest colladium known is in Bea-

Cassrrh cured a: bomu. Three preparations in one package. Ask your dealer for "Dr. Hartley's Great Kemedy." of Baltimore. Md.

An English authority says British shipping shows a decrease in gross carnings from \$200,000,000 to \$100,coo.ooo in four years.



and gray, big pots, little ones, pots in glaze, in crackle, in yellow and browns and reds and blacks. One was like an suds of castile soap and borax, two old man, whose head formed the lid teaspoonfuls of borax and a handful and could be set at any angle. Others were in the form of birds, beasts and of soap shavings to a bowl of water. fowls, fish, frogs and actually a beetle and let drip in the wind. When almost or two. Buddha, even, was pressed in- dry roll over a curtain pole, pull taut and pin, stand near the fire. Unroll to service as a model. There were the next morning and you will find to lotus-bud pots and other pots in semall intents and purposes a new coat blance of a teahouse. One enormous lining. caldronlike affair held three gallons, If the lining is in a pale tint, soak but at least a dozen specimens would in cold borax water, two teaspoonfuls not have contained a thimbleful. to a basin of water, for half an hour Among the teapots were several in the before washing. form of swans, correct to the last cur! It is not impossible for the amateur of neck and feather, and of a size to dressmaker to do over her own furs, be hidden in the hand. The materials with a hint or two about the work. used for these treasures were inlaid Use always a seamless pattern; place silver, hammered copper, iron-most it on the leather side, tack with pins, exquisitely wrought-silver-gilt alloys

Browns and Purples.

and all the myriad sorts of Japanese

pattern.

is wise to first cut a cambric pattern. The fashionable colors this season, see that it fits perfectly and make a writes "Ninette" from Paris, are stiff paper pattern from that, as any wrong cutting in fur work is serious. browns in every shade; a new "vert Empire," or vieux vert, a shade be-In piecing, make sure that the nap of tween moss and laurel green, and the fur runs in the same direction and that your colors are what furriers "bronze," a tint that is likely to be-

call "closs." come the favorite in the fashion handicap to be run this winter. ---Then comes the manifold shades of purple, containing a warm dosing of on in the dye; aubergine, amethyst, pansy and fuchsia-purple are the newest, especially the lastnamed, that, in combination with crimson, rose-red, orange or heliotrope,

very rich and lovely. are chosen. Hats naturally follow suit, and quills, ostrich feathers-the latter more often shaded than not -and rich velvet flowers, dahlias, begonias, fuchsias-

the purple and red variety especially but they will be of a heavier quality. -marigolds, oreilles, d'ors, crimson Satins and cashmeres will be the and golden brown dablias, small and most popular materials for both young compact, and the entire scale of deepand old. tinted roses are to be found on autumn Black will not be worn to any ex-

tent, excepting, possibly, the all-black Small velvet sunflowers are also evening gown. sparingly employed in seasonable mil-Leather enters conspicuously into the

fashionable "motor" outfit both for Hats and large bonnets will be emicoats and headgear. nently picturesque. The envelope bag, so eagerly

A Word About Furs. heralded by the shops. Furs are a bit of a problem for the favor with femininity. heralded by the shops, has found scant woman who wants to dress well on Close fitting turbans of a moderate sum of money. They are trimmed, with quills or a expensive to begin with, and vary in buckle are also good style. style almost as often as frocks and hats do. There is a new cut in In handles the, tendency is away from braids and straps and toward sleeves every winter, a different length, a variation in collar and some

plain stiff bandles, preferably flat, Little change purses of pigskin are on view, with long handles of the same length and variety as are seen on the "Peggy from Paris" bag.

Furs used to be a real comfort. You packed them away with blankets and curtains, and borax powder to outwit moths, and all you had to do in the fall was to shake them, hang them ont to air, and then be comfortable. But nowadays women begin in August to wonder how they can get their furs up-to-dats without bank-A greater fullness and breadth at the bottom marks the new carriage bags. Some are corded and stitched in contrasting colors others have two small buckle straps, with pearl or glit

beyond brush with a velvet whisk, HAY-Firm: shipping, 65@70; good

50@75.

then regularly wash in a luke warm LARD-Steady; Western steamed,

7.55; November closed 7.55 nominal refined steady.

COTTONSEED OIL -- Quiet: prime rude nominal; do. yellow, 2634@2714 SUGAR-Raw firm; fair refining. 334@378: centrifugal, 96 test, 43%; mo lasses sugar, 31/2@35%; refined firm POTATOES - Steady; Long Island, 1.75@2.00; State and Western, 1.50@1.75: Jersey sweets, 1.25@1.75. PEANUTS - Quiet; fancy han

picked, 5@534; other domestic, 3@614 CABBAGES - Steady; per barrel

Late - marks

New York .- BEEVES -- Receipts,

310; feeling trifle weak. CALVES-Veales, 4.00/28.00; choice 4.20; dressed calves lower; city dress ed veais, 7@121/2c. per pound; counsHEEP AND LAMBS - Sheep try

steady; lambs opened steady closed weak; some sales 10@15c lower Sheep, 3.00@4.50; culls, 2.371/2@2.50; 5.00(a 6.00; culls, 4.00(a 4.50 lambs.

HOGS - Market about steady State hogs, 5.50(0.5.60. Chicago - CATTLE - Market 100 higher. Good to prime steers, 6.10@ 7.00; poor to medium, 3.80 @ 5.00; stockers and feeders, 2.00@4.15; cows 1.50@4.40; heifers, 1.80@5.10; canners 1.25@2.35; bulls, 2.00@4.20; calves, 3.00@7.25; Texas-fed steers, 3.25@5.00; Western steers, 2.90@5.15. HOGS-Market 5c. higher. Mixed

and butcher, 4.75@5.221/2: good to choice heavy, 5.05@5.20: rough heavy, 4.70@4.90: light, 4.85@5.15: bulk of sales. 4.90@5.10. SHEEP-Good to choice wethers

4.35@4.75; fair to choice mixed, 3.50@ 4.25; native lambs, 4.00@ 5.75.

### MUCH IN LITTLE.

Ali Kuli Khan, a Persian nobleman, who has given up lands, title, family and position to follow relig-ious work, is living in Boston. Sir Gilbert Parker, the author, has

gone to South Africa to make a spetial study of the land question there for his-government.

Tibet's 6,000,000 people have to support an army of 430,000 project ave to sup-produce nothing but beautifully illum-imated copies of the sacred writings. They hold all the public offices.

The Rev. P. Waldenstrom. Gefie, Sweden, a member of the Swed-ish Parliament, is touring America in the interest of Swedish missions.

Five women at Washington, D. C., are still drawing pensions as widows of soldiers who served in the War of the Revolution, which ended 120 years ago

Robert Moffatt is about to give up Midneck Farm, Westerkirk, Dumfries Scotland. The farm was originally granted to Thomas Moffatt by Rob-ert Bruce, in 1302. In 1670 the Mof-fats sold it to the Duke of Buccleuch, out continued as tenants to this day

is used by photographers, but only It is a fortunate thing to be tall as a film to hold a sensitized preparaand straight and of a viking's shoul tion. In itself it is not sensitive to

ders where one strives for political popularity, since the hopeless per cent The address of the artist hen is veilof people come by their opinions ed in obscurity .- Philadelphia Inthrough the eye. It is what they see

rather than what they hear that turns to be impressive. Mexican railroads are urging the Government of Mexico to permit an increase in freight rates.

Washington was equal to a running broad jump of 22 feet; Jefferson lifted 1,000 pounds with his bare hands, and was known as the Strong Man of Albemarle.

Coming Generation.

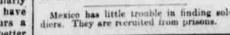
The world has had its Caesars and Napoleons, but it adopted these little

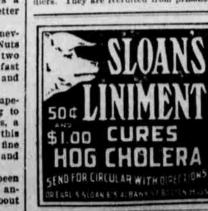
people slowly and after trial. The first thing to remember in bringing up a president is his health: his stomach should be thought of as often as his head. A dyspeptic would find the road to the white house full of double difficulties, and he would make a dangerous president-nay, he

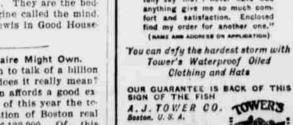
might even invite impeachment. A good stomach and a good heart go far as raw material in the construction of a best man. They are the bedplates for that engine called the mind. -Alfred Henry Lewis in Good House keeping

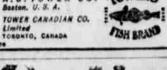
What a Billionaire Might Own. It is easy enough to talk of a hillion dollars, but what does it really mean? The City of Boston affords a good ex ample. On May 1 of this year the total assessed valuation of Boston real estate was \$1,006,122,900. Of this amount \$607,109.450 was on land, and \$339,103,450 on buildings. Having these figures in mind, then,

we can have some idea of what it is to be a billionaire.





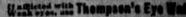






A "Success" Training School Goldey College is a Euriness and Shot hool that makes a specialty of train idents for "BUSINESS SUCCESS." In does with two firms. Students from a to New York. Write for catalogue. Ad oldey College, Box 2000, Wilmington. Ing 1





Creek, Mich.

little book, "The Road to Wellville."

one's attention. He says: "Six years ago I became so weak from stomach and bowel trouble that I was finally compelled to give up all work in my store, and, in fact, all sorts of work for about four years. The last year I was confined

TILL NOON:

The Simple Dish That Keeps One Vigor-

ous and Well Fed.

When the doctor takes his own med-

icine and the grocer eats the food he

recommends some confidence comes

A grocer, of Ossian, Ind., had a prac-

tical experience with food worth any-

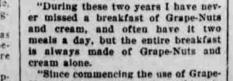
to the bed nearly all of the time, and much of the time unable to retain food of any sort on my stomach. My bowels were badly constipated continually, and I lost in weight from 165 pounds down to 88 pounds. "When at the bottom of the ladder

to the observer.

I changed treatment entirely and started in on Grape-Nuts and cream for nourishment. I used absolutely nothing but this for about three months. I slowly improved until I got out of bed and began to move about.

"I have been improving regularly and now in the past two years have been working about fifteen hours a day in the store and never felt better in my life.

"During these two years I have nev-



Nuts I have never used anything to stimulate the action of the bowels, a thing I had to do for years, but this food keeps me regular and in fine shape, and I am growing stronger and

heavier every day. "My customers, naturally, have been interested and I am compelled to an-swer a great many questions about

Grape-Nuts. "Some people would think that a simple dish of Grape-Nuts and cream would not carry one through to the noonday meal, but it will and in the most vigorous fashion."

Name given by Postum Co., Battle

Look in each pkg. for the fan



harness

Fiz