Sees Evils in Overstudy.

Henry R. Edmuds, president of the Philadelphia board of education, says half the public school pupils of that city are suffering from ills brought on by overstudy. The principal evils resulting, he says, are nervous affections and defective eyesight, both largely traceable to excessive home study and the crowding of too many branches into the elementary grades. He champions the abolition of afternoon classes and the wiping out of all home study.

Had the Client Safe.

A leading London lawyer says that when he was a briefless barrister he went one afternoon to read in the Inner Temple library. He had not been there long when his small errand boy appeared, greatly excited and breathless from running. "If you please, sir," the boy gasped, "a gentleman is waiting for you at the chambers with a brief. He can't get out, sir. I've locked him in." Together the barrister and the boy hurried back to the chambers and the gentleman with a brief, who was amused at his capture, afterward became a most valuable client.

Investment Aided Church.

Two of the prominent and influential members of the Fort Fairfield, Maine, Congregational church last fall invested quite a sum of mone; in potatoes, privately vowing that, if they made a profit, that profit should be given to their church. The amount made was over $900, and the pastor made the cheering announcement that that amount had been received from the transaction by the church.

Vicar and Workman.

The vicar of a colliery district in Leicestershire, England, has just accomplished the remarkable feat of restoring, mainly by his own manual labor, his dilapidated church. Since February, 1901, the vicar has labored as a workman all the week and preached to his people on the Sundays. He has worked at the church almost alone, the only assistance being a few days by one man.

Maine's Statesmen.

It is many years since Maine has changed its Representatives in Congress, except when Speaker Reed resigned or death has intervened. All four of the present delegation have just been nominated for re-election by the Republicans of their districts.

STATE OF OHIO, CITY OF TOLEDO, } ss.
LUCAS COUNTY.

FRANK J. CHENEY make oath that he is senior partner of the firm of F. J. CHENEY & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of CATARRH that cannot be cured by the use of HALL'S CATARRH CURE. FRANK J. CHENEY.

Sworn to before me and subscribed in my presence, this 6th day of December, A. D., 1886. A. W. GLEASON, *Notary Public.* (SEAL.)

Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces of the system. Send for testimonials, free. F. J. CHENEY & Co., Toledo, O.

Sold by all Druggists, 75c.

Take Hall's Family Pills for constipation.

Good Advice.

An advertiser proposed to reveal for 25 cents an easy way for any young lady to keep her hands nice and soft. A budding damsel in Sturgeon, Mo., sent the cash, and received this advice: "Soak your hands in dishwater three times a day while mother rests."

FITS permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. $2 trial bottle and treatise free. Dr. R. H. KLINE, Ltd., 931 Arch St., Phila., Pa.

Cherries were known in Asia as far back as the seventeenth century.

Use Allen's Foot-Ease.

It is the only cure for Swollen, Smarting, Tired, Aching, Hot, Sweating Feet, Corns and Bunions. Ask for Allen's Foot-Ease, a powder to be shaken into the shoes. Cures while you walk. At all Druggists and Shoe Stores, 25c. Don't accept any substitute. Sample sent FREE. Address, Allen S. Olmsted, LeRoy, N.Y.

One-fifth of all deaths during last winter were from pneumonia.

Piso's Cure cannot be too highly spoken of as a cough cure.—J. W. O'BRIEN, 522 Third Avenue, N., Minneapolis, Minn., Jan. 6, 1900.

A parrot in Stockton, Cal., is so bright that it enjoys a blunder or a joke.

Miss Alice M. Smith, of Minneapolis, Minn., tells how woman's monthly suffering may be permanently relieved by Lydia E. Pinkham's Vegetable Compound

"DEAR MRS. PINKHAM:—I have never before given my endorsement for any medicine, but **Lydia E. Pinkham's Vegetable Compound** has added so much to my life and happiness that I feel like making an exception in this case. For two years every month I would have two days of severe pain, and could find no relief, but one day when visiting a friend I ran across **Lydia E. Pinkham's Vegetable Compound,**—she had used it with the best results and advised me to try it. I found that it worked wonders with me; I now experience no pain, and only had to use a few bottles to bring about this wonderful change. I use it occasionally now when I am exceptionally tired or worn out."—MISS ALICE M. SMITH, 804 Third Ave., South Minneapolis, Minn., Chairman Executive Committee, Minneapolis Study Club.—*$5000 forfeit if original of above letter proving genuineness cannot be produced.*

Lydia E. Pinkham's Vegetable Compound carries women safely through the various natural crises and is the safe-guard of woman's health.

The truth about this great medicine is told in the letters from women being published in this paper constantly.

Afflicted with weak eyes, use **Thompson's Eye Water**

Woman's Realm

An Original Subject.

One of the subjects taken up the other day by the Progressive Health Club, a feminine organization of Chicago, was how to make husbands eat what they dislike.

The Modish Nightgown.

The modish nightgown is of the chemise order. It is made with low neck and short flowing sleeves and slips over the head. The neck is drawn up with ribbon threaded through hand-made buttonholes.

Woman's Trump Card.

A woman's winning card is cheerfulness. She may be capable of countless self-sacrifices, infinite tenderness and endless resources of wisdom, but if she cloaks these very excellent possessions under a garb of melancholy she may almost as well not have them, so far as the ordinary world is concerned.

Where Woman is Heroic.

The determination to do her duty at all costs inspires the society woman of to-day as much as it did the defenders of the British flag at Trafalgar. She goes into action with a grim resolve to dance and dine as all her friends expect. Though her back is aching, her head splitting, and she knows she is grewsomely bored, she will heroically go through her day's program, fortified by the consciousness of having done her duty.—Ladies' Field.

Gorgeous Pillow Top.

Given a square of art canvas and some green, yellow, black and red braid one may have a gorgeous pillow top. The canvas should bear a design of some kind in the centre, which can be embroidered in outline or cable stitch, and strips of the braid, which should be about half an inch wide, make a gay border. They may be applied with machine stitching. Where the strips cross at the corners they should be interlaced, basket-work fashion, ends three or four inches long being left to form a fringe effect.

Lingerie Hats.

The lingerie hats of exquisite batiste or mull or fine Swiss embroideries and Valenciennes lace are lovelier than ever this season, and innumerable changes are rung upon combinations of lace and flowers. Nets plain or dotted with large chenille wafers are shirred and pleated into airy, broad-rimmed shapes and trimmed with flowers and soft silk scarfs.

Shaded straws and straws of countless new weaves are shown. Linen hats inset with lace and picturesque in shape are among the new offerings as well as more severe linen models for outing and mourning wear.

Garden bunches and flower wreaths divide the honors, and there are many flowers and bud fringes which are used profusely. Cockades, choux, rosettes, mercury wings, cupid wings and quills are called into service for the sailor hats.

The Modern Trousseau.

No one thinks of getting a trousseau nowadays to last for years, and if they contemplated such a thing it would be a dead failure. A modern bride gets an outfit for immediate wear. In dress we live from hand to mouth, and the gowns of three months ago are like the "snows of yester year." Women of to-day reset their jewels almost as often as they order fresh garments. There is no saving in anything. They spend the money in quality, and not quantity. No bride nowadays has an immense number of dresses; she is content with her wedding gown, the more gossamer the more fashionable; a traveling costume for going away, with a stoic and muff to match; four evening frocks, one black, one satin, one lace and one a tulle or thin ball gown; three smarter day gowns and a tailor-made or so would suffice a dozen of each article of underwear, and half a dozen petticoats of various sorts will pretty well complete the outfit.

Is Woman the Equal of Man?

Dr. Lyman Abbott, in the World's Work, says that doubtless the enlargement of woman's educational and industrial opportunities has been accompanied by some intellectual errors and some practical evils. The most serious of these errors is the opinion that equality of character involves identity of function; that because woman is the equal of man, therefore she is to do the same things which he does. Those of us who have been interested in claiming and pressing for women this larger life do not deny there are distinctive feminine and masculine spheres of activity, and that each sex renders the best service to society within its appropriate sphere. What we object to is the endeavor of the male philosopher to evolve woman's sphere out of his own consciousness, and shut her up within it; what we insist on is that both sexes shall have equal liberty and equal largeness of life, and that each shall find its appropriate sphere for itself.

The English Wife.

"If you are thinking of marrying an Englishman and making his country your country," says an American girl who has done this, "do begin immediately to take an interest in politics. All the upper-class people being in politics in England, the woman who is not posted shows herself a horrible ignoramus, and it is difficult to cultivate a taste for public affairs when you have never before given them a thought."

Miss Rose Kingsley, daughter of Charles Kingsley, when she was in this country a few years ago lecturing upon art, said that the least educated of the English girls would be ashamed to show the ignorance of politics of which an American girl boasts. All English girls of to-day are expected to be well informed in many lines, and politics is one of them. A bright English girl, Miss Lyon, who recently married Lord Acton, was noted for her accomplishments—among them a knowledge of art, music, languages and politics.—New York Press.

Color and Texture.

Those who study the art of dress are well aware of the effect of color on texture and of texture on color. On this occasion we will deal with positive instead of negative examples. Taffetas—the mania of the moment—looks best in black, gray or violet. Voile and crepe de chine do well in gray; canvas appears to advantage in blue, brown or mixed colors, and lace must be white, black or of a deep cream shade—colored laces are unspeakable. Then the same applies to the matter of evening gowns. Crepe de chine is at its best in white, mauve and orange color; chiffon succeeds in black, gray, pale blue or pale green; velvet is good in gray, black, emerald green and ruby red, and satin satisfies in white, or, if of soft texture, in palest pink, blue or yellow. This year materials are of opposing qualities—taffetas are bright and rather hard; voile and crepe de chine are soft, while cloth and canvas are firm and solid in texture. These differences mean that more than ordinary care must be taken in the choice of their colors.

Paris Evening Gowns.

There are several different models for waists, some of which call for long flowing sleeves, and others that have only the band over the shoulders, and then the short sleeve drooping below. The long sleeves must be of the finest materials, unlined, and their length is only regulated by what is becoming. The simplest of all evening gowns for summer, and which can be made up with very little cost, are the pretty flowered muslins and batistes that this year can be bought for very little money, comparatively speaking. While a silk foundation is of course always satisfactory, it is not absolutely essential with these muslins, and many of the smartest are made up on thin underskirts, either of the same color or of some contrasting color. A charming little model for a flowered muslin has three flounces with rows of shirring at the top of each flounce, and bands of entre-deux and narrow lace on the edge of each flounce. The waist is in baby style with a deep bertha, the upper part of the bertha made of six rows of shirring, below which falls a square bertha of the finest batiste and lace insertion, and the whole gown is exceedingly dainty and effective. Such a gown can be made at home easily—Harper's Bazar.

A Bachelor's Tea Dish.

A bachelor maid with a small purse and a large spirit of hospitality has conjured up an afternoon tea dish which may be useful to others who have to entertain under difficulties. A delicious charlotte russe which would cost fifty cents if bought from a caterer this young woman makes in her own sitting room for less than twenty cents. The materials are a pint bottle of cream, at ten cents, and six lady-fingers at six cents, and a deep pint bowl with a good egg-beater are absolutely necessary. If the hostess understands her work, the cream may be beaten in one minute, while the tea is brewing, but care must be taken not to knock the bottom of the bowl, as so many do. This is why a shallow bowl means failure. Don't omit a small pinch of salt. Slant the beater a little; don't divide the cream, and beat steadily and briskly for the time mentioned. At the last few turns sweeten and flavor. The lady-fingers should have been previously split and placed upright in a round glass dish. If stale they may be dipped quickly in orange juice. If the charlotte russe is made some hours before it is to be used, melt a teaspoonful of granulated gelatine in a tablespoonful of orange juice or water; add a small after-dinner coffee cup of boiling water, and when cool beat through the cream at the last. This keeps the cream "up" and gives also a pleasant smoothness.—New York Tribune.

Talks About Womankind

One great secret of beauty is to dress in a modest, ladylike manner.

Have a few good flowers on your hat instead of a mass of tawdry ones.

No matter how fine your gown and hat, you will look badly dressed if your gloves are ripped at the finger tips.

If you spend all your money on a showy gown then you have to buy poor shoes or wear your shabby old ones.

If it is neatly made and well put on a gown that cost twenty-five cents a yard can look quite as stylish as one that cost ten times the sum.

Simplicity is the keynote of good dress. Eccentricity is always bad taste; do not strive for unusual effects; be content with simple girlish styles.

In buying a shirt waist, for instance, it is far better to choose one of fine material without any lace than one that is of coarser material and covered with coarse lace.

If you do your hair neatly and never wear a hair ribbon unless it is fresh and uncreased; if your collars are clean and your shoes neat and your dress conspicuous only for its modest harmony, you can be a very pleasant object to gaze upon.

It is better to wear no ribbons at all than to wear crushed and soiled ones. Just at present so many girls wear their hair turned up in a braid and tied with a black ribbon. In many cases the ribbon is dusty and shabby. The style is pretty and becoming, but if you can't afford a fresh ribbon don't wear one at all.

Timely Fashion Hints

New York City.—Young girls are always charming when wearing full waists made of soft material. This one is peculiarly attractive and includes an oddly shaped yoke which is eminently becoming and which gives the drooping shoulder line. As shown the material is embroidered batiste, with yoke and cuffs of Valenciennes lace finished with little ruches of plain muslin, and is unlined, but there are innumerable fabrics which are equally appropriate. Many simple silks of the season are quite sufficiently youthful and such light weight wools as challie and veiling will be worn the season through in addition to the large number of cotton and linen fabrics offered.

MISSES' BLOUSE WAIST.

The waist consists of the fitted lining, front and backs with the yoke and is closed invisibly at the back. When lined the yoke can be left free at the lower edge if preferred, but when the lining is omitted it is attached permanently at its lower edge on indicated lines. The sleeves are the favorite ones of the season and at the waist is worn a soft crushed belt.

The quantity of material required for the medium size (14 years) is four and one-eighth yards twenty-one inches wide, three and one-eighth yards twenty-seven inches wide or one and seven-eighth yards forty-four inches wide, with three-quarter yards of all-over lace and three-eighth yards of silk for belt.

Belts Made of Cowhide.

A distinct feature of the up-to-date masculine costume for the summer of 1904 is to be the cowhide belt. It is narrow, not more than one and a half inches wide, and is made of cowhide with the hair on. The irregular brown and white colorings are odd and striking. Also a fad of the season is the handkerchief in colored effects to match the shirt worn, whatever that may be. These come both in linen and silk. The self-color shades included are light blue, heliotrope, pale green, very deep pink and champagne. Equally expensive, though perhaps in better taste, are fine white handkerchiefs, hemstitched and having a border of fine cords forming plaids.

A New Feature of Dress.

Quite a feature of walking, visiting, and outdoor toilets generally is the scarf of silk which is tied or knotted and is then drawn through sundry slits and straps, reappearing at intervals in its progress down the front of a jacket or bodice or blouse. It may be knotted at the throat after passing around the neck, and before beginning its descent, or it may come down half or all the way before the opposite lengths are tied together. Free ends are always permitted to fall loose in any case. They may or may not be tasseled. This is the latest touch of Frenchiness. It is copied on linen and flannel yachting gowns with good effect.

A Lingerie Novelty.

One of the daintiest lingerie petticoats has a deep flounce made up of row upon row of narrow Valenciennes lace stitched together. A deep flounce on another skirt is composed of alternate rows of lace footing and tucked French nainsook.

Pongees Are Reasonable.

Vogue says that since the home enterprise of manufacturing them began all the heavy pongees in the natural shades as well as in pink, blue and such light colors are now sold at far more reasonable prices by the yard. They are the fashionable wear for school-age girls and become them amazingly with their self-colored lace as trimming.

Washable Petticoats.

The petticoats of the coming season, since the rage of cleanliness is on the increase, are preferably of wash materials. Tinted chambrays, tucked and lace trimmed, are used for those destined for the hardest wear, but the petticoat for dressy use is invariably of white.

Parasols Are Plain.

Plain styles are noticeable among the parasols carried by fashionable women. Tucked effects have been very good this season.

Square Yoke Waist.

Square yolks are exceedingly fashionable and suit some figures and faces better than any other sort. This very pretty waist includes one that extends over the shoulders, after the prevailing style, and can be made slightly low, as illustrated, or high with a regulation stock. The model is made of sheer white batiste, with the yoke and cuffs of represe net banded with lace insertion, the lining beneath the yoke being cut away to give a transparent effect, but the design is suited to all seasonable materials that enough to be made full and various combinations can be made. All-over lace, of many sorts, fine tucking and the many combinations of bandings with fancy stitches all are admirable for yoke and cuffs, while the trimming can be one of many things.

A LATE DESIGN BY MAY MANTON.

The lace is made with full front and backs which are arranged over a lining that is smooth at the upper portion but gathered at the waist line to blouse with the waist. The yoke is separate, arranged over the waist on indicated lines, and the sleeves are full puffs finished with fitted cuffs and can be either arranged over the foundation or left unlined as liked.

The quantity of material required for the medium size is four and one quarter yards twenty-one inches wide three and five-eighth yards twenty seven inches wide or two and one quarter yards forty-four inches wide, with one yard eighteen or half-yard forty inches wide for yoke and cuffs and four and a half yards of banding to trim as illustrated.

SQUARE YOKE WAIST.

A Beautiful Young Society Woman's Letter.

ST. PAUL, Minn.
521 Wabasha St.

Dr. Hartman, Columbus, O.
Dear Sir:

"I took Peruna last summer when I was all run down, and had a headache and backache, and no ambition for anything. I now feel as well as I ever did in all my life, and all thanks is due to your excellent Peruna."—Bess F. Healy.

The symptoms of summer catarrh are quite unlike in different cases, but the most common ones are general lassitude, played-out, tired-out, used-up, run-down feelings, combined with more or less heavy, stupid, listless, mental condition. Relish for food and the ability to digest food seems to be lost.

Skin eruptions, sallow complexion, biliousness, coated tongue, fitful, irregular sleep, help to complete the picture which is so common at this season.

Peruna so exactly meets all these conditions that the demand is so great for this remedy at this season of the year that it is nearly impossible to supply it.

Pe-ru-na Contains No Narcotics.

One reason why Peruna has found permanent use in so many homes is that it contains no narcotics of any kind. Peruna is perfectly harmless. It can be used any length of time without acquiring the drug habit.

Thousands of women suffer from pelvic catarrh and catarrhal nervousness and don't know it. If you feel fagged out, begin at once taking Dr. Hartman's Peruna. It will relieve your catarrhal affliction and all your organs will be restored to health. By a bottle to-day, as it will immediately alleviate your case.

Caught Alligator With a Fishline.

While deer, duck and quail shooting have been better this season in the neighborhood of Titusville than in several years, Rockledge, Stuart and a few other places seem to have the expert fishermen. But it takes a Merritt fisherman to catch alligators. We are told that a few days ago a seven foot alligator was caught with a fishline. The line was set and baited with a mullet, for trout. The alligator took the bait and the hook fastened itself in his throat. Had the line been a rope or chain it would have been twisted apart or the hook torn out. The alligator tired himself out and was easily taken by slipping a rope over his nose, securing his flippers and towing him ashore, where he was killed with an axe.—East Coast Advocate (Titusville, Fla.).

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It is by far the best building up Tonic and Blood Purifier ever offered to the world. It makes new, rich blood, imparts renewed vitality, and possesses almost miraculous healing properties. **Write for Book of Wonderful Cures, sent free on application.**

If not kept by your local druggist, send $1.00 for a large bottle, or $5.00 for six bottles, and medicine will be sent, freight paid, by

BLOOD BALM CO., Atlanta, Ga.

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"I used Cascarets and feel like a new man. I have been a sufferer from dyspepsia and sour stomach for the last two years. I have been taking medicine and other drugs, but could find no relief only for a short time. I will recommend Cascarets to my friends as the only thing for indigestion and sour stomach and to keep the bowels in good condition. They are very nice to eat."
Harry Stuckley, Mauch Chunk, Pa.

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THEY WORK WHILE YOU SLEEP

Pleasant, Palatable, Potent, Taste Good, Do Good, Never Sicken, Weaken or Gripe, 10c, 25c, 50c. Sold in bulk. The genuine tablet stamped C C C. Guaranteed to cure or your money back.

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