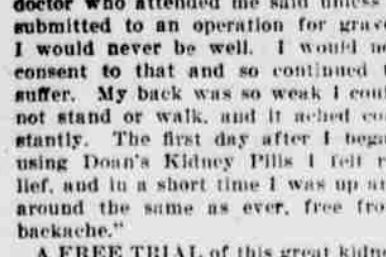


A REASON FOR SICKNESS.

Healthy kidneys take from the blood every twenty-four hours 500 grains of impure, poisonous matter...



doctor who attended me said unless I submitted to an operation for gravel I would never be well.

Still Believe in Witches. The ameer of Afghanistan, alarmed by the finding of an office of himself made in the form of a charm such as "witches" employ...

Buffalo (N. Y.) bricklayers and stoneasons' strike is beginning to affect carpenters, a number of whom have had to be laid off on account of the delay in the mason work.

WORMS ON THEIR TRAVELS.

et With in Millions in Forests of Hungary and Norway. The Sciarra, of the genus Tipula, a tiny wormlike creature which is found in the forests of Norway and Hungary...

One of those connected with the art department of the St. Louis Exposition is quoted as saying: "Woman will stand on an equality with man at the Louisiana Purchase Exposition..."

War Humor. "War has its humorous side," said Gen. Nelson A. Miles, "though the humor is always grim."

Not a Whim. You see, the athletic shirt waist is not merely a fashion whim, says the Indianapolis News. It is really the expression of an improved social condition.

Table listing various professions and their numbers, such as Plumbers, Woodchoppers, Longshoremen, etc.

The Pleasant Mother.

There are many conscientious fathers and mothers who make themselves and their children miserable by taking youthful follies too seriously.

What Girls Can Do.

"I am only a girl. What can I do?" is the exclamation one frequently hears when some fair young creature is urged to begin her studies.

DEAR MRS. PINKHAM.

"I can truly say that you have saved my life, and I cannot express my gratitude to you in words."

DEAR MRS. PINKHAM.

"I will always recommend your wonderful remedies, and hope that these few lines may lead others who suffer as I did to try your remedies."

Such unquestionable testimony proves the power of Lydia E. Pinkham's Vegetable Compound over diseases of women.

Women should remember that they are privileged to consult Mrs. Pinkham at Lynn, Mass., about their illness, entirely free.



Second Life For Evening Shoes. When light satin or white kid shoes are too soiled to appear again, they may be neatly covered with black silk or velvet...

Women as Artists. One of those connected with the art department of the St. Louis Exposition is quoted as saying: "Woman will stand on an equality with man at the Louisiana Purchase Exposition..."

Strange Trades For Women. About seventy years ago a New York restaurant hired a young woman as cashier. She was the first woman cashier in the city...

Not a Whim. You see, the athletic shirt waist is not merely a fashion whim, says the Indianapolis News. It is really the expression of an improved social condition.

Having the right poise of the body, hold it when you walk. Step lightly on the balls of the feet, and take an easy, fairly long, swinging step.

FRILLS AND FASHION. Have two or three sets of long-sleeve ruffles for one gown. Hand-painting is shown on imported blouses of silk, velvet and satin.

Church and Home. "I strongly believe that, above all, a lady's hair is much more beautiful than her bonnet," said the Rev. J. Cumming Smith.

A movement has been inaugurated in Chicago to induce women to remove their hats at the Sunday service. If successful, without effecting a change in attendance, the movement will dispel a popular theory in regard to "fine hats and other garments influencing the large attendance of women at church."

"I was central in regard to this question," said the Rev. J. Cumming Smith, of the Tabernacle Church, "until I took my vacation in April."

Summary of the commercial situation, R. G. Dun & Co. says: Industry suffers from an epidemic of ultra conservatism, emanating apparently from the theory that a season of depression must come every ten years...

WHOLESALE MARKETS. Baltimore, Md.—FLOUR—Quiet and unchanged; receipts, 4078 barrels. WHEAT—Dull; spot, contract, 1.07 1/2...

STATE OF OHIO, CITY OF TOLEDO, Lucas County. FRANK J. CHEESE makes oath that he is senior partner of the firm of F. J. CHEESE & Co., doing business in the City of Toledo, Ohio...

THE BROTHERHOOD OF PAINTERS is over 75,000 strong. The average Hindoo workman in India gets about \$ a year.

MEMBERSHIP in the journeymen blacksmiths' organization has increased an average of over 2,000 a month in the last year.

COMMERCIAL REVIEW.

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Of the total number of employees in the Nebraska packing industry last year 5,479 were men, 998 women and 484 children.

Seven-eighths of the union mechanics in the building crafts in Sacramento, Cal., are now at work under "closed-shop" conditions.

WHY HOT WEATHER MAKES WOMEN NERVOUS.



Blanche Grey.

A Well Known Canadian Lady Sends Letter of Endorsement to Penu-n. Miss Mary Burns, 28 Spring Garden Road, Halifax, N. S., writes: "Having used Penu-n for indigestion and stomach trouble and to build up a broken-down system with the very best results, I am pleased to state my experience with this excellent medicine..."

Twenty thousand navies have presented the Archbishop of Canterbury with a check for £100 in recognition of the work he has carried on among them in connection with the Navy Mission Society.

In the plague districts of South Africa the Government pays six cents for every dead rat.

Ladies Can Wear Shoes One size smaller after using Allen's Foot-Ease, a powder. It makes tight or new shoes easy. Cures swollen, hot, sweating, itching feet, ingrowing nails, corns and bunions.

Most of the Japanese cities are very old and their streets are too narrow for street railways. To rebuild the streets for the use of the street railways is not an easy matter.

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Suggestions by Dr. Hartman—How to Combat the Nervous Depression Incident to Warm Weather.

Nervousness is very common among women. This condition is due to anæmia of the nervous system. The nerve centers become bloodless for the want of proper nutrition.

This condition is especially noticeable during the warm season. Every summer an army of invalids are produced as a direct result of weak nervous systems.

One reason why Penu-n has found permanent use in so many homes is that it contains no narcotic of any kind. Penu-n is perfectly harmless. It can be used any length of time without acquiring a drug habit.

It has no effect upon the system, and gradually eliminates catarrh by removing the cause of catarrh. There are a multitude of homes where Penu-n has been used off and on for twenty years.

It is particularly liable to inflammations of the stomach and bowels. It is the part of wisdom to learn how to treat them short and in the easiest and quickest manner. Penu-n does this by its peculiar power over all forms of catarrhal troubles.

Aid Mothers and Babies. The deaconesses of the Chicago home are planning a campaign of "fresh air work" for the coming summer.

B.B.B. BOTANIC BLOOD BALM. The Great Relief Remedy for the speedy and permanent cure of Scalding, Ringworm, Itching, Cuts, Burns, Bruises, Eruptions, Wounds, and Skin Diseases.

INSOMNIA. "I have been using Cascarella for Insomnia, with such success that I can now sleep peacefully and I can say that I have never had any more of this trouble since I began using Cascarella."

Cascarella. Best for the Bowels. THEY WORK WHILE YOU SLEEP.

FREE to WOMEN. A Large Trial Box and book of instructions absolutely Free and Post-paid, enough to prove the value of Paxtine Toilet Antiseptic.

Paxtine is in powder form. It dissolves in water—non-poisonous and far superior to liquid antiseptics. It contains germ-killing alcohol which irritates inflamed surfaces, and has the property of drawing out pus.

The formula of a noted Boston physician, and used with great success as a Vaginal Wash, for Leucorrhœa, Pelvic Catarrh, Nasal Catarrh, Sore Throat, Sore Eyes, Cuts, and all soreness of mucus membrane.

REPAIR PATENT. WOMEN and MEN wanted who are seeking profitable, permanent and honorable business opportunities. No experience needed. No loss of time.

DROPSY NEW DISCOVERY. I suffered with Dropsy for several months. I was cured by Dr. R. H. Green's Dropsy Cure. I can say that I have never had any more of this trouble since I began using it.

MONEY IN CHICKENS. For 25c in stamps we send a 100 Page Book giving the experience of a practical Poultry Raiser. Tells everything requisite for profitable Poultry raising.

Book Publishing Company, 134 Leonard Street, New York.

Here It Is!

Want to learn all about a Horse? How to pick out a good one? Detect the same and effect a cure when same is possible? Tell the size by the teeth? All this and much other valuable information can be obtained by reading our 100-page Illustrated Horse Book which we will forward, postpaid, on receipt of only 25 cents in stamps.

Book Publishing House, 134 Leonard Street, New York City.