



Mrs. Tupman, a prominent lady of Richmond, Va., a great sufferer with woman's troubles, tells of her cure by Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM:—For some years I suffered with backache, severe bearing-down pains, leucorrhoea, and falling of the womb. I tried many remedies, but nothing gave any positive relief. I commenced taking Lydia E. Pinkham's Vegetable Compound in June, 1901. When I had taken the first half bottle, I felt a vast improvement, and have now taken ten bottles with the result that I feel like a new woman. When I commenced taking the Vegetable Compound I felt all worn out and was fast approaching complete nervous collapse. I weighed only 98 pounds. Now I weigh 109 1/2 pounds and am improving every day. I gladly testify to the benefits received."—Mrs. R. C. TUPMAN, 423 West 30th St., Richmond, Va.

When a medicine has been successful in more than a million cases, it is justice to yourself to say, without trying it, "I do not believe it would help me?"

Surely you cannot wish to remain weak and sick and discouraged, exhausted with each day's work. You have some derangement of the feminine organism, and Lydia E. Pinkham's Vegetable Compound will help you just as surely as it has others.

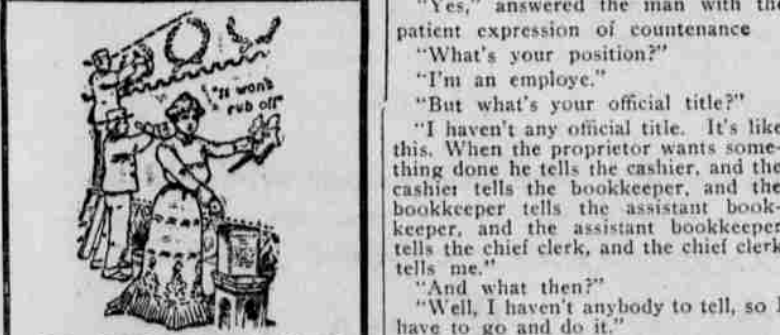
Mrs. W. H. Pelham, Jr., 108 E. Baker St., Richmond, Va., says: "DEAR MRS. PINKHAM:—I trust that I do not believe there is any female medicine to compare with Lydia E. Pinkham's Vegetable Compound, and I return to you my heartfelt thanks for what your medicine has done for me. Before taking the Vegetable Compound I was so badly off that I thought I could not live much longer. The little work I had to do was a burden to me. I suffered with irregular menstruation and leucorrhoea, which caused an irritation of the parts. I looked like one who had consumption, but I do not look like that now, and I owe it all to your wonderful medicine. I took only six bottles, but it has made me feel like a new person. I thank God that there is such a female helper as you."

Be it, therefore, believed by all women who are ill that Lydia E. Pinkham's Vegetable Compound is the medicine they should take. It has stood the test of time, and it has hundreds of thousands of cures to its credit. Women should consider it unwise to use any other medicine.

Mrs. Pinkham, whose address is Lynn, Mass., will answer cheerfully and without cost all letters addressed to her by sick women. Perhaps she has just the knowledge that will help your case—try her to-day—it costs nothing.

**\$5000 FORFEIT** If we cannot forthwith produce the original letters and signatures of above testimonials, which will prove their absolute genuineness. Lydia E. Pinkham Medicine Co., Lynn, Mass.

Delaware took its name from the river which fronts it, and this was named from Lord Delaware, who died off the coast in 1630.



**ALABASTINE**  
The Only Durable Wall Coating  
Wall Paper is unsatisfactory. Alabastine is temporary, rot, red and mild. ALABASTINE is a pure, permanent and artistic wall coating, ready for the brush by mixing in cold water. For sale by retail dealers everywhere. Beware of worthless imitations. ALABASTINE CO., Grand Rapids, Mich.

**Rheumacide**  
The Standard Rheumatic Remedy.  
STANDARD because able physicians declare that it is the only absolute cure for rheumatism, in its various forms. A prominent physician recently said: "I have never been able to write a prescription that will cure rheumatism, owing to the fact that the usual remedies do incalculable harm to the digestive organs. RHEUMACIDE completely overcomes this difficulty—benefits rather than injures the organs of digestion—hence it can be taken for an indefinite period, or as long as need be, to effect a permanent cure."  
The Doctor quoted covers the case exactly. "Rheumacide" is absolutely harmless.  
All Druggists, \$1.00, or express prepaid.  
Bobbitt Chemical Co., Baltimore Md., U. S. A.

**WINCHESTER**  
FACTORY LOADED SHOTGUN SHELLS  
"New Rival" "Leader" "Repeater"  
If you are looking for reliable shotgun ammunition, the kind that shoots where you point your gun, buy Winchester Factory Loaded Shotgun Shells: "New Rival," loaded with Black powder; "Leader" and "Repeater," loaded with Smokeless. Insist upon having Winchester Factory Loaded Shells, and accept no others. ALL DEALERS KEEP THEM

**FARM MATTERS.**

**Selecting Seed Corn.**  
To save seed corn select the ripest, heaviest, earliest ears, and from the strongest and most prolific stalks. In this manner the corn can be improved every year, and at a very little expense and care.

**Small Gains a Great Help.**  
A small gain in a large farm amounts to considerable for the whole. Two bushels more of wheat per acre, five of corn or oats, a quart more milk per day from each cow, or a slight daily gain over the average in weight of fattening stock, all greatly assist in changing loss into profit.

**To Select Seed Corn.**  
An excellent time to select seed corn is when it is being husked. All seed corn should be kept in a dry place, and if hung up where the air can circulate through it so much the better. In some sections seed corn is injured in winter by severe cold, but this danger is not so great if the seed is kept dry.

**Restoring Worn Out Soils.**  
When soils are partially abandoned because of the expense of restoring them by the purchase of fertilizers, the farmer has at his command the opportunities of green manures. The old system of farming was to recuperate the soil by allowing it to rest for a year or two, by not compelling it to produce a crop.

**Don't Waste the Manure.**  
If you do not have enough manure for a large field use it on a small plot, and endeavor to make as much as possible by concentrating the manure and work to a limited area. Manure may be wasted by attempting to make it do service on a larger space than it will profitably cover, as well as entailing more labor than the crop can compensate for.

**Stones in the Garden Soil.**  
Don't be impatient to get all the small stones out of your garden soil. Any as large as a baseball should certainly be taken out, but the smaller stones, especially those the size of a marble, help the soil by keeping it loose, allowing good circulation of water and helping to warm it somewhat. This is especially valuable where an early crop is wanted.

**Having a Specialty.**  
It is not a bad plan for any farmer to have some specialty aside from his regular crops, if he is not too short for help. Among the things to be suggested is a small area in some one fruit would be within reach of all. This would afford a profit in the majority of seasons, and every now and then comes a year when a fruit crop is worth a very handsome sum.

**Improving Poor Land.**  
Poor land can never be improved unless something is added to it. It is cheaper to allow time, in the effort to grow crops to be plowed under, than to attempt to take a seamy crop from the land. When the land is poor the manure should be concentrated on smaller areas, and allow a portion of the land to go uncropped until manure can be given to it. Time will be saved, however, by using green manural crops and fertilizers. The farmer who pays taxes on poor land taxes himself unnecessarily.

**Trampling Seed Into the Earth.**  
Peter Henderson some years ago called attention to the use of the feet in planting vegetable seed in dry weather. If small seeds are sown and loosely covered with dry earth they often fail to germinate, or, just after germination, they lie and perish. If, however, the earth is compressed about the seed at the time of planting, such drying does not occur, and the seed germinate well, even when the ground is very dry. To be sure, if the ground is full of moisture, this method would not be followed.

**Oiling Harness.**  
It is a good plan to keep harness well oiled, as it will make it wear longer and keep it soft and pliable and much more easily handled. Soft, well-oiled harness will stand more pulling than a set that has not been oiled. It takes the life and toughness out of leather to use it without oiling. The cost of the oil and the work of applying it will be saved many times by the harness lasting longer and the saving in repairs. The harness can be oiled some wet day when little else could be done, and the time consumed in doing it will hardly be missed.—The Epitomist.

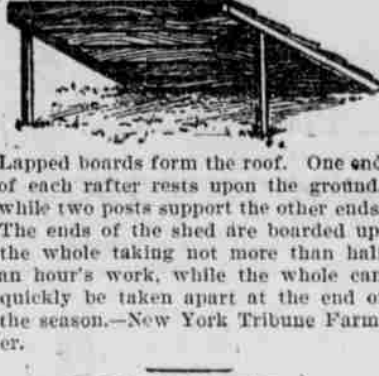
**Temperature For Bees.**  
Bees should be kept at a temperature ranging from forty-two to forty-five degrees above zero, and the hives should be dry. The light should be excluded as much as possible and the hives should not be exposed to sudden changes of temperature. An ample supply of honey should be left for the support of the bees during the winter. It is not necessary to put the hives under shelter until winter approaches, and if the colony in each hive is not strong it will be of but little service until it recovers in the spring. Too much warmth in winter is not conducive to success.

**Salt in the Manure Heap.**  
Salt in the manure heap will prove beneficial. As kainit contains a large proportion of salt, and also a percentage of crude sulphate of potash, it may be mixed with the manure by turning the heap over, care being taken that all portions of the manure be sprinkled with the kainit. It prevents loss of ammonia to a certain extent and adds potash to the manure, while salt attracts moisture and serves as an antidote to prevent "freezing" of the manure. Whenever manure is turned over the coarse materials should be placed in the center in order that they may more quickly be decomposed.

**Heat Producing Flowers.**  
The salsdella or snowbell of the Alps is a dainty little plant about three inches high, bearing two pendant-fringed white or violet bells on each flower stalk. They may often be found with the snow still firmly frozen round the stem, and the question naturally arises how did the blossoms, so much larger in circumference, make their way through? Botanists tell us that the plant forms its flowers buds under the snow, and in the process of breathing evolves so much heat that the encircling snow is melted and trickles down the stalk, round which it frequently freezes again. Thus gradually a dome-shaped cavity is formed round the blossoms, and the process is continued till in many cases they succeed in reaching the surface.

**Increasing Fertility of the Farm.**  
The profit from farming comes it slowly, and several years may elapse before the farmer is aware that his farm pays. This is due to the fact that fertility in the soil is cumulative, the results of the first year being but little, apparently, though every year thereafter the farm will increase its productive capacity. The system of farming practiced will also influence the future of the farm. Where stock is a specialty the results are nearly always excellent, and rotation of crops aid in giving a profit, but the largest gain is when the farmer uses fertilizers liberally and gives his attention to the preservation of the manure produced on the farm.

**Cheaply Made Open Shed.**  
An open shed is almost a necessity in raising chicks, both as protection from showers and cold winds and for a shelter at night. One can very easily be made in the fashion shown in the cut.



Lapped boards form the roof. One end of each rafter rests upon the ground, while two posts support the other ends. The ends of the shed are boarded up the whole taking not more than half an hour's work, while the whole can quickly be taken apart at the end of the season.—New York Tribune Farmer.

**Intensive Farming.**  
Intensive cultivation lays up for the future just as much as the improvement of a piece of property in a good neighborhood increases the value of the land for the future. One might make annual outlays for improving property, and not get actual returns for two or three years. So in the system of intensive cultivation the returns may be several years ahead. In the matter of the soil one finds that the land improves through intensive cultivation slowly but surely, and while we may not be able to see the improve ment this year or next it will in time come. Some soils are in such poor condition that it requires at least two or three seasons to make them respond to intensive systems of culture. Likewise some crops do not respond quickly to the careful selection of seed and thorough cultivation.—Michigan Farmer.

**Uses of Fallen Leaves.**  
Forest leaves make an excellent bedding for stables, and at the same time one of the richest fertilizers. It is not good policy, however, to gather the leaves from a piece of woodland, as such action will in time exhaust the soil and cause injury to the trees. When the leaves blow into ravines they may be gathered and used at the barn. Dry leaves, held in place by a few boughs, make an excellent protection for such vegetables as lettuce, spinach, onions, etc., as are wintered in the open air. Leaves forked in about young trees keep the soil loose and promote rapid growth. Leaves thrown into the scratching pen where chickens are confined in winter are excellent to give them exercise in hunting for their food. They also are excellent for closing the crevices in old pens where chickens, pigs, etc., may be confined in winter. When leaves are yearly removed from a lawn it is necessary to return to the soil a fertilizer equivalent in value to the leaves removed.—Dr. George G. Groff, in New York Tribune Farmer.

**Does Farming Pay?**  
The question as to whether farming pays is not fundamental. It is merely incidental. A necessary occupation must pay. Too often it is answered in the negative by the mere citing of cases in which farming unprofitable. The abandoned farms of New England may not pay, else they might not have been abandoned. Yet even here there may be a fallacy. Perhaps the farm that has ceased to be profitable under the old system of farming may be made to pay under a new system. Strictly speaking there are probably no abandoned farms in New England. There may be a change in ownership and in methods, but the lands still yield a crop for somebody. They have not reverted to the public domain. The management of land is undergoing a radical change. This change may result in hardships to the individual who will not accept the new order, but it works to the betterment of the farm and consequently of the community. Farming pays even though a farmer here and there may fail.—F. H. Sweet, in The Epitomist.

**Old and New Strawberry Beds.**  
Very rarely have we had a season more conducive to the growth of weeds in the strawberry beds than this has been. We could not get into the garden to root out the weeds for weeks at a time, and the consequence was that the plants were almost swamped. Heroic treatment was required to clear them out. But we have done it. First we went over the plot with a scythe, cutting down all the grass, ragweed and other foul stuff. This was raked off and drawn away on the stone boat and then the land bottom up, berry plants and all. This was followed by the harrow. This left a good seed bed for the new plants. These we took from the old bed of this summer. A nice lot of runners had grown up between the rows, and these we transferred to the new bed. A fine shower coming on shortly after we had finished the work of transplanting helped to give the new plants a start. Now we will go through the rows with a cultivator as often as needed, and also through the rows of last year's plants we will save over for one year more. It has been hard work, but we are sure it will pay well.—E. L. Vincent, in New York Tribune Farmer.

**Heat Producing Flowers.**  
The salsdella or snowbell of the Alps is a dainty little plant about three inches high, bearing two pendant-fringed white or violet bells on each flower stalk. They may often be found with the snow still firmly frozen round the stem, and the question naturally arises how did the blossoms, so much larger in circumference, make their way through? Botanists tell us that the plant forms its flowers buds under the snow, and in the process of breathing evolves so much heat that the encircling snow is melted and trickles down the stalk, round which it frequently freezes again. Thus gradually a dome-shaped cavity is formed round the blossoms, and the process is continued till in many cases they succeed in reaching the surface.

**Simple Safe and Inexpensive.**  
The utility and simplicity of the Post Check has appealed to nearly every body who has given the scheme any thought. It has the endorsement of financial experts and the backing of men who are dependent on the mails for the receipt or dispatch of money, particularly in small sums, to a considerable extent. It ought to impress Congress favorably, for it is in the interest of the people. Such being the case, Congress might do well to pay much heed to those who are opposing the introduction of this form of money on no more worthy grounds than that it will give them a little more work and trouble. The pending bill is clearly one in the interest of the masses, and the indications are that its adoption cannot ultimately be prevented.

Joy is the sunshine of the heart, and cheerfulness and honest mirth bring forth the blossoms and unfold the leaves, and their fragrance sweetens all our lives and the lives of others. Do not worry. Worry drains the system of its vitality and shortens the life.

In cases where bronchitis has become chronic from want of proper treatment in the earlier stages, there is nothing so good as Dr. August Koenig's Hamburg Breat Tea, in conjunction with which is strongly advised the use of St. Jacobs Oil as a throat application along the front of the throat, from close up under the chin to well down to the top of the chest; the one remedy assists the other, and as intended, they work in complete union. The wonderful penetrating power of St. Jacobs Oil enables it to reach the adhesion of foreign matter which lines the bronchial tubes and which makes breathing more and more difficult. As these adhesions become inflamed and enlarged, St. Jacobs Oil causes such adhesions to break away, making expectoration easier and more free. Dr. August Koenig's Hamburg Breat Tea, drunk slowly and very hot, soothes and heals the parts, is comforting and quiets the cough and relieves the breathing. This manner of treatment (and there is no other two remedies that will work together so successfully) reaches the difficulty from the outside and the inside at the same time. St. Jacobs Oil reaches the roots of the adhesion, and assists Dr. August Koenig's Hamburg Breat Tea in clearing them; both remedies act in union in healing and curing. The above remarks apply with equal force in cases of asthma, croup, whooping cough, enlarged tonsils and all bronchial affections. Every family should have St. Jacobs Oil and Dr. August Koenig's Hamburg Breat Tea always in the house in order that they may be promptly used in the first stages. Often the maladies develop with wonderful rapidity, and complications take place with equal suddenness.

The stations built originally along the Siberian Railway have already been doubled in number.

**1,000 Per Cent. Profit in Pocket.**  
HEALTH AND PLEASURE is paid by fresh, juicy, home grown Strawberries allowed ripen thoroughly on the vines. We sell the plants packed to carry fresh anywhere in the U.S. Our 100-page Manual (free to buyers) makes growing for pleasure or profit plain to all. Plant now. Catalogue Strawberries, Asparagus, etc., free. CENTRAL PLANT CO., 12 Strawberry Heights, Kitterell, N. C.

Persons in Morocco are required to pay the policeman who arrests them a fee of twenty-five cents.

FIT'S permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. \$2.00 bottle and treatise free. Dr. E. H. KLINE, Ltd., 361 Arch St., Phila., Pa.

Any fellow who uses his feet can walk with a measured tread.

Mrs. Winslow's Soothing Syrup for children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

It's only natural that there should be springs in the bed of a river.

Piso's Cure is the best medicine we ever used for all affections of throat and lungs.—Wm. O. ENDREY, Vanburner, Ind., Feb. 10, 1900.

Some wealthy men show their sharpness by cutting their sons off.

**GOVERNOR OF OREGON**  
Uses Pe-ru-na in His Family and Grip.



CAPITOL BUILDING, SALEM, OREGON.  
A Letter From the Executive Office of Oregon.

Pe-ru-na is known from the Atlantic to the Pacific. Letters of congratulation and commendation testifying to the merits of Pe-ru-na as a cathartic remedy are pouring in from every State in the Union. Dr. Hartman is receiving hundreds of such letters daily. All classes write these letters, from the highest to the lowest. Any man who wishes perfect health must be entirely free from catarrh. Catarrh is well-nigh universal; almost omnipresent. Pe-ru-na is the only absolute safeguard known. A cathartic remedy is not a cathartic. To prevent colic, to cure colic, is to cheat catarrh out of its victims. Pe-ru-na not only cures catarrh, but prevents. Every household should be supplied with this great remedy for coughs, colds and so forth.

The Governor of Oregon is an ardent admirer of Pe-ru-na. He keeps it continually in the house. In a recent letter to Dr. Hartman he says:

STATE OF OREGON,  
EXECUTIVE DEPARTMENT,  
SALEM, May 9, 1908.  
The Pe-ru-na Medicine Co., Columbus, O.:  
Dear Sirs—I have had occasion to use your Pe-ru-na medicine in my family for colds, and it proved to be an excellent remedy. I have not had occasion to use it for other ailments.

W. M. Lord.  
It will be noticed that the Governor says he has not had occasion to use Pe-ru-na for other ailments. The reason for this is most other ailments begin with a cold. Using Pe-ru-na to promptly cure colds, he protects his family against other ailments. This is exactly what every other family in the United States should do. Keep Pe-ru-na in the house. Use it for coughs, colds, grippe and other climatic affections of winter, and there will be no other ailments in the house. Such families should provide themselves with a copy of Dr. Hartman's free book, entitled "Winter Catarrh." Address Dr. Hartman, Columbus, Ohio.

**HAMLIN'S WIZARD OIL**  
FOR DIPHThERIA, CROUP, ALL DRUGGISTS SELL IT

**W. L. DOUGLAS**  
\$3 & \$3.50 SHOES  
W. L. Douglas shoes are the standard of the world. W. L. Douglas made and sold more men's Good-year Welt (Hand Sewed) Process shoes in the first six months of 1907 than any other manufacturer. \$10,000 REWARD will be paid to anyone who will furnish reliable evidence that this statement cannot be exceeded.

**W. L. DOUGLAS \$4 SHOES**  
1909 catalog, \$1.00. 1908 catalog, \$2.00. 1907 catalog, \$2.00. Best imported and American leathers. Best Patent Calf, Goat, Sheep, Cow, Horse, and Cattle. Best Wat. Kangaroo. Fast Color Kyelets used. Caution! The genuine have W. L. DOUGLAS name and price stamped on bottom. Shoes by mail, 25c extra. Write Catalog free. W. L. DOUGLAS, BRIDGEPORT, MASS.

**RIPANS**  
I have been using Ripans Tablets for over two years as a medicine for general ills. I always keep a supply on hand, and find they come in handy for everyday use in case of headache, constipation or a bilious attack.

At druggists. The Five-Cent packet is enough for an ordinary occasion. The family bottle, 60 cents, contains a supply for a year.

**FRUIT TREES, ORNAMENTAL TREES, STRAWBERRY PLANTS, SHRUBS, ROSES, GRAPE VINES, ASPARAGUS, ETC.**  
25c Catalogue sent on application. J. B. WATKINS & BRO., HILLSBORO, VA.

**Situations Secured**  
for graduates or tuition refunded. Write at once for catalogue and special offers.  
**Massey Business Colleges**  
Louisville, Ky. Montgomery, Ala. Houston, Tex. We will pay for you. Richmond, Va. Birmingham, Ala. Jacksonville, Fla.

How's Your complexion? Bad? We can make it good. Good? We can make it better. Send 25 cents to THE BURD L. CO., 12 Duane St., New York, for a tube of **KUROL**. Give it a trial and if not convinced your money will be promptly refunded.

**Mexican Veterans**  
We buy Henry Land Warrants issued to soldiers of the Mexican War from 1847 to 1855. We will pay for your old paper warrants and any other papers issued for those wars including heirs. Write for particulars. The Collins Land Co., Atlantic Building, Washington, D. C.

**PISO'S CURE FOR**  
WHEALS AND ALL THE ILLS OF THE SKIN. Use in time. Acts by drawing. No itching. No pain. No danger. **ADVERTISE IN THIS PAPER IT PAYS**  
**DROPSY** NEW DISCOVERY; gives relief from dropsy, edema, and other ailments. Book of testimonials and 10 Days' Guarantee. Dr. S. E. ZIEGLER'S MED. SUPPLY CO., ALBANY, N. Y.