

HOSPITAL SECRETS.

A Nurse Says: "Pe-ru-na is a Tonic of Efficiency."



MRS. KATE TAYLOR. Mrs. Kate Taylor, a graduated nurse of prominence, gives her experience with Peruna in an open letter. Her position in society and professional standing combine to give special prominence to her utterances.

CHICAGO, Ill., 47 Monroe St.—"As far as I have observed Peruna is the finest tonic any man or woman can use who is weak from the after effects of any serious illness. I have seen it used in a number of convalescent cases, and have seen several other tonics used, but I found that those who used Peruna had the quickest relief. Peruna seems to restore vitality, increase bodily vigor and renew health and strength in a wonderfully short time."—MRS. KATE TAYLOR.

In view of the great multitude of women suffering from some form of female disease and yet unable to find any cure, Dr. Hartman, the renowned specialist on female catarrhal diseases, has announced his willingness to direct the treatment of as many cases as make application to him during the summer months, without charge. Address: The Peruna Medicine Co., Columbus, Ohio.

Always Something to Learn. President Eliot was arguing in favor of education by "showing how" before the kindergarten's Wednesday night. He said that he was learning something every day by being "shown how."

He illustrated his point by describing the training of medical students, and concluded by telling of an old friend of his who had suddenly become deaf in one ear.

"How did this happen?" I asked him. "Well, I was blowing my nose the other day, when I felt something snap in my ear, followed by an aching and dullness."

"When the doctor came he said the drum had split and asked how I did it. 'I only blew my nose,' I told the doctor."

"Well, had you opened your mouth when you blew your nose you would not now have a damaged ear drum," was the doctor's reply.

"You see, my friend had lived seventy years and had never been shown how to blow his nose," concluded President Eliot. The application was appreciated and greeted with a great burst of laughter.

Death as an Excuse. In a seaside village inhabited chiefly, it would seem, by the widows and other bereaved female relatives of sea captains, summer boarders are the profitable source of income. To one of these her future landlady gave the reason her pleasant rooms had never been rented before.

"You see, my husband never died till last winter."

A perhaps more regretful though equally casual treatment of the departed suggested the following note of apology from an Irish woman blessed with a large family:

"My husband is prevented by death from returning the wash this week, but hopes to give entire satisfaction next week."

A New Name for Sun-dried. Mrs. Blank's maid came to her mistress the other day in a state of great excitement.

"Miss Lillie has just been healed," she said, referring to Mrs. Blank's next-door neighbor, "to ask of you wouldn't come in to luncheon. She's got a Smith and Wesson brand, an' she sees foh yo' tuh cure, an' she knows yo'll enjoy it. Mr. Smith he sent her the ham from Virginia, she says."

And Mrs. Blank went, though it did seem to her a queer sort of a feast.

Value of Tact. The best-intentioned act, the sweetest charity, may be marred by lack of tact. A lady was distributing tracts to the patients in a certain military hospital, when she was greatly shocked to hear a soldier laughing at her. She turned around indignantly to reprove him, when he said: "Why, look here, madam, you have given me a tract on the sin of dancing, when I've had both legs shot off."—Success.

A Misapprehension. "Maw," said little Willie, "which was right, or was it?" "Why, my son," replied the obliging mother, "I will be glad to inform you, if you explain."

"Well, last night when paw came in you told him he was blind drunk." "Why, Willie?" "An' he said he was seein' things!"

Sprained Knee for 3 1/2 Years. From among the numerous unsolicited testimonials which have been received in praise of St. Jacobs Oil we select that of Mr. Arthur Harrison, of Willford Crescent East, Nottingham, who suffered from a sprained knee for 3 1/2 years. He says: "I had been suffering from a very bad sprained knee for 3 1/2 years, through playing football. I had been under the doctor's care twice, and had used all kinds of oils and embrocations, when I was recommended to try St. Jacobs Oil. After trying two small bottles I am pleased to say my knee is now as perfect and strong as ever. I should have written you before, but wanted to give it a thorough trial, and am glad to inform you that since using St. Jacobs Oil I have never felt another twinge of pain."

What One Needs When they are weary and worn, without an appetite, have no ambition, cannot sleep, nervous and irritable. Take Vogel's Curative Compound, which restores, enriches and vitalizes the blood and makes people well and strong. It is the only true blood purifier, made from the formula of an English physician, that is prominently before the public to-day. Send in the propiors of St. Jacobs Oil, Ltd., Baltimore, Md., for a free sample bottle.

WOMAN'S REALM.

WOMEN AS GENEALOGISTS.

How They Have Supplanted Men in This Profession.

There was a time when the typical genealogist was a white-haired scholarly man who sat all day in the archives of a great library or a historical society. But it is no more; the singular development of the Revolutionary and colonial societies of American women has made an immense demand for biographical, genealogical and historical information, and has created an industry which is now followed by scores of the sex. If you desire to join any one of these societies you are compelled to prove your lineage, and to do this you can procure an accurate and well-written pedigree for a few dollars. If you are more ambitious you can get a pedigree showing two, four, or eight lines of descent or a genealogical tree giving the history of your family. The women who make this a specialty keep copies of their searches, and most of them employ a system of scrap-books and indices which as they grow assume considerable historical as well as pecuniary value.

One woman, a widow, has to-day a library on the subject, comprising two thousand books, a thousand pamphlets, and several thousand manuscripts. Another, who is connected with the Daughters of the American Revolution, said about her calling: "Most of my people desire at first a mere certificate of descent from some one who took part in the Revolution. When they receive this they get interested in the matter and then order a search as to all their lines of descent. As it is now five generations from the Revolution, it makes sixteen thousand names, of course, several lines will coincide with those of other women, for whom I have done similar work. The next step is tracing a colonial ancestry, and above all, a Mayflower ancestry. The Mayflower ancestors are more numerous than most people suppose; that famous brig made a number of trips across the Atlantic, each time bringing over a numerous passage list. The demand for this kind of work prevails all over the United States, and has brought about the publication of hundreds, I might say thousands, of colonial and Revolutionary records."

Beyond the searches mentioned, there is now growing up a taste for genealogical trees and family histories. Few if any of these are written for the market, the people ordering them or making them intending them for private distribution. The only exception that I recall is that of the family of a famous Admiral, which was published a few years ago. "In this work the New Englanders take the lead; next to them come the Knickerbockers of New York. The Palatines have made a beginning, as have the Scotch settlers of Virginia and Tennessee, and a few of the cavalier families of the South. The Huguenots have contributed a good share, and the old French settlers of New England have added a little. Thus far nothing seems to have been done by the Irish pioneers, the Southern Spanish, Southern French, Western Spanish or American descended from red men."—Boston Transcript.

Massage vs. Walking. "I met Maude X. walking to-day," said one of her friends, "and I was so surprised." "Why?" queried her companion. "I suppose, in spite of her horses and carriages galore, that she must take exercise like the rest of us." "Never on foot, though," returned the first speaker. "She rides her horse every day, works in the gymnasium and is massaged. She does not like it, and it is really funny to see her on the street talking little short steps like a Chinese woman; you can see she is not accustomed to it."

It is true that a number of rich women in New York never walk at all, and rely chiefly upon massage to keep them in good health, and what is even more important in their eyes, to work off any accumulation of superfluous flesh. There is a great difference in smart women in this respect. Some lead what might truly be called a strenuous life. They rise early, do their own massage in their matutinal tubs, and take vigorous constitutional in the way of walking and riding, all in addition to the fine lady existence incumbent upon their position, while others rely on the most up to date, modern methods to keep them healthy, and are bathed in tonics, massaged in lieu of exercise, and live in the open air in their carriages. —New York Tribune.

How to Dress the Hair. There are variations in the fashion of the coiffure. The careless pompadour front is prettier than the more formal arrangement and with the hair more puffed at the sides is a favorite style, and is finished with a wreath of green leaves. A new style for the back is to have the lower part from ear to ear tied up separately and slightly puffed instead of forming the circular puff so suggestive of a large sponge. The coil or knot is poised fairly high and is rather long and narrow in form, or it may be almost circular in shape, the lowest points being level with the tops of the ears. The small earrings and studs now so fashionable are admirably shown up by the pompadour type of hairdressing, and the exaggerated banded fashion of covering the ears is no longer worn. As a matter of fact, this was a mode never adopted by the smart society woman.

The Summer Girl's Dresses. A gown of light summer silk, such as foulard, India or surah, will be needed for church and cool evenings. A gown of flannel or lightweight serge made up without a lining is among the most sensible and useful to include in one's list of summer dresses. The linen and cotton ducks cannot be excelled for all-round usefulness. If a girl has one or two of these white skirts with a couple of white blouses she can feel perfectly at ease no matter where she may be, nor what the occasion at which she must put on an appearance.

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A thin white gown for special occasions is absolutely necessary. Linen, Persian lawn, dimity, organdy and the many figured Swisses are all lovely materials from which to make a gown which will be suitable for the many little impromptu affairs which spring up in the summer time.—Ladies' Home Journal.

New Home for Wellesley's President. Miss Caroline Hazard, President of Wellesley, has been building herself a beautiful home on the college grounds, which is intended not only for her own occupancy, but for that of future Presidents. It is a gambrel-roofed house, two and a half stories high; the ground floor, which has two wings, is about ninety feet in length, the second story being somewhat smaller. The frontage is south, giving views, charming and restful, of woodland, lake and meadow. In its effect, both outside and within, the house is attractive, dignified and elegant. As the home of the college President it will undoubtedly become a nucleus for the college life, and its generous proportions will admit of entertainment on a larger scale than has hitherto been possible to the President.

Fern Luncheon. A fern luncheon is one of the prettiest manifestations of special functions for the summer, and one, too, since ferns abound everywhere, that is easiest arranged. Ferns should decorate the halls, the parlors, and the piazzas, and the table should show them in generous profusion. They may be arranged as a centre piece in any way that fancy dictates, and if shades are used for candles, they should be white and fern-trimmed. The name cards, too, should be decorated with ferns. The ice course may stimulate growing ferns. Get at the florist's tiny muscled pots of the sort in which cuttings are slipped. Wash them thoroughly, and fill with vanilla ice cream, sprinkling a little grated chocolate on the top. As these are sent to the table, stick a fern branch in each and stand on a plate with ferns laid about.—Harper's Bazar.

Fashions in Girdles. The fashion of wearing girdles from which chains depend, holding odds and ends like our chatelaines, dates as far back as the time of Louis XII. The "diamond," which was very costly, had gold chains, gold-handled scissors, gold purses and small mirrors attached; but, of course, in far earlier times knotted girdles were worn by women.

You see examples of them on the tombs of the middle ages. Chaucer alludes to them. Magnificent jeweled girdles were worn in the time of Henry VII and Henry VIII. Sometimes they took the form of chains, sometimes they were composed of links of gold or silver. Men wore them as well as women. Girdles with large buckles were worn in 1738, and one authority tells us that it was a common practice in those days to cut them at the back so that they fell and were thus easily stolen.—Washington Star.

A Rule of Fashion. The smartly gowned girl never forgets to have at least a touch of the same color in her hat and petticoat. She always carries out in her dress the idea of a finished picture. If she uses a certain color in one place in her costume she is careful to see that the same tone is reflected somewhere else. Even if it is only in the band of sash ribbon which she now sews on the inner side of the hem of her dress-skirt. This band of ribbon is about two inches wide, and is sewed to the bottom of the dress skirt on the inside just where you would generally sew the waist. It is only visible when the skirt is lifted or when the wind blows it about.—Woman's Home Companion.

A Cool Night Robe. One very new night robe for warm weather is made with simple caps of lace to take the place of sleeves, the lace falling in deep points front and back.

Pretty Things to Wear. Hoop bracelets of dull gold are offered for wear with the short sleeves of the summer. Buckles of gun metal adorn the colonial ties of black suede or dull finished leather that are so popular. Novelty hat ornaments have come centres, encircled by brilliant and pearls. They come in round and oval form. Small mirror pendants, fully two inches across, are in silver gilt mounting. The form is heart-shaped, round or oval. Fliet net in black or cream color makes a dainty turnover collar, with the edges embroidered in silks of delicate shades. The new linen skirts are trimmed with stitching only, but with plenty of that. Darker linens are stitched with white and the result is effective. A new decoration for dainty waists in lawn or mull is old-fashioned scalloped tucking. The tucks are very narrow, and the scalloping is done by whipping them over with fine thread. Ties of pongee, figured in color, are smart and new. The coloring is introduced by dots and the diamonds in black, various shades of blue, scarlet, orange and purple. Stocks to match, are worn with these ties. A pretty lace collar, ready to put on as you blouse at a moment's notice, is made of crepe lace run through with several rows of bobbe ribbon, each row in a different color, and finished with knots back and front. Stocks no longer curve up at the back. The new collar is in the shape of a straight band of trimming, a wide band to match, finishing the sleeve. With white shirt waists these bands are often embroidered, and give a bit of character to the costume. A set of pins to fasten the embroidered collar and cuffs should also include a larger pin to fasten the belt. These pins are of coral, or turquoise, most frequently, while cameos are very desirable. The belt embroidered to match the cuffs and collar is a fashion of the moment.

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HOUSEHOLD MATTERS.

Usefulness of Salt.

If anything catches fire, or something burning makes a disagreeable smell or smoke, throw salt on it at once. If a bright, clear fire is required quickly sprinkle salt on the coals; likewise, if too much blaze should result from the dripping of fat from boiling steak, etc., salt will quickly subdue it.

Orris Root for the Wardrobe. A laundress who lives with a family that prefer the fragrance of orris root to the delightfully fresh and clean odor of "no smell at all" puts a large piece of orris root wrapped in a little case of linen into the water in which the body linen is boiled each week. When ironed, the linen is placed in drawers sweet with violet powder in linen or paper sachets.

To Get Artistic Effects. The Japanese custom of showing only one good picture, or kakemono, or screen at a time, and placing the flowering branch of a tree where it will be seen to great advantage in their guest room, is unquestionably an excellent idea—one well worth imitating. In our efforts to have everything pretty and shiest around us we reduce our parlors to miniature curio stores and palm houses, and incrowding our treasures fail to obtain the effect of artistic beauty in their arrangement.

A Compound to Clean Carpets. A compound which will clean carpets is as follows: Make a suds with a good white soap and hot water, and add fuller's earth to this until the consistency of thin cream. Have plenty of clean drying cloths, a small scrubbing brush, a large sponge, and a pail of fresh water. Put some of the cleaning mixture in a bowl and dip the brush in it; brush a small piece of the carpet with this; then wash with the sponge and cold water. Dry as much as possible with the sponge, and finally rub with dry cloths. Continue this until you are sure that all the carpet is clean; then let it dry.

New Wall Coverings. For the merely pretty bedroom nothing is more novel than the printed tickings, got up in fancy stripes. In weave and in design they are really more suggestive of chintz than of any of the ordinary tickings. They come chiefly in stripes, the floral designs alternating with plain ribbed effects similar to the dimity and zephyr dress goods. Quiet, small flowers mark the patterns. They are especially suitable for semi-colonial effects, and are best employed when used from wainscoting up to a low-hung moulding with drop-celling above. Again, they may be used in combination with plain-toned buckram, or with crepe fibre. Papers exactly imitating these printed tickings come at half the price; but these may be matched in saten draperies, so that the entire room may be done in chintz effects even to the window and other hangings.—Harper's Bazar.

Oleioleth as a Floor Covering. A woman who for years has used the ordinary table oleioleth to cover her bathroom and her summer cottage floors says it is the cheapest and most satisfactory covering she knows of. She says it wears it spring and body. Contrary to one's first impression, it wears remarkably well, and is much easier wiped off and kept clean than the bare floors. If one has never investigated table oleioleth they will be surprised at the wide range of patterns and colors offered for sale even in country stores. Two very pretty ones were noted lately in a desert camp house. On the little dining room was a small oak leaf pattern, green on a brown ground, looking, when down, much like the old-fashioned "three-ply." The other was a neat geometric design in shades of brown.—Washington Star.

Watercress Salad—Steep in cold water some watercress. When ready to serve pour over a French dressing made with one tablespoonful of vinegar, three tablespoonfuls of oil, one teaspoonful of scraped onion, a little salt and pepper; mix this well and pour over the watercress and two red boiled beets cut in cubes.

Rhubarb Lemonade—Peel and stew green rhubarb in plenty of water to cover, adding a very little sugar and lemon juice. When the rhubarb is tender strain off the syrup and when cold it is ready to use. A few large raisins cooked with the rhubarb will improve the flavor. The pulp may be used with addition of little more lemon juice, gelatine and juice of stewed prunes to make a jelly mold with the whole prunes.

Asparagus in Ambush—The tops of two bunches of green asparagus, eight stale rolls, two cups of milk, four eggs, a large tablespoonful of butter rolled in flour, salt and pepper. Take out the crumbs from the rolls, having cut off the tops that they serve as covers, and set the rolls and the tops in the oven to become crisp. Heat the milk and pour it upon the beaten eggs; stir over the fire until the mixture begins to thicken, and then add the butter and flour, and then add the asparagus, cut fine and boil tender and well seasoned. Fill the rolls with this mixture and serve very hot.

Stewed Figs, With Jelly and Cream—Wash about one and one-half dozen whole figs, cover with boiling water and cook until tender. Drain the figs from the liquid, reserving latter, of which there should be one cup. Soften one-fourth of a two-ounce package of gelatin in one-fourth a cup of cold water and dissolve in the liquid in which the figs were cooked. Add half a cup of sugar, the juice of a lemon and half cup of orange juice. Strain into shallow dish. Add one-eighth a cup of powdered sugar, and a few drops of vanilla extract to a cup of double cream and beat solid to the bottom of the bowl. Dispose the figs in the centre of a serving dish. Surround with the jelly cut in cubes and the whipped cream.

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OUR BUDGET OF HUMOR.

The Banquet Habit.

A curious thing is digestion. "It's fraught with a power complete. Whenever there's anything big to be done we all get together and eat."—Washington Star.

Her Remarkable Talent. "Why do you think that she is such a remarkable woman?" "She can study a railway time card and learn something about trains from it."—New York Herald.

Love at First Sight. His Dog—"Are you certain that your mistress loves my master?" Her Dog—"Why, it was love at first sight. She pushed me off the sofa to let him sit down."—Detroit Free Press.

An Oddity. Chorus—"Great Scott! Look wot's drifted along an' not a loose cobblestone in sight!"—New York Journal.

A Hall-Mark Superfines. Tompkins—"What is your idea of an aristocrat?" Jenkins—"Well, a real aristocrat is a man so thoroughly well-bred that you wouldn't know he was an aristocrat."—Detroit Free Press.

Utter Faith. Father—"I seriously doubt that young man's capacity to support a household." Daughter—"O papa! How can you talk so about him? Why, he doesn't doubt yours!"—Puck.

Etiquette. Ethel—"Mrs. Youngwife is worrying because her husband is fond of adventure and not of domestic life." Edith—"In that case I don't see why she need worry. He's likely to be very happy at home."—New York Times.

It's All Off. "Have you heard that Vickie and I have parted for ever?" "No. Are you sure?" "Yes; she told me in each of her last three letters that she would not even write to me again."—New York Times.

A Dad Beginning. "I have known better days, lady, began Faded James. "Yes, it's a wretched morning," replied the farmer's wife, "but I've got no time to discuss the weather with you, bad as it is." And she shut the door and left him.—Philadelphia Bulletin.

Helpless. "Delays are dangerous, you know," he said, when she again insisted on postponing the wedding. "I know," she answered, "but the dressmaker ran a needle through her thumb this morning, so what in the world can we do?"—Chicago Record-Herald.

His Speech. "I wonder what he meant," said the man who had been trying to make a speech. "What he said, very likely," some one suggested. "Yes, I know, but he said my flow of words was continuous without continuity."—Chicago Post.

Long Drawn Out. The Rev. Mr. Tallman—"And what did you think of my sermon?" Miss Sharpe—"Oh, it was so like you, Mr. Tallman." The Rev. Mr. Tallman—"Characteristic, eh?" Miss Sharpe—"Well, no one could say it was stunted."—Philadelphia Press.

The Associates. "There is a great deal in having servants who are accustomed to the ways of good society," said the experienced housekeeper. "We have been remarkably fortunate in that respect," answered young Mrs. Torkins. "Our new girl won't do a thing we tell her unless we say 'please.'"—Washington Star.

Plausible Enough. Ascum—"How did you make out with that story you sent to the Klapptrap Magazine?" Scribbler—"Rejected. I fancy it was too clever." Ascum—"Too clever?" Scribbler—"Yes, I suppose they were afraid it would distract attention from their advertising pages."

Waiting in Vain. "What are you crying for?" "I just put my letter in here, an' I've been er waitin' two hours for an answer. Boo-hoo!"—New York Journal.

Blank Ingratitude. First Tramp—"I ran across a rich uncle of mine lately, but after all I done for him, he wouldn't gimme a cent." Second Tramp—"What did you do for him?" First Tramp—"Per ten years I've been travellin' under an assumed name just to spare his feelings."—Town and Country.

Acquiring the Experience. "The policeman testifies," said the police magistrate, "that he found you roaring drunk on the streets last night. What have you got to say for yourself?" "Your honor," replied the young dramatist, "I am engaged to write a temperance play, and I was trying to establish a sort of psychological basis for it."

Not Her Fault. "I heard the master complaining to the cook that the eggs he had for breakfast were not fresh," said Mr. Cochon China to his wife. "They were fresh when I laid them," replied Mrs. Cochon China, tartly.

Cures Blood Poison, Cancer, Ulcers, Eczema, Carbuncles, Etc. Medicine Free. Robert Ward, Moxey's, Ga., says: "I suffered from blood-poison, my head, face and shoulders were one mass of corruption, aches in bones and joints, burning, itching, scabby skin, ulcers on leg, was all run down and discouraged, but Botanic Blood Balm cured me perfectly, healed all the sores and gave my skin the rich glow of health. Blood Balm put new life into my blood and new ambition into my brain." Botanic Blood Balm (B. B. B.) cures all malignant blood troubles, such as eczema, scabs and scales, pimples, running sores, carbuncles, scrofula, etc. Especially advised for all obstinate cases of Bad Blood. Druggists, \$1. To prove it cure, Blood Balm sent free and prepaid by writing BLOOD BALM CO., 12 Mitchell Street, Atlanta, Ga. Describe trouble and free medical advice sent in sealed letter.

Morrill's Foot Powder. An absolute cure for all foot troubles. Guaranteed to stop all odor and excessive perspiration. Brings red, burning, smarting, itchy and tender feet to a perfectly normal condition. A superior toilet article for ladies. This powder does away with the use of dress shields. Druggists, or sent direct in hand-some sprinkle top tin package for 2c. Edwin F. Morrill, Maker, Woodstock, Vt.

The total number of passengers arriving in New York from Europe last year was 967,011.

One of the highest shot towers in the world is to be found in Villach, in Carinthia, where there is a fall of 249 feet.

Chronic Tetter. Dr. James C. Lewis, Tip Top, Ky., writes: "I have an invalid friend who has had great benefit from Tetterine in chronic tetter. Send a box to above address." \$30. a box by mail from J. E. Shuprine, Savannah, Ga., if your druggist don't keep it.

The average woman's words don't have as much weight as her biscuits.

Ask Your Dealer For Allen's Foot-Ease. A powder. It treats the feet. Cures Corns, Bunions, Swollen, Sore, Hot, Callous, Aching, Sweating Feet and Ingrowing Nails. Allen's Foot-Ease makes new or tight shoes easy. At all Druggists and Shoe stores, 25 cents. Accept no substitute. Sample mailed Free. Address: Allen S. Gimsted, LeRoy, N. Y.

What a pretty girl wants is a full complement of compliments.

F. J. Cheney & Co., Toledo, O., Props. of Hall's Catarrh Cure, offer \$100 reward for any case of catarrh that cannot be cured by taking Hall's Catarrh Cure. Send for testimonials, free. Sold by Druggists, 75c.

The spendthrift can easily make a \$10 bill look like thirty cents.

FITS permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. \$2.00 bottle and treatment free. Dr. R. H. Kline, Ltd., 601 Arch St., Phila., Pa.

People in the smart set believe that all's well that ends well.

Mrs. Winslow's Soothing Syrup for children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c. a bottle.

The one crop that never fails is the dead beat crop.

I am sure Pisco's Cure for Consumption saved my life three years ago.—Mrs. THOMAS ROBINSON, Maple St., Norwich, N. Y., Feb. 17, 1900.

A ten-cent accommodation often makes a dollar friend.

Consult your doctor. If he says take it, do as he says. If he says it's a humbug, take it, then don't take it. He knows. Leave it with him. He is willing.

Poor Soils are made richer and more productive and rich soils retain their crop-producing powers, by the use of fertilizers with a liberal percentage of Potash.

Write for our books—sent free—which give all details.

GERMAN KALI WORKS, 93 Nassau Street, New York City.

ascarets CANDY CATHARTIC

ADVERTISE IN THIS IT PAYS

MISS LAURA HOWARD,

President South End Ladies' Golf Club, Chicago, Cured by Lydia E. Pinkham's Vegetable Compound After the Best Doctors Had Failed To Help Her.

"DEAR MRS. PINKHAM—I can thank you for perfect health to-day. Life looked so dark to me a year or two ago. I had constant pains, my limbs swelled, I had dizzy spells, and never



MISS LAURA HOWARD, CHICAGO. knew one day how I would feel the next. I was nervous and had no appetite, neither could I sleep soundly nights. Lydia E. Pinkham's Vegetable Compound, used in conjunction with your Sanative Wash, did more for me than all the medicines and the skill of the doctors. For eight months I have enjoyed perfect health. I verily believe that most of the doctors are guessing and experimenting when they try to cure a woman with an assortment of complications, such as mine; but you do not guess. How I wish all suffering women could only know of your remedy; there would be less suffering I know."—LAURA HOWARD, 113 Newbury Ave., Chicago, Ill. —\$5000 forfeit if about testimonial is not genuine.

Mrs. Pinkham invites all women who are ill to write her for advice. Address: Lynn, Mass., giving full particulars.

MILLIONS OF WOMEN



Preserve, Purify, and Beautify the Skin, Scalp, Hair, and Hands with CUTICURA SOAP.

MILLIONS OF WOMEN USE CUTICURA SOAP, assisted by CUTICURA OINTMENT, for beautifying the skin, for cleansing the scalp, and the stopping of falling hair, for softening, whitening and cooling the face, rough, and sore hands, for baby rash, itching, and irritations, and for all the purposes of the toilet, bath, and nursery. Millions of women use CUTICURA SOAP in ball for annoying irritations, inflammations, and excoriations, or too free or offensive perspiration, in washes for ulcerative weaknesses, and for many sanative, antiseptic purposes, which readily suggest themselves to women, especially mothers.

Complete Treatment for Humours, \$1. Consisting of CUTICURA SOAP (25c.), to cleanse the skin of crusts and scales, and soften the thickened cuticle, CUTICURA OINTMENT (50c.), to instantly allay itching, inflammation, and soothe and heal, and CUTICURA RESOLVENT PILLS (25c.), to cool and cleanse the blood.

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