Health

"For 25 years I have never bissed taking Ayer's Sarsaparilis very spring. It cleaness my lood, makes me feel strong, and oes me good in every way."— ohn P. Hodnette, Brooklyn, N.Y.

Pure and rich blood carries new life to every part of the body. You are invigorated, refreshed. You feel anxious to be active. You become strong, steady, courageous. That's what Ayer's Sarsaparilla will do for you.

\$1.00 a bottle. All druggists.

Ask your doctor what he thinks of Ayer's Sarsaparilla. He knows all about this graud did family medicine. Follow his advice and We will be satisfied. J. C. ATER Co., Lowell, Mass.

Newspapers in Paris.

New York is pretty well supplied with newspapers. I doubt if capitalists could be persuaded that additional ones as mere numbers are concerned, our pa-pers are only a tithe of what we find in Paris. There are about 2,600 or on the the press in the French capital, 163 of which are political journals. In this country nothing is a newspaper unless it issues daily. Of political dailies in Paris there are 70, of tri-wecklies 1, of week-lies 73, of bi-monthlies 6, of monthlies 2 and of annuals 1. Of the whole number 122 are Republican, 31 are Conservative and to cannot be classified. The reviews er to weekly, 60 monthly, 31 bi monthly, 26 quarterly, 28 are issued six times a year and 11 appear at irregular intervals. Napoleon sup-pressed several hundred newspapers, leaving only thirteen in existence during his reign. There are 500 papers in Lon-

Fenntor Tettus' Library.

Senator Pettus' Library. Senator Pettus was quoting Scripture to some of his colleagues in the cloak-room the other day. "How in the world do you happen to be so familiar with the Bible?" asked one of the audience. "I went to California in r849," replied the Senator, smiling, "and I took a complete library in my kit. It comprised the Bible, Shakespeare and Bobbie Burns. You'll find I am pretty familiar with all You'll find I am pretty familiar with all

A little change in the pocket is better than a decided change in the weather.

Nurses' Experience.

Medical men say that a good nurse in a difficult case is better than medicine, but when we can get a good nurse and good medicine, the patient stands a much better chance of recovery. The few words of advice given below by nurse Eliza King, are well worthy the attention of all readers:

"I have constantly used St. Jacobs Oil in the various situations I have occupied as nurse, and have invariably found it excellent in all cases requiring outward application, such as sprains, bruises, rheumatic affections, neuralgia, etc. In cases of pleurisy it is an excellent remedy-well rubbed in. I can strongly recommend it after several years' use and experience. It should be in every household."

Sister CAROLINA, St. Andrew's Hospital, writes : "I have found St. Jacobs Oil a most dy in gout ; also in sprains and bruises. Indeed, we cannot say too much in its praise, and our doctor is ordering it constantly."

0000000000000000 AGRICULTURAL.

Acquiring a Select Trade.

It will surprise any farmer who has depended upon the dealer to take his obtained. It comes from the clouds, milk how much can be gained by mak- of course, but it does not fall into the ing good butter and feeding the skimmed milk to pigs. Consumers have faith in the farmers, and any ing the impurities. Because the water farmer who will aim to secure customers by supplying the best will have no difficulty. Those who buy the choice solved in water, the salt is not rearticles are always willing to pay good moved by filtering, as the dissolved prices whenever they are assured that salt will go with the water to the the quality will be maintained. Result of Planting One Potato.

An interesting agricultural item printed in the London Times is as follows: "A Mr. Vacher, of Heckford farm, drainage in all directions, Driven wells near Poole, last year planted one potato, which produced him 335 in num- and should be used in preference. ber, and there would have been still more had not a boy lost one of the eyes after the potato was cut in pleces The farmer, baving saved the whole of lands, with large amounts of limestone

now dug the crop, and finds they have and pure water, are the ones which multiplied to the number of 9236, and have led in the production of high class weigh 13 cwt. 3 qrs., which certainly horses. The Morgan family was a is a very great increase from one sin- natural product of Vermont, and the gle tuber in two years." Destroying Foul Brood.

'At the annual meeting of the On-tarlo Beekeepers' Association, at Woodstock, Ont., Professor Harrison, of the Ontario Agricultural College at Guelph, described a new and simple method of destroying the germs of foul brood. He placed combs containing larvae dead from this disease, capped cells of natural selection they became extinct brood, and cells of honey, in a box which was air tight except for a small hole at top and bottom. Then a small alcohol lamp was arranged with the reservoir at the top containing for malln, and connected by a rubber tub with the bottom of the box. This conveys to the box the formalin vapor pro-

duced by the heat of the lamp. When the box is so completely filled with the formalin that the gas issues freely from the hole in the top, both holes are tightly closed for one hour. Professor Harrison has been unable to brood germs treated in this apparatus.

The Farmer's Workshop. Every farmer should have a convenfent workshop as a measure of economy, and the winter is the time to

work in it. It is hardly to be expected that the plows, wagons, harrows, forks, shovels, and other farm tools have passed the

summer and fall without breakage of greater or less degree, and now is the most opportune time for repairing them. A workshop should be supplied with all of the most necessary tools in the

use of which some one or more of the 'men folks" will be somewhat skilled. Next to having the tools and knowing how to use them, is their being well arranged-a place for everything and everything in its place-so that no time need be lost in looking for them.

Especially in the busy summer season time is money, and a marked say ing in both will be made if the tools are in order and in their proper places. It is poor economy to have to run to the shop, one, two, or three miles away, when an axe helve is to be set in, or a rake wants a new tooth .-New York Tribune.

A Flood Gate.

the people that live along small streams

Keen, in The Epitomist.

I wish to explain the following to

ditches or drains, and the tendency of water being downward, much soluble matter goes into the well that is unknown to the farmer. The water may appear clear and pure, be free of odor, and yet contain impurities. Farmers who do not consider the matter have no conception of the many sources from which their drinking water is well, only reaching it after passing through the surface soil, and dissoiv passes through sand it is not filtered of the soluble matter. If salt is dis

lowest place. If the well is open there may be toads and insects in the water, which drown and decompose The wells should be covered and the surroundings kept clean, with good are better than those that are open, Where Good Horses Are Scarce. Those States which have rolling

them, had them planted, and he has in their soils, with short, sweet grasses sound feet, clean bone and excellent lungs were the sure result of the natural conditions under which this famlly of the horse were raised. It required good feet to travel over the hard, stony soll, and good lungs to travel all day up and down these steep hills. These conditions eliminated all animals of too great weight, with soft bone or poor feet, and by the law of

> in that State through discrimination against them in breeding and exporta-It is the same with the American trotter and thoroughbred. New York and Kentucky have been recognized as

the natural home of the trotter, and Kentucky and Tennessee as that of the thoroughbred. Natural conditions had more to do with this than the enterprise of breeders, for as much enterprise can be found among breeders in other States. We should never select obtain any signs of life from foulgrowth and weight than those raised

under the conditions referred to above. Horses raised on corn land in the prairie States, and fed largely on corn. may show well in the ring, but they will never have the stamina and use fulness, either for work or in the stud. as those raised on limestone solls, with blue grass pastures and oats as their

usual food .-- Michigan Farmer. Give the Cows Sunlight. The one thing that we think quite is important to cows as either fresh air

or exercise is that of which they are most frequently deprived in the fashioned stables of those who believe in having them out of doors during the day, and it may be that it is so necessary to their well being that a few hours' outing may do them good enough to counterbalance the injury done by being out in the cold. Sunlight is as necessary to the thrifty and healthy growth of animals as of

plants. Every stable or place where they are kept should be well lighted upon the south side, not only by having plenty of glass, but that glass kep clean enough to allow the sun to penetrate it freely. We have seen ginss so opaque with cobwebs and dirt as to admit only enough light to allow one to grope his way about in semi-darkness, The "dim religious light" of the an-

cient and some modern churches is not



Construction Ideas. N excellent address by W. W.

Crosby, county roads englneer of Baltimore County was read before the Governor and lawmakers of South Carolina. The occasion was "South Carolina Legislature and Good Roads Day" at the Charleston Exposition. Mr. Crosby's subject, naturally, was the present condition and possibilities of the reads adjacent to this city. He pointed out the great advantages at the disposal of Baltimore Countians to the east and south in the use of oyster shells, than which no finer material exists for a smooth, hard roadbed. These advan-81 tages, he said, have been lost in a great

measure by their application to the ronds without the proper foundation. Speaking of the "metal" used in the construction of the roads to the north and west of Baltimore, Mr. Crosby said the old methods in use from time inmemorial of putting down a layer of stone as big as a man's head, then gradually working up to sizes of a man's hand, the whole to be left to take care of itself after a slight veneer of earth, form the hardest problem for the engineer of to-day. The settlement has been uneven, drainage problems have been ignored, and yet it is expected that the engineer can build up a roadbed on scientific principles with the same amount of funds as was nunually allowed for practically letting matters shift for themselves.

Upon the earth roads, Mr. Crosby said, he has been able to do the best work this year. There was nothing to be undone before modern methods could be applied. Summing up the matter, Mr. Crosby believes that the difficulties to be encountered in putting the Baltimore County roads into much better condition are gradually being surmounted, and he believes that when things have advanced sufficiently to show the practical success of his theorles the movement will develop much like the snowball-the larger it becomes, the faster it grows.

Mr. Crosby has had, and will have, a hard and thankless task for some time. It is hard to convince some that timeworn methods have been supersoded by others, even when these others are plainly to their advantage. He is taking the right course, however, in making the most of the limited means at his disposal. The results are sure to be the best argument for the continuation of the common sense methcds he is introducing .- Balt'more News

The Automobile's Influence.

Semebody said once that the condition of a country's roads marked its civilization. In a measure this is, coubtless, true. Certainly the condition of a country's roads is a concrete illustration suggesting the state of civ ilization of that nation, and it is by a consideration of a number of such outward signs that an observer may arrive at a pretty accurate judgment of the place which this or that nation cccupies in the world. When, therefore, the bleycle came into service, was legislated against, finally tolerated, and then found a necessity, the extraordinary movement towards better roads can be at least acknowledged as an advance in the right direction. And it only needs a little consideration by det words at bodtam festion tomobiles are tending in the came direction as bicycles-only further in advance. We are just now getting to the "legislating against" period. Not many months or years hence the auto mobile will be "tolerated," and, before we know it, it will be "nccessary." In don't keep it. the meantime automobiles cannot become general without long and good roads. Already somebody talks of an automobile road from San Francisco to New York. Already roads are ac tually being improved for the sneedy vehicle. Why try to ctop cr check the new machine, therefore? It is all so small, when we consider what is inevitably to come! The automobile is going to stay. We shall have better and better roads, better service, better and cleaner citles, and fewer of those accidents now caused by the personal equation of the horse. It is all an advance of civilization, which neither should be nor can be successfully opposed .- Harper's Weekly.

His Experience "You can't imagine," said the musical owng woman, "how distressing it is then a singer realizes that she has lost

"Perhaps not," replied the man, "but I've got a fair idea of how distressing it is when she doesn't realize it."

Evolution. "This is the church where you hold your services, I suppose." "We used to call it a church, but we have outgrown all that. It is a Temple of Progressive Thought now."

B. B. E. SENT FREE

Cures Blood and Skin Disenses, Cancers, Bone Pains, Itching Humors, Etc Send no money, simply try Botanie Blood Balm at our expense. B. B. B. cures Pimples, scabby, scaly, itching Eczema, Ulcers, Eating Sores, Scrofula, Blood Bone Pains, Swellings, Rheuma tism, Cancer, and all Blood and Skin Troubles. Especially advised for chronic cases that doctors, patent medicines and Hot Springs fail to cure or help, Druggists, per large bottle. To prove it cure B. B. B. sent free by writing BLOOD BALM Co., 12 Mitchell St., Atlanta, Ga Describe trouble and free medical advice sent in scaled letter Medicine sent at once, pre paid. All we ask is that you will speak good word for B. B. E. when cured,

The average run of people are vasily pleased when their friends clope. It saves a wedding present.

How's This?

How's This? We offer One Hundred Doilars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure. F. J. CHINNIT & CO., Props., Toledo, O. We, the undersigned, have known F. J. Che-ney for the last 15 years, and believe him per-fectly honorable in all business transactions and financially able to carry out any obliga-tion made by their firm. Wesr & Thuax, Wholesale a nuggists, Toledo, Ohio. your Compound I began to use it at once, and have had no trouble since. I am most pleased to have had an opportunity to say a few words in praise of your Vegetable Compound, and shall

WALDING, KINNAN& MARVIN, Tholesale Drug-

gists, Toledo, Ohio. Hall's Catarrh Cure is take onternally, acting directly upon the blood and mucous sur-faces of the system. Frice, 75c, per bottle, Sold by all Bruggists. Testimonials free. Hall's Family Pills are the best.

time, and has cured thousands. Postage stamps and small boys learning he alphabet are alike. Both get stuck Mrs. Pinkham advises sick women free. Address, Lynn, Mass,

letters.

Many School Children Are Sickly. Mother Gray's Sweet Fowders for Children ased by Mother Gray, a nurse in Children's Home, New York, break up Cold's in 24 hours cure Foverishness, Hendache, Stommel Troubles, Teething Disorders and Destroy Worms, At all draggists', 35c, Sample mailed Free, Address Allen S. Olmsted, Le Boy, N.Y.

Crooked ways often lead to straitened ircumstances.

Best For the Bowels.

Best For the Bowels. Nomatter what alls you, headachs to a can-cer, you will never get well until your bowels are put right. Cascamers help nature, ears you without a gripe or pain, produce easy natural movements, cost you just 10 cents to start getting your health back. Cascamers Candy Cathartic, the genuine, put up in metal boxes, every tablet has C. C. C. stamped on H. Beware of imitations.

It often happens that the lawyer with he most suits is the most shabbily dressed

Earliest Russian Millet.

Will you be short of hay? If so, plant a plenty of this predigally prolific millet, 5 to 8 tons of rich hay per acre. Price, 50 lbs., 81.99 100 lbs., \$3.00 low freights. John A. Salzer Seed Co., La Crosse, Wis.

The man who's looking for trouble can find trouble without trouble.

FITS permanently cured. No fits or nervous-ness after first day's use of Dr. Kline's Great NerveRestorer. \$2 trial bottle and treatisefree Dr. R. H. KLINE, Ltd., 981 Arch St., Phila., Pa. In the matter of weather the unpre-

licted always happens.

Each package of PUTNAM FADELESS DTE colors either Slik, Wool or Cotton perfectly at one boiling. Sold by all druggists. No man need hope to shake the hand

I am sure Piso's Cure for Consumption saved my life three years ago. -- MRS. TROMAN ROD-INSS, Maple St., Norwich, N. Y., Feb. 17, 1909. The worm and the organ grinder will

A Doctor's Testimonial.

MISS VIRGINIA GRANES Tells How Hospital Physicians Use and Rely upon Lydia E. Pinkham's Vegetable Compound.

The wonderful medicine

Ripans Tabules, cured me

in three weeks after having

suffered for five years. M.

trouble was dyspepsia, and as

I believe came from eating

At druggists. The Five-Cent packet is snough for an ordinary ognasion. The family bottle, 60 cents, contains a supply for a year.

too much sweet stuff.

OTEL

FIREPROOF.

7ERS New 20th Centur

TELD 300 BUS

THE TRACK!

Salzer's Maruel Wheat-42 hus. per Acro

SPELTZ

VEGETABLE SEEDS

For 10c-Worth \$70

JOHNASALZER SEED CO., LA CROSS

INCHESIER

the Union. We also have the Union. We also have the Chinthele per arre.

of our stock of earliest Peas. B is suormous. Prices are very dogue tells.

Oat taket the shew 20th

BROADWAY AND 63d ST., N. Y. CITY.

ABSOLUTELY NODERATE

FIREPROOF. RATES. From Grand Central Station is the cars marked Broadway and the Ave, Seron minutes to Empire. On France Relevant to Beth St., from which it is one literate and to both St., from which it is one interaction of the series and the series of the Heat of the series of antiscinate and shopping entres. All cars uses the Empire.

DROPSY NEW DIRCOVERY; gree cases. Book of testimonia's and 10 days' treatment ifree. Dr. H. H. GARLH's ROFS, Bert, At'ants, Os

W. JOHNSON QUINN, Proprietor. MORTIMER M. KELLY, Manager

EMPIRE,

"DEAR MRS. FINEMAM: - Twelve years continuous service at the sick bed in some of our prominent hospi-tals, as well as at private homes, has given me varied experiences with the diseases of women. I have nursed some

1 juin

MISS VIRGINIA GRANES,

President of Nurses'Association, Watertown, N.Y.

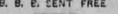
most distressing cases of inflammation

most distressing cases of inhammation and ulceration of the ovaries and womb. I have known that doctors used Lydia E. Pinkham's Vegetable Com-pound when everything else failed with their patients. I have advised my patients and friends to use it and have yet to hear of its first failure to cure. "Environment of the failure of the

"Four years ago I had falling of the womb from straining in lifting a heavy

Lydia E. Pinkham's Vegetable

Compound has stood the test of





Small crops, unsalable vegctables, result from want of

Potash

Vegetables are especially fond of Potash. Write for our free pamphlets.

GERMAN KALI WORKS, 93 Namau St., New York.



who have trouble in keeping their good enough for a barn. We do not water gaps up. Take four ties, mor care for blue glass or other stained tise them half through near the midglass, but want a clear, clean, transdle in a slauting direction. Put two of the ties together so that they will parent glass, that will let in the full rays of the sun. Even double sashes of fit tight, then nail a strip of plank on each side of your frame so they glass now cost but little more for the

space they occupy than the siding and painted clapboards, or a shingle sash with a curtain to shut out the cold at night. Not everyone can afford new barns

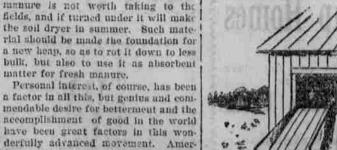
with the modern improvements, but many old ones could be so changed at small expense as to make the stables cannot come past. Be careful in cut much warmer and lighter, and when ting your ties so that when put tothis is done they well be found a better place for dairy cows than the gether they will be in the shape of a

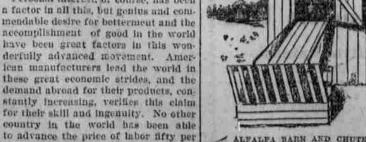
letter X. Fix both pair alike, placbarnyard when the temperature is being a frame on each side of the creek, low freezing or when there is a cold then sink them down in the bank or wind or rain .- Massachusetts Ploughrock bar about a foot which makes man. them solid, then lay your pole between the forks of the ties and you are ready

Feeding Alfalfa Hay Economically,

to hang your gate. This is a much Every time alfalfa hay is handled cheaper gap than the old way of putthere is considerable loss from the ting a pen on each side of the creek breaking off of dry leaves. Where it and filling it with rock .- Charles S. has to be forked over several times be fore it reaches the manger, little is

left but unpalatable stems. I recently Material For Manure. saw an alfalfa barn and feed lot con-There is always a large amount of structed with an idea of preventing coarse material in the barnyard that this waste. The barn was surrounded with feeding racks, the common Vhas little or no plant food in it, especially if it has been exposed. Such





< ALFALFA BARN AND CHUTE.

cent., and yet reduce the cost of proshaped rack made of oue-inch boards. duction more than 200 per cent. people who can do that expand the just far enough from the barn to that a wagon can be driven between. area of their dustry necessarily. The

parts of the world that won't improve The alfalfa hay is put into the barn or advance in human betterment simthrough these door and when wanted for stock a wide chute is used, reachply have to get out of the way of those ing from the barn door to the rack. who do. It is the order of inevitable By these means the hay is conducted from the barn to the rack without loss. law, not fate.-Indiana Farmer,

Drinking Water on Farms These chutes are movable and can Drinking water on Farms. Drinking water on farms is given but little consideration as to its purity when it is derived from springs, but many farms are supplied with water riem open wells, and its purity in such cases depends largely upon the mode of protecting time well and the sur-roundings. Weils being decree than indings. Wells being deeper than list.

Destructive Narrow Ties.

We spend millions of dollars every year in our municipalities for permaacat pavements, and more millions in the country for better highways, and then permit the use of the destructive narrow tire. It is impossible to esti mate the amount of annual Camage t good pavements and good roads resulting from the use of narrow-tired ve hicles. In the city trucks with heavy loads cut up and rut the pavements making it necessary to expend in the aggregate throughout the country till lions of dollars for repairs, and the same is true of rural conditions. It is high time that city and country united their influence in advocating the adop tion of State, county and municipal legislation which should provide fo the equipment of all wagons with wide tires. The countice of Monroe and On tario, of New York State, have recently adopted resolutions favoring such measure, with a provision for a \$25 penalty for a breach of the ordinance This is a matter which demands the immediate attention of municipal officers.-Municipal Journal and Engineer

Superb Roads of Rome.

No more essential to her maintenance were the soldiers of Rome than were her superb roads. Like a huge spider Rome the magnificent sat at the centre of things, weaving the net of her des tiny along the threads of the highways radiating from her.-Ada Langworthy Collier, Dubuque, Iowa,

The Euds Sought.

Good roads, kept good through the use of wide tires, well marked with lighboards and used by all with regard for the cafety of all -those are the ends to be sought.

Dr. C. I. S. Cawthon, of Andalusia, Aia, writes, "Tottorine is superior to any remedy known to me for Ecsema and stubborn skin diseases." 50c, a box by mail from J T. Shuptrine, Savannah, Ga., if your druggies don't keen it. LEADER" and "REPEATER" SMOKELESS POWDER SHOTGUN SHELLS are used by the best shots in the country because they are so accurate, uniform and reliable. All the world's championships and records have been won and made by Winchester shells. Shoot them and you'll shoot well. The proper age at which a girl should marry is the parsonage. USED BY THE BEST SHOTS, SOLD EVERYWHERE Men of Affairs

GTTT I

One may sail the seas and visit every land and everywhere will find, that men of affairs, who are well informed, have neither the time nor the inclination, whether on pleasure bent or business, to use those medicines which cause excessive purgation and then leave the internal organs in a constipated condition. Syrup of Figs is not built on those lines. It acts naturally, acts effectively, cleanses, sweetens and strengthens the internal organs and leaves them in a healthy condition.

If in need of a laxative remedy the most excellent is Syrap of Figs, but when anything more than a laxative is required the safe and scientific plan is to consult a competent physician and not to resort to those medicines which claim to cure all manner of diseases.

The California Fig Syrup Co. was the first to manufacture a Lixative remedy which would give satisfaction to all; a laxative which physicians could sanction and one friend recommend to another; so that today its sales probably exceed all other laxatives combined. In some places considerable quantities of old-time cathartics and modern imitations are still sold, but with the general diffusion of knowledge, as to the best medicinal agents, Syrup of Figs has come into general use with the well-informed, because it is a remedy of known value and ever beneficial action.

The quality of Syrup of Figs is due not only to the excellent combination of the laxative and carminative principles of plants, known to act most beneficially on the system, with agreeable and refreshing aromatic liquids, but also to the orginal method of manufacture. In order to get the genuine and its beneficial effects one should always note the full name of the Company-California Fig Syrup Co.-printed on the front of every package.

