

PERIODS OF PAIN.

How Three Women Found Relief.



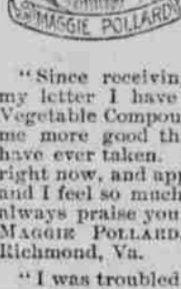
MRS. E. KUEHL.

While no woman is entirely free from periodical suffering, it does not seem to have been the plan of nature that woman should suffer so severely. Lydia E. Pinkham's Vegetable Compound is the most thorough female regulator known to medical science. It relieves the condition which produces so much discomfort and robs menstruation of its terror.

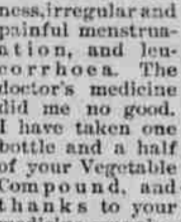
The three letters here published should encourage every woman who suffers:
Aug. 6, 1898.
"DEAR MRS. PINKHAM:—I have suffered since the age of sixteen with painful menstruation. I have been treated for months, and was told that the womb had fallen a little. The doctor says that is now in place again, but I still have the same pain. Please tell me what to do."—MRS. EMMA KUEHL, 112 Troutman St., Brooklyn, E. D., N. Y.



Jan. 10, 1900.
"DEAR MRS. PINKHAM:—After receiving your reply to my letter of Aug. 6 I followed your kind advice, and am glad to tell you that I have been cured of the severe pain at time of menstruation through the use of Lydia E. Pinkham's Vegetable Compound. I have taken six bottles of it, felt better after the first bottle, and after a while had no more pain or womb trouble.



Feb. 20, 1900.
"I saw your medicine so highly recommended through my letter to you for advice. My menstruation occurs every two weeks, lasts a week, and is painful. I have been troubled in this way for some time. I suffer from sick headache and backache all the time, appetite is poor, sick at stomach every morning, everything I eat hurts me, am very weak, thin, and fallow.



"I was troubled with female weakness, irregular and painful menstruation, and leucorrhoea. The doctor's medicine did me no good. I have taken one bottle and a half of your Vegetable Compound, and thank God my pains are gone. I advise all women suffering as I have to use your Vegetable Compound."—EMMA J. PRIBBLE, Indianapolis, Ind.
No man will see your letter. She can surely help you, for no person in America has had such a wide experience in treating female ills as she has had. She has helped hundreds of thousands of women back to health. Her address is Lynn, Mass., and her advice is free. You are very foolish if you do not accept her kind invitation.

\$5000 REWARD. We have deposited with the National City Bank of Lynn, \$5000, which will be paid to any person who can find that the above testimonials are not genuine, or were published before obtaining the writer's special permission. LYDIA E. PINKHAM MEDICINE CO.

W. L. DOUGLAS

USE FAST COLOR EYELETS

W. L. DOUGLAS, Brockton, Mass.

Choice Vegetables

always bring high prices. To raise them successfully, a fertilizer containing at least 8% Potash should be used.

Our books furnish useful information on all subjects relating to crop raising. They are sent free.

GERMAN KALI WORKS
93 Nassau Street, New York.

Constipation

is easily cured and the bowels restored to a healthy condition by the use of

CRAB ORCHARD WATER

the natural remedy for all stomach, liver and kidney troubles. It is a method of concentration such a oz. bottle is equivalent to three gallons of the spring water.

Sold by all druggists. Crab apple made mark on every bottle.

CRAB ORCHARD WATER CO., Leaside, Ky.

Hedge Plants For Sale.

PLANTS \$2.50 TO \$25.00

The cheapest and strongest fence made. We manufacture Iron Gates and Posts of all sizes and styles. Address
P. M. HINCHER, Hazelton, Md.

Troubles That Never Occur.

"I wish very much," said a young woman, "to go and see the firm of W. & M. I feel almost certain I could obtain with them just the position I have long wanted, and I understand they have been waiting a month for me. I am an applicant for this position, but so far no one has been found satisfactory."
"Why in the world don't you apply at once?" asked the person addressed.
"Why, you see," replied the young woman with a sigh, as she glanced at her weather-beaten gown, "I've let myself get shabby, and clothes so make such a difference in an applicant's success."
"I'll lend you money for a suit," said the friend.
"Oh, thank you," was the reply, with another sigh, "but I don't want to borrow. The fact is, I have one hundred dollars, but I'm saving it for my poor sister's funeral."
"Is she so ill?" asked the friend.
"Not dangerous yet," was the answer, "but I'm sure she won't live the summer out. She's weak and depressed, and has no vitality or appetite."
"Now look here," said the friend, whose intimacy and interest warranted plain speaking, "you are taking a dead wrong, as surely foolish, course. It's more than likely your sister won't die, and if she will you more than all the doctors living to keep her alive. Don't you suppose that your being unfitly dressed, and in a poor paying position, and your depressed atmosphere have much to do with her depression and want of vitality? I'll go with you now to buy your suit. Then you make straight for W. & M.'s as soon as you can get the new clothes on. Go home and tell Jean you have a fine position, but \$200 of the money you've saved for her burial into her hands and tell her to go to the seashore or mountains expenses at the same time. Come! We'll have the suit sent home C. O. D."

COMMERICAL REVIEW.

General Trade Conditions.

New York (Special).—R. G. Dun & Co.'s weekly review of trade says: "The greatest activity ever seen in Wall street diverts attention to a measure from progress in distilling and manufacturing operations. But while every hand stock market interests are counselling caution and attempting to prove that prices are really more than condition of some of our railroads warrant, the fact remains that, without a brilliant crop outlook and a great activity of general trade, Wall street could hold no such carnival."
"Labor difficulties are fewer and less threatening than for several years before in the first week of May, and prices of merchandise hold well."
"Stability of prices and vigorous prosecutions of work at mills indicate the wholesome condition of the iron and steel markets. Throughout the entire range of products of this industry the current demand for immediate delivery exceeds all previous records, yet makers maintain a conservative position and prices are not pushed up to the danger point."
"Further advances were secured in the cereal market, Chicago speculators being forced to cover May corn contracts at 55 cents. Attractive prices brought most of the smallest liabilities of any full year for two decades. Last month's good showing is made manifest by default in manufacturing concerns. \$77,005 smaller than two years ago. Trading failures were 555 for \$3,161,823 and banking defaults were \$50,000."

LATEST QUOTATIONS.

Baltimore.

Flour—Baltimore Best Patent	4.75
High Grade Extra	4.25
Cornmeal, per 100 pounds	1.15
Hominy, per bbl.	2.60
Hominy Grits, per bbl.	2.60
Wheat—No. 2 red	82c
Steamer No. 2 red; sample lots	72 1/2c
Western, May 79 1/2c	
Corn—Sales of white were at 57c, and of cargoes yellow at 56 1/2c; cob corn, yellow on spot at \$2.60	
Oats—White No. 2	33 1/2c
White No. 3	32 1/2c
White No. 4	31 1/2c
White No. 5	31 1/2c
White No. 6	31 1/2c
White No. 7	31 1/2c
White No. 8	31 1/2c
White No. 9	31 1/2c
White No. 10	31 1/2c
White No. 11	31 1/2c
White No. 12	31 1/2c

THE NEW YANKEE DOODLE.

LION COFFEE came to town To satisfy the craving Of millions, and their pleasure crown By also money saving. LION COFFEE IS the best, LION COFFEE stands the test, LION COFFEE'S sales attest The road to fame 'tis paving.

LION COFFEE is not glazed, It has no foreign coating, Its purity is always praised— Good health it is promoting. LION COFFEE takes the lead, LION COFFEE'S grand, indeed, LION COFFEE all concede Perfection is denoting.

LION COFFEE'S in the bean— Nothing there to hide it. Lion head on package seen, Premium List inside it! LION COFFEE'S gifts are great, LION COFFEE'S one-pound weight, LION COFFEE'S up-to-date, All grocers will provide it.

In every package of LION COFFEE you will find a fully illustrated and descriptive list. No housekeeper, in fact, no woman, man, boy or girl will fail to find in the list some article which will contribute to their happiness, comfort and convenience, and which they may have by simply cutting out a certain number of Lion Heads from the wrappers of our one pound sealed packages (which is the only form in which this excellent coffee is sold). WOOLSON SPICE CO., TOLEDO, OHIO.

From Fireman to Railway President.

"I wish you'd tell me how you did it?" Mr. Greatsinger, leaned back in his chair and looked at the ceiling. He had just been elected president of the Brooklyn Rapid Transit Railroad Company, twenty years after starting as a fireman on another road. "It isn't always easy to tell how things are done," he said, "but you may be sure of this much: It was no accident that I was promoted, and it was no piece of luck, as some people sometimes think. There is a general disposition to call the results of a man's earnest striving and endeavor, the labor of years. This is ridiculous. No man ever accomplished anything permanent without lots of hard work, and the young fellow who starts out with the hope of winning through 'luck' is sure to fail, and to fail badly. We all rise step by step, and every man must carve his own star for himself. Sometimes the stone is hard for carving, but the man who carves most diligently and persistently has his steps ready first, and so he rises above the others who carve at intervals and take long vacations. I certainly do not want to appear egotistical, but simply to help you requires me to say that I have always believed in working hard. Don't you consider this a sufficient explanation of 'how I did it?'"

Temporal Stars Rare.

Within the entire history of astronomy there have been, before this last new star appeared, only 11 of these temporary stars, says a writer in the St. Louis Globe-Democrat. One has attained the magnitude of Nova—once in 1572, the other in 1604. The first temporary star on record was seen 134 years before Christ by the ancient astronomer, Hipparchus. The second appeared 389 years after Christ. The third was the brightest. It was discovered by Tycho in November, 1572. It became as bright as Venus herself, and was even visible by daylight. It reached first magnitude in a week or two began to fade. It continued visible to the naked eye for fully 16 months. There was a notion at the time that this star was identical with the Star of Bethlehem. The theory was that the latter would return every 34 years. It was, therefore, expected by the superstitious to return in 1886, but did not.

Patience Does the Trick.

When you know you are on the right track do not let any failures dim your vision or discourage you, for you cannot tell how close you may be to victory, says a writer in Success. Have patience, and stick, stick, stick, in spite of every hindrance. A Chinese student became discouraged by repeated failures that he threw his book away in despair. While in this despondent mood he saw a poor woman rubbing an iron rod on a stone to make a needle. Struck by the wonderful patience of the woman he went back to his studies with new determination and became one of the great scholars in China.

Live Poultry—Market is steady.

Hens, 10 1/2c; old roosters, each, 25c; young chickens, 12 1/2c; winter do, 1 1/2c and under; 17 1/2c; spring, 1 to 1 1/2 lbs, 22 1/2c. Ducks, 8 to 10c. Geese, large, 50 1/2c.

Dressed Poultry.—Capons, choice price 14 1/2c.

Butter.—The market is steady. We quote: Creamery separator, 21 1/2c; creamery gathered cream, 18 1/2c; creamery imitation, 17 1/2c.

Eggs.—Fresh laid eggs, 13 1/2c.

Dressed Hogs.—Choice Western Maryland and Pennsylvania light-weights, per lb, 7 1/2c; Southern Maryland and Virginia, per lb, 6 1/2c.

Calves.—Strictly nice veal, per lb, 5 1/2c.

Lambs and Sheep.—Spring lambs choice, 8 to 9c per lb; poor, small stock, 5c per lb.

LABOR AND INDUSTRY.

Lehigh Valley machinists have appeared for a nine-hour day.

In Boston a system prevails of allowing a man fined for drunkenness to pay his fine in his alcohol.

Yo-yo-ers (N. Y.) masons want \$40 for an eight-hour day and the hod carriers demand 33 cents per hour.

The big wrecking tug, W. H. Myer, of the Milwaukee Tugboat Line, turned house mover last week and steamed along the river towing a snow with a brick building as its cargo.

It is asserted that a recent investigation of the sweatshops in Chicago brought to light the fact that in some of these dens women work sixty hours per week for the meagre sum of 45 cents. That is two-thirds of a cent an hour, or all of \$21 a year.

In Italy there are between 300 and 400 productive co-operative societies, some of them doing a business of over \$400,000 a year. Co-operative creameries are revolutionizing the butter and cheese industries in parts of Piedmont and Venetia, as they have revolutionized it in Denmark and Ireland. There are 7 thousand distributive co-operative societies.

A Match Starts the Meal

If You use a WICKLESS BLUE FLAME Oil Stove

No Fuss No Muss

STANDARD OIL CO.

If your dealer does not keep them, write to the nearest agency of the Standard Oil Co.

LION COFFEE

A LUXURY WITHIN THE REACH OF ALL!

Watch our next advertisement. Just try a package of LION COFFEE and you will understand the reason of its popularity. LION COFFEE is now used in millions of homes.

30 FEET OF BOWELS

are packed away in your insides and must be kept clean, in order and doing business. It's a long way, with many turns and pitfalls to catch the refuse and clog the channel if not most carefully cleaned out every day.

When this long canal is blocked, look out for trouble—furred tongue, bad breath, belching of gases, yellow spots, pimples and boils, headaches, spitting up of food after eating—an all-around disgusting nuisance.

Violent calomel purges or gripping salts are dangerous to use for cleaning out the bowels. They force out the obstruction by causing violent spasms of the bowels, but they leave the intestines weak and even less able to keep up regular movements than before, and make a larger dose necessary next time.

Then you have the pill habit, which kills more people than the morphine and whiskey habits combined.

The only safe, gentle but certain bowel cleanser are sweet, fragrant CASCARETS, because they don't force out the fecal matter with violence, but act as a tonic on the whole 30 feet of bowel wall, strengthen the muscles and restore healthy, natural action. Buy and try them! (Look out for imitations and substitutes or you can't get results. Cascarets are never sold in bulk. Look for the trade-mark, the long-tailed "C" on the box.) You will find that in an entirely natural way your bowels will be promptly and permanently

Made CLEAN and STRONG by Cascarets

LIVER TONIC
BEST FOR THE BOWELS
NEVER SOLD IN BULK.

10c. 25c. 50c. ALL DRUGGISTS.

CURE

all bowel troubles, appendicitis, biliousness, bad breath, bad blood, wind on the stomach, indigestion, pleurisy, month, headache, indigestion, pleurisy, and dizziness. When your bowels don't move regularly you are getting sick. Constipation kills more people than all other diseases together. It is a starter for the chronic ailments and long years of suffering that come afterwards. No matter what ailment you start taking CASCARETS to-day, for you will never get well and be well all the time until you put your bowels right. Take our advice: start with CASCARETS to-day, under an absolute guarantee to cure or money refunded.

GUARANTEED TO CURE

Five years ago the first box of Cascarets was sold. Now it is over six million boxes a year, greater than any other medicine ever sold. We have tried it all over the world, and we know of no other medicine that can do what Cascarets does. It is a sure, safe, natural, and pleasant way to get rid of the bowels. Take our advice—no matter what ailment you start with, take Cascarets to-day. You will get well and be well all the time until you put your bowels right. Take our advice: start with Cascarets to-day, under an absolute guarantee to cure or money refunded.