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a Noted Boston Woman Describes its Symptoms and Terrors.-Two Severe Cases Cured by Lydia E. Pinkham's Vegetable Compound.

"I am so nervous! no one ever suffered as I do! There
sn't a well inch in my body. I honestly believe my lungs are diseased, my chest pains me so, but I have no cough. I
am so weak at my stomach, and have indigestion terribly, and palpitation of the heart; am losing flesh; and this headache "There is a weight in the lower part of my bowels, bearing can't sleep, walk, or sit, and blue -- oh goodpess! I am simply the most miserable of women.
This is a most vivid description of a woman suffering with nervous prostration, caused by inflammation or some other No woman should allow herself to reach such a perfection Williamson's case and how she was cured.

Two Bad Oases of Nervous Prostration Oured. | "Dear Mrs. Pinkham; |
| :---: | :---: | :---: |
| was suffering such tortures |\(| \begin{gathered}"I bad nervous prostration \\

terribly, caused by female\end{gathered}\) $\begin{array}{ll}\text { from nervous prostration that } & \text { weakness. I suffered every- }\end{array}$ life was a burden. I could
not sleep at all, and was too weak to walk across the floor.
My heart was affected so that often I could not lie down at I took Lydia E. Pinkham's improve on taking the first Vegetable Compound and it

worked like magic. I feel that | your medicine has been of in- |
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| estimable benefit to me." |\(\quad \begin{aligned} \& better in every way, and feel \\

\& like a different person., I am \\
\& simply a well woman."\end{aligned}\)


Dr.Bul's Cough Syru indew
SEAFARING MEN



THE SABBATH SCHOOL.
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## DYSPEPSIA



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# LION COFFE 

A LUXURY Within the reach of all

fact, no woman, man, boy or girl will fall to find in the list some article which will contribute to their happiness,
comfort and convenience, and which they may have by simply cutting out a certain number of Lion Heads
the wrappers of our one pound sealed packages (which is the only form io which this excellent coffce ts soid).


