worst insult which one woman ster to another is to hold out the hand in front of her with the inand middle finger forming the let-This means, "You will become ther of twins," When twins are in this region, they and their es are killed, as a rule, and when other dies in giving birth to a child latter is also killed and buried with it is not superstition which imhe negroes to dispose of motherstants in this heartless fashion, me great difficulty of rearing them. her, the information which e de Cardi has gathered during lence of many years in this of Africa is of rare value, espeto anthropologists.

He Remembered Them,

the way," said the man who had at a farmhouse to water his s "15 years ago a poor boy came ray, and you took him in." " queried the farmer, somewhat

on were kind to him," went on the er; "you fed him, gave him of encouragement and an old of clothes, put a dollar in his pockdreat him on his way rejoicing. old can at the time that he never d forget your kindness. Am I

sekon you are," replied the farm-

said that if he prospered he see that you never had occasion get your kindness to a poor, strug-

md's sakes!" exclaimed the farmexcitedly. "It sounds almost fairy tale, don't It? Why, you thave seen him."

lave," said the stranger, "and he a message to you." Flat is it?" they both asked ex-

bild me to tell you that he is the stranger drove away the

went out and kielted the pump sly, while his wife throw a rollpin at the chickens.-New York

What They Deserved.

very long since an exceedingly wssed man about 35 was charga north London court with being & He promptly paid his 10 shilfine and went away. A fortnight a stylishly dressed woman was ped with a similar offense. As tre the same name and address 1 ed they were husband and wife. alled on them, and my visit was ted several times. They had a ake home, kept two servants and bur children. I noticed a bonny lif 8, as I saw him several times.

Homes-You know my Jack, the 1 am sorry to say that he has not ways-steals money from us, stops out a very disobedient. Can you get him training home or institution

onths later I got a letter as fol

and not resist the temptation to as follows:

he had know of but one cure for Jack's possessible, and that is a thorough applica-ted he horsewhip to both parents. -Contemporary Review.

Conscience the Coward.

erers uncaught suffer awful les of fear when alone with their ices, but when apprehended, convicted, sentenced and incarlid they become callous to fear. a tell me this is the general rule. bis an acquitted murderer in this size a leading politician, who has ben able to sleep alone in a dark these 20 years. A light must be burning and an attendant is conby on guard. A Wall street bro-who has "done" every one of his faithful friends, dares not go to to the dark. He keeps a light the in his room and one in the leaving the door open. In the hours of the morning he awaka family with pitiful cries. The can who is not afraid of the darkers, who will brave thugs and sungs at any hour of the night, anle when alone in a forest.-Tork Press.

Pulpit and Pew. als "Lighter Moments" the late 4 Walsham How tells of a lady, at admirer of a certain preacher, ok Bishop Magee with her to him and asked him afterward se thought of the sermon. as very long," the hishop said.

said the lady, "but there was in the pulpit."

of a martyr in the pew," rejoined

Not a Fault Finder.

are not one of these men who talt with the cooking at home?" maswered Mr. Meekton; "I actly find fault, but occasionale feel called on to apologize for by things taste when Henrietta ome from the club. You see, I unid learn to make good cof-Washington Star.

blow has been struck by the poster general against the operators endless chain system of selling a an order being issued to the that all such schemes are lotterand mail matter in relation thereto amallable under the lottery act. order is based on an opinion the attorney general of the Unit-

to is nothing more gratifying conscioneness of doing good.

Making Barreis.

"Cooperage is one of the trades that humain sacrifices of the no one thought of improving until with-Niger, mays Count de in recent years," said a manufacturer, "but then the inventors and expert machinists started in with such a rush that it takes a good deal of our time keeping abreast of the improvements that are coming into the market every

The work used to be done entirely by hand, and the coopers often had to buy their hoops from a firm that made nothing else. The coopers were not well enough equipped to make all the different parts of a barrel themselves, and often they bought excrything outside and merely put the barrels togeth-It used to take five or six men to do the work properly, and an hour's time would perhaps turn out ten bar-

"As the system is now, all the different parts are made by one machine, and only one man is needed to attend it. After the wood is fashioned into staves and hoops and braces by it the pleces are run through another section of it and come out almost immediately a finished barrel, ready to be loaded

and shipped to our customers, "On a regular average about 30 barrels can be turned out in an hour. You can see what the saving is over the old way. Employing six men for one hour, as they used to do, we can get 160 barrels, where by the old system they were only able to get ten."-Pittsburg Chronicle-Telegraph.

Nod and Drop Asleep.

Dr. Pardini of Turin claims that he has discovered that the best method of treating obstinate insomnia is to make his patients imitate the drowsy neddings of a tired man while sitting in a chair.

Every one who has ever watched a sleepy man in a train has probably been amused by the neck distorting nods which herald the approach of sleep. If the observer has given any thought to the subject at all, he has probably decided that the contortions are due to the sleeper's unconscious efforts to preserve his balance. Dr. Pardini says that the balance has nothing to do with it. He declares that nodding is pathologic; that it is nature's own method of inducing sleep.

This, if properly carried out, brings the head of the patient almost upon his right shoulder. The body is then to be inclined to the left and the head allowed to roll in that direction, still uncontrolled by the museles. As soon as the head has reached the left shoulder muscular control is to be resumed and the head raised slowly until it is in the same position as at the beginning of the exercise. Then the whole method is to be repeated as long as needful.

Chinese Arithmetic.

The Chinese rejoice in a wonderful talent for inaccuracy in every detail. For instance, a pound or a plnt varies as it suits the merchant's fancy. In some part you get half or a quarter as much as you do in others for the same price and measure.

Then, again, their way of calculating distance does not at all tally with Eu-For instance, you are told from A to B is four miles, but from B to A is eight miles. If you ask how this is posible, you are told it depends from which end you start; if you start from A, it is down hill, so much easier to walk; whereas, starting from B, you have to walk up hill, which is much more exerting and fatiguing-in fact, it is the same as walking a longer dis-

tance on even ground. This form of argument always amused me nearly as much as the way the Chinese have of counting a person's "My mother." they will tell you, "is 30" (or 40). When she leaves 30, she is getting near 40. Should we all like to be told that, I wonder?-Leslie's Weekly.

Literary Consuls. It is one of the curiosities of literature, says George F. Parker in The Atlantic, that, although the consular service has not produced reports of either economic or informing value, many writers have done conspicuous work before and during service and after retirement. W. D. Howells wrote some delightful books on Italy. Besides his "Life of Peter the Great," Eugene Schuyler wrote an acceptable short history of American diplomacy and translated some of Turgeneff's novels. Hawthorne, Elihu Burritt, Underwood. Bret Harte, Penfield, Richmanto mention only a few-have done notable work in literature, but not an official report of value. In the one case there was something to say, united with freedom of view and opinion; in the other there was nothing to say, and red tape was too strong for them. The fault is in the system, not in the men.

Cooking and Eating.

If we are properly, the physician would lose his occupation. And we ean eat for whatever we want-to get tat, to get lean, to be nervous or phlegmatic or to stop or encourage the ravages of disease. An "open door" awaits them all. Is it too much to hope that the twentieth century will see a law compelling cooks to take a medical

Almost There Already. Miss Fortee-Yes, dear, we have been engaged for a long time, but what has prevented me from taking the irrevocable step has always been the fateful question. "Will he love me when I

grow old?" Miss Tenny-Don't worry, darling, you'll soon know now .- Stray Stories.

May Be Made Useful. McJigger-Krusty is suffering from

dyspepsia now. Thingumbob-Ah, that's a blessing

McJigger-A blessing? Thingumbob-Sure. He can blame that hereafter for his horrible disposifion.-Philadelphia Press.

Learning a Language. How is it that Englishmen are not

the best linguists in Europe? Simply and solely because of the general and absurd "deaf and dumb" method of studying foreign languages. Foreigners learning English know better than to waste years over books; they simply "chatter" and learn one word and expression after another, and become familiar with them by constant repetition, with the result that in a few months they can speak and write our language sufficiently well for all pratical purposes.-London Mail.

A JAPANESE DINNER.

HOW THE DISTASTEFUL FOOD IS SERVED AND EATEN.

Squatting Before Tables Six Inches High, One Wrestles With Chopsticks and Tiny Bowls, the While

Waited Upon by Barefooted Malds, To an American given to stiff joints and corpulency a Japanese dinner is a tedious experience, especially when he's used to business lunches and the like. But it is worth trial and discomfiture if one is fortunate enough to be the guest of a rich man, for in Japan hospitality is one of the cardinal

Western customs and usages have found their way into many homes of the wealthy, whose dinners and lunches are the counterpart of those with which we are all familiar. But a real Japanese dinner, including chopsticks, lacquer trays and tiny cups, is a thing never to be forgotten.

Japanese houses are made up of sliding screens instead of our solid partitions and in summer are all left open, so that, seated at dinner, one looks out over the gardens, seeing the lights of the city in the distance, and the scent of a thousand flowers blows in with every breath of air.

The guests remove their shoes on entering the house and, except when provided with a pair of cotton overshoes, must spend the evening in stocking feet unless happily the host has an extra pair. The wife of a Japanese gentleman does not preside at his table unless there are ladies in the party, but appears with the tea and sweetments, which always precede a dinner, as do our cocktails and sherry, etc. She merely greets the guests and appears again only when the goodbys are said.

Silken cushions are scattered about the floor and the guests are arranged according to rank, for the Japanese are, of course, great sticklers for form and ceremony. Little tables, some six inches high, are placed before each one and barefooted waiting maids in eraceful and prettily tinted kimonos bring in lacquer trays with several tiny cov-

Before leaving the trays on the tables they set them on the floor, and, dropping on their knees, make their best bow, touching their forcheads to the floor. Chopsticks take the place of knives and forks; but, unlike our weapons of attack, are made of wood. They are never used twice, unless famfly helricoms, when they are of carved ivory of the most exquisite workmanship, as are also the lacquer trays, bowls and cups.

The host sets an example by removing the covers from the tiny bowls, and the guest, doing likewise, finds an assortment of food quite new and generally most distasteful. Mustering up much skill one attempts getting the food on chopsticks from the tables to one's mouth. The first few times most of it falls on the floor or on one's lap. The wretched sticks wabble and cross each other as if focused. When almost desperate, the good host is apt to come to the rescue by suggesting lifting the bowls, and, with the aid of u chopstick, shoveling the food in, as one would potatoes into a barrel.

In each course there are half a dozen dishes, and the host tells what they First, sulmono, a bean soup; kuchitori, chestnuts boiled and crushed into a mush; kamaboko, fish picked fine and rolled into little balls and baked; sashimi, raw fish cut into thin slices and covered with ice. This is dipped into rich sauce called soy, and is really very good. warm sake, the native brandy made of rice, are served with each course. Napkins and bread are unknown quantities.

The second course is a small fish boiled whole. One has a chance here to get in some fine play with the chopsticks-umani, bits of fowl boiled with potatoes or lotus roots, a salad of onions, peas and string beans, with a few leaves of lettuce; sunomono, sea snails served with eggplant mashed, and chaman mushi, a thick soup made of fish and vegetables, with mushrooms for a

The third course is a curry of rice and picked vegetables, and for a fourth and final course you have sobo, a sort of buckwheat vermicelli served with soy and a sweet liquor called mirin; shiruko, rice cakes, seaweed and confectionery of all sorts, which are very sweet and tasteless.

During the dinner each guest rises and proposes the health of the host and one other guest until the whole party is disposed of. This custom is rather hard on the guests, for sake is flery stuff and goes to one's head more quickly than our own brandy. To make matters worse, after one has drunk the health of all the company it is customary to drink the health of the waitresses, who bow their foreheads to

the floor in acknowledgment. At the close of a dinner the tabako bon, a tray holding a hibachi with live coals in a cone of ashes and a section of bamboo for an ash receiver, is put before each guest, and cigars and cigarettes are passed around. When all is over, one feels very hungry, stiff in the Joints and, if the dimer has been a large one, very much in need of a stimulant.-Boston Transcript.

Fireproof Safes, "For city use in modern buildings," said a safe manufacturer, "safes are nowadays made thinner walled than formerly, thus giving them more room inside in proportion to the space the safe occupies. The modern building is fireproof, or substantially so, and in ense of fire the safe does not fall down through the burned doors into a mass of burning debris in the cellar, but it stays where it has been placed, supported by the steel floor benins of the room and, with less around it to burn. subjected to comparatively less heat.

"Under such conditions the thin walled safe is as fireproof as the thick walled safe would be under the canditions in which it is used in the old style buildings, for use in which the thick walled safe is still commonly sold."-New York Sun.

"Johnny Smith," cried the teacher to the boy who had been impertinent, "you know entirely too much. You will remain in after school. "Gee ing to the durable quality of the wood Whizz!" said Johnie; "you kep' me of that species-namely, the Pseudotin yestid'y 'cause I didn't know suga douglassi. enough."

A DISMAL FAILURE.

The Last John De Tried to Play on

"I don't thonk I'll try any more practient jokes on my wife. They dea't pan ".Hew mell." "Elneldata."

You see, she the a bulat of heisting the window in our room every night. As I usually go to bed last, she depends on me to helst it. Cometimes I forget it, and then there's a wild squabble. Frequently she wakes me up in the night and seks me to see if it is open. If I don't she mass at me until morning. A night or two ago I resolved to give her a hard scare. rolled up a lot of old new spapers into a long bundle and laid the package down by the window. Of course she was asleep and didn't hear me. Then opened the window a little ways and crept into bed. Some time after midnight she nudged me and said: 'Jim, I'm sure you didn't open that window. It's like a bake oven in the room. Get up and sec.' So I got up, went to the window and threw the sash as high as it would go. As I did so I gave a little shrick and then flung my bundle down to the walk below. It struck with a dull thud, and I dodged behind the curtain to await developments. The room was very dark, and I couldn't see my wife, but I heard her raise herself to a sitting posture. Then she spoke, 'Poor old. Jim,' she quietly said, 'he's tumbled out of the window in his engacdest nightshirt. What a speciacle he'll be when they find him in the morning! Then she lay down again and went to sleep. "What did you do?"

"Stood there like a fool for a minute or two and then sneaked into bed."-Cleveland Plain Dealer.

ONE MEAL A DAY.

Pronounced a Secret of Human Health and linppfness,

It is by no means impossible that the newest world lecturer will allude to the delays of the single meal reform. The one meal a day plan was successfully practiced by some 80,600,-000 men of the healthlest, wealthlest and most intelligent nations of antiquity for nearly 1,000 years.

to unprejudiced observer can deny that for the vast plurality of our fellow men there is no other practicable way to live up to the principle of the sanitary maxim. "Never to eat till we have leisure to digest."

Nine out of ten laborers have to hurry from the brenkfast table to their daily work and cannot count upon more than a few minutes of afternoon ment rest. The same for rolling wills, shippards, fallway yards, workshops and schoolrooms.

Less than a year's time would suffice to give the one ment liabit the force of econd nature, and those who would like to form an idea of its universal observance during the classic period of antiquity should read Peter Dayle's dissertation on "Domestie Life In Athens and Rome" or De Quincey's humorous essay, published in the second volume of miscellantes under the title, "Dinner, Real and Reputed." There would be time for play, for

reading, for the enjoyment of art and entertaining conversation.

Smistrokes would be known only from the traditions of hisanitary barbarism. The granuests youraster would get afternoon sports enough to think life on a farm decidedly worth living. No after dinues martyrdam would tempt truants, housekeeping drudgery would be lessened two-thirds. -Felix M. Oswald, M. D., in Health Culture.

At one time when the late Georgie Drew Barrymore was playing in San Francisco a fabulous sum was offered her by a local theater for her services for a few weeks. The offer was ex-

ceedingly tempting, but her contract with Charles Probains stood in the way. However, on the nothing venture nothing won theory, she telegraphed a detailed statement of the offer she had received to Frohman in New York, explained how auxious she was to accept it and wound up with the plea, "Will you release me?" due course of time she received the following telegram in answer:

Mrs. Georgie Drew Barrymore, Palace Hotel, San CHARLES FRORMAN.

Albeit disappointed, Mrs. Barrymore at once sent this characteristic reply: Charles Frohman, New York City: Oh! Gronate Driew Barrymone

-New York Tribune.

A Mighty Old Table. A wealthy man was once exhibiting proudly to a younger acquaintance a table which he had bought. He said it was 500 years old.

"That is nothing," remarked his young visitor. "I have in my posses sion a table which is more than 3,000 years old."

"Three thousand years old!" said the "That is impossible. Where was

"Probably in India." "In India. What kind of a table is

"The multiplication table!"

Our Pirst Pinnes.

The first pianos arown in America were imported from London in 1784 by John Jacob Astor, but as they could not stand the rigors of this climate they soon became rulned. This fact led to the attempt to bulld planes in this country, and in the early part of the nineteenth century planes made their

The Filling.
Miss Gabby-What is the hardest part of writing poetry, finding the

Amateur Poet-No. I think the greatest strain is in filling up between them. -Baltimore American.

A Submerged Porest. There is a submerged forest on the

Columbia river between the Dalles and the Cascade mountains. According to Mr. G. K. Gilbert, the submergence took place 350 years ago, and since then the roots have been under water, while the upper parts of the trunks have been bared yearly at low water. The bark is gone and the wood partly wasted away, but some of it is firm and looks fresh. This fast seems ow-

296 Albert Stoner

is just stocked up with a full line of Cook Stoves, Ranges, and Heating Stoves, both for coal and wood.



Guns and Ammunition.

Single-Barrel, Double-Barrel and Breech-Loading. Powder, shot and shell all at lowest prices.



Stove Repairs

and everything in the line of Tinware.

Just west of the News Office. M'Connellsburg, Pa.

Shoot That Hat!

-Yes, put away your summer hat and go to-

A. U. Nace & Sons.

and get a new one. They have the latest thing in the way of men's and boys' hats at prices that are right.



Of course you must have a a SUIT this fall. Can't make that one do very much longer.

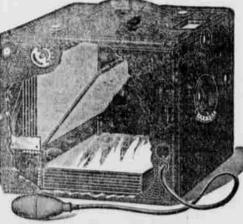
೦೦

Listen.

Men's Suits \$2.50 up. Boy's Suits as low as 75c. \$3 will buy an overcoat for yourself; and 3 \$1.25, one for your boy.

We have Fancy Silk Vests, that are just the thing.

50 VIVE CAMERAS



TO BE GIVEN

On Saturday of each week until disposed of. MR. D. MALLOY will give away

50 Vive Souvenir Cameras.

These cameras will take perfect pictures, and are given away by the Vive Camera Commy. Chicago, Ili., in the hope that the parties receiving them may become interested in the simplicity of photography, and sooner or later become the possessor of one of the many standand world renowned. Vive cameras. The only condition necessary to obtain one of these instrements is to buy your first dozen plates of Mr. Malloy, as is explained in the application blank CUT THIS APPLICATION BLANK OUT-

APPLICATION for a Vive Souvenir Camera to be handed D. MALLOY, McConnellsburg, Pa.

I wish to make application for one of the lifty Vive Souvenir Cameras you ave advertised to give away on condition that I buy my first lozen 2 1-2 x 2 1-3 plates to use with same from you for 25 cents, at the time receiv ing the camera at your store.

Sign your name here. Address



If you are going to buy a Buggy or Wagon this summer, be sure it is a Blue Ribbon. Style and price start them, and quality keep them going. The fellow who wastes his energies trying to drag a high priced wagon, loaded down with high priced reputation, will have to take your dust when you pass him with a

Blue Ribbon.

We not only talk good work, but sell GOOD WORK.

Quality, first considered; style, novelty, and price

Agent For Fulton County.

guaranteed. For further information, call on or address E. N. AKERS, Sipes Mill, Pa

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Covers the Field.



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Then there is the State and National, News, War News, a Department for the Farmer and Mechanic. Latest Fashions for the Ladies. The latest New York, Baltimore, Philadelphia Markets. The Sunday School Lesson, Helps for Christian Endeavorers, and a Good Sermon for evervbody.

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SALE BILLS, POSTERS.

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In fact anything and everything in the best style along that line.

Sample copies of the NEWS sent to any of your friends on request.

CUMBERLAND VALLEY

TIME TABLE.-Nov. 19, 1899. no. 2 no. 4 no. 6 no. 8 no. 10 *A.M *A.M *A.M *P.M *P.M

Hagerstown ... Greencastle ... Mercersburg ... Mercersburg. 8 30 11 10 3 30 ...
Chambersburg. 7 30 9 45 1 66 5 02 11 05
Waynesboro. 7 (0) 21 15 4 02 11 05
Shippensburg. 7 10 10 05 1 25 5 21 11 25
Newville. 8 06 10 24 1 45 5 38 11 44
Carlisle. 8 27 10 46 2 05 6 00 12 05
Mochanicsburg. 8 47 11 07 2 27 6 20 12 27
Dilisburg. 7 52 ... 40 5 00 12 27
Dilisburg. 7 52 ... 40 5 00
Arr. Harrisburg. 9 02 11 25 2 40 6 25 12 45
Arr. Phila ... 11 48 3 00 5 47 10 20 4 25
Arr. Baltimore. 11 55 2 11 6 00 9 45 6 25
A. M. P. M. P. M. P. M. P. M. A. M.
Additional trains will leave Carlisle for

Additional trains will leave Carliste for Harrisburg daily, except Sanday, at 5.50 a. m., 7.05 a. m., 12.30 p. m., 2.30 p. m., 2.30 p. m., and from Mechanicsburg at 6.14 a. m., 7.30 a. m., 8.12 a. m., 1.05 p. m., 2.30 p. m., and 3.53 p. m., 5.20 p. m., 6.35 p. m., 5.20 p. m., and 3.53 p. m., 5.20 p. m., 6.35 p. m., 2.30 p. m., stopping at Second street, Harrisburg, to let off passengers.

Trains No. 2 and 10 run daily between Harrisburg and Hagerstown, and on Sunday will stop at intermediate stations.

Paily

* Daily. + Daily except Sunday. no. 1 no. 3 no. 5 no. 7 no. 9

Additional local trains will leave Harrisburg daily, except Sunday for Carlisle and intermediate stations at 9. % a. m., 2.00 p. m., 5.15 p. m., 6.25 p. m. and 11.30 p. m., also for Mechanicsburg. Dilisburg and intermediate stations at 7. 00 a. m. and 2.27 p. m.

Nos. I and 9 run daily between Harrisburg and Hagerstown.

* Daily

* Dally. + Dally except Sunday. § On Sundays will leave. Philadelphia at 4.3. p. m. Pullman palace sleeping cars between New York and Knoxville, Tenn., on trains I wes and to east.

Through coaches to and from Philadelphia on trains 2 and 4 cast and 7 and 9 west.

SOUTHERN PENN'A R. R. TRAINS. Pas. Pas. Mix. 907 no 03 no 01 no 04 no 05 no 05

H. A. Riddle. Gen'l Pass. Agent.

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ton.

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District Attorney—George B. Daniels.
Treasurer—Theo Sipes.
Sheriff—Daniel Sheets.
Deputy Sheriff—James Rumel.
Jury Commissioners—David Rots. Samuel H.
Hockensmith.
Auditors—John S. Harris, D. H. Myers, A. J.
Lamberson.
Commissioners—H. K. Malot. A. V. Keily
John Fisher.
Clerk—Frank Mason.

County Surveyor—Jonas Lake. County Superintendent—Clem Chesnut. Attorneys—W. Scott Alexander, J. Nelson Sipos, Thomas F. Sloan, F. McN. Johnston, M. R. Shaffner, Geo. B. Daniels, John to.

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