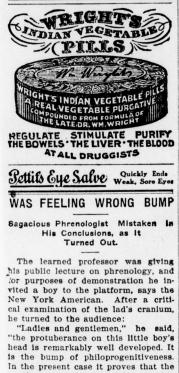


Your druggist sells Resinol Soap (25c) and Resinol Ointment (50c), or by mail on receipt of price. Resinol Chem. Co., Baltimore, Md.



boy has an extraordinary love for his parents. (Addressing the boy;) Isn't that true, Johnny?"

Johnny hesitated a moment, then said: "Well, I get along pretty well with

the old lady, but the old man ain't such a much."

"Why, how is that, my boy?" asked "Well, if you want me ter let it out,

the bump yer blowin' about is where hit me yesterday wit' a belt buckle."

#### New Stage in Inebriety.

Mr. Borden has been telling an an-concerning two "brither concerning two "brither who used to foregather in a ecdote Scots" 'dry" district, each bringing with him a portable spring of comfort in the shape of a bottle of whisky.

One of them was asked one day by "third party" whether the other, lock Anderson, did not get a little irunk sometimes.

"Drunk," was the reply. "Man, the ast time I was wi' him Jock was hat drunk I couldna see him."-Lonon Mail.

Exactly That. "Why does he wear such a swim-ning suit as that?" "For divers reasons."

What our neighbors haven't may take us appreciate what we have

The Food **Tells** Its



The KIFGHEN

What we ought not, we d d lean upon the thought "hat chance will bring us through; it our own acts, for good or ill, That chance we acts, for good . But our own acts, for good . Are mightlest powers. —Mathew Arnold.

BREAKFAST MEATS.

Now that the cool fall days are upon as, we will begin to enjoy again a lit-tle heavier breakfasts. Here are a few for variety:

Ham Balls .- Take a cup of cooked ham, finely chopped, add a cup of Ham Balls.—Take a cup of cooked ham, finely chopped, add a cup of bread crumbs, two cupfuls of cooked potatoes mashed fine, three table-spoonfuls of butter, two eggs and a dash of cayenne. Melt the butter, add all the ingredients and beat until light. Shape into small flat cakes, dip the organ experts and fur brown in egg and crumbs and fry brown.

Ham Toast.-Take half a cup Ham Toast.—Take half a cup of finely minced ham, half a teaspoonful of anchovy paste, a dash of mace and salt, if needed. Add half a cup of milk and a beaten egg. Stir until thick, then spread on dry buttered toast. A poached egg may be added for a more substantial meal.

Frizzied Ham.—When the ham is half done in frying, sprinkle with flour and fry brown. When brown, add a tablespoonful of made mustard to the gravy and boiling water to cover the ham. Simmer five minutes and serve on a hot platter.

Brolled Lamb's Liver .- Cut the liver in thin slices, cover with olive oil and let soak an hour. Drain, season, dip in crumbs and broil.

Minced Lamb With Egg.-Chop cold roast lamb very fine, season with sait, pepper and a bit of mint. Reheat in gravy, adding a little butter. Spread thinly on slices of buttered toast. Flace a poached egg on each slice, sprinkle with chopped parsley and

serve. Sausages Baked in Potatoes .- Prick sausages and brown in a hot spider. Core large potatoes and draw the sau-sages through the hole made, then bake. This is a pleasant surprise for the person peeling the potato.



#### PANCAKES.

There are numerous varieties of pancakes, edible and otherwise, and even at their best they are not the easiest of foods to digest.

Crumb Pancakes .- Take two cupfuls of breadcrumbs soaked in milk until very soft. Add a little salt, a cupful each of sweet milk and butter milk, a teaspoonful of soda, and one egg, separating the white and beating the yolk until thick, the white until stiff. Add enough sifted flour to make a good batter, add the white of the egg and fry on a hot griddle.

Danish Pancakes.—Beat three eggs, separating the yolks from the whites; add a cup of flour, a pinch of salt and milk enough to make a batter. Add the eggs and dissolve a half teaspoonful of soda in a teaspoonful of vine-gar; add, and beat all together.

Green Corn Griddle Cakes .--- To one cup of grated corn add a cup of milk. salt to season, a half teaspoonful of baking powder, one egg, and enough sifted flour to make a thin batter. Butter the cakes and serve with grated maple sugar.

Potato Pancakes .-- Peel eight goodsized potatoes and cover with cold water. Grate rapidly on a coarse grater, add to the pulp four eggs well beaten, two teaspoonfuls of salt and half a cup of flour sifted with half a tea-spoonful of baking powder. Mix well and bake on a hot griddle. Serve with butter. Germans add a little grated

FINE COMPLEXION A THING THAT IS INDISPENSABLE.

**REQUISITE FOR BEAUTY** 

Too Much Care Cannot Be Given to This Important Matter-Espe-cially in Cold Weather is the Need Great.

The complexion should have the best of care at all times, but espe cially is this necessary during the days of the late fall and when the winds of winter begin to blow.

The change from the warm summe days when the pores are open and the skin relaxed to the raw weather that shrivels up the skin and causes a drawn feeling over the entire surface of the body, is very trying, and is often followed by a condition that re-quires prompt treatment.

Feeding the skin is the first step, and this must be faithfully carried out. The action of the wind, particularly when it is driven against the face by the rapid motion of an automobile tends to dry out the natural oil and leave the skin dry and harsh. Then, too, the muscles of the face become stiff and tense and these must be made to relax and grow pliable and elastic.

To accomplish these two require-ments nothing is necessary but a ments nothing is necessary but a good cleansing cream as first aid fol-lowed by a facial bath in very warm water and ending with the use of a nourishing cream which must be care-fully massaged into the pores. The cleansing cream must be used always upon coming indoors before any wanourishing cream may be applied gen-erously and it should be used as a foundation for the protecting powder before exposing the face to the wind

and weather. Among the many directions that can be given for the prevention of harm to the complexion, none is more im-portant than the careful drying of the skin after using water, and the still Regarding your dress as honor: You do not eavy skin after using water, and the still Regarding your dress as matron of more careful rinsing after soap has honor; You do not say whether the been used. These two rules admit of ceremony is to be in the day or eve-

no deviation. Never under any circumstances expose your face or hands to the cold after bathing them without thorough-ly drying the skin. This does not necessitate the use of rough towels or any unnecessary friction. Gently pat-ting the skin with a soft absorbent tober dinner party? Please suggest towel is much better than severe rub-bing and to make sure the skin is place cards. If it isn't asking too free from moisture a tiny bit of cream much of you, will you suggest the rubbed into the pores, immediately after the drying process, is excellent and is a good preventive of a chapped surface. The careless habit of biting the lips must be avoided if of biting the lips must be avoided if cards heart-shaped and the favors slip they are to be kept smooth and nice. All that has been said about the care of the face applies equally well to the hands. In fact greater care peas and sweet potato crouquettes must be given them, as the hands are Hot rolls or the bread in napkin with in water so frequently. Plenty of cleansing cream rubbed into the hands before washing them, the use of a soothing lotion immediately after drying them, and the very liberal application of a massage cream will prevent the chapping which often occurs when the cold begins to grow pene trating. Little time is required for this daily care and much trouble can be avoided by observing these small

#### ANSWERS TO QUERIES.

details.

Miss Elise J. K .: Even though you are not handsome and magnetic, you can still be a very attractive girl. Keep yourself always well groomed, cleanly and dressed in good taste. Be cheerful and agreeable. Dress your hair becomingly without attempting any of the extreme styles which usually make the prettiest face unattractive. Keep your complexion clear, your eyes bright and your mind free from morbid notions, and you will find that you are quite as much sought after as your friends who you think have such an advantage over you, as far as "good looks" are concerned.

Friend: If you use powder every day—either dry or liquid powder— you will find it absolutely necessary to give your face a thorough cleans-ing at night, else the pores will being at night, come clogged and the skin will grow muddy looking. Use cleansing cream first, followed by a facial bath in warm water and mild soap. Rinse in warm water and mild soap. Rinse in clear warm water and finish with a dash of cold water. If the skin is inclined to be dry, a little of the cream should be rubbed on after-wards. If there is a tendency to the formation of wrinkles, a nourishing cream is necessary, and if there are deep lines, wrinkle plasters are very helpful in smoothing them out. Inquirer: You would have better success with your curling fluid if you left out the glycerin entirely. Other-wise the formula is all right, and it should make a very good mixture for your purpose. There is nothing in it which could cause the least harm to the hair and you can use it every day without fearing any ill results.



#### Regarding a Shower,

So often I read your pleasing articles in the paper that I take it upon my self to write you for a little help. I am going to give a miscellaneous shower for abride and wish you to sug-gest some thing for decorations, also

for prizes, and how many are nec essary. Please tell me how to arrange the

shower for a bride and wish you to sug-bride? What refreshments should I serve. She is to have a home wed ding, and has asked me to be matron of honor, what could you suggest for me to wear .- A Young Bride

A "shower" is given by the hostess asking the guests to come to her house on the day and date decided and each to bring some thing for a "Mis-cellaneous Downpour." The articles to be wrapped and bear the name of donor, with an appropriate sentiment or good wish for the honored guest. There are no special decorations be-sides flowers, as you may happen to have them. Light refreshments are served, consisting of whatever bever-age you like with a frozen something or a salad and sandwiches. I never heard of prizes unless cards are to be the amusement, and your contribution may be whatever you wish. So much depends upon whether the bride is

ning, in church or at home or what color you or the bride prefers. You can make no mistake by selecting white.

#### Engagement Announcement.

Will you please give a novel way to menu.-Forget-Me-Not.

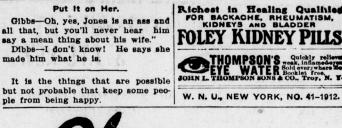
To help tell the news the center-piece may be of bride roses, the place Serve canapes first, then soup, fish and an entree, followed by chicken, Hot rolls or the bread in napkin with soup course will be sufficient. A fruit or tomato salad and individual ices decorated with Cupids, hearts and bell-shaped cakes with coffee "en demi tasse" will complete an accept-able menu. If you like, the mono-gram of the heave pair way he does gram of the happy pair may be done on the ices, which may be heart shaped. This will tell the story.

Questions from a Near Bride Who pays for the bride's bouquet? I have been to my fiance's mother's and sister's house to entertainment once only—would it be proper to ask them to come to see my trousseau? As our families have never visited, whose

It is the bridegroom's privilege and pleasure to pay for the flowers car-ried by the bride and her maids (if she have any). By all 'means ask the family of the bridegroom to see your trousseau; serve a cup of tea or a glass of something cool if it happens to be warm.

#### Concerning a Wedding.

If I have a very quiet church wedding with only relatives and possibly a few friends would it be correct to





From Forty-Five to Fifty Are Much Benefited by

Lydia E. Pinkham's Vegetable Compound.

The "change of life" is a most critical period in a woman's existence, and the anxiety felt by women as it draws near is not without reason.

Put It on Her

Gibb

When her system is in a deranged condition, she may be predisposed to apoplexy, or congestion of some organ. At this time, also, cancers and tumors are more liable to form and begin their destructive work.

Such warning symptoms as sense of suffocation, hot flashes, headaches, backaches, dread of impending evil, timidity, sounds in the ears, palpitation of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness and inquietude, and dizziness, are promptly heeded by intelligent women who are approaching the period in life when woman's great change may be expected.

These symptoms are calls from nature for help. The nerves are crving out for assistance and the cry should be heeded in time.

Lydia E. Pinkham's Vegetable Compound is prepared to meet the needs of women's system at this trying period of her life. It invigorates and strengthens the female organism and builds up the weakened nervous system. It has carried many women safely through this crisis.

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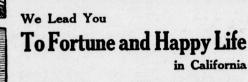
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ONE CASE OUT OF MANY TO PROVE OUR CLAIMS.

TO PROVE OUR CLAIMS. St. Anne, III.—"I was passing through the change of life and I was a perfect wreck from female troubles. I had a displacement and bearing down pains, weak fainting spells, dizziness, then numb and cold feelings. Some-times my feet and limbs were swollen. I was irregular and had so much backache and headache, was nervous, irritable and was so much backache and headache, was nervous, irritable and was despondent. Sometimes my ap-petite was good but more often it was not. My kidneys troubled me at times and I could walk only a short distance. "I saw your advertisement in a paper and took Lydia E. Pink-ham's Vegetable Compound, and I was helped from the first. At the end of two months the swel-ling had gone down, I was re-

the end of two months the swel-ling had gone down, I was re-lieved of pain, and could walk with ease. I continued with the medicine and now I do almost all my housework. I know your medicine has saved me from the grave and I am willing for you to publish anything I write to you, for the good of others."-Mrs. ESTELLA GILLISPIE, R.F.D. No. 4, Box 34, St. Anne, Illinois, Box 34, St. Anne, Illinois.



Messrs. J. S. & W. S. Kuhn, the Pittsburgh bankers, are doing in the Sacramento Valley what the U.S. Government is doing elsewhere for the people.

There is ten times more net profit per acre in California irrigated land than in the East and with less labor. Let us take you where there is comfort and happiness besides profit, climate equal to that of Southern Italy, no frosts nor snow, no thunderstorms nor sunstrokes.

Let us take you where big money is now being made, markets are near, demand for products great and income

Let us take you where railroad and river transportation is near, where there are denominational churches and graded schools.

grade schools,  $N_{\sigma v u}$  is the time to buy this land—get in with the winners, the great Panama Canal will scon be ready and you can share in its triumphs; farms are selling rapidly, and we strongly urge you to purchase at scon as possible.

You can buy this land on very easy terms-\$15.00 an acre now and the balance in ten yearly payments. Give us an opportunity to take up all details with you

place is it to call first-my mother or his mother?-Unsophisticated.

It is the place of the bridegroom's

mother and sisters to pay the first call apon you and your family.

### **Own Story**

It's one dish that a good many thousand people relish greatly for breakfast, lunch & supper.

# Post **Toasties**

Crisped wafers of toasted Indian Corn-a dainty and most delightful dish.

Try with cream and sugar.

"The Memory Lingers"

Postum Ceresi Company, Ltd. Buttie Creek, Mich.

onion to the potato, which improves it, If you like onion.

Cold cereal, rice or hominy added to any batter makes fine griddle cakes and is a good way to use left-over breakfast foods.

Rellie Maxwell

#### Chicken Chowder.

Cut up the chicken and boil slowly antil done. While the chicken is cooking fry out one-fourth pound of cooking fry out one-fourth pound of alt pork in separate kettle, and fry six onions in pork fat. Soak one-half pound crackers in milk and put the chicken, onions, crackers and pork in layers in the kettle. Season with salt and pepper. Thicken with two tables proons of four and let it boil up to spoons of flour and let it boil up to-gether.

Keep Trolley Wheel on Wire. A new invention which may lessen the tension of travel to impatient pas the tension of travel to impatient pas-sengers is an automatic device for re-placing trolley poles when they get 'off the trolley." It consists of a veries of spiral groozes on each side of the trolley wheel; these run the wheel back to its center when is umps from the wire.

Tired of Heroics. "The earth yearned for Curtis." "No wonder. I guess he bored tt' Mrs. William N.: From what you tell me in your letter, you need feel no alarm about the condition of you hair. It does not fall out any more than is normal, and since it does not seem to be growing any thinner, it is probable just the dead hair which

is dropping out and new hair is grow-ing in all the time. Madame Helie will reply to ques-tions through the columns of this pa-per. Letters requiring personal an swers must contain addressed and stamped envelope. (Copyright, 1913, by Universal Press Syn-dicate.)

have the wedding march played? Will be married in traveling suitwill it be necessary to have flowers? Do I pay the organist? What car-riages do my family engage and pay for?-R. L. M.

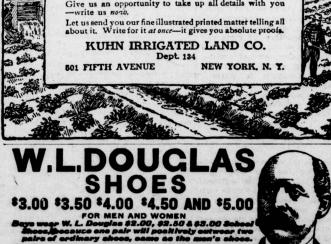
By all means have the wedding You will find it much easier music. to walk down and up the aisle with it than in dead silence. It is not necessary to have flowers but I think I would carry a bouquet or wear one. Your family engage and pay for all the carriages except the one for the bride-groom and his best man, who of course accompanies him.

Which is Correct? Won't you please settle an argu-ment by stating which is proper to say, eat a plate of soup or drink a plate of soup?-Subscriber.

Strange to say, soup is always re-ferred to as being eaten. If you will stop to think, we say "Aren't you going to eat your soup?

## Reply to "L. E. N."

MME. MERRI.



A second second second self will positively estimate the second s

nnot supply you, write d nat everywhere, deliver paid WinDow