



Resinol stops itching instantly

THE moment Resinol Ointment touches any itching skin, the itching stops and healing begins. With the aid of Resinol Soap, it quickly removes all traces of eczema, rash, tetter, ringworm, pimples or other tormenting, unsightly eruption, leaving the skin clear and healthy.

Your druggist sells Resinol Soap (25c) and Resinol Ointment (50c), or by mail on receipt of price. Resinol Chem. Co., Baltimore, Md.



REGULATE STIMULATE PURIFY THE BOWELS • THE LIVER • THE BLOOD AT ALL DRUGGISTS

Pettis Eye Salve

Quickly Ends Weak, Sore Eyes

WAS FEELING WRONG BUMP

Sagacious Phrenologist Mistaken in His Conclusions, as it Turned Out.

The learned professor was giving his public lecture on phrenology, and for purposes of demonstration he invited a boy to the platform, says the New York American. After a critical examination of the lad's cranium, he turned to the audience:

"Ladies and gentlemen," he said, "the protuberance on this little boy's head is remarkably well developed. It is the bump of philoprogenitiveness. In the present case it proves that the boy has an extraordinary love for his parents. (Addressing the boy;) Isn't that true, Johnny?"

Johnny hesitated a moment, then said: "Well, I get along pretty well with the old lady, but the old man ain't such a much."

"Why, how is that, my boy?" asked the professor.

"Well, if you want me ter let it out, the bump yer blowin' about is where pop hit me yesterday wit' a belt buckle."

New Stage in Inebriety.

Mr. Borden has been telling an anecdote concerning two "brither Scots" who used to foregather in a "dry" district, each bringing with him a portable spring of comfort in the shape of a bottle of whisky.

One of them was asked one day by a "third party" whether the other, Jock Anderson, did not get a little drunk sometimes.

"Drunk," was the reply. "Man, the last time I was w' him Jock was hat drunk I couldna see him."—London Mail.

Exactly That.

"Why does he wear such a swimming suit as that?"

"For divers reasons."

What our neighbors haven't may make us appreciate what we have.

The Food Tells Its Own Story

It's one dish that a good many thousand people relish greatly for breakfast, lunch & supper.

Post Toasties

Crisped wafers of toasted Indian Corn—a dainty and most delightful dish.

Try with cream and sugar.

"The Memory Lingers"

Postum Cereal Company, Ltd. Battle Creek, Mich.

The KITCHEN CABINET



WE DO not what we ought. What we ought not, we do. And lean upon the thought That chance will bring us through; But our own acts, for good or ill, Are mightiest powers.

—Matthew Arnold.

BREAKFAST MEATS.

Now that the cool fall days are upon us, we will begin to enjoy again a little heavier breakfasts. Here are a few for variety:

Ham Balls.—Take a cup of cooked ham, finely chopped, add a cup of bread crumbs, two cupfuls of cooked potatoes mashed fine, three tablespoonfuls of butter, two eggs and a dash of cayenne. Melt the butter, add all the ingredients and beat until light. Shape into small flat cakes, dip in egg and crumbs and fry brown.

Ham Toast.—Take half a cup of finely minced ham, half a teaspoonful of anchovy paste, a dash of mace and salt, if needed. Add half a cup of milk and a beaten egg. Stir until thick, then spread on dry buttered toast. A poached egg may be added for a more substantial meal.

Frizzled Ham.—When the ham is half done in frying, sprinkle with flour and fry brown. When brown, add a tablespoonful of made mustard to the gravy and boiling water to cover the ham. Simmer five minutes and serve on a hot platter.

Broiled Lamb's Liver.—Cut the liver in thin slices, cover with olive oil and let soak an hour. Drain, season, dip in crumbs and broil.

Minced Lamb With Egg.—Chop cold roast lamb very fine, season with salt, pepper and a bit of mint. Reheat in gravy, adding a little butter. Spread thinly on slices of buttered toast. Place a poached egg on each slice, sprinkle with chopped parsley and serve.

Sausages Baked in Potatoes.—Prick sausages and brown in a hot spider. Core large potatoes and draw the sausages through the hole made, then bake. This is a pleasant surprise for the person peeling the potato.



Nobody knows of the work I make. Nobody knows of the steps it takes. Nobody knows—but mother.

PANCAKES.

There are numerous varieties of pancakes, edible and otherwise, and even at their best they are not the easiest of foods to digest.

Crumb Pancakes.—Take two cupfuls of breadcrumbs soaked in milk until very soft. Add a little salt, a cupful each of sweet milk and butter milk, a teaspoonful of soda, and one egg, separating the white and beating the yolk until thick, the white until stiff. Add enough sifted flour to make a good batter, add the white of the egg and fry on a hot griddle.

Danish Pancakes.—Beat three eggs, separating the yolks from the whites; add a cup of flour, a pinch of salt and milk enough to make a batter. Add the eggs and dissolve a half teaspoonful of soda in a teaspoonful of vinegar; add, and beat all together.

Green Corn Griddle Cakes.—To one cup of grated corn add a cup of milk, salt to season, a half teaspoonful of baking powder, one egg, and enough sifted flour to make a thin batter. Butter the cakes and serve with grated maple sugar.

Potato Pancakes.—Peel eight good-sized potatoes and cover with cold water. Grate rapidly on a coarse grater, add to the pulp four eggs well beaten, two teaspoonfuls of salt and half a cup of flour sifted with half a teaspoonful of baking powder. Mix well and bake on a hot griddle. Serve with butter. Germans add a little grated onion to the potato, which improves it, if you like onion.

Cold cereal, rice or hominy added to any batter makes fine griddle cakes and is a good way to use left-over breakfast foods.

Hellie Maxwell.

Chicken Chowder.

Cut up the chicken and boil slowly until done. While the chicken is cooking fry out one-fourth pound of salt pork in separate kettle, and fry six onions in pork fat. Soak one-half pound crackers in milk and put the chicken, onions, crackers and pork in layers in the kettle. Season with salt and pepper. Thicken with two table-spoons of flour and let it boil up together.

Keep Trolley Wheel on Wire.

A new invention which may lessen the tension of travel to impatient passengers is an automatic device for replacing trolley wheels when they get "off the trolley." It consists of a series of spiral grooves on each side of the trolley wheel; these run the wheel back to its center when it jumps from the wire.

Tired of Heroics.

"The earth yearned for Curtis." "No wonder. I guess he bored it."

REQUISITE FOR BEAUTY

FINE COMPLEXION A THING THAT IS INDISPENSABLE.

Too Much Care Cannot Be Given to This Important Matter—Especially in Cold Weather is the Need Great.

The complexion should have the best of care at all times, but especially is this necessary during the days of the late fall and when the winds of winter begin to blow.

The change from the warm summer days when the pores are open and the skin relaxed to the raw weather that shrivels up the skin and causes a drawn feeling over the entire surface of the body, is very trying, and is often followed by a condition that requires prompt treatment.

Feeding the skin is the first step, and this must be faithfully carried out. The action of the wind, particularly when it is driven against the face by the rapid motion of an automobile, tends to dry out the natural oil and leave the skin dry and harsh. Then, too, the muscles of the face become stiff and tense and these must be made to relax and grow pliable and elastic.

To accomplish these two requirements nothing is necessary but a good cleansing cream as first aid followed by a facial bath in very warm water and ending with the use of a nourishing cream which must be carefully massaged into the pores. The cleansing cream must be used always upon coming indoors before any water is allowed to touch the face. The nourishing cream may be applied generously and it should be used as a foundation for the protecting powder before exposing the face to the wind and weather.

Among the many directions that can be given for the prevention of harm to the complexion, none is more important than the careful drying of the skin after using water, and the still more careful rinsing after soap has been used. These two rules admit of no deviation.

Never under any circumstances expose your face or hands to the cold after bathing them without thoroughly drying the skin. This does not necessitate the use of rough towels or any unnecessary friction. Gently patting the skin with a soft absorbent towel is much better than severe rubbing and to make sure the skin is free from moisture a tiny bit of cream rubbed into the pores, immediately after the drying process, is excellent and is a good preventive of a chapped surface. The careless habit of biting the lips must be avoided if they are to be kept smooth and nice.

All that has been said about the care of the face applies equally well to the hands. In fact greater care must be given them, as the hands are in water so frequently. Plenty of cleansing cream rubbed into the hands before washing them, the use of a soothing lotion immediately after drying them, and the very liberal application of a massage cream will prevent the chapping which often occurs when the cold begins to grow penetrating. Little time is required for this daily care and much trouble can be avoided by observing these small details.

ANSWERS TO QUERIES.

Miss Elise J. K.: Even though you are not handsome and magnetic, you can still be a very attractive girl. Keep yourself always well groomed, cleanly and dressed in good taste. Be cheerful and agreeable. Dress your hair becomingly without attempting any of the extreme styles which usually make the prettiest face unattractive. Keep your complexion clear, your eyes bright and your mind free from morbid notions, and you will find that you are quite as much sought after as your friends who you think have such an advantage over you, as far as "good looks" are concerned.

Friend: If you use powder every day—either dry or liquid powder—you will find it absolutely necessary to give your face a thorough cleansing at night, else the pores will become clogged and the skin will grow muddy looking. Use cleansing cream first, followed by a facial bath in warm water and mild soap. Rinse in clear warm water and finish with a dash of cold water. If the skin is inclined to be dry, a little of the cream should be rubbed on afterwards. If there is a tendency to the formation of wrinkles, a nourishing cream is necessary, and if there are deep lines, wrinkle plasters are very helpful in smoothing them out.

Inquirer: You would have better success with your curling fluid if you left out the glycerin entirely. Otherwise the formula is all right, and it should make a very good mixture for your purpose. There is nothing in it which could cause the least harm to the hair and you can use it every day without fearing any ill results.

Mrs. William N.: From what you tell me in your letter, you need feel no alarm about the condition of your hair. It does not fall out any more than is normal, and since it does not seem to be growing any thinner, it is probably just the dead hair which is dropping out and new hair is growing in all the time.

Madame Hellie will reply to questions through the columns of this paper. Letters requiring personal answers must contain addressed and stamped envelope.

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Social Forms and Entertainments



Regarding a Shower.

So often I read your pleasing articles in the paper that I take it upon myself to write you for a little help. I am going to give a miscellaneous shower for a bride and wish you to suggest some thing for decorations, also for prizes, and how many are necessary.

Please tell me how to arrange the shower for a bride and wish you to suggest? What refreshments should I serve. She is to have a home wedding, and has asked me to be matron of honor, what could you suggest for me to wear.—A Young Bride.

A "shower" is given by the hostess asking the guests to come to her house on the day and date decided and each to bring some thing for a "Miscellaneous Downpour." The articles to be wrapped and bear the name of donor, with an appropriate sentiment or good wish for the honored guest. There are no special decorations besides flowers, as you may happen to have them. Light refreshments are served, consisting of whatever beverage you like with a frozen something or a salad and sandwiches. I never heard of prizes unless cards are to be the amusement, and your contribution may be whatever you wish. So much depends upon whether the bride is to keep house or board.

Regarding your dress as matron of honor; You do not say whether the ceremony is to be in the day or evening, in church or at home or what color you or the bride prefers. You can make no mistake by selecting white.

Engagement Announcement.

Will you please give a novel way to announce my engagement at an October dinner party? Please suggest decorations and kind of favors and place cards. If it isn't asking too much of you, will you suggest the menu.—Forget-Me-Not.

To help tell the news the centerpiece may be of bride roses, the place cards heart-shaped and the favors slippers which will hold heart bon-bons. Serve canapes first, then soup, fish and an entree, followed by chicken, peas and sweet potato croquettes. Hot rolls or the bread in napkin with soup course will be sufficient. A fruit or tomato salad and individual ices decorated with Cupids, hearts and bell-shaped cakes with coffee "en demi tasse" will complete an acceptable menu. If you like, the monogram of the happy pair may be done on the ices, which may be heart shaped. This will tell the story.

Questions from a Near Bride.

Who pays for the bride's bouquet? I have been to my fiancé's mother's and sister's house to entertainment once only—would it be proper to ask them to come to see my trousseau? As our families have never visited, whose place is it to call first—my mother or his mother?—Unsophisticated.

It is the bridegroom's privilege and pleasure to pay for the flowers carried by the bride and her maids (if she have any). By all means ask the family of the bridegroom to see your trousseau; serve a cup of tea or a glass of something cool if it happens to be warm.

It is the place of the bridegroom's mother and sisters to pay the first call upon you and your family.

Concerning a Wedding.

If I have a very quiet church wedding with only relatives and possibly a few friends would it be correct to have the wedding march played? Will be married in traveling suit—will it be necessary to have flowers? Do I pay the organist? What carriages do my family engage and pay for?—R. L. M.

By all means have the wedding music. You will find it much easier to walk down and up the aisle with it than in dead silence. It is not necessary to have flowers but I think I would carry a bouquet or wear one. Your family engage and pay for all the carriages except the one for the bridegroom and his best man, who of course accompanies him.

Which is Correct?

Won't you please settle an argument by stating which is proper to say, eat a plate of soup or drink a plate of soup?—Subscriber.

Strange to say, soup is always referred to as being eaten. If you will stop to think, we say "Aren't you going to eat your soup?"

Reply to "L. E. N."

I see no harm in one of your boy friends walking home from church with you. Girls of fifteen wear their dresses just about to the shoe tops and their hair caught up on top with a big bow or the bow placed at the neck, just whichever way is most becoming.

MME. MERRI.

Put it on Her.

Gibbs—Oh, yes, Jones is an ass and all that, but you'll never hear him say a mean thing about his wife.

Dibbe—I don't know! He says she made him what he is.

It is the things that are possible but not probable that keep some people from being happy.

Richest in Healing Qualities FOR BACKACHE, RHEUMATISM, KIDNEYS AND BLADDER

FOLEY KIDNEY PILLS

Quickly relieves weak, inflamed, and sore kidneys. Sold every where. JOHN L. THOMPSON WORKS & CO., Troy, N. Y.

W. N. U., NEW YORK, NO. 41-1912.

Women

From Forty-Five to Fifty Are Much Benefited by Lydia E. Pinkham's Vegetable Compound.

The "change of life" is a most critical period in a woman's existence, and the anxiety felt by women as it draws near is not without reason.

When her system is in a de-ranked condition, she may be predisposed to apoplexy, or congestion of some organ. At this time, also, cancers and tumors are more liable to form and begin their destructive work.

Such warning symptoms as sense of suffocation, hot flashes, headaches, backaches, dread of impending evil, timidity, sounds in the ears, palpitation of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness and inquietude, and dizziness, are promptly heeded by intelligent women who are approaching the period in life when woman's great change may be expected.

These symptoms are calls from nature for help. The nerves are crying out for assistance and the cry should be heeded in time.

Lydia E. Pinkham's Vegetable Compound is prepared to meet the needs of women's system at this trying period of her life. It invigorates and strengthens the female organism and builds up the weakened nervous system. It has carried many women safely through this crisis.



Mrs. Estella Gillispie

ONE CASE OUT OF MANY TO PROVE OUR CLAIMS.

St. Anne, Ill.—"I was passing through the change of life and I was a perfect wreck from female troubles. I had a displacement and bearing down pains, weak fainting spells, dizziness, then numb and cold feelings. Sometimes my feet and limbs were swollen. I was irregular and had so much backache and headache, was nervous, irritable and was despondent. Sometimes my appetite was good but more often it was not. My kidneys troubled me at times and I could walk only a short distance.

"I saw your advertisement in a paper and took Lydia E. Pinkham's Vegetable Compound, and I was helped from the first. At the end of two months the swelling had gone down, I was relieved of pain, and could walk with ease. I continued with the medicine and now I do almost all my housework. I know your medicine has saved me from the grave and I am willing for you to publish anything I write to you, for the good of others."—Mrs. ESTELLA GILLISPIE, R.F.D. No. 4, Box 34, St. Anne, Illinois.

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Messrs. J. S. & W. S. Kuhn, the Pittsburgh bankers, are doing in the Sacramento Valley what the U. S. Government is doing elsewhere for the people.

There is ten times more net profit per acre in California irrigated land than in the East and with less labor.

Let us take you where there is comfort and happiness besides profit, climate equal to that of Southern Italy, no frosts nor snow, no thunderstorms nor strokes.

Let us take you where big money is now being made, markets are near, demand for products great and income is sure.

Let us take you where railroad and river transportation is near, where there are denominational churches and graded schools.

Now is the time to buy this land—get in with the winners, the great Panama Canal will soon be ready and you can share in its triumphs; farms are selling rapidly, and we strongly urge you to purchase as soon as possible.

You can buy this land on very easy terms—\$15.00 an acre now and the balance in ten yearly payments.

Give us an opportunity to take up all details with you—write us now.

Let us send you our fine illustrated printed matter telling all about it. Write for it at once—it gives you absolute proof.

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W.L. DOUGLAS SHOES

\$3.00 \$3.50 \$4.00 \$4.50 AND \$5.00

FOR MEN AND WOMEN

Boys wear W. L. Douglas \$2.00, \$2.50 & \$3.00 School Shoes. Because one pair will positively outwear two pairs of ordinary shoes, same as the man's shoes.

W.L. Douglas makes and sells more \$3.00, \$3.50 & \$4.00 shoes than any other manufacturer in the world.

THE STANDARD OF QUALITY FOR OVER 30 YEARS.

The workmanship which has made W. L. Douglas shoes famous the world over is maintained in every pair.

Ask your dealer to show you W. L. Douglas latest fashions for fall and winter wear, notice the short vamps which make the foot look smaller, points in a shoe particularly desired by young men. Also the conservative styles which have made W. L. Douglas shoes a household word everywhere.

If you could visit W. L. Douglas large factories at Brockton, Mass., and see for yourself how carefully W. L. Douglas shoes are made, you would then understand why they are warranted to fit better, look better, hold their shape and wear longer than any other make for the price.

CAUTION.—To protect you against inferior shoes, W. L. Douglas stamps his name on the bottom. Look for the stamp. Beware of substitutes. W. L. Douglas shoes are sold in 75 own stores and shoe dealers everywhere. No matter where you live, they are within your reach.

If your dealer cannot supply you, write direct to factory for catalog showing how to order by mail. Shoes sent everywhere, delivery charges prepaid. W. L. Douglas, Brockton, Mass.