

## MACK IS MANAGER IN NAME AND IN FACT



Connie Mack, Leader of World's Champion Athletics.

The world's champion Athletics stand alone today in many respects. A system, or it may be systems, exist on that club which exists nowhere else in the baseball world.

The Athletics are managed first, last and all the time entirely by Connie Mack. His power and authority ranks above that of any other man in a similar capacity in baseball.

Tom Shibe, vice-president of the club, gave a sample of the authority vested in the Athletic chieftain when the club was in New Orleans last spring. Tom was discussing the affairs of the club and incidentally mentioned that he didn't know the salary of a single player on the club.

One of the parties in the conversation looked surprised and said: "Why, surely, then, your father knows the salaries." His father, Ben Shibe, is president of the club.

"No, I am positive," Tom answered, "that even my father doesn't know. Why, a few years ago Connie went to father and said: 'Mr. Shibe, so and so wants a raise in salary. What do you think?'"

"Now, Connie, I don't want to have a thing to do with the matter. Do just as you want. That's entirely up to you. Anything you do will be completely satisfactory to me." And Connie still does what he wants.

## GREATEST SLABMAN IN GAME

In All Elements of Pitching Walter Johnson, the "Idaho Cyclone," Entitled to Decision.

Discussions break out frequently as to the greatest slabman in the game today. But at the wind-up of each argument no one seems able to compile a choice with any edge on Johnson, the Idaho cyclone. If a vote were taken among the profession there isn't any doubt but that Washington's premier



Walter Johnson.

would stampede the convention and get the nomination on the first ballot. There are others who have shaded him at various angles. Mathewson knows more about the art of pitching—Ed Walsh can stand as much punishment, Brown carries a better curved ball and Rube Marquard shoots almost as much smoke. But in the combined elements of pitching greatness the smoke-ball Swede is probably entitled to the decision. He won 23 games with a team in seventh place last season, after facing a bad start, due to poor condition. There were only five slabmen in his league who did as well, and the other four were all with clubs pitched a much loftier attitude in the race.

## HOW FAST DO BASEBALLS GO?

Careful Timing of Ground Hits Establishes Fact Balls Travel at Rate of 60 Miles an Hour.

Ask any "fan" how fast an average "grounder" travels during its first hundred feet from the bat, and his answer will be anywhere from 20 to 200 miles an hour. Split second watches and careful timing of many ground balls have established the fact that the average speed of ground balls—that is, those struck by the bat of the batsman from a fair pitched ball, which strike the infield before they land in a fielder's hands—go at the rate of almost exactly 60 miles an hour, faster than the fastest mail trains.

Sixty miles an hour is 88 feet per second. The bases are 90 feet apart. A man who can run a hundred yards in 11 seconds, which is fast running for any one, but particularly so for a man with baseball shoes and uniform on, can run 90 feet in 3.3 seconds. Is it any wonder that a ball which is fielded in its first 100 feet of travel usually reaches first base just a fraction of a second before or after the runner sets foot upon it?

Every fan knows the many close decisions at first base form one of the fascinations of the game. The speed of a batted ball, the speed at which a fielder can travel from his position to the point where he can meet and field the batted ball, the speed with which he can stop the ball, pick it up, set himself for the throw, make the throw, the speed of the ball across the diamond from his throw, and the speed of the traveling runner, are so nicely balanced that it is always a question of whether or not the runner will get there in time for the crowd to see the umpire's hands go down, or whether he will face a thumb over a shoulder indicating that he is out. —Technical World Magazine.

## QUICK RETURN LOSES GAME

Pat Flaherty's Habit of Catching Batsman Napping Proved Costly in One Contest.

Heinie Peltz in a fanning bee one day, said that Pat Flaherty's quick return ball kept him in the majors a long while after he had been branded with a minor league iron. Pat would shoot the ball over the plate and the catcher would return it to him just about as quick as he got it, and Flaherty would again send it whizzing over the pan before the batsman could regain his balance from the previous swing.

But Flaherty had an experience with his quick return delivery one day that took the heart out of him. It was in a game with the Cubs, and Johnny Kling was at the plate. Pat



Pat Flaherty.

sent the ball over the pan and Kling swung at it with all his might. He missed the ball entirely and the catcher shot the pill back to Flaherty, who immediately returned it. Now the momentum of Kling's swing made him revolve around like a top and on his second turn he met Pat's return ball square on the nose, and the wallop was good for three bases and the game.

## The Baseball Slaves.

The principal reason why Americans do not take seriously the proposed congressional investigation of so-called "baseball trust" is because they know so much about baseball, says the Cincinnati Times-Star.

The average American may have only a vague idea and a smattering of information concerning business combinations but of baseball his knowledge is full and complete. He knows its history and its present status. He knows what a puny thing it was before there was such a thing as organization and what a mighty national institution it has become because of organization.

Nor does the talk of "baseball slavery" at all impress the average citizen. He has heard it before, but he has never accepted it as more than a high-sounding phrase with little or no truth for its basis. If there are baseball slaves they are at least bound by golden shackles and many a freeman envies their condition.

## Barney Joy Has Not Reported.

Barney Joy, the pitcher purchased from Boston by Spokane in the Northwestern league, has failed to report. He is in Hawaii. Owner Cohn says he will cause Joy to be shut out from organized baseball because of his action.

## The Largest Bells.

"Great Paul," the bell of St. Paul's Cathedral, in London, weighs nearly 17 tons and is nearly 30 feet around. The first "Big Ben" of Westminster was cast more than 50 years ago and weighed more than 14 tons. But "Big Ben" had a crack and was cast over, losing some weight, and the clapper was made smaller, now being about 600 pounds instead of a ton. The great bell, "Peter of York," cost \$10,000, weighs about 13 tons and is 22 feet in diameter.

The largest hanging bell in the world is in the great Buddhist monastery near Canton. It is 18 feet in height and 40 feet in circumference, being cast of solid bronze. This is one of the eight monster bells that were cast by command of Emperor Yung Lo about A. D. 1400. It cost the lives of eight men, who were killed in the process of casting.

## Time.

"How long have you been a widow, Mrs. Weed?"

"It will be a year the fourth of next month."

"Dear me! Is it as long as that? How time flies!"

"Oh, do you think so? Well, if you ever have to wait a year to look pleasant when men offer you attentions you'll give up the idea that time is much of a flyer."

## Impolite.

"Why wouldn't you put out your tongue for the doctor this morning, Karl?"

"Oh, Emmy, I couldn't. I don't know him well enough."—Fliegende Blaetter.

Many a fellow who puts up a good front is talked about behind his back.

## ALL FREE.



Mrs. New-Wed—How much did you pay the minister when we were married?

New-Wed—Nothing.

Mrs. New-Wed—How was that?

New-Wed—He didn't dare to take my money for fear that it was tainted.

## Surgeon in Ancient Times.

High honorariums were paid surgeons in ancient times. When Darius, the son of Hystaspes, sprained his foot Damocedes was called in, another surgeon of renown having failed to effect a cure. Damocedes was successful, and the king took him to his harem and introduced the doctor to the ladies of the court. The ladies filled a vase of gold with money and precious pearls, which a eunuch was ordered to carry to the doctor. The eunuch let fall the vase, and the careful historian tells us that slaves gathered up the pearls.

## Innuendo.

"What's Cholly so angry about?" "Oh, some rude girl asked him if he was a suffragette."

## They Saved His Life.

Does it pay to stop your motor car after an accident and go back to see what has happened? Two young motorists on the South side believe it does.

With a green chauffeur these two boys were trying out a new model touring car. They were sitting in the back seat when the greenhorn at the steering wheel gave it a twist and came within an ace of hitting an old man at a crossing. The victim was so shocked that he fell to the pavement, and a crowd gathered in an instant.

Looking back, the motorists decided that things looked bad, but that they had better go back and see whether the old party was killed. Finding him all right, but winded, they took him for a nice ride around the parks. So pleasant did they make it for him that when they took him home to his wife he introduced them as "The two young men who saved my life."

They are now thinking of applying for Carnegie medals.

## Her Little Ring.

Mary had a little ring; 'twas given by her beau; and everywhere that Mary went that ring was sure to go.

She took the ring with her one day, when she went out to tea, where she might display it to the girls, who numbered twenty-three.

And when the girls all saw that ring, they made a great ado, exclaiming, with one voice: "Has it at last got round to you?"

## Trouble.

"That man seems to be greatly depressed about something."

"Yes. He must live in some town whose baseball team is at the tail-end."

# If You Like a Little Quiet Fun

Ask some pompous person if Grape-Nuts Food helps build the brain.

Chances are you get a withering sneer and a hiss of denunciation.

Then sweetly play with the learned toad.

Ask him to tell you the analysis of brain material and the analysis of Grape-Nuts.

"Don't know? Why, I supposed you based your opinions on exact knowledge instead of pushing out a conclusion like you would a sneeze."

"Well, now your tire is punctured, let's sit down like good friends and repair it."

The bulky materials of brain are water and albumin, but these things cannot blend without a little worker known as Phosphate of Potash, defined as a "mineral salt."

One authority, Geohegan, shows in his analysis of brain, 5.33 per cent total of mineral salts, over one-half being Phosphoric Acid and Potash combined, (Phosphate of Potash) 2.91 per cent.

Beaunis, another authority, shows Phosphoric Acid and Potash (Phosphate of Potash) more than one-half the total mineral salts, being 73.44 per cent in a total of 101.07.

**Analysis of Grape-Nuts shows Potassium and Phosphorus (which join and make Phosphate of Potash) is considerable more than one-half of all the mineral salts in the food.**

Dr. Geo. W. Carey, an authority on the constituent elements of the body, says: "The gray matter of the brain is controlled entirely by the inorganic cell-salt, Potassium Phosphate (Phosphate of Potash). This salt unites with albumin and by the addition of oxygen creates nerve fluid or the gray matter of the brain. Of course, there is a trace of other salts and other organic matter in nerve fluid, but Potassium Phosphate is the chief factor, and has the power within itself to attract, by its own law of affinity, all things needed to manufacture the elixir of life."

Further on he says: "The beginning and end of the matter is to supply the lacking principle, and in molecular form exactly as nature furnishes it in vegetables, fruits and grain. To supply deficiencies—this is the only law of cure."

**Brain is made of Phosphate of Potash as the principal Mineral Salt, added to albumin and water.**

**Grape-Nuts contains that element as more than one-half of all its mineral salts.**

Every day's use of brain wears away a little.

Suppose your kind of food does not contain Phosphate of Potash.

How are you going to rebuild today the worn-out parts of yesterday?

And if you don't, why shouldn't nervous prostration and brain-fag result?

Remember, Mind does not work well on a brain that is even partly broken down from lack of nourishment.

It is true that other food besides Grape-Nuts contains varying quantities of Brain food. Plain wheat and barley do. But in Grape-Nuts there is a certainty.

**And if the elements demanded by Nature, are eaten, the life forces have the needed material to build from.**

A healthy brain is important, if one would "do things" in this world.

That part which sneers at "Mind" sneers at the best and least understood part of himself. That part which some folks believe links us to the Infinite.

Mind asks for a healthy brain upon which to act, and Nature has defined a way to make a healthy brain and renew it day by day as it is used up from work of the previous day.

Nature's way to rebuild is by the use of food which supplies the things required.

"There's a Reason" for

# Grape-Nuts

POSTUM CEREAL COMPANY, LIMITED, BATTLE CREEK, MICHIGAN, U. S. A.