

## Republican News Item

JOHN B. ENGLISH, Editor.  
LAPORTE ..... PA.

## WEEK'S NEWS BY TICK AND FLASH

What Interests the World Chron-  
icled by Telegraph and Cable

### GLANCE AT FOREIGN AFFAIRS

Washington Looms Large as a Center  
of Interest—Legislatures Busy in  
Many States—The Lights and  
Shadows of the News.

### Washington

Attorney General Wickersham left  
Washington for Omaha, Neb., to  
deliver an address before the prison  
congress.

Beginning the celebration of his  
jubilee, Cardinal Gibbons laid the  
cornerstone of Gibbons Memorial  
Hall at the Catholic University of  
America in Washington.

The annual report of the Com-  
missioner of Pensions showed 28,985  
fewer names and \$3,498,154 reduction  
in the amount paid last year; mailing  
of checks is proposed, to save \$1-  
000,000 to pensioners and \$180,000 to  
the government annually.

### Personal

Mr. and Mrs. Joseph H. Choate  
gave a dinner for fifty at Naumkeag,  
in Stockbridge, Mass., in honor of  
their golden wedding anniversary.

Harold S. Vanderbilt and Miss Eleo-  
nora Sears are reported to have entered  
into a "trial engagement to last  
till next summer.

The ecclesiastical celebration of  
Cardinal Gibbons' dual jubilee was  
celebrated in the Baltimore Cathed-  
ral.

Dr. Felix Adler said the human race  
was slipping backward in its morals  
and declared democracy was respon-  
sible.

### Sporting

Frank Gotch, world's champion  
wrestler, won from Fred Beell, former  
champion, in straight falls at St.  
Joseph, Mo. Gotch won the first fall  
in 11 minutes and 39 seconds and the  
second in 10 minutes and 8 seconds.

The largest crowd that ever wit-  
nessed a baseball game in Chicago,  
37,000, saw the Chicago American  
League team win its third successive  
game from the local National League  
club in the city championship series,  
4 to 2.

### General

President Taft left Los Angeles on  
his way East, having completed half  
of his 13,000-mile journey.

Insurgent Republican leaders met  
at Lake Forest, Ill., to endorse Sen-  
ator La Follette for President.

The members of the Democratic Na-  
tional Committee will meet in Wash-  
ington on January 8 to fix a time and  
place for holding the next Democratic  
National Convention. The meeting  
of the Republican National Committee  
will be held early in December.

Friends of Justice Swayze of the  
New Jersey Supreme Court will urge  
his appointment by President Taft to  
the United States Supreme Court to  
fill the vacancy left by the death of  
Justice Harlan.

A decree handed down in the Fed-  
eral Court at Montgomery, Ala., with  
consent of the defendants, forbade  
the Southern Wholesale Grocers' As-  
sociation to restrict competition.

The mobilization of the Atlantic and  
Pacific fleets at New York and Los  
Angeles, October 30 to November 2,  
will mark the gathering of the great-  
est naval force ever seen in Ameri-  
can waters, including 126 vessels of  
693,844 tons.

The United States Circuit Court at  
Baltimore, ordered the dissolution of  
the Bathub Trust, which the govern-  
ment sued under the Sherman law.

The Lorimer investigation com-  
mittee at Chicago made a vain effort  
to find out where ex-State Representa-  
tive Blair got \$1,500 shortly after Lor-  
imer's election.

A movement which appears to be  
backed by many conservative Repub-  
licans has been started for the nomi-  
nation of former Vice-President Fair-  
banks for Governor.

Charles Dennison Price, a midship-  
man attached to the cruiser New Or-  
leans, lying off Cavite, committed  
suicide; he had been ordered to re-  
sign.

Dr. W. Charles Willis, of Patcho-  
gue, L. I., crazed by morphine, tied  
his girl wife, also hys. crical from the  
drug, to a tree and threatened to  
shoot her. He was committed to the  
Central Islip Insane Asylum.

Women who won the right to vote  
at the recent election in California  
will escape the poll tax and probably  
jury duty. The poll tax law stipu-  
lates that it must be paid by "male"  
residents.

Three associations of independent  
tobacco men protested against the re-  
organization plan of the American To-  
bacco Company.

Senator Bourne, of Oregon, in a  
statement made in Washington, took  
issue with Cardinal Gibbons and Arch-  
bishop Ireland about their comments  
on the re

Attorney General Wickersham spoke  
before the Prison Congress at Omaha,  
favoring extension of the parole sys-  
tem to convicts serving life sentences.

Secretary Wilson, of the Depart-  
ment of Agriculture, denied rumors  
that he intended to resign from the  
Cabinet.

H. W. Gill, aviator, broke the Ameri-  
can endurance record at St. Louis  
by remaining in the air 4 hours, 16  
minutes and 35 seconds.

Because he knocked down a white  
man, Jerry Lovelace, a negro, was  
taken from jail at Manchester, Ga.,  
and lynched. Manchester was adver-  
tised as "a model town."

The Board of Estimates of New  
York City voted to buy the Dream-  
land and the Rockaway Beach prop-  
erty under consideration, to be used  
as free beach parks. The total cost  
is estimated at \$2,225,000.

Christy Mathewson, pitcher of the  
New York Giants, is planning to take  
a hunting trip in the Adirondacks and  
will probably hunt around Delacett  
Place at Raquette Falls.

Testimony was given in the Nation-  
al Sugar Company suit at Newark  
that \$10,000,000 in stock was given  
to H. O. Havemeyer as a promoter's  
fee.

Victims of the "Quicktrigger" Ellis  
Hatfield and Troy Hatfield, sons of  
"Devil Anse," were shot and instantly  
killed near Montgomery, W. Va., by  
Octave Gerone, in a duel over saloon  
trade.

Mrs. Julia Richards, of Harrysburg,  
Canada, and Mrs. Rose Richards, of  
Champlain, N. Y., were killed, and  
Mrs. T. S. Mailloux, of Springfield,  
Mass., dangerously hurt in an auto  
wreck at Warehouse Point, Conn.

The Court of Appeals reversed the  
judgment of the lower courts, award-  
ing \$20,000 to a Brooklyn man who  
was struck by an ambulance in the  
service of the Church Charity Founda-  
tion.

It was thought in Washington that  
one of three St. Louisans—Charles  
Nagel, Frederick W. Lehmann or  
Frederick N. Judson—had an excel-  
lent chance to succeed Associate Jus-  
tice Haran on the Supreme bench.

Mme. Olive Fremstad, on her re-  
turn from Europe, announced that she  
had obtained a divorce from E. W.  
Sutphen on July 11, in the New York  
Supreme Court.

Four hundred cutters employed in  
a dozen Lynn, Mass., shoe factories,  
were refused work unless they disre-  
gard the edict of 45-hours-a-week, is-  
sued by their organization.

Stewart Brown, at a meeting of the  
Monetary Conference, attacked the  
Aldrich reserve banking plan, saying  
the gold and silver in the Treasury  
should be considered in any new fi-  
nancial system.

Governor Dix, of New York, re-  
moved four members of the new State  
Prison Commission who had refused  
to resign at his demand; the Govern-  
or inspected the Wingdale site, and  
declared it unsuitable for a new  
prison.

There was indication of the states  
of North Carolina, South Carolina and  
Virginia joining, through their attor-  
neys-general, the fight against the  
acceptance by the government of the  
proposed Tobacco Trust dissolution  
plan.

Governor Dix signed the direct pri-  
maries bill, the reapportionment act,  
the Hoey fire protection measure and  
many other bills before leaving Al-  
bany for a vacation. He also vetoed  
the bill paying counsel in the Aldis-  
Conger trial and several other mea-  
sures.

### Foreign

The Turkish Deputies passed a vote  
of confidence in the Cabinet.

Derna, Tripoli, was bombarded and  
the forts destroyed; a heavy sea pre-  
vented a landing.

Portugal has ordered all emigrants  
of royalist sympathies to return under  
pain of confiscation of their estates.

Count Zeppelin's latest dirigible, the  
Schwabens, made the trip to Berlin,  
via Hamburg and Bremen, in 10 1/2  
hours.

The British Railway Commission  
reported that the right claimed by the  
companies not to recognize the labor  
unions could not be challenged or in-  
terfered with.

The Reichstag resumed its sessions  
and interpellations of the German Im-  
perial Chancellor on the Turco-Italian  
and the Moroccan situations were  
filed; the Chancellor remarked by let-  
ter that it was inopportune from the  
viewpoint of German interests to dis-  
cuss foreign politics at present.

Italy is reported to be hastening the  
completion of three dreadnoughts,  
and has ordered 4,000 tons of armor  
plate from an American concern, be-  
cause the Italian workers are unable  
to furnish it speedily enough. It is ex-  
pected the ships will be ready for  
service by the end of next year.

A three-hour bombardment of Beng-  
hazi, Tripoli, by the Italians was re-  
ported; it was followed by the land-  
ing of four thousand soldiers, who  
were received with sharp rifle fire from  
the Turks, but the invaders succeed-  
ed in occupying part of the town.

Theodore Molkenboer, a court paint-  
er of Holland, has come to America  
to make a special study of the Ameri-  
can business man's face.

The Canadian steamer Emperor  
sunk at the lower entrance of the  
Canadian lock of the Sault Ste. Marie  
Canal, practically blocking naviga-  
tion.

The Nobel prize in medicine has  
been awarded to Prof. Alvar Gull-  
strand of the Faculty of Medicine of  
Uppsala University, Sweden, for re-  
search work in dioptries in connection  
with his study of the eye.

## OFFICIAL SLAIN; NEGRO LYNCHED

City Attorney of Coweta, Okla.,  
Shot Dead in the Street.

### RACE WAR IS THREATENED

Three Counties Stirred by Race War  
and Sheriffs Rushed with Poses  
to Prevent a Fatal Riot—Negroes  
Armed — National Guard Out.

Coweta, Okla.—J. D. Beavers, City  
Attorney, was killed, two other white  
men wounded, probably fatally, and  
two negroes were shot in a battle  
here between blacks and whites. Ed  
Suddeth, the negro who killed Beav-  
ers, was hanged to the railroad water  
tank, but was cut down and did not  
die. After he was strung up at the  
water tank and just as his life was  
going out strong-minded men in this  
little community convinced the mob  
that nothing would be gained by  
lynching. Suddeth was then hurried  
toward the railroad station, the peace  
officers hoping to fool the mob and  
take him by automobile to Wagoner,  
where there is a stout jail. A mob in-  
tercepted the rescuers and riddled  
the negro with bullets. It is said he  
was shot fifty times.

The wounded white men are Car-  
men Oliver and Steller Thompson.  
Both were shot through the body. A  
telegraph operator named Swazer was  
walking with a young woman when  
Ed Ruse, a negro, in passing pushed  
the girl from the sidewalk into the  
mud. Swazer struck at the negro,  
and another white man, whose name  
is not now known, seized Ruse until  
Swazer beat him with his fists.

Ruse continued walking the streets  
with a long knife in his pocket, seek-  
ing the man who held him. City Mar-  
shal Hart ordered the negro to give  
up the knife and Ruse shot at him.  
At that instant Ed Suddeth, a negro,  
ran out of a house across the street  
and opened fire, instantly killing City  
Attorney Beavers and wounding Oliver  
and Thompson, all of whom were  
passing and had taken no part in the  
trouble.

Suddeth took refuge in a house,  
which was bombarded with guns and  
revolvers by several white men. The  
house was set afire and Suddeth fled.  
He was shot, but not fatally injured.  
He was taken to the water tank, a  
rope placed about his neck and he  
was swung up. It was then decided,  
however, that to kill him would pre-  
cipitate a general race war and he was  
cut down. Then the mob, seeing he  
was to be taken elsewhere, killed  
him with their rifles.

The negroes of Coweta were thrown  
into the greatest excitement, and run-  
ners were sent from the negro sec-  
tion of the city to arouse the mem-  
bers of their race in neighboring  
towns.

Company F, Oklahoma National  
Guard, was ordered to assemble at  
once and proceed to Coweta. The  
Guardmen started for Coweta on a  
special train.

### 20,000 CHINESE ROUTED.

San Francisco Hears of Rebel Victory  
Over Yin Tchang's Forces.

San Francisco.—The main army of  
the Chinese Government under War  
Minister Yin Tchang, said to number  
20,000 men, was defeated at Kwang  
Shih, in the Hu-Peh Province, accord-  
ing to a cable received by the Chi-  
nese Free Press of this city.

The rebel army of 15,000 under Gen.  
Li, it is stated, captured artillery, bag-  
gage, and ammunition of the Imperial  
army, which retreated to Sho Got.

The cable stated that the imperial  
forces were completely routed and  
abandoned their supply trains during  
the retreat.

### AUTO IN RIVER; ONE DEAD.

Three Escape When Machine Plunges  
from Bridge.

Sea Isle City, N. J.—Mrs. William  
H. McArdle, wife of a Philadelphia  
iron manufacturer, was drowned and  
three others narrowly escaped a simi-  
lar fate when an automobile in which  
they were riding to Egg Harbor City  
plunged from the bridge over the  
Mullica River near the village of  
Green Bank.

Mr. McArdle and Dr. Howard G.  
Steimus, Philadelphia, occupied the  
front seat of the machine and their  
wives were in the rear seat.

Mrs. Steimus also managed to crawl  
from beneath the car, but when Mrs.  
Ardle was dragged from the stream  
she was dead.

### JUDGE GROSSCUP RESIGNS.

Gives Up Place on Federal Bench on  
Monday—Will Practice Law.

Chicago.—Peter S. Grosscup, Judge  
of the United States Circuit Court,  
sent his resignation to President  
Taft. It becomes effective at once.

The last act performed by Judge  
Grosscup as a Federal Judge was to  
enter a decree of intervention in the  
Chicago-Milwaukee Electric Railroad  
company case, so that the company  
could go on with its reorganization  
plans.

## For the Hostess

### Hallowe'en Suggestions.

Hallowe'en is almost here and with  
its approach come voluminous letters  
from excited youngsters all bubbling  
over with curiosity as to what is to  
be done and how to do it. To many it  
is a first experience; there are others  
who want "something new," and there  
are others who want to give "sur-  
prise" parties. To each one Madame  
Merri hopes to give just the necessary  
suggestions, but she must say that  
about the only way to plan a Hallowe-  
e'en party is to do the old time-hon-  
ored stunts, perhaps with new settings.  
Where it is possible, make a tour of  
the shops, visit the favor counters;  
they are full of clever things. Where  
this is impossible, we feel sure that to-  
day's department will contain enough  
for every one who is going to cele-  
brate on the last day of this glorious  
red and yellow October.

Traditions and legends do not  
change, it is only the novelty of our  
carrying them out; it is a blessed pro-  
vision made by a wise and loving Fa-  
ther that all things are new to the in-  
dividual, though the things themselves  
are as old as time itself.

If one has only a wee bit of talent  
with pencil and brush with the paste-  
pot's aid most charming invitations  
and favors may be made at home.  
Half the fun of a party is the prepara-  
tion and happy anticipation. Cut  
Hallowe'en designs from paper nap-  
kins, paste on cards or thin pieces of  
wood, then write the name or invita-  
tion. A new favor consists of tiny  
wire corn poppers filled with real pop-  
corn which will pop when held over  
candles. Imagine a table set with  
these poppers at each place, the name  
tied on the handle, a candle in a car-  
rot candlestick in front of each plate.  
What fun for the guests.

Pumpkin and "Jack O'Lantern"  
seals are for sale, also all sorts and  
conditions of witches; some astride  
the proverbial broomstick, some with  
cats and some without. There is yet  
ample time to plan just the very love-  
liest kind of a party.

### Hallowe'en Fun.

How many have ever tried an "owl  
hunt?" To each guest give a wooden  
gun such as may be purchased at a  
toy shop for a few cents, and tell him  
to hunt owls. First, of course, these  
funny little gray paper owls decorated  
with water colors must be hidden  
throughout the rooms. Ordinary gray  
owls count five, white owls count ten  
and horned owls count fifteen. Each  
bird has a looped bit of red string tied  
through a punched hole, so it may be  
hung on the gun. This makes great  
sport, the one bagging the most owls  
and the one who has the fewest being  
award a prize.

I have not tried this next stunt, but  
I am told that fortunes may be writ-  
ten on white paper with milk held  
over the heat from a lamp or gas jet.  
The milk letters will turn brown so  
the writing is perfectly plain. The for-  
tune slips can be distributed by a lit-  
tle fairy, then each guest takes one  
at a time into a room where a wizard  
is hidden who, with a magic lamp, in-  
terprets the writing. All such things  
add to the mystery of a party.

Provide each guest with a neat bun-  
dle of faggots and tell him he must  
tell a mystery story while they burn.  
This is only practical where there is a  
large open fireplace around which the  
guests may gather. Have plenty of  
cushions and no light save perhaps a  
candle or "Jack" here and there. If  
some of the guests have been asked  
to prepare for this part of the pro-  
gram, so much the better, but many  
people do better on the spur of the  
moment.

Making tissue paper pumpkin caps

is a favorite stunt. The hostess pro-  
vides stiff cardboard for the rims and  
plenty of orange crepe paper with  
some green paper and tubes of library  
paste, some coarse needles and thread.  
This is especially good for young girls  
of twelve to fifteen, as they are just  
at the age when they love to make  
things. The caps are worn the rest  
of the evening.

### A Witch and Goblin Party.

Children dearly love to dress up  
and the party described will delight  
them. Ask the girls to come as witch-  
es in scarlet frocks or capes, with tall  
black hats, and the boys as goblins.  
The beloved "brownies" will serve as  
models for the boys' costumes. Just  
for this one occasion set the hours  
from "9 to 12," for it really would not  
be a true hallow eve party if they  
could not stay until the "clock in the  
steeples strikes twelve," that witching  
hour when ghosts walk, when cold  
chills run down one's back and that  
delicious creepy sensation comes when  
trying the charms that must be done  
precisely at the mysterious midnight  
hour. It may be a little hard on  
mothers and chaperones, but they  
must all smile and look happy on  
hallow e'en night and do their part  
to placate the evil spirits. A cotillion  
with appropriate favors is the best  
wind-up for this party and the guests  
are supposed to be from twelve to six-  
teen years of age.

### A Hallowe'en Party Prize.

This idea may be utilized not only  
for a card party prize, but for any  
stunt for which the hostess chooses  
to offer a reward. Get a nicely  
formed golden yellow pumpkin, hollow  
out carefully and line with waxed pa-  
per. Then if the really clever imita-  
tion vegetable candies are obtainable,  
fill with these delicious concoctions.  
They come in the shape of carrots,  
corn kernels, potatoes and many kinds  
of fruits such as cherries, currants,  
and even many kinds of nuts are imi-  
tated. If these sweets are not to be  
had, fill the pumpkin with home-made  
goodies, which will prove just as ac-  
ceptable. Replace the top of the  
pumpkin and tie down with green rib-  
bon. A cabbage may be arranged in  
the same way, filling with chestnuts,  
if desired, for a booby or consolation  
prize.

MADAME MERRI.

## IN VOGUE

The bows at the throat multiply.  
Shetland veils are fashionable.  
The newest fashions are charmingly  
simple.

Sashes and military effects will be  
strong this fall.

White lace veils continue to be ex-  
tremely popular.

Indoor wear favors mohair, tussah,  
voile, crepe, etc.

New black patent leather shoes  
have snow white tops of calfskin.

Both cream white and dead white  
are fashionable for evening hats.

As far as Paris is concerned, the  
large hat is the one in fashion now.

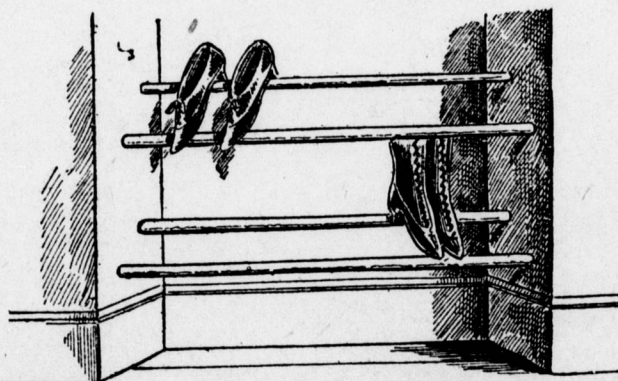
For coat sleeves the slit-into-the-  
armholes style is generally accepted.

Soutache braiding as well as wide  
braids will be seen on gowns and  
suits.

Bows trim everything from cap on  
pretty heads to the slippers on slender  
toes.

Metal fringe is much employed on  
evening dresses and bead fringes are  
also seen.

## Boot and Shoe Rack



A very useful rack for boots and  
shoes is the subject of the accom-  
panying sketch, and it is a simple  
contrivance that may be arranged  
low down in the recess of a wall, or  
in the lower part of a cupboard, or  
across the corner of a room.

It is very necessary to assign a  
place for boots and shoes, when they  
are removed, where they may be more  
or less out of sight; but the particular  
advantage of the rack illustrated is  
that the boots are held in such a po-  
sition that the soles are exposed to  
the air, and therefore, should they be  
damp when taken off, will dry much  
more quickly on a rack of this kind  
than if placed on the floor.

The sketch shows very clearly the  
nature of the rack, which consists of  
four bars of wood (old broom handles  
would quite well answer the purpose)  
fixed across a recess in the wall. Two  
of the bars are fastened within an  
inch or so of the wall, and the other  
two are fastened in front of them and  
a trifle lower down. Nails run  
through the end of the wood in a  
slanting direction and into the wall  
quite well hold them in their place,  
and it is an easy matter to arrange  
a little curtain in front should it be  
desired to hide the rack from view;  
and in a bedroom this, perhaps, would  
be desirable, but in a cupboard it  
would of course be unnecessary.

## COLDS Cured in One Day

As a rule, a few doses of Munyon's Cold  
Remedy will break up any cold and pre-  
vent pneumonia. It relieves the head,  
throat and lungs almost instantly. Price  
25 cents at any druggist's, or sent postpaid.

If you need Medical advice write to  
Munyon's Doctors. They will carefully  
diagnose your case and give you advice by  
mail, absolutely free.

Address Professor Munyon, 53rd and  
Jefferson streets, Philadelphia, Pa.

## Pettitt's Eye Salve

FOR ALL  
EYE  
DISEASES

Would Arrest Him Anyway.

Sergeant—'Alt! Take Murphy's  
name for talkin' in the ranks.

Corporal—'W-y, sergeant, 'e weren't  
talkin'.

Sergeant—'Wasn't he? Well, cross  
it out an' put 'im in the guardroom for  
deceivin' me.—Tatler.

SPOHN'S DISTEMPER CURE will  
cure any possible case of DISTEMPER,  
PINK EYE, and the like among horses  
of all ages, and prevents all others in the  
same stable from having the disease. Also  
cures chicken cholera, and dog distemper.  
Any good druggist can supply you, or send  
to Mrs. 50 cents and \$1.00 a bottle. Agents  
wanted. Free book. Spohn Medical Co.,  
Spec. Contagious Diseases, Goshen, Ind.

### An Unbeliever.

"Sir," said the haughty American  
to his adhesive tailor, "I object to this  
boorish dunning. I would have you  
know that my great-grandfather was  
one of the early settlers."

"And yet," sighed the anxious trades-  
man, "there are people who believe in  
heredity."—Argonaut.

### The Very Worst.

Clement J. Driscoll, at a dinner in  
New York, told a number of amusing  
stories about his strenuous life as  
commissioner of weights and meas-  
ures last year.

"A friend of mine," said Mr. Dris-  
coll, "noticed one morning that his  
grocer looked very sad. 'What's the  
matter, old man?' my friend asked  
jokingly. 'The weights and measures  
man hasn't been dropping in on you,  
I hope?'"

"Yes, he has," snapped the grocer.

"But you don't really mean to say,"  
exclaimed my friend, "that he caught  
you giving only fifteen ounces to the  
pound?"

"Worse than that!" groaned the  
grocer. "I've been giving seventeen."

### Oxen in Massachusetts.

J. D. Avery of Shelburne Falls is  
surely the king of oxen in this part  
of the country. At the Brattleboro fair  
recently he has had the most wonder-  
ful exhibit of oxen, and in all the tests  
of strength for pulling heavy boat-  
loads of stone his oxen have cleaned  
the decks. One of the secrets in these  
tests is the way the oxen are man-  
aged and driven. Mr. Avery does his  
own driving and is a master at the  
business. The other day again, as the  
day before, he cleared everything be-  
fore him in the ox pulling ring by tak-  
ing all three prizes in the free for all  
class and first and second in the 3,500  
class.

The load drawn in the 3,500 class  
was about 9,100, while the veteran ox  
man made an exhibition pull of nine  
feet in the free for all class with a  
fancy pair of Devons with a load of  
10,238, which is the biggest load  
drawn at Brattleboro since he pulled  
over 11,000 with his famous pair of  
Holsteins.—Hampshire Gazette.

### Salve to Conscience.

It was at a concert, where the re-  
moval of hats was not obligatory, still  
the woman with a conscience wished  
to be accommodating. She turned to  
the woman sitting beside her and  
said:

"Does my hat bother you?"

"Not in the least," said the other  
woman sweetly, so the woman with a  
conscience settled complacently back  
to listen to the music while persons  
on the back seats twisted their necks  
out of joint trying to see around her  
hat.

### SHIFT

If Your Food Fails to Sustain You,  
Change.

One sort of diet may make a person  
despondent, depressed and blue and a  
change to the kind of food the body  
demands will change the whole thing.

A young woman from Phila. says:

"For several years I kept in a run-  
down, miserable sort of condition, was  
depressed and apprehensive of trouble.  
I lost flesh in a distressing way and  
seemed in a perpetual sort of dreamy  
nightmare. No one serious disease  
showed, but the 'all-over' sickness was  
enough.

"Finally, between the doctor and fa-  
ther, I was put on Grape-Nuts and  
cream, as it was decided I must have a  
nourishing food that the body could  
make use of.

"The wonderful change that came  
over me was not, like Jonah's gourd,  
the growth of a single night, yet it  
came with a rapidity that astonished  
me