



### Cement Talk No. 2

Portland Cement does not come from Portland, Maine, or Portland, Oregon, and it was not first made at either of these places. It is called Portland because it was given this name by the Englishman who first made it. He called it Portland because he thought it resembled certain natural deposits on the Isle of Portland in England. Portland Cement is the fine powder produced by pulverizing the clinker resulting from the burning together of various materials of proper chemical composition. In the case of Universal Portland Cement, these raw materials are blast furnace slag and pure limestone. There are many brands of Portland Cement on the market, produced by different manufacturers. Universal is one of the best known and highest grade Portland Cements. You can always tell it by the name Universal and the blue trade mark printed on each sack. Forty million sacks of Universal are made and used yearly in this country. If you have any concrete work to do, you will make no mistake by using Universal Portland Cement. Universal is for sale by representative dealers everywhere.

UNIVERSAL PORTLAND CEMENT CO.  
FRICK BUILDING, PITTSBURG  
ANNUAL OUTPUT 10,000,000 BARRELS

### NOT A BRITISH UNIT IN IT

Irishman Would Not for a Minute Allow the Possibility of Such a Thing.

George Moeckler has just returned from an investigation of what coal is costing some of the other cities. He brought this story from Baltimore:

An Irishman there inherited a coal mine up in the state. He immediately entered the lists for one of the big coal contracts and went around to say a good word for his coal.

The man who was letting the contract heard him a moment, and then interrupted with:

"That's all right, but how about British thermal units?"

The other, being new to the coal business, did not know that coal is rated now according to the British thermal units in tests.

"Phat's that!" he said.

"How many British thermal units are there in your coal?"

The Irishman blinked his eye and snorted a bit.

"British thermal units is it?" he said. "Why there ain't wan in it."—St. Louis Post-Dispatch.

### WAS IT ABSENT-MINDEDNESS?



Mrs. Nelson—My husband is awfully absent-minded.

Mrs. Bilson—In what way?

Mrs. Nelson—He went fishing yesterday. When he had finished he threw away the fish and brought home the bait.

### A Large Package Of Enjoyment—

## Post Toasties

Served with cream, milk or fruit—fresh or cooked.

Crisp, golden-brown bits of white corn—delicious and wholesome—

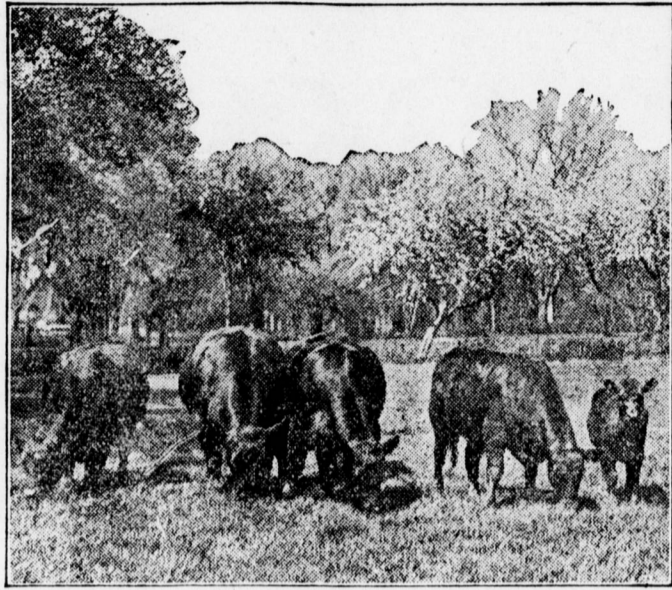
A flavour that appeals to young and old.

"The Memory Lingers" Sold by Grocers

Postum Cereal Company, Ltd. Battle Creek, Mich.

## AGRICULTURE AND LIVE STOCK ARE MAINSTAYS OF HUMANITY

England, Home and Birthplace of Greatest Breeders and Farmers World Has Ever Known, Owes Honored Position to Aristocracy Who Acquired Ways of Improving Soil and Animals.



A Bunch of Fat Steers.

(By CAPT. A. H. WADDELL.)  
The most useful citizen the country can produce is the man who looks upon the soil of the earth and says, "What can I grow from it or produce upon it?"

Agriculture and live stock are the main stays of humanity, and it is to the husbandman and breeder that kings and princes as well as the humble peasant must turn with thankfulness and gratitude not only for the blessings of life, but for existence itself.

Great Britain, the home and the birthplace of the greatest breeders and farmers the world has ever known, owes this honored position to the aristocracy of that country. It was these people who of their means and abundance sought for and acquired the ways of enriching and improving the soil and the animals that grazed upon it.

Let an example by the highest in the land, the country squire, the gentleman farmer, and eventually the tenant farmer himself, each to a greater or lesser extent, strive to copy the teachings of the lords of the manor until a keen rivalry of the most friendly nature sprang up between landlord and tenant, in a contest for supremacy in the productions of the farm and the live stock that were bred thereon.

Agriculture shows sprang up in the various counties at which were to be seen the great draft horses, cattle, sheep and swine of the large landed proprietors, standing side by side, though in lesser numbers, with those of the tenant farmer and even the humble cottager. Looking on and keenly observant, could be seen the noble lord with his wife and children as well as the tenant farmer and the cottager with all the members of their households and waiting for the verdict of the judges who in those early days stamped themselves as the master breeders, and whose names are written down upon the role of honor of England's great breeders and agriculturists.

Today, not only do the titled people, country gentlemen and farmers of that land continue in their breeding and its still further improvement, but the professional and business men of the towns and cities have taken it up to such an extent and with such interest and consummate skill, that it is difficult to find a man of wealth who has a taste for breeding and farming who is not occupying his leisure moments in this way.

It is this splendid state of affairs that has made breeding and farming what it is in Great Britain today, and while that glorious old country can learn much from the great, young, robust and healthy United States, it is gratifying to see American gentlemen of wealth taking a lesson from the mother's book and going in for legitimate methods of pedigreed stock-

breeding and advanced modern farming.

The example that these gentlemen are setting in this country will be followed by the same wholesome and beneficial results in regard to farming and pedigreed stock-breeding as was achieved by the pioneers in England years ago, until we shall eventually find all the sections of this country best fitted by nature for the highest class of farming and breeding, occupied by gentlemen who are now leading the way and setting this splendid and useful example.

### BAD SHOEING INJURES FEET

Other Troubles Cause Horses to Step Gingerly When Extended—Good Remedy Is Recommended

(By J. BAILEY BRUCE.)  
Owing to bad shoeing and also many other causes many horses suffer with contracted feet.

The heels are narrowed and the horse steps gingerly with a desire to extend himself when forced to trot or gallop.

The writer is now using a horse 21 years old and when he drove him for the first time in December last saw that he experienced great difficulty in extending himself and especially on rough or stony roads.

He was shod with heel calks on the front as well as the hind feet and it was very perceptible that the heels of his front feet were too narrow.

After three unsuccessful trials with regular blacksmiths the horse was examined by a competent veterinary surgeon who pronounced his trouble to be contracted heels.

He had them shod perfectly level in front, springs were placed in between the back of his shoes to keep the heels spread and a piece of sole leather was tacked across the hillovs of the hoof below the hoof and the shoes to protect the sole of the foot and break the jar of traveling on rough and stony places.

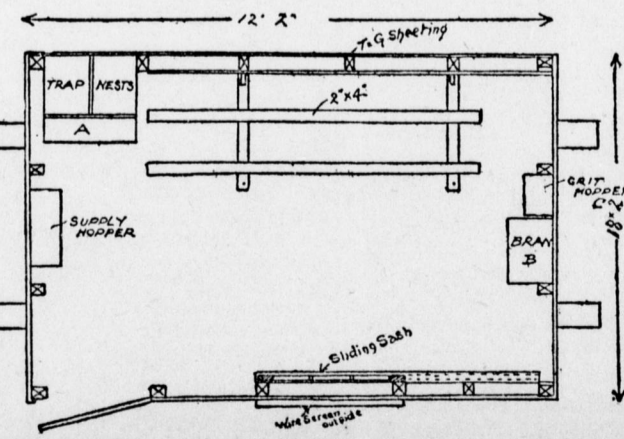
About once or twice a week a hoof ointment consisting of one pint of Neat's foot oil with two tablespoonfuls of oil of tar was applied on the outside of the front feet with a soft rag and then, raising the edge of the leather, a little is poured over the sole of the foot and a few drops in the heel cleft.

Since the last shoeing and following the treatment above described the horse has improved wonderfully in his road work and rarely flinches, even going at a 12-mile-an-hour slip.

### Range Sheep.

It is estimated that about 5,000,000 range sheep are fattened in the corn belt each season.

### INTERIOR OF COLONY HOUSE



The illustration shows the interior arrangement of the colony houses used at the Macdonald (Canada) college. It is comparatively simple as is shown.

### HIS BRAVE ACT UNREWARDED

Bestowal of Two Black Eyes Altogether Too Much for Heiress to Overlook.

They were a pleasant party at the country house, and it was only natural that Harvey Hardupp should fall in love with Clarissa Coyne, the heiress.

One afternoon they went for a row on the river, but their boat struck a floating tree and sank, leaving them struggling in the water.

Mad with terror, she threw her arms around his valiant neck, almost strangling him. But he was determined to save her, so raising his fist he struck her twice, making her unconscious, and thus enabling him to save her.

She was carried to her room, and next day, when Harvey called, this note was handed to him:

"Sir—I quite admit that it was necessary to make me unconscious in order to save me, but you might have been careful not to black both my eyes. We part forever!—C. Coyne."

### HIS COLOR CHANGED.



Evelyn—But when it comes to love-making Harold is rather green, isn't he?

Myrtle—Not now.  
Evelyn—Indeed!  
Myrtle—No, he's blue; I rejected him last evening.

### Absurd.

Among the recent visitors to a metropolitan museum was a woman from a rural district, who was much interested in the ancient pottery exhibits.

The attendant pointed out one collection of beautiful old vases, saying:

"Those were dug up at Herculaneum."

"What!" exclaimed the woman from the country. "Dug up?"

"Yes, madam."

"Out of the ground?"

"Just as they are now. They were cleaned up a bit, but they were found about as you see them."

With an expressive toss of the head, the lady from the country turned to her companion and said:

"He's a nice-looking young feller, but I don't believe what he says. They never dug up no ready-made pots out of the ground."—Lippincott's Magazine.

### Avoid Disputation.

The disputatious person never makes a good friend. In friendship, men look for peace and concord and some measure of content. There are enough battles to fight outside, enough jarring and jostling in the street, enough disputing in the market place, enough discord in the workaday world, without having to look for contention in the realm of the inner life also. There, if anywhere, we ask for an end of strife. Friendship is the sanctuary of the heart, and the peace of the sanctuary should brood over it. Its chiefest glory is that the dust and noise of contest are excluded.—Hugh Black.

### GET POWER. The Supply Comes From Food.

If we get power from food why not strive to get all the power we can. That is only possible by use of skillfully selected food that exactly fits the requirements of the body.

Poor fuel makes a poor fire and a poor fire is not a good steam producer. "From not knowing how to select the right food to fit my needs, I suffered grievously for a long time from stomach troubles," writes a lady from a little town in Missouri.

"It seemed as if I would never be able to find out the sort of food that I could eat would stay on my stomach. Every attempt gave me heartburn and filled my stomach with gas. I got thinner and thinner until I literally became a living skeleton, and in time was compelled to keep to my bed.

A few months ago I was persuaded to try Grape-Nuts food, and it had such good effect from the very beginning that I have kept up its use ever since. I was surprised at the ease with which I digested it. It proved to be just what I needed.

"All my unpleasant symptoms, the heartburn, the inflated feeling which gave me so much pain disappeared. My weight gradually increased from 98 to 116 pounds, my figure rounded out, my strength came back, and I am now able to do my housework and enjoy it. Grape-Nuts food did it." Name given by Postum Co., Battle Creek, Mich.

A ten days' trial will show anyone some facts about food.

Read the little book, "The Road to Wellville," in pkgs. "There's a reason." Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

### Tuberculosis Patients Neglected.

Out of more than 225 public hospitals for the insane, with a population of fully 150,000, only 70, or less than one-third, make any provision for their tuberculous inmates, and this, too, in spite of the fact that the percentage of deaths from this disease is very high among this class of people. Such is the substance of a statement made recently by the National Association for the Study and Prevention of Tuberculosis. Seventy hospitals in 28 states, providing all told about 3,350 beds for tuberculous insane patients, sums up the provision made for this class of sufferers, although the percentage of deaths from tuberculosis among the insane ranges from 50 to 200 per cent. higher than among the general population.

### A Human Cruet-Stand.

Several villagers were discussing a departed sister who had been given to good deeds but was rather too fond of dispensing sharp spoken advice.

"She was an excellent woman," said the deceased lady's pastor. "She was constantly in the homes of the poor and afflicted. In fact, she was the salt of the earth."

"She was more than that," remarked a villager. "She was the vinegar, the pepper and the mustard as well. She was a perfect cruet stand of Virtues."—London Tit-Bits.

### Little Pitcher

Lady Visitor—I am coming to your mamma's company tomorrow, Tommy.

Tommy—Well, you won't get a good supper.

Tommy's Papa—Tommy, what do you mean, talking like that?

Tommy—Well, you know, pa, you told ma you'd have to get some chicken feed for her old hen party tomorrow.

### Advice.

"Now that you've heard my daughter sing, what would you advise me to do?"

"Well," the music master replied. "I hardly know. Don't you suppose you could get her interested in settlement work or horseback riding or something like that?"

### SHAKE INTO YOUR SHOES

Allen's Foot-Powder, the antiseptic powder. It's the greatest comfort discovery of the age. Allen's Foot-Powder makes tight or new shoes feel easy. It is a certain relief for sweating, callous, swollen, tired, aching feet. Always use it to Break In New shoes. Try it today. Sold everywhere, 25 cents. Don't accept any substitute. For FREE trial package, address Allen S. Olmsted, Le Roy, N. Y.

Many a man who claims to be self-made has a wife who superintended the job.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

A live goose is worth more than a dead ancestor.

## INFLAMMATION AND PAIN

Cured by Lydia E. Pinkham's Vegetable Compound.

Creston, Iowa.—"I was troubled for a long time with inflammation, pains in my side, sick headaches and nervousness. I had taken so many medicines that I was discouraged and thought I would never get well. A friend told me of Lydia E. Pinkham's Vegetable Compound and it restored me to health. I have no more pain, my nerves are stronger and I can do my own work. Lydia E. Pinkham's Vegetable Compound cured me after everything else had failed, and I recommend it to other suffering women."—Mrs. Wm. Seals 605 W. Howard St., Creston, Iowa.



Thousands of unsolicited and genuine testimonials like the above prove the efficiency of Lydia E. Pinkham's Vegetable Compound, which is made exclusively from roots and herbs.

Women who suffer from those distressing ills should not lose sight of these facts or doubt the ability of Lydia E. Pinkham's Vegetable Compound to restore their health.

If you want special advice write to Mrs. Pinkham, at Lynn, Mass. She will treat your letter as strictly confidential. For 20 years she has been helping sick women in this way, free of charge. Don't hesitate—write at once.

### Don't Persecute Your Bowels

Cut out cathartics and purgatives. They are brutal, harsh, unnecessary. Try

### CARTER'S LITTLE LIVER PILLS

Purely vegetable. Act gently on the liver, eliminate bile, and soothe the delicate membrane of the bowels. Cure Constipation, Bilemness, Sick Headache, Indigestion, as millions know. SMALL PILL, SMALL DOSE, SMALL PRICE.

Genuine must bear Signature

Brentwood

W. N. U., NEW YORK, NO. 34-1911.

**900 DROPS**  
**CASTORIA**  
ALCOHOL—3 PER CENT  
Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of  
**INFANTS & CHILDREN**  
Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral  
**NOT NARCOTIC**  
Recipe of Dr. SAMUEL FITCHER  
Pumpkin Seed -  
Aloes Senna -  
Sulphate of Soda -  
Anise Seed -  
Peppermint -  
Bicarbonate of Soda -  
Mignonette -  
Cinnamon Sugar -  
Wintergreen Flavor  
A perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.  
Fac Simile Signature of  
Chas. H. Fletcher  
THE CENTAUR COMPANY,  
NEW YORK.  
At 6 months, old  
35 Doses—35 CENTS  
Guaranteed under the Food and Drug Act  
Exact Copy of Wrapper.

## CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of

Chas. H. Fletcher  
of  
In Use For Over Thirty Years

## CASTORIA

### W. L. DOUGLAS

\$2.50, \$3.00, \$3.50 & \$4.00 SHOES

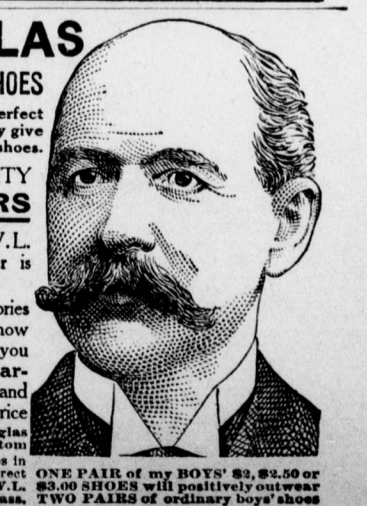
WOMEN wear W.L. Douglas stylish, perfect fitting, easy walking boots, because they give long wear, same as W.L. Douglas Men's shoes.

THE STANDARD OF QUALITY FOR OVER 30 YEARS

The workmanship which has made W.L. Douglas shoes famous the world over is maintained in every pair.

If I could take you into my large factories at Brockton, Mass., and show you how carefully W.L. Douglas shoes are made, you would then understand why they are warranted to hold their shape, fit better and wear longer than any other make for the price.

CAUTION The genuine have W. L. Douglas name and price stamped on bottom of factory to wearer, all charges prepaid. W. L. DOUGLAS, 149 Spark St., Brockton, Mass. TWO PAIRS of ordinary boys' shoes



ONE PAIR of my BOYS' \$2, \$2.50 or \$3.00 SHOES will positively outwear TWO PAIRS of ordinary boys' shoes