

# Sick

Headaches and Dizzy Spells,

Weak, Nervous, Wretched, Tired,

Until Dr. Miles' Nervine Cured Me.

Are you in a "poor condition?" Are you almost ready to give up from exhaustion, nervousness, headaches, backaches, and dizzy spells? No need to mention the details of a run down or "poor condition" to those who are suffering. Better to tell you of Nervine, the remedy sold on a guarantee to help you, and restore your poor weakened nerves to life, strength and health.

"Dr. Miles' Restorative Nervine has done a great deal for me. In the fall of 1897 my health was in a very poor condition. Extreme nervousness, dizzy spells and sick headaches made me most miserable. I had been under the care of our local physician for some time, but got no better. I was on the verge of nervous prostration. Had no appetite, and could not sleep. I grew worse as the dizzy spells continued and lost flesh and strength. Oh! those awful days. A lady friend who had taken Restorative Nervine advised me to try it. I bought a bottle at the local drug store and when it was one-half gone I noticed that the medicine was helping me. I continued taking it according to directions until I had used three bottles when I felt so much better I stopped taking it. I feel that my present greatly improved health is all due to Dr. Miles' Restorative Nervine. I am grateful for the benefit I received and recommend the Nervine wholly on its merits as a nerve tonic and restorative."—Mrs. P. M. HOGBOOM, Dalton, Mass.

All druggists sell and guarantee first bottle Dr. Miles' Remedies. Send for free book on Nervous and Heart Diseases. Address Dr. Miles Medical Co., Elkhart, Ind.

The grange has the proud distinction of securing more state and national laws in the interests of agriculture than all other organizations combined.

New York state has been increasing her grange membership very rapidly since Jan. 1.

posed reciprocity treaty, and this no doubt has had a strong influence in making the representatives of those states assume the position they are credited with holding. Even with their help, however, there is great danger to the sugar industry, and its friends should be up and doing if they would make their opposition to the treaty effective.—Michigan Farmer.

Just About Bedtime take a Little Early Riser—it will cure constipation, biliousness and liver trouble. DeWitt's Little Early Risers are different from other pills. They do not gripe and break down the mucous membranes of the stomach, liver and bowels, but cures by gently arousing the secretions and give strength to these organs. Sold by all Druggists.

An Ideal Leader. Gorman is an ideal leader for the national Democracy, provided the disciples of Jefferson are not particular as to which direction they take.—Lowell (Mass.) Mail.

A Surgical Operation is always dangerous—do not submit to the surgeon's knife until you have tried DeWitt's Witch Hazel Salve. It will cure when every thing else fails—it has done this in thousands of cases. Here is one of them: I suffered from bleeding and protruding piles for twenty years. Was treated by different specialists and used many remedies, but obtained no relief until I used DeWitt's Witch Hazel Salve. Two boxes of this salve cured me eighteen months ago and I have not had a touch of the piles since.—H. A. Tisdale, Summerton, N. C. For Blind, Bleeding, Itching and Protruding Piles no remedy equals DeWitt's Witch Hazel Salve. Sold by all Druggists.

land intends to make a tour of the west, but it would not be worth his while to come west of the Mississippi river. He would, as the Democratic candidate, come nearer carrying Missouri for Roosevelt than any other man could possibly do.—Salt Lake Tribune.

The Foundation of Health. Nourishment is the foundation of health, life—strength. Kodol Dyspepsia Cure is the one great medicine that enables the stomach and digestive organs to digest, assimilate and transform all foods into the kind of blood that nourishes the nerves and feeds the tissues. Kodol lays the foundation for health. Nature does the rest. Indigestion, Dyspepsia and all disorders of the stomach and digestive organs are cured by the use of Kodol. Sold by all Druggists.

Religion Enriches Life. Religion satisfies because it enriches life. It opens the way into a new kind of joy. It brings into play a new range of activity. Thus Jesus said that he came that we might have life and that we might have it more abundantly. He came to widen out the circle of human appreciation. The purpose of religion thus considered is akin with the purpose of all progress. It is to teach new truth, to awaken new aspiration, to develop new possibilities, to round out more fully the natural life of man.—Rev. George Hodges, Pittsburg.

Catarrh of the Stomach. When the stomach is over loaded; when food is taken into it that fails to digest, it decays and inflames the mucous membrane, exposing the nerves, and causing the glands to secrete mucus, instead of the natural juices of digestion. This is called Catarrh of the Stomach. For years I suffered with Catarrh of the Stomach, caused by indigestion. Doctors and medicines failed to benefit me until I used Kodol Dyspepsia Cure.—J. R. Rhea, Coppell, Tex. Sold by all Druggists.

## NERVOUS DYSPEPSIA ITS CAUSE AND CURE.

Overwork any organ and it gives out—the stomach is no exception. Ask it to digest anything, everything, at any time in half the time required, and like any over driven horse, it balks. Nature intended the stomach should have regular hours. A time to work, a time to rest—and when you break up this habit, you upset the whole arrangement. The stomach nerves become exhausted, the glands refuse to act, the food does not digest—lies heavy, ferments and repeats. There is pain, gas forms, bloating occurs, the heart becomes irregular and a nervous, irritable feeling sets in. This is nervous dyspepsia and Dr. A. W. Chase's Nerve Pills its cure.

Mrs. J. L. Johnson of 720 N. Main St. Scranton, Pa., says: "Dr. A. W. Chase's Nerve Pills are excellent. I was dizzy and nervous and the stomach digesting its food badly. This condition induced a feeling of debility and lassitude. Hearing of the Nerve Pills I got a box and the result has certainly been fine. They gave the stomach strength to handle the food properly, the nervousness and dizziness disappeared completely and my general strength and vigor returned consequently I am pleased and glad to recommend the medicine." 50c a box at dealers or Dr. A. W. Chase Medicine Co., Buffalo, N. Y. See that portrait and signature of A. W. Chase M. D. are on every package.

Its Elevating Influence on the Farmer's Life and Occupation. When'er a noble deed is wrought, When'er is spoke a noble thought, Our hearts in glad surprise To higher levels rise.

The objects of the grange are ennobling. Its results are many a noble deed has been wrought, and many a noble thought spoken, and hearts and minds and thoughts of many a farmer and farmer's wife have arisen to a higher level. Selfishness, narrowness and backwardness have no place in America today. The American farmer, more than any other class, should be above these things, and, thanks to the grange, he is rapidly rising above them.

We are all of us students, and all should be anxious to develop the nobler instincts of our natures, and nowhere else can we find so good an opportunity for development as in the grange.

In the great industrial development of the present time we observe with more or less of concern the tremendous organization of capital, which will not be stopped by public opinion and cannot be controlled by legislation. We see the ironclad organization of labor which rises above the power of injunction or the force of bayonets.

In this great crisis the great middle class, the agriculturists, "the hope and strength of the nation," inspired by noble thoughts to the doing of noble deeds, can well band themselves into an organization like the grange, whose object is the bettering of themselves and the world.

The same forces that lead to organization of capital and impel to industrial union point plainly to the social, business and fraternal co-operation of the farmers.

As the future of this republic depends upon a successful agriculture and a successful agriculture depends upon a thorough knowledge of the business and an understanding of our relation to each other and to the world, then it is not so much a selfish desire as patriotic impulse that leads us to take up the work of the grange, and as the grange is developed along the lines it has marked out for itself so will there be developed a higher manhood and womanhood. Nobler deeds will be wrought, nobler thoughts will be spoken, higher levels attained, and in the enlightenment and general improvement we will share with the rest and our reward will be sure and certain.—W. N. Giles, Secretary New York State Grange.

The Muscatine Journal, referring to the debate on among Iowa Republicans, repeats that "this Republican pink tea is a family discussion" and "never was and never will be a family quarrel."

"Thunderstorms," observes the Burlington Hawkeye, "are good things to clear the atmosphere. Possibly the political one which has recently passed in Iowa means conservative and harmonious action at the next Republican state convention."

## WINCHESTER "NEW RIVAL" FACTORY LOADED SHOTGUN SHELLS

Give these shells a thorough trial, and you will find them to be as nearly perfect as experience, ingenuity, brains and equipment can make them. They are made with the Winchester patent corrugated head, which has made Winchester "Leader" and "Repeater" Smokeless Powder Shells so popular and satisfactory. Winchester Factory-Loaded "New Rival" Shells are thoroughly waterproof, and are loaded by exact machinery with the standard brands of powder, shot and wadding which makes them uniform and reliable.

Shoot Them and You'll Shoot Well

## Short Talks On Advertising By Charles Austin Bates.

No. 51.

Every advertiser should keep close watch of his daily and weekly sales. He should make a schedule of last year's sales, by days, weeks and months, and enter against it each day's sales for this year, as they are ascertained.

If he sees on Tuesday that Monday's and Tuesday's sales are going to be less than last year's, he should put a good, strong ad in the Tuesday evening and Wednesday morning papers and keep up the treatment as long as it is needed. The same thing applies where only a weekly paper can be used. That is the rational way to advertise—the way to make it pay. Don't merely occupy your "space." Don't say that you will use three inches double for the year, but make up your mind to beat last year's business, if you have to use twenty inches double.

Business is as susceptible to good advertising as the human body is to good medicine. You don't say: "Now, I'll spend \$50 for doctors' bills and medicine this year, and no more"—not a bit of it. When you get sick you don't dicker with the doctor at all. You say: "Get me well as quickly as you can," and you take your medicine like a little man without inquiring the cost. It costs something, of course, but it cannot be helped. It doesn't do any good to grumble about it. The question is whether you want to get well or not. That's the way business and advertising should be considered. Don't understand that I mean to advocate unlimited and promiscuous advertising—I do not, any more than I would advise you to fill yourself up with a lot of medicine when you don't need it. Judicious advertising may mean two inches or two pages. It is bad to use too much space, but it is worse to use too little.

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## FIRST NATIONAL BANK HUGHESVILLE, PA.

CAPITAL STOCK, \$50,000  
 DeWITT BODINE, President.  
 C. WILLIAM WODDROP, Vice Pres.  
 W. C. FRONTZ, Cashier.  
 SURPLUS AND NET PROFITS, \$50,000  
 DIRECTORS:  
 DeWitt Bodine, C. Wm. Woddrop, Peter Reeder, Jeremiah Kelley, William Frontz, W. C. Frontz, James K. Boak, John C. Laird, E. P. Brenholtz, Peter Frontz, John P. Lake, Daniel H. Poust, John Bull.  
 Transacts a General Banking Business.  
 Accounts of Individuals and Firms Solicited.

# FOLEY'S KIDNEY CURE

Will positively cure any case of Kidney or Bladder disease not beyond the reach of medicine. No medicine can do more.

## FOLEY'S KIDNEY CURE

strengthens the urinary organs, builds up the kidneys and invigorates the whole system.

IT IS GUARANTEED

TWO SIZES 50c and \$1.00

SOLD AND RECOMMENDED BY

James McFARLANE, Laporte,

## THE CENTRAL State Normal School, LOCK HAVEN, PA.

J. R. FLICKINGER, Principal.

FALL TERM BEGINS, September 7, 1903.

The school year just completed has been most successful. Larger numbers, higher standards and more complete equipment, are the best evidences of prosperity.

Free Tuition to Prospective Teachers.

Departments of Music, Elocution, Business, College Preparatory. Admits to Wellesley and State institutions on certificate. As a training school for teachers it is unsurpassed. Expenses lower than elsewhere. Address for catalogue, THE PRINCIPAL.

## State Normal School East Stroudsburg, Pa.

This POPULAR State Institution is located in the most beautiful, picturesque and healthful part of the State. It is in the GREAT SUMMER RESORT REGION of the BLUE RIDGE and POCONO MOUNTAINS and within two miles of the famous Delaware Water Gap resort.

Tuition Absolutely Free.

The total expenses for Boarding, Furnished rooms and all other expenses only \$3.50 per week. In addition to the regular Departments in the Normal proper, we have a fine COLLEGE PREPARATORY DEPARTMENT. We can save you one full year in your College Preparation. Departments of MUSIC, ELOCUTION, ART-DRAWING, PAINTING IN CHINA and WATER COLORS, taught by Specialists.

A New Recitation Building.

is now in course of erection, which will give a fine laboratory and fourteen other recitation rooms. A Fine Gymnasium! Our own ELECTRIC LIGHT PLANT! A Superior Faculty! Backward Pupils COACHED FREE. Nearly FIVE HUNDRED PUPILS ENROLLED this year.

FALL TERM OPENS SEPT. 8, 1902.

For Catalogue and particulars address

GEO. P. BIBLE, A. M. Principal.

## FOLEY'S KIDNEY CURE Makes Kidneys and Bladder Right

# FAIRBANKS

GAS or GASOLINE ENGINES.

There are many Gas and Gasoline Engines and ONE

## "FAIRBANKS"

Some resemble it in construction, others in name BUT THERE IS ONLY ONE

## FAIRBANKS ENGINE.

Engines that excell in quality and moderate in cost. Vertical from one to ten horse power. Horizontal three horse power up

THE FAIRBANKS COMPANY, 701 Arch St., Philadelphia. CHARLES L. WING, Agent, Laporte.

## Summer Normal School.

The Sullivan County Summer Normal School will open at Dushore Monday, July 13, 1903, and continue in session four weeks.

TUITION.

The tuition for the term of four weeks is \$5.00. Students not in attendance the entire term will be charged \$1.50 per week.

INSTRUCTORS.

Prof. J. E. R. Hillgore will instruct in English, History, and Civics. Prof. E. F. Hill will instruct in Mathematics.

Supt. M. R. Black will instruct in work designed for prospective teachers.

A special instructor for the usual course of lectures is yet to be engaged.

To Teachers and Prospective Teachers:

The Summer Normal School will provide a thorough review in the branches of study in which teachers will be examined for provisional certificates and will aim to be helpful to both experienced and inexperienced teachers. Bring with you the text-books you have on the subjects you expect to study.

M. R. BLACK, County Superintendent.

# ONE MINUTE

One Minute Cough Cure does not pass immediately into the stomach, but lingers in the throat, chest and lungs, producing the following results:

- (1) Relieves the cough.
- (2) Makes the breathing easy.
- (3) Cuts out the phlegm.
- (4) Draws out the inflammation.
- (5) Kills the germs (microbes) of disease.
- (6) Strengthens the mucous membranes.
- (7) Clears the head.
- (8) Relieves the feverish conditions.
- (9) Removes every cause of the cough and the strain on the lungs.
- (10) Enables the lungs to contribute pure life-giving and life-sustaining oxygen to the blood. Cures Croup and all Cough, Lung and Bronchial Affections.

## COUGH CURE

Prepared by E. C. DeWITT & CO., CHICAGO