

# Nails

**Had Turned Blue—Limbs Bloated.**

**Lay in a Stupor From Heart Disease.**

**Dr. Miles' Heart Cure Cured Me.**

The nails turning blue is a sign of defective circulation as is the bloating of the arms and legs. Other common symptoms of heart disease are shortness of breath from slight exertion, pain in or near the heart, smothering spells, palpitation or fluttering, weak, tired and hungry spells, dreaming and nightmare, sudden starting in sleep. In severe cases the brain, stomach, lungs, etc., may become so disordered as to mislead the physicians as to the nature of the disease. If you suffer from any or all of these symptoms your heart is diseased and treatment should not be postponed a single day. Dr. Miles' Heart Cure is guaranteed to help you as it has helped thousands of others.

"I love my life to Dr. Miles' Heart Cure. After four doctors met in consultation on my case, their verdict was that I had suffered from heart disease so long that they could do nothing for me and I would surely die. My brother said, 'While there is life there is hope, we will try Dr. Miles' New Heart Cure.' When I began taking it my nails had turned blue and my arms and legs were bloated to twice their natural size, and I lay in a stupor most of the time. After the first few doses the dizziness went away and after three bottles I was able to go around the house and do my work. Both my family and my nurse think I would have been in my grave had it not been for Dr. Miles' Heart Cure."—Mrs. ROBERT MORRIS, Sackets Harbor, N. Y.

All druggists sell and guarantee first bottle Dr. Miles' Remedies. Send for free book on Nervous and Heart Diseases. Address Dr. Miles Medical Co., Elkhart, Ind.

The grange has the proud distinction of securing more state and national laws in the interests of agriculture than all other organizations combined.

New York state has been increasing her grange membership very rapidly since Jan. 1.

posed reciprocity treaty, and this no doubt has had a strong influence in making the representatives of those states assume the position they are credited with holding. Even with their help, however, there is great danger to the sugar industry, and its friends should be up and doing if they would make their opposition to the treaty effective.—Michigan Farmer.

**Just About Bedtime**  
take a Little Early Riser—it will cure constipation, biliousness and liver trouble DeWitt's Little Early Risers are different from other pills. They do not gripe and break down the mucous membranes of the stomach, liver and bowels, but cures by gently arousing the secretions and give strength to these organs. Sold by all Druggists.

**An Ideal Leader.**  
Gorman is an ideal leader for the national Democracy, provided the disciples of Jefferson are not particular as to which direction they take.—Lowell (Mass.) Mail.

**A Surgical Operation**  
is always dangerous—do not submit to the surgeon's knife until you have tried DeWitt's Witch Hazel Salve. It will cure when every thing else fails—it has done this in thousands of cases. Here is one of them: I suffered from bleeding and protruding piles for twenty years. Was treated by different specialists and used many remedies, but obtained no relief until I used DeWitt's Witch Hazel Salve. Two boxes of this salve cured me eighteen months ago and I have not had a touch of the piles since.—H. A. Tisdale, Summerton, N. C. For Blind, Bleeding, Itching and Protruding Piles no remedy equals DeWitt's Witch Hazel Salve. Sold by all Druggists.

and intends to make a tour of the west, but it would not be worth his while to come west of the Mississippi river. He would, as the Democratic candidate, come nearer carrying Missouri for Roosevelt than any other man could possibly do.—Salt Lake Tribune.

**The Foundation of Health.**  
Nourishment is the foundation of health, life—strength. Kodol Dyspepsia Cure is the one great medicine that enables the stomach and digestive organs to digest, assimilate and transform all foods into the kind of blood that nourishes the nerves and feeds the tissues. Kodol lays the foundation for health. Nature does the rest. Indigestion, Dyspepsia and all disorders of the stomach and digestive organs are cured by the use of Kodol. Sold by all Druggists.

**Religion Enriches Life.**  
Religion satisfies because it enriches life. It opens the way into a new kind of joy. It brings into play a new range of activity. Thus Jesus said that he came that we might have life and that we might have it more abundantly. He came to widen out the circle of human appreciation. The purpose of religion thus considered is akin with the purpose of all progress. It is to teach new truth, to awaken new aspiration, to develop new possibilities, to round out more fully the natural life of man.—Rev. George Hodges, Pittsburg.

**Catarrh of the Stomach.**  
When the stomach is over loaded; when food is taken into it that fails to digest, it decays and inflames the mucous membrane, exposing the nerves, and causing the glands to secrete mucus, instead of the natural juices of digestion. This is called Catarrh of the Stomach. For years I suffered with Catarrh of the Stomach, caused by indigestion. Doctors and medicines failed to benefit me until I used Kodol Dyspepsia Cure.—J. R. Rhea, Coppell, Tex. Sold by all Druggists.

## NERVOUS DYSPEPSIA ITS CAUSE AND CURE.

Overwork any organ and it gives out—the stomach is no exception. Ask it to digest anything, everything, at any time in half the time required, and like any other driven horse, it balks. Nature intended the stomach should have regular hours. A time to work, a time to rest—and when you break up this habit, you upset the whole arrangement. The stomach nerves become exhausted, the glands refuse to act, the food does not digest—lies heavy, ferments and repeats. There is pain, gas forms, bloating occurs, the heart becomes irregular and a nervous, irritable feeling sets in. This is nervous dyspepsia and Dr. A. W. Chase's Nerve Pills its cure.

Mrs. J. L. Johnson of 720 N. Main St. Scranton, Pa., says: "Dr. A. W. Chase's Nerve Pills are excellent. I was dizzy and nervous and the stomach digesting its food badly. This condition induced a feeling of debility and lassitude. Hearing of the Nerve Pills I got a box and the result has certainly been fine. They gave the stomach strength to handle the food properly, the nervousness and dizziness disappeared completely and my general strength and vigor returned consequently I am pleased and glad to recommend the medicine." 50c a box at dealers or Dr. A. W. Chase Medicine Co., Buffalo, N. Y. See that portrait and signature of A. W. Chase M. D. are on every package.

**Rhode Island Agricultural College.**  
The recent election of Mr. Kenyon L. Butterfield of Michigan to the presidency of the Rhode Island Agricultural college bodes well for that institution. During the past three years he has pursued work in the University of Michigan. His work in the university has been of such a high order that during this year he was appointed lecturer in rural sociology, a new course offered in the university. He believes in thorough technical training for the farmer, and it is understood that the Rhode Island board will give him full latitude to carry out his ideas in this direction. He is with an enthusiastic worker in the grange.

**Practical Co-operation.**  
Some time ago, when prices for beef were so high as to be almost prohibitive, the members of some of the granges in Berkshire county, Mass., co-operated in defying the high prices of the meat trust and getting their own fresh meat at a low price. Some of the farmers raising young stock agreed together to kill off stock as it was needed to supply meat, taking turns and distributing to each other and to other members of the grange at a lower price than meat was selling for in the market. Two important grange ideas were thereby illustrated—fraternity and co-operation.

**"Watch the Basket."**  
Carnegie in his "Empire of Business" sums up the conditions of success for the farmer as well as the business man. He says: "The man who fails is the man who scatters his capital, which means that he has also scattered his brains. He has investments in this, that and the other thing. Don't put all your eggs in one basket is all wrong. I tell you, put all your eggs in one basket and then watch that basket."

The secretary of the Pennsylvania state grange, J. T. Allman, says that in many sections the notion still prevails that the grange is the avowed enemy of the middlemen. This is not correct. We oppose only a surplus of middlemen, endeavoring to shorten as much as possible the route from the producer to the consumer.

The advisability of organizing a national grange life insurance company is under consideration by a committee appointed by the national grange to report at its next meeting. The committee consists of W. K. Thompson, South Carolina; G. S. Ladd, Massachusetts; N. J. Bacheider, New Hampshire.

There is a possibility that the national grange may meet at Niagara Falls next November.

The grange adapts its functions to the everyday work of its members.

Keep up the agitation for grange halls to be owned by the grange.

The grange takes hold of the farmer's very life and essential interests.

Capital and Surplus, \$450,000.00



## Money in Bank

gives you a feeling of security, enables you to take advantage of opportunities for making more money—lifts you out of the rut, makes you a manly, independent man. We pay 3 per cent. interest on savings.

You can Bank by Mail—Write for the booklet telling how.

**LACKAWANNA TRUST-SAFE DEPOSIT COMPANY**  
404 Lackawanna Avenue  
SCRANTON, PA.

# WINCHESTER "NEW RIVAL" FACTORY LOADED SHOTGUN SHELLS

Give these shells a thorough trial, and you will find them to be as nearly perfect as experience, ingenuity, brains and equipment can make them. They are made with the Winchester patent corrugated head, which has made Winchester "Leader" and "Repeater" Smokeless Powder Shells so popular and satisfactory. Winchester Factory-Loaded "New Rival" Shells are thoroughly waterproof, and are loaded by exact machinery with the standard brands of powder, shot and wadding which makes them uniform and reliable.

**Shoot Them and You'll Shoot Well**

## Short Talks On Advertising By Charles Austin Bates.

No. 51.

Every advertiser should keep close watch of his daily and weekly sales. He should make a schedule of last year's sales, by days, weeks and months, and enter against it each day's sales for this year, as they are ascertained.

If he sees on Tuesday that Monday's and Tuesday's sales are going to be less than last year's, he should put a good, strong ad in the Tuesday evening and Wednesday morning papers and keep up the treatment as long as it is needed. The same thing applies where only a weekly paper can be used. That is the rational way to advertise—the way to make it pay. Don't merely occupy your "space." Don't say that you will use three inches double for the year, but make up your mind to beat last year's business, if you have to use twenty inches double.

Business is as susceptible to good advertising as the human body is to good medicine.

You don't say: "Now, I'll spend \$50 for doctors' bills and medicine this year, and no more"—not a bit of it. When you get sick you don't dicker with the doctor at all. You say: "Get me well as quickly as you can," and you take your medicine like a little man without inquiring the cost. It costs something, of course, but it cannot be helped. It doesn't do any good to grumble about it. The question is whether you want to get well or not. That's the way business and advertising should be considered. Don't understand that I mean to advocate unlimited and promiscuous advertising—I do not, any more than I would advise you to fill yourself up with a lot of medicine when you don't need it. Judicious advertising may mean two inches or two pages. It is bad to use too much space, but it is worse to use too little.

Coburn, Charles Austin Bates, New York.

## FIRST NATIONAL BANK HUGHESVILLE, PA.

CAPITAL STOCK, \$50,000  
DeWITT BODINE, President.  
C. WILLIAM WODDROP, Vice Pres.  
W. C. FRONTZ, Cashier.

SURPLUS AND NET PROFITS, \$50,000

DIRECTORS:  
DeWitt Bodine, C. Wm. Woddrop, Peter Reeder, Jeremiah Kelley, William Frontz, W. C. Frontz, James K. Boak, John C. Laird, E. P. Brenholtz, Peter Frontz, John P. Lake, Daniel H. Poust, John Bull.

Transacts a General Banking Business. Accounts of Individuals and Firms Solicited.

## THE CENTRAL State Normal School, LOCK HAVEN, PA.

J. R. FLICKINGER, Principal.  
FALL TERM BEGINS, September 7, 1903.

The school year just completed has been most successful. Larger numbers, higher standards and more complete equipment, are the best evidences of prosperity.

**Free Tuition to Prospective Teachers.**

Departments of Music, Elocution, Business, College Preparatory. Admits to Wellesley and State institutions on certificate. As a training school for teachers it is unsurpassed. Expenses lower than elsewhere. Address for catalogue, THE PRINCIPAL.

## State Normal School East Stroudsburg, Pa.

This POPULAR State Institution is located in the most beautiful, picturesque and healthful part of the State. It is in the GREAT SUMMER RESORT REGION of the BLUE RIDGE and POCONO MOUNTAINS and within two miles of the famous Delaware Water Gap resort. Tuition Absolutely Free.

The total expenses for Boarding, Furnished rooms and all other expenses only \$3.50 per week. In addition to the regular Departments in the Normal proper, we have a fine COLLEGE PREPARATORY DEPARTMENT. We can save you one full year in your College Preparation. Departments of MUSIC, ELOCUTION, ART-DRAWING, PAINTING IN CHINA and WATER COLORS, taught by Specialists.

**A New Recitation Building.** is now in course of erection, which will give a fine Laboratory and fourteen other recitation rooms. A Fine Gymnasium! Our own ELECTRIC LIGHT PLANT! A Superior Faculty! Backward Pupils COACHED FREE. Nearly FIVE HUNDRED PUPILS ENROLLED this year. FALL TERM OPENS SEPT. 8, 1903. For Catalogue and particulars address GEO. P. BIBLE, A. M. Principal.

## FOLEY'S KIDNEY CURE Makes Kidneys and Bladder Right

# FAIRBANKS

GAS or GASOLINE ENGINES.

There are many Gas and Gasoline Engines and ONE

## "FAIRBANKS"

Some resemble it in construction, others in name BUT THERE IS ONLY ONE

## FAIRBANKS ENGINE.

Engines that excell in quality and moderate in cost. Vertical from one to ten horse power. Horizontal three horse power up-

THE FAIRBANKS COMPANY, 701 Arch St., Philadelphia. CHARLES L. WING, Agent, Laporte.

# YOUR KIDNEYS ARE THEY WELL?

Unless they are, good health is impossible.

Every drop of blood in the body passes through and is filtered by healthy kidneys every three minutes. Sound kidneys strain out the impurities from the blood, diseased kidneys do not, hence you are sick. FOLEY'S KIDNEY CURE makes the kidneys well so they will eliminate the poisons from the blood. It removes the cause of the many diseases resulting from disordered kidneys which have allowed your whole system to become poisoned.

Rheumatism, Bad Blood, Gout, Gravel, Dropsy, Inflammation of the Bladder, Diabetes and Bright's Disease, and many others, are all due to disordered Kidneys. A simple test for Kidney disease is to set aside your urine in a bottle or glass for twenty-four hours. If there is a sediment or a cloudy appearance, it indicates that your kidneys are diseased, and unless something is done they become more and more affected until Bright's Disease or Diabetes develops.

FOLEY'S KIDNEY CURE is the only preparation which will positively cure all forms of Kidney and Bladder troubles, and cure you permanently. It is a safe remedy and certain in results.

If You are a sufferer, take FOLEY'S KIDNEY CURE at once. It will make you well.

### Some Pronounced Incurable

Mr. G. A. Stillson, a merchant of Tampico, Ill., writes: "FOLEY'S KIDNEY CURE is meeting with wonderful success. It has cured some cases here that physicians pronounced incurable. I myself am able to testify to its merits. My face today is a living picture of health and FOLEY'S KIDNEY CURE has made it such."

### Had Lumbago and Kidney Trouble

Edward Huss, a well known business man of Salisbury, Mo., writes: "I wish to say for the benefit of others, that I was a sufferer from lumbago and kidney trouble, and all the remedies I took gave me no relief. I began to take FOLEY'S KIDNEY CURE, and after the use of three bottles I am cured."

Two Sizes, 50 Cents and \$1.00.

SOLD AND RECOMMENDED BY

James McFARLANE, Laporte, Dr. OHAS. D. VOORHEES, Sonestown, Pa.