

Grip

Shattered My Nervous System.

Stomach Deranged, Liver Dormant.

Dr. Miles' Nervine Cured Me Completely.

A slight cold in the winter with fever, headache, backache; when the nose runs and the eyes water and a soreness seems to permeate the marrow of the bones; this is the beginning of Grip's deadly grasp. The danger follows in the shattered nervous system and the derangement of the heart or the digestive organs as in the following case:

"The last week in January I contracted LaGrippe and was confined to my bed for five weeks. My nervous system was completely shattered, stomach badly deranged and liver in an almost dormant condition. I took treatment daily from my family physician, but could get no relief. My condition continued to grow worse and as I had often heard of Dr. Miles' medicines I decided to try them. I purchased a bottle of Dr. Miles' Restorative Nervine and Liver Pills. When I began taking the medicine I had no appetite, couldn't sleep and was scarcely able to get around. My weight at this time was one hundred and twenty-four pounds. At the end of the second week I was a changed man, my appetite was beyond control, my sleep was refreshing, my strength renewed and my weight was one hundred and forty-two pounds. I never felt better in my life than I do at this writing. I take great pleasure in recommending Dr. Miles' Remedies to the afflicted. If anyone doubts the above statement, I am ready to confirm it."—D. C. WALKER, U. S. Treasury Dept., Washington, D. C.

All druggists sell and guarantee first bottle Dr. Miles' Remedies. Send for free book on Nervous and Heart Diseases. Address Dr. Miles Medical Co., Elkhart, Ind.

The grange has the proud distinction of securing more state and national laws in the interests of agriculture than all other organizations combined.

New York state has been increasing her grange membership very rapidly since Jan. 1.

posed reciprocity treaty, and this no doubt has had a strong influence in making the representatives of those states assume the position they are credited with holding. Even with their help, however, there is great danger to the sugar industry, and its friends should be up and doing if they would make their opposition to the treaty effective.—Michigan Farmer.

Just About Bedtime
take a Little Early Riser—it will cure constipation, biliousness and liver trouble. Dr. Witt's Little Early Risers are different from other pills. They do not gripe and break down the mucous membranes of the stomach, liver and bowels, but cures by gently arousing the secretions and give strength to these organs. Sold by all Druggists.

An Ideal Leader.
Gorman is an ideal leader for the national Democracy, provided the disciples of Jefferson are not particular as to which direction they take.—Lowell (Mass.) Mail.

A Surgical Operation
is always dangerous—do not submit to the surgeon's knife until you have tried DeWitt's Witch Hazel Salve. It will cure when every thing else fails—it has done this in thousands of cases. Here is one of them: I suffered from bleeding and protruding piles for twenty years. Was treated by different specialists and used many remedies, but obtained no relief until I used DeWitt's Witch Hazel Salve. Two boxes of this salve cured me eighteen months ago and I have not had a touch of the piles since.—H. A. Tisdale, Summerton, N. C. For Blind, Bleeding, Itching and Protruding Piles no remedy equals DeWitt's Witch Hazel Salve. Sold by all Druggists.

land intends to make a tour of the west, but it would not be worth his while to come west of the Mississippi river. He would, as the Democratic candidate, come nearer carrying Missouri for Roosevelt than any other man could possibly do.—Salt Lake Tribune.

The Foundation of Health.
Nourishment is the foundation of health, life—strength. Kodol Dyspepsia Cure is the one great medicine that enables the stomach and digestive organs to digest, assimilate and transform all foods into the kind of blood that nourishes the nerves and feeds the tissues. Kodol lays the foundation for health. Nature does the rest. Indigestion, Dyspepsia and all disorders of the stomach and digestive organs are cured by the use of Kodol. Sold by all Druggists.

Religion Enriches Life.
Religion satisfies because it enriches life. It opens the way into a new kind of joy. It brings into play a new range of activity. Thus Jesus said that he came that we might have life and that we might have it more abundantly. He came to widen out the circle of human appreciation. The purpose of religion thus considered is akin with the purpose of all progress. It is to teach new truth, to awaken new aspiration, to develop new possibilities, to round out more fully the natural life of man.—Rev. George Hodges, Pittsburg.

Catarrh of the Stomach.
When the stomach is over loaded; when food is taken into it that fails to digest, it decays and inflames the mucous membrane, exposing the nerves, and causing the glands to secrete mucus, instead of the natural juices of digestion. This is called Catarrh of the Stomach. For years I suffered with Catarrh of the Stomach, caused by indigestion. Doctors and medicines failed to benefit me until I used Kodol Dyspepsia Cure.—J. R. Rhea, Coppell, Tex. Sold by all Druggists.

THE GRANGE

Conducted by J. W. DARROW,
Press Correspondent New York State Grange

IN NEW ENGLAND.

Strong Testimony From a New Hampshire Paper.

The great success of the grange has been primarily due to the strong educational policy that has prevailed. Those in charge of its affairs have regarded the educational feature as the feature of the greatest value and have strengthened the Order by adding to the intelligence of its members. Whether this has been attempted through well arranged literary exercises, through the rendition of ritual work or through a course of study and reading at home under grange auspices, the result has been the same and noticeable in the people connected with any live grange.

In no less than four of the New England states the grange has organized and conducts mutual fire insurance companies, by which large saving in cost of insurance is made by reason of the inexpensive methods of operation and the superior class of risks upon which policies are written. While it is true that farm risks as a whole are extra hazardous, the property owned by members of the grange is less hazardous and can be carried at lower rates than farm property in general, as the experience of these companies has shown.

The benefit of the grange to New England is not confined to its educational and financial features. The benefits derived from its social features are beyond estimate and not only affect the 100,000 members, but as many more people with whom they come in contact. The grange is fitting its members to enter good society with credit to themselves and their calling. Scattered all over New England we find the church, the school and the grange hall standing side by side and each an important factor in any community. They are often referred to as the trinity of New England.

Probably the grange in New England will in the future exert its greatest influence upon public affairs not by the men and women it will fit and place in public positions, but by the quiet work performed in the discussion of public questions in the 1,000 grange halls, where more than 25,000 meetings are held annually.—Mirror and Farmer.

KEYSTONE PATRONS.

Grange Work in Pennsylvania Outlined by State Master Hill.

State Master Hill at the thirtieth annual session of the Pennsylvania state grange made a strong plea for co-operation of granges with the agricultural colleges and experiment stations and urged a general display of the products of the state at the world's fair, St. Louis, in 1904.

Referring to the vexed taxation question, State Master Hill stated that the personal property of his state is valued at \$3,859,500,000 and pays taxes aggregating \$12,132,500, making a mileage rate of 3 1/4 mills. Real estate has a valuation of \$2,776,800,000 and for the same period pays taxes amounting to \$48,783,500, or an average mileage rate of a little over 17 mills. The contrast is striking. Everything the farmer has in sight is taxed as real estate.

Patrons feel that better roads cannot come too soon provided that the burden of building and maintaining is not, as in the past, thrown upon farmers. We have for years stood ready to join forces on a fair basis with the other interests of the state in securing them.

Patrons were urged to make more general use of banks for the deposit of their money and to use checks as a medium for making payments. A bank account gives farmers standing. It is a great inspiration to keep it good and to make it larger. It develops business acumen and often saves money. A larger use of checks would save farmers thousands of dollars in the one item of sending money by mail.—American Agriculturist.

The Grange a Peacemaker.

The master of a subordinate grange writes: "We owe more to the grange in our community than we can estimate. Two years ago we first organized. Before this our community was divided into two factions, caused by the leadership of two rival neighbors. They all joined the grange and are now on good terms and peaceable. At first the meetings were a little cold, but the more frequently they met the more friendly they grew till now no discord can be found. I attribute it to the teaching and sentiment of the grange."

This is only one of the many instances of the kind that have come under my own observation, says a writer in the National Stockman. The grange in affording opportunities for association and culture gives these individuals something to do, and thus their energies can be expended in good work, and their desire for contention with their neighbors ceases.

The 1,000 ton barge canal bill passed the New York state legislature, but was earnestly fought at every stage by the state grange legislative committee and other officials and members of the Order. Now for the popular vote on it or, rather, against it.

A live granger writes: "If I belonged to a dying or dead grange, I would hunt the death microbe and kill him. Death, save of superstition, error, ignorance, is very unpopular these days."

The northern New York granges are to make "grange day" at Thousand Island park, on the St. Lawrence, an occasion of unusual interest this year.

WINCHESTER

"NEW RIVAL"
FACTORY LOADED SHOTGUN SHELLS

Give these shells a thorough trial, and you will find them to be as nearly perfect as experience, ingenuity, brains and equipment can make them. They are made with the Winchester patent corrugated head, which has made Winchester "Leader" and "Repeater" Smokeless Powder Shells so popular and satisfactory. Winchester Factory-Loaded "New Rival" Shells are thoroughly waterproof, and are loaded by exact machinery with the standard brands of powder, shot and wadding which makes them uniform and reliable.

Shoot Them and You'll Shoot Well

Short Talks On Advertising

By Charles Austin Bates.

No. 52.

No one ad can make or break the advertising of your store. A single ad, no matter how good, will not keep your store busy for a year. A single ad, no matter how bad, will not keep people away forever. It is from the from day to day story which counts. Every store ought to have regular readers. Make your announcements so interesting that they will be looked for every day as the regular departments in the paper.



"Public opinion is like a glacier, sliding down a mountain side."

Your store by persistent, consistent, and insistent advertising will in the end come to have a name in your city and the country around your city, which will be one of the most valuable adjuncts of your business.

It makes no difference whether your store is known as Smith, Jones & White's or whether you call it The Hub, The Spoke, or The Fellow, or what that name is; but it does matter that the name has been advertised in such a way that people connect certain methods of treatment with your store. Advertising alone will not do this. Advertising will not make a store a desirable place to trade.

First make your store desirable. Then make that desirability known, not in any one page ad one time, but by little detailed talks, each one as sincere, honest and faithful as you know how to make it.

It is harder to make an impression on people's minds than it is to keep up that impression. The first advertisement of anything has to overcome a certain amount of inertia—the natural sluggishness of the public mind.

A mass of people think more slowly than any one individual. Watch an audience in a theatre and you will see the truth of this.

Once you have the public coming your way, however, a smaller amount of advertising will keep up the momentum.

Public opinion is like a glacier, sliding down a mountain side. It moves very slowly but with irresistible force. It would require a great amount of energy to turn that glacier even a little aside from its course. Once turned, however, it would continue down the new incline just as ponderously as before. Such is the effect of advertising. The articles that you know of and are familiar with from long-continued advertising have been pounded into the public mind until a new fashion in thinking has been set—a new set of ideas has been associated.

A new vocabulary is given to the people, so that every additional advertisement is made doubly effective by a predisposition on the part of the public to think what you want them to think.

Copyright, Charles Austin Bates, New York.

FIRST NATIONAL BANK

HUGHESVILLE, PA.

CAPITAL STOCK,
\$50,000

SURPLUS AND
NET PROFITS,
\$50,000

Transacts a General
Banking Business.
Accounts of Individuals
and Firms Solicited.

DeWITT BODINE, President.
C. WILLIAM WODDROP, Vice Pres.
W. C. FRONTZ, Cashier.

DIRECTORS:
DeWitt Bodine, C. Wm. Woddrop, Peter Reeder,
Jeremiah Kelley, William Frontz, W. C. Frontz,
James K. Boak, John C. Laird, E. P. Brenholtz,
Peter Frontz, John P. Lake, Daniel H. Poust,
John Bull.



GRADUAL DECLINE

This is the fate of sufferers from Kidney trouble, as the disease is so insidious that often people have serious Kidney trouble without knowing the real cause of their illness, as diseased kidneys allow the impurities to stay in the system and attack the other organs. This accounts for the many different symptoms of Kidney Disease.

You begin to feel better at once when taking

FOLEY'S KIDNEY CURE

as it stimulates the heart, increases the circulation and invigorates the whole system. It strengthens the urinary organs and gives you new life and vigor.

TWO SIZES 50c and \$1.00

James McFARLANE, Laporte,

THE CENTRAL State Normal School, LOCK HAVEN, PA.

J. R. FLICKINGER, Principal.

FALL TERM BEGINS,
September 7, 1903.

The school year just completed has been most successful. Larger numbers, higher standards and more complete equipment, are the best evidences of prosperity.

Free Tuition to Prospective Teachers.

Departments of Music, Elocution, Business, College Preparatory. Admits to Wellesley and State institutions on certificate. As a training school for teachers it is unsurpassed. Expenses lower than elsewhere. Address for catalogue, THE PRINCIPAL.

State Normal School East Stroudsburg, Pa.

This POPULAR State Institution is located in the most beautiful, picturesque and healthful part of the State. It is in the GREAT SUMMER RESORT REGION of the BLUE RIDGE and POCONO MOUNTAINS and within two miles of the famous Delaware Water Gap resort.

Tuition Absolutely Free.

The total expenses for Boarding, Furnished rooms and all other expenses only \$3.50 per week. In addition to the regular Departments in the Normal proper, we have a fine COLLEGE PREPARATORY DEPARTMENT. We can save you one full year in your College Preparation. Departments of MUSIC, ELOCUTION, ART-DRAWING, PAINTING IN CHINA and WATER COLORS, taught by Specialists.

A New Recitation Building.

is now in course of erection, which will give a fine Laboratory and fourteen other recitation rooms. A Fine Gymnasium! Our own ELECTRIC LIGHT PLANT! A Superior Faculty! Backward Pupils COACHED FREE. Nearly FIVE HUNDRED PUPILS ENROLLED this year.

FALL TERM, OPENS SEPT. 8, 1902.

For Catalogue and particulars address

GEO. P. BIBLE, A. M.

Principal.

FOLEY'S KIDNEY CURE

Makes Kidneys and Bladder Right

FAIRBANKS

GAS or GASOLINE
ENGINES.

There are many Gas and Gasoline Engines and ONE

"FAIRBANKS"

Some resemble it in construction, others in name BUT THERE IS ONLY ONE

FAIRBANKS ENGINE.

Engines that excell in quality and moderate in cost. Vertical from one to ten horse power. Horizontal three horse power up-

THE FAIRBANKS COMPANY,
701 Arch St., Philadelphia.
CHARLES L. WING, Agent, Laporte.

Summer Normal School.

The Sullivan County Summer Normal School will open at Du-shore Monday, July 13, 1903, and continue in session four weeks.

TUITION.

The tuition for the term of four weeks is \$5.00. Students not in attendance the entire term will be charged \$1.50 per week.

INSTRUCTORS.

Prof. J. E. R. Hillgore will instruct in English, History, and Civics. Prof. E. F. Hill will instruct in Mathematics.

Supt. M. R. Black will instruct in work designed for prospective teachers.

A special instructor for the usual course of lectures is yet to be engaged.

To Teachers and Prospective Teachers:

The Summer Normal School will provide a thorough review in the branches of study in which teachers will be examined for provisional certificates and will aim to be helpful to both experienced and inexperienced teachers. Bring with you the text-books you have on the subjects you expect to study.

M. R. BLACK,
County Superintendent.

ONE MINUTE

One Minute Cough Cure does not pass immediately into the stomach, but lingers in the throat, chest and lungs, producing the following results:
(1) Relieves the cough.
(2) Makes the breathing easy.
(3) Cuts out the phlegm.
(4) Draws out the inflammation.
(5) Kills the germs (microbes) of disease.
(6) Strengthens the mucous membrane.
(7) Clears the head.
(8) Relieves the feverish conditions.
(9) Removes every cause of the cough and the strain on the lungs.
(10) Enables the lungs to contribute pure life-giving and life-sustaining oxygen to the blood. Cures Croup and all Cough, Lung and Bronchial Affections.

Prepared by E. O. DeWITT & CO., CHICAGO

COUGH CURE

Chicago Business Man Cured
Foley & Co., Chicago, Gentlemen—About a year ago my health began to fail, I lost flesh and never felt well. The doctor thought I had stomach and liver trouble, but I became convinced that my kidneys were the cause of my ill health and commenced taking FOLEY'S KIDNEY CURE. It increased my appetite and made me feel stronger, and the annoying symptoms disappeared. I am now sound and well.—J. K. Horn, 1354 Diversey Blvd., Chicago, June 11, 1902. Cured His Wife

E. C. Watkins, sexton of the Methodist Church, Springfield, Pa., writes: "My wife has been very bad with kidney trouble and tried several doctors without benefit. After taking one bottle of FOLEY'S KIDNEY CURE was much better, and was completely cured after taking four bottles."

One Bottle Cured Him
A. H. Davis, Mt. Sterling, Ia., writes: "I was troubled with kidney complaint for about two years, but a one-dollar bottle of FOLEY'S KIDNEY CURE effected a permanent cure."

Dr. CHAS. D. VOORHEES, Sonestown, Pa.