

**"He Who Pursues Two**

**Hares Gatches Neither."**

Said a well known young man about town, "I tried for years to burn the candle at both ends, in the pursuit of pleasure while trying to attend to business. My blood, stomach and kidneys got into a wretched state and it seemed that I could not carry the burden any longer.

But now my rheumatism has gone, my courage has returned, and all on account of that marvelous Hood's Sarsaparilla, which has made me a picture of health. Now I'm in for business pure and simple."

**Hip Disease**—"I had punning sores for eight years on my hips. I was confined to my bed at times and at others used crutches. Hood's Sarsaparilla cured my hip and gave me permanent health." OLLIE J. ARCHER, 139 Dudley Street, Dayton, Ohio.

**Indigestion**—"I now have a good appetite, eat well, sleep well and my dyspepsia and indigestion have left me. The reason is I took Hood's Sarsaparilla which entirely cured me." I am Baggage Master on the B. & O. Railroad. THOMAS COLES, 119 Carr St., Sandusky, Ohio.

**Hood's Sarsaparilla**  
Never Disappoints

Hood's Pills cure liver bile, the non-irritating and the only cathartic to take with Hood's Sarsaparilla.

**INSOMNIA**

"I have been using CASCARETS for insomnia, with which I have been afflicted for over twenty years, and I can say that Cascarets have given me more relief than any other remedy I have ever tried. I shall certainly recommend them to my friends as being all that are represented." THOS. GILLARD, Eight, Ill.



Pleasant, Palatable, Potent, Taste Good, Do Good, Never Sickens, Weakens, or Gripe. 10c, 25c, 50c.

**CURE CONSTIPATION.** Sterling Remedy Company, Chicago, Montreal, New York, 218

**NO-TO-BAC** Sold and guaranteed by all druggists. CURE TOBACCO HABIT.

We don't admire a

**Chinaman's Writing.**

He doesn't use Carter's Ink. But then Carter's Ink is made to use with a pen, not a stick.

Funny booklet "How to Make Ink Pictures" free. **CARTER'S INK CO., Boston, Mass.**

The Ashes of a Woman's Dreams.

The women are telling of an Atchison man who treated his wife with indifference and cruelty in their early married life. They say he is now down on his knees blowing into the dead ashes of her love trying to revive a spark of affection for him. How women love to picture a man in such an attitude! It is probably the dream of every neglected wife that some day her husband will try to warm his hands like a frozen Cupid at the fires of her love, and will find only dead ashes there. There is enough dead ashes in the average woman's dreams to macadamize a road.—Atchison Globe.

new French mail packet, Nord, a record trip across the channel between Calais and Jersey was made in an one hour.

**ONE** reason Mrs. Pinkham's treatment helps women so promptly is that they have confidence in her.

Through some of the many thousands of Mrs. Pinkham's friends an ailing woman will be led to write to Mrs. Pinkham at her home in Lynn, Mass., and will tell her symptoms. The reply, made without charge of any kind, will bear such evidence of knowledge of the trouble that belief in her advice at once inspires hope.

This of itself is a great help. Then the knowledge that women only see the letters asking for advice and women only assist Mrs. Pinkham in replying makes it easy to be explicit about the little things that define the disease.

Mrs. ELIZA THOMAS, of 634 Pine St., Easton, Pa., writes: "DEAR MRS. PINKHAM—I doctored with two of the best doctors in the city for two years and had no relief until I began the use of your remedies. My trouble was ulceration of the womb. I suffered something terrible, could not sleep nights and thought sometimes that death would be such a relief. To-day I am a well woman, able to do my own work, and have not a pain. I used four bottles of Lydia E. Pinkham's Vegetable Compound and three packages of Sanative Wash and cannot thank you enough for the good it did me."



Mrs. M. STODDARD, Box 268, Springfield, Minn., writes: "DEAR MRS. PINKHAM—For about four years I was a great sufferer from female troubles. I had backache all of the time, no appetite, pains in stomach, fainting spells, was weak and my system was completely run down. I also had falling of womb so bad that I could scarcely walk across the floor. After taking two bottles of your Vegetable Compound and one box of Lozengers, can say I am cured."

"Say Aye 'No' and Ye'll No'er be Married." Don't Refuse All Our Advice to Use

**SAPOLIO**

**Washington and Chattanooga Limited via Lynchburg—Southern Railway's New Route.**

Leaves New York via Pennsylvania, daily, 2.30 p. m. (connects at Washington, D. C., with Congressional Limited, leaving New York at 3.30 p. m.), with Pullman Drawing-Room, Buffet, Sleeping Cars New York to Memphis and New Orleans. Leaves Washington via Southern Railway, 9.20 p. m. to Lynchburg, thence Bristol, Knoxville and Chattanooga—a through line from New York to Memphis and points in Arkansas, Texas, also to New Orleans, the Southwest, Mexico and Pacific Coast. In conjunction with this train as far as Lynchburg is the New York and Florida Express, New York to Aiken—connection for Augusta—and Tampa, connecting at Jacksonville for Miami and points in Cuba. Full particulars of Alex. S. Thwait, Eastern Pass. Agt., 271 Broadway.

Collection of mail by trolley cars has been introduced in Hartford, Conn.

**What Do the Children Drink?**

Don't give them tea or coffee. Have you tried the new food drink called GRAIN-O? It is delicious and nourishing, and takes the place of coffee. The more GRAIN-O you give the children the more health you distribute through their systems. GRAIN-O is made of pure grains, and when properly prepared tastes like the choice grades of coffee, but costs about 1/4 as much. All grocers sell it. 15c, and 25c

The Automobile Club of Paris, France has already 1300 members.

**Lane's Family Medicine.**

Moves the bowels each day. In order to be healthy this is necessary. Acts gently on the liver and kidneys. Cures sick headache. Price 25 and 50c.

One railway company in Russia has thirty women in its employ.

**To Cure Constipation Forever.**

Take Cascarets Candy Cathartic, 10c or 25c. If C. C. C. fail to cure, druggists refund money.

**Empty Praise.**

To little men and women of the literary profession, the poetasters and wittlings, there ought to be something instructive in this word from Thackeray, quoted by his daughter, Mrs. Ritchie. After reading such an estimate of notoriety by a man truly great, the minnows may well consider whether they are not swimming too pretentiously.

"There's no use denying the matter, or blinking at it, now I am become a sort of great man, in my way—all but at the top of the tree, indeed there, if the truth were known, and having a great fight up there with Dickens.

"I get such a deal of praise wherever I go that it is rather wearisome to hear. I don't think my head is a bit turned, because God, for I have always got my own opinion; and when men and newspapers say, 'Our sheet is the finest,' and so forth, I know a deal better, and don't disguise the truth, either.

"This London world is full of good-natured tom-fools, and directly one begins to cry 'Oh! all the rest say, 'Prodigious!'"

**The Kaiser as a Talker.**

We have had the German Emperor from many points of view, even from that of his barber. The latest portrait is that of the shorthand writer. William II., since he ascended the throne, has always had a shorthand reporter in attendance to take a verbatim note of his speeches, and Herr Karl Hempel has frequently acted in that capacity. In a sketch of his subject he says that the Kaiser is easy to report, for his voice is strong and his articulation distinct. He only becomes difficult when he gets excited, and on such occasions though his pronunciation is clear, he speaks with lightning rapidity. Moreover, he has an awkward trick at such times of jerking out detached sentences. For the first time in his career the Emperor omitted to take with him an official shorthand writer to the Holy Land, but he availed himself of the services of Herr Dyck, a German journalist established in Jerusalem.—London Chronicle.

**CONFIDENCE HELPS TO CURE**

broad sailor collar that flares apart in deep points over the fronts. The blouse is shaped with shoulder and underarm seams, a wide box plait edging the right front, through which buttonholes are worked to affect the closing in centre. The lower edge is completed with a hem, through which elastic is run to regulate the fulness. Comfortable sleeves are shaped with single seams, gathered top and bottom, and finished at the wrists with straight cuffs through which the hands slip easily. The bloomers are shaped with inside and outside leg seams, which are finished with hems at the lower edge and gathered with elastic run through. An invisible placket is finished at the left side and the top may be gathered into a loose fitting belt, or hemmed and adjusted with elastic, as preferred. Cheviot, serge, flannel or camel's hair cloth in grey, brown, cadet or navy blue make pretty suits in this style, trimmed with white, black or mixed braid. To make this gymnasium suit for a miss of fourteen will require four and one-fourth yards of forty-four inch material.

**An Afternoon Toilette.**

Ash gray is the fashionable color of the silk and wool fabric costume shown in the large engraving. The garment is trimmed with black silk applique embroidery, through which runs a thread of silver. The collar and heart-shaped vest are of all over embroidery to match, underlaid with canary-colored crepe de chine over satin.

A soft crush belt of the material is daintily gathered at the left side. The waist is gracefully arranged over fitted linings that close in centre front, a plastron vest being sewed to the right lining and closed over on the left. The fronts are gathered at each shoulder and cross at the waist in

**THE REALM OF FASHION.**

**NEW YORK CITY (Special).**—As physical culture has become an important part of a girl's education, a correct costume is necessary in order to reap



MISSES' GYMNASIUM SUIT.

the fullest benefits from the different exercises. The trim suit here illustrated consists of blouse and full bloomers which are adjusted with elastic bands that give with every motion of the body. Navy blue serge is the material shown trimmed with mixed black and white braid. A rolling or a standing collar may be used to finish the neck, a specially attractive feature being the



FASHIONABLE AFTERNOON COSTUME.

The trim adjustment is secured by side, back and under-arm gores and single bust darts in front, the omission of the centre-back seam being a matter of preference. The edges are finished with narrow bias straps of the cloth applied with machine stitching. The flaring sectional collar or a rolling coat collar may be used to complete the neck and the fronts may be worn open or closed to the neck with small rever across bust, or closed diagonally to the shoulder, if so preferred. The lower edge is gracefully shaped in scalloped outline. The coat sleeves may be gathered at

the top or have the fulness taken up in four small darts, the wrists being simply finished with rows of stitching. To make this jacket for a lady of medium size will require one and three-quarter yards of material fifty-four inches wide.

surplice fashion, the fulness being arranged in a blouse effect. The skirt is of circular shaping, the front being extended to lap widely over on the left side, where the placket is finished at the top. A centre-seamed back joins the two circular portions. The top is fitted smoothly around the hips by darts taken up at the waist and the fulness in back is disposed by backward turning plaits that meet closely over the centre seam. Silk buttons decorate the edges and plaits at the top. A pretty flare at the foot distinguishes this graceful skirt, the sweep measuring four and one-half yards.

Venetian, covert and broadcloth, cashmere, drap d'ete, serge, cheviot, wool, poplin and a wide width, plain, mixed or fancy woolen fabric will develop satisfactorily by the mode. Different modes of adornment may be used, braid, passementerie or satin folds being particularly effective. To make this waist for a lady of medium size will require two yards of material forty-four inches wide. To make the skirt will require four and one-half yards of same wide material.

The Latest Artificial Flowers. The new artificial flowers are made of velvet and gauze.

Jacket With Flaring or Rolled Coat Collar. This smart and dressy jacket forms part of a costume of aluminum grey broadcloth. The lapels and collar are faced with white satin and decorated all over with a scroll design in grey and silver braid.

Toque with fluted brim of grey satin straw trimmed with violets in mixed shading of their natural color. A spreading bow of stitched grey satin is held by a silver ornament in front.

Always a demand for them. Write for our catalogue. **A. C. SPALDING & BROS.,** New York, Denver, Chicago.

**DEALERS**

should carry a complete line of

**Spalding's Trade Mark Athletic Supplies**

Base Ball, Foot Ball, Golf, Tennis, Cricket, Croquet, Boxing, Athletics, Uniforms, Sweaters

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No amount of argument can convince the experienced, honest grocer that any other soap will give his customers such general satisfaction as Ivory Soap. He knows that they prefer Ivory Soap to new kinds, of unknown quality.

Ivory Soap will sell because the people want it, the other soaps may look like Ivory, but his customers want the real thing—they may buy a new soap once to try it, but they come back again and again for Ivory Soap, and they insist on having it.

Copyright, 1898, by The Procter & Gamble Co., Cincinnati.

**Seeing Her Off.**

"Wouldn't you better go, dear?"  
"Plenty of time."  
"But the train might start, and—"  
"Plenty of time."  
"You won't forget?"  
"Forget what?"  
"Why, what I told you."  
"What did you tell me?"  
"Oh, dear! Just like a man. You'd better put it down."  
"Nonsense! I'll remember."  
"What was it?"  
"I don't know."  
"First, wrap that gown up and have Delia give it to the man who will call."  
"Yes."  
"Be sure and water the rubber plant."  
"Yes."  
"And see that the canary is fed."  
"Yes."  
"The range must be fixed."  
"All right."  
"And stop in at Sackett's and have him send a man up."  
"Yes."  
"And—now don't neglect that cold, will you?"  
"No. I must go now. Mpp."  
"Mpp. Good-by, dear. Take—"  
"Good-by."  
"Good-by. Take care of— Oh, Jack! There, I— Life."

**Beauty Is Blood Deep.**

Clean blood means a clean skin. No beauty without it. Cascarets, Candy Cathartic clean your blood and keep it clean, by stirring up the lazy liver and driving all impurities from the body. Begin to-day to banish pimples, boils, blotches, blackheads, and that sickly bilious complexion by taking Cascarets—beauty for ten cents. All druggists, satisfaction guaranteed, 10c, 25c, 50c.

The Arizona Territorial Legislature is made up of twenty-one Democrats and fifteen Republicans.

**How's This?**

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & Co., Props., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligation made by their firm.

W. & T. WALKER, Wholesale Druggists, Toledo, Ohio. WALKING, KINMAN & MARVIN, Wholesale Druggists, Toledo, Ohio.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Price, 50c per bottle. Sold by all Druggists. Testimonials free. Address: Hall's Family Pills are the best.

At the White House in Washington \$2500 worth of soap is used annually.

Don't Tobacco Spit and Smoke Your Life Away. To quit tobacco easily and forever, be magnetic, full of life, nerve and vigor, take No-To-Bac, the wonder-worker, that makes weak men strong. All druggists, 50c or \$1. Cure guaranteed. Booklet and sample free. Address: Sterling Remedy Co., Chicago or New York.

An inventory of stock in Boston shows that the city owns 1023 horses and 976 vehicles.

Coughs Lead to Consumption. Kemp's Balsam will stop the cough at once. Go to your druggist to-day and get a sample bottle free. Sold in 25 and 50 cent bottles. Go at once; delays are dangerous.

The Baptists are arranging to build a church at Santiago, Cuba.

No-To-Bac for Fifty Cents. Guaranteed tobacco habit cure, makes weak men strong, blood pure. 50c. \$1. All druggists.

There are more Germans than Irish in the United States.

Fits permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Trial bottle and treatise free. Dr. R. H. KLINE, Ltd., 381 Arch St., Phila., Pa.

The last treadmill has disappeared from English prisons.

To Cure a Cold in One Day. Take Laxative Bromo Quinine Tablets. All Druggists refund money if it fails to cure. 25c.

The pearl oyster begins to produce pearls when it is six or seven years old.

After six years' suffering I was cured by Pilsbury's Cure.—MARRY THOMSON, 29 1/2 Ohio Ave., Allegheny, Pa., March 19, 1894.

Of the 6000 Japanese on the Pacific coast, 800 are Christians.

Educate Your Bowels With Cascarets. Candy Cathartic, cure constipation forever. 10c, 25c. If C. C. C. fail, druggists refund money.

Hams cured with mahogany sawdust are said to be especially fine.

Mrs. Winslow's Soothing Syrup for children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

8000 BICYCLES

Standard 8000 Bicycles

Best quality of 250 consecutive daily ride. Nothing to entangle or soil the clothing.

Columbia Chain Models

Embodiment of the results of 22 years' experience in the application of the best methods of cycle building.

Hartfords and Vedettes.

The new Hartfords have radical improvements everywhere. Vedettes cannot be equaled for their price.

PRICES: Chainless, \$75; Columbia Chain, \$50; Hartfords, \$35; Vedettes, \$25 and \$28.

Catalogue of any Columbia dealer, or by mail for one 2-cent stamp.

POPE MFG. CO., Hartford, Conn.

JOHN W. MORRIS

Successful Proscopics Claims

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WANTED—Case of bad health that R-I-P-A-S-N-S will not benefit. Send 5 cts. to Ripley Chemical Co., New York, for 15 samples and 1000 testimonials.

RHEUMATISM CURED—Sample bottle, 4 days treatment, postpaid, 10 cents. ALEXANDER REMEDY CO., 246 Greenwich St., N. Y.

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or Know Thyself Manual.

A 91-page pamphlet by a Humanitarian and eminent medical author.

This is a unique Yade Mecum of Medical Science for MEN ONLY, whether married, unmarried, or about to marry; young, middle-aged or old. Price 50 cents by mail, sealed; sent free for 30 days. Address: The Peabody Medical Institute, No. 4 Bulfinch St., Boston, Mass. Chief Consulting Physician, graduate of Harvard Medical College, class 1864. Late Surgeon U. S. Army, Reg. York, the most eminent specialist in ALLWAYS CURES.

Where Others Fail. Consultation in person or by letter from 9 to 6. Sundays 10 to 1.

The fame of the Peabody Institute has attracted has subjected it to a test which only a meritorious institution could undergo.—Boston Journal.

The Peabody Medical Institute has many instructors, but no equals.—Boston Herald.

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Best Cough Syrup. In time. Sold by druggists.

CONSUMPTION