What Has Your Codfish Eaten?

More people know of the virtue of cod liver oil than know in what that virtue consists. It is not that there is any peculiar health-giving qualities about the vital tissues of the codfish any more than in those of any other fish or of land animals.

The virtue of cod liver oil, it is declared, depends wholly on the food which the codfish has eaten, and if the cod has not fed on the right food, his liver will not yield oil of any more benefit to the victim of consumption or anæmia than any other fish oil.

The best cod liver oil is obtained from cod that have fed on kelp, a sea weed that is not found on soft or muddy bottoms. It is a rock weed and does not grow near the shore on the American coast. Every one knows the American coast. Every one knows how much better milk is given by cows that have fed on rich pasturage than by those whose feed has been stale hay; and the cod that has lived in down outer that forsted on the rich. stale hay; and the cod that has lived in deep water and feasted on the rich, juicy and aromatic kelp is altogether a different fish from the one that has lived near shore and eaten clams and mussels, a diet that no self-respecting fish will touch at all when it can have

anything else.
Thus the oil from cod caught near the shore is practically worthless, while that made from deep sea cod is one of the most nourishing and health-giving of foods. The best cod liver oil tomes from Norway, where all the oil comes from Norway, where all the cod are rockbottom fish and live exclusively on kelp and similar sea weed.

—New York Mail and Express.

Dusseldorf and Maintz, in Germany, have in turn refused a statue of

Well Pur.
"It makes me mournful to think," said an old veteran of the G. A., "that this good, old veteran of the G. A., "that this good, right arm of mine which carried a musket in a hundred fights, should now be all doubled up and out of shape with rheumatism." "Well look here, where have you been living all this time, that you don't know St. Jacobs Oil will cure you." And straightway he went for a bottle, and lo: he was cured also. The straight way is the sure way for the accomplishment of any good in this life, and the seeking of the great remedy for the cure of pain is surely the best way. Ask those who have been benefited and they will put you straight.

A bed, supper and breakfast in Paris in 1452 cost about fifty cents.

Dr. Kilmer's SWAMP-ROOT cures all Kidney and Bladder troubles. Pamphlet and Consultation free. Laboratory Binghamton, N. Y.

Henry VIII. paid the equivalent of \$17 in our money for a dog.

How's This!

How's This!

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Control of the Catarrh that cannot be cured by Hall's Control of the Catarrh that cannot be cured by Hall's F. J. Cheney & Co. Props., Toledo, O. We, the undersigned, have known F. J. Cheney for the last la years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligation made by their firm.

West & Tauax, Wholesale Druggists, Toledo, Ohlo.

Ohlo,
WALDING, KINNAN & MARVIR, Wholesale
Druggists, Toledo, Ohlo.
Hal'la Catarrh Cure is taken internally, actlng directly upon the blood and mucous surfaces of the system, Price, 75c, per bottle, Sold
by all Druggists. Testimonials free.

Why Put Off taking mediciae until you are sick? You can keep a box of Ripans Tabules in the house and at the first signs of a headache or bilious at-tack a single tabule will relieve you.

FORTIFY Feeble Lungs Against Winter with Hale Honey of Horehound and Tar. Pike's Toothache Drops Cure in one minute.

Mrs. Winslow's Soothing Syrup for children eething, softens the gums, reduces inflamma-ion, allays pain, cures wind colic. 25c. a bottle Karl's Clover Root, the great blood purifier, dives freshness and clearness to the complex-on and cures constipation, 25 cts., 50 cts., \$1

## Good Words for Hood's

"I have taken Hood's Sarsaparilla for three years with good results. I can truly recommend it fo rheumatism, indi-My catarrh trouble

has decreased in myheadandthroat, and my other troubles have been

Cured.

My husband has also taken My husband has also taken Hood's Sarsaparilla and it has helped him much. I saw no-

Mrs. H. Philbrick. much. I saw no-tices in the papers of what Hood's Sarsa-parilla had done for others and decided to try it. I found that it helped me at once.

## Hood's sparin Cures

I shall always have a good word for Hood's Sarsaparilla." Mrs. Harrison Philbrick, Plymouth, N. H. Get only Hood's.

Hood's Pills cure all liver ills, biliousness, aundice, indigestion, sick headache. 25c.



Methinks it is

Heckers

Buckwheat

For the morrow's breakfast.



ample Collar and Pair of Cuffs by mail for Six Name style and size. Address REVERSIBLE COLLAR COMPANY, anklin St., New York. 27 Kilby St., Boston.







European authorities consider the money value of fodder constituents in ordinary varieties of apples and pears as somewhat higher than those contained in an equal weight of turnips, and those of the apple pomace as about one-third higher in feeding value than the whole apple.—New York World.

DEHORNING YOUNG CALVES

Prevention of horns is preferable to dehorning. If a stick of caustic potash is applied to the spots on the skull of a young calf where the horns are about to break through, it will destroy convenience. Sometimes, however, this application does not reach the root of the horn, and a new growth will spring up. Watch should be kept for this, and the caustic or knife be applied as soon as the growing horn is seen.—Boston Cultivator.

There is nothing better for all farm animals than pure well water. The temperature of it is the best possible. Warm water is nauseous to an animal, as to a person; the refreshing effect of a cool draught of water we all know. Just the same we know how ice-cold water makes the teeth ache and the whole body shiver, as it takes the heat from the blood to become warm itself. A temperature of fitty-five to sixty degrees is the very best for the animals in the winter, and water from any good well will be somewhere near enough to this. The water should be pumped into the troughs for use, and the troughs for use, and the troughs soon as the stock have drunk, so that soon as the stock have drunk, so that snow or ice will not gather in them. — American Agriculturist.

The hog when plethoric and well fed is liable to congestion of the brain, fed is liable to congestion of the brain, which may pass into actual effusion or apoplexy. In congestion only, which is properly termed "staggers," the animal is dull and stupid, the eyes are red, the bowels are constipated, and the pulse hard and quick. These symptoms may passoff or may increase, leading to a period of excitement from increased pressure on the brain. The animal runs to and fro, often in a circle, hitting against objects as if blind; the breathing is laborious, and he may fall down in an unconscious condition. In other cases the effusion on the brain or the apopletic stroke takes place with these premonitory symptoms:
The bog suddenly drops as if struck
on the head with a hammer, the limbs
stiffen, the breathing is hard and snoring, and a froth exudes from the

mouth.

In either case the treatment is by promptly dashing cold water over the animal and especially pouring it from a hight of eight or ten feet on the head. The bowels should be stimulated by an active purgative injection as follows: Sulphate of magnesia, four ounces; oil of turpentine, two drams; soap-suds, one-half pint; mix for an injection. - American Farmer.

CULTIVATION OF ORCHARDS.

Cn no other part of the farm is so little attention bestowed as on the or-chard. This is the more singular as so much is required of it. The farmer knows he must fertilize and cultivate his fields if he wants a crop to harvest, but with the orchard he expects to gather where he has not fed or tilled. If he would only stop to consider he would realize that trees, like men, can die of starvation, and if only imperfectly nourished only in-ferior fruit can be produced.

To be profitable orchards must re-

ceive as good care as other crops. To call attention to their requirements the Cornell Station, Ithaca, N. Y., has sulletin on the cultivation of Some of the points insisted but a wet fleece is a breeder of disconferent of the restificial the value of good training. on are the necessity for good drainage. natural or artificial, the value of good tillage in increasing the available food supply and conserving moisture and general superiority of level cul-

Sod is sometimes allowable in apple Sod is sometimes allowable in apple and standard pear orchards, but never in other fruit plantations, says the bulletin. Even then it should be pastured closely with sheep or hogs. If the stock is fed at the same time the land will fare better. Watch a sod orchard. It will begin to fail before you know it. The remedy for these apple failures is to cut down many of hand. It will begin to fail before you know it. The remedy for these apple failures is to cut down many of the orehards. For the remainder, the treatment is cultivation, fertilizing, spraying—the trinity of orthodox apple remediate the cover only is used, should be placed over the frames to absorb the moisture from the cluster.

spraying—the trinity of orthodox apple growing.

Potash is the chief fertilizer to be applied to fruit trees, particularly after they come into bearing. An annual application of from 500 to 700 pounds of muriate of potash may be used to the acre in mature orchards. Cultivation should begin early and be continued often. It may be stopped late in the season and a crop can then be sown upon the land to serve both as protection to the soil and as a green mature. Crimson clover would seem to be the last feather the state. to be the best for this purpose.

CARE OF BEES.

In order to have any reasonable prospect of a good honey season, bees must be carefully attended to during the winter and so secured that they will not only have pleuty of warmth but an abundance of food to carry them through in good condition.

There are many theories on the wintering of bees, each bee-keeper probably fancying his own better than any other; but there are certain general rules that must be obeyed if one expects the best results. An expert beekeeper, before preparing the hives for winter, cuts a hole through each frame to be left in the hive. The discoverer of this idea was a woman, and to it she claims to owe the fact that she has never yet lost a colony through excessive cold. Ordinarily the bees have to paga around the outside of the

frames to get to the outlying honey supply. Sometimes they eat holes through the combs, and this led to the practice of making free passageway entirely through the middle frames and a small aperture through which one bee at a time could get to the

one see at a time could get to the outer ones.

Besides leaving in all of the honey-frames, there should be outside cuehions or board walls for warmth. It is a remarkable fact that bees keep their hives as warm as the temperature of a living apartment. If any one chooses to ascertain this fact, let him place the hand over the chaff cushion or board that is usually laid over the

or that is usually laid over the frames.

One of the most important items in preparing bees for winter is that they have a large surplus of honey and that it is disturbed as little as possible. Bee-keepers are fond of putting their colonies on short commons and feeding in the spring. Sometimes this may work well, but as a rule the bees know quite as well what they want as the bee-keeper possibly can. It is by some thought wise to disturb the colonies very little after they have finished the gathering of the honey in the autums. It the hive is large, two frames may be taken out, one on each side, and the cushions be put in. If the hive is small it is much better to side, and the cushions be put in. It the hive is small it is much better to have an outside box with a padding of chaff and cover the hive entirely with this, except the space for the door-

way. There are double hives and patent There are double hives and patent hives of various sorts, but if an abundance of honey is left and a little protection is afforded, the colony is quite likely to come out in very good shape in spring, whatever the style of the hive may be.

It is often asked whether bee-keeping in this climate is profitable. In

ing in this climate is profitable. In answer to this it may be said that there are too many uncertainties about the weather to make it at all worth while to go into honey-making as a business. As a supplemental occupa-tion it is a very good thing, but it is scarcely wise to invest money in it to the neglect of other things. As one among many, it is quite remunerative and a very pleasing and interesting pursuit in addition.—New York Led-

PARM AND GARDEN NOTES. Be sure your hens have a tight roof

Injudicious feeding is the ruin of

There is a saving of ten per cent. in favor of cut rations. Blankets are as necessary for the horses as overcoats for the men.

It is neither economical nor necessary to feed the horse all the hay he

can get. As a general rule it is the most prof-itable to use mature sires and dams

in breeding.

Tests made at the Michigan Experimental Station were against flat-bot-tom foundation.

If from any cause surplus honey becomes unfit for table use it should be fed back to the bees.

Bees should be prepared for winter as soon as the honey flow ceases, whether late or early.

The future value and usefulness of the horse depends largely upon the first winter of the colt.

A bee-keeper, of Colorado Springs, thinks alfalfa leaves are a better pack-ing for winter than either chaff or

other leaves Horses that are used for driving on the road do best when fed chiefly on oats, with sufficient hay to make a

proper ration. Help the poor ragged hens to get on their winter suits by the addition of a little oil meal or fresh meat to their daily ration.

Keep the sheep out of the rain. A

A Viennese apiculturist has dicovered a hive in which there are two queen bees, who live most affection-ately together and rule their subjects jointly.

If covers, frames, etc., are moved after it is too late for the bees to ob-tain propolis outside or to work it in-side, many crevices will be left open, through which cold and wind will en-

If about to start in the poultry business there are so many breeds to choose from, you better, if you have no choice in the matter, get a breed suitable to your place, surroundings and facilities for keeping and selling.

In planting trees, whether it be spring or fall, mulch them. In winter it keeps frost out of the ground, and in summer the roots are cool and moist underneath it, and both of these things are great aids to the trees in recovering from a transplanting. covering from a transplanting.

Top-dressing pays the best on land well set with healthy, desirable grass plants. An old, wornout mowing, in which wild or inferior grasses pre-dominate, offers little inducement to

HOUSEHOLD AFFAIRS.

WATERPROOF CELLARS

A cellar can be so constructed as to be waterproof, if the bottom of the floor is first covered with cement, the walls built thereon laid in cement and the exterior of the walls covered with

the exterior of the walls covered with cement.

This makes practically a water-tight basin. The cement used must be the best Portland cement, one part; clean slarp sand, one part. After a cellar is built it is not so easy to make it waterproof. Still it can be done. Cover the exterior of the wall with the above cement, ditto the bottom, and work the cement in under the bottom of the wall, says the National Builder. If these directions are followed you will succeed. But if cheap materials are used and the work badly done you will be sure to fail. A drain put around the outside of the wall, or even inside, below the cellar floor, may be efficient in carrying off the water if you can give it a good delivery.

For sponge cake and pound cake have heat that will in five minutes turn a piece of white paper yellow. For all other kinds of cut cake use

an oven that will in five minutes turn a piece of white paper dark yel For bread and pastry have an over

For bread and pastry have an oven that will in five minutes turn a piece of white paper dark brown.

When the oven is too hot at first a crust forms on the bread or cake, which prevents it rising. It is better when baking bread and cake to have the oven a little slow at first and increase the heat gradually.

crease the heat gradually.

When baking puff paste the heat should be greatest first and decrease later. This is to keep the paste in

When the oven is too hot the temperature may be reduced by putting in it a pan of cold water. in it a pan of cold water.

When baking in an oven that is too hot at the top, fill with cold water a dripping pan which is about an inch deep and place it on the top grate of the oven. Should the oven be too hot on the bottom, put a grate on the bottom, put a grate under the article that is to be baked.

HOME OUT OF A HOUSEHOLD.

The living room is the one room in the house which, above all others, should be bright and cheerful. If any room must be neglected let it not be the living room. Have here refined pictures, plenty of books and current literature. This is the place for the piano, the most comfortable chairs and cosey corners. Within the precincts of such a room one may shut out the world and forget that there are any troubles to bear.

The character of a room depends upon its wall decorations, its carpets,

upon its wall decorations, its carpets, its pictures and its curtains. We should be careful to have these of the

should be careful to have these of the right kind, for all others are mere accessories. "We could not afford expensive things," said a newly married couple, "so we chose the comfortable ones;" and this idea, "comfort," is the secret of all room furnishing.

It is not elegant surroundings that make people happy and contented, "What can a queen have more than we?" asks an exchange. "If she is cold she can absorb no more heat than we. If she has millions to satisfy her appetite she can eat no more than her appetite she can eat no more than we. If she has millions of beautiful dresses she can wear but one at a time, we. It she has militions of beautiful dresses she can wear but one at a time, the same as ourselves. Her jewels are so costly that they are locked up in a vault for safe keeping; when she wears them upon State occasions she is constantly shadowed by a guard. We admire ours through the window of the silver smith's and are not burdened with the responsibility of their being stolen, nor annoyed by a detective. Air, water, and sunlight, the essentials of life, are as free to us as to the queen; and even her throne is not so comfortable as the old rocker in your sitting room. We should, therefore, not despair if we cannot afford costly things in our homes. We can make our living rooms bright and comfortable, and that goes a long way toward happiness.—Boston Budget.

RECIPES. German Rice Pudding-Mix boiled rice with a well-beaten egg and a little milk. Pour the mixture into a pan until it is about one inch thick, and bake till a delicate brown. Powder with sugar and serve with cream or vanilla sauce

Vanilia sauce.

Cheese Potatoes—Boil potatoes in salt water, rub them till soft, add three tablespoonfuls of grated cheese, a little milk and a little butter. Put them into a pudding dish, scatter bread crumbs over the top, and bake

Scalloped Fish—Flake the cold fish. Put a pint of milk in a double boiler, add a tablespoonful of cornstarch mixed smooth in a very little cold milk, and a tablespoonful of minced onion. Let it boil five minutes, then add a heaping tablespoonful of butter, a little minced parsley, salt, pepper, Worcester sauce and the flaked fish. Let this boil a few minutes, then stir in the yolk of an egg. Pour this into a dish, cover with bread crumbs and bits of butter, and bake twenty minutes.

utes.

Lamb Chops Saute—Put a piece of butter into a frying pan, and when hot lay in the chops, rather highly seasoned with pepper and salt. Fry them until thoroughly doue, but not too brown. Should gravy be required, pour off the greater part of the fat, and then stir in half a tablespoonful of flour; stir until the flour browns, then add a gill of broth or water, an ounce of fresh butter and the juice of half a lemon. Stir until the sauce becomes rather thick, pour over the chops and serve. chops and serve.

Nasturtium Solpie, an eccentric citizen of North New York, who goes about with a horse and open buggy, but never gets inside the vehicle, either riding on the horse or leading it, has secured from a dealer in curios a huge Chinese vase of light blue porcelain. This now occupies the front seat of the buggy, and out of it comes a pole, on top of which is chained a large pink and white cockatoo. Mr. Solpie, under the circumstances, now attracts more notice than ever on his daily shopping tours.—Detroit Free Press.

NEWS NOTES

Mrs. Lee Monroe is a Kansas law

A Chicago woman runs a hotel ele No Italian girl can marry without a

lowry.

In Finland women vote for all elec-

Mexican girls seem to be becoming Americanized.

The ladies of the Astor family own \$3,000,000 in jewels. A novelty in decorative embroidery

s known as empire work. A locomotive engineer of the Cairo (Ill.) Short Line is a woman.

Mrs. Nellie Grant Sartoris will make Washington her permanent home. Mrs. Schuyler Van Rensselaer, of New York, has paid \$2000 for a fan. Nearly half of the 950 students now

enrolled at the Chicago University are It is said that Maine women are nereasing in height. Six-footers are not unusual among them.

A Miss Wrede has been Finland's 'prison angel" for twelve years, and is known in every jail in that chilly

"Should Irascible Old Gentlemen be Taught to Knit?" is the title of a cecent magazine article by Sarah Brand,

Note paper, envelopes and cards, with all sorts of designs in relief, are highly fashionable just now in Ger-

Mrs. Oliphant, the novelist, has lost her last surviving son. He held the position of sub-librarian at Windsor Castle, England.

A fond Michigan mother who gave her boy poison because she was afraid he was going to the bad, has been put on trial for murder.

on trial for murder.

Two queens of Swazilands, Africa, are on their way to London to urge Queen Victoria to assume a protectorate over their country. The town of Girard, Kan., has

three ladies on its Board of Educa-tion, and one of them, Mrs. Alice Haldeman, is President. Mrs. J. E. B. Stuart, the widow of the Confederate General, is the principal of the Episcopal Diocesan School for girls at Staunton, Va.

Coffee is to be more fashionable than tea this season, and as a result nervousness and neuralgia will in-crease among the woman.

New Orleans has a first-class orches tra composed entirely of women, and their services are in great demand for entertainments and parties.

The Queen Regent of the Nether-lands has consented to become the patroness of the forthcoming inter-national exhibition of hotel-keeping The women's clubs of New York State are to form a State federation. Clubs of a kind are to be organized, and each group will send delegates to the State Congress.

the State Congress.

The Dowager Duchess of Newcastle has taken up her abode in a house near Tower Hill, so as to facilitate her charitable work among the poor in the east end of London.

A Bavarian woman left \$12,000 to help the cause of universal peace. Half goes to the German Peace Society in Berlin and half to the International Peace Bureau in Berne. A woman has been appointed keeper of the Leasowe Lighthouse, near Liverpool, England, with a salary of

\$375 a year, a house and garden and an annual allowance of twelve tons of coal. Arrangements are making to have Arrangements are making to have each State in the Union represented by eight representative women at the great Atlanta (Ga.) Exposition, the appointments to be made by the several Governors.

A woman who had lost her way on the street in London recently paid six cents and had herself conducted by special messenger from the post-office to her home, where a receipt for

her was duly obtained. Miss Mary Sargent Hopkins, of Boston, whose interest in the develop-ment of outdoor exercise for women has given her prominence, specially favors the bicycle as an inducement to women to keep in the open air.

The magnificent trousseau prepared in Paris for the Princess Alix is at the expense of the Czar. Russian eti-quette requires that a Princess enter-ing the court by marriage shall bring nothing but the clothes she wears by way of wardrobe.

Mme. Henri Schneider, wife of the proprietor of the great Crousot Iron Works, wears a magnificent diamond, one of the crown jewels of France, which was sold at public auction for \$100,000. She lost it the other day and it was picked up by a street sweeper.

Rosa Bonheur's paintings are scat tered all over the world, and not many galleries have more than one or two specimens. It was therefore noted as a curiosity that at a recent art expo-sition at Frankfort-on-the-Main there were no fewer than nineteen of her paintings.

A curious reason has been given for the foundation of a female school of medicine in St. Petersburg. It is in order that women who desire the training shall not be compelled to go to France or Switzerland, where they are likely to become imbued with nihilistic principles.

Miss Jussia Mack, of Colorado has

minilistic principles.

Miss Jessie Mack, of Colorado, has purchased a membership ticket in the University of Michigan Athletic Association, and announces her intention of going into active training in the Waterman gymnasium. She is the first "co-ed" in the history of the institution to take such action.

There have been a number of serious accidents to women bicyclists lately. Mrs. Clement C. Moore, a fashionable New York women, has been seriously hurt and will be able to ride no more this season. Indeed, it is doubtful if she will ever ride again. The fright from falling has had the usual effect, and her past courage is now overcome by timidity.

Highest of all in Leavening Power. Latest U.S. Gov't Report

## al Baking Powder ABSOLUTELY PURE

The Algerian Desert.

The Algerian Desert.

We were jogging along gently through the sand of the Sahara, bound for the black tents of El Hadj Ahmed Abd el Kader ben el Hadj Ahmed Abd el Kader ben el Hadj Mohammed. This is a long name; but then we were a long time getting there, and my memory needed exercise. Far away behind us stretched the ragged ridge of the Atlas; ahead of us nothing but a gray blanket of sand waving away into an infinity of shiny mist. I had seen the same sort of thing in Colorado. Remington said it was Arizona all over again. People grow silent and sensitive when they live on the great plains, and no wonder. To the desert-dweller every star gains in significance, every object that lifts its head above the horizon. The cloud that souds; the bird; the track of an animal; the shape of a tent; the load of a came; the track of a man; a bunch of grass; a sign of water—whatever arrests his eye on a day's march speaks to him of nature ministering to a variety of his needs. He must have shelter from storms; he must avoid dangerous gullies; must watch for signs of wild beasts; must anticipate tite ambush of an enemy—and with it all use heaven as his guide, with its sun by day and stars by night. The traveler of the desert plains is never without occupation; his eyes are sweeping the horizon without interruption, and he picks his way by the help of a judgment constantly exercised—for the Arab knows no roads which are not unmade by one puff of sand.

It was little that we saw in the

unmade by one puff of sand.

It was little that we saw in the It was little that we saw in the shape of humanity—a camel train now and then bearing dates and wool from the interior, the camels swinging along with irritating regularity, feeding as they moved, and treading gently, as though on rotten ground. The drivers eyed us malevolently, and I telt comfort in reflecting that France supported 50,000 soldiers in Algeria for the express purpose of making our journey safe. The caravans were escorted by Arab horsemen in white burnooses, perched high upon tough and springy mustangs. Each horseman had his gun balancing across his saddle-bow, and looked at us as though repeating imprecations from the repeating imprecations from the Koran.—Harper's Magazine.

When Clydesdales are used a depth is reached in plowing that is not pos-sible to lighter stock; and no doubt much of the great excellence of Scotch and English plowing is due to the strength and steadiness as well as intelligence of the horses.



KNOWLEDGE

Brings comfort and improvement and tends to personal enjoyment when rightly used. The many, who live better than others and enjoy life more, with less expenditure, by more promptly adapting the world's best products to the needs of physical being, will attest the value to health of the pure liquid laxative principles embraced in the remedy, Syrup of Figs.

Its excellence is due to its presenting in the form most acceptable and pleasant to the taste, the refreshing and truly beneficial properties of a perfect laxative; effectually cleansing the system, dispelling colds, headaches and fevers and permanently curing constipation. It has given satisfaction to millions and met with the approval of the medical profession, because it acts on the Kidneys, Liver and Bowels without weakening them and it is perfectly free from every objectionable substance.

Syrup of Figs is for sale by all druggists in 50c and \$1 bottles, but it is manufactured by the California Fig Syrup Co. only, whose name is printed on every package, also the name, Syrup of Figs, and being well informed, you will not accept any substitute if offered.

"A Second Niagara."

Frank E. Snyder calls the great dam over the Colorado River at Austin, Texas, "a second Niagara." It is 1860 feet long and sixty-eight feet high, raising the stream sixty feet above low-water mark. Not only will it furnish the city with electric light and power for the pumps of the waterworks, but there will be a large surplus of power for mills and factories. The lake formed by the dam is twenty-five miles long and covers an area of 2000 acres.—New York World.

Light narrow gauge railroads are again being tried in England and France.

PROGRESS.

PROGRESS.

People who get the greatest degree of comfort and real enjoyment out of life, are those who make the most out of the opportunities. Quick perception and good judgment, lead such promptly to adopt and make use of those refined and improved products of modern inventive genius which best serve the needs of their physical being. Accordingly, the most intelligent and progressive people are found to employ the most refined and perfect haxative to regritulate and tone up the stomach, liver, and bowels, when in need of the prest, most refined and concentrated vegetable extracts, and from forty-two to forty-four are contained in each vial, which is sold at the same price as the cheaper made and more ordinary pills found in the market. In curative virtues, there is no comparison to be made between them and the ordinary pills, as any one may easily learn by sending for a free sample, (four to seven doses) of the Pellets, which will be sent on receipt of name and address on a postal card.

ONCE USED THEY ARE ALWAYS IN PAVOR.

The Pellets cure billousness, sick and billous headache, dizziness, costiveness, or

ONCE USED THEY ARE ALWAYS IN FAVOR.

The Pellets cure biliousness, sick and bilious headache, dizziness, costiveness, or constipation, sour stomach, loss of appetite, coated tongue, indigestion, or dyspepsia, windy belchings, "heart-burn," pain and distress after eating, and kindred derangements of the liver, stomach and bowels. Put up in glass vials, therefore always fresh and reliable. One little "Pellet" is a laxative, two are mildly cathartic, As a "dinner pill," to promote digestion, take one each day after dinner. To relieve distress from over-eating, they are unequaled. They are thry, sugar-coated granules; any child will readily take them. Accept no substitute that may be recommended to be "just as good." It may be letter for the dealer, because of paying him a better profit, but he is not the one who needs help. Address for free sample, WORLD'S DISPENSARY MEDICAL ASSOCIATION, 663 Main Street, Buffalo, N. Y.

THE SALES LADY.



Often in the morning There comes a feeling Of weariness, indescribable; Not exactly iil,

One · Ripans · Tabule Taken at night, Before retiring, Or just after dinner, Has been known To drive away that Weariness—for months.

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