

Nearly 1000 children are born yearly in London workhouses.



Mr. Geo. W. Twiss, Coloma, Wis.

All Run Down

A Puzzling Case—How Health Was Restored

Gained From 135 to 176 Pounds. A few years ago my health failed, and I consulted several physicians. Not one could clearly diagnose my case and their medicine failed to give relief.

HOOD'S Sarsaparilla CURES

135 pounds, now I balance the scales at 176 pounds. Hood's Sarsaparilla has been a great benefit to me, and I have recommended it to friends, who realize good results by its use.

Hood's Pills cure liver ills, sick headache, jaundice, indigestion. Try a box, 25 cents.

N. Y. N. O.—20

Advertisement for KARL'S GLOVER ROOT PILLS, featuring an illustration of a woman and text describing its benefits for various ailments.

An agreeable Laxative and Nerve Tonic. Sold by Druggists or sent by mail, 25c., 50c., and \$1.00 per package. Samples free.

KO NO The Favorite TOOTH POWDER for the Teeth and Breath, 25c.

"German Syrup"

I am a farmer at Edom, Texas. I have used German Syrup for six years successfully for Sore Throat, Coughs, Colds, Hoarseness, Pains in Chest and Lungs and Spitting-up of Blood.

Dr. Kilmer's SWAMP-ROOT



Dr. H. H. Kilmer, Elmville, Pa.

CURED WHEN ALL ELSE FAILED! La Grippe Baffled!

The After Effects Cured

READ WHAT MR. BILGER SAYS:—I had had an attack of Grippe; caught cold and it lodged in my kidneys and I felt such pain and misery in my back and legs.

Guarantee—See contents of One Bottle. If you are not benefited, Druggist will refund you the price paid.

Dr. Kilmer & Co., Birmingham, N. Y. At Druggists, 50c. or \$1.00 Size.

Dr. Kilmer's Parilla Liver Pills ARE THE BEST! 42 Pills, 25 cents.

Getting Thin

is often equivalent to getting ill. If loss of flesh can be arrested and disease baffled the "weak spots" in the system are eradicated.

Scott's Emulsion

is an absolute corrective of "weak spots." It is a builder of worn out failing tissue—nature's food that stops waste and creates healthy flesh.

FARM AND GARDEN

COURSE HAIRED HOGS.

Western farmers generally want hogs that have considerably coarse hair. This indicates that they are hardy, not merely because the hair protects skin from cold and scalding sun, but also because the coarse haired hog has probably been inured to hardship from pigothod.

WHAT HENS SHOULD EAT.

Your hens under proper management should pay you \$1 per head profit per annum; this will mean something when keeping several hundred or even thousand fowls.

FERTILIZING ORCHARDS.

Professor I. P. Roberts sent to the Western New York Horticultural Society an interesting paper on this subject, in which he said that the particular advantage of forest soils is the great amount of humus they contain.

FARM AND GARDEN NOTES.

Fowls like shade in summer. Set or "break up" the broody hen at once.

Kerosene is very effective for the cure of scaly legs.

Assafetida in the drinking water is said to be good for gapes in chickens.

Poorly stocked farms are neither attractive nor are they made most profitable.

The horse that has steady work each day is the best able to stand hard work.

See that the fowls have fresh water and pure air, but not damp quarters or drafts.

Do what is necessary to be done in good season; there is often much loss in delay.

The knowledge of how to sell farm products will come largely from experience.

On plowed land there is very little loss of manure applied in winter by leaching.

A complete failure rarely falls to the lot of a really good farmer with any one crop.

When it is considered necessary to make a radical change of feed do it gradually.

Rice boiled till soft and mixed with dry oatmeal is good to vary the chickens' food with.

Dairy stock cannot be improved if a careless mixing of all breeds is permitted to go on.

If the coops for little chicks are on the barn floor give them some fresh earth for a carpet.

A very little food when it is needed will often make the difference between profit and loss in dairying.

Pekins are not fanciful as to food, take willingly what is given them and the ducklings fatten quickly.

Good pasturage is necessary in dairying. A cow must be able to fill her stomach without working all day for it.

Whitewash the coops before using them; it gives an air of neatness and air of healthfulness—air full of health.

If you have to confine your fowls so that they have but a small run be sure you keep it well spaded, that is, spade it often.

It is claimed that with plenty of charcoal, the same amount of feed will produce a far greater amount of flesh and fat.

Summer dairying makes butter when it is cheapest, and allows the cows to go dry when the best prices can be realized.

For summer or autumn crops keep the manure on top as much as possible, to act as a mulch and help to retain moisture in the soil.

One advantage from clover in the roots, which penetrate and mellow the subsoil, and which make a rich manure soil when they decay.

Want of fresh water is numbered by some among the causes of feather eating; water should be replenished often and kept in the shade.

Little chicks want dry quarters to do their best. But that does not mean that they should never touch anything but a board or stone floor.

Many a farmer has made himself independent by supplying some trifling need of the market that the general producer has overlooked.

Peaches do not thrive in a wet soil and this is often a leading cause of failure to secure the best results. Good drainage is an important item.

A London journal commends American breeders for sticking more closely to the original Italian type of Leghorns than the English have done.

Farmers cannot afford to cultivate wheat for an average crop. Then why not fit your land to grow an exceptional crop? That will pay, and it can be done.

Manure may be wasted by attempting to make it do service in a larger space than it will profitably cover, as well as entailing more labor than the crop can compensate for.

To rightly fulfil the function of stock breeding the animals must be so mated as to produce the best possible results, generating on generation; in an ever ascending proportion.

A week is long enough for the henhouse to go without having the droppings removed. Sprinkle sand, dry earth or coal ashes under the perches after removing the droppings.

Don't keep too many kinds of poultry, especially if you are just starting in the business; nor is it necessary to build fancy houses except for the pleasure of it.

Archduke Francis Ferdinand of Austria on his tour through India noticed that the Rajah Patiala, when he was present, wore a turban with a double row of diamonds and innumerable pearls and other gems, and learned that the Rajah had bought them from the Empress Eugenie for \$850,000.

HOUSEHOLD AFFAIRS.

YEAST MADE WITHOUT YEAST.

Boil half a pint of hops for half an hour in four quarts of water, then allow to cool. When lukewarm add one teaspoonful of salt and half a cup of brown sugar.

TO MAKE GOOD COFFEE.

Remember in making coffee says somebody in Good Housekeeping: That the same flavor will not suit every taste.

That every one can be suited to a nicely by properly blending two or more kinds.

That equal parts of Mocha, Java and Rio will be relished by a good many people.

That a mild coffee can be made dangerously strong, and still retain the mildness of flavor.

That the enjoyment of a beverage and slavish devotion thereto are quite different things.

That the flavor is improved if the liquid is turned from the dregs as soon as the proper strength has been obtained.

That where the percolation method is used, the coffee should be ground very fine, or the strength will not be extracted.

That if the ground coffee is put into the water and boiled, it should be rather coarse, otherwise it will invariably be muddy.

That a good coffee will always command a fair price; but that all high-priced coffees are not necessarily of high quality.

That in serving, the cups and cream should be warm; the cream should be put in the cup before the coffee is poured in, but it is immaterial when the sugar is added.

That a level tablespoonful of the ground coffee to each cup is the standard allowance, from which deviation can be made in either direction according to the strength desired.

VEAL.

Veal is one of the most delicious articles of food now offered in our market, and may be prepared in a variety of ways, writes Mrs. E. R. Parker in the Courier Journal.

Veal cutlets and chops are the choice parts for broiling or frying. The loin and breast are preferred for roasting, while the neck, shoulder and other inferior parts make excellent stews and side dishes.

Veal Cutlets Breaded—Have the cutlets very thin, cover them with boiling water, let stand two or three minutes, drain and wipe dry; dip first in beaten egg, then in grated bread crumbs; fry in boiling fat, dish and serve with melted butter and salt.

Veal Chops—Broil chops over a clear fire until brown on both sides, season with salt and pepper, pour over melted butter and serve with mushroom gravy.

Stewed Veal—Break a shank-bone of veal, wash and put in a kettle with two quarts of water, one small onion, a blade of mace, salt and pepper; set over a quick fire; pick and wash a tea-cup of rice and throw in with the veal; simmer slowly one hour; take up on a dish, pour over drawn butter and garnish with parsley.

Veal a la Bourgeoise—Take five pounds of lean veal, fat with strips of salt pork. Fry two slices of fat bacon, when crisp put in the veal and turn until brown. Sprinkle with pepper, salt, minced sweet breads, add a carrot, an onion, two potatoes, a bay leaf and a slice of lemon, all chopped fine, pour over a quart of stock and simmer for two hours. Then take up the veal, lay on a hot dish; strain the gravy, return to the pan, thicken with grated crackers and pour over the meat. Serve at once.

Fricandeau of Veal—Take a four pound fillet of veal and lard with strips of fat pork. Cut one carrot, one turnip, one onion and one stalk of celery, put them in a braising pan with a bay leaf, a bunch of parsley, a sprig of thyme and sweet marjoram each. Lay the fillet on top, and pour over a pint of stock, with half as much melted butter, cover and set in oven for two hours, baste occasionally. When done take up, strain the gravy, season with a teaspoonful each of mushroom, walnut and tomato catsup, and pour over the fricandeau.

Veal Leaf—Chop fine three pounds of lean veal and one pound of salt pork; role one dozen crackers, put half of them in with the meat, add three beaten eggs, a little pepper and salt; mix all together and work in a loaf, roll in the remainder of the crackers, put in a pan and bake one hour. Let cool and slice thin.

Veal Scalops—Chop scraps and pieces of veal fine, put a layer in the bottom of a buttered baking dish, with pepper and salt. Cover with a layer of powdered crackers and bits of butter. Then add another layer of meat and crackers. Beat two eggs in a cup of cream, pour on top, and set in the oven, let bake two hours.

Browned Veal Chops—Trim the chops, lay in a pan, cover with boiling water and stand on the stove five minutes; drain and wipe dry, dip in beaten egg, lay in a shallow pan, dust with powdered crackers, and set in the stove to brown, serve with tomato sauce.

Stuffed Loin of Veal—Take the large bones from a loin of veal, fill the cavities with a force meat made of chopped salt pork, stale bread-crumbs, onion, beaten eggs, a tablespoonful of butter, with salt and pepper; cover the roast with greased paper; put in a baking-pan, pour half a pint of stock in with a tea-cup of melted butter; set in the oven and cook slowly for one hour; remove the paper, dredge with flour, baste and let brown; stir a tablespoonful of chopped mushrooms into the gravy, pour over the loin and serve with green peas.

The East India coolie is a fatalist; thinks as little of killing himself as the Chinaman or Japanese. In point of fact he entertains a marked preference for self-destruction as a means of showing pique at a real or fancied injury. In the city of Bombay this tendency has long been a source of considerable inconvenience and danger, as the favorite method of the Eastern suicide is to jump into a well, and it is stated that there is scarcely a well in the city that has not, at some time, been used for that purpose.

An ingenious native East Indian has met this difficulty by inventing a simple and durable appliance, which has the merit of not only preventing suicide, but also accidental drowning in wells. So excellently is this device adapted for this purpose that it has obtained the approval of the Royal Humane Society of Great Britain. It consists of a hoop of wood or metal, over which is stretched a net of light tarred rope with four-inch meshes. Metallic drums support this net just far enough under the water of the well to enable the buckets to sink and dip, but there is not enough water above the net to drown a person.—New York Telegram.

Astoria (Oregon) fishermen demand five cents a pound from salmon canneries.

Of importance to All Who Do Business. Send a check or a postal or express money order for \$3.75 To The Trade Co., 290 Devonshire St., Boston, and you will receive by prepaid express a copy of a handsomely printed and securely bound book telling you how to increase business; how to decorate your store windows; how to advertise in newspapers; about circulars, cards and posters; the cost and use of engraving of every class; the expense of lithographs and their value; how to produce effective billboards, cards and other commercial printing, with information on the management of employees and everything pertaining to business publicity—the only work of its class in the world; indispensable to every business man whether he be an advertiser or not. Written by Nath'l C. Fowler, Jr., the expert at business and advertising. 518 large pages, handsomely illustrated. You take no risk; if after receiving the book you don't want it you can return it and get your money back.

When Traveling. Whether on pleasure bent, or business, take on every trip a bottle of Syrup of Figs, as it acts most pleasantly and effectively on the kidneys, liver and bowels, preventing fevers, headaches and other forms of sickness. For sale in 20 cents and \$1 bottles by all leading druggists.

M. L. Thompson & Co., Druggists, Canton, Mass., say Hall's Catarrh Cure is the best and only safe cure for catarrh they ever sold. Druggists sell it, 75c.

Wanted.—3000 Pale People to buy 50c. Bottles of Forebrain Blood Purifier of all dealers for 25c. Gives you Strength and Vigor with the Freshness of Youth.

Beecham's Pills cure indigestion and constipation. Beecham's no others. 25c. a box. If afflicted with sore eyes use Dr. Isaac Thompson's Eye-water. Druggists sell at 25c per bottle.

JUST A LITTLE

pain neglected, may become RHEUMATISM, NEURALGIA, SCIATICA, LUMBAGO.

Just a little SPRAIN may make a cripple.

Just a little BRUISE may make serious inflammation.

Just a little BURN may make an ugly scar.

Just a little COST will get a bottle of ST. JACOBS OIL, A PROMPT AND PERMANENT CURE Years of Comfort against Years of Pain for

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A copy of the "Official Portfolio of the World's Columbian Exposition," descriptive of Buildings and grounds, beautifully illustrated in water color effects, will be sent to any address upon receipt of 10c. in postage stamps by THE CHARLES A. VOEGELER CO., BALTIMORE, MD.

THE BEST

Is the best Blood Medicine, because it assists nature to throw off the impurities of the blood, and at the same time tones up the entire organism. This is just contrary to the effect of the various poisons, such as malaria, which bottle up the impurities in the system, thus producing such sickness and suffering. Therefore, for a BLOOD MEDICINE

you cannot do better than take S. S. S. As a physician, I have prescribed and used S. S. S. in my practice as a tonic, and for blood troubles, and have been very successful. I have used it successfully with general satisfaction to myself and patients.

W. L. R. RICHY, D. D., Mackey, Ind. Treatise on blood and skin diseases mailed free. SWIFE SPECIFIC CO., Atlanta, Ga.

The Forty-Acre Farmer.

"My father used to tell me about the richest man he ever knew," said a steady young fellow a few days ago, says the Detroit Free Press. "That man had a forty-acre farm. He had a few hundred dollars in the bank and was always adding to it, for his expenses were far below the profits of his little place. That man had no sickness in his family. He was happy. He had everything that he wanted and was independent. So he was the richest man my father ever knew. I cannot say that I agree with my respected ancestor," continued the young man, "for that man never knew of the modern luxuries of life, those thousand and one little improvements and conveniences that go to make ease for man, the gradual working out of the theory of the eventual complete mastery of mind over matter.

"You are looking," said the older man, "to that time when the mind will sit in an inert body and do nothing but command. True it is that the tendency is in that direction; but it is a matter of grave question whether the good of the human race calls for the fulfillment of the plan. The mind of man is the master, but the man who looks forward to the hour when he can sit and by the pressing of a button have the world at his feet is not the man who will bring these things about. We yearn for improvements that will make life easier; yet with the time-saving methods of to-day the race is busier and less resting than ever. I agree with the old gentleman who thought the forty-acre farmer with happy surroundings the richest man he ever knew."

Life Preservers for Wells. The East India coolie is a fatalist; thinks as little of killing himself as the Chinaman or Japanese. In point of fact he entertains a marked preference for self-destruction as a means of showing pique at a real or fancied injury. In the city of Bombay this tendency has long been a source of considerable inconvenience and danger, as the favorite method of the Eastern suicide is to jump into a well, and it is stated that there is scarcely a well in the city that has not, at some time, been used for that purpose. An ingenious native East Indian has met this difficulty by inventing a simple and durable appliance, which has the merit of not only preventing suicide, but also accidental drowning in wells. So excellently is this device adapted for this purpose that it has obtained the approval of the Royal Humane Society of Great Britain. It consists of a hoop of wood or metal, over which is stretched a net of light tarred rope with four-inch meshes. Metallic drums support this net just far enough under the water of the well to enable the buckets to sink and dip, but there is not enough water above the net to drown a person.—New York Telegram.

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Lumber in the Northwest.

Some surprising figures have just been published about the great lumber industry of the Pacific Northwest. They illustrate how bountiful that expansive region has been timbered. In Washington and Oregon there are over one thousand lumber and wood working firms, representing a combined capital of nearly \$30,000,000 and employing 25,000 men. The value of the product is in the neighborhood of \$25,000,000 yearly. Ten millions of dollars are annually brought into these two States from foreign and domestic points in exchange for lumber, lath, shingles and other wood products.

In Washington the out of lumber for 1892 showed a large decrease over the preceding year by reason of the fact that the building boom beginning in 1890 began to subside during the latter part of 1891. The cargo trade, however, during 1892, and the coastwise movement, considerably increased, and the Eastern demand for rail shipments of lumber from Washington increased fully twenty per cent. According to indications, this year's record will

eclipse all others of the past in the commercial progress of the Pacific Northwest. The Puget Sound Lumberman estimates that the standing timber in the State of Washington amounts in round numbers to 413,000,000,000 feet. In order to grasp the magnitude of these figures let the reader, in his mind's eye, imagine a solid train, 15,000 feet of lumber to the car, stretching 154,000 miles; or six times around the earth, and then enough cars left to make a train stretching from Tacoma across the continent to the middle of the Atlantic. Or, taking fifty cars for a train, it would take 542,000 trains to transport the standing timber of Washington.

It is said that for the pieces of armor in the Spitzer collection—the most wonderful armor in the world—Herr Spitzer had frequently refused \$1,250,000.

The highest inhabited place in the world is the Custom House of Ancuamarca, in Peru, 16,000 feet above the sea.

Housekeepers

Should Remember.

The Government Chemists, after having analyzed all the principal brands of baking powder in the market, in their reports placed the "Royal" at the head of the list for strength, purity and wholesomeness; and thousands of tests all over the country have further demonstrated the fact that its qualities are, in every respect, unrivaled.

Avoid all baking powders sold with a gift or prize, or at a lower price than the Royal, as they invariably contain alum, lime or sulphuric acid, and render the food unwholesome.

Thoughtless Folks Have the Hardest Work, But Quick Witted People Use

SAPOLIO

RADWAY'S PILLS,

RISEING SUN STOVE POLISH

Purely vegetable, mild and reliable. Cause perfect digestion, complete absorption and healthful reg. For the cure of all disorders of the Stomach, Liver, Bowels, Kidneys, Bladder, Nervous System.

LOSS OF APPETITE, SICK HEADACHE, INDIGESTION, DIZZY FEELINGS, BILIOUSNESS, TORPID LIVER, DYSPEPSIA.

Perfect digestion will be accomplished by taking Radway's Pills. By their ANTI-BILIOUS properties they stimulate the liver in the secretion of its bile and its discharge through the biliary ducts. These pills in doses of two to four will quickly regulate the action of the liver and free the patient from these disorders. One or two of Radway's Pills taken daily by those subject to bilious pains and acidity of the liver, will keep the system regular and secure healthy digestion. Price, per box. Sold by all druggists.

W. L. DOUGLAS SHOES are made in all the Latest Styles.

If you want a fine DRESS SHOE don't pay \$6 to \$8, try my \$3.50, \$4 or \$5 shoe. They will fit equal to custom made and look and wear as well. If you wish to economize in your footwear, you can do so by purchasing W. L. Douglas Shoes. My name and price is stamped on the bottom, look for them when you buy. Take no substitute. I send shoes by mail upon receipt of price, postage free, when Shoe Dealers cannot supply you. W. L. DOUGLAS, Brockton, Mass. Sold by

W. L. DOUGLAS SHOES are made in all the Latest Styles.

THE KIND THAT CURES

TORTURING "Headache for 10 Years!"

Dana's Sarsaparilla "I WAS CURED!"

MR. BALL WAS THE FIRST MAN TO PURCHASE DANA'S Sarsaparilla. LISTEN AS HE TELLS YOU THE RESULT.

DANA'S Sarsaparilla Co. GENTLEMEN: I have been a sufferer from Headache the last ten years. Last fall I saw one of our local papers an advertisement of your medicine, and testimonials of its wonderful cures. I decided to try one bottle. The first bottle greatly relieved me, and by the time I had taken five more bottles I WAS CURED. I can recommend

DANA'S Sarsaparilla as a safe and reliable medicine.

Waterford, N. Y. JEROME BALL, Pharmacist.

The truth of Mr. Ball's statement is certified to by C. H. COBURN, N. Y. Dana Sarsaparilla Co., Belfast, Maine.

Treated free. Sold by all druggists.

OPPIUM Morphine Habit Cured in 10 Days. Dr. J. S. B. RICHY, Labson, Ohio.

QUITTED CURED. Dr. J. S. B. RICHY, Labson, Ohio.

PISOS CURE FOR Consumption and people who have weak lungs or Asthma, should use Pisos' Cure for Consumption. It has cured 1000 cases. It is not bad to take. It is the best cure for Consumption. Sold everywhere, 25c.

25c. WILL SAVE \$25 IN DR. B. BILLS. 25c. Much suffering, perhaps life. It buys the best prescription for the cure of CHOLERA, DYSENTERY, BILIOUSNESS, KIDNEY DISEASE and PILES. Send 25c. for the cure. Jones Pharmacy, Rochester, N. Y.

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