



HOUSEHOLD TALKS

Henrietta D. Grauel

An Ideal Breakfast

Hawthorne in his Children's Tales says an ideal breakfast consists of:

Little Brook Trout
Roasted Potatoes
Hot Cakes
Coffee

Fresh Eggs Boiled
Syrup
Berries

Little brook trout are delicious for any meal and the season for taking them is about here, but it is a culinary sin to have perfect little fish badly cooked. Broiling produces a fish that shows fish at their best. Little fellows broil quickly and are full of flavor. If you have a bed of coals for the process use a wire broiler or toaster. Butter the fleshy side and place it over the fire until it is nicely browned. Turn the broiler over and brown the skin side. This seals both sides so the juices will not escape and you can now finish cooking more slowly. About twelve minutes will be sufficient time to cook little fish well done, as they should always be cooked.

If you have no broiler on your gas stove you can use an iron pan and tie

oven and get good results. Flatten the fish and season with salt and pepper. Put just enough butter in the pan to grease it and when it is very hot lay the fish in and slide it into the hot oven beneath the gas flame. Cook the fish side first, then turn it carefully and cook the skin side. In broiling with an oil stove you must use the baking oven and your own ingenuity to get the fish brown. It is not easy to do this without drying the fish too much, but it can be done. Spread the cooked fish with butter, sprinkle on a few drops of lemon and serve quickly, on a hot plate.

Larger fish are steamed in fish pans that cook them without breaking them. If you have no pan of this sort you can tie the fish in cheesecloth and cook it in any shaped steamer. Allow twenty minutes to each pound, and do not let the water boil hard; it should only simmer.

Good sized fish are also fine when stuffed and baked. Whitefish are best planked.

Good cooks are pleased when any cold fish remains from a meal, for it makes some of our daintiest dishes. Fish timbales, for instance, are made from any cold fish in this way: Shred the fish and to every cup of it add two tablespoons of melted butter, three-fourths of a cup of milk containing two tablespoons of flour, season with salt, pepper, lemon juice and chopped parsley. Beat three eggs, separating the yolks from the whites. Add the former to the above mixture and beat well, then fold in the stiff whites. Butter timbale molds and fill almost full of the mixture, set these in a pan of hot water and bake ten or fifteen minutes. Serve hot with tomato, or lobster sauce, or cold with mayonnaise.

Roe croquettes are well liked for breakfast for they are exceedingly delicate. Cut cooked shad roe in small pieces and add seasoning of salt, pepper, lemon and parsley and mix with croquette sauce. Shape into little rolls and dip in eggs and crumbs and fry in deep fat. The shad roe or any fish roe is cooked by dropping it into boiling salted water.

PARROT & CO.

HAROLD MACGRATH

Author of 'The Carpet from Bagdad', 'The Place of Honeymoons', etc.

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CONTINUED
"Elsa, child, what is it?" Martha cried, kneeling beside the bed. "Child, what has happened?"

Elsa sat up, seized Martha by the shoulders and stared into the faithful eyes. "Well, I love this man Warrington and he loves me. But he has gone. Can't you see? Don't you understand? Have you been as blind as I? He is Paul Ellison, Arthur's brother, his twin brother. And they obliterated him. It is Arthur who is the ghost, Martha, the phantom. Ah, I have caused you a good deal of worry, and I am going to cause you yet more. I am going to Saigon; up and down the world, east and west, until I find him. Shall I go alone, or will you go with me?"

Then Martha did what ever after endeared her to the heart of the stricken girl—she mothered her. "Elsa, my baby! Of course I shall go with you, always. For you could not love any man if he was not worthy."

Then followed the strangest quest, doubtless ever made by a woman. From Singapore to Saigon, up to Bangkok, down to Singapore again; to Batavia, over to Hongkong, Shanghai, Peking, Manila, Hongkong again, then Yokohama. Patient and hopeful, Elsa followed the bewildering trail. She left behind her many puzzled hotel managers and booking agents; for it was not usual for a beautiful young woman to go about the world, inquiring for a blond man with a parrot. Sometimes she was only a day late. Many cablegrams she sent, but upon her arrival in each port she found that these had not been called for. Over these heart-breaking disappointments she uttered no complaint. The world was big and wide; he it never so big and wide, Elsa knew that some day she would find him.

In the daytime there was the quest; but, ah! the nights, the interminable hours of inaction, the spaces of time in which she could only lie back and think. Up and down the coasts, across islands, over seas, the journey took her, until one day in July she found herself upon the pillared veranda of the house in which her mother had been born.

CHAPTER XIX.

The Two Brothers.

From port to port, sometimes not stepping off the boat at all, moody, restless and irritable, Warrington wended his way home. There was nothing surprising in the fact that he never inquired for mail. Who was there to write? Besides, he sought only the obscure hotels, where he was not likely to meet any of his erstwhile fellow passengers. The mockery and uselessness of his home-going became more and more apparent as the days slipped by. Often he longed to fly back to the jungles, to James, and leave matters as they were. Here and there, along the way, he had tried a bit of luxury; but the years of economy and frugality had robbed him of the ability to enjoy it. He was going home . . . to what? Surely there would be no welcome for him at his journey's end. He would return after



"I Am Going to My Room."

the manner of prodigals in general, not scriptural, to find that he was not wanted. Of his own free will he had gone out of their lives.

He fought grimly against the thought of Elsa; but he was not strong enough to vanquish the longings from his heart and mind. Always when alone she was in fancy with him, now smiling amusedly into his face, now peering down at the phosphorescence seething alongside, now standing with her chin uplifted, her eyes half shut, letting the strong winds strike her full in the face. Many a "good-night" he sent over the seas. An incident; that would be all.

His first day in New York left him with nothing more than a feeling of foreboding and oppression. The expected exhilaration of returning to the city of his birth did not materialize. So used to open spaces was he, to distances and the circle of horizons, that he knew he no longer belonged to the city with its Himalayan gorges and canyons, whose torrents were human beings and whose glaciers were the hearts of these. A great loneliness bore down on him. For months he had been drawing familiar pictures, and to find none of these was like com-

ing some to an empty noose. The very life was indeed gone; there were no threads to resume. A hotel stood where his club had been; the house in which he had spent his youth was no more. He wanted to leave the city; and the desire was with difficulty overcome.

Early the second morning he started downtown to the offices of the Andes Construction company. He was extraordinarily nervous. Cold sweat continually moistened his palms. Change, change, everywhere change; Trinity was like an old friend. When the taxi-cab driver threw off the power and indicated with a jerk of his head a granite shaft that soared up into the blue, Warrington asked: "What place is this?"

"The Andes building, sir. The construction company occupies the top floor."

"Very good," replied Warrington, paying and discharging the man.

From a reliquary of the Dutch, an affair of red brick, four stories high, this monolith had sprung. With a sigh Warrington entered the cavernous doorway and stepped into an "express elevator." When the car arrived at the twenty-second story, Warrington was alone. He paused before the door of the vice-president. He recalled the "old man," thin-lipped, blue-eyed, erup-



"A Man Like You Wasn't Made for Idleness."

tive. It was all very strange, this request to make the restitution in person. Well he would soon learn why.

He drew the certified check from his wallet and scrutinized it carefully. Twelve thousand, eight hundred dollars. He replaced it, opened the door and walked in. A boy met him at the railing and briskly inquired his business.

"I have an appointment with Mr. Elmore. Tell him that Mr. Ellison is here."

The boy returned promptly and signified that Mr. Elmore was at liberty. But it was not the "old man" who looked up from a busy man's desk. It was the son; so far, the one familiar face Warrington had seen since his arrival. There was no hand shaking; there was nothing in evidence on either side to invite it.

"Ah! Sit down, Paul. Let no one disturb me for an hour," the young vice-president advised the boy. "And close the door as you go out."

Warrington sat down; the bridge builder whirled his chair around and stared at his visitor, not insolently but with kindly curiosity.

"You're filled out," was all he said after fully satisfying his eyes, he added: "I dare say you expected to find father. He's been gone six years," indicating one of the two portraits over his desk.

It was not at the "old man" Warrington looked longest. "Who is the other?" he asked.

"What? You worked four years with this company and don't recollect that portrait?"

"Frankly, I never noticed it before." Warrington placed the certified check on the desk. "With interest," he said. The vice-president crackled it, ran his fingers over his smooth chin, folded the check and extended it toward the astonished wanderer.

"We don't want that, Paul. What we wanted was to get you back. There was no other way. Your brother made up the loss the day after you . . . went away. There was no scandal. Only a few of us in the office knew. Never got to the newspapers."

It was impossible for Warrington to digest this astounding information at once. His mind could only repeat the phrases: No scandal! only a few of us in the office knew, never got to the newspapers. For ten years he had hidden himself in wildernesses, avoided hotels, read no American newspapers, never called for mail. Oh, monumental fool!

"And I could have come home almost at once!" he said aloud, addressing the crumpled check in his hand rather than the man in the swivel chair.

"Yes, I have often wondered where you were, what you were doing. You and your brother were upper-classmen. I never knew Arthur very well; but you and I were chummy, after a fashion. Arthur was a little too bookish for my style. Didn't we use to call you Old Galahad? You were always walloping the bullies and taking the weaker chaps under your wing. To me, you were the last man in the

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VOLCANO SPUTTERS DAILY

Lassen Peak Now Erupts Every Morning at Daylight

Redding, Cal., March 22.—Lassen Peak again broke forth yesterday at dawn for the third successive morning. The outpouring came from a vent near the mountain's timber line in the Manzanita Lake region, 10 miles from the main crater.

At 3 o'clock the main crater began erupting. The volume of smoke from both vents was small, however, in comparison with the huge plume emitted Saturday, and was not so sulphurous, nor so heavily laden with ashes. The eruption yesterday was the eighty-third.

M **What** **O**

puts the 10c value in a smoke?

J **MOJA** **A**

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work for this business. Moreover, I never could understand, nor could father, how you got it, for you were not an office man. Women and cards, I suppose. Father said that you had the making of a great engineer. Pierce place, this old town," waving his hand toward the myriad sparkling roofs and towers and spires. "Have to be strong and hard-headed to survive it. Built anything since you've been away?"

"In Cashmir." To have thrown away a decade!

"Glad you kept your hand in. I dare say you've seen a lot of life." To the young man it was an extremely awkward interview.

"Yes, I've seen life," dully TO BE CONTINUED

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Cornwall and Lebanon Tonnage Increase
Lebanon, March 22.—The tonnage on the Cornwall and Lebanon railroad in the first two months of this year shows a ten per cent. increase in each month. This increase is in comparison with the same months of last year and are more encouraging when it is considered that in December, 1914, as compared with the same month in 1913, there was a 20 per cent. decrease in gross tonnage.

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Additional trains for Carlisle and Mechanicsburg at 9:45 a. m., 2:15, 3:27, 6:30, 9:30 p. m.
For Dillsburg at 5:03, 7:50 and 11:53 a. m., 2:18, 7:40, 8:32, 6:30 p. m.
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May be had at the business office of the Star-Independent for 10c or will be sent to any address in the United States, by mail, for 5 cents extra to cover cost of package and postage.

The Star-Independent Calendar for 1915 is another of the handsome series, featuring important local views, issued by this paper for many years. It is 11x14 inches in size and shows a picture, extraordinary for clearness and detail, of the "Old Capitol," built 1818 and destroyed by fire in 1897. It is in fine half-tone effect and will be appreciated for its historic value as well as for its beauty.

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