

HOUSEHOLD TALKS

Henrietta D. Grauel

The Bread Problem Again

"Home made bread" is a term to conjure with. It brings to mind breads of all sorts and arouses various emotions. We read in the Good Book of Sara making Abraham bread and it was good and probably the bread made today in many homes is not better, for there has been little improvement in this nearly perfected art for generations.

We have better flour now and better means for baking and we have the bread mixing machines that make the task of bread baking easy, so that with generations of experience to draw upon there is no reason why even the most inexperienced housekeeper should not make bread at home. And at this time there is every incentive for us to do our own baking. Home made bread is far less costly than the bakery article; it can be made more wholesome and it permits what is so often recommended, a variety of breads.

Good housekeepers never waste ends of loaves or stale bread of any kind. Indeed some of the most pleasing dishes are made from these so-called odds and ends.

If your family does not enjoy toasts fry the slices of bread in butter until they are delicately browned and on these savory squares serve poached or fried eggs or creamed meats or fish. Purees of vegetables or of greens also make capital toast combinations and eggs may be used here also.

Cod roe and shad roe are just coming into the market and these are best on nicely made well buttered toast. Do not let the bread get too hard before using it as too dry toast is not good. Very dry, stale bread may be browned until quite dry and then rolled, sifted and kept for breading, for thickening and for many similar uses.

QUESTIONS AND ANSWERS

Question.—"Is the bread mixer practical for a small family and are the same recipes used for bread made in the machine as though made in the regular way?"

Reply.—The bread mixer is absolutely satisfactory for any number to be baked for. Do not buy too small a machine, however, as you can make as few loaves in a large mixer as you may need but you cannot make more than three or four loaves in the small size. The same bread recipes are used as though baking with arm strength, instead of machine power.

Question.—"Please publish reliable recipe for making corn bread with yeast. I would like Harriet Beecher's."

Reply.—Has any reader this well remembered recipe by this pioneer of good cookery? If so, please send it to writer and we will publish it for benefit of all our readers.

Will Not Attend Launching

Lieutenant Governor McClain will not attend the launching of the big battleship Pennsylvania on March 16 at Newport News. He is president of the Society of the Friendly Sons of St. Patrick, composed of legislators, State officials and newspaper men, which will hold a banquet on that day at the Board of Trade, and he prefers to be present at the banquet.

What Is the Best Remedy For Constipation?
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George A. Gorgas

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HAROLD MACGRATH

Author of *The Carpet from Bagdad*, *The Place of Honeymoons*, etc.

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CONTINUED

Warrington was too strongly gazed by her beauty tonight to be mentally keen or to be observing as was his habit. He never spoke to his neighbor; he had eyes for none but Elsa, under whose spell he knew that he would remain while he lived. He was nothing to her; he readily understood. She was restless and lonely, and he amused her. So be it. He believed that there could not be an unhappier, more unfortunate man than himself. To have been betrayed by the one he had loved, second to but one, and to have this knowledge thrust upon him after all these years, was evil enough; but the nadir of his misfortunes had been reached by the appearance of this unreadable young woman.

"You are not listening to a word I am saying!"

"I beg your pardon! But I warned you that my Italian was rusty." He pulled himself together.

"But I have been rattling away in English!"

"And I have been wool-gathering."

"Not at all complimentary to me."

"It is because I am very unhappy; it is because Tantalus and I are brothers."

"I wish I could make you forget."

"On the contrary, the sight of you makes memory all the keener."

He had never spoken like that before. It rather subdued her, made her forget that she was surrendering to a vanity that was without aim or direction. Farthest from her thought was conquest of the man. She did not wish to hurt him. She was not a coquette.

After dinner he did not suggest the usual promenade. Instead, he excused himself and went below.

They arrived at Penang early Monday morning. Elsa decided that Warrington should take her and Martha on a personally conducted tour of the pretty town. As they left for shore he produced a small beautiful blue feather; he gave it to Elsa with the compliments of Rajah; and she stuck it in the pugree of her helmet.

"This is not from the dove of peace."

"Its arch-enemy, rather," he laughed. "I wish I had the ability to get as furious as that bird. It might do me a world of good."

"And how long is it since you were here?"

"Four years," he answered without enthusiasm. He would not have come ashore at all but for the fact that Elsa had ordered the expedition.

There was no inclination to explore the shops; so they hired a landau and

on the irrawaddy, Elsa recorded a disagreeable sensation. It proved to be transitory, but at the time it served to establish a stronger doubt in regard to her independence, so justifiable in her own eyes. It might be insidiously leading her too far away from the stepping-off place. The unspoken words in those hateful eyes! The man knew Warrington, knew him perhaps as a malefactor, and judged his associates accordingly. She thus readily saw the place she occupied in the man's estimation. She experienced a shiver of dread as she observed that he stepped on board the tender. She even heard him call back to his friend to expect him in from Singapore during the second week in March. But the dread went away, and pride and anger grew instead. All the way back to the ship she held her chin in the air, and from time to time her nostrils dilated. That look! If she had been nearer she was certain that she would have struck him across the face.

"There will be no one up in the bow," said Warrington. "Will you go up there with me?"

After a moment's hesitation, she nodded. A moment after she felt the old familiar throb under her feet, and the ship moved slowly out of the bay.

"Do you know that that man came aboard?"

"I know it." The wide half-circle of cocoanut palms grew denser and lower as they drew away. "This is the story. It's got to be told. I should have avoided it if it had been possible. He is the owner of the plantation. Oh, I rather expected something like this. It's my run of luck. I was just recovering from the fever. God knows how he found out, but he did. It was during the rains. He told me to get out that night. Didn't care whether I died on the road or not. I should have but for my boy James. The man sent along with us a poor discarded woman, of whom he had grown tired. She died when we reached town. I had hardly any money. He refused to pay me for the last two months, about fifty pounds. There was no redress for me. There was no possible way I could get back at him. Miss Chetwood, I took money that did not belong to me. It went over gaming tables. Craig, I ran away. Craig knows and this man Mallow knows. Can you not see the wisdom of giving me a wide berth?"

"Oh, I am sorry!" she cried.

"Thanks. But you see: I am an outcast. Tonight, not a soul on board will be in ignorance of who I am and what I have done. Trust Craig and Mallow for that. Thursday we shall be in Singapore. You must not speak to me again. Give them to understand that you have found me out, that I imposed on your kindness."

"That I will not do."

"Act as you please. There are empty chairs at the second-class table, among the natives. And now, good-by. The happiest hours in ten long years are due to you." He took off his helmet and stepped aside for her to pass. She held out her hand, but he shook his head. "Don't make it harder for me."

"Mr. Warrington, I am not a child!"

"To me you have been the angel of kindness; and the light in your face I shall always see. Please go now."

"Very well." A new and unaccountable pain filled her throat and forced her to carry her head high. "I can find my way back to the other deck."

CHAPTER XII.

The Game of Gossip.

During the concluding days of the voyage Elsa had her meals served on deck. She kept Martha with her continually, promenaded only early in the morning and at night while the other passengers were at dinner. This left a clear deck. She walked quickly, her arm in Martha's, literally propelling her along, never spoke unless spoken to, and then answered in monosyllables. Her thoughts flew to a thousand and one things, futilely and vainly, in the endeavor to shut out the portrait of the broken man. What was he doing, of what was he thinking, where would he go and what would he do? She hated night which, no longer offering sleep, provided nothing in lieu of it, and compelled her to remain in the stuffy cabin. She was afraid.

Early Wednesday morning she passed Craig and Mallow; but the two had wit enough to step aside for her and to speak only with their eyes. She filled Craig with unadulterated fear. Mallow dragged along the gambler whenever he found a chance to see Elsa at close range.

"There's a woman, Gad! that beach-comber has taste."

"I tell you to look out for her," Craig warned again. "I know what I'm talking about."

Mallow whistled. "Oho! You probably acted the fool. Drinking?"

Craig nodded affirmatively.

"Thought so. Even a Yokohama barmaid will fight shy of a boozier. I'm going to meet her when we get to Singapore, or my name's not Mallow."

Craig laughed with malice. "I hope you will. It will take some of the brag out of you. Say, let's go aft and hunt up the chap. I understand he's taken up quarters in the second cabin."

"Doesn't want to run into me. All right; come on. We'll stir him up a little and have some fun."

They found Warrington up in the stern, sitting on the deck, surrounded by squatting Lascars, some Chinamen and a solitary white man, the chief engineer's assistant. The center of interest was Rajah, who was performing his tricks. Among these was one that the bird rarely could be made to

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perform, the threading of beads. He

despised this act, as it entailed the putting of a blunt needle in his back. He flung it aside each time Warrington handed it to him. But ever his master patiently returned it. At length, recognizing that the affair might be prolonged indefinitely, Rajah put two beads on the thread and tossed it aside. The Lascars jabbered, the Chinamen ginned, and the chief engineer's assistant swore approvingly. The parrot shrielled and waddled back to his cage.

"Fine business for a whole man!" Warrington looked up to meet the cynical eyes of Mallow. He took out his cutty and fired it. Otherwise he did not move nor let his gaze swerve. Mallow, towering above him, could scarcely resist the temptation to stir his enemy with the toe of his boot. His hatred for Warrington was not wholly due to his brutal treatment of him. Mallow always took pleasure in dominating those under him by fear. Warrington had done his work well. He had always recognized Mallow as his employer, but in no other capacity; he had never offered to smoke a pipe with him, or to take a hand at cards or split a bottle. It had not been done offensively; but in this attitude Mallow had recognized his manager's disapproval of him, an inner consciousness of superiority in birth and education. He had with supreme satisfaction ordered him off the plantation that memorable night. Weak as the man had been in body, there had been no indication of weakness in spirit.

TO BE CONTINUED

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"What have you to say?" Magistrate Nolan asked when they were brought before him in Yorkville Court.

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Then His Boring Gaze Traveled Over Her.

rode about town, climbed up to the quaint temple in the hills, and made a tour of the botanical gardens.

"Isn't it delicious!" murmured Elsa, taking in deep breaths of the warm spice-laden air. Since her visit to the wonderful gardens at Kandy in Ceylon she had found a new interest in plants and trees.

She thoroughly enjoyed the few hours on land, even to the powwow Warrington had with the unscrupulous driver, who, at the journey's end, substituted one price for another, despite his original bargain.

As they waited for the tender that was to convey them back to the ship, Elsa observed a powerful middle-aged man, gray-haired, hawk-faced, steel-eyed, watching her companion intently. Then his boring gaze traveled over her, from her canvas shoes to her helmet. There was something so baldly appraising in the look that a flush of anger surged into her cheeks. The man turned and said something to his companion, who shrugged and smiled. Impatiently Elsa tugged at Warrington's sleeve.

"Who is that man over there by the railing?" she asked in a very low voice. "He looks as if he knew you."

"Knew me?" Warrington echoed. The moment he had been dreading had come. Someone who knew him! He turned his head slowly, and Elsa, who had not dropped her hand, could feel the muscles of his arm stiffen under the sleeve. He held the stranger's eye defiantly for a space. The latter laughed insolently if silently. It was more for Elsa's sake than for his own that Warrington allowed the other to stare him down. The flame passed, leaving him as cold as ashes. "I shall tell you who he is later; not here."

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