

Beauty and Health In Nature's Choicest Fruits

Dr. Harvey W. Wiley, apostle of pure food, some years ago said: "Eat oranges—eat them all the time—as many as you can get." Last spring Dr. Wiley made this statement: "I eat Florida oranges every day and that shows that I think they are best. I have frequently been quoted recommending Florida oranges and advising people that they could not find a healthier food."

In an article recently published, "How to Defer Old Age," written by Mme. Lina Cavalieri, the beautiful singer, there was contained the following: "If I could obtain only one sort of fruit, it should be oranges. Yet much as I believe in the youth-producing and beauty-making power of oranges, I seldom eat a whole one. I suck all the juice and eat but little pulp."

World-famous athletes use grapefruit freely in their strenuous training work. There could be no better testimony to the wonderful tonic qualities of the fruit. The juice cools the blood and has properties that improve digestion and aid the appetite. Physicians recommend ripe grapefruit to patients—medical journals devote large space to its health-giving qualities.

Grown in Florida's Golden Sunshine, Packed by White-Gloved Workers

The climate and soil of Florida combine to produce oranges and grapefruit of surpassing quality—juicy, sweet and altogether delicious. This quality is obtained only in tree-ripened fruit, immature, unripe oranges and grapefruit are of little merit.

The Florida Citrus Exchange, a co-operative, non-profit-making association, believes that whatever is good for the consumer of oranges and grapefruit is equally desirable for the growers. Its name and trade-mark—in red on boxes and wrappers—is this:

FLORIDA CITRUS EXCHANGE

Up-to-date grocery and fruit stores generally carry Florida Citrus Exchange fruit. Your dealer will get it for you if you insist that he do so. Look for the red mark of the Exchange on boxes and wrappers.

SUBURBAN

LEMOYNE

Trinity Lutheran Ladies' Aid Society to Give Sauerkraut Supper

Special Correspondence.
Lemoine, Jan. 27.—The Rev. and Mrs. E. L. Manges and little daughter, are visiting relatives in Gettysburg.

The Ladies' Aid Society of Trinity Lutheran church, will give a sauerkraut supper in the firemen's hall on Friday evening.

The W. C. T. U. held its monthly meeting at the home of Mrs. William Fretow, East Hummel avenue, this afternoon.

The pair of double brick dwellings being erected by A. A. Thumma, are fast nearing completion.

Mrs. Grace Smith and children, of Camp Hill, visited at the home of Mr. and Mrs. David Smith.

WEST FAIRVIEW

Miss Lettie Jackson Gives Birthday Social for Marion Cadwallader

Special Correspondence.
West Fairview, Jan. 27.—Miss Lettie Jackson gave a birthday surprise social to Marion Cadwallader at the home of her parents, Dr. S. I. and Mrs. Cadwallader, last night from 7 to 9 o'clock, it being the tenth anniversary of her birth. The evening was made enjoyable in music and the playing of games. Refreshments were served.

Those present were Margaret Purple, Margery Purple, Wilbur Bryan, Gerald Bryan, Martin Purple, of New Cumberland; Miss Lettie Jackson, Alma Shaul, Rhoda Shettel, Katharine Kutz, Elizabeth Shaul, Marion Cadwallader and Alma Louise Cadwallader.

Mr. and Mrs. O. K. Eshenauer spent a few days with Clinton Denny at Swatara Hill.

Mrs. J. P. Weaver is ill from an attack of pleurisy, Mrs. S. B. Bidlack from tonsillitis and Charles McPherson of the grip.

The union prayer meeting will be held in the Methodist church this evening in connection with the united evangelistic effort and the Rev. S. B. Bidlack will preach the sermon.

Mrs. Glenn Ruple, Lincoln street, is entertaining her sister and child.

WILLIAMSTOWN

Joseph Frish, 80, Dies After a Year's Illness

Special Correspondence.
Williamstown, Jan. 27.—Joseph Frish, aged about 80 years, died at his home on Market street Sunday afternoon at 4 o'clock after a year's illness. He leaves a wife and one daughter, Florence. He was in the clothing business at this place for 18 years and came here from Minersville. His body was taken to Philadelphia this morning, where it was interred this afternoon. He was well known in Jewish circles in Philadelphia and Baltimore.

Miss Thelma Kline, of Tower City, visited Harry Rank and family over Sunday.

Homer Moyer, of Harrisburg, was home Sunday.

Miss Margaret Warner, of Lykens, was the guest of Miss Blanche Edwards last Sunday.

Mr. and Mrs. W. H. Boyer entertained a gathering of little folks in honor of the seventh birthday anniversary of their daughter, Ethel, Monday evening. A delicious luncheon was served.

The annual inter-class flaf "scrap" will be held at the home of Mrs. W. H. Boyer on Tuesday afternoon.

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Booklet containing many recipes for the use of Florida oranges and grapefruit, as food and drink and in cookery and confections for 4 cents in stamps. Florida Citrus Exchange, 628 Citizens Bank Bldg., Tampa, Fla.

What Thin Folks Should Do to Gain Weight

Physician's Advice for Thin, Underdeveloped Men and Women

Thousands of people suffer from excessive thinness, weak nerves and feeble stomachs who, having tried advertised flesh-makers, food-fads, physical culture stunts and rub-on creams, resign themselves to life-long skinniness and think nothing will make them fat. Yet their case is not hopeless. A recently discovered regenerative force makes fat grow after years of thinness, and is also unequalled for repairing the waste of sickness or faulty digestion and for strengthening the nerves. This remarkable discovery is called Sargol. Six strength-giving, fat-producing elements of acknowledged merit have been combined in this peerless preparation, which is endorsed by eminent physicians and used by prominent people everywhere. It is absolutely harmless, inexpensive and efficient.

A month's systematic use of Sargol should produce flesh and strength by correcting faults of digestion and by supplying highly concentrated fats to the blood. Increased nourishment is obtained from the food eaten, and the additional fats that thin people need are provided. G. A. Gorgas and other leading druggists supply Sargol and say there is a large demand for it.

While this new preparation has given splendid results as a nerve-tonic and vitalizer, it should not be used by nervous people unless they wish to gain at least ten pounds of flesh.—Adv.

FILE INCOME TAX RETURNS

Collector Must Have Them by March 1, or Unlucky Rich Must Pay a Penalty

For the information and guidance of corporations, individuals and withholding agents who are obliged to file income tax returns, Revenue Collector Fred C. Kirkendall today called attention to the following requirements:

A return must be filed by every person who had a net income of \$3,000 or over for the calendar year 1914.

Failure by an individual, or a corporation whose return of annual net income is based on the calendar year, to file a return on or before March 1 subjects them to an additional tax of 50 per cent, and makes them liable to a penalty of not less than \$20 nor more than \$1,000.

The taxpayer should not wait until the last week, when, through inadvertence or oversight, he may fail to file his return on time and thus subject himself to additional taxes and penalties.

Persons against whom tax has been withheld from salaries, rent or any other form of income have the right to file, either with the withholding agent or the revenue collector form 1008, claiming deductions and refund. This form must be filed not later than 30 days prior to March 1 and the annual returns of withholding agents should, therefore, not be filed until after January 29.

Such returns must, however, be filed on or before March 1.

After the filing by the individual of form 1008 the withholding agent will return to him all tax withheld, except on the amount of income in excess of the deductions and exemptions claimed.

Information required in connection with the preparation and filing of income tax returns will be furnished upon application therefor, either in writing or in response to personal inquiry, at the internal revenue office in Lancaster.

Farmer Badly Injured

Elizabethtown, Jan. 27.—John Baker, residing near town, was badly injured yesterday while working in the overden of his barn, falling to the ground, a distance of twelve feet. His right arm was broken and he was injured internally.

Retired Marble Dealer Dies

Elizabethtown, Jan. 27.—Jacob Coble, 77 years old, a retired marble dealer and designer, died Monday night from a complication of diseases. He was a member of the Catholic church and leaves four children and a number of grandchildren.

Woman Buried As She Directed

Allentown, Jan. 27.—The will of Emma Miller, of this city, who died a few days ago, was probated yesterday. It had been opened right after her death, and her instructions were complied with that she have a white shroud that her hair be plaited into two braids with a parting in the middle and that she be buried in a white coffin, wearing white stockings, but not shoes or slippers. With the exception of \$200 for funeral expenses, the estate goes to her mother and children.

Epidemic of Typhoid Fever

Weaverland, Jan. 27.—There is an epidemic of typhoid fever in this section of the county and it is rapidly spreading. The outbreak is believed to have started from impure drinking water. There are nine victims in one family at the home of Jacob Y. Yeller. Samples of the water are undergoing tests and the county medical director, Dr. Mowery, has charge of the affair.

Was Long Ill With Nervous Trouble

Abbeyville, Jan. 27.—John Brenner, 40 years old, died yesterday from nervous trouble after an illness of seven years. He was a butcher by trade. He was a member of the Sacred Heart church of Lancaster and a number of societies. His parents, widow, two sons and two brothers, one residing in Harrisburg, survive.

Plasters FOR ALL Purposes

Belladonna
Belladonna and Capsicum
Blisters-Cantharides
Breast
Capsicum
Cough
Kidney
Pleurisy
Rheumatic
Toothache
Adhesive
James (Double-faced for
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Mustard
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Forney's Drug Store
426 MARKET STREET

4 Cans of Ashes Less

An institution in this city had been using a certain grade of buckwheat coal in its steam heating plant, and daily 10 cans of ashes were taken from the furnace.

Then Kelley's Nanticoke Buckwheat was tried with the result that only 6 cans of ashes had to be removed.

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1 N. Third Street
Tenth and State Streets

TAX ON OPIUM HANDLERS

Special Act of Congress Levying One Dollar a Year Becomes Operative March 1

By an act passed by Congress on December 17, 1914, a special tax of one dollar per year has been imposed upon all persons who produce, import, manufacture, compound, deal in, dispense, sell, distribute or give away opium or coca leaves, their salts, derivatives or preparation. The word "person" is defined to mean a partnership, association, company or corporation, as well as a natural person.

The act becomes operative on March 1, 1915, and the tax must be paid at that time for the four months ending June 30, 1915, the amount being 34 cents. On or before July 1, 1915, and each year thereafter the tax of one dollar will be required to be paid to cover the ensuing year.

In addition to the registration and payment of the \$1 tax as indicated above, it will be unlawful for any one so registered to dispose of any of the drugs named except upon the written order of the purchaser. These orders are provided by the government and sold at the rate of \$1 per hundred. The order blanks will be stamped with the name of the person who buys them, and cannot be used by any one else.

Exceptions to these requirements are allowed in the cases of physicians, dentists and veterinary surgeons registered under the act who use any of the drugs in their regular practice, and they must keep a record of the name and address of each such patient and the quantity used. Also a prescription of the physician, dentist or veterinary surgeon may be accepted by the seller of the drugs. The drugs can also be sold to any official of the United States or State, acting in his official capacity, for use in the public service.

All orders and prescriptions are required to be kept for two years in such manner as to be readily examined by any official of the State or United States.

This act, it will be seen, has been passed in order to regulate the traffic in these noxious drugs, rather than to provide revenue. Its provisions are mandatory and must be complied with under a penalty of a fine of not more than \$2,000 or imprisonment for not more than five years, or both, in the discretion of the court.

Druggists, physicians, dentists, veterinary surgeons are the ones particularly called upon to comply with this law.

Persons liable to this tax in the Ninth internal revenue district of Pennsylvania will register with Fred C. Kirkendall, collector, at Lancaster.

HOME OF FRIENDLESS GIFTS

Donations Recently Received by Worthy Charitable Institution

The following donations were thankfully received at the Home of the Friendless:

Pudding, Mr. Hassler; candy, Mrs. Joshua W. Sharpe, Chambersburg; four dozen of oranges, a friend; turkey, Mrs. E. C. Kunkel; crate of oranges, Mrs. William Metzger; chickens, Miss Mary Mitchell; 25 pounds of sugar, Mrs. Anna Doehne; crate of oranges, Mrs. William Haines; 32 loaves of bread and rolls, Harrisburg Baking Company; a barrel of flour, John Hoffer; 10, James W. Barker; \$20, Attorney Lewis W. Neiffer; ice cream, Mrs. Schopp; 4 cakes, a friend; crate of oranges, Mrs. A. J. Dull; donation of medicine for December, John Cotterell; butter, John Kremer; turkey, Miss Jennie Dull; golden text books for all, Miss Lydia A. Tomey; calendars for all, Mrs. Jacobs; a small basket of fruit, candy, pop corn, an apron for the old ladies and handkerchiefs for the girls, Kings' Daughters of the Grace M. E. church.

Recent events at the home included singing by the boys and girls of the Sunday school class, taught by Miss Dumm, of the Evangelical church; singing by the Junior League of the Fifth Street M. E. church and an interesting talk by Attorney Neiffer on his travels and the display of pictures of the places he visited.

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tor of the Presbyterian church, officiated. Interment was in the Middletown cemetery.

The Car Shop basketball team defeated the Wincrest team in the M. A. C. rooms last evening by the score of 33-10, and the Eastern team defeated the Rescue team by the score of 43-15.

The Woman's Club will meet at the home of Mrs. Fuller Bergstresser tomorrow afternoon. Following will be the program: Responses, Women of the Bible; paper, "Ruth and Esther," Mrs. D. P. Deatrick; vocal solo, "Ruth's Magnificat," Mrs. Ira Spring; paper, "Nameless Women of the Bible," Mrs. Fuller Bergstresser; referred question, "What Became of Jephthah's Daughter?" Mrs. S. C. Young; poem, "Yashiti," Miss Rachael McCarrell; music, by the Club, "What Shall the Harvest Be."

The Social Club will not meet as usual on account of this week.

Mrs. T. M. Yost has returned home from a visit to her mother, Mrs. Joan Coughlin, at Philadelphia.

NEW CUMBERLAND

Engine at Woolen Mills Breaks, Causing Temporary Idleness

Special Correspondence.
New Cumberland, Jan. 27.—At a meeting held on Sunday afternoon for young people in the Methodist church, thirty-four professed a willingness to lead a Christian life.

On account of a break down at the engine of the Susquehanna woolen mill yesterday afternoon the employees had a recess a few hours.

Mr. and Mrs. Fred S. Cookerly, Geary street, announce the birth of a son, Fred Stahl Cookerly, born January 16. Mrs. Cookerly was Miss Josephine Bayles, of Harrisburg, before her marriage.

John Negley, a contractor for plastering, is suffering with a sore hand, caused by a rusty nail running into it a week ago.

John Mahan, of McCormick's Island, was the guest of John Rosenberger's family yesterday.

Mrs. Colder is visiting friends in Shippensburg.

W. W. Zimmerman, Geary street, is suffering with rheumatism.

Theodore Shambaugh, of near New Kingston, visited Elmer Dewalt yesterday.

H. A. McCreary and grandson, Carroll Mowery, who have been visiting the former's sisters who are ill at Shippensburg and Gettysburg, have returned home.

On Sunday a birthday dinner was held at the home of Mr. and Mrs. Howard Stone, Fourth street, given in honor of Mrs. Stone's birthday. When she returned from church she found her children and grandchildren assembled at her home and a fine dinner awaiting her. The grandchildren presented her with a pretty blooming plant. Those who were in attendance were Mr. and Mrs. Jacob Megon, son, Vance; Mr. and Mrs. Alpheus Drayer, daughters, Virginia and Elva, and Jessie Stone.

MECHANICSBURG

Cottage Prayer Meetings Great Factor in Evangelistic Campaign

Special Correspondence.
Mechanicsburg, Jan. 27.—Ivan H. Johnson, of this place, and Miss Clara L. Engle, of Grantham, were united in marriage by the Rev. L. M. Dice. The ceremony took place on Thursday, January 21, at the parsonage of Grace United Evangelical church.

Several persons from this place attended the funeral of Mrs. Jacob Kunkle today from the home of her daughter, Mrs. Drawbaugh, in Shippensburg.

The cottage prayer meetings, ten of which are held each morning, are a great factor in the success of the tabernacle services. The prayer meetings are held from 9:30 to 10 o'clock each morning. This morning a union prayer meeting was held in the tabernacle to take the place of the cottage meetings.

Mrs. Owen, of Carlisle, is visiting her sister, Mrs. William Fink, North Market street. Mrs. Fink and Mrs. Owen returned yesterday from a visit to their brother, James L. Dale, in York.

Miss Hannah Bucher spent yesterday in Harrisburg.

Misses Cora and Elizabeth Keller have returned from a visit to relatives in York.

Mrs. J. Powell was a visitor to Harrisburg yesterday.

Miss May Sultzberger has returned from a visit to friends in Steelton.

Today at noon another meeting of the Christian business men of the town was held in the Council chamber in the Washington firemen's building.

This afternoon Mrs. Bonnan gave a Bible reading in the tabernacle at 2:30 o'clock. At 3:30 o'clock she gave a Bible reading to a party of ladies at the home of Mrs. S. N. Miller, West Main street.

No seats were reserved last evening in the tabernacle for any visiting delegations. This evening a number of sections will be reserved for visiting organizations.

Mr. and Mrs. C. P. Chapman, of Ellwood, were among the out-of-town attendants at the tabernacle last evening.

High School Inspector Dennison visited our High School yesterday.

Mrs. Walter Stuart, of Carlisle, was the guest yesterday of her father, P. K. Plover, and in the evening attended the tabernacle service.

MILLERSTOWN

Gettysburg Student Delivers Sermon in Methodist Church

Special Correspondence.<