

IF BACK HURTS BEGIN ON SALTS

Flush the Kidneys at Once When Back-ache or Bladder Bothers—Meat Forms Uric Acid

No man or woman who eats meat regularly can make a mistake by flushing the kidneys occasionally, says a well-known authority. Meat forms uric acid which clogs the kidney pores so they sluggishly filter or strain only part of the waste and poisons from the blood, then you get sick. Nearly all rheumatism, headaches, liver trouble, nervousness, constipation, dizziness, sleeplessness, bladder disorders come from sluggish kidneys.

The moment you feel a dull ache in the kidneys or your back hurts, or if the urine is cloudy, offensive, full of sediment, irregular of passage or attended by a sensation of scalding, get about four ounces of Jad Salts from any reliable pharmacy and take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salts is made from the acid of grapes and lemon juice, combined with lithia and has been used for generations to flush clogged kidneys and stimulate them to activity, also to neutralize the acids in urine so it no longer causes irritation, thus ending bladder disorders.

Jad Salts is inexpensive and cannot injure; makes a delightful effervescent lithia-water drink which all regular meat eaters should take now and then to keep the kidneys clean and the blood pure, thereby avoiding serious kidney complications.—Adv.

1,000 Workers Benefitted

Altoona, Pa., Jan. 21.—All three of the silk mills operated here by Schwarzenbach, Haber & Co., were yesterday ordered to work full time, which means 54 hours a week. More than 1,000 operatives will be benefitted. Manager Robert Brubacher stated that it would likely be necessary to work some of the departments at night to keep up with the increasing business of the local firm.

Directory of Leading Hotels of Harrisburg

THE PLAZA

423-425 Market St., Harrisburg, Pa.
At the Entrance to the P. R. R. Station
EUROPEAN PLAN
F. B. ALDINGER, Proprietor

The Metropolitan

Strictly European
For something good to eat. Everything in season. Service the best. Prices the lowest.

HOTEL VICTOR

No. 25 South Fourth Street
Directly opposite Union Station, equipped with all modern improvements; running water in every room; bath perfectly sanitary; nicely furnished throughout. Rates moderate.
European Plan.
JOSEPH GIUSTI, Proprietor.

THE BOLTON

Market Square
Large and convenient Sample Rooms. Passenger and Baggage Elevator. Electric Cars to and from depot. Electric Light and Steam Heat; Rooms en suite or single with Baths. Rates, \$2.50 per day and up.
J. H. & M. S. Butterworth, Props.

DOEHNE BEER

A Brewery construction which admits of perfect cleanliness of floors, walls and ceilings. Perfect ventilation and equipment. Best and purest Malt, Hops and Ingredients.
Skilled Brewmaster—Proper Management
RESULT } High-grade products
BEER } ALE
DOEHNE BREWERY
Bell 826 Order It Independent 318

STAR-INDEPENDENT CALENDAR FOR 1915

May be had at the business office of the Star-Independent for 10¢ or will be sent to any address in the United States, by mail, for 5 cents extra to cover cost of package and postage.

The Star-Independent Calendar for 1915 is another of the handsome series, featuring important local views, issued by this paper for many years. It is 11x14 inches in size and shows a picture, extraordinary for clearness and detail, of the "Old Capitol," built 1818 and destroyed by fire in 1897. It is in fine half-tone effect and will be appreciated for its historic value as well as for its beauty.

Mail orders given prompt attention. Remit 15 cents in stamps, and address all letters to the

STAR-INDEPENDENT

18-20-22 South Third Street Harrisburg, Pa.

RESCUE MISSION MEETINGS

Will Be Held in Chestnut Street Hall February 2

Preliminary arrangements are being made for the big mass meetings to be held in the Chestnut street hall on Tuesday, February 2, under the auspices of the City Rescue Mission, which has been started a few weeks ago at No. 3 North Fifth street. The work is becoming a factor for good results, and under the direction of a board of directors is very satisfactory to many people who are interested in the establishing one of the greatest missions of the fifty missions in the United States. Services are held at the mission every evening at 7:45 o'clock under the direction of various churches and religious organizations. All churches are urged to make arrangements with Superintendent Griffith Jones for dates as soon as possible so that each denomination will be represented in the great work of the salvation of souls.

LEAVES TRAIN: IS KILLED

Woman, Demented From Grief, Blinds Husband on Journey

Sunbury, Pa., Jan. 21.—Mrs. Arthur M. Seylor, of Rockville, became suddenly demented on a train near here yesterday, walked away from her husband and left the train at Snyderport. When Shamokin was reached a report was received from Snyderport that a woman had been killed there.

How to Cure a La Grippe Cough

"Coughs that hang on" demand treatment. Stop and think! Reason and common sense tell you that it is folly to "grin and bear it." Those racking la grippe coughs that wrench the body and cause soreness and pains in the lungs yield more quickly to Foley's Honey and Tar than to any other treatment. Forty years' record of success proves this. For coughs, colds, croup and other distressing ailments of throat, chest, lungs, larynx and bronchial tubes, you can find nothing that will compare with this reliable remedy. Geo. A. Gargas, 16 North Third street and P. R. R. Station.—Adv.

LAWYERS' PAPER BOOKS

Printed at this office in best style, at lowest prices and on short notice.

Cumberland Valley Railroad

In Effect May 24, 1914.

Trains Leave Harrisburg—
For Winchester and Martinsburg, at 6:05, 7:55 a. m., 5:42 p. m.
For Hagerstown, Chambersburg and intermediate stations, at 5:03, 7:50 a. m., 3:40, 5:40, 7:40, 11:00 p. m.
Additional trains for Carlisle and Mechanicsburg at 9:45 a. m., 2:15, 3:27, 4:39, 5:50 p. m.
For Dillsburg at 5:03, 7:50 and 11:55 a. m., 2:15, 3:40, 5:42, 8:30 p. m.
Daily. All other trains daily except Sunday.
J. H. YONGE, Supt.
H. A. RIDDLE, G. P. A.

BUSINESS COLLEGE

REG. BUSINESS COLLEGE
329 Market Street
Fall Term September First
DAY AND NIGHT

Big Dividends For You

Begin next Monday in Day or Night School

SCHOOL OF COMMERCE

15 S. Market Sq., Harrisburg, Pa.

For Dandruff, we recommend

Rexall

"93" Hair Tonic

George A. Gargas.

WIN \$70,000 WILL CONTEST

Widow and Children Cut Off With \$5 to Get Estate

Reading, Pa., Jan. 21.—The will of the late Charles Maerz, prominent business man of this city, who left \$5 to each of three daughters out of an estate of \$70,000, giving preference to grandchildren, was set aside by verdict of a jury in court here yesterday.

CAR PLANT ON 13 HOURS

Milton Industry Increases Time and Will Employ More Men

Milton, Pa., Jan. 21.—Announcement was made here yesterday that the Milton branch of the American Car and Foundry Company will go on 13 hours a day instead of 9. Additional men will be given employment, and the outlook is for steady work.

MAYOR SENT TO PRISON

Ohio Village Official Admits Defalcation and Forgery

Columbus, O., Jan. 21.—After he had pleaded guilty to a charge of forgery, H. E. Pierrel, Mayor of the village of Groveport, a suburb, yesterday received an indeterminate sentence in the penitentiary from Judge Rogers in Criminal Court.

BROTHERS DEMAND INQUIRY

Not Satisfied With Statement That Sister Was Hiding in Chest

Pittsburgh, Jan. 21.—Despite the statement of the coroner's office yesterday that investigation had shown the death of Mrs. Minnie Hunter, wife of Frank A. Hunter, was caused by suffocation as a result of the woman trying to hide in a cedar chest so that her husband would not discover she had been drinking, John and Harry Riatt, brothers of the dead woman, demanded that an examination be made of her stomach to ascertain whether she had been poisoned.

Lebanon Grocer Makes Assignment

Lebanon, Jan. 21.—Harry E. Bayer, who for some time conducted a grocery store at East Lebanon, has executed a deed of assignment for the benefit of creditors to Attorney Dawson W. Light.

Injured When Cart Upsets

Marietta, Jan. 21.—Lawrence McCann, a man of 60 years, was badly injured yesterday morning at the J. E. Baker Company quarries, at Chickies, when a cart coming down a bank with a load of stone upset and buried him beneath the dirt. Fellowworkmen rushed to his assistance and he was gotten out with difficulty. His limbs are badly injured and he is hurt internally.

THE "FAMILY" DEMANDS IT

36 Doses 25c

A All Druggist.
For Headache, Neuralgia
Quick, Sure, Safe

GEO. H. SOURBIER FUNERAL DIRECTOR

BIOGRAPHY THIRD STREET

PEG O' MY HEART

By J. Hartley Manners

A Comedy of Youth Founded by Mr. Manners on His Great Play of the Same Title—Illustrations From Photographs of the Play

Copyright, 1913, by Dodd, Mead & Company

(CONTINUED.)

A little later, when her sister, Monica, came in search of her, she found Angela in a dead faint.

By night she was in a fever.

One day in November Angela received the following letter:

Dublin, Ireland, Nov. 16, 18—
Dear Lady of Mercy—I have served my sentence, I am free. At first the horrible humiliation of my treatment, of my surroundings, of the depths I had to sink to, burned into me. Then the thought of you sustained me. Your gentle voice, your beauty, your pity, your unbounded faith in me, strengthened my soul. All the degradation fell from me. They were but ignoble means to a noble end. I was tortured that others might never know sorrow. I was imprisoned that my countrymen might know liberty. And so the load was lighter.

The memory of those three wonderful days was so marvelous, so vivid, that it shone like a star through the blackness of those terrible days.

You seem to have taken hold of my heart and my soul and my life.

Forgive me for writing this to you, but I must first see the chief of police. I have never known you understand the main-springs of my nature, of my hopes and my ambitions—indeed, of my very thoughts.

Today I met the leader of my party. He greeted me warmly. At last I have proved myself a worthy follower. They think it best I should leave Ireland for awhile. If I take active part at once I shall be arrested again and sent for a longer sentence.

They have offered me the position of one of the speakers in a campaign in America to raise funds for the cause. I must first see the chief of police. He sent a message, writing in the highest terms of my work and expressing a wish to meet me. I wonder if it would be possible to see him in London? If I am sent to America it would speed my going to speak to you again. If you feel that I ask too much do not answer this, and I will understand.

Out of the depths of my heart, from the depths of my soul and with the whole fervor of my being, I ask you to accept all the gratitude of a heart filled to overflowing.

God bless and keep you. Yours in homage and gratitude,
FRANK OWEN O'CONNELL.

London, Nov. 19, 18—
My Dear Mr. O'Connell—I am glad indeed to have your letter and to know you are free again. I have often thought of your misery during all these months and longed to do something to assuage it. It is only when a friend is in need and all avenues of help are closed to him that a woman realizes how helpless she is.

That they have not crushed your spirit does not surprise me. I was sure of that as I am that the sun is shining to-day. That you do not work actively in Ireland at once is, I am sure, wise. Foolishness is not courage.

In a little while the English government may realize how hopeless it is to try to conquer a people who have liberty in their hearts. They will abate the rigor of their unjust laws.

When that day comes you must return and take up the mission with renewed strength and hope and stimulated by the added experience of bitter suffering.

I should most certainly like to see you in London. I am staying with a distant connection of the family. We go to the south of France in a few weeks. I have been very ill—another reproach to the weakness of woman. I am almost recovered now, but far from strong. I have to lie still all day. My only companions are my books and my thoughts.

Let me know when you expect to arrive in London. Come straight here.

I have so much to tell you, but the words fail as they come to my pen.

Looking forward to seeing you, in all sincerity,
ANGELA KINGSNORTH.

CHAPTER V.

O'Connell Visits Angela.

NATHANIEL KINGSNORTH stayed only long enough in Ireland to permit of Angela's recovery. He went into the sick room only once. When Angela saw him she turned her back on him and refused to speak to him.

For a moment a flush of pity for his young sister gave him a pang at his heart. She looked so frail and worn, so desperately ill. After all, she was his sister, and, again, had she not been punished? He was willing to forget the foolish things she had done and the bitter things she had said.

Let bygones be bygones. He realized that he had neglected her. He would do so no longer. Far from it. When they returned to London all that would be remedied. He would take care of her in every possible way. He felt a genuine thrill course through him as he thought of his generosity.

To all of this Angela made no answer.

Stung by her silence, he left the room and sent for his other sister. When Monica came he told her that whenever Angela wished to recognize his magnanimity she could send for him. She would not find him unforbearing.

To this Angela sent no reply.

When the fever had passed and she was stronger arrangements were made for the journey to London.

As Angela walked unsteadily to the carriage, leaning on the arm of the nurse, Nathaniel came forward to assist her. She passed him without a word. Nor did she speak to him once nor answer any remark of his during the long journey on the train.

When they reached London she refused to go to the Kingsnorth house, where her brother lived, but went at once to a distant cousin of her mother's, Mrs. Wrexford, and made her home with her, as she had often done before. She refused to hold any further communication with her brother, despite the ministrations of her sister, Monica, and Mrs. Wrexford.

Mrs. Wrexford was a gentle little white capped widow, whose only happiness in life seemed to be in worrying over others' misfortunes. She was

MAMMA, DADDY AND CHILDREN ALL LOVE "CALIFORNIA SYRUP OF FIGS"

Harmless "Fruit Laxative" Cleanses Stomach, Liver and Bowels

A delicious cure for constipation, biliousness, sick headache, sour stomach, indigestion, coated tongue, salivaceous—take "California Syrup of Figs." For the cause of all this distress lies in a torpid liver and sluggish bowels.

A table-spoonful of night means all constipation, poison, waste matter, fermenting food and sour bile gently moved out of your system by morning without griping. Please don't think of "California Syrup of Figs" as a physic. Don't think you are dragging yourself or your children, because this delicious fruit laxative cannot cause injury. Even a delicate child can take it as safely as a robust man. It is the most harmless, effective stomach, liver and bowel regulator and tonic ever devised.

Your only difficulty may be in getting the genuine; so ask your druggist for a 50-cent bottle of "California Syrup of Figs." Say to your druggist, "I want only that made by the 'California Fig Syrup Company.'" This city has many counterfeit "fig syrups," so watch out.—Adv.

HOUSEHOLD TALKS

Henrietta D. Grauel Getting Breakfast

Dieters say the American breakfast is most sensible from every viewpoint. First comes the glass of cold water on arising, then fruit, and the beneficial action of fruit on the digestion is well attested, this followed by cereal and then the breakfast proper is greatly in advance of the French breakfast of rolls and coffee or the heavy English one.

A reader sends the following suggestion for an imitation fireless cooker: "I have no fireless, so after cooking my breakfast cereal until it is well started, I wrap the utensil containing it in soft, heavy paper and put it in a heated stoneware crock with a tight cover. This keeps on cooking for some hours and at breakfast time is still hot and ready for serving."

DAILY MENU

Breakfast	Fruit
Steamed Barley	Hot Creamed Toast
Prized Beef with Eggs	Coffee
Luncheon	Clam bouillon
Cheese Omelette	Celery
Baked Bananas	Muffins
Tea	Dinner
Scotch Broth	Mutton Pastry
Stewed Tomatoes	Steamed Potatoes
Cabbage Salad	Lemon Custards
Coffee	

ELLEN TERRY, IN ROLES FROM SHAKESPEARE, HERE WEDNESDAY



"It Brought The Answer"

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