



# HOUSEHOLD TALKS

### Henrietta D. Grauel

#### From a Creole's Cookery Book

Sweet Spanish peppers, pimientos, Chili peppers and cayenne seasoning add to the appearance as well as to the taste of foods and deserve to be used far more often than they are all through the year.

But even the mildest peppers are too hot for the average palate unless they are drawn and tempered before they are cooked. To do this cut the tops from the peppers and remove every seed and as much of the white fibrous lining as you can get out for this is the "hot" part. Now soak the peppers in cold salted water for several hours, then prepare them for the table.

If you are in haste you can draw them by blanching them, after seeding them, in boiling water.

A delightful way to cook peppers is to cut them in strips, after they have been soaked or par-boiled, and cook them in cream. Season with salt and butter and thicken the mixture a little with moistened cornstarch.

Louisiana excels in cooking peppers, perhaps because the best and sweetest peppers are raised there and the cooks have more opportunity to perfect the recipes. Or it may be that peppers taste better in the south because they are always accompanied by other foods that blend well with their sweet, peppery, spiciness.

Green peppers, stuffed with ham, is a recipe from a notable Creole cook who recommends it as a quickly made and satisfactory combination. Soak eight green peppers as directed above. Chop one-half an onion, a half a pound of cooked ham and half a cup of bread crumbs, fine. Brown in hot butter and

season with salt if it is needed. Fill the peppers with this, replace the tops, or not, as you like, and stand them in a shallow pan of water in a hot oven. When they are brown and tender serve them with the main dinner course.

Rice may be used in the place of bread crumbs in this recipe.

The red peppers are "cooked" by the same process of seeding and soaking, then the insides are spread with melted butter, the force meat filling may be the same as above, or all meat. A very well liked filling is boiled rice and tomato sauce mixed together. Sometimes a force meat of rice and nuts with tomatoes is used.

The canned pimientos are mild and sweet and give excellent satisfaction for salads, garnishes and for cooking and seasoning. If all the contents of a can are not used at once empty remainder into a glass jar and cover with olive oil until needed.

**DAILY MENU**  
Breakfast  
Cereal  
Buckwheat Cakes, Honey  
Fried Eggs Virginia Ham  
Toast, Coffee  
Luncheon  
Bonillon  
Fish Croquettes, Tartare Sauce  
Creamed Sweet Breads  
Dinner  
Mixed Salad, Pepper Garnish  
Fruit Ice Bonbons Chocolate  
Clear Soup  
Roast Lamb, Mint Sauce  
Asparagus on Toast Creamed Corn  
Browned Potatoes  
Raisin and Rice Pudding

# HEARTS and MASKS

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(CONTINUED.)

Blang! The glass of the window shivered and jingled to the floor, and a sharp report followed. The rogue cried out in fierce anguish, and reeled against the wall. William whipped out his revolver, but even from his favorable angle, he was not quick enough. The hand that had directed the first bullet was ready to direct the second.

All this took place within the count of ten. The girl and I sat stiffly in our chairs, as if petrified, it was all so swiftly accomplished.

"Drop it!" said a cold, authoritative voice, and I saw the vague outlines of Haggerty's face beyond the broken window-pane.

William knew better than to hesitate. His revolver struck the floor dully, and a curse rolled from his lips. Immediately a heavy body precipitated itself against the door, which crashed inward, and an officer fearlessly entered, a revolver in each hand. This tableau, which lasted fully a minute, was finally disturbed by the entrance of Haggerty himself.

"Don't be alarmed, Mrs.," he said heartily; "it's all over. I'm sorry for the bullet, but it had to be done. The rascal has nothing more serious than a splintered bone. I am a dead shot. A fine night!"—triumphantly. "It's been a long chase, and I never was sure of the finish. You're the cleverest rogue I have seen my good fortune to meet this many a day. I don't even know who you are yet. Well, well! we'll round that up in time."

Not till the candles again sputtered with light, and William was securely handcuffed and disarmed, did I recollect that I possessed the sense of motion. The smoke of powder drifted across the flickering candles, and there was a salty taste on my tongue.

"Horrible!" cried the girl, covering her eyes.

The master rogue and his valet were led out into the assembly-room, and we reluctantly followed. I saw it all now. When Haggerty called up central at the club, he ascertained where the last call had been from, and learning that it came from Hollywood Inn, he took his chance. The room was soon filled with servants and stable-hands, the pistol-shot having lured them from their beds. The wounded man was very pale. He sat with his uninjured hand tightly clasped above the ragged wound, and a little pool of blood slowly formed at his side on the floor. But his eyes shone brightly.

"A basin of water and some linen!" cried the girl to Moriarty. "And send all these people away."

"To yer rooms, ivery one of ye!" snapped Moriarty, sweeping his hands. "Tis no place for ye, be off!" He hurried the servants out of the room, and presently returned with a basin of water, some linen and balm.

We watched the girl as she bathed and bandaged the wounded arm; and once or twice the patient smiled. Haggerty looked on approvingly, and in William's eyes there beamed the gentle light of reverence. It was a picture to see this lovely creature playing the part of the good Samaritan, moving here and there in her exquisite gown. Ah, the tender mercy! I knew that, come what might, I had strangely found the right woman, the one woman.

"You're a good little woman," said the rogue, his face softening; "and a good woman is the finest thing God ever placed upon earth. Had I only found one!" He turned whimsically toward me. "Are you engaged to marry this little woman?"

"No."

"Surely you love her!"

"Surely I do!" I looked bravely at the girl as I spoke.

But she never gave any sign that she heard. She pinned the ends of the bandages carefully.

"And what brought you to this?" asked Haggerty, looking down at his prisoner.

The prisoner shrugged.

"You're the making of a fine man in you," went on Haggerty generously. "What cause to slip up?"

"That subject is taboo," replied the thief. "But I want to beg your pardon for underestimating your cunning."

"It was all due to a chance shot at the telephone."

"I kept you guessing."

"Merrily, too. My admiration is wholly yours, sir," returned Haggerty.

The above story "Hearts and Masks" will be shown at Photoplay Theatre in motion pictures Wednesday, January 20.

## BIG EATERS GET KIDNEY TROUBLE

Take a Glass of Salts Before Breakfast If Your Back Hurts or Bladder Bothers You

The American men and women must guard constantly against kidney trouble, because we eat too much and all our food is rich. Our blood is filled with uric acid which the kidneys strive to filter out; they weaken from overwork, become sluggish; the eliminative tissues clog and the result is kidney trouble, bladder weakness and a general decline in health.

When your kidneys feel like lumps of lead; your back hurts or the urine is cloudy, full of sediment or you are obliged to seek relief two or three times during the night; if you suffer with sick, headache or dizzy, nervous spells, acid stomach, or you have rheumatism when the weather is bad, get from your pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salts is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush and stimulate clogged kidneys; to neutralize the acids in the urine so it no longer is a source of irritation, thus ending bladder disorders.

Jad Salts is inexpensive; cannot injure, makes a delightful effervescent lithia-water beverage, and belongs in every home, because nobody can make a mistake by having a good kidney flushing any time.—Adv.

## RIVER SWIRL DROWNS THREE

Two Who Went to Rescue of Prominent Young Pittsburger and Friend Share His Fate

Pittsburgh, Jan. 14.—Robert Oliver, aged 36, son of David B. Oliver, president of the Board of Education and nephew of United States Senator George T. Oliver; William Niehaus, of Evansville, Ind., and Thomas Moonney were drowned in the Monongahela river yesterday afternoon. Two were endeavoring to reach Oliver and his companion, Edward Hetzel, when they went down. Hetzel was rescued.

About 3 o'clock yesterday afternoon Oliver and Hetzel boarded a skiff at the river frontage of the mill and started rowing about the river. Near the Smithfield street bridge they were caught in a swift current and their frail little craft was swirled around in the turbulent waters. Hetzel stood up in the boat and cried for help.

The boat continued and finally capsized, throwing both men into the water. Hetzel appeared to be the stronger, and attempted to swim to shore, but Oliver sank almost immediately.

The cries of Hetzel had been heard by several men on the boathouse of the Monongahela River Consolidated Coal and Coke Company's landing, who threw ropes into the stream, and Hetzel managed to seize one of them. He was pulled to safety.

William Niehaus and Thomas Moonney, who heard Hetzel's cries, secured a boat and started across the river to the rescue. About half way across an oar lock broke and, after much difficulty, they managed to steer their boat. Their boat, finally caught in the swirl, capsized, and both men sank before aid could reach them.

## SAGE TEA TURNS GRAY HAIR DARK

It's Grandmother's Recipe to Bring Color, Lustre and Thickness to Hair When Faded, Streaked or Gray

That beautiful, even shade of dark, glossy hair can only be had by brewing a mixture of Sage Tea and Sulphur. Your hair is your charm. It makes or mars the face. When it fades, turns gray, streaked and looks dry, wispy and scraggy, just an application or two of Sage and Sulphur enhances its appearance a hundredfold.

Don't bother to prepare the tonic; you can get from any drug store a 50-cent bottle of "Wyet's Sage and Sulphur Compound," ready to use. This can always be depended upon to bring back the natural color, thickness and lustre of your hair and remove dandruff, stop scalp itching and falling hair.

Everybody uses "Wyet's" Sage and Sulphur because it darkens so naturally and evenly that nobody can tell it has been applied. You simply dampen a sponge or soft brush with it and draw this through the hair, taking one small strand at a time; by morning the gray hair has disappeared, and after another application it becomes beautifully dark and appears glossy, lustrous and abundant.—Adv.

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**Cumberland Valley Railroad**  
In Effect May 24, 1914.  
Trains Leave Harrisburg:  
For Winchester and Martinsburg at 5:05 a. m., 7:15 a. m., 9:25 a. m., 11:55 a. m., 2:40, 5:52, 7:40, 11:00 p. m.  
Additional trains for Carlisle and Mechanicsburg at 9:48 a. m., 1:18, 3:27, 6:48, 8:50 p. m.  
For Dillsburg at 5:03, 7:50 and 11:45 a. m., 2:18, 5:40, 8:30 p. m.  
Daily. All other trains daily except Sunday.  
H. A. RIDDLER, G. F. A.

## HUNTERS BLAMELESS IN FIRES

Game Warden Disperses Charge in South Jersey Forest Blaze

Chatsworth, N. J., Jan. 14.—Inefficiency of the State forestry service and not the act of deer hunters, as charged by the State Forest Commission, was responsible for the great fire that swept across the pine belt of Burlington county last November, according to a special report of the conflagration submitted to the State Fish and Game Commission by Game Warden Charles C. Morton.

Warden Morton's report is given added importance because it contradicts statements by the State Forester, in which the big fire which burned over the Wharton tract was used as an argument for a law permitting the killing of deer and all small game in the State.

Late Colonel Storm's Sister Dies  
Pittsburgh, Jan. 14.—Mrs. Leonora Hart Darragh, a portrait painter of Philadelphia, died at the home of her daughter, Mrs. Tom Donohoe, in Edgewater, late yesterday from pneumonia. She was a sister of Colonel George W. Storm, an artist, who died last July at Harrisburg, Pa., where he resided for many years.

## HENRY SELIGMAN DIES

New York Banker, Who Maintained Branch in This City

Philadelphia, Jan. 14.—Henry Seligman, 90 years old, a retired banker, who established the firm of Seligman & Bates, of New York, with branch offices in this city, is dead at his apartments in the Hotel Florence, New York.

Born in Cologne, Germany, November 27, 1824, Mr. Seligman came of a family of bankers who controlled the starch industry on the Rhine and shipped potash to the United States from the mines of Count Douglas. In July, 1859, he and his two brothers came with their parents to the United States to establish a starch factory.

In the sixties Mr. Seligman established the banking firm of Seligman & Bates at 10 Wall street, New York. They later opened branches in Chicago and Philadelphia.

## Charges Robbery to Attack

Shamokin, Pa., Jan. 14.—Alex. Sokolowsky was behind the bar of his restaurant at Springfield yesterday, when Alex. Dadei and George Mikelyvic, two young men, entered and attacked him. After he was rendered senseless, he declares, they stole \$95 and a watch from him and fled. They were arrested shortly after.

**Dies at Father's Bier**  
Bradford, Pa., Jan. 14.—Grief-stricken as a result of the sudden death of his father Monday afternoon, Miss Lillian McGraw, 31 years old, for several years chief operator at the local exchange of the Union Telephone Company, dropped dead beside his bed here yesterday morning. Her father, James H. McGraw, died suddenly Monday afternoon.

**Canadians Held for Trial**  
Bridgeburg, Ont., Jan. 14.—Provincial Constable Thomas W. Delaney, Corporal Archie Kayo and Privates Kinsman and MacIntosh, of the 44th Canadian infantry, facing charges of manslaughter growing out of the killing of Walter Smith at Fort Erie December 28, were arraigned before a magistrate here yesterday. Through counsel the men entered pleas of not guilty. They were committed to jail and trial was set to begin March 2 at Welland.

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May be had at the business office of the Star-Independent for 10c or will be sent to any address in the United States, by mail, for 5 cents extra to cover cost of package and postage.

The Star-Independent Calendar for 1915 is another of the handsome series, featuring important local views, issued by this paper for many years. It is 11x14 inches in size and shows a picture, extraordinary for clearness and detail, of the "Old Capitol," built 1818 and destroyed by fire in 1897. It is in fine half-tone effect and will be appreciated for its historic value as well as for its beauty.

Mail orders given prompt attention. Remit 15 cents in stamps, and address all letters to the

**STAR-INDEPENDENT**  
18-20-22 South Third Street Harrisburg, Pa.

The Girl and I Passed Out of Hollywood Inn.  
picking up the telephone exchange-book. He rang and placed his lips to

Pardoned 1,370 in Texas  
Austin, Tex., Jan. 14.—The State Pardon Board yesterday announced that Governor Goggin conditionally pardoned 1,370 State penitentiary convicts in his four years in office.