HARRISBURG STAR-INDEPENDENT, TUESDAY EVENING, JANUARY 5, 1915.



### Bananas Cooked and Uncooked

THE SONGS OF OTHER DAYS

Selected By J. HOWARD WERT

Lord Lovel

Lady

So he rode, and he rode on his milk-white steed,
Till he came to London town,
And there he heard St. Paneras' bells,
And the people all mourning round.

"The Mother's Dream"

Persons who enjoy a fresh banana with cream and sugar on it feel Persons who enjoy a fresh baaana with cream and sugar on it feel amused or contemptuous when they hear their less fortunate friends de-clare this excellent fruit is responsible for all sorts of ills and that it should not be eaten unless cooked! Someone asks, "What is the truth about the banana?" To answer this, first consider that most of the fruit that finds its way to our stores and finally

first consider that most of the fruit that finds its way to our stores and finally to our tables is plucked before it is ripened, packed in holds of vessels and later in storage houses and reaches us too ripe or too green. The banana is the most nourishing fruit we have; it is a food and in the same class with potatoes, bread, and cereals. Persons with normal digestions can eat them in any form, others may have to secure them at some especial stage of ripeness and prepare them in some particular way.

stage of ripeness and prepare them in some particular way. Because they are a food element, furnishing heat and energy, give them a frequent place in your diet. To bake banamas, select good-sized, ripe ones, peel and split them in haives and place in a shallow baking platter. Sprinkle with sugar, lemon juice, and butter. Add two tablespoons of water and bake until fruit is brown over top, basting often. Serve in the baking dish. This is the most popular way to cook banamas; other ways are to broil them and to bake them in their skins. Baked 1

"Where are you going, Lord Lovel?" she said,

"Oh, where are you going?" said she; "I'm going, my Lady Nancy Belle, Strange countries for to see."

"When will you be back, Lord Lovel?" she said, "Oh, when will you come back?" said she:

"In a year or two-or three, at the

But he had not been gone a year and

When languishing thought came into

his head, Lady Nancy Belle he would go see.

Beneath the soft white snow to-night

Almost she sees the eurly head Upon the pillow lying; Her outstretched arms clasped but the

air; Her soul is sick with sighing.

A ery bursts from the tortured heart, "Oh why to us was given This fair white blossom when so soon He's snatched from us to Heaven?"

On angel hand her eyelids press, Straightway she falls to dreaming, The gates of Heaven open wide, Within she sees the gleaming.

Of thousand lights and happy groups Of little children playing,

Bucher Suches

A little form is sleeping, While o'er her darling empty crib A mother bends with weeping.

I'll return to my fair Nancy."

a day, Strange countries for to see,

No. 315.

ripe, r of Children may be given fresh, ripe, uneooked bananas, without any fear of consequences if the rough, hairy fuzz between the fruit proper and the skin be scraped off. It is this that irritates tender stomachs. One of the well liked banana dishes

One of the well liked banana dishes is cake put together with this fruit filling. The only drawback to this deli-cacy is that bananas turn an unsightly brown after they are exposed to the air a few moments. Therefore, the cake should be made and filled just as it is needed to be served. Banana batter cake is made with just such a dough as one uses for short-cake. Then slices of banana are ar-ranged over the dough and sprinkled with sugar, spice and butter. When backd, serve with cream and sugar. DALLY MENU

#### DAILY MENU Breakfast

Breakingt Bananas, Sugar, Cream Imelette Little Pig Sausages ot Rolls\_\_\_\_\_Coffee

Luncheon ettes French Potatoes Jelly

relishes Jelly Relishes Jelly Soda Biscuit Dinner Rice and Tomato Broth Broiled Steak Pea Mushrooms Peas Baked Potatoes Beets, Zest Pickled Peppers Cherry Bread Pudding, Hard Sauce

'A lord's lady is dead,' a woman re

"And some called her Lady Nancy."

church, Lord Lovel was laid in the choir;

And out of her bosom there grew a red

They grew and they grew to the church

And with them, fairest sight to her, Her little one is straying.

And out of her lover's a brier.

plied.

(CONTINUED.)

TEARTS

No turning back for me now. I picked up by suit case and got out. Or the platform I saw the curio-shop fellow again. Tramping on ahead, the smell from his villainous pipe assailing who had my nostrils, was the man who had asked for a match. The former stood undecided for a moment, and during this space of time he caught sight of me. He became erect, gave me a sudden sardonic laugh, and swiftly dis-appeared into the darkness. All this was uncommonly disquieting; in vain I stared into the blackness that had swallowed him. What could he be doing here at Blankshire? I didn't like his laugh at all; there was at once a menace and a challenge in it. "Any baggage, sir?" asked one of the station hands.

But I asked him to direct me to a hotel. He did so. I made my way down the street. The wind had vecred around and was coming in from the sea, pure and cold. The

The storm clouds were broken and scudding like dark ships, and at times there were flashes of radiant moonshine. The fashionable hotel was full. So I plodded through the drifts to the unfashionable hotel. Here I found ac-

commodation. I dressed, sometimes commonation. I dressed, sometimes laughing, sometimes whistling, some-times standing motionless in doubt: Bah! It was only a lark... I thought of the girl in Mouguin's; how much better it would have been to spend the evening with her, exchanging badinage, and looking into each other's eyes! Pshaw! I covered my face with the gray mask and descended to the

street The trolley ran within two miles of the Hunt club. The car was crowded with masqueraders, and for the first since I started out I felt comfort Lord Lovel he stood at his castle gate, Combing his milk-white steed, When up came Lady Nancy Belle, To wish her lover good speed. "Oh what is the matter?" said he; "A lord's lady is dead,' a woman reable. Everybody laughed and talked, though nobody knew who his neighbor was. I sat in a corner, silent and mo-tionless as a sphinx. Once a pair of blue slippers attracted my eve, and again the flash of a lovely arm. At the end of the trolley line was a carryall So he ordered the grave to be opened which was to convey us to the club.

We got into the conveyance, noisily and good-humoredly. The exclamations of the women were amusing. "Good gracious!" "Isn't it fun!"

to act naturally for once. Nothing lasts so long as the natural instinct for play we always find ourselves coming

from the road was the famous Hollywood inn, run by the genial Moriarity. Sometimes the members of the Hunt club put up there for the night when morning. It was open all the year

good to see a familiar face. I shoul-dered toward him and passed out my ten dollars.

jovially. "Hello!"-grinning. Teddy thought

to a man who was keeping tally on a big cardboard.

MERRILL CO BY HAROLD MACGRATH AUTHOR OF THE MAN ON THE BOX ETG. What a vision greeted my eye! The

decorations were in red and yellow and it seemed as though perpetual au tumnal sunset lay over everything. At the far end of the room was a small stage hidden behind palms and giant ferns. The band was just striking up "A Summer Night in Mu-nich," and a monderful kaleidoscope revolved around me. I saw Cavaliers and Roundheads. Puritans and Beel and Koundneads, Puritans and Heel-zebubs. Musketeers, fools. cowboys, Indians kings and princes; queens and empresses, fairies and Quaker maids, white and black and red and green dominoes. Tom Fool's night, indeed!

Presently I saw the noble Doge of Venice coming my way. From his portly carriage I reasoned that if he wasn't in the gold-book of Venice he stood very well up in the gold-book of New York. He stopped at my side and struck an attitude. "Pax vobiscum!" said I, bowing.

"Be at the Inquisition Chamber, dithe clock strikes the midnight 'he said, mysteriously. rectly hour." "I shall be there to deliver the su-

r c preme interrogation," I replied. "It is well." He drifted away like m a stately ship.

Delightful foolery! I saw the Jes-uit, and moved toward him. "Disciple of Loyola, hast thou the

ten of hearts?" "My hearts number nine, for I have

lost one to the gay Columbine." "I breathe! Thou art not he whom. I seek." We separated. I was mortally glad that Columbine had made a mistake. The women always seek the monk

at a masquerade; they want absolu-tion for the follies they are about to commit. A demure Quakeress touched my sleeve in passing. "Tell me, grave monk, why did you seek the monastery?"

you seek the monastery? "My wife fell in love with me,"-

"Then you have a skeleton in the clothes-press?" "Do I look like a man who owned

such a thing as a clothes-press, much less so fashionable a thing as a family skeleton?"

"I am mingling with fools as a pen-

A fool caught me by the sleeve and battered me gaily over the head with a bladder. "Marry come up, why am I

fool?' "It is the fashion," was my answer.

This was like to gain me the reputa-tion of being a wit. I must walk carefully. or these thoughtless ones would begin to suspect there was an impostor among them. "Aha!" There was mine ancient There was mine ancient

friend Julius, "Hail, Caesar!" He stopped.

Shall I beware of the Ides of March?" I asked, jovially. "Nay, my good Cassius; rather be-

ware of the ten of hearts," said Caein hollow tones, and was gone. The ten of hearts again! Hang the card! And then with a sigh of relief I recollected that in all prob-ability he, like Columbine, had heard me call out the card to Hamilton.



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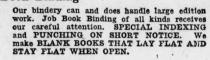
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out these equivocal honors, and prosper. Still, there are persons in the swim named Johnes and Smythe and

Browne and Greene. Pardon this

cination of the scheme. I w interloper, but nobody knew it.

ten of hear's in my pocket did not match the backs of those cards regu-larly issued. But what of that? Every-

one was ignorant of the fact. I was

safe inside; and all that was roman-

tic in my system was aroused. There

are always some guests who cannot avail themselves of their invitations;

and upon this vague chance I had staked my play. Besides, I was de-

termined to disappear before the hour of unmasking. I wasn't going to take any unnecessary risks. I

parenthesis!)

A Bell Telephone call will bring one of our solicitors.

## 

I was an

The

WILL OPPOSE CUT. IN WAGES but so long as I was not certain, it mattered not in what direction my Grand Trunk Employes Decline to Acwhimsical fancy took me. (It is true that ordinarily Jones and Brown and Smith and Green do not receive incept Reductions in Pay vitations to attend masquerades at fashionable hunt clubs; but some-how they seem to worry along with-

Ottawa, Ont., Jan. 5.—More than 14,000 employes of the Grand Trunk Railway Company and thousands of other men employed by the Grand Trunk Pacific railway have declined to recent railwations in prop. or in recent accept reductions in pay and in reply to notices of reduction have notified officials of the two companies, that they will oppose vigorously any attempt to

cut wages. The proposed reduction on the Grand As I recollected the manner in which I had self-invited the pleasure The proposed reduction on the Grand Trunk railway is to date from April 1 next; that on the Grand Trunk Pacific was effective January 1. Both are neces-sitated, it is claimed, because of de-creased business since the beginning of the European war. How great the ent is to be depende upon reports not yet of my company to this carnival at the Blankshire Hunt club, I smiled behind my mask. Nerves! I ought to have been a professor of clinics instead of an automobile agent. But the whole affair appealed to me so strongly I could not resist it. I was is to be depends upon reports, not yet completed, showing results of opera-tion for the six months ending Decemdrawn into the tangle by the very fas ber 31, last.

ON

Increases Freight Rates on Poultry



Ineligible as Commissioner

HARRISBURG, PA.

Ineligible as Commissioner By Associated Press, Washington, Jan. 5.—Oliver P. Newman, chairman of the Board of Commissioners which governs the Dis-triet of Columbia, was held by the Court of Appeals yesterday to have been ineligible for the office, because of questions of his legal residence, when President Wilson appointed him in 1913. The case will be carried to the United States Supreme Court.

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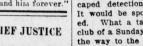
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How bright his blue eyes sparkle now; Her sorrow all beguiling; No tear drops stain the dimple cheeks; The sweet red lips are smiling. The Saviour, too, with outstretched arms, The little child is blessing, While angel fingers softly fall, The sunny head caressing.

The angel whispered-"Sorrow now, And pain can touch him never, But thou canst come and dwell with Him Forever and forever."



## wide, And the shroud he turned it down, And there he kissed her clay-cold lips, Till the tears came trickling down. Lady Nancy she died as might be to day, day, Lord Lovel he died as to-morrow; ady Nancy died out of pure, pure grief, Lord Lovel he died out of sorrow. "Lovely!" And all that. It must have been a novelty for some of these Lady Nancy was laid in St. Pancras back to it.

Standing some hundred yards back there round

We made the club at exactly 10:30.

it was some one he knew; well, so it was. "What's your card?" he cried, as I pressed by him.

"The ten of hearts." "The ten of hearts." repeated Teddy

This sight did not reassure me. If they were keeping tally of all the cards presented at the door, they would soon find out that there were too many tens of hearts, too many by one! Well, at any rate, I had for the time being es-caped detection; now for the fun:

It would be sport-royal while it last-ed. What a tale to give out at the club of a Sunday night! I chuckled on the way to the ball room. I had dis-pensed with going up to the dressing-

"Then what do you here?"

was to be a run the following

Fortune went with me, doubtless it was the crowd going in that saved me from close scrutiny. My spirits rose as I espied Teddy Hamilton at the door. He was on the committee, and was in plain evening clothes. It was

"Hello, Teddy, my son!" I cried out

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Artistic Printing at Star-Independent.

ber of Supreme Court Philadelphia, Jan. 5.—The Pennsyl-vania Supreme Court convened here yesterday and Associated Justice J. Hay Brown, of Lancaster, was sworn in as chief justice to succeed D. Newlin Fell, of Philadelphia, whose term expired at the beginning of the year. Justice Brown became head of the court be-cause of seniority. The oath of office was administered by Justice Potter. The commission of Robert F. Frazer, of Allegienv county, was read and the heavy and warm; so I had no overcoat to check. "Grave monk, your blessing!" Turning, I beheld an exquisite Columbine. "Par vobiscum!" I replied, solemnly

"Pax . . . What does that mean?" "It means, do not believe all you see in the newspapers."

The commission of Robert F. Frazer, of Allegheny county, was read and the oath of office was administered by Chief Justice Brown. Justice Frazer was elected last November and filled the vacancy created by the retirement of Chief Justice Fell. Columbine laughed gaily. "I not know that you were a Latin scholar; and, besides, you gave me to understand you were coming as a Jesuit. Billy.' Billy? Here was one who thought

she knew me. I hastened to disillusion

her. "My dear Columbine, you do not know me, not the least bit. My name is not Billy, it is Dicky." "Oh, you cannot fool me," she re-turned. "I heard you call out to Teddy Hamilton that your card was the ten of hearts; and you wrote me, saying that would be your card."

Complications already, and hadn't put my foot inside the ball room!

"I am sorry," I said, "but you have made a mistake. Your Jesuit probably told you his card would be the nine, not the ten." "I will wager--"

"Hush! This is a charity dance; no one makes wagers at such affairs."

"But— Why, my goodness! there's my Jesuit now!" And to my intense relief she dashed away.

I carefully observed the Jesuit, and made up my mind to keep an eye upon him. If he really possessed the ten of hearts, the man who kept tally on the cardboard was doing some tall thinking about this time. I gilded away, into the gorgeous ball room.



"You Do Not Know Me."

Still, the popularity of the card was disquieting. I wished it had very seven or five; there's luck in odd numbers. . . A Blue Domino! My heart leaped, and I thought of the little ticket in my waistcoat pocket. A Blue Domino! If, by chance, there should be a connection between her and the ticket!

She was sitting all alone in a cor ner near by, partly screened by a pot of orange trees. I crossed over and sat down by her side. This might prove an adventure worth while. "What a beautiful night it is!" I said.

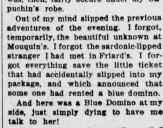
She turned, and I caught sight of a wisp of golden hair.

"That is very original," said she. "Who in the world would have thought of passing comments on the weather at a masque! Prior to this moment the men have been calling me all sorts of sentimental names." "Oh, I am coming to that. / I am

ven going to make love to you." She folded her hands—rather re signedly, I thought- and the rollick comedy began.

#### CHAPTER III.

When they give you a mask at a ball they also give you the key to all manner of folly and impudence. Even stupid people become witty, and the witty become correspondingly daring. For all I knew, the Blue Domino at my side might be Jones' wife, or Brown's or Smith's, or even Green's;



"I am madly in love with you," I began. "I have followed you often; I have seen you in your box at the opera; I have seen you whirl up Fifth avenue in your fine barouche; and here at last I meet you!" I clasped my hands passionately.

"My beautiful barouche! My box at the opera!" the girl mimicked. 'What a cheerful Ananias you are!' "Thou art the most enchanting creature in all the universe. Thou art even a turquoise, a patch of radiant summer sky, eyes of sapphire, lips-" "Archaic, very archaic," ste intor-

rupted. "Disillusioned in ten seconds!" I cried, dismally. "How could you?" She laughed.

"Have you no romance? Can you not see the fitness of things? If you have not a box at the opera, you ought at least to make believe you have. History walks about us, and you call the old style archaic! That have. hurts!

"Methinks, Sir Monk-"

"Methinks, Sir Mona-"There's That's more like it. By my haldiom, that's the style!" "Odds bodkin, you don't tell me!" There was a second ripple of laughter from behind the mask. It was rare music.

"I could fall in love with you!"

To Be Continued.



In Effect Maria Validy Ideals Odd In Effect May 24, 1914. Trains Leave Harrisburg. For Winchester and Martinsburg, at 50, 7,500 a.m., 3440 p.m. For Hagerstown, Chambersburg and nermediate stations, at 55.03, 7,50, 1153 a.m., 3440, 5.32, 77.40, 11.00

p. m. Additional trains for Carlisle and Mechanicsburg at 9.48 a. m. 2.18, 3.27, 630, 9.30 p. m. For Dillsburg at 5.03, \*7.50 and \*11.52 a. m. 2.18, \*3.40, 5.32, 6.30, p. m. \*Dally. All other trains daily except Sunday. J. H. TONGE, H. A. RIDDLE, G. P. A. Supt

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