

HOUSEHOLD TALKS

Henrietta D. Grauel

Foot Pads for Housekeepers

Tired, aching feet are responsible for many irritating actions and sharp words. The pity of this is that it might all be avoided with a little thought, but the housewife gives little attention to her house shoes or to her floors except to see that both are neat looking.

Rubber heels should be put on all shoes and foot-pads should be placed before the ironing board, the stove and work tables, or wherever you stand. If you have an aching back or head these simple things will give quick relief.

An old comfort or quilt makes a splendid pad. It should be about two feet square and an inch and a half thick. Tack firmly and cover with bur-laps. This not only prevents one tiring from standing but keeps the feet warm.

Scrubbing, happily, has gone out of fashion, but there are times when one must work on bended knees and then a pad like the one described above is a convenience. The knee pad may be thick and not so large as the foot pad and its under side should be covered with oil cloth.

There is another pad that one can make at home for use when polishing hard wood floors or waxed articles. It is made from a block of wood about the size of a brick, hollowed out so it can be grasped at the top. A scrub brush worn smooth does nicely. Cover with many thicknesses of cloth and lastly a thick piece of leather outside. Keep

this dry and use only for polishing. The laundry pad is useful too. It is made with a square block of wood covered with old, white cotton or linen plentifully sprinkled with shaved paraffine between its folds. Used for mopping and ironing.

Last but not far from least important is the silver polishing pad. This protects the hands and insures a better polish than can be had without it. Use an old mitten or canvas glove for the pocket and cover the inner side with a thickness of lamb's wool or several thicknesses of soft flannel.

DAILY MENU

Breakfast
Stewed Fruit with Cream
Zweiback
Fried Sweet Potatoes
Thin Slices of Ham with Poached Eggs
Wheat Cakes
Luncheon
Hash with Peppers
Hominy
Hot Short Cakes with Preserves
Lemon Meringue
Dinner
Indian Curry Veal
Roast Stuffed Veal
Baked Omelet
Macaroni
Creamed Chicken Salad
Canned Plums
White Cake
After Dinner Coffee

HINDU EGG DANCE

Curious and Difficult Feat Performed by Girl Jugglers

Of the many wonderful feats performed by Hindu jugglers one of the most remarkable is the egg dance. Usually it is executed by a girl fantastically dressed. She makes use of a willow wheel, around which at equal distances are threads, and at the end of each thread there is a noose held open by a bead.

This wheel the girl places on her head, while she carries a basket of eggs on her arm. When the music strikes up she begins to dance, and the wheel begins to spin around. She then takes an egg from the basket, places it in one of the thread nooses and throws it from her with sufficient force to draw the knot tight. The spinning of the wheel keeps the thread stretched with the egg at the end of it.

She then takes another egg from the basket, places it in another noose and repeats this until there is an egg in every noose. Her fantastic costume, her perfect motion and all the eggs swinging on stretched threads at once present a curious sight.

It requires much art to execute the dance, for the false step would cause the eggs to be dashed together and the dancer to be disgraced.

After dancing for some time with all the eggs swinging round her head she takes them out of the noose one by one, all the time keeping the wheel balanced and in motion, and again places them in the basket on her arm.

After the performance the spectators are allowed to examine the eggs to see that they are real.—London Ideas.

FLEE TO HILLS IN ARIZONA

Yaqui River Flood Causes Loss of Life and Much Property

Douglas, Ariz., Jan. 2.—The Yaqui river in Southern Arizona is in flood. Stock has been drowned, bridges washed out and crops, farming improvements and irrigation ditches destroyed, according to men arriving here yesterday.

The inhabitants have sought safety in the hills, and it is rumored some of them have been drowned.

Saves Incendiary Mule

Lancaster, Pa., Jan. 2.—A mule kicked over a lighted lantern left to near it in Frederick Brown's barn, near Quarryville, Tuesday evening, and the building was burned, causing \$2,000 loss. The farmer saved the mule.

Man in Mine Rescued

Wilkes-Barre, Jan. 2.—Lost in a shaft of the Delaware Lackawanna and Western mine at Edwardsville since Monday of this week, Adolph Rusznick, aged 22 years, was found yesterday, almost dead from hunger. He had traveled about the old and abandoned working and walked many miles in efforts to get to the foot of the shaft. He had water for two days, but no food, and when searchers found him he had fallen from exhaustion.

Grand Duke Nikolas

At the feast of the Preobrazhenski Regiment in St. Petersburg, shortly after the Russian-Japanese War, Sir Ian Hamilton was watching the great world arrive, one after another. He himself was present as a distinguished British General. Both individually and collectively the Russian Guards officers are a fine lot. But he suddenly ejaculated: "By Jove, who's that?" He pointed to a towering figure, at least six feet four in height, with cropped black hair shot through with gray; short, pointed Vanduyke beard; keen eyes; extraordinary length of limb, but lean and graceful, with exceptional ease and power of movement—a magnificent figure of a man. It was the Grand Duke Nikolas Nikolaievitch.

The Grand Duke, now commander-in-chief of the armies of Russia, was born the year after the Crimean War and was 58 last October. But he still radiates an impression of easy power and strength. His grandfather was the son of that Czar Nikolas I, whose physique was famous in Europe. When a mob gathered in the Sadovaya, in those early days, a story is still current of how the great Czar drove to the scene, got alone, gigantic and threatening, and with a single mighty roar produced a stunned silence through which he lectured the huddled crowd like a stern but just father and sent them away, tamed. His great-grandson inherits much of his physical power. Although the military career of the Grand Duke Nikolas has attracted little attention outside of Russia, largely because he has concentrated whole-heartedly on each phase as he met it, his present supreme command is nevertheless the logical result of a consistent rise through all ranks, not because, but almost in spite of, his imperial blood.—Basil Miles, in the January "World's Work."

The Buffalo's Hump

The hump of the buffalo is not a mass of fat, as some people suppose, but is formed by neural spines in length fully double those of domestic cattle, and by the huge muscles which lie alongside these neural spines and the ribs.

HEARTS and MASKS

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Then the comedy came to an end by the appearance of our separate orders. I threw aside the cards and proceeded to attack my dinner, for I was hungry. From time to time I caught vague fragments of conversation between the girl and her uncle.

"It's a fool idea," mumbled the old gentleman; "you will get into some trouble or other."

"That doesn't matter. It will be like a vacation—a flash of old Rome, where I wish I were at this very moment. I am determined."

"This is what comes of reading romantic novels,"—with a kind of grumble.

"I admit there never was a particle of romance on your side of the family," the girl retorted.

"Happily. There is peace in the house where I live."

"Do not argue with me."

"I am not arguing with you; I should be only wasting my time. I am simply warning you that you are about to commit a folly."

"Then you will not blow up the postoffice to-night?"

"No," I replied, "not to-night."

"You have really and truly aroused my curiosity. Tell me, what does the ten of hearts mean to you?"

I gazed thoughtfully down at her. Had I truly mystified her? There was some doubt in my mind.

"Frankly, I wish I might tell you. All I am at liberty to say is that I am about to set forth upon a desperate adventure, and I shall be very fortunate if I do not spend the night in the lock-up."

"You do not look desperate."

"Oh, I am not desperate; it is only the adventure that is desperate."

"Some princess in durance vile! Some villain to smite? Citadels to storm?" Her smile was enchantment itself.

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SPEECH AND THE CHIN

Maybe at One Time the Tongue Proved Mightier Than the Teeth

In man the chin seems to project more and more as he progresses toward his modern civilized condition. This must imply that immediately the huge lower canines degenerated the part took on some other function of vital importance to the race and that the need has increased with his intellectual and social advancement.

My theory, then, is that the chin is essentially a part of the mechanism of articulate speech.

It is tempting to theorize a little further and to suggest that the human chin perhaps bears testimony to a prehistoric change from carnal weapons to offers which, if not exactly spiritual, were such as appealed to the part of us where spiritual forces work, for apparently long ago before the pen proved mightier than the sword the tongue proved mightier than the teeth.

If one could only prove this one might show that even before the glacial epoch parliamentary institutions (using the term in its widest sense) began to take the place of lethal weapons in settling disagreements and that the substitution of arbitration for war is not merely a doctrine of latter day moralists, but is a part of the ordered march of cosmic progress as inevitable as the other evolutionary changes which have brought us up from among the brutes.

COASTERS ARE INJURED

Ashland Girl Loses Part of Tongue in Collision of Sleds

Pottsville, Pa., Jan. 2.—Several more coasting accidents were added to the week's record yesterday. Kenneth Morrison, Arthur Chambers and Emory Beadle, of Wadesville, while coasting on a bobbed had a collision and all were seriously injured.

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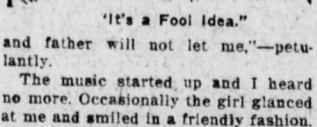
"It's a Fool Idea."



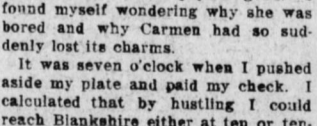
and father will not let me."



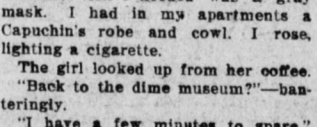
"I have a few minutes to spare."



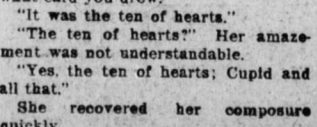
"By the way, I forgot to ask you what card you drew."



"It was the ten of hearts."

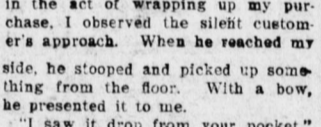


"The ten of hearts?" Her amazement was not understandable.

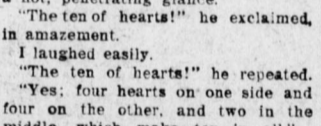


"Yes, the ten of hearts; Cupid and all that."

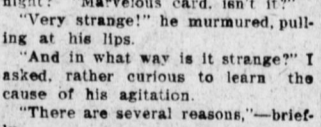
She recovered her composure quickly.



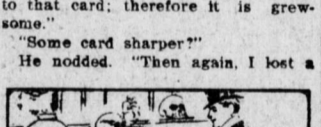
"I saw it drop from your pocket," he said; and then when he saw what it was, his jaw fell, and he sent me a penetrating glance.



"Very strange!" he murmured, pulling at his lips.



"And in what way is it strange?" I asked, rather curious to learn the cause of his agitation.



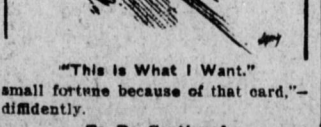
"There are several reasons,"—briefly.



"Ah!"



"I have seen a man's hand pinned to that card; therefore it is grewsome."



"Some card sharper?"

He nodded. "Then again, I lost a

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