

GREAT EATERS.

Great eaters never live long. A voracious appetite, so far from being a sign of health, is a certain indication of disease. Some dyspeptics are always hungry; feel best when they are eating; but as soon as they have eaten they endure torments so distressing in their nature as to make their unhappy victims wish for death. The appetite of health is that which inclines to eat moderately, when eating time comes, and which when satisfied leaves no unpleasant reminders. Multitudes increase their health by the amount they can eat, and of any ten persons, nine are gratified at an increase of weight, as if more bulk were an index of health; when in reality, an excess of fatness is, in proportion to the weight, a sure sign of disease, showing that the absorbents of the system are too weak to discharge their duty; and tendency to fatness, to obesity, increases until existence is a burden, and sudden death closes the history. Particular inquiry will almost invariably elicit the fact that fat persons, however robust and jolly, are never well, and yet they are envied.

While great eaters never live to an old age, and are never a single day without some "symptoms" of some disease, sufficiently disagreeable, the small eaters, those who eat regularly on plain food, usually have no "spare flesh," are wiry and enduring, and live to an active old age. Remarkable exemplifications of this are found in the lives of the centenarians of a past age. Galen, one of the most distinguished physicians among the ancients, lived very sparingly after the age of twenty-eight, and died in his hundred and fourth year.

Centigero, who never tasted spirits of wine, and had worked hard all his life, reached 185 years. Jenkins, a poor Yorkshire fisherman, who lived on the coarsest diet, was one hundred and eighty-nine years old when he died. Old Parr lived to a hundred and fifty-three; his diet being milk, cheese, whey, small beer and coarse bread. The favorite food of Henry Francisco, who lived to be one hundred and forty, was tea, bread and butter, and baked apples. Ephraim Pratt, of Shaftesbury, who died aged one hundred and seventeen, lived chiefly on milk, and even that in small quantity; his son Michael by the same means, lived to be 103 years old.

Father Cull, a Methodist clergyman, died last year at the age of one hundred and five, the main diet of his life having been salted swine's flesh (bacon) and bread made of Indian meal. From these statements, nine general readers out of ten will jump at the conclusion that milk is healthy, as are baked apples and bacon. These conclusions do not legitimately follow. The only inference that can be safely drawn is from the only fact running through all these cases—that plain food and a life of steady labor tend to a great age.

We must not expect to live long by doing any one thing which an old man did, and omit all others, but by doing all he did, that is to work steadily as well as eat mainly a particular dish.—*Hall's Journal of Health.*

Human existence hinges upon trifles. What would be without soap.

WINTER GOODS FOR THE MILLION AT No. 2, Union Block.

JEROME SMITH Has lately returned from New York with a splendid assortment of

DRY GOODS, READY-MADE CLOTHING, BOOTS & SHOES, GLASSWARE, HATS & CAPS.

HARDWARE, GROCERIES, DOMESTICS, WOODEN WARE, ENGLISH CLOTHS, LADIES DRESS GOODS, SATINS, TWEEDS

AND KENTUCKY JEANS, FRENCH CASSIMERES, FULL CLOTHS.

Attention is called to his stock of Black and Figured Dress Silks, Woollen Goods, Hosiery, Delaines, Long and Square Shawls, Ladies' Cloth, Opere, &c., &c., &c. Patrons will find that

No. 2, Union-Block, Main Street, is the place to buy the best quality of Goods at the lowest prices. **JEROME SMITH,** Wellboro, Jan. 1, 1866.

FLAX WHEELS.

WOOL - WHEELS, WHEEL - HEADS, SNAP-REELS, FLIERS, &c., &c.

THE UNDERSIGNED would respectfully announce to the

MERCHANTS & DEALERS

of Tioga and adjoining counties, that they are now engaged in the manufacture of the above named articles, and are prepared to furnish them at

WHOLESALE PRICES.

Employing none but Experienced Workmen, and using only the best materials, we are confident we can furnish you with goods that will suit your customers.

Every article warranted to give entire satisfaction. All Goods packed in shipping order and sent by rail or otherwise.

Please address by mail, when list of prices, "Card Samples," &c., will be forwarded.

C. M. CRANDALL & CO. Montross, Pa. Dec. 27, 1865. N. B. Ours is the only establishment that manufactures the Celebrated **Crandall Wheel-Head.** Warranted to last TWENTY YEARS if well used.

HELMBOLD'S EXTRACT BUCHU.

HELMBOLD'S BUCHU. HELMBOLD'S BUCHU.

DIABETES.

IRRITATION OF THE NECK OF THE BLADDER, INFLAMMATION OF THE KIDNEYS, CATARRH OF THE BLADDER, STRANGURY OR PAINFUL URINATING.

For these diseases it is truly a sovereign remedy, and too much cannot be said in its praise. A single dose has been known to relieve the most urgent symptoms.

Are you troubled with that distressing pain in the small of the back and through the hips? A teaspoonful a day of Helmbold's Buchu will relieve you.

PHYSICIANS AND OTHERS PLEASE NOTICE.

I make no secret of ingredients. Helmbold's Extract Buchu is composed of Buchu, Cubeba, and Juniper Berries, selected with great care, prepared in sacra and according to rules of

PHARMACY AND CHEMISTRY. These ingredients are known as the most valuable Diuretics afforded.

A DIURETIC.

It is that which acts upon the kidneys.

HELMBOLD'S EXTRACT BUCHU ACTS GENTLY.

Is pleasant in taste and odor, free from all injurious properties, and immediate in its action.

FOR THE SATISFACTION OF ALL See Medical Properties contained in Dispensary of the U. S., of which the following is a correct copy:

"Buchu.—Its odor is strong, diffusive, and somewhat aromatic, its taste bitterish, and analogous to that of mint. It is given chiefly in complaints of the Urinary Organs, such as Gravel, Chronic Catarrh of the bladder, Morbid Irritation of the Bladder and Urethra, Diseases of the Prostate, and Retention of the Urine, from a loss of tone in the parts concerned in its evacuation. It has also been recommended in Dyspepsia, Chronic Rheumatism, Cutaneous Affections, and Dropsy."

FOR FURTHER INFORMATION See Professor Dewees' valuable works on the Practice of Physic.

See Remarks made by the celebrated Dr. Physic of Philadelphia.

See any of all Standard Works on Medicine.

FROM THE LARGEST MANUFACTURING CHEMIST IN THE WORLD.

I am acquainted with H. T. Helmbold; he occupied the drug store opposite my residence, and was successful in conducting the business where others had not been equally so before him. He has been favorably impressed with his character and enterprise.

WM. WEIGHMAN, (Firm of Powers & Weighman), Manufacturing Chemist, Ninth and Brown Streets, Philadelphia.

[From the Philadelphia Evening Bulletin, March 10.] We are gratified to hear of the continued success in New York, of our townsman, Mr. H. Helmbold's Drug Store, next to the Metropolitan Hotel, is 23 feet long, 230 feet deep, and five stories in height. It is certainly a grand establishment, and speaks in favor of the merit of his articles. He retains his Office and Laboratory in this city, which are also model establishments of their class.

The proprietor has been induced to make this statement from the fact that his remedies, although advertised, are

GENUINE PREPARATIONS.

And, knowing that the intelligent refrain from using any thing pertaining to Quackery, or the Patent Medicine order,—most who are prepared by self styled Doctors, who are too ignorant to read a physician's simplest prescription, much less competent to prepare pharmaceutical preparations.

THESE PARTIES RESORT

to various means of effecting sales, such as copying parts of advertisements of popular remedies, and finishing with certificates.

A WORD OF CAUTION.

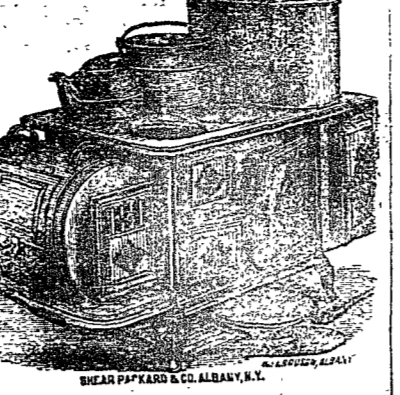
Health is most important; and the afflicted should not use an advertised medicine, or any remedy, unless its contents or ingredients are known to others besides the manufacturer, or until they are satisfied of the qualifications of the party so offering.

HELMBOLD'S GENUINE PREPARATIONS

FLUID EXTRACT BUCHU, FLUID EXTRACT SARSAPARILLA, AND IMPROVED ROSE WASH. Established upwards of 16 years.

Prepared by **H. T. HELMBOLD.**

Stoves! Stoves!!



AND HARDWARE!

MESSRS. GUNN & TUCKER beg to announce to the citizens of Tioga County, that in addition to their excellent stock of Stoves, Tin-Ware, Britannia, and Sheet-Iron Ware, they have, at a great outlay, stocked their store on

MAIN STREET, WELLSBORO, with a complete assortment of Shelf Hardware, of which we enumerate the following articles:

NAILS, SPIKES, CROWBARS, X CUT, MILL, HAND AND BUCK SAWS, BUTTS, STRAP HINGES, CARPENTER'S TOOLS, PUMPS, AXES, AUGERS, BITS,

BITT-STOCKS, HATCHETS, CHISELS, SHOVELS, SPADES, FORKS, BENCH-SCREWS,

WOOD SCREWS, CARRIAGE BOLTS, BURRS, SKAINS, WASHERS, PIPE BOXES, AXLE TREES, ELLIPTIC

SPRINGS, HORSE SHOES, HOOP, BAR & BAND IRON, GRINDSTONE HANGINGS, CORN POPPERS,

SAUSAGE CUTTERS AND STUFFERS COMBINED, ALSO, PISTOLS, PISTOL CARTRIDGES, POWDER AND CAPS.

PATENT BARNDORR HANGINGS, a new thing, and made for use. These are but a few of the many articles composing our stock of Hardware.

We invite the public to call and examine for themselves. We aim to keep the best quality of goods in our line; and all work to order promptly and well.

GUNN & TUCKER, Successors of Wm. Roberts. Wellsboro, Jan. 1 1866-1f.

FIRE! FIRE!! FIRE!!!

The undersigned begs leave to announce to the people of Tioga County, that he has established an Agency in Wellsboro, for the well known

HOME INSURANCE COMPANY, of New York.

That he is prepared to insure all kinds of property upon reasonable terms as can be had in any other responsible Company, AND ISSUE POLICIES without sending the application to the General Office. This is one of the richest Companies in the United States, having a

Cash Capital of \$2,000,000, besides the Assets which on the 1st of January, 1865, amounted to \$3,748,503 42 Liabilities..... 77,901 42

CHAS. J. MARTIN, President, A. F. WILWORTH, Vice President, JOHN MCGEE, Secretary, J. H. WASHBURN, Assistant Sec'y. This Company has taken out

A STATE LICENSE,

and monthly pays the per centage charged upon its Receipts which is made necessary by the laws of Pennsylvania, in order to make its policies valid and binding upon the Company. All policies issued by Companies which have not taken out a State license are declared null and void, and the parties are liable to a heavy penalty for so insuring. See Purdon's Digest, page 653, Sec. 21, 22, 23.

Wellsboro, Aug. 23, '65. **W. H. SMITH.**

C. & N. HAMMOND'S NURSERY

Middlebury, Tioga Co., Pa., Situated on the Plank Road, 4 miles from Tioga.

We are prepared to furnish 100,000 Fruit Trees at the following prices:

Appletrees—large size, 25 cents at the Nursery; 30 cents delivered. Common size, 20 cents at the Nursery; 25 cents delivered. Pear Trees, 50 cts. Summer Apples—Barnham Harvest, Early Harvest, Chenango Strawberry, Washington Strawberry, Red Astorchen, Summer Bellflower, Summer Queen, Summer King, Sweet Box, Sour Row.

FALL APPLES—Famous, Gravenstein, Rambo, Ribston Pippin, Fall Pippin, in order to make his apples, Haysley or Douse, Maiden's Blush, Large Wine, Ladies' Sweeting, Lyman's Pumpkin Sweet.

WINTER APPLES—Baldwin, Bailey Sweet, Black Golden, Blue Pearmain, American Golden Russet, Roxbury Russet, Rhode Island Greening, Gage's Spitzburg, Swaar, Sweet Giftflower, Sugar Sweet, Honey Greening, Honey Sweet, Pound Sweet, Pound Sour, Peck's Pleasant, Tallman Sweet, Tompkins Co. King, Wagner.

Pears—Barlett, English Jargonelle, Blenker's Meadow, Belle Lacerative, Louise Bonn D Jersey, Seckel, Beurre D'Amalie, Golden Bourne, Flemish Beauty, Glout, Morgana, Lawrence.

Also—Siberian Crab, Quince, and Grape roots—several varieties. **C. & N. HAMMOND.** Middlebury, Tioga Co., Pa., Jan. 1, 1866-1y.

POUTZ'S



AND CATTLE POWDERS.

This preparation, long and favorably known, will thoroughly purify the system, and drive out all impurities, by strengthening and cleansing the stomach and intestines.

It is a sure preventive of all diseases of the digestive system, and is especially adapted to the treatment of all cases of Indigestion, Flatulency, and other ailments of the stomach and bowels.

It is also a powerful cathartic, and is especially adapted to the treatment of all cases of Constipation, and other ailments of the bowels.

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BIOKRENE OR LIFE-REJUVENATOR

STRENGTH TO THE WEAK! YOUTH TO THE AGED!

This preparation is unequalled as a Rejuvenator and Restorer of wasted or inert functions.

The aged should be careful to make the BioKrene a household god, inasmuch as it will render them youthful in feeling and enable them to live over again the days of their prime life. It not only exhilarates but strengthens, and is really an invaluable blessing to those who have been reduced to a condition of senility, self abuse, indigestion, or ordinary feebleness.

It is a most delightful, desirable and novel effect on the Nervous System, and all who are in any way prostrated by nervous debilities are earnestly advised to seek a cure in this most excellent and unequalled preparation.

Persons who, by imprudence, have lost their natural vigor, will find a speedy and permanent cure in the BioKrene.

The feeble, the Languid, the Dispirited, the Old should give this valuable discovery a trial: it will be found to be a most beneficial and restorative for the same purpose.

To Females.—This preparation is favorable in nervous debility of all kinds, as it will restore the wasted strength with wonderful permanence.

It is also a powerful cathartic, and is especially adapted to the treatment of all cases of Constipation, and other ailments of the bowels.

One Dollar per Bottle, or six Bottles for \$5. Sold by Druggists generally.

Not only give immediate relief, but are sure to effect a permanent cure in the Dyspepsia and Liver Complaint. They are not a purgative, and therefore their use does not create a necessity for the habitual use of Cathartics. They cause no sickness of the stomach, no griping of the bowels, and are perfectly harmless to the most delicate.

They will immediately correct a Sour Stomach, cure Flatulence, Heartburn, Sickness or pain in the Stomach, Constipation, Hoarseness of voice, Liver Complaints, Headache, and in fact all those disagreeable and dangerous symptoms of the disease, which unite one for the pleasures and duties of life.

They are an agreeable and wholesome aperient, without any of the injurious effects which endeavor to make it the only one of its kind, and all purgative medicines. By their purifying, strengthening and invigorating power they are sure to keep the digestive organs in a healthy condition, thus preventing Constipation, Diarrhea or Dysentery.

Weak and delicate persons, who have been injured by the use of powerful and purgatives, will find them a mild, safe and sure restorer of the digestive organs to their original strength and vigor.

Prepared solely by **S. N. ROCKWELL,** S. E. Cor. 21st and Market Sts., Philadelphia, Pa.

See that my Signature is on the face of the box before purchasing. Beware of spurious imitations.

W. D. FERRELL, Wholesale Agent, Corning, N. Y. Sold by all Druggists. Corning, Sept. 20, 1865-1y.

SELLING OFF AT REDUCED PRICES.

The undersigned would respectfully invite the attention of the public to his

PENSION AGENCY.

To Soldiers and Their Friends.

THE UNDERSIGNED having had considerable experience in procuring Pension Bounties and Back pay of Soldiers, will attend to all business in that line entrusted to his care with promptness and fidelity. ALL SOLDIERS discharged by reason of wounds are entitled to the \$100 bounty.

Pensions, Bounties, and arrears of pay, collected by the undersigned. Persons wishing to confer with me will please call or address me by letter at Sylvanias, Bradford county, Pa. Charges reasonable. GEO. P. MONROE.

Refers by permission to H. B. Card, County Treasurer, Wellsboro, Pa. D. P. Pomeroy, Troy, Pa. A. H. Spaulding, Sheriffs, Towanda Pa. [April 1]

KNOXVILLE FOUNDRY.

HEAD QUARTERS OF THE IRON BRIGADE AUGUST 1st, 1866.

Special Notice is hereby given to Returned Soldiers, returned aheadquaters, those liable to draft and to exempt, that the War is now ended and no should.

HIGH PRICES END. All will take notice that we are prepared to serve those wanting any thing in our line on short notice and at

REDUCED PRICES. We would call attention to a few of the articles of our manufacture.

THE PEOPLE'S FRIEND COOK STOVE is still in great favor with those desiring an ELVATED OVEN COOK STOVE.

Our PARLOR, BOX, & COAL STOVES deserve attention before purchasing elsewhere.

Our IRON & WOOD BEAM FLOWS are as good as any if not better.

We would call particular attention to our ROAD SCRAPERS, as we are confident that they cannot be excelled.

MACHINERY made and repaired on short notice. We intend to keep up with the improvements of the times.

Try us and be convinced. **TERMS CASH ON DELIVERY.** **J. P. BILES,** Knoxville, August 2, 1865.

REYNOLDS'S TURBINE WATER-WHEELS.

The undersigned has been appointed Agent for the sale of these celebrated wheels, which are believed to have proved to be the most powerful and economical in the use of water of any wheel now known.

Applications by letter or otherwise promptly attended to, and mills visited, wheels set, and warranted, and millwright work done in my usual thorough manner. **J. G. PUTNAM,** Tioga, Pa., Jan. 10, 1866-3m

DENTISTRY.

C. N. DART, WOULD say to the public that he is permanently located in Wellsboro, (Office at his residence, near the Land Office and Episcopal Church) where he will continue to do all kinds of work confided to his care, guaranteeing complete satisfaction where the skill of the Dentist can avail in the management of cases peculiar to the calling. He will furnish

ARTIFICIAL TEETH, set on any material desired.

FILLING & EXTRACTING TEETH, attended to on shortest notice, and done in the best and most approved style.

TEETH EXTRACTED WITHOUT PAIN by the use of Anesthetics which are perfectly harmless, and will be administered in every case when desired. Wellsboro, Jan. 1, 1866-1y.

MRS. A. J. SOFIELD WISHES TO

advise her customers that she is now removing from New York, the assortment of **MILLINERY GOODS,** which she has taken much care in selecting. Ladies will find a superior quality of

MERINO UNDER-WRAPPERS, MERINO HOSIERY, Infants' Hoods, Dress Caps, fine linen Handkerchiefs and everything in the Millinery line. Jan. 1, 1866-1f

UNITED STATES HOTEL.

Main Street, Wellsboro, Pa. **D. G. RITTER,** Proprietor.

Having leased this popular hotel property, (late occupied by Mr. Nelson Austin) I shall endeavor to make it the most comfortable and pleasant place for the traveler's home. Personal attention will be given to the table, and the comfort of guests will be a prime object. The tables will be under the care of an experienced hostler. Wellsboro, Jan. 1, 1866-1y.

WELLSBORO HOTEL.

(Corner Main Street and the Avenue.) **WELLSBORO, PA.** **B. B. HOLIDAY,** Proprietor.

NEW ARRANGEMENT!

T. L. BALDWIN & CO., TIOGA, PENN'A

ARE RECEIVING A LARGE AND WELL SELECTED STOCK OF

DRY GOODS, BOOTS AND SHOES, GROCERIES, HARDWARE, CROCKERY, HATS

AND CAPS, PAINTS AND OILS, WALL PAPER,

GROCERIES, &c., &c.

WHICH WILL BE

READY PAY ONLY.

TIOGA, Jan. 1, 1866-1y.

NEW FALL AND WINTER GOODS!

AT THE PEOPLE'S STORE, in Corning!

We now have on hand an unusually **LARGE ASSORTMENT OF**

FALL AND WINTER GOODS, adapted to the best trade of this place and vicinity, and shall be constantly receiving such additions to our stock as the varied wants of our numerous customers shall demand.

Our stock consists in part of our usual variety of **DOMESTIC GOODS,** a larger stock of Mourning and other Dress Goods than ever before, among which are a large line of

FRENCH MERINOS, IN GOOD COLORS, **AT \$1.00 PER YARD.**

A good stock of **Cloths and Cassimeres,** to be sold by the yard or made up to order.

BEAVERS, DOESKINS, & SACKINGS, for Ladies' Cloaks and ornaments to trim them.

FLANNELS OF EVERY VARIETY, RED, BLUE, GREY, YELLOW, WHITE, FLANNELED & TWILLED, OPERA FLANNELS, SHIRTING FLANNELS.

SHAWLS for Gents, Ladies, Misses and Children.

Balmoral and Hoop Skirts, HOSIERY AND GLOVES, of every variety, among which are

ALEXANDER'S KIDS, BUCK MITTS, and GLOVES.

BOOTS, SHOES, & RUBBERS, Among which are the Arctic Rubber, a new and very nice article.

DRY GOODS, &c

Our facilities for BUYING GOODS are UN-SURPASSED by any in this section, and we wish it understood that

We do not intend to be **UNDERSOLD** by any,

quality of Goods considered, whatever others may say about it, and in proof of this we ask an EXAMINATION of our GOODS and PRICES, examining ourselves not to get angry for showing Goods when no purchase is made. We shall give our customers the FULL BENEFIT OF ANY DECLINE in the Market should there be any, and should Goods advance we shall be compelled to follow. We shall continue the system of

One Price and Ready Pay, which is steadily growing in favor.

We tender our thanks to the citizens of Tioga Co., who have patronized us and would respectfully invite those who have never done so to call and see us. Store opposite the Dickinson House on Market Street, three doors west of the corner, and two doors east of Hungerford's Bank.

SMITH & WAITE, Corning, N. Y., Jan. 1, 1866.

WHAT LARGE, FRESH STOCK OF

WINTER DRESS GOODS

KELLY & PURVIS, IS GOING OFF LIKE

HOT CAKES!

Wellsboro, Oct. 25, 1865.

TO CONSUMPTIVES.—The advertiser, having been restored to health in a few weeks by a very simple remedy, after having suffered for several years with a severe lung affection