

USEFUL AND SUGGESTIVE.

The Feet. Of all parts of the body, there is not one which ought to be so carefully attended to as the feet. Every person knows from experience that colds, and many other diseases, proceed from the feet. The feet are at such a distance from "the wheel of the system," that the circulation of the blood may be very easily checked in them. Yet, for all this, and although every person of common sense should be aware of the truth of what we have stated, there is no part of the body so much trifled with as the feet. The young man would be contented-footed, cramp their feet into blue-slippers, bonepinching boots. In order to display neat feet, the fashionable sense of the term. Now this is very wrong. In cold weather, boots of good thick leather, both in soles and uppers, and large enough to give free circulation of the blood to the feet, should be worn by all. They should be wide-fitting, warm, but not a-tight. It injures the feet to wear an airtight covering over them. India-rubber shoes or boots should not be worn except in wet and slushy weather, and then taken off as soon as the exposure to it is over. No part of the body should be allowed to have a covering that entirely obstructs the passage of the air, and acid gas from the pores of the skin. Life cannot be destroyed in a very short time by stopping these little pores of the skin. There is one great evil against which every person should be on the guard, and it is one which is seldom guarded against. We mean the changing of warm for cold shoes or boots. A change is often made from thick to thin shoes, without reflecting upon the consequences which might ensue. It is a dangerous practice, and many an individual has suffered hours of illness because of it.

For the Household. How to CURS HAMS.—Here is J. Howard McHenry's recipe: The meat, after being cut out, must be rubbed, piece by piece, with very finely powdered saltpetre, on the flesh-side, where the leg is cut off, a tablespoonful of saltpetre, each ham a "sheet" of paper, and the saltpetre should be about half that quantity to each muddling and joint; this must be rubbed in, then salt it by packing a thin coating of salt on the flesh side of each piece; say one-half inch thick, pack the pieces on the scaffolding, or on a floor with strips of plank laid in a few inches apart all over it, and in the evening (the pieces must be played skin side down, in the following order:—

BURNING CHIMNEY.—If it is desired to extinguish a fire in a chimney which has been lighted by a fire in the fireplace, shut all the doors of the apartment so as to prevent any current of air up the chimney, and throw a few handfuls of common salt upon the fire, which will immediately extinguish the same. The philosophy of this is that in the process of burning the salt, muriatic acid gas is evolved, which is a prompt extinguisher of fire.

POTATO PUFF.—Take cold roast mutton, beef or mutton, veal and ham together, clear from gristle, cut small, and season with pepper and salt, and cut pickles, if liked. Roll and mash some potatoes, make into a paste with an equal quantity of muddling with flour. Cut round with a saucer, put some of the seasoned meat upon one half, and fold the other over like a puff, which or nick neatly round, and fry a light brown. This is a good method of warming up meat which has been cooked.

TO CURE SALT RHEUM.—I have known severe cases of Salt Rheum cured by using the following: Two ounces of fresh fish oil, one tablespoonful of sulphur; one ditto oil of tar; half an ounce origanum; half an ounce rosemary. Melt the tar, butter and sulphur together. Be sure the sulphur is melted. Let stand until cool, then add the oil and stir until cool. Apply plentifully two or three times a day, heating it in.

TO REMOVE TAN.—M. B. Santa Clara Co., the "face" that will remove tan and make the face smooth and supple to the skin, is the "youthful state." We answer, the "youthful state." Frequent and thorough bathing, using soap, according to circumstances. Keeping the pores of the skin open and active is the best preservative of "youth" we know of, except a good digestion; and it helps to insure that.

REMEDY FOR COLIC.—Mr. Rose, a merchant of San Diego, announces that the creators of so much torment in the world can easily and surely be cured by applying a good coat of gum arabic mullage every evening on going to bed. He had them for forty years, and tried nearly all the remedies in existence without relief, until he tried the above, which readily cured him in a few weeks. It helps to insure that.

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WICKHAM & FARR. Second Stock. Fall and Winter Goods.

Low Rates. Real Estate Agency. 60 VILLAGE LOTS.

Manufacturing Purposes. CHEAP CASH STORE.

Foreign and Domestic. DRY GOODS.

Choice Groceries. Ladies' Dress Goods, Buttons, All Kinds of Linen Goods, White Goods.

Hats & Caps, Boots & Shoes, Hudders. Choice Groceries.

Choice Groceries. Sugar, Soap, Tobacco, Syrup, Rice, Biscuits, Coffee, Tea, Crackers, Salt, Flour.

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Ayer's Sarsaparilla. It is widely known as one of the most efficacious remedies ever discovered for cleansing the system and purifying the blood. It has stood the test of years with an unbroken reputation, based on its intrinsic virtues, and sustained by its remarkable cures. So mild as to be safe and beneficial to children, and yet so searching as to effectually purge out the great corruptors of the blood, such as the scrofulous and syphilitic contamination, impurities, or diseases that have accumulated in the system, soon yield to this powerful and delicate cure, many of which are publicly known, of Scrofula, and all scrofulous diseases, Ulcers, Eruptions, and eruptive disorders of the skin, Tumors, Blisters, Boils, Pimples, Pustules, Sores, St. Anthony's Fire, Rosacea, Erysipelas, Tetter, Salt Rheum, Ringworm, Head, Itching, and Internal Ulcerations of the Uterus, Stomach, and Liver. It also cures other complaints to which it would not seem especially adapted, such as Dropsy, Rheumatism, Gout, Neuralgia, Heart Disease, Female Weakness, Debility, and Leucorrhoea, when they are manifestations of the scrofulous poisons. It is an excellent restorer of health and strength in the Spring. By renewing the appetite and acting on the digestive organs, it dissipates the depression and listless languor of the season. Even where no disorder appears, people feel better, and live longer, for cleansing the blood. The system moves on with renewed vigor and buoyancy.

Dr. J. C. Ayer & Co., Lowell, Mass. Practical and Analytical Chemists. Sold by All Druggists Everywhere.

Books. Religious, Historical, Legal, Blank or School. N. B. A full assortment of the latter. Also, an excellent assortment of ALBUMS, MIRRORS, PICTURE FRAMES, STATIONERY, COBBS AND TABLES, and TOBACCO. Also for

Music! Music! MISS H. W. TODD'S MUSIC STORE. For sale very cheap. Also, MASON & HAMLIN CABINET ORGANS.

New Jewelry Store. Understood well respectfully as to the citizens of Wellsboro and vicinity, who have opened a

Jewelry Store. In the building opposite the Railroad Store. His stock consists of all the latest styles of

Choice Groceries. Sugar, Soap, Tobacco, Syrup, Rice, Biscuits, Coffee, Tea, Crackers, Salt, Flour.

The Regulator. CORNING, N. Y. It is now full of goods suitable for the winter trade. The assortment is complete in every department.

DRY GOODS, GROCERIES. Crockery, Boots and Shoes, Notions.

Fancy Goods, &c. The Stannard. Washing Machine.

At Low Prices. Ladies' Dress Goods. W. J. Horton & Brother.

NEW GOODS! JUST RECEIVED AT W. J. Horton & Brother.

Ladies' Dress Goods. Fancy Goods, Yankee Notions, Boots, Shoes, Hats & Caps.

Choice Groceries, Etc. Ready-Made Clothing in abundance.

DRUGGISTS. The Largest Establishment in Northern Pa. PIERCE & BASS.

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R. E. Olney, JEWELER. SILVER SPOONS. Plated Spoons and Forks, Table, Dinner and Fruit Knives.

JEWELRY STORE! WELLSBORO, PA. ANDREW FOLEY, who has long been established in the Jewelry business in Wellsboro, has always for sale.

AMERICAN WATCHES. Gold or Silver, Clocks, Jewelry, Gold Chains, Keys, Rings, Pins, Pencils, Cases, Gold and Steel Pens, Plated Ware, Sewing Machines.

The Stannard. Washing Machine. Dentistry.

Rosadalis. THE INGREDIENTS THAT COMPOSE ROSADALIS are published on every package, therefore it is a safe and secret preparation.

Insurance! Insurance! Mutual Life Insurance Company. OFFICE, No. 112 S. 4TH ST., PHILADELPHIA.

AGENTS WANTED FOR PALACE HOTEL. PHASES OF LONDON LIFE. The Very Largest Commissions Paid.

MERCHANT TAILORING! COARSE & FINE CLOTHING. For Sale or Rent.

MERCHANT TAILORING! COARSE & FINE CLOTHING. For Sale or Rent.

RAILWAY TIME TABLES. ERIE RAILWAY. NEW AND IMPROVED DRAWING ROOM AND SLEEPING COACHES.

Additional Local Trains Westward. 5:00 a. m., except Sundays, from Wellsboro.

Additional Local Trains Eastward. 8:00 a. m., except Sundays, from Wellsboro.

Northern Central. Direct Route North and South. On and after Monday, Nov. 15th, 1875, Trains will depart from Troy, Pa., as follows:

Insurance! Insurance! Mutual Life Insurance Company. OFFICE, No. 112 S. 4TH ST., PHILADELPHIA.

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HOW THEY HAD HIM. When I was young and tender, too, I had a point and had to do. Whatever mother bade me, she used to have a waist stick, which kept me on the double quick, and that was where the stick was.

When older grown, and quite a beau Among the girls, I used to know A Miss Trillina Clark, And, with the help of amies and maids, I fell in love at forty rods. And there is where she laid me.

When I was older, say sixteen, I thought it time to have a queen, And asked her if she'd wed me; She said she'd marry me, Or words to something that effect, And there was where she had me.

But when, to make the matter straight, I went up to negotiate, And there she said she'd wed me, He said she'd care to sell, He told me I might go to—well, And that was where he had me.

I dreamed my sorrow in the cup, I had it got my stand to do, (If I could have been madder,) When she proposed that he be one In spite of the—well, he was, And that was where I had her.

Two lovely urchins on my knee I'm proud to say belong to me (That is, to me and matrimony) For when he left our marriage bed, We spent a year or two abroad— And there was where we had 'em.

ALL SORTS. The Prince of Wales, since his recovery, is the most popular man in England. The cathedral clock at Louisville, Kentucky, froze up and stopped running the other day.

A marble bust of ex-Governor Chamberlain, of Maine, is soon to be set up in the State Capitol, of Augusta. Not a single person has visited the Rev. Mr. Watson, the English wife-murderer, since his conviction, it is said.

Six months is nowadays considered to be the extreme length of time that an engagement should exist before marriage. A cynical lady, rather inclined to flirt, says most men are like a cold—very easily caught, but very difficult to get rid of.

The total cost of the ceremonies attendant upon the inauguration of the new Gov. of the State of New York is \$10,000. The Rochester Democrat says "Washington has a new weekly paper, called the Transcript. It will live three months or less."

Napoleon, it is now stated, was a counterfeiter a good many years ago, and proof of the fact has been found in papers left in the Tuileries. Cincinnati is said to be the most densely populated city in the United States, having 50,000 people to the square mile against New York's 25,000.

Mr. George Jacques, of Worcester, Mass., has given the city of hundred and fifty thousand feet of land, valued at \$50,000, as a site for a city hospital. The Boston Society for the prevention of Cruelty to Animals offers prizes to public school scholars for compositions on the subject of kindness to animals. At an Illinois party in Sandova, a notice was posted that any man who so far forgot himself and the year as to ask a young lady to dance, should be fined \$5.

John Harper is putting his horses in order for next summer's campaign. Longfellow is looking better than ever before, and promises to never be beaten again. A writer on post office matters thinks that there would be less complaint if the public could only be as careful in directing letters as the post in delivering them. It is stated that James M. Ingersoll, the runaway chairmaker, and his wife are stopping at the Hills House, in Charleston, where his name is registered as James Harvey. In noticing Kate Field's pen photographs of Charles Dickens, the Spectator says: "We wonder whether the Americans are going to make that sort of appropriation of Dickens which the Germans have made of Shakespeare."

The Providence Press says that a "very bitter discourse against the opera in general, and 'Don Giovanni' in particular, was preached in one of their churches last Sunday. The clergyman took a libretto into the pulpit with him. A Mrs. Woods, of Millersburg, Ohio, is making a good thing out of a drunken husband and a large family. She has drunken by report, \$10,000 already, and at last accounts Mr. Woods was on his way to a drinking saloon. A score or so of Chicago weddings for which every preparation but one had been made, had to be postponed lately because of an unfortunate interim between the retirement of one county clerk and the appointment of his successor. Miss Charlotte Cushman is to read a poem in Boston next spring, which is being translated for her by the poet Longfellow. It will have a musical accompaniment performed by an orchestra under the direction of Mr. Carl Zerrahn. A very smart telegraph operator in Arkansas sent a despatch to a Memphis firm instructing them, as from a responsible bank, to pay \$300 to one Morgan, and then going to Memphis, he claimed to be Morgan and received the money. The Boston Transcript says: "Recent occurrences in this city should teach rich men the importance of signing their wills as soon as they are written out, if they do not want undue excitement and disreputable proceedings during their dying beds. A fond father, having seen a recommendation that a long ladder should be always left leaning against the house in case of fire says that 'they can't lean a ladder against his house, as his girls can see beaux enough without the use of a ladder.' The four hundredth anniversary of the birth of Copernicus will occur February 19, 1875, and the old contest as to whether he was a German or a Pole is revived. He was born in Thorn, the name of German ruler, but the Poles say Thorn was really a Polish town, so the Poles will celebrate his birth. As strange as it may seem, the United States possesses more than 50,000 miles of railroad out of the 124,000 in the world—Great Britain follows the United States with 10,000 miles; Germany, 12,000; France, 10,000; Russia, 5,000; Austria, 4,000; Spain, 3,700; Italy, 3,400; Belgium, 2,000; Holland, 1,000. A Georgia darkey, to whom Senator Sumner's supplementary civil right bill was explained, characterized it as "a trap to kill fog niggers." "You see, sah, some fool nigger will go for dat nigger out de winder and broke his neck." Arrangements are being consummated for the speedy completion and dedication of the National Monument to President Lincoln. All that still remains is to put the different pieces of statutory in place. It is said that Hon. William H. Seward will probably be selected as the orator to pronounce the eulogy upon the occasion of the dedication of the monument. Randolph Rogers, having completed the Soldiers' Monument at Detroit, left on Friday evening on a brief visit to his friends at Annapolis. He will return immediately to Rome. He has an order for a soldier's monument at Worcester, Mass., to cost \$30,000, and his first work after returning to Rome will be the preparation of the figures for that monument.