OUR BEDROOMS.

One of the most general, and at the same time one of the most pernicious errors in modern architecture—especially in the construction of private dwellings-is founded on the mischievous supposition that almost ary place is good enough to sleep in. It is common everywhere to set apart the smallest rooms in the house for sleeping-apartments. To show what a ruinous mistake this is, let the reader rememher that at least one-third of a man's existence is spent in bed, in sleep. Eight hours out of every twenty-four we are in our chambers. And when it is considered that air is essential to health, that without it we cannot live two minutes, it must be of material importance whether we breathe a pure or an impure air for a third or our existence. A full sized man breathes, takes existence. A full sized man breathes, takes air, and at the same time a pure one, is an into his lungs at each breath, about a pint indispensable means of a safe and speeily of air; while in there, all the life-nutriment is extracted from it; and on its being sent out of the body, it is so entirely destitute of life giving power, that if rebreathed into the lungs again, without the admixture of any pure air, the individual would suffocate, would die in sixty seconds. As a minute, and a pint at each breath, he consumes over two hogsheads of air every the morning more fresh and vigorous. hour, or about sixteen hogsheads during the eight hours of sleep. That is, if a man were put in a room which would hold sixteen hogsheads of air, he would, during of President Johnson, thus calmly and trutheight hours' sleep, extract from it every fully sums up the great verdict of the atom of life-nutriment, and would die at people in Pennsylvania, Ohio, Indiana and the end of eight hours, even if each breath lowa: could be kept to itself, provided no air came into the room from without. But when it is remembered that, however pure the air of the whole room may have been at first, it becomes contaminated by the first expiration, hence only the first inspiration is pure, and each one thereafter becomes more and more impure, unless there be some ventilating process going on.

Every individual has, in his own expeobserved on entering a sleeping apartment windows during the whole night. The apartment, even for a single person, should have a floor surface of less than what would

discolor the whole bulk of water in a tumbler, the sleeping-chambers for the mem-tional difficulties. bers of families should not only be large the open fire-place, driving the heavy carbonic acid gas before it up the chimney.

begal in the morning. Processor Carpenser, the great physiologist, ascertained that one can be containing as fix per cent. of carbonic acid gas would produce immediate dath and that can be more plausible. Fortunately this beginning matmosphere containing as fix per cent. of a scoper brings on which is the containing and the containing

Every chamber, then, should be arranged o have a ventilating process going on all the time, at least by having an open fireplace in it; and as there can be no advan tage, but a positive injury, resulting from sleeping in any room colder than forty degrees above zero of Fahrenheit, a little fire should be kept burning in the grate or fire place, under such circumstances; Mis creates a draft up the chimney, and keeps the atmosphere of a sleeping-room compar atively pure. In cases where an actual fire cannot be kept, an admirable substitute will be found in placing a lamp in the fireplace to be kept burning all night; this creates a draft without making much heat and is a good means of ventilating a sick Five Cories, one year, [\$1.40] chamber when warmth is not desirable such, for example, as in measles, scarlet fe ver, and other skin diseases, where a cool cure. But let it be always borne in mind warm air necessarily impure With a little fire in a cold bedroom, not only is the chamber kept ventilated, but fewer bedclothes are needed, less clothing does more

THE GREAT LESSON.

The New York Times the leading organ

S ldom, indeed, has a contest been conducted with so exclusive reference to a single issue. True, the antecedents of candidates during the war have had much to do a majority of 2046, so that if we were to with the question of individual eligibility. Clymer has been consigned to private life because his sympathies and efforts were county of 702, Wilson would still be triagainst the war for the Union, while Geary's umphant by 1344 in defiance of Centre, were heroically in its support. But, after all Clinton, Lycoming, and Potter. Our friend there have been few of the considerations McAlarney of the Potter Journal promisrience, demonstrative proof of the impurity which in ordinary times have entered into of the air of a room in which a person has party controversy. The turiff, internal imparty controversy. The turiff, internal imparts the furnism relation, and he has hit the work with two tions of the government, have been discussed of a credit besides. It is worth the trouble observed on entering a section of the government of the condi-after a morning's walk; and this even when only incidentally. Everywhere the condi-more or less fresh air has been coming in tions of national unity and peace have formed ter. In the latter county not a single the theme of debute, and the standard by which party nominations have been weighed licensed liquor house of any kind is to be most eminent physiologists at home and and judged. Minor questions, therefore, found, and the extreme soberness of the abroad have estimated that no sleeping cannot be pleaded in abatement of the account as it now stands. It is a settlement just verdict at the polls. We have not the which can be altered only to be made more least doubt that if no liquor was allowed which can be antered only to exact from the south to be sold in Centre county for the space broad, or one hundred and forty four square ular determination to exact from the south of even two years, many who are in the feet, and eight or ten feet high, or about guarantees for the mantenance of the Union of even two years, many who are in the twelve or fifteen hundred square feet to as the war has made it; a Union assuring habit of voting what is supposed to be the every sleeper. But the sleeping apart-national citizenship to black and white, as-democratic ticket, in a "blind, staving" conments of many hotels, the "state-rooms" of suring equality before the law, the just packet-ships and steamships, do not average one-third of that cubic space to each violability of the loyal debt, and providing the party of intelligence and progressive combination. But as the matter now sleeper. The state-room of a steamer is effectually against the future assumption of republicanism. But as the matter now ordinarily eight feet long, seven broad, and the rebel debt or claims. This is the sum stands there is no such hope. Take away seven high, and even these are adapted for and substance of Tuesday's verdict. Not the nigger, and Democracy is dead; take ro sleepers.

As, therefore, each outbreath vitiates the or vindictive penalties, but the plan of away the liquor, it is deader; take away whole air of a room, as a drop of ink will restoration dictated by Congress, and de-both at one time, and suddenly, and no dog signed to be a final adjustment of our na- ever kicked the bucker quicker than will

It is to late to say that the popular ver and commodious, but should be so arranged dict hardly comes up to the rigid constituthat a system of ventilation—at least to a tional standard. It would avail nothing small extent—shall be going on all the now to argue that the Amendment, equition. In any case there should be a fire able though it be, ought not to be a condition. Family useless were and Kitchen undoubtedly returned to Confidence of the earnest young men of our county one of the earnest young men of our county one of the earnest young men of our county one of the earnest young men of our county one of the earnest young men of our county of Sweden, as attending school at Belfast, Allegany county, N. Y., at the time of the election, but determined not to lose his hardy comes up to the right constant.

ETNA FIRE INSURANCE COMPANY

HARTFORD, CONN.

**Sylvest Virginia has added her hardy comes up to the right consequence of the earnest young men of our county of the county of the earnest young men of our county. The property of the county of the election, but determined not to lose his and Kitchen undoubtedly returned to Condraft will be made by the cold air coming it to consider by what possible combinations in at the bottom of the doors and from other places, passing over the floor toward the places, passing over the floor toward have contended might have acquired strongholds.

Light useless were and Kitchen undoubtedly returned to Conjugate and onic acid gas before it up the chimney.

If a neglect of these things were invari-

inevitably result to all persons, under an electrometric disconnected.

At least one source of apprehension has been removed.

At least one source of apprehension has been removed. Had there elections ended adversely to Congres—had promises been phere, not natural to it, may affect the whole system, it is only necessary to state complexion of that body—the idea of a count of Indian depredations.

—The annual parade of the New York fire department will take place on the 2Ist of November. phere, not natural to it, may affect the whole system, it is only necessary to state an observed fact—that a man who sleeps near a poppy-field, with the wind blowing to the morning. A capary bird in its cage, hung to the ceiling of a curtained bed where there were two sleepers, was found dead in the morning. Professor Carpenter of the phero, not natural to it, may affect the held out of any considerable change in the complexion of that body—the idea of a second House, with the Southern representatives unconditionally admitted, might possibly have assumed dangerous dimentations. The proposition that a second Congression of a curtained bed where there were two sleepers, was found dead in the morning. Professor Carpenter of the name of the name of the name of the New York fire department will take place on the 21st of November.

—The annual parade of the New York fire department will take place on the 21st of November.

—In the class of civil engineers of Paris two young Americans stand first and third out of 133 students.

—The mills in Connecticut are now busy making molasses from the Connectical and will be able as a drugist to more the great physiologist, ascertained that where there were two sleepers, was found dead in the morning. Professor Carpen dead in the morning. Professor Carpen able to his plan, might then have been ter, the great physiologist, ascertained that more plausible. Fortunately this beginning an atmosphere containing six per cent. of carbonic acid gas would produce immediate faintest pretext can now be found for imstances than helf that amount the content of the Congressional dead in the morning. President should recognize the one tavorable that making molasses from the Connectifully meet the wants of success, cut sorghum crop. It is of an excellent wish the new firm success.

—Captain Townsend of the United meeting to consider the substances than helf that amount the confidence of the Congressional dead in the morning. Professor Carpen able to his plan, might then have been cut sorghum crop. It is of an excellent wish the new firm success.

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in the tail of his judgement.

JOURNAL Coudersport, Pa.

Tuesday, Oct. 03, 1866.

M. W. MCALARNEY, EDITOR.

CLUB PRICES for the JOURNAL We will send the Journal, at the fol

lowing rates, Cash, in advance, to subscribers in the county: \$ 1 50 Moses:"

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the white paper. Let some energetic Recate, would die in sixty seconds. As a good next day, while there is a freer escape the winte paper. Let some energetic terman breathes about eighteen times in a of gases and exhalations from the body of publican at each post-office make a little the sleeper, and the person wakes up in effort and we have no doubt he will be able to secure a list of twenty subscribers with out much trouble. Try it!

> TIOGA COUNTY .- This noble stronghold of intelligence, and consequently of Repub icanism, is sufficient of itself to elect a radical to Congress against all the rest of the counties in the 18th Corgressional district. As the result now stands, Mr. Wilson has give the copperheads our majority in Potter provements, the currency, the foreign rela- nation, and he has hit the work with two the copperhead democracy—Central Press

-The Paris Museum of Artillery has

MOSES.

DEAR JOURNAL: For some time after the committee of colored men from Nashville called on President Johnson for the "watch," the people were anxious to know just what they said to him, but they were as close as "cleaning out" of a meeting of colored men

in Tennessee, the Chairman of the delegation was arrested and a copy of the address found on his person. To gratify the public, I give it below. Tune,-"Now

Now, Moses, remember you promised to lead us From darkness and bondage to freedom and light,

With the friendship of Rebs. now you think you don't need us, But to send us to Egypt is surely not right. Chorus: Now, Moses, the giver

Says "stand and deliver" The Watch once so fondly bestow'd For Memphis' dark scenes And those at New Orleans. Show clearly our Moses is on the wrong road.

The Moses of old, when his flock needed water, Smote the hills with his rod and it flowed from the rock:

II.

But you lead your followers forward to slaughter And the use of your rod is for scourging your flock.

Chorus: Now, Moses, &c. 111.

You don't lift a serpent of brass when we're For healing our people no efforts you make,

But when by the vile northern copperhead

snake. Chorus: Now, Moses, &c.

IV. The cloud which now leads you is over you

Its shade on your pathway is fearful to view And the light you are following now for a seasor Is a "will o' the wisp" born of mania potu. Chorus: Now, Moses, &c.

Old Moses was buried by God's chosen nation On a mountain in sight of the dear promised land.

But you mean to make by the power of your station. This fate of the leader descend on the band

Chorus: Now, Moses, &c. We notice the return of our friend Dr FRENOH from his western tour, and he is, no doubt, again ready to attend to the duties of

Capt. N. J. Mills, Sen., sold his farm, ast week, to Hor Isaac Benson, for \$4,800 This is one of the richest farms in the county.

In the election returns of the vote as published in the Journal of last week the vote of Potter county for Geary was published 2316-it should have been 1316.

A friend has informed us of another case of self-sacrificing patriotism on the part of

Messrs. J. M. Hamilton, Benjamin Ren-If a neglect of these things were invariably followed by death before morning, attention to them would be compelled. But although the deleterious effects do not thus speedily and impressively follow, they do inevitably result to all persons, under all circumstances—coming on slowly, it is true,

Dr. O. T. Ellison and M. S. Thompson have formed a partnership under the name of

As winter is rapidly approaching and fires will become more numerous, see to it that your buildings are insured. Call at the Jour-NAL OFFICE AGENCY. Policies issued in the best Companies of the country at fair rates. The Prothonotary of this county has

received the Pamphlet laws of the State of "bull-frogs in February." Lately, at a Pennsylvania, and Justices of the Peace and others wishing copies can obtain them by callng on him. 0.0

Would you have your food set well upon your stomach, your digestion regular, and no trouble from sick headache, sour stomach, constipation; in short would you be cured of Dys pepsia? then Use Coe's Dyspepsia Cure. It is a certain remedy in all such cases.

TESTIMONIAL OF RESPECT. Eulalia Lodge, No. 342, Wednesday, Oct. 24, 5866,

Whereas, the Great Creator has been pleased in his all-wise providence to remove our worthy Brother, Past Master TIMOTHY IVES, from the ares and perplexities of this transitory exis-

And Whereas, it becomes us as a Lodge to recognize in a belitting manner the departure of the brother who has been summoned to the land where our fathers have gone before as and to pay a fitting tribute to his memory, There-fore, be it Resolved, That in the death of our worthy

friend and brother, the institution of Free-Masonry has been deprived of one of its most earnest friends and supporters, and our Lodge its greatest benefactor, and we might almost say its founder, for to his exertions we are principally indebted for the warrant under which we

Resolved, That his loss will be deeply felt. not only by the fraternity as one of its truest members, but also by the whole community as a citizen and neighbor, to whom he has endear-ed himself by his many acts of neighborly kindness and by his noble generosity to the poor and suffering.

Resolved, That to his widow and immediate

relatives and friends who most deeply feel this loss we have all sustained, in this the hour of their desolation, we can only say that we deeply bitten,

bitten,

You give us the fangs of the real southern

and most sincerely sympathize with them in their great affliction ann reverently point to Him who tempers the wind to the shorn lamb as the true source of consolation.

Resolved, That a copy of these resolutions be presented to the widow of our deceased brother

and that they be engrossed upon the Minutes of the Lodge, and published. By the Committee:

I. A. STEVENS, M. W. MCALARNEY.

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Wm. Shear. Oct. 23. 1866-3m

DR. TOBIAS'

Venetian Liniment.

An instantaneous remember to a coince, quirar, sore throat, and pains in any part of the body. Remember, this article is a success—not an experiment for 10 years in this bent tested. No mean experiment for 10 years in the public and all are lond in the property of the public and all are lond in its praise. "Chronic rheumatism." Thousands who had laid for weeks on a bed of agony, and never walked without the aid of crutches, with this council, and restify to the magical effects of this limiment. Remember, relief is certain, and a positive care is sure to follow. Headache of all kinds we warrant to cure. Putrid sore throat, quinsy, and distinct are robbed of their terrors by a timely use of the Venetian Limment. It has saved hundreds the past three months. Price 40 and 80 cents a b title. Office, 56 Cortlandt street, New York. Sold by sill Druggists.

Office. 56 Cortlandt street, New York. Sold by sil Druggists.

Privishergi. May 10th 1266.

Messer. Hostelter & Smith:

Gentherical During a visit to the West, last fall, I contracted chilis and fever, which brought me to my bed, and finally terminated in typhoid fever, and which time I was physically so programated that I had almost entirely lost my appetite for fave, non being almost despaired of ever recovering my health, having almost entirely lost my appetite for fave, non being able to eat a morsel, added to which I was dustressed with a reoling sensation in my head, and passed many sleepless nights—all from debility canaded by my prostrate condition, brought about by fever. At this stage of my condition a faired recommended me to use your celebrated Schanch Bitters, but being mornly opiosed to the use of stimulants in any form. I at first declined, but afterwards yielded my prefudence, and after taking the medicine for several weeks my appetite returned, and with it I surrepidly regaining my former strength and vicor. My sleep (from the loss of which I have suffered much) has never been better than it is now, and the recling sensation (before alluded to) has entirely left me. My bowels, which were much constipated and irregular, are now quite natural, and, in fact, I am glad to say that I feel myself a new man, and tender you that test immodal of my appreciation of your valuable p eparation in order that others, suffering as I have, may add that my physician, after seeing the beneficial effect of your Ritters on me, recommended that I use them regularly. Yours, very respectfully, use them regularly. Yours, very respectfully, use them regularly. Yours, very respectfully, use them regularly. Yours, very respectfully.

BLACK AS A CROW. a few years since, was many a splendid head that is now grey or grizzled. Why not restore to the yet unwrinkled brow its raven honors? Five minutes effects the splendid transformation. In less time than a rifleman would take to

Load and Fire

three times, the greyest head may be made darked than the RAVEN'S WING. No matter of what undesirable that the hair or whis kers or beard may be, the change to a superh and perfectly materal black or brown is accomplished by

ne annication of CRISTADOROS HAIR DYE, without staining the skin or injuring the Illamenta, Manufactured by CRISTADORO, 6 Aster House, New York. Sold by Druggists, Applied by all Halt-Dressers.

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BRANDRETH'S PHILE. They should be in every family, ready for use on the first symptoms of disease) occurring. This method will often save life. Remember, the and your safety demands it should be got rid of without delay. Colds, rheumatism, asthma, injection, diarrhoed, colles, in fact, all sickness is the conse

\$6,000,000 and the letters. Sold by Druggists.

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Or Lights and Shadows of the Great Robellida.
THERE is a certain portion of the war that will
never go into the regular histories, nor be emboded in romanel or poetry, which he a veryireal part
of it, and will, if properved, convey to succeeding generations a better idea of the spirit of the conflict than
many dry peports or careful narratives of events, and
this part may be called the gossip, the fon, the pathos
of the war. This litustrates the character of the leadcrs, the humor of the soldiers, the devotion of women,
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comical and indicrons adventures, etc., etc.

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IS THE BEST. It is made on the best principles. Its frame s composed of SOLID PLATES, NO jar can interfere with the harmony of its working and no sudden shock can damage its machinery. Every piece is made and finished by machinery (itself famous for i's novelty, as well as for Capital,

\$560,000 (itself famous for i's novelty, as well as for its effectiveness) and is therefore properly made. The watch is what all mechanism should be—ACCURATE, SIMPLE, STRONG AND ECONOMICAL Except some high grades, too costly for general use, foreign watches are chiefly made by women and boys.

Such watches are composed of several hundred contractions and contractions of the second contractions. pieces, screwed and riveted together, and require constant repairs to keep them in any kind of order. All persons who have carried "ancres," "lepines" and "English Patent Travelers Insurance Com'y of Hartford Levers," are perfectly well aware of the truth of this statement.

At the beginning of our enterprise, more than ten years ago, it was our first object to make a thoroughly good low-priced watch for the million, to take the place of these foreign impositions-the refuse of foreign factories which were entirely unsaleable at home and perfectly worthless everywhere.

How well we have accomplished this may

be understood from the fact, that after so many years of public trial, we now make MORE THAN HALFOF ALL THE WATCHES SOLD IN THE UNITED STATES, and that no othershave ever given such universal satisfaction. While this department of our business is continned wish increased facilities for perfect work, we are at present engaged in the manufacture of watches of the very HIGHEST GRADE KNOWN TO CHRONOMETRY, unequalled by anything hitherto made by our-selves, and unsurpassed by anything made in the world. For this purpose we have the amplest facilities. We have erected an addition to our main buildings expressly for this branch of our business, and have filled it with the best workmen in onr service. New machines and appliances have been constructed, which perform their work with consumate delicacy and exactness. The choicest and most ap-proved materials only are used and we chailenge comparison between this grade of our work and the finest imported chronometers. less money than foreign watches, but we do assert without fear of contradiction that for the same money our product is incomparably superior. All our watches, of whatever grade are fully warranted and his warrantee is good at all times against us or our agents is all parts of the world.

CAUTION.—The public are cautioned to buy only of respectable dealers. All persons selling counterfeits will be prosecuted. ROBBINS & APPLETON, Agents for the American Watch Company.

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