

he was not always successful in killing him. He was a bold rider and an admirable horseman, though he never claimed the merit of being an accomplished fox-hunter. In the height of the season, however, he would be out with the fox hounds two or three times a week, accompanied by his guests at Mount Vernon and the gentlemen of the neighborhood, especially the Fairfaxes of Belvoir, of which estate his friend George William Fairfax was now the proprietor. On such occasions there would be a hunting dinner at one or other of these establishments, at which convivial repast Washington is said to have enjoyed himself with unwonted hilarity.

Now and then his old friend and instructor in the noble art of venery, Lord Fairfax, would be on a visit to his relatives of Belvoir, and then the haunting was kept up with unusual spirit. His lordship however since the alarms of the Indian war had ceased lived almost entirely at Greenway Court, where Washington was occasionally a guest when called by public business to Winchester. Lord Fairfax had made himself a favorite throughout the neighborhood. As lord-lieutenant and custos rotulorum of Frederick County he presided at county courts held at Winchester, where during the sessions he kept open table. He acted also as surveyor and overseer of the public roads and highways and was unremitting in his exertions and plans for the improvement of the country. Hunting, however, was his passion. When the sport was poor near home he would take his hounds to a distant part of the county, establish himself at an inn and keep open house and open table to every person of good character and respectable appearance who chose to join him in following the hounds.

UPS AND DOWNS.

Our world has long been celebrated for its ups and downs, and a modern not a moral philosopher, who appears to be decidedly up and down in his opinions, thus speaks of them: "When it is all up with a man," he is generally found to be 'down in the mouth.'—When a man is 'up in the world,' he ought to 'come down handsomely.' A thing once found out as 'not what it's cracked up to be,' will never 'go down.'—It is awkward to be 'down at the heel,' and 'up to the ears in debt.' It is hard to be 'hard up' for money, and 'run down' by duns. An actor who is 'up in his part,' stands a good chance of being 'down in the cast.' Compositions are usually 'set down' on paper, before they are 'set up' in type.—Ten pins are 'set up' to be knocked down,' and so are things at auction. One who is 'up to too many tricks,' is very apt to be 'set down' for a rogue. Many a man 'sets up for a saint,' whom the world 'sets down as a sinner. It is easier to 'kick up a rumpus' than to 'put down a riot.' The business of life, in short, is merely a series of ups and downs, and, we may all sing, like boys playing 'see-saw'—

"Here we go up, up, up,  
Here we go down, down, down,  
Now we go backwards and forwards,  
And here we go all around!"

LITTLE AT A TIME.—It is but "little at a time" that the mind can digest; but "little at a time" that the mind can absorb; but "little at a time" that the mind can assimilate. The violation of this law is the reason why, from all this schooling, scholars learn so little—know so little. It is the fabled story over again. They attempt to take so much at once, that it all slips through their fingers, and lo! their hands are empty! This is a simple fact. Look about you, all around you. You will find, a month or two months after the term is closed, that the scholars can tell you scarcely any thing of the things they went over in term time, and 'recited' to the teacher. Why? They undertook so much that it went through them undigested; they had not the power to assimilate the undigested mass, and *AT LAST* was lost. Occasionally, here and there, an item might have been digested; that was assimilated, and was 'theirs. Now, such might have been the history of every day.

SIGNS.—To hear a death-watch denotes that there is a little insect near you. A ringing in your ears is a sign that you have taken a little cold. To see strange sights, or to hear dismal sounds, is a sign there is something to cause them, or that your head or nervous system is disordered. To have frightful dreams, is a sign that you ate too much supper. To see an apparition or to be bewitched is an uncontested evidence that you are lacking common sense.

A DUEL IN THE DARK.—A late California paper mentions a duel which was fought between a Yankee and an Englishman in a dark room. The Yankee not wishing to have blood on his hands, fired his pistol up the chimney, and to his horror, down came the Englishman.

TO GET A PROPER ESTIMATE OF THE NUMBER of idlers in town, or the strength of the "do-nothings," just get up a dog fight, and they'll come from all quarters like chickens to a peck of corn."

The Housekeeper.

DOMESTIC RECEIPTS.

A NICE JELLY OR SPONGE CAKE.

"San Bonnet," in the Ohio Cultivator, calls this a Scurvy Cake, but says it is very nice: One teaspoon of sugar, three eggs well beaten to a foam, one teaspoonful of cream of tartar, and half a teaspoonful of soda. This will make paste enough for two baking plates full, for jelly cake, or one plain cake, which should of course be made thicker. For jelly cake, bake thin on plates, and then roll the cake into a kind of cylindrical coil. When wanted for use, cut it across in slices. You will find this a quick made, palatable jelly cake. If you use this recipe for plain cake, add such spices as you like best to the above. This is particularly convenient for people in cities, who cannot obtain milk at times for making up pastry.

"Ella," in the Michigan Farmer, supplies housewives with the following receipts for making family good things:

TO MAKE POT PIE CRUST AND HAVE IT LIGHT. To one pint of sour milk add one teaspoon of sour cream, or two thirds of a cup of butter, one egg, salaratus, and mix hard like bread. Never roll it or cut it, but nip it off in pieces the size you wish. Boil half an hour, and you will always have it as light as a puff.

TO MAKE AN OR GRIDDLE CAKES. To one quart of sour milk add the yolk of four eggs, salaratus enough to sweeten the milk, put in flour to make a batter; beat the whites of the eggs to a froth, and stir it in when you commence to bake; they are much better than the common way of making them.

STARCH OR SALOON CAKE. Take one cup of butter, one sugar, one of sour milk, one teaspoonful of salaratus, one cup of starch, two cups of flour, three eggs, spice to suit your taste, bake three quarters of an hour. Add the whites of the eggs last, and stir it ten minutes before baking.

TO MAKE SUGAR CAKE. One cup of lard, one cup of sugar, five eggs, stir it thick with a spoon and drop into hot fat and fry. The best kind of cake; try it and see for yourself

An easy way, certainly, of writing a man's name, is by making the letter X. The other day a schoolmaster in hearing a youngster his lesson, asked "What's that?" pointing to the letter X. "Daddy's name," "No it isn't your daddy's name, you blockhead! It's X." "I'll be shot if it is! It's daddy's name—blowed if it ain't. I've seen him write it often!"

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Medicines.

HAPPINESS! HAPPINESS!! WHAT CAN MAKE US HAPPY?

"Reason's whole pleasure, all the joys of sense, Lie in three words—Health, Peace, and Competence." (Pope.) But when we have pains, affliction or anguish of diseases, is not our pleasure, our joy, and our happiness thereby destroyed? Why let our sick fellow-being suffer? Does not Christ say: "With the same measure ye mete, it shall be measured to you again?"—Mat. 7, 2.—Who is a wise man and endowed with knowledge among you, let him show out of a good conversation his works with meekness and wisdom.—James 3, 13. SURGERY AND MEDICINE.—Doctor, P. C. CARLISLE, Surgeon and Physician, who is Botanist and Physiologist, is graduated in the Medical College for Surgical and Medical Aid, and whose medicines are all made or composed strictly in accordance with the Sciences of Pathology, Botany, Hydropathy and Physiology; and whose medicines are all composed of whole-herb roots, plants, and hydropathy, used in all diseases, and to whom the afflicted are invited to apply timely. His Character by Respectable Neighbors, &c. Copy of a letter from the Rev. C. H. Leinbach to Mr. H. H. Etter, of the Warm Springs, Respected Sir—Allow me to introduce to your friendly notice, Dr. Carlisle of New York, I have known Dr. C. for sixteen years, and with accuracy therefore I do believe him to be perfectly sober, honest and trustworthy. Any favor you may see proper to confer on him, will be highly appreciated by his numerous friends, and by none more highly than your sincere friend and humble servant, C. H. LEINBACH. Landisburg, Pa., July 15th, 1851.

Copy of a letter from George Spahr, Esq., County Treasurer—I do certify that the medical advice of Dr. P. C. Carlisle has surpassed any other which I have hitherto had in a case of severe fever in my family—I would therefore recommend him to such persons who may be afflicted with afebrile disease or typhoid fever. Bloomfield, August 20th, 1851. GEORGE SPAHR.

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