

THE PREVENTION OF DISEASE.

Prevention is far better than cure and far cheaper, said John Locke, two hundred years ago; and the history of medical science has since made it more and more probable that, in a sanitary sense of the word, prevention is the only possible cure.

Suppressing the symptoms in any other way means only to change the form of the disease, or to postpone its crisis. Thus, mercurial slaves will cleanse the skin by driving the ulcers from the surface to the interior of the body; opiates stop a flux only by paralyzing the bowels, &c., turning their morbid activity into a morbid inactivity; the symptoms of pneumonia can be suppressed by bleeding the patient till the exhausted system has to postpone the crisis of the disease.

Drugs are not wholly useless. If my life depended on a job of work that had to be finished before morning, and the inclination to fall asleep was getting irresistible, I should not hesitate to doze a while, and keep myself awake with cup after cup of strong black coffee.

But with these rare exceptions it is better to direct our efforts against the cause rather than the symptoms. In, in about ninety-nine cases out of a hundred, it is not only the safer but also the shorter way to avoid drugs, reform our habits, and, for the rest, let nature have her course; for, properly speaking, disease itself is a reconstructive process, an expulsive effort, whose interruption compels nature to do double work; to resume her operations against the ailment after expelling a worse enemy—the drugs.

When the full cause of his Presidential office were bearing down upon him; the President was one day called upon by a near friend who found him sitting with his head clasped between his hands. Looking up, he said, 'My God! Why does any man want to be President of the United States? Why, indeed, with such possibilities as have in this case come.'

Persons are a sure cure for biliousness and kidney complaints; it has no equal. The late President Garfield studied everything in detail. When he went through the Mint at San Francisco he delayed his party while he asked questions about how money was turned out; and when at last he received a silver dollar, for which he then and there offered payment, he said—'Gentlemen, in the next speech that I make on finance I shall be equal to even the milling on the dollar.'

I paid \$150 to my doctor and was no better. I then took a few bottles of Ferris which cured me.

A promise by the river's brim A yellow primrose was to him— And it was nothing more.

says Wendell Phillips of the rustic Peter Bell. But a yellow primrose is much more to the man of science, as any one may see from this definition of it by Professor Huxley: 'It is a cowslip-like dicotyledonous exogen, with a monopetalous corolla and a central staminal tube.' If the Christian Scientist don't see much more in a primrose hereafter than Peter Bell saw in one, it will not be Professor Huxley's fault.

Housekeepers, mechanics and others in handling knives, tools and other sharp instruments, very frequently receive severe cuts, from which the blood profusely, and sometimes endangers itself. Blood may be made to cease to flow as follows: Take the fine dusts and bind it close to the wound, at all times accessible and easily obtained. After the blood has ceased to flow laudanum may be advantageously applied to the wound. Due regard to these instructions would save agitation of the mind and running for the surgeon.

A colored man went into a drug store, and asked: 'What has yer dat's good for a headache?' The druggist took down a large bottle of salts of ammonia, or some such stuff, and told the visitor to smell. As it was a free thing, he drew in a healthy inspiration that took away his breath. It was minutes before he could talk, and when he did say something it was that he would 'bust' the druggist's head wide open if he came at him with that bottle again. 'But how about the headache?' asked the druggist. 'How do deuce can I tell till I see home and asks de ole woman. She is de deuced puzson what's got de misery in her head.'

Advertisement in the Citizen.

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LADIES', MISSES' AND CHILDREN'S Kip, Calf, Grain, Pebble, Goat, Kid & St. Goat in Polish, Button and Side Lace. Old Ladies Warm Shoes, Slippers, Rubbers and Arctics.

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A Great Cause of Human misery On the Loss of MANHOOD. A Lecture on the Nature, Treatment and Radical Cure of Seminal Weakness, or Spermatorrhea induced by Self-Abuse, Involuntary Emission, Impotency, Nervous Debility, and Impediments to Marriage generally; Consumption, Epilepsy and Fits; Mental and Physical Incapacity, &c.—By ROBERT J. CULVERWELL, M. D., author of the "Green Book."

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GOOD NEWS TO ALL parties troubled with baldness and loss of hair. Recently ever known a hair restorer failed in a single case, and we will pay \$100.00 in any case where it fails to produce hair if properly used.

NOTICE TO FARMERS. Large number of Farms for sale or lease, at low prices and on easy payments. Also, farms on long time and at low rates. Address W. J. KISKADDEN, Freeport, Pa.

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NOTICE IS HEREBY GIVEN that an application will be made under the Act of Assembly of the Commonwealth of Pennsylvania, entitled 'An Act to provide for the Incorporation and Regulation of certain Corporations' approved April 29th, 1879, for the incorporation of the Pennsylvania Mutual Fire Insurance Company, the character of which is hereby set forth in the constitution, articles of incorporation and by-laws of said company.

Notice in Divorce. George W. Bartley vs. Eleanor T. Bartley. In the Court of Common Pleas of Butler County, Pa. No. 19, June term, D. 1881.

BUTLER COUNTY Mutual Fire Insurance Co. Office Cor. Main and Cunningham Sts.

Barred and Gray Flannels, Knitting and Weaving Yarns, and all other goods manufactured of pure Butler County wool.

Union Woolen Mills. I would desire to call the attention of the public to the Union Woolen Mill, Butler, Pa., where I have new and improved machinery for the manufacture of

Dissolution Notice. Notice is hereby given that the firm of Walter & Book of Butler, was dissolved by mutual consent on July 5th, 1881.

Send for our New Illustrated Price-List No. 30, for Fall and Winter of 1881. Free to any address. Contains full description of all kinds of goods for personal and family use.

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Justice of the Peace Main street, opposite Postoffice, ZELLENFELD, PA.

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Newell Posts and Balusters FENCE PALINGS, &c., &c., MICHIGAN SHINGLES, Barn Boards; Plastering Lath; Hemlock Bill Stuff, such as Joist Rafters, Scantling, &c. all sizes constantly on hand

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TRAVELERS' GUIDE.

UTLER, KANSAS CITY AND PARKER RAILROAD. Trains leave Butler for St. Joe, Moberly, Kansas City, Petrolia, Parker, etc., at 7:37 a. m. and 7:55 p. m.

Trains arrive at Butler from the above named points at 7:17 a. m., and 2:15, and 7:15 p. m. The 8:15 train connects with train on the West Penn road through to Pittsburgh.

Trains leave Butler for Harrisburg, York, Philadelphia, Lancaster, etc., at 7:30 a. m., and 5:55 p. m.

Trains arrive at Harrisburg at 1:45 a. m., and 5:55 p. m.

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