## JUNNDRNONIAN REPUBLCAN.

VoL. 12
the whole art of government consist


| STROUDSBURG, MONROE COUN |  |
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| nd Examiner. |  |
| Friendship, Love, and Truth. |  |
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ater of
y
to his Cyecopecespa, and when when he reads of
o- the powerful principles it contains,
thame-
ly, empyrneumatic oil, and nicotina the
ous- (a dropo of thine former pighlyed poison- the
tongue excites convulions and coma

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dren
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own
i.lu- matical infection of the breath of thouse
the acid poison, its deleterious effects may
not for a considerable period be detected;
but after long habitual use, the whole sys.
tem becomes impregnated; and although moderately, nothing can secure the body
mfou its irritative property and ultimate
absorption, when employed in absorption, when employed in excess or
incautiously. Its action on the heart, or
properly the nerves of the heart, manifests itself by lower positions, and an in-
dulgence in an intemporate and excessive usi of tobacco, by smoking a numbe
pipes and cigars, , has caused death.
der the der the action of the nervous system, the
motions of the heart, and subsequently
the general quickness of the course of the general quiekness of the course of
the blood, are quickened or retarded.
All-irritants and stimulants urge and quently, a more rapid outlay of th
strengtt or capacity for exertion; and i
is an invariable law of organization that outlay is succeeded by depression
and whatever unduly depress it whether
resulting originally from a stimulant, a resulting originally from a stimulant, a
narcotic, a sedative, or any other power-
ful principle, has the effect of lessening improperly the action of the heart and
arteries ; and it is on this aceount that niether intoxicating drinks nor tobaceo,
nor any thing else producing an effee
which issues in depression, can be recommended for the promotion of heath and
longevity. I would therefore strongly
recommend abstinence from the use of
tobaceo in all or any of its forms; ; not
ouly on the ground of its rendering the teeth on ungightly and the breath disagreestration, that it finally depresses the nat-
ural powers. Its use even in the forms ural powers. Its, use even in the form
of snuff and errhines is very objectiona ble; the membrane of the nose become
thickened, its rensibility impaird, and
the power of discriminating odors great [Miles on Teeth. The Dutchman who refused to
ake a one dollar bill because it might be Itered from a ten prefers stage traveling
railpads. The former, he says, rides railopads. The former, he says, ride

