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THE WHOLE ART OF GOVERNMENT CONSISTS IN THE ART OF BEING HONEST .- Jefferson

OL 9.

published by Theodore Schoch.

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Jeffersonian Republican.

The Motherless. God help and shield the motherless ! The stricken, bleeding dove-For whom there gushes no rich fount Of deep and deathless love ! The saddest titles grief confers-For who so lone as they, Upon whose path a mother's love Shed's not its holy ray !

No gentle form above them bends

STROUDSBURG, MONROE COUNTY, PA., THURSDAY, JULY 26, 1849.

Honey-Moon Conversation.

A correspondent of the Delawarian, writing from Brandywine Springs, gives the following report of a newly married couple from Virginia. There is a depth of affection in it, which it is quite refreshing to contemplate :

"William-dear William, said the wife, with world of affection in her eyes.

"Speak, heavenly charmer," replied the new hus band, returning with interest the expressive glan ces of his spouse. course. Ascertaining that the friend I wished to

" Dear William !"

"Adored Eliza !"

" Sweet flatterer !"

"Angelic creature !" " Dear-dear William, pardon me-but do you think a short walk would hurt us, as the divine

WILLIS Savs ?"

" I fear, loveliest of your sex, that you may be fatigued."

"Fear not, dearest !"

"Heavenly emanation-bright dream of my pre carious existence-but I cannot help fearing. "Sweet William-"

"Celestial Eliza !"

Here they fell to violent kissing, which lasted about fifteen minutes. Almost breathless, the lady exclaimed-

was at once called to the fact that the horses were " William, dear William, why are you so sweet approaching at a spanking pace. Pushing across, Oh, the joy, the ecstacy of wedded bliss! Bes I drew up short, and wheeled the nag around beloved, will ever love me thus !" parallel with the track, and without paying any

"By vonder fearful-I say tremendous orbswear !" he exclaimed, pointing to the setting sun. you yearly bring me here-will you cherished healthy vigor.

From the Water Cure Journal. Swimming.*

Agreeable to promise, we make a few extracts from this excellent little work, which woman, boy and girl. It will serve as a guide to the inexperienced, and teach them how to

save the lives of their friends and themselves. Besides all the particular instructions given on the art of swimming, the work contains much PHISIOLOGICAL advice, which will be found of importance to all who read it.

The author says :

"The art of swimming appears to be as natural to man, as it is useful, and, in some cases, necessary for the preservation of his life. " Cleanliness and exercise, both so necessary to health, are combined with a high degree of enjoyment in the practice of this art.

"The importance of frequent ablutions can has become a popular remedy for most of the formed at the rate of six miles an hour--with diseases to which humanity is liable. But, however excellent the various kinds of bathing may be for curing diseases, there can be no doubt that in preventing them they are still more efficacious.

"Those who swim daily in summer, and continue the use of ablutions, in some form. in winter, are not liable to sudden colds, or inflammatory diseases, and rarely, if ever, become indurated, their skin is healthy, and "And as a memento of our wedding day, will all the functions of life are carried on with

from a height of 64 feet, and carried to M. Courtivron a tin box containing despatches .---He read the papers, gave a signal, and was joined by a class of 64 pupils, who, in the washould be in the possession of every man and ter, equipped, executed a series of military morements.

No. 52

" Dr. Franklin was an' excellent swimmer, and his intructions for learning to swim, being some of the best ever given, are copied at full length in this work.

" Lord Byron was an excellent swimmer, and prided himself much on his acquatic feats. In imitation of Leander, he swam the Hellespont, a narrow strait which divides Europe and Asia, in an hour and ten minutes, with a strong tide against him. He swam the Tagus in three hours, and afterwards swam four hours and twenty minutes without a rest, at Venice. "Dr. Bedall, an English gentleman, swam for a wager, between Liverpool and Runcorn, searce be overrated. In fact, the Water Cure in 1827, a distance of 24 miles, which he per-

the tide, probably ! "A French sailor was washed overboard from a sloop at nine o'clock, in Sept., 1820, and picked up next morning, and this, be it noted, in a rough sea.

" How important is it, in a country like ours, that every man should learn to swim ! Storms strew our vast sea-coasts with wrecks ; steamboats are liable to accidents from collision, exsuffer from chronic complaints. Their bodies plosions, or fire, on our rivers and our lakes; pleasure-boats frequently upset, and numerous accidents occur from the sudden breaking of ice in winter. The necessity of saving one's "They who merely bathe, without being own life by swimming, or the opportunity of one, and to many these things must often o'ceut in the course of their lives. "At the burning of the steamboat Erie, on Lake Erie, of the hundred or more persons lost, every one might have been saved, had they been able to swim. The captain of the boat was indebted to a negro, who could swim, for an oar which saved his life. In a hundred such melancholy disasters on our lakes, rivers, and the ocean, valuable fives might have been saved by a little pains in learning to swim." Nothing is so important in learning to swime as a confidence in one's powers, and in the should be taught to swim, as nothing is more buoyancy of the liquid element; and perhaps likely to counteract a tendency to consumption. one acquires a confidence in himself by no "The most beautifully developed forms now means sooner than by knowing what can be to be found in the human species, are those of done by others. I shall therefore give a few the South Sea Islanders, who bathe at least additional examples of the skill in swimming twice a-day, and are almost as much at home to be acquired by habit, begging my readers to in water as upon the land ; and where the vi- remember, "Whatever man has done, man can ces and diseases of civilization have not been do," and that we do not vary, in any important introduced, it is very rare indeed to find smong degree, in physical organization, from those them a case of sickness, of premature death, who have acquired this art in its highest per-"Among the Greeks and Romans, swimming The Caribs are expert at all gymnastic exwas considered an important branch of educa- ercises, and particularly at swimming, as if tion, and ' he can neither read nor swim,' was they were born in the water, and formed for a reproach for the last degree of ignorance .-- it. They swim like fish, and the women are Cæsar was a good swimmer ; Cato taught his as skillful as the men. When a canoe overson to' cross dangerous gulfs ; the Emperor turns from carrying too much sail, they never Augustus taught his nephew to swim. As the lose their baggage, and drownding is seldom or navies of Greece and Rome were manned by never heard of. On such occasions, the chilsoldiers, and their battles were hand to hand dren are seen swimming around their mothers encounters, to be able to swim was of the ut- like so many little fish, and the mothers supmost necessity, and rigidly required of every port themselves in the water with infants at the breast, while the men bale out the canoes. "In more nolern times, Charlemagne was In 1679 a vessel was overset in a squall off renowned for being an expert swimmer, and Martinique, in which was one Carib, the rest Louis XI. often swam in the Seine, at the head being Europeans. All were lost but the Caof his courtiers-a better example than is often rib, who, after supporting the violence of the tempest, as well as hunger and thirst, for 60 "The capability of the human race, civilized hours, reached the land in safety. But some of the most beautiful descriptions stood. The human form is better adapted to of bathing and swimming are given in Mr. Melit than that of any animal not absolutely aquat- ville's narrative of his residence in Typee a ic ; and the inhabitants of warm latitudes ex- valley in the Marquesas, one of the finest groups cel most amphibious animals in the water, figh- of islands in the South Seas. I shall be parger. I would not trust you with a room full of scrap ting with the shark, diving with the alligator, doned for quoting, at some length, from his inand remaining for a long period in profound teresting pages. By the operation of the "ta-But you may readily suppose, Mr. Spirit, I was drelly head I never did handle since I was a pro- depths in search of coral, pearls, and other boo"-a religious prohibition-the use of canoes is not allowed to the females of Marquesas; "The pearl-divers of Coylon will descend " consequently, when a Marquesan lady voyato the depth of 60 feet ; and although such di- ges by water, she puts in requisition the padwater and violent exertion, they do not seem "We had approached within a mile and a to suffer greatly from it, as they make 40 or half, perhaps, of the foot of the bay, when some 50 plunges a day, and at each plunge bring up of the islanders, who by this time had managed to scramble aboard of us, directed out at. "The swimming couriers of Peru cross the tention to a singular commotion in the sater continent, hundreds of miles, swimming down ahead of the vessel. At first I imsgined it to

To sooth the couch of pain -No voice so fond as hers essays To calm the feverish brain. 0, other tongues may whisper love In accents soft and mild ; But none on earth so pure as that A mother bears her child !

Judge kindly of the motherless-A weary lot is theirs,

And oft the heart the gayest seems, A load of sorrow bears.

No faithful voice directs their steps, Or bids them onward press, "And if they gang a kennin wrang," God help the motherless !

And when the sinfel and the frail, The tempted and the tried, Unspotted one ! shall cross thy path, O spurn them not aside. Thou knowest not what thou hadst been With trials even less--

And when thy lips would vent reproach, Think, they were motherless !

A blessing on the motherless, Where'er they dwell on earth, Within the home of childhood, Or at the strangers hearth ! Blue be the sky above their heads, And bright the sun within, 0 God, protect the motherless, And keep them free from sin !

A short time since, in Hertfordshire; (Eng. ere written on a grave rail, these lines : Remember me as you pass by, As you are now so once was I; As 1 am now, so you must be: Therefore prepare and follow me," Underneath some one wrote-"To follow you I'm not content, Unless I know which way you went !"

Excuse for Smoking.

in the reign of James I, of tobacco-hating nototiety, the boys of a school acquired the habit of smoking", and indulged it night and day, using the purse, I most modestly declined to accept. most ing enious expedients to conceal the vice from their masters; till one luckless evening sapors of their own creating, lo! in burst the master and stood in awful dignity before them.

"How now," quoth the dominie to the first lad; how dare you be snaoking tobacco !"

"Sir," said the boy, "I am subject to head aches and a pipe takes off the pain !"

"And you ! and you ! and you !" inquired the edagogue, questioning every boy in his turn. One had a " raging tooth ;" another cholic ; the third a cough ; in short, they all had something. " Now, sirrah," bellowed the doctor to the last

the whole attention of the field was absorbed by them, when just as they reached the point at which I was standing, I was most agreeably or disagreeably aroused (just as you may happan to fancy, Mr. Spirit,) by my old racer taking the bit between his teeth, and following the nags as fast as he could put it down! Recollect my dear sir, that I had travelled over twenty miles that morning, with sulky and trunk attached, and that I was still encumbered with these disadventages ; but not withstanding all, my old ' singed cat' performed some tall walking, I can assure you !

From the Spirit of the Times.

An Unexpected Race.

Southern States on business, and driving before a

light sulky a celebrated old race horse purchased

in Kentucky. He was supposed to have passed

the period of life at which speed could be obtained,

About eleven o'clock on a beautiful autumn

morning, I reached Statesburg, South Carolina, at

which place there is a very prettily arranged race

see was absent at the course, witnessing a trial of

speed between two rival nags of the neighborhood.

I concluded to drive and see the sport. As I ap-

proached, I heard, shouts from the course (which

as usual was surrounded by a tall plank fence)

indicating that the horses had started, and pushing

my old gray, I drove at once through the gate, and

immediately across the track. As we entered

(horse, sulky, and small trunk attached to back of

sulky, and last your humble servant, weighing

abont one hundred and forty pounds,) I heard

shouts from all parts of the field, 'Get out of the

track !' 'Get out of the track !!' My attention

attention to him, was all on the qui vive as to the

The horses came round at a 'killing pace,' and

race.

but still full of fire and spirit.

Some years since, I was travelling through the

This sudden and unexpected start for the purse without the formality of entering, produced some excitement on the field you may well suppose, and what with the shouting and huzzaing, and all the confusion of ideas consequent upon the sudden match into which I had been so unceremoniously pitched, I was rather taken aback ! But soon the excitement of the scene, and the generous pace at which the old fellow performed his work, called up all the enthusiasm of my nature, and I tooled him with all the skill I possessed. Let me say, by the way, that the face of the country was perfectly flat, and the whole course, both within and outside of the track, was a perfect level.

The half mile stretch had been passed over when I was pitched into the race. The next quarter a few long strides on the part of old gray was soon reached, all three horses running neck and neck, but as we came up to the last quarter, my blood all up, we soon made a gap, and with loud huzzas, bets running high in our favour, we came in nearly ten yards ahead !

This was glory enough for one day, you must admit, Mr. Spirit, for a modest youth who had never 'seen the Elephant' any farther than his tusks !

We were soon surrounded by 'horse, foot, and dragoons,' and concluding that I was a speculator in horse flesh, various amounts were offered for my old nag-with what success you may readily conjecture, as I had just begun to appreciate his value.

The judges unanimously decided that I had won the race ; but as I had not made an entry for the

some in them diggings for the nonce, and 'smiles' when the imp, s were huddled together round the sweetly wreathed with tall bouquets of mint were fire of their dormitory, involving each other in plentifully showered upon (into) me ! South Carolina hospitality was, as usual, in the ascendent. PERCY.

Truly yours,

REMEDY FOR CRAMPS .- A correspondent of the New York Sun, mentions a simple remedy for cramps, which he says he has tested in many cases with invariable success. It consists in tying a handkerchief around the fore-

idol !"

bring you here every year-if my capital holds than half the benefit which arises from frequent out ?"

"Oh ! bravest and best of your noble sex, talk not of capital in this, our hour of bliss."

How much longer they talked, the writer cannot say, for he was called away at this moment to welcome some friends from Maryland. But he is firmly of the opinion that none but married people It is probable that the ample exercise which know what real happiness is. While the above happy couple were talking, he felt as if he was immersed in molasses, and everything since has looked, felt and smelt sweeter.

Phrenology proved True.

The item man of the Pennsylvanian furnishes the following police report :

CITY POLICE-June 4.-Fights are common enough in Philadelphia,--but the causes and occasions for fighting have a charming variety. The following case is by no means a common one, and may be thought worthy of commemoration.

John Dikeman is a "practical phrenologist," and has an office we think in some part of the Arcade, or somewhere in that neighborhood. Andrew Mead, a stout, middle aged country gentleman, seeing an announcement in the philosopher's window that the character and capabilities of any man would be thoroughly sifted out for the moderate sum of 25 cents, entered the sanctum, and submitted his poll to philosopher Dikeman's scrutiny. The latter, after stating his terms, payment in advance, and receiving the specified sum, proceeded at once to business.

"You have a very bad head, sir," said he to Mr. Mead. " A very villainous head, sir. Facial angle almost as low as that of a monkey, sir .---Signifies you are very stupid, sir, and foolish.

You havn't enough constructiveness to make a pig set by monarchs. yoke ; nor enough wit to make a conundrum ; nor enough judgment to know the difference between pea soup and cider royal. And what's all this back here, sir. These bumps signify that you will

cheat, lie, and steal, worse than a Louisiana nigiron or a yard full of mill stones. Such a scounfessor. I suppose you came to be examined to treasures of the sea.

know what pursuit you ought to take to. My candid opinion is, that you ought to start immediately for California, where there's no law-for if you stay where there are judges, juries, state prisons, gallows, and these sort of things, there's no chance for you."

"Why, can't I do any good at all !" asked Mead, with much seeming anxiety.

"Good !-- not the least"-answered the philos- the rivers, their despathes enclosed in a turban be produced by a shoal of fish, sporting on the on their heads. They swim day and night, surface, but our savage friends assured us that pher. "Stay-let me see. Com it was caused by a sheat of 'whinhenies,' aided only by a light log of wood. "In Prussia, swimming has long been a mil- (young girls,) "no in this manner were coming "So, then, I can flog an impudent humbug on itary exercise, whole regiments being instruc- off from the shore to welcome us. As they "I suppose you might," answered professor ted to swim in line, fully equipped, to wheel drew hearer, and I watched the rising and in column, and even to load and fire in the sinking of their forms, and beheld the uplifted waler. right arm, bearing above the water the girdle "Well, if that's all I can do, here goes," cried "A few years since the Viscount de Cour- of tappa, and their long dark hair trailing betivron exhibited some experiments of this same side them as they swam, I almost fancied they character in the Seine at Paris. He went in- could be nothing else than so many mermaids." to the water, accourted as an infantry soldier. Through the Types valley runs a clear After swimming 30 fathoms from the boat, he stream of fresh water, in which the whole popraised himself in the water, and fired a mus- ulation, old and young, bathe morning and night. and bound over, and the professor was supplied ket, at which signal one of his pupils sprang Describing his first bath, our author says :-with another proof of his science. "For," said from the Pont Royal, a bridge, into the Seine, "From the verdant surfaces of the large stones that lay scattered about, the natives were now

"Yes, my only pet, my life, my love, I will able to swim, lose half the pleasure and more saving the lives of others, may happen to any

ablutions. Swimming is an exercise which brings more muscles into exercise than any other; and the body being supported by an equal pressure on every part, their action is harmonious-none being relaxed, and none overstrained. This exercise gives vigor and form to the limbs, and to the general system. the muscles and lungs obtained in the frequent bathing of the ancients, gave their chests that round, full form, which is so observable in their statues. All flat and narrow-chested children

or decrepitude, excepting from extreme old age. fection.

soldier.

or savage, for swimming, is generally under-

ving is accompanied with a great pressure of dies of her own fair body. about a hundred oysters.

boy, " what disorder do you smoke for ?" Alas ! all the excuses were exhausted, but the interrogated urchin, putting down his pipe, after a farewell whiff, and looking up in his master's face, said in a whining, hypocritical tone, " Sir 1 moke for corns !"

The Fish Dying.

The Baltimore Patriot learns from a gentleman who has recently returned from a visit to the scale. Eastern shore of Maryland, that both sides of hester are lined with dead fish, from the small lest in the largest size. The same phenomenon was observed during the existence of the cholera in 1832, and the causes which then existed have no doubt produced a like effect now.

arm, a little distance above the wrist and then placing a stick underneath and twisting the large ; yes, you can fight !" handkerchief tightly. In a minute the cramp will depart, if then the handkerchief hurts let occasion, I guess," said Mr. Mead.

it be slackened and on a recurrence of the cramp tightened again.

ANALYZING THE ATMOSPHERE. -- Prof. Wm. H. Eller, is about to undertake at New York, an analysis of the atmosphere, with a view to ascertain whether there is anything in its condition that may explain the prevalence of the Cholera. The experiments are to be on a large

Gen. Taylor's celebrated war-horse, "Old in in its evidence, "T knew the main would struct the first section of the in its evidence, "T knew the main would struct the section of the in its evidence, "T knew the main would struct the section of th received visits of crowds of curious persons. nips?"

Dikeman.

Andrew, and immediately applied his feelers to the professors's cranium, crowding on more bumps than Spurzheim ever found names for. Here was an affray odd enough in its origin, but quite common place in its termination. Mead was arrested Gen. Taylor's celebrated war-horse, "Old he in his evidence, "I knew the man would strike