Or doing a thing yoursell.

Dreaming is pleasant, I know, my girl;
Dreaming is pleasant. I know.
To dream of that far-off, wonderful day
When you'il be a queen and hold full sway
Over hearts that are loyal and kind and just,
While your sweet "If you please" will mean
"You must!"
May fill you with joy; but you'll find pleasure's heart. ure's pearl n doing for others yourself, my girl— In doing for others yourself.

-WILLIAM S. LORD, in the Independent.

Three Sides to the Argument.

Joe Bryan was always good natured and accommodating, and was especially fond of boys and girls younger than himself. So on this pleasant spring morning, when he had loaded his boat with barrels and was just ready to thove off, having been watched all the while by three pairs of eyes, belonging to Mag de and Clara Packard and their particular friend and playmate, George Wilson, he said good-naturedly: "There is just about room enough to to go along. I have got to take these you can see what mischief the freshet did, if you want te."

"Oh, goody!" said George Wilson. "Isn't that too splendld for anything? I've been wanting to go down there just dreadful. Come on, girls. Shall we come to the landing, Joe, or farther down?

But Maggie and Cora shook their heads, and both spoke almost in the "We can't; its real nice of you Joe," added Cora gratefully, "and we

thank you ever so much, but we can't "All right," said Joe, good natured as ever-whether people went or staid on his invitation he kept a cheery face - but George looked dreadfully disap-

poirted. trifle sharply. "The water is just as ery.

And here shows an important move "Why can't you go?" he asked, a

me! he knows as much about the water as an old sailor; everybody says so. I lowed in her wake. Hence it is now heard my Uncle Dick say that he would rather trust him with a boat Dick has been a saller too. Say, come on, girls; don't be silly. We will have just a splendid ride, and I want to see where the freshet came. There is a great big tree right across the stream, and part of the dam is washed away. It is just the morning for a row, so pursuit of this interesting art. sunshing and pretty. I haven't been 'n a boat this spring. Do come, Maggle, an intense interest in producing results that's a good girl. Cora will if you from various combinations of materials, will, won't you, Cora?"

But that small maiden promptly shook her head. "No, I wouldn't go,

promised we wouldn't, and mother trusts us. She wouldn't expect us to go on the water no more than she would expect us to go up in a balloon Not be ause we are afraid, nor because lots of people don't ask us that I now how to man a e boats, but just because father sait 'don't go.' Way, it wouldn't be worth scaring mother even if it w.s right to go. Mother is just as a'rail about t' e water as si e can he: she tu ns real pale every time she hears about Aust Nannis going out rowing. Do conthink we would care to go after We think too much of our mother, I can tell you that; don't we,

"Yes," said Cora, emphatically, "of "All right," said Jee Bran again, "we won't coax you any more. Come on, George, you and me will go and see

"No," said George, looking wist-fully after the boat, it is true, but s'ill shaking his head bravely, "I won't go this merning, Jos, thank you all the same. You see, I promised Mrs. Packard I would stay with Maggle and Cors. I guess she don't like to have them down here all by themselves, and I said I would keep with them."

"Well then, the barrels and me will down the stream whistling cheeriliv; but the whistling grew slower and thoughts they would have been very liton, has been steadily continued, much like these: "They are good little and the photographs taken by him girls, these Packard girls; they ain't going to worry their mother, not even for a ride in a row toat, and they don't get that kind of a ride very often, either. I suppose it's easier for girls than it is for boys; but I don't know why it should be, after all. George coaxed them, and was disappointed, just as much disappointed as Jim is when he coaxes me to come down to can't go, Jim.' It's awfully silly for their mother to be afraid. I know how to manage a boat as well as the next one; and there isn't a mite of But they don't choose to because it will worry their mother. And it worries my mother worse than I know of, perhaps, to have me go down to the grocery. But their father told them hey mustn't; that is another thing. Well, for the matter of that, so did my father. Didn't he tell me, the last words he ever spoke to me in his life, to be a good boy and take care of my mother, and not worry her about Well, haven't I been good, I should like to know? There isn't a boy of my age who works any harder: and I try to keep her from worrying 6 cantatas, and 53 comic operas. about flour, and rent, and all such things. Still, I am bound to own that she worries a good deal about the grocery. She would just like to have me stay at home evenings all the while with her and its awfully silly in her. I don't get into any harm; but then, suppose it is silly? That little Maggle said a ride in a row-boat was not worth scaring her mother about, I don't suppose Jim Brayton and his father' whole grocery are worth worrying my mother about when it comes to that, I tell you what, Joe Bivan, let's you and me give it up. We have had a good lesson this morning from the little chicks; let's learn it."

A few minutes more, and he began to whistle again cheerily. Looking at face, and knowing what his thoughts had been, you would have been sure that he had settled the question on the right side.

As for the three left on shore, they were all quite still for a few moments Margie and Cora glaneing occasionall

"It is too bad not to have you go, George, you wanted to so much. Cora and I could have gone home and waited until some other time for our walk." "I dien't went to go much," said George, "without you. It's all right; I ain't cross about it, girl. you needn't worry." But his face still looke i sober -not vexed, but wistful. Presently he said, in a rather sorrowful tone. "After all, it must be mee to have folks that are scared about you, and tell you not to do things because they are afraid that you will get hurt. I can't think how it would seem to ha e anybody who felt that way about n.e Dick don't care a bit what becomes of ne, ro long as I keep out of his way and don't get into any mischief that will bother him." - The Pansy.

COOKERY AS A NECESSARY AC COMPLISHMENT.

Young girls of this generation among all your studies and accomplish chuck you three in if you would like ments be sure to scanire the art of cookery. It will be of the utmost imbarrels down to the mill; then I will portance to you through life, for it row you to the end of the falls, so that has much to do with the general comfort and success of home. It is quite as well worth the time and trouble given to its practice as is music or moment. The idea prevails to some extent that a girl can lead a butterfly life until she marries, and then suddenly take up the responsibilities and an, those who have a genius for it, or the faculty of doing anything well they erjoy the anemone grotte. undertake. There are a few who can do this having the qualities, largely developed of application and persevernot do so, Therefore, mothers teach principles, at least, of this art of cook-

boat. You are not afraid, 1 s'ould meat in modern life. The one indi-lope,"

And here shows an important move clay. One of the models shows a seal vidual who has developed this move. hope,"
"No," said Maggie, "we are not afraid. We never are afraid on the father said we were not to go out in a hoat without him."

In this direction so far-reaching among the rich and poor, as well as the middle classes, that the value of such special instruction has come to such special instruction has be appreciated and others have folpossible to take an hour's lesson in cookery as one would take the same in a storm than himself; and Uncle with the plane or the voice; and the stimulus and information received is equally valuable. One hour with good cookery teacher, or better still, a number of lessons, will not only teach you what you can never forget, but will exalt and inspire you in the will find, if you pursue it faithfully and things will seem to you easy t

Servants respect a mistress the library. who can tell them just what she wants. A GERMAN WOMAN, Frau Dr. or where the fault lies in some unsatisactory way.

his subordinates, and giving his orders, women textile workers. consequently, with intelligence, in contrast to hir Joseph Porter, K. C

So, young ladies, with all your learning learn at least the principles of cookery and service of meals in the most attractive and tasteful manner.

MRS. GEORGE WETMORE COLLES.

From the Earth to the Moon

It does not seem improbable in the ourse of events that the parth and the moon may become more intimate ly acquainted. A few years ago, have to shoot off alone," and he started , scientists held the theory that the mosphere, and, consequently, uninsofter as he skilfully sterred his boat habited. This theory has recently out into deep water, and by and by been entirely controverted. The s'opped altogether, for Joe was think- work begun by Prof. Holden, at the If anybody could have seen his Lick Observatory upon Mount Hamand the photographs taken by him tain facts hitherto unknown. Photographic observation shows a perfect map of the moon and upon the summit of one of the highest mountains is a white spot which has the appear ance of a glacier, proving the presence of atmosphere and making the theory of the inhabitableness of the moon the grocery evenings, and I say, i tenable. It is claimed by Prof. silly | Holden that by a continuous series of changes upon the surface of the moon, harm in their going out with me, any height would cast an appreciable throat, at the larynx. In this way she more than there is in my going down shadow. If the moon is inhabited, understands every word uttered. the corner grocery, not a particle. | the fact will certainly be discovered sooner or later, but the question of the establishment of communication is still unsolved, although, in the face of scientific achievements of the 't is unsolvable

> Mrs. H. H Brach, of Boston, who composed a jubilate for the Columbian celebration, is authority for the state ment that between the years 1615 and 1885, women composed 153 musical works, including 55 serious operas,

> > THE HOUSE OF NEVER

The house of Never is built, they say, Just over the bills of the By-and-By. Its gates are reached by a devious way, Hinden from all but an angel's eye.

The h lis and dales to sever, Once over the hills of the By-and-l And you're lost in the house of the house of Ne ver is filled with walts e noise of their wings as they beat the one back to earth in the afternoons.

When shadows fly across the sky And rushes ruse endeavor To question the hills of the By-and-By As they ask for the house of Never.

The house of Never was built with tears;
And lost in the hills of the By-and-By
Are a million hopes and a million fears—
A baby's smile and a woman's cry.
The winding way seems bright to-day,
Then darkness falls forever,
For over the hills of the By-and-By
Serrov waits in the house of Never.

"icago Dispatch.

COLUMBIAN EXPOSITION NOTES.

somewhat timidly at George, to see if the FISHERY BUILDING AND the felt cross at them. At last Maggie THERE.

The Fisheries Building harbeen pronounced an architectural poem. More space is given the fish and fisheries exthe very earliest of our writings. They comes very much more potent.

In the very earliest of our writings. They comes very much more potent.

Street, Frederick, Md. Get Hood's.

Street, Frederick, Md. Get Hood exposition, as a whole, is seen. The building is in three parts, and the main building is provided with two main entrances. It is constructed of steel, wood, fron, staff and glass. Every-Inhabitants of the deep sea grottos, ian cat fi h, perch or sucker, suggestbrought specimens of sub-aqueous life so may busiv delicate and so rich'y beautiful that the microscope only will reveal in part their wondrous beauty Pish Commission, the inventions by means of which the finny tribe is cultivated, the wonderful progress in fish no preparation at all. No doubt some tackle for angling-all these are fully displayed. The visitor will especially Under the direction of Henry Elli-

ott, the only artist who has ever drawn Paris. and painted the seal and walrus in their ance, but the majority of women can- native haunts, an interesting exhibit was prepared by the Smithsonian Inyour daughters, and daughters aim to stitute, consisting of models in papierunderstand the details, or foundation mache, representing the fur seal and the wairus fisheries on the Alaskan The animals represented, as well as the fishermen, are modeled in "drive. It includes hundreds of cong to the killing grounds by waving save "hauled up" out of the surf upon the islands to breed. Another model shows a bauling ground of bachelor scals. The killing of seals is also hown, a group of Aleuts being repre sented in the act of smashing their needs with clubs. There is also repreented a number of bair seals, a variety not useful for their fur, but m tely for food sup; ly to the natives of hat region. The walruses, now rapdly tecoming extinct, are also reprouced in material that gives them a remarkably life-like appearance. Hunreds of models in clay are made of hese animals, in order to represent be different species and sizes of each.

sue, and its attainment is a result to setts, in memory of their sister Millibe proud of. Whether a woman is actu- cent, who died in 1890. This library ally called upon to do this work or has an endowment of \$300,000 for its simply to superintend it, in a large support, and already contains over and sumptuous home, well provided 5000 well chosen volumes. Fairhaven with servants, the knowledge will n t has profited by the accident of its havonly never come amiss, but will prove ing been Mr. Rogers' birthplace, for of immense practical value. Famil- It owes to his family a fine school-house tarity with details helps one to com. and a handsome town hall as well a

Wettstein Adels, spent three months as It is much like the admiral of a and in the neighborhood, working in dered abno mally scute, and for many of squadron having began as a "middy," five different factories, gathering ma- the usual phenomena this affords sufunderstanding the minutest duties of terial for a work on the subject of

Mrs. Frances Hodgson Eurnett makes a arger income than any other woman writer in t'o world. She was one of the first members of Mr. Besant's Society of Authors, and she was very instrumental in getting the American Government to pa s the Copyright Bill.

THE death has only recently been chronicled of the Baronness von Levetzon, who is popularly supposed to have been Goethe's last love. the poet met her he was seventy-three and she was eighteen, but the discrepmey in their ages did not prevent his offering her his hand in marriage, and although she refused him, he immormoon was a dead planet, without at-bader Elegie." She never married, but spent her later years at her home, the ichloss Triblitz, in Bohemis, engaged in charitable work among the poor of the neighborhood She was over ninet

when she died. In Chili there are two lady doctors and wo lady lawyers. A great many ladies and his assistants have revealed cer- are employed at the post and telegraph officer, even in the higher positions At the Santiago University, lady students are admitted on the same terms as men students, and in a number of both higher and lower schools boyand girls are instructed together.

HELEN KEPLAR, of Alabama par llels Laura Brilgman. Though deaf. dumb and blind, she has learned to articulate and can speak as freely and as fully as an unafficted person. In photographs he is able to detect any long conversations with any one dear to her, she places one finger across the and that a building fifty feet in lips of the speaker and another on the

A Difficult Division. A farmer before departing this world made his will. He had in his possession eighteen horses, but before last century, we will not predict that the will was proved one of the horses ited, which left only seventeen to be divided. His eldest son was to get me-half of the horses, his second son ne-third, and his youngest son onelinth. These portions were easily enough separated when there were eighteen horses to divide, but how to illot seventeen horses in three parts was a puzzle. They scratched long at their heads, but could find no way out of the difficulty. At last they schoolmaster, who gave them a solu tion to the problem. "You have seventeen horses to dis-

eighteen. To you, Bob, I will give nine horses, which is more than the professional mesmerists; the effect of nine horses, which is more than the half of seventeen; and to you Jim, I will give six, which is more than onethird of seventeen; and to you, Tom, preach of any other object will secure I will give two, which is fully one- equally well; and those other extraorninth of seventeen. And now, having dinary details of 'post-suggestion, given you all your shares, I will take wherein a person influenced by a sugack my old mare which is left." I gestion made during the hypnotic con-And having thus settled the mat-dation will at some specified time back my old mare which is left." ter to his own satisfaction, the thereafter perform some specified ac-

rode off.

HIPNOTISM.

In accordance with the wishes of

the splendid p cture presented by the of the controlling principles, mesmer- is also a potent element, for the unvarying points of view from which the ism, braidism, hypnotism, and electric fashionable remedy no longer cures. biology, the present scientific designa-tion being 'suggestive therapeutics.' has, it its principles, factors of essen-

wares were mentioned in the publications of the times, and in 1646 Father A short explanation of the m thing that science has rescued from the Kirshner wrote a dissertation on 'Cata- of inducing hypnotic condition, of the depths of the ocean is exhibited here. lepsy in Animals. Mesmer, who gained control of the patient in this state and his first knowledge of the phenomena of the manner of releasing him, was the coral animals, sea anemones that from Kirshner, and whose name still then given by Prof. Fillebrown, who bloss m miles below the surface of the scenario and whose name still then given by Prof. Fillebrown, who bloss m miles below the surface of the scenario attaches to the science, lived near the commented on the necessity for calmother terrors of the deep, speckled beauties from stream or lake, the pleber and experimented to a very large experimental or physical, which might alarm and experimented to a very large ex-tent. His hypothesis assumed the ac-or excite the subject. ive of the boylan angler and the shal-low stream. From ocean depths are one person to another, which he was asked, is there not danger in these one person to another, which he was asked, is there not danger in these

dancing, the art of the pencil or the and film-like tracery. The methods than eight thousand persons were sub-brush. Do not deceive yourself with by which the deep is penetrated, the jected to his "magnetic fluid" during a tural and it is important that the laws the idea that you can pick it up in a the paraphermata of the United Staes single year. So remarkable were his and their bearing upon our lives be manifestations that they attracted the understood. There is, indeed, danger attention of the medical fraternity, in ignorance of these factors of our and, not being approved by them, mental organization. ly take up the responsibilities and farming, in addition to the implements Mesmer was forced to retire from Paris cares of a household successfully, with of commercial fishing, and the latest and return to his home in Prussia. Although the truth of his teachings was afterwards acknowledged publicly, and honors were conferred upon him. he could not be induced to return to

From 1780 till 1841, mesmerism was practised only by charlatens and to such an extent that, in Prussia, a law was passed, confining the exercise of the power to medical m n In 1837, it was practised in London, and before 1840 CAUSEand been used in several hundred cases have the higher grade cloths. b'cause n the hospitals in India to produce nsensibility to pain during surgical operations. In 1841, Dr. James Braid minic seals, which Alcuts are driving determined that there was no magnetism, but simply a condition of the sub-

fect of audible suggestion upon persons in this condition, and his researches have shown this to be the key-note to be. the actions of the hypnotic subjects. Through his investigations and patient no-tic, cover the ground of feminine collection of facts, a stimulus has been needs ities in cotton cloth more fall given to research of this kind, and sufgiven to research of this kind, and suf-dicient facts have been assembled to permit of their discussion in a scien tifle way. Others have not been slow to follow this leader. In 1881, Dumont and Beenheim attended the clinics of Liebault, and since that time these follow this leader. In 1881, Dumont men have been ardent workers in this ter because they are beautiful, because

won't go, because father said not. Do you suppose we would either of us go, after that, George Wilson, I'r epeated George earnestly, But even this argument did not move Magrie. She turned her head in a dignified way toward George, pushed back ber sunbonnet so that he could get a full view of her eyes, and said stowly; 'George Wilson, I commanded of you. To think that you would coax Cora and me to do what father sail we were not to do! He didn't say anything about Joe Bryan, not anybody else; he just said we were not to go on the water without him, ever. We promised we wouldn't and send that it is worth while to me.

consideration of these facts; third, the medical value of this condition should be discussed; and last, the legal a-pect.

The collection of facts has proceeded sufficiently far to allow of their discussion in a logical way, and from this several hypotheses have sprung. That of Charcot has been stready noted, as well as that of audible suggestion. This, perhaps, needs a little explana-In the hypnotic condition the senses

a common factory band at Chemnitz are sharpened. The hearing is renficient explanation. A suggestion which under normal conditions could not possibly reach the subject is readi understood, and his actions follow the suggestion.

The legal aspect of hypnotism, the establishment of the responsibility for crime committed under suggestion or of evidence given while in this condiion, has not yet been determined This will probably be properly fixed when the courts shall have had more experience with it.

As to the phenomena of hypnotism they are many and curious. Within these must be placed clairvoyance, for here can be no doubt of the existence of this faculty or condition. Among professional mediums, there is lacking disposition to submit to scientific conditions The societies for psychical research have, however, found in Mrs. 'iper a subject who is willing to submit to any conditions. She posses es a peculiar power, the nature of which e does not understand but is anxious to learn about, and she has already the right." given about one hundred a d fifty seauces' before scientific bodies in Europe and this country. It has been established, among other things, that the has, in her trances, a knowledge of of half cents. If it passes my re facts not previously known to her, but these, except in very rare instances, | you make that out? Congressmanre known to some persons near at

A possible cause for some of the phenomena of hypnotiem is thus suggested: The mind, through sight and he other senses, is all the time taking impressions. The different objects which we pass in a walk along the street are undoubtedly caught by the eye, but the memory brings back to as only those few to which attention was especially called. But if something should render our mental perception much more acute than it is normally, then these other impressions might be brought forward, and in this condition we would remember things which had passed before the eye but which had been too slightly noted to be remembered without stimulus. I'hus it is that there are two memorie; the active and the latent, and two consciousnesses, the perceptive and the sub-normal. In hypnotism, the finer consciousness is brought into activity. Prof. Fillebrown next discussed very briefly some of the peculiar phe nomens of the hypnotic state, among them, the curious feature of "locking," called in the assistance of the local in which, when the subject is informed that no other person can hypnotize him, he remains always thereafter insensible to the influence of other perpose of. Well, seeing you're friends of sons; the brilliant results of the repmine, I will give you the loan of my etition of the same experiment on the old mare 'Ress,' which will make same subject, a practice which adds to the striking nature of the shows of

Inelists, who view the matter from scientific standpoint, and wno insut

on scientific conditions.

The medical aspect of hypnotism is several of our readers, we give special prominence to the following condensation of a paper upon Hypnotism, which was read before the Boston Scientific Society by Prof. Thomas Fillebrown. It is undoubtedly the best presentation of this important subject the physical condition is to a large extent dependent upon the mental, and nounced an architectural poem. More space is given the fish and fisheries exhibition. The cost of the ornate structure was \$224,000. While forming the extremity of the great forming the extremity of the great the very earliest of our writings. They comes very much more potent. Sug-

As early as the year 1600, magnetic tial curative value in its ability to con-A short explanation of the methods

termed "animal magnetism." remarkable conditions? There certain-The experiments of Mesmer, who ly is danger, but this lies in ignoring remarkable conditions? There certaincame to Paris in 1778, were most start- these phenomena which we ought to ling, and it is recorded that not less study. There is no danger in the truth;

BECAUSE

Ir implies doubt.

BECAUSE is positive.
BECAUSE denotes cause and effect. fact is assured BECAUSE there are good

Every woman in the land needs a certain number of cotton dresses, no

If she is a parlor lady, she should she can make them up as fancifully as she may desire. If she is a housewife, she wants more practical goods, because her gowns are to be useful as well as

If she is a kitchen maid or a harwor'er, she must have heavier, or firmer stuffs, because her dresses must be good and strong and in fast colors as indeed all cotton materials ought t

nent form his own additions to this science in his published book, "Sug-

Exhibition satines charm everyone

Canton Cloths and Flors finish Prints are woven of heavier thread than the higher grade cloths and sa tines, but they come in just as pleasin designs and in new colors, but they commend themselves to public favor, because they wear well, w sh well and

ook well. Wanamaker says: "Get Priestley's name on any sort of Dress Goods and on need not question further-no ven on Grenadine. The new all-woo Black Grenadines are Priestley's," co tinues our authority, and we suggest a are the exquisite Silk Warp Clairettes. the useful Carmelites, the Tamise, and the Crystallettes. These are summe or lightweight materials. Priestley winter novelties will be out in August Samples of any named kind of Sim on's cotton cloths or l'riestley's black silk warp or all wool dress material

name and address in full to Editor "Household Helps," WOMAN'S ILLUSTRATED WORLD, 222 William street. New York City, N. Y.

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Miss F. J. Whit'on, of Topshir Me., has bair which measures e'g' fest 24 inches. It has been grown ten years.

No matter of how long standing or free treatise, testimon als, etc. Owego, Tioga Co., N. Tice \$1; by mail, \$1.15.

In Europe, the edquette of stre walling is to "seep to the left." he Unit d States, the rule is "keep

For the Collection-Backet Congressman-I intend to latro fuce a bill providing for the coinage

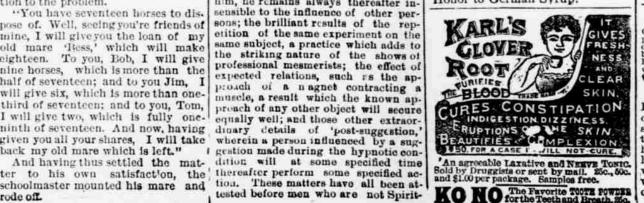
election is assured. Friend-How d

All the church people in my distric

will vote for me. - Puck.

"German Syrup"

My niece, Emeline Hawley, was taken with spitting blood, and sh became very much alarmed, fearing that dreaded disease, Consumption She tried nearly all kinds of medi cine but nothing did her any good Finally she took German Syrup and she told me it did her more goo than anything she ever tried. stopped the blood, gave her strengt and ease, and a good appetite. had it from her own lips. Mrs Mary A. Stacey, Trumbull, Conn Honor to German Syrup.



HOOD'S Sarsa CURES "My trouble began with inflammatory rheu satism in my left leg above the knee



pleasant beverage is so well known that any extended discussion of it Running sore formed, and I was in a terrible would seem superfluous; we shall condition. I was obliged therefore, only recall the to walk with a crutch. I connected with it. We all know that bought half a dozen bot-tles of Hood's Sarsapa-rilla, and soon after 1 be-while it increases the action of the skin healed up. I threw away my cane and crutch and

Mr. Hauer. can walk as well as ever." Charles W. Hauer. 23 W. Patrick.



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Only PAIN REMEDY

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THERE IS HOPE For every one who has blood trouble, no mat what shape or how long standing, provi-one of the vital organs have been so far-aired as to render a cure impossible. So, see to the root of the disasse, and removes ause, by expelling the poison from the body, the same time is a tonic to the whole syst-the same time is a tonic to the whole syst-the same time is a tonic to the whole syst-the same time is a tonic to the whole syst-the same time is a tonic to the whole syst-the same time is a tonic to the whole syst-the same time is a tonic to the whole syst-the same time is a tonic to the whole syst-the same time is a tonic to the whole syst-the same time is a tonic to the whole syst-the same time is a tonic to the whole syst-the same time is a tonic to the whole syst-the same time is a tonic to the whole syst-the same time is a tonic to the whole syst-the same time is a tonic to the whole syst-the same time is a tonic to the whole syst-the syst-

f'ric 50 cents per bottle. Sold by Druggists

FOR YOU.

Cured ms of the light and type of chronic blood trouble, for whi if had used various other remed without effect. My weight increased, and realth improved in every way. I consider B. So test tonic I ever used.

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> Sorpin 20 minutes without bo ing. It is the best for cleans it waste pipes, dist do ting sin a closers, washing buttles, pain PENNA, SALT MEG CO.

Gen. Agts, Phila. Pa. presserverererererererererere FOR FIFTY YEARS! MRS. WINSLOW'S SOOTHING SYRUP as been used by Billions of Mather

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Piso's Remedy for Catarrh is the Best, Easlest to Use, and Cheapest. CATARRH Sold by druggists or sent by mail,

THE LITTLE ARM CHAIR.

Nobody sits in the little arm-chair;
it stands in a corner dim;
But a white-haired mother gazing there,
And yearningly thinking of him,
Sees through the dusk of the long ago
The bloom of her boy's sweet face,
As he rocks so merrily to and fro,
With a laugh that cheers the place.

Sometimes he holds a book in his hand,
Sometimes a pencil and slate,
And the lesson is hard to understand,
And the figures hard to mate;
But she sees the nod of his father's head,
So proud of the little son,
And she hears the word so often said,
"No fear for our little one."

They were wonderful days, the dear, swee days,
days,
When a child with sunny hair
Was hers to seeld, to kiss, and to praise,
At her knee in the little chair.
She lost him back in the busy years,
When the great world caught the man,
And he strode away past hopes and fears
To his place in the battle's van.

But now and then in a wistful dream, way, The centre of everything.

-MARGARET E. SANGSTER, in Harper's Bazar POSTAL GUIDE FOR 1893 Containining all the post offices arranged al-phabetically, in States and Counties, with all other matters relating to post office affairs can be ordered from B. Salinger, P. O. Box, 182, Philadelphia, Fa. No business man should be without it. Prices 2.00 paper cover with monthly; \$2.50 cloth cover with monthly.

MRS. J. R. GREEN, the wife of the English historian, had her right hand disabled by writer's cramp through the strain of writing at her husband's dictation-sometimes as much as eleven nours a day. Instead of laying down her pen Mrs. Green taught herself to write with her left hand and has since written three important books on her own account.

TEA AND COFFEE.

The physiological action of this

are less desirable for general use

than the medium qualities, both on account of their prices, and because,

Congo ton with a quarter of a pound

each of Assam and Orange Pekoe. The

usual mixture of black and green teas

s four parts of black to one of green.

tea-tasters use but a single pinch to a enpful of boiling water. In China and Russia, where tea is made to perfec-

tion, it is very weak, boiling water being poured on a few leaves, the de-coction covered for a few minutes, and

then drunk hot and clear. Two min-

utes is long enough for tea to stand, and it should never be boiled, or the

fine aroms which exists in the volatile oil will be thrown off by evaporation, leaving as flavoring only the bitter

principle of the tannic acid extracted

by boiling.
When hard water is used in making

tes, a little carbonate of soda put in

the tea-pot will both increase the

nutritious, the alkali dissolving the

strength of the tea and make it more

COFFEE.

The physiologi a. action of coffee is

so similar to that of tes, that we need not repeat the remarks that have al-

ready been made in this connection,

and for which the reader is referred to

the recipe for making tea; it will be

sufficient to remark that the chief

points of difference are, lessening the

ction of the skin, increasing the ac-

tion of the heart, and when the coffee

s used very strong, aiding digestion to

gestible compound, which is exces ively irritating to the delicate internal

nembranes. Therefore, in making cof

fee, we must endeavor to secure the

requisite strength without risking a

corresponding lack of flavor and the

extraction of its tangic acid. We have

ried various coffee-pots, ranging from

organs, and we are satisfied that good

offee can be made in any pot, cup or

sitcher, if the points special d above

A fair proportion of good coiled to

ne ounce and a half of the pure berry,

ground very fine, to each quart of

ater. The water must be boiling

when it is poured on the coffee, but

oust not boil ofterward. The vessel

a which the beverage is made must

stand near enough to the fire to main-

tain a temperature of about 200 de-

grees lahr, for five or ten minutes be-

fore using. If coffee is made in a pot

containing a strainer, it will be clear:

if it is made in an ordinary pot or

pitcher, it should be stirred for three

minutes, in order to thoroughly satur-

ate the grounds with boiling water,

and so cause them to sink to the bot-

tom of the coffee pot. If the coffee is

allowed to stand for about ten minutes

Trusts and combinations are unpopular

But there is one form of trust against which

so one has anything to say. That is the trust

The tomb of Mahomet is cover d

with diamonds, sapphires and rubies valued at \$10,000,000.

All who use Dobbins' Electric Scap praise as the b st, cheapest and most economical family a up made; but if you will try t once will t it a still stronger tale of its merits tise. Please try it. Your grocer will supply you.

Paris now gets its water supply from

six great springs, which travel through

eighty-three miles of aqueducts.

cures. Try it.

Cann's Kidney Cure

Dropsy, Gravel, Diabetes, Bright's, Heart, Urinary of Liver Diseases, Ner-

vousness, &c. Cure guaranteed. 831 Arch Street, Philad'a, \$1 a bottle, 6 for

\$5, or druggist. 1000 certificates of

A sugar dish owned by Mrs. I. K

Smith, of Roswell, Ga, has been in use

Beecham's Pills with a drink of water mornings. Beecham's-no others. 25 cents a box.

Twin mul r are claimed to be owned

by a Platte City (Mo.) man. Twin

S. K. Cobarn, Mgr., Clarie Scott, writes: " and Hail's Catarrh Cure a valuable remedy. Druggists sell it, 75c.

Miss Catharine Larsh is dead at

In 1616 tobacco was first cultivated

by her family for over 100 years.

uules are of rare occurrence.

anything to do with men.

n Virginia.

the public reposes in Hood's Sarsaparilla-be-

its most available form.

cause they know HOOD'S CUKES.

Hood's Pills are purely vegetable.

French percolators down to

re kept in mind

gluten in the tea to some extent.

gan taking it the sore and lungs and lowers the heart's pulstopped discharging and sations. It is certainly a welcome ac cessory to every well spread board In fact it is one of those luxuries which custom clothes in the garments of necessity. There is, however, in con-nection with tea one point which should not be forgotten. To maintain ordinary health the body requires immediate nonrishment early in the morning, and for that reason, tea, Brings comfort and imtends to personal er rightly used. The man which retards the action of the natural functions, should be banished from the breakfast table, and should appear at ter than others and o less expenditure, 1 lunch and after dinner. Certain rules should be followed by habitual tea drinkers, if they wish to use their favorite beverage without injurious efadapting the world's the needs of physical bethe value to health of laxative principles emb fects. They should use a moderate remedy, Syrup of Figs Its excellence is due quantity of tea, always making the infusion the moment the water boils, bein the form most nece fore it has an opportunity to lose all its ant to the taste, the valuable gases by continual ebullition. Cool, fresh water is more wholesome beneficial properties ative; effectually e than that which has been standing in a warm close room, or exposed to the rays of the sun. Employ milk as an adjunct, and sugar if liked. Espec-ially remember that high priced teas and permanently co It has given satisfact

met with the appro profession, because neys, Liver and Bow ening them and it is ; CURES THE WORST PAINS in from one to twenty minutes. NOT ONE HOUR after reading this advertisement need any one SUF-FER WITH PAIN. ufactured by the California Fig Syren Co. only, whose name is pri combines cheapness with fineness of flavor, is composed of one pound of congo ton with a composed of one pound of congo ton with a composed of one pound of congo ton with a composed of one pound of congo ton with a composed of one pound of congo ton with a composed of one pound of congo ton with a composed of one pound of congo ton with a composed of one pound of congo ton with a composed of one pound of congo ton with a composed of one pound of congo ton with a composed of one pound of congo ton with a composed of one pound of congo ton with a composed of one pound of congo ton with a composed of one pound of congo ton with a composed of one pound of congo ton with a congo ton

DR. KILMER'S

SWAMP-ROOT CURED ME



WHEN ALL ELSE FAILED La Grippe Baffled! ome extent; coffee is a desirable break- The After Effects Cured fast drink. This favorite beverage is

o seldem well made that we advise our Mr. Bilger writes: "I but a test attack at readers to remember the following points: The best method for making coffee is that which yields a clear, fragrant infusion, whose very arons. grant infusion, whose very aroms
there in and exhibit a substant and other things
there is and exhibit a substant and other things
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the physician's medicine and other things
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recessary to the extraction of all the valuable properties of the berry; but actual boiling dissipates the fragrant volatile oil, and extracts the tannic cid of the coffee. This acid, in combination with the cream or milk usually served with coffee, hardens the albumen which they contain into an indicatible compound, which is excess.

Dr. Wilmer's PARILLA LIVER FILES Are the Seut.



to settle, it can be poured off carefuly without disturbing the grounds, and will be as clear as wine; this, of course, MEND YOUR OWN HARNESS refers to coffee as ordinarily ground. f the coffee is ground to an almost WITH mpalpable powder, its flavor and aroma can be extracted much more perfectly THOMSON'S than when it is ground after the ordinary method; and whatever food prop-SLOTTED erty it possesses will be presented in CLINCH RIVETS

> tough and durable Ask your dealer for the JUDSON L. THOMSON MFG. CO.

A Skin of Beauty is a Joy Forever DR. T. FELIK GOURAUD'S DRIENTAL CREAM, OF MAGICAL BEAUTIFIE

AN IDEAL FAMILY RIPANS TABULES by druggists or set

Muncie, Ind., at the age of 93. She formed a dislike to her father when a child and never afterward would have BIG MONEY IS and 17 Hammond St., Cincinnal)

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