The binding up of true-ed reeds
Of thought and act; the steady bearing
Out of scorned purposes to deeds.
The rest of strife; the doubt of daring—
The hope that He will understand
With we band

The hope that He will understand
Wity my hand
Wity my hand
Wity my hand
Trembles at my vycs to see
What else life means to me.
The dropping of leve's golden fruit,
The slowly builded walls of distance,
The sotisferched hand, the meeting foot,
Withdrawn in doubt, and drear, late chance
Of cooling autumn; wind and sand
On the hand—
But I stand
And brush my tears to see
All that life means to me.
The honest choice of good or ill,
A heart of marble, prayer and fire,
The strength to do, the power to will
From earth's rejuctance. Heaven's desire
And God's step upon the land
(Grave and grand),
Glad I stand
And lift my eyes to see
The life He sends to me.

HOW TO KEEP AND COOK OAT MEAL.

It should always be kept in air-tight tin boxes in which it can often be bought; these boxes contain from five pounds upward, and are really the only receptacles in which it can be kept free from fermentation, mold, or animal pests; the sweetness of the meal is lost by exposure to the air. The form porridge, which is eaten with cream, or with milk and sugar, these being added in sufficient quantity to form a thick creamy consistency. To cook it in the simplest way sprinkle it into boiling water until the porridge is at thick as hasty-pudding, salt it palatably, sir it often enough to prevent burning, and cook it at least half an hour. To have American oatmeal at its best if should be thoroughly cooked, because

ostmeal should be cooked in a doubl-kettle to prevent burning. SCOTCH OATMEAL PORRIDGE. Scotch catmeal porridge is made is the same way, the milk or water being

preparation for market. Milk may be

substituted for water; in that case the

sometimes replaced by whey. TROUBH CATMUAL PORRIDGE AND GRUIT, I nglish oatmenl porridge is made by mixing equal quantities of oatmeal and flour together before adding them to the milk or water used for making the porridge. The same maxture of flour and categorial makes an excellent gruel, the propor proportions being one des-sert spoonful each of the meal and flour, mixed with half a pint of cold milk; stir these ingredients into a pint of boiling milk, slightly salted, and boil the gruel in a double kettle for twenty minutes, stirring it often enough to keep it smooth and prevent burning. PHYSICIANS' FORMULA FOR OATMEAL

GUITING. Boil one ownce of patricel in three pmis of boiling water until the water i-reduced one thord in quantity; thez strain and coul the gruel; let it settle, and pour the legal part carefully away from the sediment; use it hot or cold as preferred, with sugar and wine if desired. Semetimes the physician permits the addition of a couple of tablespoonfuls of raisins to the grue while it is builing; the effect of the ratsins is gently laxative, but if they are used in excess they sometimes cans indigestion and flatulence.

DATMEAU BUANC MANGE ounces of outmost mm quart of milk, slightly saited, using a double kettle or duced to a jelly-like consistency before it is ready to be removed from the fire; then cool it in cups, whence it can be turned out, and serve with cream an

That national Scottish dish called "sowans" is somewhat similar to "Out-med Blane-mange," being a gelatin-ous grael made from the kusks removed from the oats in the process of making oatment, and eafen cold or bot. In the north of Scotland a thin kind of scw-ans is drank on New Year's-day, and on Hallow-een buttered sowans are consumed. This dish is both palatable and nutritions; it is made by pouring boiling water upon the hosks, using twice as much water as husks, and let-ting them steep three or four days in a moderately warm temperature; drain of the water, squeezing the husks to obtain all the liquid, which must then be strained through a fine sieve or cheese cloth. Let this strained liquid stand, until the starch it contains is precipitated to the bottom of the vessel containing it; next carefully pour off the water from the starch, and again cover it with fresh co'd water until it is needed for use. To prepare it for transportation, or for long keeping, expose the water, when first strained from the husks, to the and, in shallow vessels, until it evaporates; leaving the starch in a solid cake; turn this cake of starch out upon a cloth and dry the bottom in the sun. If the cake of starch is kent dry it will make excellent sowans; enough of it to form a thick cream should be stirred into boiling whey. To make sowans from the freshly prepared starch, stir enough of it into boiling milk, whey, or water used in the preparation, to form a thick gruel; salt it palatably and cool it in a mold. It is good with milk beer, or wine. This dish is mentioned in Markham's curious book, "The English Housewife," which was first published in 1658; it is there called "Wash

SCOTCH OATEN CARRS. One quart of outmeal is put into a wooden bowl with a dessert-spoonful of salt and mixed with cold water to a smooth, thick paste by the hand; this paste is turned out on a board covered. with fine outment, and kneaded with the knuckles until it forms a tenacious dough; this dough is flattened, rolled, out about and eighth of an inen thick, cut into large cakes, and baked before the fire, or over it, on a stone or iron gr d le. In that state they are a little soft. They are crisped by toasting them before a hot fire. A little butter mixed with the dough makes the cakes very short, or, according to the local dialect, "cramply,"

Another Scotch out cake is made by first partly browning the ostmeal in the oven; then sesson it with salt and pepper, adding finely chopped onions, and making it into a bannock with melt-ed beef or multon fat; it is baked on

s griddle over or before the fire. Oat cakes made with water, rolled out not over a sixteenth of an inch aythick, and thoroughly baked, will keep indefinitely; but the thicker ones are

apt to sour if kept long. GRADDEN BREAD,

This peculiar out cake usused in some parts of Scotland, and is much liked by those accustomed to its flavor but never can attain general favor on account of its burned taste; whole cats are burned with their straw, until the kernels are ross ed, the ashes are then blown away, the grain ground rather coarse, in i hand-mill, and made into cakes of bread with water and salt. The process is simple and short, and many per. sick on the farm it should be at once sons who use the bread esteem it highly for its wholesome qualities, but strangers to its flavor might object to

ory of Our Prairies Being Repeate Africa is the habitat of the ante



THE KOODOO. thousands roamed over the country. have been either exterminated or driven beyond the limits of civilizain which catmeal generally appears tion. Thus during the past three upon the table in this country is a thick years 300 glraffes have been slaugh. Wind power does it. tered for their hides alone and other

game have been wiped out. Happily in portions of Souther, Africa game laws have been engeted and enforced, and the antelope, once threatened with extinction, is again multiplying. Of these beautiful ani-



тик изменоск. oals the koodoo is the most graceful and majestic. - Formerly it could be found anywhere in South Africa, but is now confined to Mashenoland Manicaland and the Zambesi dis tricts. The adult male stands as high as five feet and has horns aver aging three feet in length. The sable antelope, a rare animal, is one



To make a delicious cold dish of oat | The gemsbock antelope roams in white below. It is furlous when farinabotler; the catment should be re driven to bay and naturally so power ful that lions rarely attack it.

A Road and River Cycle. The combined trievele and boats hown in the figure is an American avention for road and river travel, described in Cassell's Magazine. Twin boats are fastened to a tricycle hav



THE CYCLE IN USE ON THE WATER

ing wheels fitted with paddles, an when in the water they can be guided by the steering wheel, which is made as a circular disc. The boats can be lisconnected from the tricycle at will, and serve to hold luggage, fishing tackle, and other paraphernalia.

Fully one hundred tons of Canadian oultry were landed in Liverpool due ing one week. It arrived in splendid

Good Market for Ducks.

condition and sold at about 14 cents a pound. Is This Authentic? All the gold in the world could be

stored in a room 24 feet square and

English Looms. England is said to make enough

linen yearly to enwrap the earth seventeen times Practiced in Grease Net. Baking break, cakes, and pirs be-

rame a profession in Greece, B The town of Forsyth, Mo., is fifty ears old and has never had a church

Prospective Item. Nearly 100 different machines have been invented for boring rock.

Idolatry and Profaulty. The Western jokers continue to nanifest an envious spirit whenever the intellectual superiority of Boston is mentioned. One of them has inented this little dialogue:

Miss Backbey-No, we don't speak to each other any more. I don't recognize a girl who indulges in pro-Miss Pitts-You don't mean to

"Oh yes, I do. We were talking f Browning, and she said, Oh, bother Browning! But bother is not profanity."

"May be not; but 'bother Brown

The lest place to quarantine is on be farm. All animals that are purpased should be kept separate from the home stock for a sufficient length of time for the development of disease, and when an animal becomes removed to some isolated location.

An old man's idea of a loke is to shave off his whiskers, and go home and startle his wife.

The Perception of Primary Colors. M. A. Chaveau has raised an inter

sting point before the Paris Academy of Sciences. He has firmly held the lope family in regard to beauty, va belief that there are distinct nervous riety and numbers. Unfortunately centers, for the perception of primary with the advance of the white man colors. One of the proofs which he the story of the prairies of this coun- has attested of the correctness of his try is being repeated in the dark con- theory is that if the light from the tinent, and game, that in countless sky be allowed to shine on the closed eyes of a sleeper, the colored objects in the room will appear to him illuminated by a bright green light at the moment of waking from sleen, It follows as a natural inference that the green centers are the first to regain activity on the sleeper's recovering consciousness. As sensibility differs in different subjects, it may in some cases be necessary to repeat the experiment before the full effect of the phenomenon is perceived.

The Most Pleasant Way Of preventing the grippe, colds, headaches, and fevers is to use the liquid laxative remedy Syrup of Figs, whenever the system needs a gentle, yet effective cleansing. To be benefited one must get the true remedy manu-factured by the California Fig Syrup

For sale by all druggists in

Good people never love bad company. We cat too much and take too little out door versise. This is the fault of our modern civ-itzation. It is claimed that Ga neid Tea, a imple herb remedy, help: Nature to overcome

50c. and \$1 bottles.

Brussels, Belgium, boasts of a clock

If afflicied with soreeyes use Dr. Isaac Thompson's Eye water Druggists sell at 25c pet bottle. Mere mushrooms are raised in the ri inity of Paris than in any other place

to the world. "Brown's Bronchial Troches' are excellen or the relief of Hoarseness or Sore Throat.

World, London, Eng -Ocean cables stretch 120 250 miles Rupture cure guaranteed by Dr. J. B. Mayer, 881 Arch St., Phil'a, Pa. Ease at once, no operation or de-

lay from business, attested by thou

sands of cures after others fall, advice ree, send for circular. Wine is frequently used instead of water in Spain in mixing shoe black-

Cnnn's Hidney Cure for Propsy, Gravel, Diabetes, Bright's, Heart, Urinary or Liver Diseases, Nervousness, &c. Cure guaranteed. 831 Arch Street, Philad's. \$1 a bottle, 6 for \$5, or druggist. 1000 certificates of

A horsefly will live for hours after its e d has been pulled off.

"August

I had been troubled five months gland. The valley of the Shard, inwith Dyspepsia. I had a fullness cluding the province of Bagirmi and after eating, and a heavy load in the parts of Adamawa and Bornon, liepit of my stomach. Sometimes a south of Lake Tchad, and are in the deathly sickness would overtake territory under the eye of the Royal childhood of our little ones too happy me. I was working for Thomas British Niger Company, which would or attractive, nor estimate the moral snow what he's talkin' about. Most McHenry Druggist Allegheny City formally resist their annexation to effect of this work upon the youth of the b'ars are killed when they're Its back and sides are black and its barns average three feet in length.

The complete antelone rooms in the fermion of the french sphere to this addition to the French sphere to the french sp meal, boil for two hours or longer four herds in the Kalahari Desert. Its for two weeks. I was relieved of all color is blue-gray above and sn w trouble. I can now eat things I dared not touch before, I have here gained twenty pounds since my recovery. J. D. Cox Alleshows D.



Every Month Scant Menarquation; they don't know who to confide in to get proper advice. Don't confide in anybody but try

Bradfield's Female Regulator a Specific for PAINFUL, PROFUSE,

SCANTY, SUPPRESSED and IRREGULAR MENSTRUATION. Beak to "WOMAN" mailed free, BRADFIELD REGULATOR CO., Atlanta, Go. Bold by all Drugglete.



FOR FIFTY YEARS! MRS. WINSLOW'S SOOTHING SYRUP n used by Millions of Mothers ir children while Teething for over sars. It seed has the child, softens the that all pain, cures wind solic, and Twenty-five Cents a Bettle. ***********************

WORN NIGHT AND DAY. (中国) 图 (图) 图 (

TOUSE Mrg. CO., 744 Broadway, New York City aish to know the truth, send HOW AND WHY," issued by

PENN MUTUAL LIFE 921-22-5 CHESTNUT STREET,

WANTED- Local and traveling agents and promoters for the Maryland Building and Loan Associate in their i commission. For particulars a dr. se E. C. Pritclett, Sceretary, Law building, B. it more, Md.

BLAINE'S

SW reporters. Cut. and to the on free. J. 6 Bende Headache is A book About Headaches from the Christian Street B. Simes Co., Haverbill Mase JAS.G. BLAINE Authorized Life 18-

VIGIT TREES. Large t and BES; Stock in United State; Pacters and Dealers hould et OUR PRICES Bra LockPORT, N. Y. 1310. WINDOW GARDENS.

"God gives us all one Eden—once on earth, Each child of Adam his Adamic birth Renews. Once each beholds around him rise

Where, is ared by hope, the airy wonder seems So like reality, the dreamer's feet May press the thornless path and bless the cheat.

Traveling the thorny road of life is it not wise to stop and gather such of the beauties as lie around our paths as we may? Though the sands are burning under our feet, and rugged stones have bruised and wounded us, still may the wayside flowers cheer and comfort and speak to us of love, and hope, and immortality. Then let us gather the lovely blossoms and decorate our home and plant our "gardens of delight" and cultivate our window flowers and fill our hearts with a tender regard for

Mr. Wm. Wade

Indigestion Relieved

Good Appetite and Good Health Restor

"When I flud a good thing I feel I ke prais

ing it, and I know from personal experience that Hood's Sursaparilla is a fine medicine. I

Distress in My Stomach

and indigestion. I had medical advice, pro

HOOD'S PILLS are the test liver invigor and catharne. Purely vesetable.

A CHUNK STILL LEFT.

The Corner of Africa That Yet Remains t

Be Grabbed. There is yet an unexplored and un

appropriated section of Africa ex-

tending from the scene of Stanley's

exp orations on the Congo northward

to Lake Tchad, says the Springfield

(Mass.) Republican. It lies east of

gland for possession of this territory,

which touches the spheres of all

The French scheme is the most an.

of the Congo-northward through 25

degrees of latitude to Algiers. For 500 or 600 miles northward the road

would pass through this unappropri-

ated strip, then would come disputed

ground, not intended to be included

in the French sphere, and which can only be annexed after a prolonged

controversy with Germany and Ea-

hinterland, however, comes in play

Germany's sphere in the Cameroons

extends to the fifteenth degree of east

ongitude, and behind this sphere lies

territory appropriated by France eaching to the Mobangi, which is the

operty of the Congo Free State.

This French appropriation is contracy

the German-English agreement

nd cuts Germany off from a portion of her hinterland, as the approp ia-

tion of territory along the line of

this proposed railroad would form the remainder. German parties are

now pressing eastward from the Cam-

eroons to take possession of this hin-

terland -- a strong one under the Governor working steadily toward the

northeast: another under Lieut. Mor-

gan making its way to the sources of

the Binue: while a third is on its way

to establish a base of operations in

the Ball country, on the borders of

French exploring parties are pone-

rating this region from the north as

well as the south. From the south

they have followed the Mohangi River

and its branches-one party following

the Sanga to about 4 degrees north

latitude: another the Mobangi to the

Bongra rapids, whence it is proposed

to push across country to the Shar

and through to Lake Tchad From

Algeria and from Senegambia expe-

ditions are trying to reach the upper

Niger and thence along to Lake

In the meantime the Royal Nige

Company are looking after their con-

nections with the central Soudan and

trying to keep hold of the countries

ot granted to France to the south

and east of Lake Tchad. The Shari

valley, Bagirmi, and Wadi they will

keep in their sphere if they can; and

the Brirish East African Company

will hold on to Darfur, and will work

its way as far to the south and west

of that country as it is able. What-

ever France and Germany may claim

when the time comes for the new par-

tition of this unappropriated part of

Central Africa by international agree-

ment, as it must before long, England

will probably manage to secure the

arger part if not the whole of the

Adamawa.

these nations.

near the Postoffice, Lowell, says;

One of the most beautiful ornaments for a dining room is a window garden, or, for those who can afford it, a con-servatory opening from the dining room. This should be so planned as to be at the height of its beauty in the winter months, when the Mr. Wm. Wade, the well known boot and shoe dealer at 17 Merrimack St., out door plants are unavailable. Many otherwise weary hours may be happily have for a good many years been seriously spent originating and perfecting plans for our window garden and a succes of display from chill November til

Spring flowers shall bloom again. The Ivy is one of our best plants for in-door adornment; its leaves are clean scriptions and various med cines, but my trouble was not reheved. At last I though I in-door adornment; its leaves are clean would try Hood's Sarsaparilla and I must say and bright; it will bear heat and dust the effect was surprising. Soon after I began and partial absence of light and can by taking it I found great relief, and now cat trained in any direction. Another easily cultivated vine is the Wandering Jew, which will stand almost any without having that terrible distress. I also rest well at night and an in good health, for all of which I thank Hood's Sarsaparith."—WM. WADE. amount of neglect. Nasturtiums are very desirable and easily cared for. Ferneries are always agreeable and

may be filled at little expense from our own woods, where one may find several different varieties of ferns, delicate mosses and pretty trailers, such as

some of the vetches. Window brackets, easily placed in Floral Magazine, is the Asparagus any position, may be very attractively plumosus pages. The only r-sembcatalogues before us, one should never agus is in the fineness of its foliage. It be at a loss to fill them. A floral magazine costs but a trifle, and there gene- and a half. These divide in branches rally comes with it sufficient in the something after the style of Adian the equatorial province and south of blossom all the winter long. Hyacinths that, and arch over the pot in a most the new line of the French sphere and fuchias, delicate and fragrant; graceful, airy fashion. No fern can from the Niger to Lake Tchad; it is Chinese lilies, bright chrysanthemums, compare with them in delicacy. a rich and fertile country, and said geraniums, and coleus, and ranunculus deed, the plant is so airly delicate in to be one of the most desirable pos- and tea roses. The list seems almost effect that it suggests a green mist London Times gives an interesting expense if one does not indulge in survey of the maneuvering on the part of France, Germany, and England for possession of the maneuvering of the maneuvering on the part of France, Germany, and England for possession of the maneuvering on the part of France, Germany, and England for masses of foliage. It is except that I ever fostered at triding collection of the maneuvering on the part of France, Germany, and England for masses of the maneuvering on the part of France, Germany, and England for masses of the maneuvering on the part of France, Germany, and England for masses of the maneuvering on the part of France, Germany, and England for maneuvering on the part of France, Germany, and England for maneuvering on the part of France, Germany, and England for masses of the maneuvering on the part of France, Germany, and England for masses of the maneuvering on the part of France, Germany, and England for masses of the maneuvering of the is nothing that I ever fostered in my most charming of plants for the decora-house that has brought me so good re-tion of the table. It is of the easiest taught my children and grandchildren soil, good drainage, plenty of water or to appreciate and love them, and this united admiration for such beauties has oltion, and it includes a railroad made us united in everything else, and from Brazzaville on the Congo—in has been a most powerful influence in that part of Lower Guina given to making us a congenial, happy family.

the French by the conference that Beecher, the great preacher, has fixed the boundaries of the Free State given a fine tribute to the love of sake, for their beauties, their assobenediction of mine. They are blessed of God! Did he not make the world the owners of the world, and the richest of all men?

Let us all lend the influence of our example to this work of beautifying our homes, for we cannot make the if she had no other reason for oppos- tions, and inculcating a broad charity ing this railroad. The doctrine of towards mankind.

> Mr. D. W., in Success with Flowers, gives an attractive list of bulbs suitblue flowers and white centre. C. qigautea is of recent introduction, and passed on that occasion.

has larger flowers than Lucility, Lilae blue with large white eye. Very fine for pot culture. Two or three should grown together for the best effect. For the garden, have a clamp.
The Ixias, in colors of scarlet, white

strijed with rose, black eye; rich yellow and brown; whate, with large time eye; purple crimson; green with black eye, etc., etc., are attractive for clumps in the garden or grown in pois.

Sar iensis, white, striped with pink, and Wonder, deep pink, are double flowering and fragrant.

Proceedings of Market bears clusters

Puscikinia seitloides bears clusters of star like flowers on spikes; they are pearly white, striped with bine down the centre of each petal. Blooms in

Freeslas are smong the new bulbs and a correspondent of The Maydower gives her experience with them thus: put six healthy looking bulbs in a five inch pot and put the pot into my cellar for a few days. Within a week there were four little green points peeping up out of the soil and in ten days every bulb had sent up a shoot of green. This was encouraging and I felt more hopeful. Well, it was wonderful how those six green shoots grew. They had such a bright, smart loo and came up so gracefully that I fell in love with the leaves alone. Before I expected to see them four flower stems shot up and in a short time legan to think that I could succeed with Freesias. I had four stalks of the most beautiful and most delicated fragrant creamy white flowers I think I ever saw. Their fragrance com-pletely filled the room but it was never Their fragrance comoffensive, like the fragrance of some

other flowers.

I write of this little experience because I know that many persons fear to try bulbs they know nothing about, but surely any one can succeed with these beautiful Freesias.

ASPARAGUS PLUMOSUS NAMUS, One wintergreen and partridge berry and of the most beautiful plants I have ever grown, says a writer in Park's arranged, and with the florists fall lance it bears to the ordinary aspar shape of premiums to make a window tums. These branches are arranged turns as plants and pictures. I have cultivation. Give it a good, rich, sandy MRS. L. M. RUBY.

His Pica.

The Legislature of the State or Maine has again and again passed a law offering a bounty for bears that "Blessed be the man that really have been killed, and repealed it loves flowers-loves them for their own every time. In the year 1873 over two thousand dollars were paid in ciations, the joys they have given and bounties by the State, and the next will always give. Such men need no year a member from a shore town introduced a bill for the law's repeal. He said that the hunters would unoubtedly kill the bears for the sake of the meat and pelts, without the extra inducement of the bounty.

> Upon this a stalwart backwoods man rose in his might, and said: "The gentleman don't rightly

"Let them grow until they are of calue, then," said the member from the sea-coast, sharply.

"And I would like to ask the gen tleman what them b'ars are to live on whilst they're growin'?" inquired the backwoodsmin, in a tone of with able for pot culture:

Chiomodoxa, or Glory of the Snow, is charming, with its spikes of intense

The backwoodsmin, in a tone of with the backwoodsmin, in a tone of with the backwoodsmin, in a tone of with the charming score.

"Our sheep, I presum to say, and a baby now and then!" ering scorn. "Our sheep, I presume The bill for the repeal was not

Shoots iron fan Ir fights to kill. It wins its
Battles and comes off Conqueror?

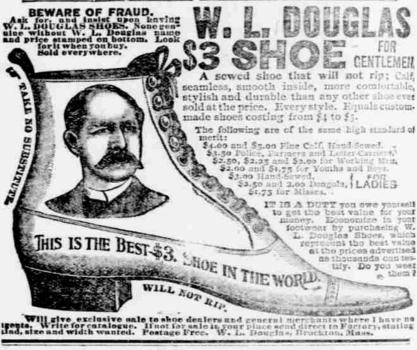
A Testimonial Worth Reading.

Mt. Sterling, Kv., Feb. 13, 1880.

I desire to make a brief statement for the benefit of the suffering. I had been afflicted with catarrh of the head, throat and nose, and perhaps the bladder for fully twenty-five years. Having tried other remedies without success, I was led by an advertisement in the Sentinel-Democrat to try Hall's Catarrh Cure. I have just finished my fourth bottle, and I believe I am right when I say I am thoroughly restored. I don't believe there is a trace of the disease left.

Respectfully.

WM. BRIDGES. Merchant Tailor.



Good Wives Grow Fair in the Light of Their Works," Especially if They Use

SAPOLIO

Where Crime Triumphs. The tourist who visits the Nevada desert camps to examine the statis ties of crime is compelled to conclude that in no place in the nation is crim of every degree so prevalent. The chief reason for this condition of affairs is illustrated by the efforts of certain citizens to bring a crimmal to ustice in the valley of the Amergosa. A teamster engaged in hauling borax from the Amargosa works (now abandoned) was killed by his assistant in a quarrel. The assistant came up behind and pounded him to death with a shovel. The criminal at first told conflicting stories about his deed, and then confessed all. And yet he was never arrested for it. The matter was brought to the attention of the district attorney and the coroner of San Bernardino County, and they were urged to bring the man to trial. Their reason for refusing to do so is interesting. Saratoga Springs, the spot where the crime was committed and the body buried, was 100 miles across the desert from a railroad station, and the expense and trouble of a legal investigatio would be too great.

That is to say, the laws of Nevada and California, as administered on the desert, are a farce. The aggressive, the strong, and the quick-on-thetrigger are there a law unto themselves and to the rest of the commu-

Still Bright and Booming.

Many bright and useful publications ome round to us annually and the sight of them is as refreshing, and welcom as the faces of friends on New Year's Day. Friends' faces are kept in remembrance; good books for reference, inasmuch as they lead and teach us what is to be done in many painful straits. One such publication, foremest, is before us, brimful of sound \$1.00 for Each Coin

sell them direct to the people, thus realizing \$5,000,000, and using the itional money for the further development of the Fair.

Considering the fact that there were but 5,000,000 of these coins to be ributed among 65,000,000 people, in this country alore the service of the service and the raciest bits of fun, original and copyrighted, from the pens of such noted humorists as Bill Nye, Opie P. Bead, Danbury-News-Man and others. It is a free gift of the season at the Druggists' counter, and will be sought for as the highly popular St. Jacobs Oil Family Almanae and Book of Health and Humor, 1893. The work differs somewhat from its former editions but advice and the raciest bits of fun, origsomewhat from its former editions, but Realizing that every patriotic American will want one or more of these soins. give. The almanac is sent forth by The Charles A. Vogeler Company, Baltiand in order to make it convenient for him to get them, we have made arrange- best known and most reliable medicinal

Unlike the Dutch Process No Alkalies Other Chemicals are used in the preparation of W. BAKER & CO.'S It has morethan threetimes the strength of Cocoa mixed with Starch, Arrowroot or Sugar, and is far more economical, coting less them one cent a cup. It is delklous, nourishing, and EASILY DIGESTED.

Sold by firacers everywhere. W. BAKER & CO., Dorchester, Mass. YOUR OWN HARNESS WITH THOMSON'S CLINCH RIVETS

Ask your dealer for them, or send 40c, in tamps for a box of 100, assorted stres. Man'd by JUDSON L. THOMSON MFG. CO.



BLOOD POISON! A SPECIALTY.

ROOT, BARK MID BLOSSOM AGENTS PAID WILLEST SALARY.

SIber we mental supply | Seat by mail or at sent be one, in one mental supply | Seat by mail or at sent by ROOT, BARK & BLOSSOM, Newner, H.



Garfield Tea Cures Sick Headache

will want one or more of these coins,

any address on receipt of a 2-cent stamp by the above firm.

Treasurer World's Columbian Exposition, Chicago, III.

It is considered the proper freak at present to surround the very top of your evening gloves with some dainty

are baked. Another method is to dissolve an ounce of compressed yeast in a quart of lukewarm water, and then to smoothly mix into it three and a half pounds of fine oatmeal, and a little salt; the bow containing this dough is covered with a cloth, and allowed to use for half an hour in a warm place. PENSION Washington, B. C. Successfully Prosecutes Claims.
Late Principal Examiner U.S. Pension Bareau. is then formed into flat cakes, dusted with dry o tmeal, and baked on a griddle. English oatmeal bannocks

baked an hour in a moderate oven. Brandy was first made in France

All cannot possess a \$10,000 Souvenir

is not true of any other baking powder.

"Each Spoonful has

done its Perfect Work."

Is the verdict of every woman who has used Royal

Baking Powder. Other baking powders soon

deteriorate and lose their strength, owing to the

use of inferior ingredients, but Royal Baking

Powder is so carefully and accurately com-

pounded from the purest materials that it retains

its strength for any length of time, and the last

spoonful in the can is as good as the first, which

in the shape of a coin, but many can have fac-similes of this valuable work of art-only special coin ever issued by the U.S. Government-for \$1 each. United States Government

World's Fair Souvenir Coins-

The Official Souvenir of the Great Exposition-

5,000,000 of which were donated to the World's Columbian Exposition by the Government, are being rapidly taken by an enthusiastically patriotic people. As there early promised to be a demand for these Souvenirs that would render them very valuable in the hands of speculators, the Exposition Authorities decided to place the price at

and sell them direct to the people, thus realizing \$5,000,000, and using the additional money for the further development of the Fair.

distributed among 65,000,000 people, in this country alone (to say nothing of the foreign demand,) and that many have already been taken, those wishof the foreign demand,) and that many have already been taken, those wishing to purchase these mementoes of our Country's Discovery and of the grandest Exposition ever held, should secure as many as they desire at once. grandest Exposition ever held, should secure as many as they desire at once.

For Sale

and in order to make it convenient for Everywhere ments to have them sold throughout preparations. A copy will be mailed to the country by all the leading Merchants and Banks. If not for sale in your town, send \$1.00 each for not less than the country by all the leading Merchants five coins, by Post-office or Express Money-order, Registered Letter or Bank Draft, with instructions how to send them to you, all charges prepaid, to

"Tired all the time"-Hood's Sarsaparilla possesses just those elements of strength which you so earnestly crave, it will build you up, give you an appritte, strengthen your stom ch and nerves. Try it.

Hood's Pills invigorate the liver. ENGLISH OATEN CAKES.

These cakes are varied from the Scotch

central Soudan for herself.

kind. In Yorkshire, a dough of oat-meal and water is leavened and bake l in a thin coke. In Lancashire the cakes are mixed with buttermilk, or with lukewarm water, and allowed to stand until slightly sonr before they are nade by rubbing a tablespoonful of batter into a couple of pounds of oatmeal, with a little salt, and then stirring in sufficient okewarm water to make a thick paste; the paste is rolled out half an inch thick, cut in rounds four inches in diameter, and