

HOUSEHOLD.

COLD FOOD.—Eat all cold food slowly. Digestion will not begin till the temperature of the food has been raised by the heat of the stomach to ninety-eight degrees.

STUDENTS' RICE CAKES.

Rice cakes for breakfast. Naught like these. The hungry student to appease? Wouldst try them? Take them cold.

USE OLD VEAL.—Take of cold veal one pound, two parts cold boiled potato, both cut in little pieces.

CREAM COGNAC CANDY.

A pound and a half of sugar, half a cupful of milk, boil ten minutes; a grated coconut added; boil until thick; put on greased pan quite thick; when partially cold, cut in strips.

BREAKFAST TOAST.—Mix two table-spoonsful of sugar, a little salt, and a little butter in a bowl.

GRAPE RELISH.—Cut one dozen bunches of green grapes, put in the de-cayed ones, make a syrup of one quart vinegar and one and a half pints of sugar.

CINNAMON ROLLS.—One pint of sweet milk, one cup of sugar, half a cup of butter, one-half cup of yeast.

CRACKER Pudding.—Butter a pudding-dish, and fill it with crackers split in two and buttered.

HARD-ONNETTE.—Four eggs; beat the yolks separately and add two-thirds of a cup of hot milk and a bit of butter.

IN A SNOW IN THE TROPICS.

The natives of tropical countries are seldom so much astonished as when they are first introduced to snow and ice. The con-glading and melting of snow in the tropics are slow to comprehend.

LEVER LABELS may be placed at any season of the year.

SHRINKAGE IN CORN.—It is claimed that the corn which will lose six per cent of its weight by shrinkage in eight months' keeping.

BUTTER made by the Green Mountain Stock Farm.

DRIVER apples are being exported by us in large quantities.

The average production of corn is about twenty-four bushels per acre.

In setting out grape vines dig deep holes and place bones and well rotted manure at the bottom of them.

A MAN who has no creamery, and who depends on his wife for milk, should be taught to carry his milk to a factory.

CORN that is fresh and dry is excellent food for growing poultry.

GUINNESS is good burgher or chicken pot pie.

EGG-SALAD.—Six hard-boiled eggs, a small bunch of parsley cut fine, or half a teaspoonful of celery seed.

THE largest animal known is the roval, which is about 100 feet in length.

TO remove tar from German silver drawing-instruments, use very fine emery-powder or crocus-powder.

CASTOR oil five parts, thinned with refined petroleum one part, is a good lubricating oil for bicycles.

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FARM NOTES.

FARMERS SHOULD INSURE.—This is a good advice at all seasons, and especially in Fall and Winter. As a temporary measure, insurance companies are every ready to insure the farmer's risks of loss by fire for a small consideration.

CELLAR windows should be constructed so as to admit of being tight and close in very cold weather.

THE poultry manure is added to the stable manure every time the poultry house is cleaned, and the whole kept under cover, it will be better than keeping the manure in the open.

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SCIENTIFIC.

Many persons of both sexes are greatly troubled with cramps in one or both their legs. It comes on suddenly and is very severe. Most people jump out of bed (if nearly always comes on) going to bed or while undressing.

There is nothing easier than to make the cramp stop. The remedy is to take the cramp by the leg, and pull it straight out. This is done by pulling the leg towards the body, and then towards the head.

WINTER DECORATIONS.

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Acid in the Blood

Accumulating in the joints, it is believed to be the cause of rheumatism, from which so many suffer at this season. Hood's Sarsaparilla has had wonderful success in curing this complaint.

Hood's Sarsaparilla

It has been suffering from an acute attack of rheumatism induced by a severe sprain of a dislocated ankle joint. But one bottle of Hood's Sarsaparilla restored circulation, cleared the blood and relieved the pain so that I am nearly well again.

Stop that CHRONIC COUGH NOW!

For if you do not it may become chronic. It is the most distressing and dangerous of all ailments. It is the cause of many deaths.

SCOTT'S EMULSION

Of Pure Cod Liver Oil and HYPOPHOSPHITES. It is almost as palatable as milk. Far better than other so-called Emulsions, which are worthless.

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