Dr. Page sends an account of experiments made to show that one meal a day is enough for a man; 'S. N. S., 28 years old, resolved to adopt the one-meal system, and old so, leaving off meat and sill condiments, as salt and pepper, and eating elifedly wheatmeal original and fruit, the breat made from unsitted meal and mired with water only in osait or bread raising devices—unleavened bread. Within seven months his weight increased from 145 pounds, and his strength of both body and mind had increased in proportion. His labor had been severe, he's a machinist and an inventor, working ten hours every day, and doing a good deal of very practical and profitable thinking at the same time. It is now a full year since he came to one meal, and the weight gained has been maintained and his health is perfect. During the last winter, for the purpose of testing the atfliciency of one meal of pure lood for the most trying labor, he worked in an iron founding the extreme and trequent changes of temperature incident to the work, on, cold mornings with the mercury below zero, and in the afternoons at 120 degrees above, and all hands sweating like and in cool during the winter of consumption which in most of its consumption which in most of its course federal in land on a coid during the winter of the purpose of testing the afficiency of one meal of the purpose of testing the afficiency of one meal of pure lood for the most trying labor, he worked in an iron founding the extreme and trequent changes of temperature incident to the work, on, cold mornings with the mercury below zero, and in the afternoons at 120 degrees above, and all hands swea rain, he had not a cold during the win- but seems to be in favor even among ter, and was the only employe thus ex- those who are not affected by any disempt. He had formerly been subject to fre nent attacks of the above discovery that marks an epoch as important to fre nent attacks of the above discovery that marks an epoch as important to the health of mankin I as Newton's apple and Franklin's kite were to natural science, pound of beefsteak; one drachm of pulto fre quent attacks of the above onsense. His dany ration consists of six to nime owners (according to labor) of Graham flour, beside Iruit to supply all the liquid necessary—ball a dozen apples or their equivalent in other fruit. He is rarely mirsty, but some-fruit. He is rarely mirsty, but some-fruit a grant process of the amount of wards and frankin's kite were to natural sciences. The sick, the discouraged, the dejected, the broken down, and the despairing, may now all find a cure, certain as the Jordan proved to the Syrian lepper. It is only necessary, as in the case of that sufferer of old, to follow directions.

This prescription is simply one-half pound fraction is simply one-half pound of beefsteak; one drachm of pulling size of the sick, the discouraged, the dejected, the broken down, and the despairing, may now all find a cure, certain as the Jordan proved to the Syrian lepper. It is only necessary, as in the case of that sufferer of old, to follow directions.

The section of the makin I as Newton's applies and Franklin's kite were to natural sciences. The sick, the discouraged, the dejected, the broken down, and the despairing, may now all find a cure, certain as the Jordan proved to the Syrian lepper. It is only necessary, as in the case of that sufferer of old, to follow directions.

The section of pulling the sick of the sic times, if too little fruit is taken at meal time, he takes a small draught of water in the course of the day. This meal is taken at might after entire remeal is taken at might after entire re-

I devote an bour or so. I find that six cold gens, weighing four-teen ounces, without either butter or milk, chewed deliberately, and thoroughly dissolved by the juices of the mouth, will suatain me much better than when eaten warm with butter or milk, considering the manner in which people generally bolt their food, it is not shange that a large proportion of it falls of digestion. Starchy foods cannot be transformed into pure

the lighter they make it the better; but dyspeptics may rest assured that, of itself considered, the evening ment is not thecause of their wake ulines or troubled dreams. When I ate three meals a day of a mixed diet, I could not make the last one nghi enough to give complete rest at night; but now, when rested from my ony's labor, I can ent my full vegetarian meal and sleep like a well-

I could give quite a number of exam-

put in one egg, waite others like them fully as well without. When the bread is soaked soft make fine batter with a spoon, add the milk and sofficient flour to stiffen enough so the cakes can be easily turned. If sour milk is used add to the batter one even teaspoon of cream bartar, disserved in a little water, with your upper lip. Now hold upright

orippings. it is eaten with sugar or ature at night, they will flower well. sirup like griddle cakes.

All may not know that pieces of bread which are not too hard can be made into a resemblance to turkey dressing. Cut your bread into dice, and if you have a quantity of gravy, from which fat can be taken, left from any kind of roast (though a piece of butter will do as well), thoroughly grease the bottom of a spider; put in the bread, with some little chunks of butter and plenty of seasoning, then coal ashes; afterwards rub with a dry pour enough boining water on it to cloth. moisten it; cover rightly, and in a mo ment it will steam through and you can stir it, and either brown a little or have burn. It draws the fire, soothes and it moist like dressing. It should be heals, caten with gravy over it, and is a good

substitute for polators. The little dry, hard pieces and crusts which always accumulate can be put on a pie tin in an oven that is just hot enough to make them a light brown, then roll them fine and put away to use in making croquetts, frying fish, etc. We have recently learned that these slightly browned crumbs make excellent griddle cakes, with the addition of one egg and a handful of flour and milk to make a batter; but, as we have never tasted them we can only a make the control of the property of the control of the recommend it as worthy of trial.

Some valuable relies discovered at Ninevels, in the form of fine avory earyings, showed signs of crumbling on arrival in England Concluding that loss of albumen was the cause of the decay. Prof. Owen builted the articles. The experiment proved entirely successful, and the ivery was restored to its eriginal firmage. rival in England Concluding that loss

### DOMESTIC.

meal is taken at night after entire recovery from fatigue, usually at about 7 o'clock. During the month of May, 1881, just passed, he gained sixty hoars, or six full days, working extra hours at his bench, sometimes working right through to mid night, and taking his breakinst, after a short rest before returning. No man in his employ had gained so much time. He has occasionally made a trial of botted flour pread, but has invariably experienced a loss of weight and strength.

My own experience goes iar to prove the efficiency of the atove regimen for either the brain or innscle worker, 1 am now taking but one meal a day, and either the brain or muscle worker, I are whom's there will be found in the am how taking but one meal a day, and strength is maintained on about four saling, appetizing, and its cost will be bread, to the mastication of which I devote an hour or so, I find I devote an hour or so I devote an hour or so. I find pleased at the result. They would have that six cold gens, weighing four-teen a much better dinner for almost nothing

portion of it falls of digestion. Starchy foods cannot be transformed into pure blood entire, except as far as the change is begun in the mouth.

Until a (ew months ago I took my food in the morning, but I find the evening a better time. During the only the day the brain and misseless can have everything their own way, without interfering or hindering digestion, and at evening, after a sufficient rest, there is perfect transpatify of body and mind, and lensure to digest, I had never been a good sleeper until I adopted this systand on it rendy to be swing out at a a good sleeper until 1 adopted this system of diet.

People who est several means a day

nest, and the pois and kettles could daily attendance of a large tacing of comparison of the pois and kettles could daily attendance of a large tacing of comparison of the second's notice. Moreover, they would be sweeter and cleaner for being exposed by support of interest and wonder.

People who est several means a day et could be reserved for the stove brush-

there will be a great many companits, among the little people especially, of sore throat. My little sister Flora spent three weeks with me recently, and while here had a slight sore throat for which I mixed a few spoonfuls of vinegar with enough water to make it weak enough to be swallowed, adding a "bit" of alum, a transled of a sit that certain misery and death will follow their neglect. Dr. Piece's Golden Medical Discovery will not carries to be swallowed, adding a "bit" of alum, at the property of the statement of the state there will be a great many complaints, all tending to prove the superiority of per-vegetable over animal diet, and of the entire wheat over the most accentinesily impoverished article."

with new and perfect limbs, and it is not guaranteed that even a dozen bottles applied to any stray portion of a second hand skele-ben, will develop such member into an animate haman form divine (?). In biref, it is not asserted that this medicine will or can, it is not asserted that this medicine will or can, what abominable stuff, and it is not asserted that this medicine will or can, what abominable stuff, and it is not asserted that this medicine will or can, what abominable stuff, and it is not asserted that this medicine will or can, what abominable stuff, and it is not asserted that this medicine will or can.

The first provided to be a matural and not indicate the suspiction of it. Most people would be any stray portion of a second hand skele-bon, will develop such member into an animate haman form divine (?). In biref, it is not asserted that this medicine will or can.

The first provided the superiority of the people would be any stray portion of a second hand skele-bon, will develop such member into an animate haman form divine (?). In biref, it is not asserted that this medicine will or can.

The first provided the people would be any stray portion of a second hand skele-bon, will develop such member into an animate that the very poor at the very poor

We see it thrown into garbage paths or let to noid by many an economical servant, who would gladly use it it she only "knew what to do with it."

It makes delicious griddle cakes when the collars, then let them dry; then of the liver, in all their various forms and match its whole the collars, then let them dry; then of the liver, in all their various forms and match its whole can be used as prescribed, and guar need, if this mediate inches used as prescribed, and faithful persevered in a renemable time, it will perseve the match the collars, then let them dry; then into the collars, then let them dry; then soulted soft in cold water. Three small a lew hours before you are ready to sinces, with water enough to cover them aron, take a tenspoonful of starch, disshould be sufficient, when the milk and solve it in cold water, about a pint, then flour are added, to make nearly two dip the collars in it and wring out; roll disorders arising from poisoned or deterior quarts of batter. Some cooks prefer to in a dry cloth, and when you get ready not in one egg, walle others like them to iron, do not have the iron too bot.

This wonderful medicine cures all humors,

six or seven inch pots, using any good despendency, lack of vigor gram with children and most grown people, garden sou, thoroughly watering when with children and most grown people, and can be made of thin slices cut from a state loat and maistened in milk and a few days. If not properly watered

man, woman or child, Dr. Pierce's Golden Mei.cal Discovery will specify impart new hone with potted, and partially shading for a few days. If not properly watered

The haggard face will grow round, raddy, egg-two eggs to a pint of milk-and the leaves will become yellow and the then fried on a gradule with a mixture flowers tail to attain full size. Kept of butter and lard or butter and beef exposed to the sun, with a cool temper-

> BAT Poison, -The Germans extirpate rats by furnishing them with cakes made of two parts squiils and three parts chopped bacon, and meal enough to make a stiff mass. The rats go away, as any animal of taste naturally would if provided with such a meal.

To clean stair rods, use woolen cloth wet with water and dipped in sifted

FRESH Cream is the best cure for sun-

pain of mosquito bites.

have never tasted them, we can only is a much richer bonanza in straw and 10 leaves than in cotton, and yet thousands leaves than in cotton, and yet thousands upon thousands of pounds are destroyed yearly, without any attempt made to maintain. It is far beneath the dignity of yearly, without any attempt made to

> utilize them. It is shown by M. Paul Bert's investigations that green light hinders the removed from sunlight.

# A JOYFUL GREETING.

I am sent among men to bear tidings of a

State Bread.

State Bread.

State Bread.

State Bread.

There are so many ways to utilize state bread that it seems a wonder so much is wasted in many bruseholds.

We see it brown into carbiers paths of contents are always at hand, it is easily mixed, palatable, safe and simple, and will usually prove all that is needed in sore throat from a cold.

To Starch Collars and Cuffs.

Take clear starch, scrape into it some floor wax or spermacent, which can be inferred to eccees or forther man cold.

To Starch Collars and Cuffs.

Take clear starch, scrape into it some floor wax or spermacent, which can be independently in any drug store, and mixed, palatable, safe and simple and cultivation has engendered disease and suffering, whereby God's natural man has been and cultivation has engendered disease and suffering, whereby God's natural man has been and cultivation has engendered disease and suffering, whereby God's natural man has been proposed in some throat from a cold.

To Starch Collars and Cuffs.

Take clear starch, scrape into it some floor wax or spermacent, which can be independently in any drug store, and mixed, palatable, safe and simple, and cultivation has engendered disease and suffering, whereby God's natural man has been proposed in some palatable, and cultivation has engendered disease and suffering, whereby God's natural man has been palatable, and cultivation has engendered disease and suffering, whereby God's natural man has been palatable, and cultivation has engendered disease and suffering, whereby God's natural man has been palatable, and cultivation has engendered disease and suffering, whereby God's natural man has been palatable, and cultivation has engendered disease and suffering, whereby God's natural man has been palatable, and cultivation has engendered disease and suffering whereby God's natural man has been palatable. dyspepsia, costiveness, sick-he-

on the upper gums. Hold it there firm with your upper itp. Now hold upright the arm, hand and tingers, that are on the bleeding side, and press the bleeding side, and the bleeding side, and press the bleeding side served to several positively arrested and cared to the bleeding side, and press the bleeding side served to severe served to support the arm, hand and tingers, that are on the bleeding side served to several served the swellings, white swellings, white swellings, white swellings, white swellings, white swellings, white svellings, white swellings, white swellings, white swellings, served to sevel the press the bleeding side, and press the bleeding side served to the head, and the bleeding side served to support the arm, hand and tingers, that are on the bleeding side served to several served the swellings, white swellings, white swellings, white swellings, sevelings, white swellings, sevelings The haggard face will grow round, ruddy, and beam with the expression of long lost confidence. The step will be firm and clestic, and the relieved sufferer will once more enjoy in common with fellow men that feeling of proprietorship in earth, air and being, only fully realized by those in perfect health.

The Golden Medical Discovery will not make drunkards or opium eaters; on the contrary, any unfortunate, driven by tro-bie, releasing or inherited appetite, to the use of insidious stimulants, will find the Discovery of great assistance in efforts to break the ciouns binding him to a shameful and miserable existence.

able existence. Those feeling only "out of sorts," with no redominant symptoms, and who, if naked, would find it difficult to explain their sensations, will find a sovereign remedy in the Golden Medical Discovery.

Those who are irritable, petulant, or fret-

ful, ever seeing the gloomy side of life; who imagine "the time is cut of joint;" to whom life is a heavy burden, not a blessing; who think the whole world is arrayed a rainst burn. It draws the fire, soothes and heals.

A six of sand paper in the house will keep needles sharp and save annoyance.

Onion juice will instantly allay the pain of measure bites.

them, and anti-mate calomity at every turn; to all such let this message be full of encouragement and joy—Dr. Pierce's Golden Medical Discovery will radically care them, when it will be found, to their lasting benefit, that life and the world have not changed, but that disease had thrown clouds of misery and woe about them, through which all thing were seen, as "through a glass and woo about them, as "through a glass and woo about them, as a glass against them, and anti-make calomity at every turn; to all such let this message be full of encouragement and joy—Dr. Pierce's Golden Medical Discovery will radically encouragement and joy—Dr. Pierce's Golden Medical Discovery will radically encouragement and joy—Dr. Pierce's Golden Medical Discovery will radically encouragement and joy—Dr. Pierce's Golden Medical Discovery will radically encouragement and joy—Dr. Pierce's Golden Medical Discovery will radically encouragement and joy—Dr. Pierce's Golden Medical Discovery will radically encouragement and joy—Dr. Pierce's Golden Medical Discovery will radically encouragement and joy—Dr. Pierce's Golden Medical Discovery will radically encouragement and joy—Dr. Pierce's Golden Medical Discovery will radically encouragement and joy—Dr. Pierce's Golden Medical Discovery will radically encouragement and joy—Dr. Pierce's Golden Medical Discovery will radically encouragement and joy—Dr. Pierce's Golden Medical Discovery will radically encouragement and joy—Dr. Pierce's Golden Medical Discovery will radically encouragement and joy—Dr. Pierce's Golden Medical Discovery will radically encouragement and joy—Dr. Pierce's Golden Medical Discovery will radically encouragement and joy—Dr. Pierce's Golden Medical Discovery will radically encouragement and joy—Dr. Pierce's Golden Medical Discovery will radically encouragement and joy—Dr. Pierce's Golden M things were seen, as "through a glass darkly."

ointment.
The Golden Medical Discovery is a pre-

Dr. Pierce to lend his name to any vile nos trum, or catch-penny preparation, whereby the public may be deceived. Having use overy for many years in his un-

HUMOBOUS.

This is the season when hens run map and will not be comforted unless they and will not be comforted unless they and will not be comforted unless they and light on a wooden nest egg or an old door knob. Several men were discussing this question in a grocery store one evening recently. A man who owns a large flock of Dorkings remarked: "Not even an act of Congress can break one evening recently. A man who owns a large flock of Dorkings remarked: "Per tried jammin" 'em under a larrel, and pourin' water on 'em?" demanded the man on the sugar barrel. "Yes," said the Dorking man, "Tve poured water on 'em till they grew webfooled, like a blamed duck and afterwards found 'em in an old coal hole sittin' away on lumps o' coal," "Tie a red red water on 'em say on lumps o' coal," "Tie a red red water on 'em say on lumps o' coal," "Tie a red red water on 'em say on lumps o' coal," "Tie a red red water on 'em say on lumps o' coal," "Tie a red red water on 'em say on lumps o' coal," "Tie a red red water on 'em say on lumps o' coal," "Tie a red red water on lumps o' coal, "Tie a red red water on lumps o' coal," "Tie a red red water on lumps o' coal, "Tie a red red water on lumps o' coal, "Tie a red red water on lumps o' coal, "Tie don of human suttering, the doctor, through the World's Despensity Medical Association, earnestly as a most confidently recommends his G iden Medical Discovery to the public at large, assured the most skeptical will be thoroughly convinced of its worth by a trial of a single bottle.

In suttooch, or long-scated affections, and where the bowels are very castive, the gentle, though certain action of the Discovery, will be more rapid and satisfactoryly supplementing Dr. Pierce's Pleasant Pargative Pellets in small daily doses of one or two. These pills (the original and only genuine Little Liver Pills) are purely repolable, sugar-coated, and very small, yet by the peculiar process used in their preparation, they posses the strength and virtue of larger and magnitudities unlike Pleasant Pirgative Pellets will speedily remove all ill and disagreeable effects ar sing from over-enting or leaking and are resommended as a ca-Pellets will speemly remove an ill and disagreenble effects ar sing from over-enting or drinking, and are recommended as a cathartic at all times, being perfectly safe, sure and unattended by the griping pains usually experienced in the use of purgatives less carefuny prepared. Promptly resorted to, these little Pellets will radically cure indication tollows, or and sick headache, thus slowly filed out.

carefully prepared. Promptly resorted to, these little Pellets will radically cure indigestion, bilious ess and sick-headache, thus saving the lattent from serious and lingering disorders. Dr. Pierce, the President of the World's Dispensary, and his faculty of twelve skilled specialists, can be canculted by letter or in person in any case or chronic disease r quiring either medical or surgical treatment free of charge. For those distring more a business information than can be imparted through correspondence, the doctor has written a book, called "The People's Common Sense Medical Adviser, in Plain English; or. Medicine Simplified."

This work alone as a goodly harvest for an ordinary life, and stamps its author a profound scholar and a very remarkable man. The book contains nine hundred and twenty-two pages, illustrated with two hundred and eighty-six wood cuts and colored plates, and makes plain as a, b, c, anatomy, physicales. eighty-six wood cuts and colored plates, and milies plain as a, b, c, anatomy, physiology, materia medica, practice of medicine, bygene, temperaments, psychology, etc.—and answers in plain, tasily-to-be understood terms all questions that may arise within their range, especially those questions the would-be inquirer it deterred by fear, or modesty, from esking the family or other physician. That all may be enabled to acquaint themselves with matter so vital to tealth, happiness, and secens, the price of this great work has been fixed at one dollar and fifty cents, postpaid by mail to any address, while smaller and far inferior books, perporting to cover the same ground, have perporting to cover the same ground, have sold at five dollars a copy. It being the aim of the proprietors of the Common Sense Medical Adviser to reach not only the affluent, but also these in moderate, and even

## AGRICULTURE,

SAVING VEGETABLE SEEDS - Dr. George Tauber gives the following valuable facts concerning the "mixing" of plants and its effect upon seeds: If save the seeds of some in an unmixed state. Sweet corn and all of the squash family are quite sure to "mix." On the other hand, peas and beans rarely cross. If one saves seeds of any vegetable, let it be of the best. Instead of leaving the last the first rub, that he was sitting down much two miles of horsel's sting down much two miles of horsel's sting leaving the last the first rub, that he was sitting down much two miles of horsel's sting leaving the last the first rub, that he was sitting down much two miles of horsel's sting last the sate of an in the habit of presertions pull-the state in the habit of presertions and the state in the habit of preserting in the state in the habit of presertions and the state in the leaving the last peas on the vines for seeds, set spart a portion of a row for only those with four beans in a pod. As a consequence, the greater number of pods in the whole crop now have four ocans. The selection of the first ripened and best-formed tomatoes for seed will have a marked effect upon future will have a marked effect upon future year; single copies 15 cents. Strawbeidge crops, and this is the case with all other & Clother, 8th & Market Sts., Phila. vegetables. If one has a choice melon he would preserve in its purity the sursects; open it, and apply the stamens to the pistil of that flower. Cover the flowers thus operated apon by a bit of scenes the little maid observes with all muslin until the crust begins to grow. | unimaginable gravity:

before the V-rmont darrymen, conten-Some Throads,—As the cool mornings and evenings are coming on apace, there will be a great many complaints, while the Golden Medical Discovery's give such butter its aroma are wanting and can never be added to it, but in all other respects, he said, the two are identical. But until the oleomargarine makers can satisfy the public that their product is "clean and pure" there will continue to be a natural and not unjust margarine made from nobody knows pliment. When he saw Jones after what abominable stuff,

> and mix thoroughly. Let stand, but stir every three or four days, and keep covered to prevent evaporation. The older it is the better. Apply to the Apply to the vines with a coarse sprinkler, but do not use too much at a time, as it is a powerful fertilizer. To which we may add that a spoonful of saltpetre to every half gallon of such mixture will insur the destruction of the bugs. Gardens have been known to be free from pests by the use of saltpetre alone, while squashes in neighboring gardens, only a few rods distant, where no saltpetre was used, were destroyed by them.

grow in the absence of oxygen, and rot as soon as they reach a permanent wa-

extra good butter cows and do not know the sex. Her remedies are not only put it. They have poor pastures in summer up in hand torms but in Pills and Lozand no shelter and indifferent feed in eages in which forms they are securely winter. In the house they have no cou- sent through the mails. renience for making butter; the milk is set where there are no arrangements for keeping it cool in summer, and in home, but the life out doors is so agreethe living room, exposed to the odors able that he is rarely to be found at his of the kitchen, in winter, and neither the quantity nor the quality or any index of what a cow can do is kept,

An English agriculturist announces. as the result of careful experiment and to pass Friday evening at your house. observation, the conclusion that where Yours, etc." corn is drilled from east to west the yield is much larger than when drilled frem north to south, as in the former case the sun can shine down the rows, whereas in the latter case each ros makes a kind of wall which shades the next row. There is so much common sense in this that many will wonder why they did not think of it before.

To PROTECT FARM TOOLS -An excellent preparation for the preservation of the iron work of farm implements, may be made by the slow melting together of six or eight parts of lard to one of resin, storing till cool. This remains semi-fluid, always ready for use, the resin preventing rancidity, and supplying an air-tight film. Rubbed on a bright surface ever so thinly it protects and preserves the polish most effectually.

THE CULTIVATION OF CELURY. - Dwarf TEACHER-"If two boys should find surface. Better success will be attained, gry or not." and with less labor, by sowing the seed where the celery is to be grown, than by sowing in a seed-bed and transplant-can heat a bucket of water in ten mining the plants to shallow drills or tren-ches. The benefits arising from this method of culture are numerous.

utes by just sticking his nose into it, That's easily accounted for—his nose bas got a boil on it,

they grew webfooted, like a blamed duck and afterwards found 'em in an old coal hole sittin' away on lumps o' coal." "Tie a red rag round one wing," said a man who was eating cheese and crackers. "That'll fix 'em." "Might's well offer 'em a chromo," said the Dorking man. "I tied a whole red weolen shirt on one last spring, and doe no." "Massachusetts, in addition to print works, 116,804 spindles, 3.933 looms, 4,051 female operatives, and the products were 753,270 yards per week. In 1882 there were 153 mills, representing an invested capital of \$17,300,000, \$66,000 spindles, 20,521 homs, 12 8 9 female operatives, 9,750 male operatives; the annual proset three weeks on the buttons!' Then the grocer said it was time to close up, and each man girded up his loins and stowle first and stowle fi

neighbor recommended me to try a bot-tle of Dr. Bull's Cough Syrup; it was procured and used; to my astonishment

EDW. W. CLAYTON, Waverly, Md.

"ARRESTED for carrying a pistol, was he?" asked a Magistrate of an officer. referring to a gentleman who had just been arrangeed. "Let's see the pistol." The weapon was produced and handed asked:

"Where did you get it?" "Bought it at a hardware store." "What did it cost?" "Fifteen dotlars." "Fine implement, How'll you swop?" straitened, circumstances, the price of the work places it within the reach of all. and the Judge drew out a pistol and

handed it to the prisoner. "Take \$10 to boot,"

makes us even.

A SPONGE BATH IS considered a yery down upon two miles of hornet's stings covered with red pepper. And this is seeds, set spart a period of a total transit. By seed and let none be picked from it. By the reason the sponge ich to the landlady went up proper care the quality of a vegetable may be improved. In saving Lima dog, and the dog had just been out in a dog, and the dog had just been out in a land weighing between 13 and 14 pounds. One of the flowers was four feet two the reason the sponge felt so: The af-ternoon before, the landlady went up broken glass.

> CHE POST FACHION MAGAZINE in the world, 120 large pages, 4 pages new music, 1000 engravings each issue. 50 cents per

THE parents have taken the youngest est methou is to fertilize a few female flowers. Take a male flower of the same kind that is shedding its polien, remove the corolla, to expose the stamens. Select a female flower that is just ready to was rather of the 'naturalistic' kind; open, but has not been visited by in- but as for the youngest, poor child, she

'You were quite right, ma! It would

The Conflict of the Baces

a disease and health is often brief and fat

In takes an Irishman to turn a comnaving met the latter with Mrs. J., Pat what abominable stuff.

McFishertysaid: "Yeare mooch younger than your wife, surr." Presently he
squash bug: To one barrel of water
of sich a young woman marrying Misberield. Something struck him as petake half a bushel of good hen manure, ther Jones!" The next day he met them cul ar in the structure of certain blocks and mix thoroughly. Let stand, but together, but he wasn't at a loss for of stone only lately uncovered in mak-blarney. "Och," he exclaimed, "ye mg an excavation. Subsequently he are both of yez too young for each secured these blocks and had some of

> Pure cod liver oil, from selected livers. on the senshore, by Caswell, Hazard & Co., N. Y. Absolutely pure and sweet. Patients who have once taken it prefer it to all others. Physicians declare it superior Chapped hands, face, pimples and rough

akin cured by using Juniper Soap, made by Caswell, Hazard & Co., New York, An Austin justice found a negro guil-

By means of the drainage of land the ty of assault, and addressed him as folvarious chemical actions which take lows: "I ahall either fine you ten dol. States Patent office, believed that, judg place through the action of the atmos- lars and costs, or send you to pul for mg from what has already been done phere on the surface soil are carried ten days," "For goodness sake your the subsoil, for as the water level is who was the prisoner's attorney, "don't telegraphic corporations operating their owered the air enters from above to fill impose a fine on the man. Just send elevators, supplying motive power, heat the cavities in the soil. By drainage, him to jail. Don't rob him of his monal-o, the depth to which roots will penetrate in the special of the soil of the special of the

\*Mrs. Lydia E. Pinkham's Vegetable Compound is a most valuable medicine for ladies of all ages who may be afflict- GASTRINE is in liquid form. By all druggists THERE are many farmers who have ed with any form of disease peculiar to

> X., a WILD fellow, has a charming In despair of ever meeting him one

of his numerous creditors sent him th following: "DEAR SIR-I respectfully invite you

Is your hair falling out or scalp diseas ed? Carbolice, a deodorized extract of petroleum, as now improved and per- afterward, fected, is just the article you need. Buy a bottle, and, like thousands who are using it all over the land, you will value it as the choicest of all toilet preparations.

SECRETS of the confessional: f "Is it a sin," asks a fasmonable lady o her spiritual director, "for me to feel pleasure when a gentleman says I am handsome?" "It is, my daughter," he replies, gravely; "we should never delight in

Clears out rats, mice, roaches, flies, ants, bed-bugs, skunks, chipmunks, gophers. 15c. Druggists

celery should always be planted on the ten apples under a tree, how many level surface of the ground. The large would each boy have?" Bright scholar varieties may be grown in shallow tren- -"That would depend upon whether ches from four to six mehes below the the one that could lick was apple-hun-

shirt on one last spring, and dog my 9,750 male operatives; the annual pro-cats if she didn't make a nest of it and

July and August are estemed the best months in which to cut timber, especial-By contracting a severe Cough and ly for fuel, in so far as durability goes. Cod, I was compelled to give up my The growth of the year is then well migh over, and if the trees are allowed to lie until the green foliage dries upon them the greater portion of the sap is thereby withdrawn from the wood, and the seasoning is rapid and perfect. When cut in midsummer insects are less liable to attack the wood, and this is an impertant point with some kinds of tim-

A German chemist, M. Keelper, makes use of the following process for purifyto the Judge, who examined it and ing lubricating oils, and so renders then fit to be used again. He first puts the liquids into the lower part of a reservoir closed at the top by a perforated lid;the residue is deposited at the bottom. By raising the reservoir at one end the oil passes into a second reservoir, then into two boxes joined together, filled with very clean cotton waste, and separated by a vertical perforated plate. The air "All right. I'll five you \$10. That circulates freely in the different apparatuses, and the oil is then in a condition to be used immediately.

A medical missionary has learned five thing. We know a young man in a boarding-house this side of High the curious fact that Mongol doctors are Bridge who recently, at the advice of a not entirely unacquainted with the prothe curious fact that Mongol doctors are vegetable in a garden it is impossible to save the seeds of some in an unmixed about the size of a plug-hat and hung it they are in the habit of prescribing pul-

Paul Marcoy has described a leaf of the giant water hly (Victoria regla) inches in circumference, and weighed 34 pounds. The outer petals were nine inches long.

Frazer Axle Grease One greating last-two weeks; all others two or three days. Do not be imposed on by the humbing stuffs off ret. skyour deals for frazers with abel on. Saves your horse labor and to too. If rested first media at the Centennoil and Paris Expositions. Soid everywhers.

"DEAREST, sweetest, what is it? Are you sick? What ails my precious pet?" and the young husband bent tenderly over the graceful form of his blushing "Oh, Adolphus Edward, it's to

dreadful for anything." "Bad news from home?" "Worse, worse? Oh, what shall "Tell your own darling hubby,"

"It's that awful Selina Tarbox, "She's what, my precious?" "She's got a bonnet trimmed exactly like mine and to-morrow's Sunday!" Then the afflicted beauty buried her face in her husbadd's breast and trickled her pearly tears all over his \$3 shirt.

Emory's Little Cathartic Pill-best made for Liver Complaint and Biliousness. Tasteless, harmiess, infallible. 15c.

Professor Goeppert, of the University them sent to Breslau and some to Bonn. They were found to contain a fossil tre of the Arancarites family. The rock inclosing the fossil was the upper Devonian of Elberfeld. This affords evidence of a terrestrial flera existing long before the great bogs were formed which gave us our coal seams,

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Mr C. J. Kintner, of the United

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