THE PATRIOT

Published Weekly By

THE PATRIOT PUBLISHING COMPANY

Office: No. 15 Carpenter Avenue Marshall Building, INDIANA, PENNA Local Phone 250-Z

F. BIAMONTE, Editor and Manager V. ACETI, Italian Editor.

Entered as second-class matter September 26, 1914, at the postoffice at Indiana, Pennsylvania, under the Act of March 3, 1879.

SUBSCRIPTION

ONE YEAR . . \$1.00 | SIX MONTHS. . \$.50

The Aim of the Foreign Language Papers of America

TO HELP PRESERVE THE IDEALS AND SACRED TRAD-ITIONS OF THIS, OUR ADOPTED COUNTRY, THE UNITED STATES OF AMERICA; TO REVERE ITS LAWS AND IN-SPIRE OTHERS TO OBEY THEM; TO STRIVE UNCEASING-LY TO QUICKEN THE PUBLIC'S SENSE OF CIVIC DUTY; IN ALL WAYS TO AID IN MAKING THIS COUNTRY GREAT-ER AND BETTER THAN WE FOUND IT.

THE ENCAMPMENT.

The Patriot does not feel like Mysterious Wanderers Mariners at criticizing the Indiana Chamber of Commerce because it is not more active in its endeavors to secure the next encampment of the N. G. P. for this town, as long as we know that the business men are times since then when peeping through spending most of their time to the doorway of an abandoned house, matters pertaining to the development of the commercial and industrial standing of the community.

The town of Ebensburg, over in Cambria county, is making a hard lowers across as blue and glittering a fight for the encampment and there are already indications that could lay a finger upon as wrong. And the Cambria county seat will grab yet passing that it from us. The Patriot would like to see Indiana land the encampment, but we repeat that we cannot criticize the local business indefinable suggestion of a stagger, and men for sticking to purely busi- I can think of all those ocean gods, in ness matters.

GLI UOMINI D'AFFARI D'OGGI of a smile.

datillografi, contabili ed assisten- screamed. We heard her voice like ti di ufficio, ma loro debbon essere competenți. Nella nostra scuola read her name-the Marionette it was si da' istruzione individuale tutti of Halifax. i giorni e quando il graduato e competente ricevera' un buon sa-

Corso completo in Inglese tutti i rami commerciali. Catalogo gratis dietro richiesta.



60-Piano-Lincoln Bldg. Telefoni-Bell 269. J. City 1352. Johnstown, Pa.

EXPANDING THE CHEST.

Attitude to Assume During Breathing Exercises.

It has been the popular belief that when exercising certain arm movements during inspiration, such as holding the arms up, expand the chest and enable it to take in more air. According to Dr. James Frederick Rogers in an article in the Medical Journal, this is not the proper thing to do. He tested fifty persons of both sexes, ranging from sixteen to forty years of age, measuring carefully the quantity of air inspired when elevating the arms, as usually taught, and when standing still with the arms hanging loose. He found that in no single case did the arm movements increase the quantity of air inspired, but in many they actually decreased it. He also found that standing naturally is more conducive to deep breathing than lying flat or hanging by the hands.

"The raising of the arms," he writes, "does apparently increase the measurements of the upper parts of the chest, but the increase is due to the change in the position of the muscles in this region and to their contraction of stretching, which causes them to stand out from the thorax. For the muscles which lift the arms forward or sideward or upward have nothing to do with the lifting of the ribs, and consequently no special effect upon the depth of inspiration.

"With very deep inspiration there is a drawing backward of the head and a straightening of the thoracic spine. In other words, the assuming of a very erect posture and, if any exercises are to be carried out as aids to deep intake of air, it seems that the drawing backward of the chin and the assumption of the most erect standing or sitting posture would be most useful as an aid or accompaniment of deep cilia, ninety-two. breathing.

DESERTED VESSELS.

Times May Meet at Sea. the good fortune to board a deserted vessel at sea, I say "good fortune" because it has left me the memory of a singular impression. I have felt a ghost of the same thing two or three writes Wilbur Daniel Steele in Harper's Magazine.

Now, that vessel was not dead. She was a good vessel, a sound vessel, even a handsome vessel, in her blunt browed, coastwise way. She sailed under four was not a point in her sailing that one one knew somehor that no hand was on her wheel. Sometimes I can imagine a vessel stricken like that moving over the empty spaces of the sea carrying it off quite well were it for for that whom no landsman will ever believe. looking at one another and tapping their foreheads with just the shadow

Pagano buon salario ai loro ships that have lost their souls? Mine I wonder if they all scream-these nothing I have ever heard before. when we rowed under her counter to

I remember how it made me shiver, there in the full blaze of the sun, to hear her going on so, railing and screaming in that stark fashion. And I remember, too, how our footsteps, pattering through the vacant internals in search of that haggard utterance, made me think of the footsteps of hurrying warders roused in the night.

And we found a parrot in a cage: that was all. It wanted water. We gave it water and went away to look things over, keeping pretty close together, all of us. In the quarters the table was set for four. Two men had begun to eat, by the evidence of the plates. Nowhere in the vessel was there any sign of disorder, except one sea chest broken out, evidently in haste. Her papers were gone, and the stern davits were empty. That is how the case stood that day, and that is how it stood to this. I saw this same Marionette a week later, tied up in a Hoboken dock, where she awaited news from her owners. But even there, in the midst of all the water front bustle, I could not get rid of the feeling that she was still very far away-in a sort of shippish other world.

The thing happens now and then. Sometimes half a dozen years will go by without a solitary wanderer of this sort crossing the ocean paths, and then in a single season perhaps several of them will turn up, vacant waifs, impassive and mysterious.

Clever. Fond Mother-Improvise? Why, my daughter can improvise any piece of music put before her!-Judge.

The River Tigris.

The river Tigris appears in the book of Genesis as Hiddekel, one of the four "heads" into which the river of Eden was parted. The name by which we know it does not exactly "mean" tiger, for the correct way of putting it is that both "tiger" and "Tigris" mean in Persian swift as an arrow. "Euphrates" is a Greek version of the Persian Hufrat, which signifies "the good abounding" and represents the old Asiatic Burat or Purat, akin to our verb "pour."

Long Lived Tennysons.

The Tennyson family was noted for its longevity. Miss Matilda Tennyson died in her ninety-ninth year; Charles was seventy-one at the time of his death; Mary, seventy-four; Emilia, seventy-eight; Alfred, poet laureate, eighty-three; Frederick, ninety-one; Arthur. eighty-five; Horatio, eighty, and Ce-

Accorrete Tutti alla

Nostra Grande Vendita

Vestiti per uomini e ragazzi per la meta' del costo

VENITE SABATO E RISPARMIERETE

DINSMORE BROS

724 Philadelphia Street INDIANA, PA.

Il nuovo Sheriff



Harry A. Boggs

Regali per Tutti

Abbiamo un grande assortimento di gioielli come orologi, anelli con diamanti, braccialetti, catene ecc. Fate il regalo ai vostri amici per Natale. Vendiamo tutto garentito.

> S. ROSENBURG. Gioielliere Clymer, Penn'a.

Wanted- Girl for general housework. Small family, no children. Foreign girl preferred. Inquire at Patriot office.

Wanted-Laborers and chippers Inquire Bollings & Andrews Construction Co., Blacklick, Pa.



AVV. W. N. LIGGETT, NUOVO DISTRICT ATTORNEY

in Sympathy. The two men had met at a dinner party and were talking in a corner by themselves.

"You see that tall woman with the sharp nose and the critical eye?" asked one of them.

"Yes," said the other quietly. "Well, I"ve watched her for quite awhile. She's always got her nose into somebody's business. She's the last woman I'd marry."

"Which shows how strangely in sympathy we are." said the other without resentment "She's the last woman J did marry."-Exchange.

The Lacking Stroke.

"Do you think it would improve my style," inquired the varsity man who had got into the crew through favor. ltism, "if I were to acquire a faster

"It would improve the crew," replied the candid trainer, "if you got a paralytic stroke."-London Tie Bits.

Easily Arranged.

A man took the following telegram to a telegraph office: "Mrs. Brown. 'enter Street: I announce with grief the death of Uncle James. Come quickly to read the will. I believe we re his heirs. John Black."

the words, said, "There are two words too many, sir."

"Cut out 'with grief,' " was the re-

Legend tells of a Hindu fakir who seemed to have a working knowledge of practical psychology and made himself rich selling plain wicker baskets in the streets of Calcutta.

Negative Suggestion.

The peculiar virtue of the baskets, he explained to the buyers, lay in the fact that if one filled his basket with ordinary pebbles, placed himself in a receptive attitude of mind and stirred them with a stick for an hour, each and every pebble would be transmitted into a nugget of gold-provided the stirrer did not think of a hippopotamus

while stirring. The baskets were sold, but the idea of a hippopotamus was so firmly fixed in the minds of all the purchasers that not one of them ever had legitimate grounds on which to demand his money back.

Colloquialisms.

One of the most common surprises in reading is to come across in old books what we have been accustomed to taking for modern colloquialisms. We have just struck this: "Why, then, do you walk as if you had swallowed a rod?" Where? In Epictetus. The modern form is likely to be a poker, but we had always looked upon the whole image as essentially American. It is in reading the Elizabethans that The telegraph clerk, having counted this experience is most frequent, although one is likely to have it in reading any classic. The best colloquialisms are likely to be the oldest .- Harper's Weekly.

VENANGO OIL & SUPPLY CO. INDIANA, PA.

Patronizzate l'industria del vostro tion will be made to the Orphans' Court

Usate Olio, Gassolina e Grassi della rinomata compagnia produttrice

Da vendersi a buon mercato

Un tamburo, una granoassa ed altri istrumenti. Per informazioni rivolgersi al nostro Ufficso.

Si Cercano

Si cercano 3 carpentieri con retribuzione a seconda dei meriti. Rivol gersi a questo ufficio.



Noi ripuliremo e tingeremo i vostri pantaloni, guanti, vestiti, piume, portiere, pellicce, ecc., con accuratezza in December 24, 1915. modo da incontrare la vostra soddisfazione.

Recate o mandate a noi tutto quello che volete farripulire o tingere e immanti sarete serviti

12 Nord 7th Street

Noi mandiamo la vostra roba dopo accuratamente si stemata, alla vostra casa risparmiandovi il fastidio di portarli voi.

Musicanti si cercano

Si cercano musicanti che sappiano o non leggere la musica all'impronta. Si garentisce lavoro fisso e lucrativo. Rivolgersi al Prof. G. Noce, Fulton Run.

Dott. TRUITT, Deptista Ulficio (pi osto alla Banea Saving and Trust Bldg. INDIANA 24 Ore d'ufficio: Dalle 8 a.m alle 5 p.m

VISITE GRATIS

Da Vendere

Un cavallo, una carozza e finimenti. Rivolgersi a Auguet Sundberg Homer City, Pa.

Prima Qualita'



di Farina che soddisfa sia il mercante che il consumatore

E' manifatturata e garentita da

HETRICK, WILSON & COMPANY INDIANA, PA.

Si vende presso i migliori grossisti

tion will be made to the Orphans' Court of Indiana county, on Monday, January 17, 1916, by Salvatore La Mantia, administrator of Domenica Antonuccio, late of Creekside borough, Indiana county, Pa., deceased, for an order to make private sale of all the right, title, interest and claim of the said decedent in the following described real estate: All that certain piece, parcel or lot of ground, situate in the borough of Creekside, in the county of Indiana, and state of Pennsylvania, bounded and described as follows, to-wit: Beginning at a point in the northern line of Main street, at the southeast corner of lot 48; thence northerly along the eastern line of lot 48, 131.5 feet, more or less to an alley; thence easterly along the southerly along the western line of lot 44; thence southerly along the western line of lot 44; 132 feet, more or less, to the northern line of said Main street; thence westerly along the northern line of said Main street; thence westerly along the northern line of said Main street; thence westerly along the northern line of said Main street; thence westerly along the northern line of said Main street; thence westerly along the northern line of said Main street; thence westerly along the northern line of said Main street; thence westerly along the northern line of said Main street; thence westerly along the northern line of said Main street; thence westerly along the northern line of said Main street; the place of beginning, being lot No. 47 in the J. W. Osterhout plot of lots in said borough of Creekside, formerly the village of East Newville; having thereon erected a dwelling house and store room combined, badly damaged by an explosion, and other outbuildings (being the same lot of ground which Frank E. Groft and Mary E. Groft, his wife, agreed to convey to the said Domenica Antonuccio, in her lifetime, by their agreement, dated May 5, 1915, recorded in the office for the recording of deeds, &c., in and for Indiana county, in Deed Book Vol. 146, page 121, upon which agreement there still of Indiana county, on Monday, January 17,

SALVATORE LA MANTIA.

Jno. H. Pierce, Attorney.

ADMINISTRATOR'S NOTICE.

Letters of administration on the estate of Domenica Antonuccio, late of Creekside borough, deceased, having been granted the undersigned, those having claims against said estate are requested to present them duly authenticated for settlement, and those

SALVATORE LA MANTIA,

Administrator

Auditor

December 24, 1915.

AUDITOR'S NOTICE

The undersigned, an auditor appointed by the Orphans' Court of Indiana county, to settle, adjust and report distribution of money in the hands of The Savings & Trust Co. of Indiana, Pa., administrator of estate of John Foust, late of Homer City' borough, deceased, hereby gives notice that he will attend to the duties of his appointment, at his office in The Savings & Trust Co. building, in the borough of Indiana, Pa., on Tuesday, January 18, 1916, at 10 o'clock, a. m., when and where all persons interested may attend if they see

WILLIAM N. LIGGETT,

Indiana, Pa., Dec. 21, 1915.

JOHN H. PIERCE - AVVOCATO

AVVISO DI AMMINISTRATORE

Lettera di amministratore sul podere di Domenica Antonucci, decessa, lotto sito nei Comune di Creekside. Avendoci permesso il sottoscritto quanto appresso, avvisiamo tutti coloro che vantano diritti sul detto podere, sono richiesti a presentarsi per autenticare li credito, come parimenti avvisiamo tutti coloro che sono in debito di fare un sollecito pa-

gamento. Dicembre 24, 1915.

Salvatore La Mantia, Amministratore

Jalle 8 a, m alle 5 p. m FOR SALE UND WANT ADS. Advertisements under this head 1c

a word each insertion. FOR SALE-Corner lot in Chevy

Chase, 65x150, for further informa-

tion, apply at this office.

FOR SALE-Horse, buggy and harness. Inquire August Sundberg, Homer City, Pa.

WANTED-Slavish or Polish men, well acquainted in Indiana and mine camps. Can make \$25 to \$30 per week. Call 15 Carpenter avenue, Indiana, Pa.

FOR SALE—Good antomobile, 1914 Vulcan Roadster. A-1 running condition. Will demonstrate. Sacrifice, \$250. Need money. Call or write J. M., care "Patriot." 15 Carpenter avenue, Indiana, Pa.

WANTED -Carpenters. Will pay according to merits. Inquire at this office.

