Women's swimming to face tough test in Virginia

By Matt Clancy COLLEGIAN STAFF WRITER

After placing seventh in a seminational tournament last summer,

sophomore Amy Modglin knew she had a chance to represent the United States at World

WOMEN'S SWIMMING

University Games in August 2011 in China.

However, Modglin, who will be swimming the 200-backstroke, had to wait a while to find out for sure whether or not she was in.

come out in September, then it ing Big Ten champions. was pushed back to October, then it got pushed back to November," Modglin, who holds the school record in the 200-backstroke, said. 'It's nice to finally know.'

Modglin will get very little time to celebrate her selection as Penn (2-0)heads Charlottesville, Va. this weekend to face Virginia and Indiana in dominating victories in the first what will be their toughest meet so far in the young 2010-2011 sea-

"[The roster] was supposed to Hoosiers are the two-time defend- week we're going to go in as the

Although both teams are highly ranked, coach John Hargis says they present two different challenges for the Nittany Lions.

'Indiana has their studs at the top," Hargis said.

The Lions are undefeated after

two meets, but will be in an unfamiliar position this week.

"The first two meets we were The Cavaliers are No. 9 in the probably the team that was supnation while the 15th-ranked posed to win." Hargis said. "This time best."

underdog.
"It'll be interesting to see how

the girls react."

Modglin said that it is exciting to race against the nation's top teams and that a more competitive meet can actually help the But they are not as deep as Lions post some better times.

When you have more competitive of [an opponent] you definitely will post faster times, because the competitive side of you comes out," Modglin said.

"A lot of us are hoping to post season best, or maybe even life-

Modglin said she is looking forward to this weekend and thinks the Lions are ready.

'It is a whole other level," Modglin said. "I think we're going to step up to the challenge though and swim a whole other level as

To email reporter: mjc5290@psu.edu



Sean O'Connor writes about how the men hope to fare in Virginia: ONLINE psucollegian.com

Former soccer player helping runners to nationa

By Zack Feldman **COLLEGIAN STAFF WRITER**

Maura Ryan is not the first Penn State fifth-year senior to run cross country, but she is one of the first to use that vear as her rookie

CROSS COUNTRY

A women's soccer standout her first four seasons

campaign.

at Penn State, Ryan spent the past season contributing to the women's cross country team's NCAA championship run, which will conclude Monday in Terre Haute, Ind.

Ryan worked her way up from placing no better than seventh on the team in her first three races to a breakout meet at Notre Dame in South Bend, Ind., placing second on the team with a 17 minute, 35

second time in the 5,000-meter five spots to No. 23 after their tolerant. Adding another one in

Ryan said improving herself has been the key to her success as a rookie this season.

"It was just small improvements. Sometimes I was worried that what I ran was a fluke and I was just trying to copy that or improve the next race," Ryan said. 'I knew I wanted to score, and I think at Notre Dame was the first time I did that."

From Notre Dame forward. Ryan became a scorer, placing sixth at the Penn State National, and fifth at the Big Ten championships.

At the Mid-Atlantic national meet, Ryan sat in 30th place with a half-mile to go before a late kick put her into 22nd as one of five Penn State runners in the top-25. Penn State's women jumped

third-place finish at the Mid-Atlantic regional meet, qualifying has been a welcoming environfor the NCAAs the following day through an at-large bid.

Coach Beth Alford-Sullivan said she has had athletes migrate from race the same lineup as the other sports before, and the regional meet, including Ryan, results can be good as long as the new runners dedicate themselves to learning how to actually race. Alford-Sullivan said she had no expectations for Ryan once Ryan contacted the team looking for a chance to participate.

'I didn't have much expectation for her, I just thought, 'I'll give her a shot and we'll see where it goes, Alford-Sullivan said, "Sometimes they transition from soccer to cross country to track very well. I think a lot of it is no expectation. just come in and run hard. Our 'gals' are very talented and very about it and jinx myself, but I was

who can help make us better, it ment, and a good environment for

At the NCAAs, the team will freshman Emily Giannotti, sophomores Natalie Bower, Brooklyne Ridder and Lindsey Graybill, and junior captains Kara Millhouse and Caitlin Lane.

Whether Ryan thought she could end up in this position or not, she said she tried not to think about it.

'It's something I didn't think I'd get an opportunity to go to, but now that I have that opportunity, every day I'm going, 'I can't believe nationals is on Monday." Ryan said. "I didn't want to think

hoping for it and I think the whole team is amped up for it.'

Giannotti said despite the team's No. 23 ranking, the runners believe they have a chance to place well above their ranking.

We think top-15 is definitely in reach," Giannotti said. "We're 23rd, but I think we have the potential to be top-15. I think everything revolves around racing the whole race.

Giannotti said the deciding factor will be not worrying about how many runners are near at all times.

'It's a race of like 300 people. but everyone is good." Giannotti said. "You can't get caught up in how many people are around you; you just need to race from start to

To e-mail reporter: zef5005@psu.edu

Seniors

From Page 8.

came in 2009, transferring from Western Nebraska Community College and Purdue, respectively. For the Venezuelan, the past two years have been special.

of my life here and it has been a career and they're ready to do different experience," Balza said.
"It has been great. It's been a lot of changes for me like volleyball, in life, in everything. I don't know how I'm going to feel. I will prob- they were when they started with ably feel sad, but at the same me. time I will feel happy.

Penn State coach Russ Rose

said he's always melancholy when seniors leave and he reflects on their development as players and their contributions to the team. However, he said he doesn't like to get caught up in it and make it a distraction because it happens every year.

'You're happy for them "I have spent the last two years because they're finishing their something else with their lives,' Rose said. "At least how I look at it, I know they're going to be fine because they're tougher than

To e-mail reporter: jyk5142@psu.edu

Flyers fall to Lightning

By The Associated Press

PHILADELPHIA — Steven Stamkos had his second hat trick of the season and added two assists, and the Tampa Bay Lightning over-

NHL

Tampa Bay

Philadelphia

came a two-goal deficit to beat the Philadelphia Flyers 8-7 on Thursday night.

The 20-year-Stamkos old leads the NHL with 19 goals and 35 points.

N a t e Thompson scored the tiebreaking goal

Philadelphia, whose 10-game night in Montreal, lost its second straight and also snapped a seven-game home winning

also scored for Tampa Bay, and Martin St. Louis had five assists. Nikolay Zherdev scored twice for Philadelphia, and Andreas Nodl, Jeff Carter, Scott Hartnell, Danny Briere and Andrej Meszaros also scored.

The Flyers scored the first two

goals 42 seconds apart in the nine-goal first, beginning at 4:21. Nodl flipped a rebound off Zherdev's shot past Dan Ellis, then Zherdev scored his own goal by redirecting Matt Carle's crossice pass into an open net.

Tampa had similar rapid-fire against success Bobrovsky, who was making his 12th straight start.

The Lightning beat the rookie twice in a 16-second span. at 5:19 of the third period, Stamkos scored a power-play flicking a rebound off Dana wrist shot that sailed past Tyell's shot past backup goalie Bobrovsky's stick side, and Hall knocked in a rebound off Victor Hedman's shot.

Continuing the relentless points streak ended Tuesday theme of the night, the Flyers quickly retook the lead less than a minute later when Carter's shot slipped under Ellis' Malone immediately pads. answered with a power-play onetimer.

Ellis was pulled after allowing Hartnell's deflection to elude Backup goalie Mike Smith fol-

lowed suit, surrendering an open-net goal to Briere with less than 2 minutes to go in the first period. Bobrovsky didn't last much

longer, surrendering a goal to Clark to make the score 5-4. The defenseman's shot actually went through the net. Bobrovsky was replaced in the second period by Brian Boucher

Scoring didn't cease when the players returned, with Stamkos tying the score with his second

The Flyers regained a two-goal lead with Zherdev's second goal and Meszaros' score.

Downie's pulled the Lightning within a goal, and Stamkos' power-play one-timer 1:01 left in the second period tied

NOTES: Twenty-nine players had at least one point. ... The NHL record for goals in a period is 12, set in the second period by the Buffalo Sabres and Toronto Maple Leafs on March 19, 1981.

Forgue

From Page 8.

this weekend and it didn't really pay off." Forgue said. "But I'm confident that somebody's gonna step in there, we don't know who it'll be yet, but the level's not gonna drop.

eventual loss to the Wolverines, Forgue was also suspended for the Lions' next game. The suspension couldn't have come at a worse time, as the Lions are preparing for their second round matchup in the NCAA tournament against Old Dominion at 2 p.m. Sunday at Jeffrey Field after receiving a bye in the first round. Having started 18 of Penn

State's 20 matches this season at centre back, the sophomore has emerged this season as one of the most valuable defenders on

"I thought we'd established a pretty good combination in the back." coach Bob Warming said. "We'd given up so few goals in the course of play.'

make some changes to his lineup on Sunday, the coach is confident on the line for us in that instance. anyone he puts on the field will And we're gonna do whatever we get the job done.

said Forgue's field." Warming absence will just be an opportunity for someone else to step up,

"He put his next few games on the line for us."

Matt Smallwood iunior defender

and he has plenty of options to go Along with his ejection from with including the big and physical Mark Fetrow the versatile Patrick Krispin, and the speedy John Gallagher, all of whom have contributed this season.

In the Lions' NCAA second round game last season, a 2-1 loss to Maryland on Nov. 22. Forgue started the game as a freshman, scoring Penn State's only goal.. Knowing what Forgue can con-

tribute in the most important of games, the sophomore's teammates are determined to win Sunday, not just to advance in the tournament, but to give Forgue another opportunity to compete after sacrificing his eligibility against Michigan.

'You want to do as much as you can for the kid," junior defender Though Warming will need to Matt Smallwood said.

"He put his next couple games can so he can get back out on the

To e-mail reporter: mas5860@psu.edu

Brian Boucher to complete the scoring

Adam Hall, Ryan Malone, Brett Clark and Steve Downie

Overtime

From Page 8.

Damon said the forward's athleticism is what makes her a force on the defensive end.

"Ariel's had a great last couple days of practice and this is just a carry over from that," Damon said. "She's doing the things that she does well. She good defense. she plays rebounds and she's a capable scorer. We just have to get her comfortable within the offense."

The Lady Lions were burned for much of the game by Oakland's Sharise Calhoun and Golden Grizzlies led by as many as 14 points in the first half. Calhoun played 42 minutes and led all scorers with 25 points. going 10-of-12 from the free throw line.

Watterworth, just 5-foot-11, had 23 points but was neutralized by Lady Lions senior Julia Trogele late in the game. Trogele, 6-foot-2, finished with 10 points and 15 rebounds, her fourth career double-double. "Watterworth was wearing us

out so we put Julia on her, a bigger defender so when she tried to do some of those same shots, she had to get up over the outstretched hands of Julia. Bethany Watterworth, and the Damon said. "That took a little

bit off because all of her shots were short, they weren't long. Julia did a great job. The Lady Lions return to

action on Sunday when the take on South Carolina at 3:30 p.m. at the Bryce Jordan Center. Damon said South Carolina would provide a big challenge to the Lady Lions hot start on offense.

They have very good athletes and Dawn Staley's teams defend well." Damon said. Some of the open looks that we generally get may not be there so we're really going to have to be deliberate with our offense.'

To e-mail reporter: adr5079@psu.edu

Stags

From Page 8.

and we've really been trying to do that with [Jackson and Brooks]," senior Talor Battle said. "They are so hopefully they can continue

Even though Battle leads the team with 18 points per game so far, he hasn't found his shot yet through the Lions' first two line, but he's shooting 50 percent

games against Lehigh and St.

He has made only 11-of-29 shots — less than 38 percent while going 3-for-14 from 3-point range

While the senior guard waits to really putting the ball in the hole find his stroke, the load has been placed on Brooks and Jackson down low, as well as the rest of the post players. Like Battle, Jackson is strug-

gling from beyond the 3-point

ing to force the outside shot as he has shot 75 percent on non 3point field goals. "I can tell my outside jump shot wasn't falling for me

the other hand, hasn't been try-

[Tuesday]," Brooks said after the "As you can see, I was 0-for-2 from three. I don't know what I shot from 20 feet in. I just try to get close to the bucket and get

in rhythm."

from inside the arc. Brooks, on As a whole. Penn State has shot 50 percent on shots from inside the arc compared to 16 percent on shots from beyond it. It's been their ability to play in

the post and settle for mid-range jump shots that has led to the team's early 2-0 record. However, with preseason

MAAC favorite Fairfield presenting Penn State with a challenge tonight, coach Ed DeChellis said some easy buckets to get myself his team needs to bring more

than it has in the first two games. After consecutive sluggish performances to open the season. the Lions will try and come out shooting better tonight so they don't have to rely so heavily on their post play.

We better be better [tonight] because I think the team we're playing [tonight] is very talented," DeChellis said. "And we'll have to play a lot better to win."

To e-mail reporter: ada147@psu.edu

Wrestlers

From Page 8.

by West Virginia at 1:15 p.m., and will conclude with Rutgers at 3 p.m. Wrestling in three consecutive dual meets will test the conditioning of the team, but it's a factor coach Cael Sanderson is not worried about.

"Our guys are in good enough shape," Sanderson said. "It's just good practice for them to get three good matches in. We are not worried about our guys getting tired."

Sanderson said he will bring 15 ditioning should Molinaro be held senior Brandon Rader from West 6.

wrestlers to the tournament to ensure there will be backup wrestlers should the team need them. He said two wrestlers guaranteed to make the trip will be junior Frank Molinaro and

senior Adam Lynch. Molinaro, the No. 3-ranked 149pound wrestler in the country, is expecting to wrestle in at least one match, though he is yet to wrestle this season recovering

"I am just doing all the things I

can do like working hard in practice," English said. "I am confident in my conditioning, and I hope to use it to my advantage this weekend.

es or Molinaro can wrestle for one, the team will have its hands full as each of its three opponents have а nationally-ranked wrestler in that weight class. Harvard's junior Corey Jantzen is the No. 9-ranked 149-pound

Virginia is No. 8. Rutgers, which boasts a roster with multiple ranked wrestlers, will start sophomore Mario Mason, ranked No.

wear and tear that takes place in a tournament like this. He added at 149 pounds in all three matchthe wrestlers who do not normally start will get a chance to showcase their talents.

Penn State went 3-0 at last year's Sprawl and Brawl tournament, in a field that also included Rutgers and Harvard. The Nittany Lions defeated Rutgers, 18-7, and dismantled Harvard, 36-

The team will look for continued success with its younger wrestlers this weekend. Through the first two matches, Penn State's true and redshirt freshmen have a combined 10-0 record. Redshirt freshman David Taylor, who has started the season 2-0, shot down any idea that the conditioning of the younger wrestlers will be an issue. We wrestle pretty hard in

practice every day," Taylor said. "Conditioning plays a factor in any match, but it shouldn't be any different this weekend."

To e-mail reporter: bmg5094@psu.edu

said he has confidence in his con-

from a broken ankle. Redshirt sophomore James English, who has wrestled in place of Molinaro this season.

out of all three matches.

Whether English gets the nod

wrestler in the country, while

13 at 149 pounds. Molinaro said there is a lot of