

## JoePa names McGloin starter

By Brendan Monahan  
COLLEGIAN STAFF WRITER

Taking over the quarterback spot during the second quarter against Minnesota is one thing.

Starting for the first time in a prime-time home game against rival Michigan is an entirely different story.

Redshirt sophomore Matt McGloin will do just that at 8 p.m. Saturday, as freshman quarterback Rob Bolden recovers from a concussion. Penn State coach Joe Paterno announced the decision on his radio show Thursday night.

"We're going to go with Mac [McGloin] to start with," Paterno said.

"There's an outside chance Bolden will go. Mac is a good

enough quarterback. He'll get the job done."

On the show, quarterbacks coach Jay Paterno said Bolden has been cleared to play after undergoing several concussion tests this week.

"I've always been a one-quarterback man," Joe Paterno said. "I hope we don't have to use more than one, but if we have to, we will."

McGloin is a former walk-on that didn't receive any Division I-A offers.

Penn State football historian Lou Prato believes McGloin is the first former walk-on to start a game in the Paterno era. McGloin's father, Paul McGloin, said his son is known to perform. See **MCGLOIN**, Page 2.



Matt McGloin passes the ball during the Blue and White game. Asit Mishra/Collegian

## Royster poised to break school rushing record

By Andrew J. Cassavell  
COLLEGIAN STAFF WRITER

The monkey is just about off Evan Royster's back.

Sure, he wants to break Curt Warner's 28-year-old Penn State rushing record, but the senior running back would rather just get through an interview without getting a question about what it means to him or how often he thinks about it.

Royster has a chance to make that happen this weekend against

Michigan. He is just 31 yards from putting the mark behind him and focusing on questions about the remaining games.

"I don't think about it," Royster said. "It's not that big of a thing for me, at this point at least. I'm sure I'll look back at it and be happy that it happened, but I'd rather win games."

Royster will take on Michigan's See **ROYSTER**, Page 2.

More coverage on the Michigan game. | **PIGSKIN PRE**, Page 20.

### HALLOWEEN

## Police, bars expect crowds

By Nathan Pipenberg  
COLLEGIAN STAFF WRITER

It's been three years since Halloween fell on a home football weekend in State College, and for downtown bars, the two events coinciding will mean one thing — lots of business.

The weekend presents bars with an opportunity to promote festive events, such as best costume contests at Indigo and the Shandygaff, while also enjoying the increased business from a home game against Michigan.

But for police, the combination could mean increased crime and increased enforcement.

Penn State Police Sgt. Don Hazel said that historically, police have encountered similar problems on Halloween weekends and on football weekends when the two don't fall on the same day.

"Halloween is busy, but not as busy [as football weekends]," he said. "The problems for both usually revolve around alcohol."

The two events overlapping will lead to a weekend with all Penn State Police personnel on duty, as well as backup from State Police and officers from nearby municipalities.

Indigo, 112 W. College Ave., has Halloween events planned for tonight as well as Sunday. The cast of "Paranormal State," an A&E ghost-hunting TV show, will make an appearance at the nightclub at 9 p.m.

On Sunday, the staff will give out \$300 worth of prizes to patrons wearing the best Halloween costumes.

Indigo owner AJ Madden said Saturday is the only night this weekend without a Halloween theme because the holiday takes See **CROWDS**, Page 2.



Andrew Dunheimer/Collegian

Indigo covered its doors in cobwebs for Halloween.

## SPIKE, SET, SERVED

## Volleyball players pile on calories

By Emily Kaplan  
COLLEGIAN STAFF WRITER

Deja McClendon eats three packs of M&M's a day.

In the morning when McClendon — the 6-foot-1 starting outside hitter on the Penn State women's volleyball team — spreads a layer of butter on her bagel, she follows it with a layer of cream cheese.

When eating mashed potatoes at the dining commons, the freshman is instructed to mix in an extra two tablespoons of olive oil.

And it's all under the doctor's orders.

McClendon's diet may seem bizarre — as it is surely envied by any college student — but it is regimented. And it points to the incredible importance of proper nutrition for Division I athletes.

"Attention to nutrition is critical because calories in food is energy," said Dr. Kristine Clark,

the director of sports nutrition for the Penn State athletic department. "Every single athlete we have is asking their body to do a lot of physical work. And that requires energy."

Dr. Clark works with more than 800 Nittany Lions, including McClendon and players on the women's volleyball team. Her job description is simple: Broadcast similar nutrition messages about eating for optimal performance.

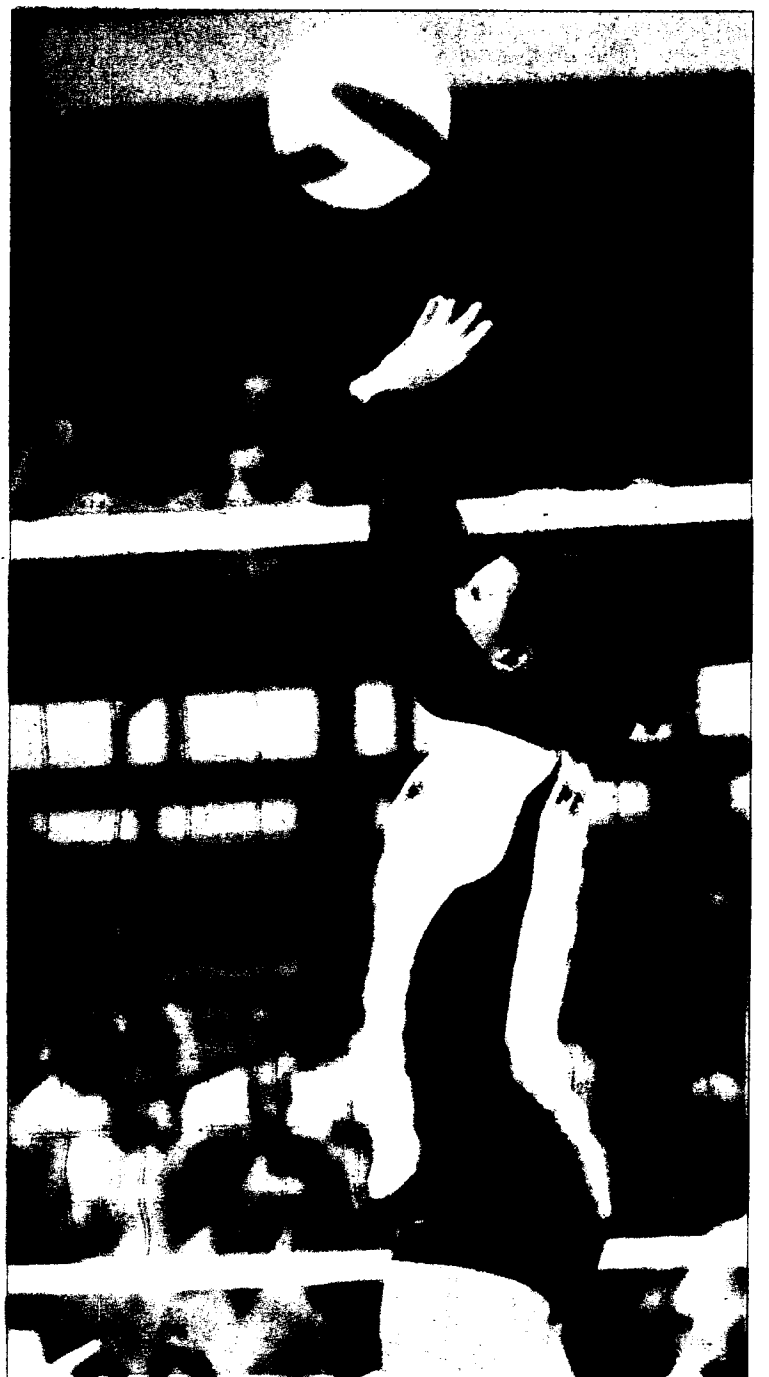
The task, though, is not that easy, Dr. Clark said. The athletes she works with all have different needs, ranging from some trying to gain weight to some working on cutting down muscle fat.

"The ultimate outcome is for that athlete to perform the best they can and to be healthy as they can," Dr. Clark said. "So it's crucial that college athletes pay attention to nutrition."

Sophomore Kristin Carpenter See **DIET**, Page 2.



Source: Dr. Kristine Clark. Asit Mishra/Collegian



Katie Slivis/Collegian

Kristin Carpenter (5) sets the ball during a game against George Washington.

## Rally to restore sanity, keep fear alive

By Karina Yücel  
COLLEGIAN STAFF WRITER

With the arrival of the scariest holiday, TV personality Stephen Colbert is challenging Americans to get in touch with their fears — and keep them alive.

Amidst much controversy and discussion, Colbert and Jon Stewart will hold their newly combined Rally to Restore Sanity And/Or Fear from 12 to 3 p.m. on Saturday at the National Mall in Washington, D.C.

Originally, Stewart planned to hold his Rally to Restore Sanity at the same time Colbert planned to hold his March to Keep Fear Alive. The two combined their rallies after Colbert came on to Stewart's "The Daily Show" asking to join

Stewart, because he didn't have a permit.

Some fear the rally will be too political but that is not Colbert's intention, he said.

"All I

hope that comes from it is that it defines a generation," Colbert said.

To many, it was not a coincidence the two talk

show hosts held their rally the weekend before the polls opened.

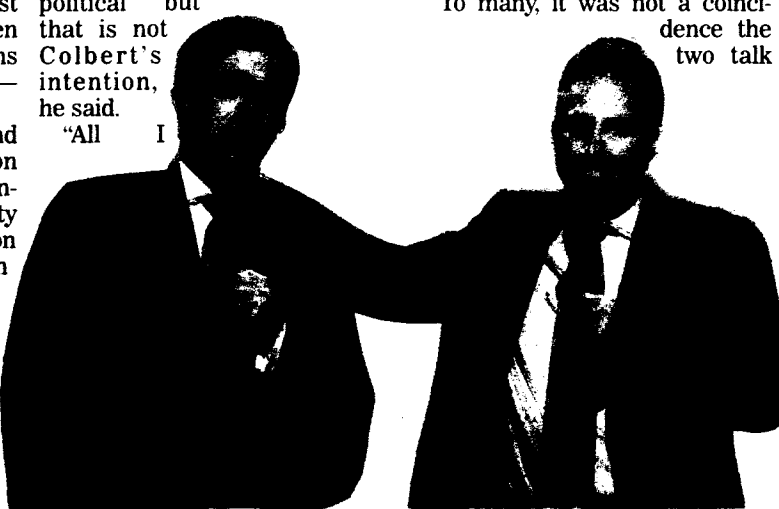
David Carr, vice chairman of Penn State's chapter of Young Americans for Freedom, said Stewart and Colbert are leaning on the younger population to get them mobilized for the vote.

"In terms of getting people to the polls, [the rally] might make a small difference," Carr (junior-economics) said.

"People will go hang out and then forget about it a few days later."

But Colbert said getting attendees to vote is not his main goal — he just doesn't want people to follow Stewart and think rationally.

Colbert said he sees fear as the greatest of motivators, mentioned. See **RALLIES**, Page 2.



RALLY in the VALLEY TONIGHT 7:45 on PBS

WEAR WHITE

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